

15/11/99 Avyakt BapDada 15/11/99

**The easy effort to become equal to the Father is to be obedient.**

Today, BapDada is seeing the gathering of His *holy* swans. Each of you children is a holy swan whose mind constantly churns the jewels of knowledge. The duty of a holy swan is to put aside the stones and churn jewels of knowledge. Each jewel is so valuable! Each one of you children has become a mine of the jewels of knowledge. You constantly remain overflowing with those jewels of knowledge.

Today, BapDada was checking one special point in all of you children. What point was that? The easy way to have gyan and yoga inculcated in you is to be obedient to Bap and Dada. You have to be obedient to the Father, obedient to the Teacher and obedient to the Satguru. To be obedient to all three forms means to be an easy effort-maker, because Baba, in all three forms, gives you children directions for every act you perform from amrit vela till night time. If you continue to do everything according to the directions you have been given, you would not experience anything to be laborious or difficult. You have been given clear instructions for your thoughts, words and actions at every moment. You don't even need to think whether you should do something or not. You don't even need to make the effort to think whether something is right or not. God's directions are always elevated. Therefore, it is a very good gathering of all of you kumars who have come. As soon as you belonged to the Father, what did each of you promise the Father? Did you make a promise? What was the first promise you made when you belonged to the Father? "Baba, this body, mind and money, and, in any case, kumars do not have a lot of money, nevertheless, "whatever I have is all Yours." Did you promise this? Did you promise that you would give your body, mind and money and have all relationships with the One? Since your body, mind and money all belong to the Father, then what is yours? Is there anything that belongs to you? What else is there? Have you given your body, mind, money and surrendered your relationships with everyone to Baba? Have the householders done this? Have those from Madhuban done this? Have you done this firmly? Since the mind also belongs to the Father, it doesn't belong to you, does it? Or do you think that it is your mind, and that you can use it as you want because you consider it to be yours? Is it yours? Or, is it the Father's? You entrusted everything to the Father. Therefore, if you are holding even your mind in trust, why are you battling? "My mind is distressed, my mind has waste thoughts, my mind is wandering." It is not yours, but something you are holding in trust. Therefore, is it not being dishonest for you to use something that you are holding in trust for yourself? The doors through which Maya can enter are, "I and mine". Since even your body does not belong to you, how can you have the "I" of body consciousness? Even your mind doesn't belong to you, so how can you say, "Mine! Mine!?" Is your mind Baba's or is it yours? Does it belong to the Father? Or, is it the Father's just in terms of saying it, but not in practice? Otherwise, it means that you say that it belongs to the Father, but really you consider it your own. Simply remember the first promise you made, so that there is neither the "I" nor the "mine" of body consciousness. So, the Father's instructions are: Consider yourself to be holding your mind in trust. Also consider yourself to be holding your body in trust. Do you then need to labour? Any weakness comes through these two words: "I and mine". Therefore, neither does the body belong to you nor do you have the body conscious "I". Since you are obedient, what instructions has the Father given you for whatever thoughts you have in your mind? Have positive and benevolent thoughts. Has the Father instructed you to have unnecessary thoughts? No! Since your mind is not yours, you are not putting the Father's directions into practice, are you? Simply remember the term of being an obedient child who obeys God's directions. Think about whether something is according to the Father's directions or not. A father would always automatically remember his obedient children. Such children are automatically loved and are automatically close to their father. Therefore, check to see whether you are close and obedient to the Father. You can remember one sentence at amrit vela. "Who am I?" Am I obedient? Or, is it that you sometimes obey His directions and sometimes move away from them?

BapDada always says: You should remember the one word “Baba” in every relationship. You should say the word “Baba” from your heart. You should not say it like those people who repeat the mantra “Rama, Rama”. You should not just say “Baba! Baba!”, but the word, “Baba”, should emerge from your heart. Before you do anything, remember what Baba’s directions are for your mind, body and money. No matter how little money you kumars have, do you look after it according to the directions that the Father has given you? Or, do you simply use it as and when you want? Each kumar has been given directions to keep an account of your money: of how and when to use your money; of how and when to use your mind and your body. You should keep an account of all of this. When Dadis give you classes on dharna, they explain to you how you should use your money and what accounts you should keep. Do you kumars know how to keep your accounts and how to use your money? Do you know this? Only a few of you are raising your hands. They do not understand this. New ones are here also. You must definitely tell them what to do so that they can become carefree. They will then not feel any burden. All of you must have an aim: A kumar means to be *light; double-light*. The aim of the kumars is to become number one. Do you have this aim? However, together with this aim, you must also have the necessary qualifications. If you have a very high aim but don’t have the qualifications for it, it would be difficult to reach your aim. Therefore, constantly keep the Father’s directions in your intellect before you act.

BapDada also told you earlier that the main treasures of Brahmin life are your thoughts and time. Your breath too is also very valuable. Not even one breath should be *common*. Not a breath should be wasted. On the path of bhakti, people say, “Remember your special beloved deity in every breath you take.” Your breath should not go to waste. There are the treasures of knowledge and powers, but are you using these three (time, thoughts and breath) main treasures in a worthwhile way and according to the directions you have been given? You are not wasting any of them, are you? If you are wasting them, you cannot accumulate anything. Your savings account has to be built now at the confluence age. If you want to claim an elevated status in the golden and silver ages, or, even if you want to claim a status of being worth-to-be-worshipped in the copper and iron ages, you have to build up your account for both at this time. You should accordingly consider how invaluable your time and thoughts of your short life of this confluence age are. Don’t be careless about this! Your days should not be spent ordinarily just as you feel like. That would not just be a day gone by, but a day in which you would have lost a great deal. Whenever you have any unnecessary thoughts or whenever you waste your time, don’t just consider that to be five minutes wasted, but you must save those minutes. According to the present time, nature does her work very fast. She is constantly showing how she plays her part in one or another way. She shows how she plays her part somewhere or another. However, you Brahmin children, who are the lords of nature, play your part of the flying stage. Therefore, although nature is showing how she plays, you Brahmins are also showing how you play your part of the flying stage, are you not?

A child wrote a letter to BapDada telling Baba about everything that happened in Orrisa. Therefore, BapDada asks you: You saw how nature plays her part. Were you just watching nature play her part or did you stay busy playing your part of the flying stage? Or, did you just continue to listen to the news? You do have to listen to all the news. However, were you just as interested in maintaining your flying stage to the same extent as you are interested in listening to the news? Some children are incognito yogis and they have received a lot of help from BapDada. However, there are also some children who are themselves unshakeable, and as detached observers, helped keep the atmosphere calm at that time. Just as the Government and neighbouring states were ready to give help in a physical way, in the same way, did you Brahmin children perform your duty in doing the elevated Godly task of giving the co-operation of peace and happiness? Those people immediately start announcing that such-and-such a government did this, and so-and-so did that. Similarly, BapDada asks: Did you Brahmins carry out your duty? You also have to remain *alert*. It is necessary to give physical help and BapDada is not telling you not to, but the special task of you Brahmin souls is to co-operate in a way that no one else can. So did you remain *alert* and co-operate in this way? You do have to co-operate in this way, do you not? Or, is it that they just need clothes and food? First of all, they need

power and peace of mind in order to face the situation. Therefore, together with the physical support, they also need to be given subtle co-operation which only Brahmins can give. No one else can give this co-operation. This was nothing! This was just a rehearsal. The real thing is yet to come. Baba and the time is making you rehearse for what is to come. Therefore, do you know how to use the powers and treasures you have at the right time?

What will you kumars do? Have you accumulated the powers? Have you accumulated peace? You know how to raise your hands very well. Now show this in a practical way. You have to see everything, hear everything and co-operate as a detached observer. At the time when the real part is being enacted, you have to be a fearless detached observer and also play your part. What part? You children of the Bestower have to be bestowers and give souls whatever they want. Therefore, you are master bestowers, are you not? Accumulate your stock! You are only able to become a bestower according to the stock you have accumulated. If you continue to accumulate things for yourself until the end, you cannot become a bestower. You will be unable to attain an elevated status that you have to attain for many births. Therefore, keep a stock of one thing with yourself. Your treasure-store of good wishes and elevated feelings should always be overflowing. Secondly, you should be able to give everyone whatever special powers they want. Now, according to the time, put your thoughts and time into your efforts. As well as that, become a bestower and give your co-operation to the world. You have been told what efforts you should make for yourself. At amrit vela, think of yourself as an obedient child. You have been given instructions for everything you do. You have been told how to wake up, how to go to sleep, how to eat and how to be a karma yogi. You have been given instructions for every karma you perform. To obey the Father is to become equal to the Father. Simply follow shrimat! You should not follow the dictates of your own mind (manmat) or the dictates of others (parmat). You should not add anything into shrimat. When you sometimes follow manmat and sometimes parmat, you have to labour. This will make things difficult because manmat and parmat will not allow you to fly. Those who follow manmat and parmat are burdened and those burdens will prevent you from flying. Shrimat makes you double-light. To follow shrimat means to become equal to the Father easily. No situation can bring anyone who follows shrimat down. So, do you know how to follow shrimat?

Achcha, so what will you kumars do? You have been especially invited. Therefore, have you been given that hospitality? You are so special! You are dearly loved! So, what will you now do? Will you give a response, or, once you arrive home, will you forget everything? It is not that, whilst you are here, you remember everything of here and that when you go back home, you remember everything of there, is it? It is not like that, is it? You are enjoying yourselves very much here. You are protected from any of Maya's attack. Is there anyone here who has experienced Maya even in Madhuban? Is there anyone who has had to labour even in Madhuban? You are *safe*. It is good. BapDada is pleased. The time will come when the Government's attention will be drawn to the youth group. However, that will happen when you become destroyers of obstacles. Who is named a destroyer of obstacles? It is the name of all of you, is it not? Only when no obstacle has the courage to oppose any of you kumars should you be called a destroyer of obstacles. The obstacles should not attack you, but you must defeat them. Do you have the courage to be a destroyer of obstacles? Or, is it that when you return home you will write and say, "Dadi, it was very good there, but I don't know what happened!" You will not write this, will you? Write good news and say that you are OK and *very good*, that you are a destroyer of obstacles. Simply write one word, not a long letter. Simply write, "OK!" If it is a long letter you would feel ashamed to write it. You would feel ashamed of what to write and how to write it, would you not? Many children say that they want to write their chart, but when they think of writing their chart, something or another happens on that day so that they no longer have the courage to write it. Why did it happen? Do you not have the title of being a world benefactor? Baba says: When you write and tell about it, half of it is cut away, and so you are benefited. However, do not write a long letter. Simply write OK. If you make a mistake, then pay special attention the next day and become a destroyer of obstacles and then write a letter of OK. Do not write any long stories, saying that this happened and then that happened.... This one said this and that one said that.. This is the Ramayana and its stories. On the path of knowledge,

there are just the two words, O and K. O is like Shiv Baba; it is round. K means your kingdom. So OK means you remember the Father and also your kingdom. This is why OK is all right. Don't write OK every day so that you incur postal expenses every day. Write OK and let your teacher collect it, and then your teacher should write a letter every two weeks or every month. You must not incur so much postal expenses because you have to save money and there would be so much post arriving here that no one would have the time to read it. You should write OK every day and then your teacher can collect it. She will then write one letter saying whether you are all OK or not. Even if you don't know how to write English, you will know how to write OK or no. If you don't know anything else, simply write a letter saying whether everything was okay or not. So, what will the result be? What will the result of the youths be? Will it be OK or will you say, "Well, when we returned home, this happened". Don't do anything like this. The Youth group should show your wonders so that everyone says that the youth group is number one. So, did you meet Baba specially? If you were to come with the groups, you would not get the chance to sit in front of Baba. Some of you would be sitting in one place in the hall and others somewhere else. This time, the youth group has been given the most important seats directly in front of Baba. So, don't forget the love and power of Madhuban. No matter what happens, always remember the refreshment of Madhuban. Is it like this? We shall see. At present, the vision of the whole Brahmin family is on the youth group in anticipation of what they are going to do. Everyone is wondering what the youth group is going to do in the future.

BapDada is enjoying this programme. Are all of you also happy? Therefore, always remain happy and content. Don't remain happy just in Madhuban. BapDada told you earlier why some of you become upset whilst you are moving along. It is because you forget the significance of some point or another of knowledge. You will return home from here having become strong and understood the significance of all the secrets. So, don't become upset with yourself or with anyone else. Simply remain happy! It should not be that when you return to your centre, your treasure of happiness will remain with you for one month and then slowly diminish, should it? Will it diminish? Always keep it with you. Achcha. You have given your body, mind and money to the Father, have you not? Achcha, have you also given your heart to the Father? Have you given your heart to the Father? If you have given your heart to the Father, then that heart is not yours. Therefore, so you have to follow Baba's directions. So, could those who have given their heart to Dilaram (Comforter of Hearts) attach their heart to anyone else? They could not, could they? So, you are not going to attach that heart to anyone through your words, behaviour, drishti or attitude, are you? You are not going to attach your heart to anyone else, are you? Is it that you have given a little piece of your heart to Baba and kept a little piece to give to someone else? Have you given your heart? Therefore, then don't attach it to anyone else. You have given your heart, that has been entrusted to you by Baba, to Dilaram, the Comforter of Hearts. There are many love stories. So kumars, remember this. Baba is speaking to those from a household and as well as kumars. However, today is the day especially for kumars. So BapDada is drawing your attention that there should never be any such reports. Your heart is not yours. It belongs to the Father, so how can you attach it to anyone else? If anyone's drishti or attitude is even slightly weak, then make that weak heart strong whilst you are here. Do you agree to this, or will you say when you return home that the circumstances made you do something? No matter what happens, since you have made a promise to BapDada, no matter how many difficulties come, you must not break your promise. Remember that you have promised Baba and given your word to Baba. This is not any soul you are making a promise to. You must never break a promise that you have made to God. Never forget the promise you made at your birth.

All of you should now make a promise in your heart. It is not your heart, because you have given it to the Father, but for just a minute, promise from your heart that you will constantly be obedient and become a destroyer of obstacles. Did all of you make this promise? Achcha, there are double foreigners here also. All of you double foreigners, raise your hands! When all of you see the double foreigners, you also become happy, do you not? See how happy everyone is on seeing you double foreigners. At the confluence age, the double foreigners have a very good part in the drama of revealing the Father. BapDada says that the double foreigners have revealed one title of the Father. At first, He was just the Benefactor of Bharat, but now He is the World

Benefactor in a practical way. Therefore, you became the instruments for that, did you not? So when new souls who were here in the previous kalpa come, BapDada looks at their specialities and wonders. BapDada relates many things of the philosophy of Bharat that people abroad know nothing about. They don't anything about who Ganesh is, who Hanuman is, what the Bhagawad is or what bhakti is. They know nothing. However, because you are the ones who are here from the previous kalpa, you are able to *catch* everything. Therefore, you have good *catching power*. You understand everything because you have the speciality of experiencing whatever you hear. You don't just go by whatever you hear. Whether it is the experience of peace, happiness or selfless love, any experience brings about transformation. Therefore, BapDada continues to see the wonders of you double-foreign children and sings praise of your wonder. Nowadays, those in the foreign lands are very enthusiastic to do service. However, a little more balance between remembrance and service is required. Nevertheless, your enthusiasm for service is good and you are continuing to make progress. You also have another speciality. You don't hide any of your weaknesses. You have a clean heart and this is why you are able to *make up* time. Did you double foreigners hear this? BapDada constantly sings the song, "Wah! children wah!" Did you foreigners have a personal meeting with Baba whilst sitting here in *general*? At least you are able to overcome the *circumstances* and arrive here. BapDada sees that the majority of you foreigners come here every year. Those from Bharat may sometimes miss coming here, but the foreigners do not. No matter what happens, they feel that they have to come. Look at those from Russia! They have little money, yet the groups that come here are very large. Therefore, the foreigners have very good courage, and this is why BapDada gives every foreigner special love, remembrance and congratulations.

Teachers are sitting at the front. They have many chances of serving in Madhuban. Achcha, those from Gujarat are doing the service this time. Sevadhari's from Gujarat, raise your hands! Gujarat is free from obstacles. All of you teachers also have a lot of courage. Whenever you call them, those from Gujarat play the part of "Ji hajir" (Yes Lord, I am present.) It is good. When you say, "Ha ji, Ha ji" now, many others will say "Ha ji" to you for many births. It is good. Gujarat has received the first chance for service. The Dadis have a right over them. As soon as you call them, they present themselves. It is good. Achcha.

Madhuban has four to five arms also. The specialities of Madhuban have reached BapDada. They have sent their charts. This has reached BapDada. BapDada regards all the children as being obedient children who obey Baba's directions. As soon as you are given a special task to do, you perform that by being ever-ready. Therefore, BapDada gives you special congratulations. Each of you has written your chart clearly. (Speaking to Dadi.) You should also look at their results and give a class. They have written about their stage very well. BapDada congratulates everyone. The Lord is pleased with an honest heart. Achcha, all of you are hearing this, are you not? Even those of you who are sitting far away are hearing this, are you not? BapDada can see all of you as though you are personally sitting in front of Him. No matter whether you are close to His heart and personally in front of Him or whether you are physically far away in another country, all of you have come to listen to BapDada even though they are different times for each of you. You are benefiting from the facilities of science, are you not? In fact, all of these facilities will be further refined and become useful for you. However, you are also using them for yourself at the confluence age. Therefore, congratulations for that!

To all of BapDada's obedient children everywhere; to all the children who are constantly destroyers of obstacles; to those who easily and constantly follow shrimat; to those who remain free from having to labour; to those who constantly fly and enable others to fly with pleasure; to those who remain overflowing with all treasures; to the children who remain close and equal to the Father, very much love, remembrance and namaste. To the kumars who are especially tireless and ever-ready; to those who fly in the flying stage, special love and remembrance from BapDada.

**(BapDada went around the Diamond Hall in order to give drishti to all the brothers and sisters sitting there.)** BapDada has a lot of love for each child. Do not think that BapDada has less love for you. Even if you forget Baba, Baba constantly turns the beads of the rosary of every

child because the speciality of every child is constantly in front of BapDada. It is not that there is anyone who is not special. Every child is special. Baba never forgets a single child. So all of you should continue to move forward whilst considering yourselves to be the special souls who are instruments for a special task. Achcha. Now, have all of you met Baba? Baba met everyone.

**(Dadi Janki gave BapDada remembrances from Brother Jagdish.)**

Everything will be fine. Give him plenty of remembrance. He has played a very good part in the invention of service from the beginning. Those who show their specialities receive special blessings from the Father.

**(BapDada meeting Dadi Janki.)** You are OK, are you not? BapDada had said: Rest is best! Therefore, always remember this. Although there is service to be done, you also have to remain here a little longer. The bodies of both of you are special. You are special souls, but your bodies are also special. You have everyone's blessings, but you have to look after your body. Since you are one who makes everyone content, also make your body content.

**(Dadiji)** You are looking after everything very well. BapDada is multimillion times pleased with you. It is the wonder of both of you. BapDada is there anyway. BapDada is in every vein of each of you and this is why you are instruments to remind everyone of Baba through your every vein. You are number one in giving zeal and enthusiasm. BapDada is very happy to see both of you. He turns the beads of the rosary of both of you many times. All of these are also remembered. (Dadis). All are doing their own work. These two are at the front, and all of you are their companions. Pandavas too are companions. Look, those sitting in the cabin are doing very good service. You are doing very good service. Whose name should Baba mention? This is why Baba doesn't mention the names of all you people, but, in fact, all of you are included. If BapDada were to mention each one, the whole night would go by. Achhca.

**(Vallabh bhai had a by pass operation and was back after 8 days.)**

Because you are yogyukt and are playing a good part, your accounts were settled quickly. It didn't take long. You settled your accounts in a short time. You showed a good speciality. It is good. It is very good. It feels as though nothing happened.

**(Dr. Banarasi)** This one will also receive charity. Charity will be accumulated for you.

**(Sister Sheila of Katmandu:** She is meeting BapDada ten years after the accident. Sister Shiela said: My Baba.) Baba also says that this daughter is Mine. You are Baba's and Baba is yours. Constantly remain happy. Your speciality is that you constantly remain happy. Very good.

\* \* \* O M S H A N T I \* \* \*