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## 25/03/90AVYAKT BAPDADA 25/03/90

Today BapDada, the Ocean of Love, is seeing the spiritual features of the spiritual children from all four directions. There is spirituality in the features of every Brahmin child. It is in everyone's features, but it is numberwise, because the basis of spirituality is purity. To the extent that there is the inculcation of purity in thoughts, words and actions, accordingly, the sparkle of spirituality is visible on their face. The sparkle of Brahmin life is purity. Purity is the main basis of imperishable, that is, constant, supersensuous happiness and of sweet silence. Purity is numberwise, and so the experiences of these attainments are also numberwise. If purity is number one, the attainment you receive from Baba is also number one. The constant sparkle of purity is naturally visible on the face. The eyes with the spirituality of purity are constantly visible as clean and pure. There is constantly the experience of the sparkle of the spiritual soul and the spiritual Father in the eyes.

Today, BapDada is especially seeing the shine and the sparkle of all the children. Because the main basis is purity, all of you can also see the features of your spiritual purity in the mirror of knowledge. Purity is not simply brahmchari (celibacy), but always brahmchari and always a Brahmachari, that is, one who follows the activity of the father Brahma at each step. The step of one's thoughts, the step of one's words, the step of one's actions will naturally be in the step of Brahma Baba's activity, which you call the footstep. Brahma Baba's activity will be visible in your every footstep. It is not difficult to become brahmchari, but it is essential to check that you are a Brahmachari with the steps of the mind, words and actions. The face and the activity of one who is a Brahmachari are constantly experienced as introverted and so in supersensuous happiness. The power of their happiness and enjoyment is not based on the means of knowledge. One is the means of science and within Brahmin life there are the means of knowledge. A Brahmachari soul is constantly happy, not on the basis of the means, but he uses the means for a task in the form of spiritual endeavour. He does not make the means his support, but on the basis of his spiritual endeavour he uses the means for a task. This is why some Brahmin souls sometimes say that they did not receive a chance, or they did not receive help in a particular aspect, or they did not receive this co-operation, and this is why their happiness reduced or the zeal and enthusiasm for the self or service reduced, or that they had that experience at first; they experienced supersensuous happiness and also zeal and enthusiasm, they did not see anyone except Baba and the self. However, the majority have a variety of experiences within five to ten years. What is the reason for this? There is the flying stage, is there not? You are becoming experienced in this, are you not? Ten years later, the zeal and enthusiasm of

the first year should be ten times greater. But what happens instead of this? And why does it happen? The reason for this is they do not use the means for a task whilst stabilising themselves in the stage of spiritual endeavour. They make one or another support the basis of their progress. And when that support fluctuates, the zeal and enthusiasm also fluctuate. It is not a bad thing to take a support, but to make the support the foundation is why Baba is removed from in-between and you make the support your foundation. And so, what is the fluctuation that takes place? "If it were like this, this would not happen; if I have this, this will happen; this is very essential". You begin to have such experiences. So there isn't a balance between the means and the spiritual endeavour. The intellect is drawn more towards the means and less towards the spiritual endeavour. This is why you do not receive or experience Baba's blessings for any task or for any service. And because you do not have the experience of blessings, when you do have success through the means, there is good zeal and enthusiasm, but when there is less success through the means, the zeal and enthusiasm also decrease. There is the means and the spiritual endeavour, that is, powerful remembrance. A constant relationship of the heart with the Father is called spiritual endeavour. Spiritual endeavour is not simply sitting in yoga, but just as you sit with the body, in the same way, the heart, the mind and the intellect should sit facing the Father; they should sit with the Father. If the body is sitting there and the mind is running in one direction, the intellect running in another direction, and something else is entering the heart, it is not called spiritual endeavour. All four, the mind, the intellect, the heart and the body should sit together with the Father in a stage equal to the Father. This is accurate spiritual endeavour. Do you understand? If you are not able to make accurate spiritual endeavour, what happens then? Do you know this? You start

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to pray. You heard previously also, that sometimes you remember Baba and sometimes you complain. It is not necessary to complain in remembrance. For those who make spiritual endeavour, Baba is always their support. Wherever Baba is, the children there are always in the flying stage. Nothing will decrease, instead it will increase multi-fold. When there is fluctuation, there is tiredness. What happens when you sit on a place that shakes a lot? When you come here to Bharat, what is the train like? It shakes a lot, does it not? Then you arrive here tired. Just look at this light, when you look at a tube that fluctuates a lot, what happens? The eyes get tired, do they not? So sometimes you are up above, sometimes you come down, sometimes you fly with a lot of zeal and enthusiasm, sometimes you stay in-between and sometimes you come down. This is fluctuation, is it not? This is why you either become tired, or you get bored. These two things happen and then you think: Do we have to continue in this way? But those who are constantly with the Father through their spiritual endeavour experience everything to be new at the confluence age. There is newness at every moment, newness in every thought. Why? There is the flying stage at every step, that is, there is attainment within attainment. There is attainment at every moment. It isn't that when they came at the beginning, they received happiness, peace, bliss and love, and that's all, they received everything. But at the confluence age,

Baba gives you attainment within attainment at every moment in the form of an inheritance and blessings. And somewhere there is attainment within attainment, what happens through the attainment? There is happiness, is there not? And what happens when there is happiness? The zeal and enthusiasm continue to increase. It is not possible for them to decrease. Even if Maya comes, there is the happiness of becoming victorious, so the zeal and enthusiasm cannot decrease because you have become knowledge-full of how to attain victory over Maya. Did you hear this? And so for those who are ten years old, it is ten times as much and for those who have been here for twenty years, it is twenty times as much. It is even greater, but you simply say this for the sake of saying it. In fact, it is multi-fold.

What will you now do this year? Will you fluctuate? Zeal and enthusiasm are your property which you have received from the Father. You have made Baba's property belong to you. And so what do you do with property? Do you reduce it? You increase it, do you not? This year, especially underline paying attention to four types of service. Number one is the service of the self, second, service of the world; third, service through the mind: one is service through words but service through the mind is also special. And fourthly, service of the yagya. Wherever you may be, at whatever service place you may be, all the service places are the places where the sacrificial fire (yagya) is created. It isn't that Madhuban is the only yagya and your places are not the yagya. And so, to do service of the

yagya means to definitely do one or another service through actions. BapDada keeps an account of three types of service for all the children: service through the mind, words and actions; body, mind and wealth. Some Brahmins think that they are not able to become co-operative through wealth, they are not able to do such service because they are surrendered; that they do not earn anything, and so how can they do it? But if a surrendered soul is economical in a task of the yagya, however economical he is through his own attention and his own effort, the money economised through his economy is accumulated in his account. This is a subtle account. If someone creates loss, there is a burden accumulated in his account and if someone is economical, there is wealth accumulated in his account. And Baba has told you about this account previously also. Every grain of the yagya is equal to a sovereign. If someone is economical for the yagya, not just for showing to others, but from the heart, he continues to accumulate sovereigns. And secondly, if a surrendered soul inspires others to make their money successful through service, he accumulates a share through that also. This is why everyone has three types of accounts: body, mind and wealth; and through the mind, words and actions. The percentage of all three accounts should be good. Some think that because they are very busy in service through words and their duty is of service through words, they can have a smaller percentage in service through the mind and actions. This excuse will not do. What will the result be if at the time of service through words you do service through words and service through the mind together? Can you not do service through the mind and words together?

But service through words is easy, is it not? You have to pay a little attention to service through the mind, and so this

is why you are able to accumulate the account of words, but the account of the mind remains empty. And all of you

are even more

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clever than the Father when it comes to words. The little ones of today give even better lectures than the Dadis. It is new blood. It is good. You may go forward. BapDada is happy and the Dadis are also happy. But what will happen when the account of the mind remains empty? Because there are one hundred marks for each account. You have claimed a hundred marks for service through words, but what about service through the mind and actions? Do not consider service through actions simply to do physical service, to do cleaning and washing dishes. You do this in the foreign lands anyway. But service through actions means to be part of a gathering, to come into relationship and connection with others; all this is accumulated in the account of actions. So there is a lot of difference in all three accounts of many, yet they continue to be happy that they are doing a lot, that they are very good. You may remain happy, but the accounts should not remain empty either. Because BapDada has love for the children. You cannot complain that you were not given a signal that this also happens. At that time, BapDada will remind you of this point. This image will appear on the television. This is why this year you may do a lot of service, but keep these three accounts and also do the four types of service. What happens instead? The side of service

through words has become heavy, so if the side of service through the mind and actions becomes light, what will then happen? There will not be balance, will there? Because there isn't balance, the zeal and enthusiasm also fluctuate. Firstly, you have to keep attention on this. But BapDada tells you again and again not to change attention into tension. Many times you say that you have to pay attention, but then you change attention into tension. Do not do this. There should be easy attention, natural attention. There is natural attention in the stage of being double light. Is it clear? You will not complain afterwards that you did not know, will you? Achcha.

Secondly, what method of service will you adopt? That was an aspect of how to attain success. What method will you adopt? Firstly, the task that you have been continuing for two years, that of Global Co-operation; you will not

say that you have to finish it, you will say that you have to complete it, so you have to complete this task. In the programmes that you have prepared for this task, whether you have to hold functions, or whether you have to prepare a book and give the message to everyone, you may hold a function, or you may prepare a book, but definitely pay attention to the one aspect that you have to achieve more glory through less expense. BapDada has been adopting the method for every aspect from the beginning up until now, that it should not be too high and it should not be too simple, it should be in-between. There are two kinds of souls. If you make it very expensive, people will say that you have a lot of money, and if you make it cheap, it doesn't have any value. This is why you should always keep it in-between. And BapDada has heard through the trance messenger about the creation of the book. Whatever you have created until now is good. You have to create it, because you have to complete it, but do not have a lot of expansion. Do not make it too long. Keep it short and sweet. It should also have the essence. Sometimes, the essence is lost in the expansion, whereas when there is essence, it touches the intellect. This is why the points are okay, the work being carried out is good, but do not keep your intellect too busy in that. This should also be in-between. Either you leave it, or you become too busy with it through the intellect. In this also, you have to achieve more glory through less expense of time and energy of the intellect. But congratulations to all those who are working hard. So, firstly this task has to be completed. Even if you hold the programmes in the next year, you have to complete it. It is a very good thing, it is okay, even if some children think that it is too long, that you have remained too busy, or that there has been too much expense, for whatever has happened is good, and whatever will happen will be even better. You must not get tired, but increase your zeal and enthusiasm. So maintain the interest with which you began this programme multi-fold, but as you complete it, use the method of more glory through less expense, multi-fold less

expense. Did you understand? The writers of the book have understood this, have they not? You are making it very well. It is all okay. But do not stay awake at night and then say that you have become tired. Do not do this. Your time should be fixed, because many think that if they stay awake at night to do their work, the work carried out will be good. However, the intellect gets tired and then because amrit vela is not powerful, the work that should be carried which should be double is only single. This is why there should be a limit to time also. Nowadays, when it is the time of an

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examination for children, they are made to go to sleep before midnight. If they have greater interest they go to sleep at midnight at the latest. However, you should go to sleep even earlier than this, and then in the morning, study with a fresh intellect. This is why BapDada does not like it when you stay awake late at night for a month or fifteen days. There should be a limit. Even if it is a very essential task, the latest you should carry on with it is 11 o'clock; no longer than this. You should not sleep the following day, you should sleep on the same day. BapDada is happy seeing the enthusiasm of the children, but even then, He has to put a limit so that the intellect is constantly fresh and you can finish the work of two hours in one hour with a fresh intellect. And so, one task of the service is this. Secondly, what will you do? You were told about this previously. At present, in the foreign lands as well as here, a lot of time and money have been used for this huge programme. This is why now, whether it is those who come into relationship and connection, or whether it is to give the message to new souls, have sneh milans (gatherings of love). Have small ones. Even if it is a gathering of only five at a small centre, it doesn't matter. They will be even more refreshed, and they will feel homely, they will come close. You can have a gathering of between five and fifty or hundred, just a sneh milan, not a huge function, in however much space you have, or however much space you can easily get with as little expense as possible. Do not run around a lot, you should be able to get it easily. If there are a hundred souls that are going to come to you, according to the drama, you will easily find a place also. But do not think that that one held a programme for one hundred, and so even those at the small centres have to hold programmes for a hundred so then, when the zeal and enthusiasm reduce after you have had a programme for a hundred, you then say: What will happen now? Do not do this. Hold a programme according to your capacity, according to the co-operative souls, according to the power of love and money, for five, or twenty-five or fifty, but you must definitely hold it. You definitely have to remain busy. You have to have them every three months according to your capacity. Whether you have three or four, you definitely have to have them. And you will experience that if at first you have a sneh milan for five, those five will bring two to three others, and so the next time there will be ten, and then there will be fifteen. It will eventually increase, because you do it by being double light. You do not have to do it with a burden. It is not a burden, but you must not become careless either, thinking: What service can I do now? I have already done a lot. Do not do

this. Service is the means to remain busy, but because you do it as a burden, you become tired. But otherwise, service increases happiness. Service enables you to claim the blessings of many souls. How will you reach nine hundred thousand if you do not do service? Do service, but underline the fact that you must not do service with a burden. Whether it is a burden of the intellect, or a burden of money, if you do it whilst being easy, service will increase easily. So you definitely have to carry out all the methods that you adopt. If someone becomes co-operative with you and gives a ready-made stage for a huge function, try it out. And so, although you will have carried out a huge function, there will have been neither the burden of the intellect nor the burden of money. There are many such co-operative souls, such co-operative organisations: make them co-operative with you. And if you have courage, then definitely have one large function; if not, then don't do it. A large function also glorifies the organisation. But do it whilst being double light. And keep the aim that instead of using your own energy, you will use the energy of others for this Godly task, and you will receive many invitations. You can find a co-operative soul from any profession. You can find them in every country, small or large. At present, there are some organisations that have the energy but they do not know the method with which to use it. They are looking for such co-operation, but they are not able to see anyone just like

that. They will give you co-operation with a lot of love and they will come close and there will then be expansion in your subjects of nine hundred thousand. The heirs will emerge and also the subjects will emerge. Just see, they came here as co-operative souls for the Global and now they have become heirs. There have been some like that, have there not? They came as important guests and have now become great. And so there are many such close souls that have emerged and will emerge in the future. You must definitely continue to do one thing or another, but BapDada is repeatedly reminding you to do everything whilst being double light. Achcha. This second thing is now clear. And now the third thing: In Bharat also, have sneh milans with this method, and then finally, definitely have a large function. In Bharat also, even the exhibitions bring a very good result.

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Have small sneh milans and bring them close, and then bring them onto the stage at big programmes. They should speak from their own experience. You should not have to say anything. The impact of a big programme is unique in itself, and the impact, the success of a sneh milan is unique in itself. A sneh milan is for preparing the land of the souls and a big function is for spreading the sound. Both are needed. But do it according to the capacity. "We have to do it, we have received a direction". "We are not able to do it, but we are still doing it". It should not be like this. Do not do this out of compulsion. Do you understand? Achcha.

Today, BapDada received a message that He had to speak about this. Baba is a Server. He follows the message from the children. Achcha.

The third thing is for self-progress. Previously also, you heard that you have to accumulate all three accounts for self-progress. This is for self-progress. But as well as this, BapDada is seeing the result of the expansion of service, as well as the instruments souls, whom you call the instrument servers. BapDada does not use the word 'teachers' so much, because at some places, by considering themselves to be teachers they become very intoxicated. This is why He says the instrument servers. Now, together with service, there should first be very good progress in the method of the efforts of the instrument servers. There should be progress. This is why whatever is happening through the speed of service, according to the time, BapDada always says that that is good. However, seeing the speed of time and the final completion of the stage of service, BapDada thinks that if there is expansion in the method of effort of all these servers, service can increase four times as much. This is why that service is most essential of all. What will you do for this? Fix a definite time for service, and also definitely fix a specific separate time for increasing effort. Willpower is now needed in the souls who are instruments for service. By increasing your will power, you can will other to the Father by making them co-operative. Many souls have a desire for your co-operation, they do not have any power in themselves. You especially have to give the help of your own powers. This is why although those instruments who are servers have the power of all shaktis, they do not have it to the extent that they should. Because they have to use it for themselves, they are not able to give full powers to others; they have to use some for themselves and some for others. Just as Brahma Baba willed his powers to the shaktis, to the children, so this task is being carried out through that will. At the beginning, he willed his wealth through which the yagya was established. And at the end he willed his powers, and service is expanding through this. But Brahma has already done this. So, it is the children who have to follow, is it not? How many souls emerged through the will of one Brahma? They did come, did they not? And they are still coming. If all of these instrument servers will their powers in this way to the other souls, what will happen? So, this is now essential. It is not now necessary for the souls who are instruments for service to waste energy on their own efforts. Even if they do have to have self-progress, there is also waste. This is why the speed of the efforts of the servers should be even greater according to the speed of time, according to the completion of service. At present, you have little games in-between. And so each one of you should make yourself an instrument for self-progress from your heart. You should not see others. You should not tell others, "first you" in this, you should tell yourself "first you" in this. And then you have to consider from your heart, with your own enthusiasm, that you have to become Arjuna. To become Arjuna means to become master Brahma. To become number one means to become Arjuna. You have been keeping programmes for self-progress according to the programme. But this year, BapDada wishes to see the visible form of the love of each loving soul in the form of progress from the heart, not according to the programme. When there is love, to sacrifice something is love, not a difficulty. This is why there is the zeal in everyone's heart that there will be success. If there is love for the Father, this time Baba will see the love from the heart. Even if you have to sacrifice something, what is the big deal? You know what you have to sacrifice for the success of service. This is why you need time for this also. You definitely have to do service, and there definitely has to be self-progress. This time, BapDada is giving His time for meeting in this. BapDada will make a further programme on seeing the result. But. There is a 'but' in this also.

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It isn't that He will not come. He will come for those who werenot able to come this year, whether they are from abroad, or fromthis land. He is also telling you the method He will adopt forthem. For the Bharatwasis, they have five days in which to berefreshed and one day for coming and one day for going. Andaccording to this method, there will be four groups for theBharatwasis. And there will be three groups of the doubleforeigners. Let them stay for fifteen days, as they are doingnow. But there will be three groups of the foreigners and fourgroups of the Bharatwasis. You will fix the time for this,because BapDada will meet each group once through the murli andonce through the group meeting. And so, some time will be formeeting, and for the time that remains, there should be specialgroups of servers, even if there is one group of the foreigners.But it should be in Madhuban. You like it to be in Madhuban, doyou not? Or do you prefer London? But you yourselves can makethe programme according to the salvation (convenience) of thosefrom this land, the foreign lands and from Madhuban. One groupcan come first, and BapDada will come to meet them in the middleof the period, and then when the second group comes, BapDada willcome some time after that group has been there. And so you canhave a time-gap in-between, just as the foreigners come inDecember and then in March. And so you can even have two groupsin one month and one group in the other month. And theBharatwasis have the 18th of January, anyway. The foreignershave Shivratri and the Bharatwasis have the 18th January. Themonths of September and November are very good for service and sodo full-force service in these two months. But make groups ofthe servers for the rest of the time. However, do not forgetwhat BapDada said: Your progress should not be according to theprogramme. Let there be progress from the heart. Have a bhatthiof progress from the enthusiasm of the heart. Have thedetermined thought for yourself. Have determination from yourheart: I have to change. I have to become Arjuna. I have tobecome master Brahma.

Fourthly, whatever service places there are, at each service place let there be a programme for self-progress, thatwhich you call a retreat or a gathering of love for at least eight days: if possible have it for fifteen days. Each centrecan have it individually, or the small centres can meet together. But each Godly student, each Brahmin soul has tomake this programme for a retreat or a sneh milan for self-progress or a programme for progress in effort from theheart. It isn't that only the servers should do this, but the Brahmin souls from all four directions have to be given thischance and they have to take it also. BapDada is also telling you an incognito secret that those who have a bhatthi forspecial progress from their heart will receive a gift of extra blessings from BapDada. A physical gift is not a bigthing, but BapDada has those souls on television at every second, and He can see everyone at the same moment. Thisis why those who have the thought for progress from their heart and who do progress will receive and experiencespecial blessings. Consider that day to be a day of special blessings. Achcha.

All aspects are covered. Is anything remaining? First of all, have this newness in the meetings. It shouldn't be thatsome programmes are created from the head for service; let them be from the heart. There has been greater emphasison the head. Did you hear what has to happen now? Then, the programme for next year will be created after theresult. This year will be for the new ones, the ones who are yet to come. After that, a new plan will be created for theolder ones. Achcha.

To those who constantly have the spirituality of purity on their face and in their activity, to the elevated souls who areBrahmachari at every step, to those who keep all their accounts of service overflowing, to those who have thedetermined thought for their progress from their heart, to those who make themselves the instruments to be numberone in self-service, to such souls loved by Baba, and especially loved by the mother Brahma, for today you celebratedMother's day, and so, to the princely children of mother Brahma, especially from the mother Brahma and fromBaba's heart, love, remembrances and namaste.

\*\*\* O M S H A N T I \*\*\*