

**26/06/05 Madhuban Avyakt BapDada Om Shanti 25/10/87**

**Become detached in four things.**

Today, BapDada is looking at all His elevated children who are seated on a lotus-seat. A lotus-seat is a symbol of the elevated stage of Brahmin souls. A seat is a means of remaining stable. Brahmin souls remain stable in a lotus-like stage and this is why they are called those seated on a lotus-seat. Just as Brahmins become deities, similarly, those seated on this seat are the ones who are then able to sit on a throne. When you remain seated on a lotus-seat for a long time or a short time, you will become accordingly one seated on the throne of a kingdom for a long time or a short time. A lotus-seat is a *symbol* of the extremely detached and lovely stage, like that of Father Brahma. You Brahmin children *follow* the *father* and this is why you have a lotus-seat, the same as the father. The sign of being extremely detached is that you will be extremely loved by the Father and the whole family. To be detached means to be detached from everything.

1. To be detached from the awareness of the body. Worldly souls naturally and constantly have the awareness of the body while walking and moving along and performing every action. They don't have to make effort to think that they are a body; they have that awareness easily without even consciously thinking about it. In the same way, Brahmin souls seated on a lotus-seat should also easily remain detached from the awareness of the body, just as souls without knowledge remain detached from soul consciousness. You are soul conscious; no awareness of the body should pull you towards itself. You saw Father Brahma: while walking and moving along, he had naturally the angelic and deity form in his awareness. To have such a constant soul-conscious stage *naturally* is said to be detached from the awareness of the body. Only being detached from the awareness of the body will make you loved by God.

2. To remain detached from all the relationships of the body with your drishti, attitude and actions. While seeing bodily relationships, soul-conscious relationships should be naturally in your awareness. This is why "Bhaiya duj" (the occasion of brother being invited to the sister's place) comes after Deepawali. When you become the sparkling star or the sparkling imperishable lamp, you have the relationship of brotherhood. As souls, you have a brotherly relationship and as corporeal Brahmins of the clan of Brahma, you have naturally the pure elevated relationship of brother and sister in your awareness. So, detachment means to be detached from the body and bodily relationships.

3. To be detached from the perishable possessions of the body. If a physical possession is causing mischief for any of the physical senses, that is, if there is an attraction to it, then there isn't detachment. It is easy to be detached from relationships. However, the attraction to physical things from which you have to be detached still remains in a royal way. You were told that the clear form of attraction is desires, but the subtle and deep form of desire is to like something. You say, "I don't have any desire, but I like it." This subtle form of liking can also take on the form of a desire. So, *check* this very well: Is this physical thing, that is, this means of temporary happiness, pulling me? When a facility is not available at the time you want it, is your spiritual endeavor easy? That is, your stage of easy yoga does not fluctuate, does it? You are not influenced by any facility or compelled by your habits, are you? All of those physical facilities are facilities of matter. You are conquerors of matter, that is, you are Brahmins seated on a lotus-seat, beyond the support of matter. Together with becoming conquerors of Maya, you also become conquerors of matter. As soon as you become conquerors of Maya, Maya repeatedly tests you in various ways. She sees that her companions are becoming conquerors of Maya, so she gives many test *papers*. The test *paper* of matter is to bring all of you into upheaval through the facilities. For instance, shortage of water. That was not a big *paper*. However, just as facilities are made with water, facilities are made with fire, in the same way, facilities created with every element of matter are the basis of temporary happiness for human souls in their life. So, all of these elements will test you. Now there was just the shortage of water, but when the facilities made with water are not available, that will then be a real test *paper*. These test *papers* through the elements will definitely come at their time.

This is why you have to become free any attraction to the possessions of the body and remain free from any support of the body. At present, all facilities are available for you very well; there is nothing lacking. However, while all the facilities are available and while experimenting with all facilities, your stage of yoga should not fluctuate. To experiment as a yogi means to be detached. When you don't have anything anyway, that is not called being detached. However, whilst having everything, use it for the sake of it, and experiment with it without being attracted to it. Do not *use* it because you have a desire or because you like it. Definitely *check* yourself in this way. Where there is a desire, then, no matter how much effort you make, that desire (*itchcha*) will not allow you to become good (*achcha*). Otherwise, at the time of taking a test *paper*, your time will be spent in making effort. You will try to be absorbed in making spiritual endeavor (*sadhna*) but the facilities (*sadhan*) will attract you towards themselves. You will continue to battle and make effort to try and finish the attraction to the facilities and your time for the test *paper* will pass by in the tug of war. So, what will be the *result* then? The facilities with which you experiment make you fluctuate in your stage of an easy yogi. The test *papers* from the elements are now going to come at a greater speed. Therefore, *check* in advance that none of the supports of physical things - food, drink, clothes, way of interacting, living and coming into connection with others - that none of these things are taking the form of an obstacle even in a subtle way. *Try* this out now. Do not begin to *try* when the test *paper* comes; there would then be a *margin* for *failure*.

The stage of yoga means to have a detached stage while experimenting. The spiritual endeavour of an easy yogi should be victorious over the facilities, that is, over matter. It should

not be that you are able to make do without one, but are not able to continue without the other and that is why your stage fluctuates. That would not be called a detached life. Attain such success that, through your success, even unattained things give you the experience of attainment. At the beginning of establishment, in order to test whether they were attracted to things or not, *programmes* were purposely made to test them on this. For instance, for fifteen days they were given just barley chapattis and buttermilk to eat. They had to *try* this out when wheat was available. No matter how ill some were, they had to eat just this for fifteen days. No one fell ill (because of this). Those who were asthma patients became well. They had the intoxication that BapDada had given that *programme*. On the path of devotion, it is said that poison turned into nectar, but this was buttermilk. Faith and intoxication make you victorious in every situation. Such test *papers* will also come; you will have just dry chapattis to eat. At present, you have all facilities. You might say: Your teeth are not strong enough, you are unable to digest it. What will you do at that time? When you have faith, intoxication and power from the success of yoga, even dry chapattis will work like soft chapattis, and you won't be distressed. If you maintain the pride of being an embodiment of success, then no one can cause you distress. When lions become like cats in front of hatha yogis and snakes become like toys, then none of these things are a big thing in front of you easy Raj Yogi souls who are embodiments of success. If you have the facility, *use* it comfortably, but *check* that you are not deceived at that time (when the time comes). The situation should not bring you down from your stage. It is easy to become detached from the relationships of the body, but you have to pay *attention* very well to being detached from the things of the body.

4. To be detached from the old nature and sanskars. The nature and sanskars of the old body are very strong. Those too become a big obstacle in becoming a conqueror of Maya. Many times BapDada sees that the snake of the old nature and sanskars finish, but the line still remains; that repeatedly deceives you at that time (when the time comes). This strong nature and sanskars make you so influenced by Maya that often you don't even consider something *wrong* to be *wrong*. The power of realisation finishes. In order to be detached from this, you need to have very good *checking*. When the power of realisation finishes, you have to tell a thousand lies in order to prove your one lie. You become so influenced. To try to prove yourself right is also a sign of being influenced by your old sanskars. One is to clarify something that is right, and the other is to justify yourself by stubbornness. Those who try to prove themselves right with stubbornness cannot become embodiments of success. Also *check* that not even the slightest trace of any of the old nature or sanskars remains hidden somewhere. Do you understand?

Those who are detached in all these four things are said to be loved by the Father and also loved by the family. Have you become those seated on a lotus-seat in this way? This is called "*follow father*". It was when Father Brahma became seated on the lotus-seat that he became *number one* loved by the Father, and also loved by Brahmins, whether in the corporeal form or now, in the avyakt form. Even now, what emerges in the heart of each and every Brahmin? Our Brahma Baba. You don't feel that you didn't see him in the corporeal form. You didn't see him with your eyes, but you saw him with your heart; you saw him with the divine eye of the intellect; you experienced him. This is why every Brahmin says from his or her heart: My

Brahma Baba. This is a sign of being loved. Detachment from everything made him loved by the world. So, in the same way, be detached from everything and be loved by all. Do you understand?

Those from Gujarat live close by and so they are also close in *following*. Your speciality is to be close in both the place and your stage. BapDada is always pleased to see the children. Achcha.

To all the detached children everywhere who are loved by the Father and are seated on a lotus-seat, to the special souls who are always conquerors of Maya and conquerors of matter, to the faithful children who always *follow the father*, BapDada's love-filled remembrance and namaste.

### **BapDada meeting groups:**

To the server brothers and sisters who have come to Madhuban: For the time that you spent doing service in Madhuban, did you also experience constant yoga for that time? Your yoga did not break, did it? To be a server in Madhuban means to experience being a constant and easy yogi. You will always remember this experience of a short time, will you not? Whenever any adverse situation comes up, just come to Madhuban in your mind. Then, by becoming a resident of Madhuban, you will become an easy yogi and the situation or problem will end. Always keep this experience of yours with you. By remembering this experience, you will receive power. The fruit of service is imperishable. Achcha. It is not a small thing to receive this *chance*; you have received a very big *chance*.

A server means one who is always an instrument, like the Father, one who remains humble. Humility is the most elevated means of success. In any service, humility and being an instrument are the means of success. So, did you serve with these specialities? In such service, there is always success and also pleasure. You enjoy the pleasure of the confluence age, and this is why you don't feel service to be service. For instance, when someone wrestles, he does that with enjoyment considering it to be a sport. There is no tiredness or pain in that because he does that considering it to be entertainment, and for enjoying himself. In the same way, if you serve with the speciality of a true server, then there can never be tiredness. Do you understand? You will always feel that you didn't do service, but that you were just playing a game. So, whatever service you are asked to do, continue to achieve success with these two specialities. By doing so, you will constantly become an embodiment of success. Achcha.

**Blessing:** May you be seated on BapDada's heart-throne and forget the old body and the world.

The place for the elevated souls of the confluence age is BapDada's heart-throne. You cannot find such a throne throughout the whole cycle. You will continue to receive the throne of the kingdom of the world or the throne of a *state*, but you won't receive this throne. It is such a big throne that, while walking, moving around, eating, sleeping etc., you can constantly be seated on the throne. The children who are constantly seated on BapDada's heart-throne forget their old body and the physical world; they see it but do not see it.

**Slogan:** To chase after limited name, fame and honour means to chase a shadow.

**\* \* \* O M S H A N T I \* \* \***