

**03/09/2006 Madhuban Avyakt BapDada Om Shanti 06/01/1990**

### **The definition of a *holy* swan.**

Today, the Father, the Ocean of Knowledge, is seeing the gathering of *holy* swans. *Holy* swans are souls with cleanliness and specialities. Cleanliness means purity in thoughts, words, actions and relationships - in everything. The colour white is always shown as a sign of purity. You *holy* swans are ones with white clothing and a clean heart, that is, you are embodiments of cleanliness. Constantly to be without a flaw in body, mind and heart means to have cleanliness. No matter how clean and pure some may be in their body, which is external, if they are not clean and pure in the mind, it is said, "First of all, keep the mind clean." The Lord is pleased with those who have a clean mind and a clean heart and, together with that, fulfils all the desires of those with a clean heart. The speciality of a swan is that it is clean. This is why you Brahmin souls are called *holy* swans. *Check* and see: Is there cleanliness in all the four aspects of mind, body, heart and relationships in me, the soul, who am a *holy* swan? Complete cleanliness and purity are everyone's aim at the confluence age. This is why you Brahmins, who are to become deities, are remembered as those who are completely pure. It is not simply said 'viceless', but it is said 'completely viceless'. It is said: '16 celestial degrees'. It is not only said '16 celestial degrees', but 'complete' is said with that. It is your deity form that is praised, but when did you become that? During your Brahmin life or your deity life? The time now, the confluence age, is the time to become that. Therefore *check* to what extent, that is, to what *percentage* you have imbibed cleanliness, that is, purity.

Cleanliness of the body means constantly to have the awareness of the body being the temple of the soul and to keep it clean with that awareness. The more elevated the idol is, the more elevated the temple is. So, are you ordinary idols or elevated idols? Out of the entire cycle, Brahmin souls are the *number one* elevated souls. Compared to Brahmins, deities are as valuable as gold, whereas Brahmins are as valuable as diamonds. So, all of you are images of diamonds. So, how elevated you have become! Recognise your self-respect, and keep the temple, your body, constantly clean; it should be simple yet clean. Purity of the body through this method will constantly bring the experience of spiritual fragrance. To what extent have you imbibed such cleanliness and purity? There is no cleanliness in body consciousness. However, you consider it to be the temple of the soul and you therefore keep it clean; and that temple has been given to you by the Father to look after and use. He has made you a *trustee* of that temple. You have given your

mind, body and wealth, everything, have you not? It is not yours any longer, is it? Would you say, “It is mine” or “It is Yours.”? By becoming *trustees*, you automatically become free from attachments and bring about cleanliness and purity in yourself. Not cleanliness with attachments, but you keep the body clean and pure with the consciousness that Baba has given it to you for service. Or, do you use the body in any ordinary way? Cleanliness is also a sign of spirituality. In the same way, also maintain the *percentage* of cleanliness that is, purity in your mind. If there is any type of impure thought in your mind during the day, it cannot be called complete cleanliness. BapDada's *direction* for the mind is: Focus your mind on Me. Use it for world service. So always have the awareness of the mantra of manmanabhav. This is known as cleanliness and purity of the mind. If the mind wanders towards anyone else, then that wandering means that there is no cleanliness. *Check* with this method and see to what *percentage* you have imbibed cleanliness. You know the details of this, do you not?

The third aspect is cleanliness in the heart. You know that honesty is cleanliness. Put your self-progress, that is, your effort, whatever it is, honestly in front of the Father. So, firstly, there is the cleanliness in your own efforts, and secondly, the extent to which you are doing service with a true heart. And so, there should be cleanliness in this aspect. If you are doing service with any selfish motive, it cannot be called true service. So, to what extent are there honesty and cleanliness in service too? Some of you think “We have to do service anyway.” Just as when lokik government officers have to do their duties, whether they do that with a true heart, with carelessness or out of compulsion, they somehow have to *pass* those 8 hours. In the same way, if you think that this service is a *duty* you have been given by the *Almighty Government*, for you to do service in this consciousness is not called true service. It is not just a *duty*, for the original sanskars of Brahmin souls are of service. The original sanskars will not allow you to stay without doing true service. So, *check* in this way, to what *percentage* you have done service with a true heart, that is, with the original sanskars of Brahmin life. You have had so many melas, you have given so many *courses*, but what is the *percentage* of cleanliness and purity in that? It is not just your *duty*, but it is your original sanskar, your original dharma (religion) and your original karma (action).

The fourth aspect is cleanliness in relationships. In essence, specially *check* this: To what *percentage* is there cleanliness in the form of contentment? Throughout the day there are relationships with a *variety* of souls. You come into connection with 3 types of relationship: First with the Brahmin family, secondly with souls who are students and thirdly with the lokik family. In all 3 types of relationship, what was the *percentage* of contentment of the self and of those souls who came into connection with you throughout the day? The sign of your contentment is that you yourself will be light in the mind and remain happy, and that the others will also remain happy with you. The sign of discontentment is that you will be heavy in your mind. If you are a true effort-maker, then the thought will repeatedly keep entering your mind, even against your conscious wish: I should not have said this; it would have been better if I hadn't done this; it would have been better to say this and do this. Careless effort-makers will not even have this thought.

This burden will not allow you to remain happy; it will not allow you to remain light. Cleanliness in relationships means contentment. This is honesty and cleanliness in relationships. This is why you people say “One who is true, dances”, that is, one who is honest constantly dances in happiness. So, did you hear the definition of a *holy* swan? If there isn't the cleanliness of truth, then, although you are swans, you are not *holy* swans. You are remembered as those who are complete and perfect, and so *check* to what extent you have become that. If today, according to the *drama*, the account with your body were to be completed, with what *percentage* would you *pass*? Or, would you tell the *drama* to wait a little longer? You are not sitting here with the thought that the young ones will not depart (die), are you? What is the meaning of being *ever-ready*? Does it mean to wait for time in anticipation and think that there are 10 or 11 years still left? Mostly, you think that there is time up to the year 2000. The question of the destruction of the world is separate from that of keeping yourself *ever-ready*. Therefore, do not mix up the two. Different souls have different *parts*. Therefore, do not think that you do not have a part in the *advance party*, or that you have a *part* after destruction. Some souls do have that part, but you should remain *ever-ready*. Otherwise, traces of carelessness will emerge. Be *ever-ready*. Then, even if you live for 20 years more, it doesn't matter. However, don't live on the basis of that. This is what it means to be *holy* swans. You have come to the shore of the Ocean of Knowledge, have you not? So, today, you have been told about the cleanliness of *holy* swans. Baba will tell you about their specialities at another time.

Do the *teachers* know how to *check*? *Teachers* have the special fortune of being surrendered. Even if those in a household are surrendered with the mind, the *teachers* have special fortune. Their work is remembrance and service. Whether you prepare food or you wash clothes, that is also yajya service; that is also service in alokik life. Those in a household have to fulfil responsibilities on both sides. You only have one type of work; you do not have *double* work. Those who constantly remain engaged to the Father and with service do not need to make any other effort. You were told that the bhandara (kitchen) and bhandari (treasure-store) of a worthy *teacher* will constantly remain full. They will not need to worry about how everything will happen the following month or how a mela will take place. Along with service, the means to carry it out will also automatically be available. The spiritual attraction will automatically expand service and the service centre. When you think too much about why the number of students doesn't increase, why they do not stay or why they go away, then the students will not stay. If you remain योग्य and invoke them through your spirituality, the number of students will automatically increase. This happens, does it not? Always keep the mind light. There shouldn't be any type of burden. If there is any type of burden, whether of the self, of service or of service companions, it will not allow you to fly. Service will not be uplifted either. Therefore, constantly keep the heart clean and continue to attain your desires. Attainment will automatically appear in front of you. What did you hear? All spiritual attainments are for Brahmins anyway; where else would they go? It is the right of you people. No one can snatch away your rights. Achcha.

To all the *holy* swans in all directions who please the true Lord, to the elevated souls who have a true heart, to the *number one* children who constantly keep themselves *ever-ready*, to the ones who make themselves worthy of praise, complete and perfect, to Baba's close children, to the experienced souls who have the experience of considering themselves to be as worthy as diamonds, BapDada's love, remembrance and namaste.

## **BapDada meeting Maharashtra group:**

Do you always remain in a happy state? To be in a state of happiness means to be full and perfect. You yourself and others, too, love to be in a state of happiness. Where there isn't happiness it is said to be a *jungle* of thorns. So, the lives of all of you have become happy. And what is your way of interacting? It has become that of the flying stage, like that of the angels. So your state is good and your way of interacting is also good. When people of the world meet one another they ask one another about their welfare. So what is your welfare? Your state is that of happiness and your interaction is like that of angels. Both are good, are they not? In a state of happiness (also in a blossoming garden) there won't be any thorns. Previously your life was in a *jungle* of thorns and it has now changed. You have now come into a garden of blossoming flowers. In your life you always have a flower garden of divine virtues. You make a picture of a bouquet of divine virtues, do you not? What is that bouquet of divine virtues? It is of you, is it not? Or is it of someone else? A bouquet is never made of thorns; it is made of flowers. If there were only leaves in a bouquet, it would be said that the bouquet was not good. So, you yourselves are bouquets of divine virtues, that is, you are in a state of happiness. Whoever comes into contact with you will continue to receive the fragrance of the flowers of divine virtues and when they see everything blossoming they will be happy. They will also experience power. Nowadays, even *doctors* ask people to go for walks in parks. So this blossoming will make others powerful and also bring them into happiness. This is why you say that you are *ever-happy*. You even issue a *challenge* saying that if anyone wants to become *ever-happy*, they should come to you. You will remind everyone of the Father. Therefore, to be *ever-healthy, ever-wealthy and ever-happy* is your birthright. So you have received this right, have you not? You tell everyone it is their birthright. Even if your body is ill, your mind is healthy, is it not? If your mind is happy, the world is happy. And if your mind is ill, then your face turns pale. If your mind is in a good state, you won't feel any illness of the body. It is like that, is it not, because you have very good nourishment of happiness? When you have good medicine, the illness goes away. The nourishment of happiness that you have chases your illness away; it makes you forget it. So, when your mind is happy, the world is happy and your life is happy. Therefore, you are *ever-healthy, wealthy and happy*. When you yourself are this, you can then *challenge* others. Otherwise, you can't issue this *challenge*. Seeing yourself you feel mercy for others, because it is your family. No matter what souls are like, they are all of the same family. Whoever you see, you would feel that that one is your brother and that he belongs to your family. In a family, some are close relations and others are distant, but they would still be said to be of the same family.

Just as the Father is merciful and you ask Him to have mercy for you, so you too will have mercy and be compassionate, will you not? You have become instruments, like the Father. Brahmin souls can never dislike other souls. You would feel mercy, but you cannot dislike them because you know that even if someone is like Kans, Jarasandha or Ravan, they are still children of the merciful Father and so you would not dislike them. You would have feelings of benevolence and for their transformation. After all, they are your family and under an external influence. You would never dislike someone who is under an external influence. All are influenced

by Maya. So, you would feel mercy and compassion for those influenced by others. Where there isn't dislike, there won't be any anger. When there is dislike, there is a force of anger and where there is mercy, you will give the donation of peace. You are children of the Bestower, are you not? So, you would give peace. Achcha.

Are all of you those who always remain happy or does your happiness sometimes disappear? If anger comes, that is a fire and it will destroy your happiness. Never get angry. Those who are merciful can never get angry. Pandavas especially have anger and mothers have attachment. They would even keep money hidden away. They would even keep old *notes* hidden away. You are now conquerors of attachment, are you not? You haven't kept notes hidden away in a bundle of old clothes, have you? No matter how many safes or trunks you have, mothers have a habit of keeping a bundle of notes hidden away. If nowhere else, she would keep them tied in a saree. So, you haven't tied up and put away anything, have you? Have the Pandavas kept a little bit of anger or arrogance hidden away? You haven't kept it in the pocket of your mind, hidden away, for a time of need? Let there be no trace of it remaining. Any trace will create a progeny. Therefore, become completely empty. Achcha.

**Blessing:** May you always be victorious in the effort of becoming full of all virtues using the method of total surrender.

Total surrender is when there is no *body consciousness* even in your thoughts; it is to surrender even the consciousness of your body. Those who surrender themselves totally, even the thought "I am so-and-so" become full of all virtues. They do not lack any virtues. BapDada gives the effort-makers, who surrender everything and have the aim of becoming full of all virtues and perfect, the blessing of being constantly victorious.

**Slogan:** Only those who control their mind can remain in the state of manmanabhav.

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