

## Special inspirations from Avyakt BapDada for self-progress and service

### (Homework – Season 2013 – 2014)

- 1) Now, BapDada wants us to be intense in both our personal stage and in service. Remain constantly unshakeable and immovable and continue to move forward.
- 2) The effect of today's atmosphere needs to be transformed with powerful sakaash. For this, make the power of your mind even more powerful. People now do not have the power to listen or speak so much and there is therefore a need to transform their attitudes through your attitude. You now need to use even more power to transform their attitudes.
- 3) Now, change the vibrations and the atmosphere with the power of your mind. This will not happen by listening or speaking, but you are able to transform the attitudes, vision and actions of people with the good wishes in your mind.
- 4) Just as you have zeal and enthusiasm for service, similarly, pay attention to the method of becoming a self-sovereign, a master of the self and of experiencing that method practically.
- 5) There are now situations of corruption everywhere. So transform this atmosphere with the power of your mind and create zeal and enthusiasm by having remembrance of God.
- 6) If someone is even a little weak, then through co-operation – whether from yourself or from seniors, continue to give them co-operation. Be one who benefits others, and, by paying attention to uplifting yourself and others, continue to move forward and also inspire others to move forward.
- 7) All the children are those who remain constantly happy, fruitful and have the fortune of happiness. Seeing each child's smiling face, BapDada is also very pleased. Constantly continue to smile and dance in happiness in this way. Continue to move forward and make others move forward too.
- 8) I am constantly happy and will always remain happy – no matter what situation comes up, hand over the situation to the Father and continue to smile. Be constantly loving to everyone, detached from the consciousness of the body, and take every step while merging the Father in your heart.
- 9) Let there constantly be waves of zeal and enthusiasm visible on everyone's forehead. Pay special attention to this. BapDada wishes to see the constant sight of a constantly carefree emperor on each one's face.
- 10) Every day, put one or another form of special zeal and enthusiasm into your heart and check whether that enthusiasm remained all the time or whether it changed. BapDada wants there to be constant enthusiasm on each child's face for imbibing one or another virtue. When you imbibe virtues, the defects will automatically finish.
- 11) If any weaknesses still remain in your dreams or thoughts, then give them to the Father with a determined thought today. Do not take them back and BapDada will then give special help at amrit vela. After having amrit vela, check your thoughts and have a determined thought with an honest heart and you will receive extra help from BapDada.
- 12) Now, seeing the time that is to come ahead, BapDada is giving a signal: Let there be determination in your every thought every day. Do not let any of your thoughts become slack. Have the determination: I definitely have to demonstrate this. Just as all of you are now visible as being very happy, similarly, let your stage be happy.
- 13) Just as the Father is always "wah wah", so the children should also be "wah wah". Wake up in the morning and remember which child you are. I am a "wah wah" child – pay attention to this. If you

ever have an off-mood, remember the words “wah wah”. I am “wah wah” and you will remain constantly happy. No matter what happens, the situation comes and goes, so why do you hold on to it? No situation remains permanently; it goes away.

- 14) Father Brahma’s special teaching is: Be an embodiment of the awareness of BapDada. Follow both Bap and Dada – not the Father alone nor Father Brahma alone. Just as Father Brahma was in the corporeal form – he played his part with the children and also played his part of doing service, similarly, you have to follow the father.
- 15) In today’s world, it feels difficult to follow, but Father Brahma played his part very accurately. Father Brahma also had to face opposition, but he passed. So, all of you should have the determined thought: While playing our parts till the end, we definitely have to pass in every part.
- 16) Now is the season to gain victory. Continue to use this speciality of the confluence age. Never become tired in your efforts and, when any small or big situation arises, take help. If you do not want to take help from anyone, then check yourself with the power of yoga and find one or another solution.
- 17) Along with doing service, also make yourself complete. Do not become so busy in service that you do not have time to look at yourself. Look at the self and also consider the time.
- 18) All of you have a temperament of happiness anyway, but, if you are not able to remain happy for any reason, then take help from those in whom you have faith and bhavna (love) because BapDada knows that trivial things can arise at any time. Therefore, remain constantly alert.
- 19) Now, according to the time, there has to be an atmosphere of contentment at every place. If there is discontentment, then put that right with anyone’s co-operation. Definitely make yourself powerful.
- 20) BapDada is signalling you to remain prepared for anything that might happen suddenly. Do not then say: I did not know this. It has to happen and it has to happen suddenly. It will happen when it has become light (almost forgotten) in everyone’s mind. Therefore, check yourself to see whether you have become equal to the Father.
- 21) The Father wants you to have such a stage in your thoughts, words, deeds, relationships and connections that, when anything happens suddenly in any situation, you are able to face it. With internal power, let the soul always keep paying attention. Always be an intense effort-maker. Be co-operative in self-transformation and in the transformation of everywhere else.
- 22) If there is any obstacle or upheaval, then tell it to the Dadis or whoever you have faith in. Do not keep it inside yourself, but definitely find a cure for it because everything is to happen suddenly and you will not be able to make effort at that time.
- 23) Now, check whether you have enough power in yourself that if something were to happen suddenly or if an upheaval takes place, you are able to save yourself as well as influence the atmosphere and also help others.
- 24) Now, show the wonder of everyone being able to become free from obstacles, the same as the Father, in your thoughts, words, relationships and connections. Put zeal and enthusiasm into others, be co-operative with them and free them from obstacles. Each of you has to make your service place free from obstacles and take blessings from everyone.
- 25) At the very least, each centre has to be co-operative with their own companions and be successful in the service of being free from obstacles and making them free from obstacles. Whether you stay at a centre or are by yourself, let yourself be free from obstacles and finish all waste from even your thoughts and make others the same too. No matter what someone is like, your own atmosphere has to be so powerful, that each one is able to remain free from obstacles as far as your atmosphere extends.

- 26) BapDada will give a gift to those who make their companions free from obstacles in a practical way. However, He will first make an enquiry. Transformation has to take place, but, first of all, transform all the trivial things by yourself. No one should have to tell you. You are sensible and are aware of what you have to do and what you must not do. So, do not do what you are not allowed to do; that is all.
- 27) Now, have the aim of definitely making the area you have been given for service free from obstacles, because you have to establish a kingdom. The kingdom will continue for half the cycle, and so tour around and make some effort for that first. The head should stay at all the places and find solutions to any problems.
- 28) BapDada is seeing and wishes to see in the children the speciality of being free from obstacles. Create a firm sanskar of being the Father's companions who are free from all obstacles. You do pay attention, but attention means – no tension. When you children who are instruments become experienced in the stage of being free from all obstacles, then the vibrations of your being free from obstacles will reach the effort-making children.
- 29) Every month, remain free from obstacles and do not have any waste thoughts either. As soon as you say "Stop", you should be able to stop. Now, there is a need to pay attention to your thoughts. So, check whether you remained free from obstacles in every thought, whether whatever you thought took place, or whether your thoughts were wasted. No matter how much Maya there is in the atmosphere, the impact of the atmosphere should not become an obstacle to the thoughts in your mind. Let there be success in this.
- 30) Today, BapDada is drawing your attention to the thoughts in your mind. Those who are instrument maharathis now have to pay attention to the power of their minds. Words and deeds will automatically be put right, because waste thoughts which are not necessary also take your time, and that time has to be saved.
- 31) Check yourself in your thoughts, words and deeds (relationships and connections) to see how much is "waste" and how much is "best". On this Shiv Ratri, BapDada wants the gift of your finishing all waste. You pay attention to not doing anything bad, but BapDada is now giving you the homework of paying attention to not having anything wasteful. If you keep the aim, then together with the aim, there would easily and automatically be the qualifications. Then, BapDada will give every child a prize for their intense efforts.
- 32) Just as BapDada is now giving all the children everywhere drishti and celebrating a meeting with them, in the same way, continue to move forward every day with the happiness and pleasure of this meeting and in every subject. Be holy every day of your life and continue to spread the vibrations of purity everywhere.
- 33) Whatever second has passed is the past. BapDada now wants to see every child in the form of an intense effort-maker. No matter what situation arises, it is the duty of the situations to come, and the duty of you children is to claim blessings from the Father's heart.
- 34) Throughout the day, experience BapDada being with you as your Protector. The company of the Father means to do what the Father says. The murli that you listen to in the morning has blessings as well as love and remembrance. So, continue to claim those blessings daily, fly and make others fly.
- 35) Whatever you have done, today, on the day of Holi, let that be the past. For the future, daily, at amrit vela, keep the blessing in your awareness, "Success is my birthright". Check yourself throughout the day and become an embodiment of success.

- 36) You definitely have to become complete the same as Father Brahma, because Father Brahma was in the corporeal form and he is your helper even now. Therefore, follow Father Brahma. Continue to observe the games of Maya. Maya's duty is to come and your duty is to gain victory. So, constantly remember: I am a victorious jewel of success.
- 37) No matter how many big or small obstructions come, on the basis of the Father's love and His knowledge, the majority of the children are moving forward fearlessly and will continue to do so. While seeing any type of atmosphere, do not be influenced by it. You are moving forward and you will continue to do so with the Father's help and co-operation.
- 38) As you look at one another, see only their specialities and not anything else. While hearing about anyone's weaknesses, do not listen to them. Make yourself move forward and continue to make your companions move forward too. Be an intense effort-maker and make others into intense effort-makers too. Do not experience any tiredness in your efforts.
- 39) Continue to move forward while having good wishes for everyone. Be co-operative with one another while relating your experiences filled with zeal and enthusiasm. When your companions in effort are a little slack, you can be affected by this slightly. Therefore, pay attention to this. Remain constantly firm on the Father's directions and continue to move forward and also make others move forward in every task.
- 40) Have the aim of definitely having to become a number from one to eight. No matter what the atmosphere is like, transform that atmosphere with your own atmosphere. Be constantly victorious and make others victorious too.
- 41) Do not be weak in your efforts, but be brave (strong) and make others strong. Your title is a Conqueror of Maya. So, you have the courage to become a conqueror of Maya, do you not? Never lose your courage. You have BapDada's co-operation first. When you lose courage, you lose everything. When you have courage, then through the children's courage, the Father definitely helps.

**Points for service:**

- 1) It is only at this time out of the whole cycle, that you receive the introduction of the soul and of God. You have a meeting and a relationship with God and an inheritance from the Father. You children have a right to all of this. You should have mercy for all souls so that no soul from this land or abroad is deprived from this right.
- 2) Your special task is that no area should be left out that they would complain that they did not receive the introduction and that their Baba came and they did not know. This is the responsibility of you children who have become instruments. Give the message to an area as far as you can go.
- 3) Each one of you should check the areas near to you so that no area is left without receiving the message. Each one's fortune is his own, but it is the duty of you fortunate souls to give the message. Whether it is a small town, a big town or a city, give everyone the message.
- 4) In the majority, you have reached all main cities, but, nevertheless, check that no area is still left who would complain: Our Father came and you did not tell us. Cover the areas in your region as far as you can, where no one has as yet reached. It is your duty to give the message to those places.
- 5) Send anyone and at least give them the message: The Father of all of us has come. Cover your area by holding any type of programme. If it is a small area, send young ones there, but no one should be deprived because the time can come suddenly; it will not tell you in advance. So, definitely accomplish the task of giving the message everywhere.
- 6) For any area that has not been served, tell your neighbouring area about it and make them instruments for it. No soul should be left out. They should receive the message and, after that, it is their fortune!

So, whether it is small street or ordinary people, they are also the children: they should become aware that the Father has come. So, definitely serve in whatever way you can. There should not be any complaints that they were not made aware.

- 7) If it is an area of another region, then do not do anything without consulting them. First consult them and then accomplish the task of giving the message. BapDada is giving all the children from this land and abroad a signal. Give them the advice of the seniors and get it done through them, but no one should be left out.
- 8) The foreign lands are also doing very good service, but not as much news is received of the service that has been done. For this, appoint someone who would send the written news of the results of service done everywhere every month or two months.
- 9) Seeing the foreigners, BapDada receives His title of World Benefactor. At first, He was just the India Benefactor and the foreign lands have now been added and everyone has worked very hard.
- 10) (We wish to carry out a sages and saints conference in Haridwar.) Do service so that one of the well-known sages emerges from there. They should say: We have put the knowledge of the Brahma Kumaris into our practical lives. Let such an example emerge.
- 11) The sound should now emerge that the Brahma Kumaris say: The God of the Gita is Shiva instead of Shri Krishna. This sound should emerge. If Punjab makes this sound emerge, they will be given a prize. Whether people accept it or not, they should at least say: This is their opinion. Everyone should think about this. Perform a wonder. Everyone should discuss this together.
- 12) Continue to expand your work of giving the message. No one should complain: We were living in the next street and we were still not aware. Therefore, as much as possible, they should at least receive the message: Our Father has come. Whether they follow or not is up to them, but they should at least receive the introduction. Otherwise, they will repent.
- 13) Expand service as much as you can because anything can happen suddenly. The Father came and departed and the children were not even made aware. Therefore, definitely give the message as much as possible.

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