

# Cleanliness – Part 1

1

With the divine intellect you can experience a pure touching from God in every action, and experience success in every action. The divine intellect can defeat any touching of Maya, or any attack. The rajoguni rishi and muni souls used to calm the lion with their power - the lion would become their companion, their vehicle, their toy. And so, transformation takes place, does it not? And so, maya can change from the enemy, in front of the divine intellect of you the satopradhan master almighty souls. The power of the divine intellect is an extremely elevated power - simply use it, whatever the time, and success is in the palm of your hand. Just as today magicians show the cleanliness of their palms, the cleanliness of a divine intellect brings all success into the palm of your hand. All of you

Brahmin souls have attained divine success, not ordinary success.

2

The way to accumulate the fruit is to have purity in your thoughts, words, and actions. In service too, the foundation is purity. It should be clean and clear. There should be no other motive within it. There has to be purity in your motives and in your feelings.

3

You now receive imperishable happiness from the Father. You constantly continue to dance in happiness, do you not? Constantly continue to swing in the swings of happiness. As soon as you come down, you become dirty because there is mud down below. If you are constantly in the swings, you are always clean, and, without being clean, you cannot celebrate a meeting with the Father. Just as the Father is

pure and clean, so the way to meet him is to become clean. So, those who constantly stay in the swings are always clean. When you have been given the swing, why do you come down? Eat, drink, and move along, whilst being in the swing. It is such a big swing. The days of coming down have now ended. It is now the days to swing.

4

Be a holy swan: do all of you consider yourselves to be holy swans? Bapdada calls holy swans those who are clean and who have the powers to discern and to decide. They are able to understand very well anything ordinary. They automatically come into action after understanding it. In ordinary language they say “I now understand”, and they cannot then stay without doing that practically. So, first of all check what is ordinary or wasteful. You don't consider that which is wasteful or ordinary to be

elevated, do you? This is why it is first of all important to have a holy swan intellect, for, with this, you automatically have the power to discern.

When you are unable to discern whether something is right or wrong, you only have waste thoughts, or you waste your time. A lot more time is wasted when you consider wasteful and wrong things of yourself or others to be right. It is wasteful, but you consider yourself to be powerful and to be thinking in the right way: “what I said, only that is right”. Because of not having the power to discern, the power of the mind, the power of time, and the power of words all go towards wastage, and you also accumulate the burden of taking effort from others. It is here that the stage of conflict is created. Therefore, transform your own wasteful nature (swabhav) and intentions

(bhav), and that of others, with your elevated intentions and pure feelings. Then you will first become victorious over yourself, then victorious over everyone else, and then victorious over matter.

Victory over these three will make you a bead of the rosary. Let there not be the slightest alloy of old sanskars. It should not even be like nowadays, where they make silver gold-plated: externally it looks like gold, but what is underneath? It would be said to be mixed, would it not? In golden aged service there will not be the alloy of ego and insult mixed in. Do not let any feelings of jealousy, or proving yourself, or stubbornness, into your nature. These are the alloy. Finish this alloy, and become those with a golden aged nature. In your sanskars, always say “ha ji” (yes indeed). To be able to mould yourself according to the time and

service means to become real gold. Say “I definitely have to mould myself”.

If you say “I will do this if others do it”, then that is a form of stubbornness. That is not real gold! Finish that alloy, and you will not then create a stage of conflict. In your relationships with others, always have pure feelings, benevolent feelings, and feelings of love and cooperation for every soul. No matter what type of intentions and nature others have, you should always have elevated feelings. Always have pure intentions and pure feelings. When you understand the intentions, you will never be influenced by anyone’s ordinary nature or wasteful nature. Have pure intentions and pure feelings. You have to transform that which is wasteful. Only speak of that which you do practically. Only speak of that which you think

about. Do not have an artificial form, for only then will you be said to be honest.

There has to be honesty in all three: your thoughts, words, and deeds. Any thoughts you have in your mind should also have honesty and cleanliness in them. Internally, let there not be any rubbish of sinful actions. Let there not be any rubbish of any type of intentions, nature, or old sanskars. Only those who have such cleanliness are honest. And those who are honest are loved by everyone. First they are loved by God, and then by the divine family. Those who are easy natured, and co-operative, with everyone, also receive everyone's cooperation: this is why they are able to face anything easily. Maya too does not much oppose those with an easy nature. Those who have an easy nature do not have waste thoughts, and their time is not wasted. Because

of not having waste thoughts, their intellects are broad and farsighted, and so no problem comes to them. To the extent that you are easy natured, there will also be cleanliness. Cleanliness includes honesty. There can only be honesty and cleanliness when you make your nature easy. Those who have an easy nature are also able to take on many forms: anything that is tender can be moulded into any form.

# Cleanliness – Part 2

1

All teachers should especially pay attention to one thing. You must never be dependent on anyone, even in a royal way. You should not be dependent on any soul's virtues, service, cooperation, intellect or planning. When you make that soul your support, you become subservient. When another soul becomes your support, the Father's support is automatically removed. Then later, as you progress further, when the temporary support shakes, you begin to wander and stumble. Therefore, realise that it is a great mistake to be impressed by any particular soul. It is not just a mistake, but a big mistake. Do not become happy because service is expanding: that is just temporary splendour. If the foundation shakes, then service will also shake. Therefore, never make any soul your support. Do not think that service will not increase - or that there will not be any progress -

because of a particular person. This is not just a reason, but a black mark that dirties a clean soul. This is a very big flaw. To make another soul your support is a very big flaw, in which case you will not be able to become flawless.

2

The more content you are, the clearer you will be. And those who are clean and honest are always clear. When there is cleanliness, everything is clearly visible.

3

What do the people of the world know of the Father, of God? That God is Truth. They consider the truth to be God. BapDada relates to you the story of the true Narayan, and he establishes the Age of Truth. So, since the Father plays the practical part of being the true Father, the true Teacher, and the true Guru, what would he love the most? Truthfulness. Wherever there is honesty - that is, wherever there is truth - there will definitely also be cleanliness there. It is also remembered: "The Lord is pleased

with an honest heart”. Those who are seated on the heart-throne are definitely serviceable, but the sign of those who are serviceable is that they have honesty and cleanliness in their relationships and contacts: it will be visible in their every thought and word.

That is, every thought of such an elevated soul seated on the heart-throne will be truthful: their every word will be true. “True” means it will be filled with truth. “True” means it will be successful: that is, no thought or word will be ordinary or wasteful. They will be so serviceable that - in their every step at every moment - in their vision, they would only see altruistic service for all souls. While asleep, they will be thinking of service, and while awake, and as they move around, they will be doing service. Even in their dreams, they will not have anything apart from service. Only such serviceable souls - who are unshakable and tireless - are able to be seated on BapDada’s heart-throne. Do you now understand

what their sign is? To claim the throne of the kingdom of the world is guaranteed, for such souls who are seated on the heart-throne. Just as you have to book a seat in advance, in the same way, the throne of the kingdom is fixed for cycle after cycle.

4

Once you have burnt the waste and impure, you become clean, elevated and pure. Such souls automatically remain coloured with the company of the Father. Such souls constantly celebrate the auspicious meeting with Baba and all souls - “auspicious” means that they celebrate a beneficial, elevated, and pure meeting. Do you understand? Did you celebrate such a Holi? When there is hope and zeal, every moment is a festival. So celebrate with great happiness, play, eat, and enjoy yourselves, but always be holy, and continue to celebrate a meeting.

5

BapDada constantly puts the majority of double foreigners ahead for their courage and their clean and honest heart. No matter what happens, you

remain courageous and move forward, and you will continue to move forward. For BapDada, the closest jewels are only those who have a clean and honest heart. A clean heart and a true heart. No matter how far away those children are, they stay the closest of all in BapDada's heart. So, constantly keep this speciality in front of you, and continue to increase your speciality. This is a very easy method to come close. It applies to everyone: it is also for the residents of Bharat. However, the majority of double foreigners have this speciality. Now increase this speciality within yourself, and whilst increasing it and coming closer,

6

Constantly, according to the time, keep your mind and intellect pure and clean, even in your dreams.

7

The sign of a yogi soul is constantly to have a clean and clear intellect. It should be clean, and also

clear. A yogi will never say “I don’t know, I don’t know” His intellect will always remain clear.

# Cleanliness – Part 3

1

BapDada has seen that some children do not chase Maya away from a distance. Maya comes. You allow her to come, that is, you become influenced by Maya. If you do not chase her away from a distance, Maya also develops that habit, because she knows that you will allow her to stay there. The sign of allowing Maya to stay is that when Maya comes, you think that that is Maya, but what do you then think? “We haven’t become complete yet! No one has become complete yet! We are now still becoming that. We will become that. You begin to say “ge, ge,” (that it will happen in the future), and so Maya develops the habit of staying there. So, today, you are celebrating the birthday. The Father is giving you blessings and congratulations, but in which form does the Father wish to see every child, even the child who is the last number child? Even the last number child is loved by the Father. So, the Father wants to see even the last number child always as a rose, a rose in bloom, not wilted. The reason for wilting is a little bit of carelessness: “It will happen. I will see about it. I will do it. I will get there.”

So, this language of “ge, ge” makes you fall down. So, check: How much time has gone by? Now, BapDada has already given the signal for the closeness of time and for something happening suddenly. It is not that He is giving the signal now, He has already given it. It is necessary to remain ever-ready and alert for such a time. In order to remain alert, check: Are my mind and intellect always clean and clear? They have to be clean; they have to be clear. For this, in order to be victorious at that time, it is essential to have both catching power and touching power in your mind and intellect. Such circumstances are to come that even though you may be sitting far away, you will be able to catch the Father’s signals, directions and shrimat that you are to receive, if your mind and intellect are clean and clear.

You will be touched: I have to do this, I must not do that. Therefore, BapDada has already told you earlier: Accumulate as much power of silence as you want. You should be able to control your mind and intellect whenever you want, however you want. Waste thoughts should not touch your dreams at all – there has to be such

control over your mind. This is why there is the saying: When you have conquered your mind, you have conquered the world. For example, the physical organs - of your hands – you are able to make them function as and when you want as per your orders. In the same way, the controlling power of the mind and intellect should emerge in the soul at every moment. It should not be that you have that experience at the time of having yoga, but when you are performing actions, at the time of coming into interaction or in relationship with others, there is less experience of that. Test papers are to come suddenly because you have to take test papers every now and again before the final paper.

2

BapDada has special pride about the double foreigners: why? The people of Bharat called the Father in Bharat. But the Father has special pride in the double foreigners because you have tied BapDada in the bondage of love with your honesty. The majority are honest. Some do hide things, but the majority of you place your weaknesses in front of the Father with honesty. The Father loves honesty the best of all. This is why even on the path of devotion, they say: “God is Truth”. Those who have honesty remain clean. They remain clean and clear.

This is why the string of love for the honesty of the double foreigners pulls BapDada. Sometimes, some are a little mixed . But, double foreigners: never let go of this speciality of yours – honesty. The power of honesty works like a lift. Everyone loves honesty.

3

You have to finish the desire for reward. Instead of the word “desire” remember the word “good”. Desire finishes cleanliness, and you become a worrier. Workers are doers, not worriers.

4

The speciality of a right hand is to be constantly clean - that is, to be pure and elevated. Just as any auspicious task is performed with the right hand, in the same way, BapDada’s cooperative right hands remain elevated - that is, they remain pure in their words, deeds, and connections. They constantly move along while considering themselves to be instruments for an elevated task. Left hands are also constantly co-operative. However, as well as that cleanliness, there is sometimes uncleanliness - that is, there is some impurity in their thoughts, words or deeds. They are not completely pure and clean. They are also less intense in their speed of

effort. They will do something, or they will think about something, but will be left - that is, they will do it a little late. They will co-operate and do everything, but will lack the courage to take full responsibility. They will constantly have zeal and courage but will not be independent.

5

Just as the soul powers the hands to do the work - that is, the arms are the ones who carry out the task, inspired by the soul - in the same way, while constantly having the awareness of Karavanhar Baba (the Father who gets things done through others) , the right hands consider themselves to be the ones who are karanhar (those who carry out a task) . They do not consider themselves to be karavanhar (the ones who inspire) . This is why their actions for the construction of the new world are filled with the greatness of being unique, egoless, and humble. At every second, their every thought will be completely clean - that is, pure - which, in other words, would be called having honesty and cleanliness.

6

Purity is not simply the vow of celibacy. Nowadays many people who do not have any knowledge lead celibate lives according to circumstances, because of their

situation. Even many bhagats remain celibate. That is not a big thing. But the sign of purity is cleanliness and honesty. Waste thoughts are impurity.

# Cleanliness – Part 4

1

The accounts of many are still not cleared: old stains still remain. They rub the stains, but cause more stains. The stain for some is a tiny one at first, but as they hide it and behave with cunning, it grows larger and deeper. Their hearts will be ripped apart with tears. So become truthful, become clean. At the moment BapDada is still merciful, so hold your own court daily. Have a daily enquiry. With checking, change will come.

2

In order to make yourself into real jewellery, You have to remove all weaknesses and become clean. How many types of gold are there? Some is 9 carat, some is 12 carat, but that which is pure is pure. The word carat should be removed. You have to correct yourself. You have been given time for correction. Pay full attention to this aspect. Even if someone is violent against you, you will not renounce your

religion. Which religion? Which life? Do you know? Once you have made a promise to the Father - once you have given your hand to the Father - you must not then renounce your religion. A wife who is faithful to her husband remains very firm in her religion. You are the true Lakshmis and Sitas. What is the aim of those who are going to be Mahalakshmi? If you have moved away from your aim, take a jump, and stabilise yourself in it once again.

3

Today BapDada is seeing the gathering of his holy swans from all four directions. To adopt a Brahmin way of life means you have become a special soul. Though each is number-wise, even the soul who has the last number is special. Each holy swan is beautifully decorated - some imbibe each decoration and make use of it at the appropriate time, while others do not imbibe or make use of them. The importance of each speciality and virtue is according to the time - even if you have them, if you do not use them at the appropriate time they have

no value. A swan discriminates and separates jewels from pebbles, and imbibes the jewels and pearls. So a holy swan discriminates and uses a speciality or virtue at the time it is required. This is the power of discrimination. Only a holy one - with a clean and pure intellect - is able to work at the appropriate time.

4

You use the words 'with honesty and cleanliness', but what is the difference between honesty and cleanliness? You have not understood the meaning of this accurately. Now you must go into the depth, and write about everything.

5

The more you do everything according to the right method, the more success you attain. To be a Brahmin means to be accurate in every task, and to perform it with great cleanliness and purity.

6

Purity is the foundation of knowledge, and the special preference of father Brahma and Shiva Baba. The definition of purity is very deep, and includes faith, honesty, cleanliness, introversion, etcetera. However, BapDada sees that the definition of purity is not very clear in your intellect. To have waste thoughts, or to be an instrument to create waste thoughts in others, is not purity. So, all of you should put the significance of purity in thoughts into practice.

7

The more pure - the more satopradhan - you become, whatever you consider today to be a little weakness, or experience as an ordinary stain, will be very clearly visible on a very pure and clean stage. Therefore, now have subtle checking accordingly, and make intense effort to overcome your weaknesses.

8

If you attain multi-millions after only giving rubbish, would you call that giving or receiving? That would be called receiving, would it not? All other fairs are for giving, and so, if you receive something after giving, then what is the big deal? However, this fair is for attaining all attainments. You can attain whatever you want, and as much as you want. So, have you seen any such fair where you have all attainments? You have all come to such a fair now. And one thing in a fair is a meeting. And what is the other thing? In other fairs (melas) , you become dirty (maila) , whereas what do you become here? You become clean. You have become clean, have you not? Or, are you even now still becoming clean? What happens after you become clean? You are decorated, and a tilak is applied. Now, are you applying the tilak of constant remembrance on yourselves and decorating yourselves with the ornaments of divine virtues? So, here, in this fair, you meet and you also celebrate.

This word “my” makes you slack in your effort. Why do you hide Ravan’s things in yourself? People burn Ravan after killing him, and, after burning him, whatever remains is then immersed in water, whereas you have kept it as belonging to you! Therefore, where Ravan’s things exist, how can clean sanskars stay together with that which is unclean? Whose rule would it be? The rule of that which is unclean, not of that which is clean. The kingdom is unclean, because you have carefully kept unclean things with yourself, just as you would keep gold or diamonds carefully. Because there is a battle of the unclean with the clean, you repeatedly become a warrior instead of a Brahmin. What are “my” sanskars? The Father’s sanskars. In particular, the Father’s sanskars are of being the World Benefactor, the One with good wishes for all: the One who has good wishes and pure feelings for all. These are “my” original sanskars. The rest are not “mine”. Whatever uncleanliness you have hidden inside you, it interferes with your becoming completely clean. This

is what you wish to become. You have the aim, but it becomes different in the practical form.

# Cleanliness – Part 5

1

Are you an angel, or is there still some burden remaining? Have you kept a little aside for a rainy day? Whilst saying “mine”, you have become dirty. Now, by saying “Yours”, you become clean. And so, “an angel” means there should be no trace of “mine”. If the awareness of “mine” even enters in thoughts, then consider that that is to become dirty. If dirt sets on anything, then there is the burden of that dirt. So, the consciousness of “mine” means to become dirty. You are an angel, and you have no connections with anyone in this old world.

2

Constantly remember “I am a pure soul.. I am a purified soul”. Purity means cleanliness. Everyone loves cleanliness. If there is a temple and an idol, but there is no cleanliness, would you like it? So, constantly have this awareness in your life: “I am a worship-worthy soul, present in the temple of this

body". Do not just think about this, but have this awareness in your practical life. You think a great deal "I am this.. I am this", but let there be the practical experience of this. So, what will you remember? "I am a completely worship-worthy soul". Not 80% worthy of worship, and 20% damaged. To be 100% worthy of worship means to be 100% pure. Does everyone like cleanliness? Or does someone like dirt? So, ask yourself whether your mind and intellect have become clean. Or, are they a little clean, and a little unclean? If there was some dirt here, then would you sit here? You would not like to sit on it. So too, think that, wherever there is the slightest bit of dirt, Baba does not like it. If there is any dirt, then you are not the ones loved by the Father.

3

There are many who think that - because they have asked for forgiveness, and have repented after having performed some(wrong) action - they have now become free; but this is not so. No matter how

much forgiveness someone asks for, once a sinful or wasteful action has been performed, the mark of that is not removed. The mark remains, and the register is then not clean. Therefore, do not say: “Well, it did happen, but I have asked for forgiveness”! Do not adopt this custom and system. Your duty is to have no thought of sin in your attitude or awareness. This is known as being a Brahmin - that is, being pure. If there is any impurity in your attitude, awareness, or thoughts, then you cannot stabilise yourself in the stage of a Brahmin. You would then be a Brahmin in name only. Therefore, remain cautious at every step.

Together with happiness, also keep the powers with you. If, together with the specialities, you also have weaknesses, then one weakness would finish many specialities. So now, in order to reveal your specialities, finish your weaknesses. Do you understand? If, whilst doing service, you do disservice, then that disservice is visible. No matter

how much nectar there may be, if even a drop of poison is mixed into it, then all of the nectar becomes poison. No matter how much service you do, one little mistake that you make becomes a reason for disservice: it finishes your service. Therefore you have to pay a great deal of attention to your own self, and to the service that you do. First of all you have to do it, and then you tell others to do it. It is easy to say something, but it takes effort to do it. The fruit of effort is very good, whereas the fruit of just speaking is not good. So, first of all do something, and then speak about it! Then see how much service of high quality is accomplished. Look at your own quality! Do you understand?

4

Because of not having the experience of the sweetness and love of all relationships with the Father, your vision and attitude cause mischief towards bodily beings. At such a time, you should bring the Dharamraj form of the Father in front of you, and consider yourself to be a resident of

extreme hell or a dirty insect. If you look in front of you, there is a master almighty authority, but look at what you have become in that instant! Imagine your form to be that of a dirty insect - that is, a resident of extreme hell - and compare that which you were yesterday with what you have become today! What have I become after being seated on the throne? What am I taking whilst letting go of the throne and the crown? Dirt. So, what do you become at that moment? What is someone who looks at dirt or imbibes dirt? What do you call someone who does dirty work? From being a responsible soul, that soul becomes a toilet cleaner.

Can BapDada touch such souls? Could he give them loving drishti? Would he accept their requests? Would he listen to their complaints? If, after becoming so knowledge-full, your vision and attitude cause mischief, you would be considered to be more degraded than a devotee soul. Even devotees are able to stabilise their vision with some method, but

master knowledge-full souls fall even lower than devotee souls. Would anyone become the subject of such a soul? Would a toilet cleaner have any subjects, or would he himself be a subject? Keep your photo with yourself: that of someone picking up dirt and carrying basket upon basket of rubbish. Keep such an image in your intellect. When your vision and attitude cause mischief, look at that image. Similarly, BapDada had all of you take a photo of your future reward, so that, on seeing this photo, you would be able to remember your activities. When you see such a picture, would you not be ashamed or embarrassed?

On one side, keep a picture of a master almighty authority, and on the other side keep that other picture, and you will automatically realise what you have become. It doesn't suit the vision and attitude of one who is a master almighty authority to cause mischief even now. The first mistake you make is of looking at the body. Why do you do that? You have

to look at the soul in the centre of the forehead. There is a jewel on the forehead, isn't there? So, instead of seeing the jewel on the forehead, why do you look at the snake through which you only receive poison? The first mistake you make is to look at the body instead of the jewel. Many complain that the atmosphere, or their company, is like that.. that their companion is like that.. that they have to work in their office or business.. or that they have to come into contact with others. Whilst coming into contact with others - whilst talking to them - why do you look anywhere other than at the forehead? Secondly, those who are influenced by the atmosphere should ask themselves: "What contract have I taken with the Father?" All of you are contractors, are you not? You have entered into the contract of changing hell into heaven, of making the impure(tamoguni) elements pure (satoguni) , have you not? Can those who change the elements not change themselves? You have taken the contract of changing the five elements, and yet you are influenced by the atmosphere!

5

When someone has a heavy body, or is carrying a heavy burden, he is not able to mould his body as he would like to - in the same way if there is burden on the intellect, there is impurity in it and it is a gross intellect - such an intellect can not be moulded at the time of need. So a very clean, deep, subtle, divine, unlimited and broad intellect is needed.

6

By remaining a detached observer, if there is any upheaval your intellect remains clear. Then, according to the time, even if the post, telephones, TV and other means of communication don't work, you will be able to clearly catch BapDada's directions. Don't ever make the instruments of science your support - use them but don't rely on them. No matter how adverse the situation may be, your power of silence will enable quick and clear communication - however you must keep the line of your intellect clear. Do you understand? You are invoking the golden age to come soon, are you not?

There has to be this cleanliness in the golden age. So nature will cleanse everything very well for you. The Lord is pleased with an honest heart - an honest and clean heart. At the present time there is a great need for honesty and cleanliness - honesty in your heart, honesty with the family, and honesty with Baba. Do you understand? BapDada didn't want to say anything today, but he said it anyway! BapDada has great love for you, and so he cannot bear to see even a little weakness in you. BapDada constantly wants to see every child as perfect as himself.

# Cleanliness – Part 6

1

The right hands are the ones who are constantly equal, clean, and following the path of truth.

2

The sign of a soul who is full of all treasures is that others would also experience happiness from that soul's eyes, face, and behaviour. Any soul who comes into contact with such a soul would experience that soul to be spiritual in appearance, and different with alokik happiness. Seeing your happiness, other souls would also experience happiness for a short time. Just as everyone loves the white dress of you Brahmin souls, and feels that it is so lovely and unique that they experience cleanliness, simplicity, and purity through it - they can tell from a distance that that one is a Brahma Kumar or Kumari - in the same way, the sparkle of happiness, and the intoxication of being fortunate, are always visible from the behaviour and face of you Brahmin souls.

3

What BapDada wants? One is the love of a true heart and a clean heart. The Innocent Lord is very easily pleased with a true heart. When the Innocent Lord is pleased, then Dharamraj, the adviser in between, cannot even raise his eyes. You will then say “bye bye” to Dharamraj and just pass through. He will say “namaste” and bow down to you children who are equal to the father. You are loved by such a father, but check that there is no leakage in your love. Finish the leakage of body consciousness or the speciality of someone else. Become an image that is experienced.

4

You are singing the songs of praise of the specialties of the Father and the Brahmin family, and eating Brahma bhojan with happiness. No one else in the world receives food which is as clean and filled with as much remembrance as you do. This food has been called the food that removes all sorrows. Why? Pure food purifies the mind and body. If wealth is unclean

it destroys happiness and creates worries - worry is like a funeral pyre. And unclean wealth comes from an unclean mind. Clean food purifies the mind, and so wealth and body also become clean. So there is importance in food that is prepared in remembrance, and there is praise given to such food, to Brahma bhojan. Food prepared and eaten in remembrance works as medicine, and also blessings. Food cooked in remembrance can never cause any damage. So at all times celebrate the festival.

5

Together with the stage of soul consciousness, only those who do not have a lot of waste thoughts are able to discriminate others accurately. Those whose intellect is engaged in the remembrance of One, and who are in a constant stage, will be able to discriminate others very quickly. Those whose intellect creates a lot of waste thoughts will have a mixture of their own waste thoughts in recognising others. Therefore they will not be able to recognise others as they are. Those who have cleanliness of the

intellect will be able to maintain a yogyukt stage. Waste thoughts and sinful thoughts become an obstacle in creating an avyakt stage.

The main reason why you are attracted to the body again and again is that there isn't cleanliness of the intellect. Cleanliness of the intellect means that it remains lost in the great mantra that it has received (manmanhabav). Because of not having the remembrance of One, and of letting the intellect wander in many directions, it does not remain powerful. Generally you must have experienced that, when the intellect is engaged in many tasks, there is the feeling of the intellect being weak and tired, and so you are not able to make an accurate decision about anything. In the same way, waste thoughts and sinful thoughts make the intellect tired. Any soul who is tired will not be able to discriminate or make a decision accurately. No matter how clever someone may be, there is a great difference in his discrimination and decision-making when he is tired.

Because the intellect is tired by these thoughts throughout the day, it lacks the power to make decisions. Therefore you are not able to become victorious.

The main reason for experiencing defeat is that there isn't the cleanliness of the intellect. Just as magicians have the cleanliness of their palms, so you can also do so much with cleanliness of the intellect. Those people are able to transform anything very quickly with the cleanliness of their palms: they do not take a long time. This is why they are called magicians. You also will have the power to transform. Now you have learnt to transform, but you are not able to change it like magic, that is you are not able to transform very quickly. It takes you time. In order to use your magic you remember the mantra. That magic is successful for as long as they remember that mantra. If you also remember your great mantra, you will be able to work like magic

6

Your attitude will become spiritual and powerful when you do not have any vibrations of a wrong attitude in your heart or mind. The attitude of your mind should always be clean. If you have any wasteful attitude towards any soul, or in terms of knowledge, if you have a negative attitude, then negative means rubbish. If you have rubbish in your mind, you will not be able to serve with a pure attitude. So, first of all, check yourself: Is the attitude of my mind pure and spiritual? Transform a negative attitude into a positive attitude with your good wishes.

7

Pandav Bhavan is called the fort of the Pandavas. The fort has been remembered. This Godly gathering is also a fort. The fort is the gathering. Just as a physical fort is made strong so that no enemy can attack it, there should be so much strength here that no enemy in the form of a vice can attack you. If an enemy does attack, there is definitely a weakness in

the fort. The fort is of the gathering, and to strengthen it three things are essential. If all three things are strong then no enemy in any form can attack anyone inside the fort. Then no enemy will even have the courage to enter. What are those three things? Love, cleanliness, and spirituality.

If all these three are strong, then nothing can attack you. If someone does attack then one thing or another is lacking - maybe love, maybe spirituality. In order to strengthen the fort of the gathering you must pay great attention to these three things. At every place these three things must be introduced with force. In a physical way, in order to purify the atmosphere, you freshen the air, and the atmosphere is changed for a while through that. In the same way you should apply pressure on these aspects to remove any effect on the atmosphere. This is the main thing to attract anyone. People are impressed by the love and cleanliness, but the third aspect - spirituality - is also most important.

# Cleanliness – Part 7

1

If there is the slightest negativity in your mind or intellect for any soul, any task or any cooperative companion, then that would not be said to be clean and clear. This is why BapDada is drawing your attention to this.

2

It doesn't matter if you don't have a "head of the world" because Baba prefers those who have a heart. Baba gives you such an unlimited head that you are able to understand the creator, the beginning, middle, and end of creation. BapDada chose you because of your heart. The number that is claimed is also on the basis of an honest and clean heart, not on the basis of service.

3

Tell Baba about your weaknesses - do not hide anything - and then you have given them away to Baba, so forget them. Do not repeatedly bring that

weakness into your consciousness. BapDada fills you with power, happiness, and zeal, in place of your weaknesses - so consider the weaknesses finished. Always keep the intellect clean and clear - remove the other things from your intellect, or you will mix or miss things. Anything is possible when Baba helps. You are loved by BapDada. BapDada has taken the responsibility for all the children for all time. So do not take responsibility upon yourself, and then you will see that success is at your feet. Success cannot go to anyone else except Brahmins - this is the blessing of the confluence age. Just do not take Baba's responsibility upon yourself.

4

Today, BapDada has come into the gathering of his holy, happy swans. Holy swans are visible everywhere. All of you know very well the speciality of holy swans. To be a constantly holy and happy swan means to have a clean and clear heart. Because holy swans have a clean and clear heart, all their pure desires are easily fulfilled. This is called having a

clean heart, and such a soul always remains fully satisfied. As soon as you have an elevated thought, it is fulfilled. There is no need to make effort. Why? The souls who are the most loved, and the closest to BapDada, are those with a clean heart. Those who have a clean heart are constantly seated on BapDada's heart-throne. Because they have all their elevated thoughts fulfilled, their attitude, vision, words, contacts, and relationships are easy and clear, and they are seen to be the same. The sign of their easiness is that their heart, head, and speech are all the same. To have one thing in your heart, and something else in your speech, is not a sign of easiness. Those with an easy nature are constantly humble: they are egoless and selfless. A holy swan has the specialities of an easy nature, easy words, easy attitude, and easy vision.

5

You have promised that intellect and body together will sit only where Baba makes you sit, will move only as He makes you, will do only that which

he inspires, will eat that alone which he eats. The food for the intellect is pure thoughts, so why do you consume the food of wasteful thoughts? Just as you would not eat unclean, impure food through the mouth, so too how could you eat wasteful thoughts, the unclean food of impure thoughts, with the intellect? This is tantamount to the promise “I will eat only that which makes me sick”.

6

What is the main basis of attaining a special power? What do you need to sharpen your power of discernment? If an instrument is not able to give a clear reading of something, what is the reason for that? In order to increase your power of discernment, you need to have the elevated stage of being incorporeal, egoless, viceless, and free from sinful thoughts. If any one aspect out of the four is lacking, then - due to not having that elevated dharna - there isn't that clarity. Only that which is elevated is clear. It is this confusion that prevents the intellect from becoming clean. Cleanliness is

greatness. Therefore, increase your power of discernment. Only then will you be able to experience yourself to be a master ocean of all virtues, the same as the Father.

7

At Deepmala they also clean every corner. They clean all four corners, not just two or three, because cleanliness is greatness. Cleanliness for you means purity - purity in all four varieties, that is, in your thoughts, words, actions and relationships and connections. So, celebrate Diwali with these methods. To celebrate means to become like Brahma Baba. On the one side there is burning, the burning of fireworks, on the other there is the igniting of lamps. On the third side there is celebrating, eating sweets, wearing of new clothes, and on the fourth side there is cleaning. This is the celebration of Deepmala in all four varieties. It should not be that you know how to burn and how to celebrate, but you don't know how to clean.

8

Once you understand that it is something bad, you will not accumulate it within yourself, will you? Or, is it sensible to accumulate it? Which is it? Think again. If you absorb something bad, or someone's bad behaviour, then will your intellect, your attitude, and your words, always be considered to be completely clean? If even the slightest defect or flaw or rubbish remains, then you can never be called perfect. Such a soul cannot remain the embodiment of satisfaction. If anything bad about anyone is in your heart, then your heart cannot remain constantly satisfied. That which is absorbed by the heart will definitely come out in words, whether it is spoken in front of one, or in front of many. Always keep the deep significance of the philosophy of karma in front of you. If you speak about anyone's defects or mistake, this wasteful speaking echoes back to you louder. Have you heard an echo? Where does it go? It comes back to you, does it not?

The slogan “be pure, be yogi” contains the essence of the gita, and is the foundation for becoming a great soul. When the devotees celebrate the day of a particular god or goddess, the importance of that day makes them observe purity, for both body and soul: inner and outer cleanliness. However worship refers to that which is temporary, and knowledge refers to that which is for all time. Devotees observe disciplines only temporarily, but they recognise the importance of purity.

10

What is the effort to increase the power of discrimination? More than just cleanliness of the heart, you need cleanliness of the intellect. You should have the power to apply a brake to the power of thought. Whatever thoughts you have in the mind, or whatever the intellect judges, both need a powerful brake, and they also need the power to bend. Both these powers are most essential. This is called the power of remembrance, or the angelic power. If you are not able to apply a brake, it is not

good, and if you are not able to bend, that also is not good. So if you have the power to apply a brake, and to steer, you will not waste the power of the intellect. Energy will not be wasted, but will instead accumulate. The more you accumulate it, the more your powers to discriminate and take decisions will increase. To what extent are you able to apply a brake, and steer your mind and intellect? You have to check yourself. These are the two reasons why there are accidents. Baba is giving this signal especially to the pandavs.

# Cleanliness – Part 8

1

BapDada is seeing his elevated happy little world. On the one hand there is the very huge world without any taste, and on the other hand there is this happy little world. The Brahmin souls in this happy world are completely and constantly full with peace and happiness. On the basis of purity and cleanliness there is the experience of a life of happiness and peace. There can be no trace of even the words sorrow and anxiety when there is purity and cleanliness. This happy little world is within the fortress of purity. If even a thought goes outside the fort of purity then sorrow and anxiety will be experienced. If the foot of the intellect remains within the fort then there cannot be any wave of sorrow or anxiety in thoughts or even in dreams. If there is the slightest experience of sorrow or anxiety then there has definitely been some form of impure

influence. Purity isn't just a case of conquering lust - all forms of limited desire must be conquered.

2

Just as evil spirits do not enter a temple, have you made every home into a temple? Impurity and vices enter where there is uncleanness. Devilish thoughts or devilish sanskars cannot enter the temple of the living saligram, the temple of a living embodiment of power, the temple of one who destroys evil. If they do enter, then there must be one or other type of uncleanness or impurity. So, check yourself. If there is any type of uncleanness or impurity anywhere, then finish that and celebrate the true Deepawali. Only when you make your household pure in this way will world transformation take place.

3

To be a holy swan means to be constantly clean. Swans are always shown to be very clean. Cleanliness means purity. So, all of you have now become clean, have you not? Has all of the dirt been removed, or is

there still a little remaining? There is not a little still remaining, is there? You are not still sometimes coloured by the company of dirty things, are you? Do you sometimes become influenced by those who are dirty? So, cleanliness is so elevated, is it not? If you place clean and dirty things side by side, which would you prefer? Would you prefer the clean things, or would you also like the dirty things? So, let the mind and intellect constantly remain clean, that is, pure.

There should not be the slightest impurity of anything wasteful. If there is anything wasteful, then you cannot be said to be completely clean. To finish the wasteful means to become a holy swan. Let there be the churning of the jewels of knowledge at every moment. If there is the churning of knowledge, then there will not be anything wasteful. This is known as “picking up pearls”. The wasteful is like stone. Whenever something is wasted, there is the experience of sorrow. There is the feeling of distress as to why this happens. So, stones give sorrow and

jewels give happiness. If someone finds some jewels, would he be distressed or would he be happy? He would be happy. If someone throws away a stone, would there be sorrow? So, do not adopt the stones with your intellect. Constantly imbibe the jewels of knowledge. Each jewel has unlimited value. How many jewels do you have? You have countless jewels. You are overflowing with the jewels, are you not? You are not empty, are you? Do not ever keep the intellect empty. Continue to give yourself some homework. Keep your intellect busy with the homework.

4

Make the mind and intellect absolutely free from waste. It is waste that changes a fast speed into an ordinary speed. So this year have the ceremony of finishing it: that is, sacrifice it. Become absolutely clean. No matter what someone is like: understand them, and forgive them. Develop pure vibrations through the attitude of good wishes and pure

feelings. As you move forward to the end, this attitude and vibration will increase your service.

5

You are a pure soul. If there is even a little bit of dust on something clean, then it is clearly visible. The slightest dirt of body consciousness will be clearly visible on you pure souls. To come into body consciousness repeatedly means to play in the dirt, or to eat it. You are not like that, are you? The sanskars of the past don't emerge sometimes, do they? Since you have died alive, that of the past has finished. To die alive means a Brahmin life. Brahmins never play in the dirt - those are the things of a shudra.

So, remain constantly in the lap of the Father's remembrance. A mother would keep her specially loved child in her lap and not allow him or her to go into the dirt. So, you are the specially loved children, are you not? So, you cannot play with dirt. Continue to play with jewels. Those who play with dirt cannot

be the Father's children. The children of the royal Father cannot play with dirt. This birth of dying alive is to eat instant and practical fruit: you do something and you have an attainment. There is now no need to labour - it is the time to eat the fruit.

6

Today is the day of Bholanath (the Lord of Innocence) . It is the day when the Father descends, and it is the unique spiritual birthday of the children as well. The Father has come to celebrate this unique birthday. Bholanath Father loves his innocent children. Innocent means those who always have an easy nature, pure feelings, cleanliness, and honesty, both in mind and actions.

7

Today BapDada was listening to the determined thoughts of all the children. As soon as each one had a thought, each one's heart to heart conversation through the thought reached BapDada. Thought is much more subtle than speech - it moves extremely fast, and reaches much more quickly. The language

of the heart to heart conversation is the language of thoughts. The scientists can catch sound, but subtle instruments are needed to catch thoughts. BapDada catches the thoughts of each child - he listens to the language of their thoughts. An extremely subtle, clean and clear intellect is necessary - only then will you be able to understand Baba's response in a heart to heart conversation. BapDada congratulate the children for constantly being successful through determined thoughts. Where there is determination, success is certain.

8

Because there is attention on thoughts, you recognise all types of subtle attacks of Maya very quickly, and you quickly make efforts to transform and finish them. You constantly pay good attention to cleanse the power of thought. You have good practice of checking the self - the heart is clean in placing small mistakes in front of Baba or the instrumental children - through this method you do not accumulate rubbish in the intellect. The majority

do not hesitate to speak with a clean heart. Whenever there is cleanliness, divine virtues are imbibed very quickly. Cleanliness is the method of imbibing divine virtues, that is, of invoking them. The elevated nature of cleanliness automatically invokes the divine nature. And the majority of double foreign children have this speciality.

Therefore, according to drama, you have received a golden chance of moving forward with great speed - this is known as “last so fast” - so you have this great speciality of going especially fast. Constantly keep this speciality in your consciousness and continue to take benefit from it. Thoughts came, they were clarified, and they went. This is known as making a mountain into a piece of cotton wool. How long does it take for a piece of cotton wool to fly? It takes a second doesn't it? And how long would it take for a mountain? So you clarified things by placing them in front of Baba - with the method of

cleanliness you became an angel, and off you flew.  
This fast flying is known as “last so fast”.

# Cleanliness – Part 9

1

Who is the most dangerous person, of whom everyone is afraid? The aspect of the world is a different matter, but, within this divine family, the most dangerous person is the one who has one form internally, and another form externally. He is even more dangerous than one who gossips about others, because he is not able to come close to anyone. He is not able to have love for anyone. Everyone tries to remain distant from him. This is why you have received this teaching from this bhatti. This is called honesty and cleanliness. Cleanliness in which aspect? Honesty in which aspect? There is deep significance behind this also. Honesty means to speak only that which you do; to speak only that which you think. There shouldn't be any artificial form. There has to be honesty in your thoughts, words, and actions. Then there will be cleanliness.

Internally there shouldn't be any rubbish of sins. There shouldn't be any rubbish of one's nature, feelings, or old sanskars either. Those who have such cleanliness will be honest. What is the sign of those who are honest? Those who are honest will be loved by all. First of all, they will be loved by God: the Lord is pleased with an honest heart, so they will first be loved by God. And then, they will also be loved by the divine family. No one will see them with any bad vision. There will be such firmness, and strength, in their drishti, words and actions, that they will neither fluctuate, nor will they make others fluctuate. Those who are honest are loved. Some think: "I am honest, but no one understands me". That is not honesty. A true diamond can never remain hidden. Truth can never remain hidden, and those who are honest are loved by all.

Some even think that, because they are not so close, they are therefore not so well known. However, those who are honest and strong cannot

keep their identity hidden, even if they are far away. No matter how far away someone is, he will be close to BapDada. Those who are close to BapDada are close to everyone. So, become honest. The proof of cleanliness is visible in one's activities. You do not just have to understand it, but you also have to show it, in your practical actions. Whatever actions you perform should be instrumental in the service of others. Check your thoughts, words, and actions. What do you call yourselves? What title does Baba give to all of you? Do you remember that? "Serviceable children". Each thought, each word, and each action of serviceable children, will do service. Service isn't just giving lectures, or giving the knowledge, to someone. Those who are serviceable do service at every second.

So, check yourself: "is my activity serviceable at every second?". Or is your activity that which sometimes causes dis-service? Since you are called "the serviceable ones", your actions should be

accordingly. This is why you have to do only that which you speak about. By remembering this you will easily attain success in your effort. Some become very happy, thinking that they have explained to so many students... that they have given so many lectures... that they did a lot of service... but even that service is limited. Now you have to do unlimited service. When there is unlimited service through all three forms - those of thoughts, words, and actions - this is called "being serviceable". So now check yourself to see if you have become serviceable. Such serviceable souls will also be very loving. So, have all of you stamped yourselves in this way? Or are some of you still trying to maintain courage to do that? Since you have to do it, that means that you have already stamped yourself.

2

The more there is easiness, the greater the cleanliness. Cleanliness attracts everyone towards itself. Cleanliness means honesty as well as being clean. There will be honesty and cleanliness only

when you have an easy nature. Those who have an easy nature can adopt many forms: you can give any form to something that is soft. So, although you have become gold, you must now melt that gold in the fire, so that it can be moulded. You have come to the bhatthi to learn to mould yourself.

3

One is to have an honest heart. Honesty! Do not keep anything hidden within you. What happens when you keep it within you? What would happen if a balloon were to be filled with too much gas? It would eventually explode, would it not? Therefore, keep your heart honest. Okay, perhaps you hesitate a little before speaking in front of other souls. Perhaps you are a little ashamed, worrying about how they would see you. However, with realisation, have an honest heart, and put it in front of BapDada. But don't then say: "I have already told BapDada about the mistake I made". Don't say it as though you are issuing an order: "yes, I made this mistake".

With your power of realisation, and your honest heart, place it in front of BapDada with your heart: not with your head, but with your heart. Your heart will then be emptied of that rubbish: the rubbish will be destroyed. Your heart becomes full of little things, and they are always little things: those things are never big. You fill your heart with all the little things you collect. Then your heart is no longer empty, and when your heart is not empty, where can the Comforter of Hearts sit? There should at least be a place for him to sit! or not? So, the Lord is pleased with an honest heart: “Whatever I am, however I am, Baba, I am yours”. BapDada knows that everyone is going to be numberwise. This is why BapDada doesn't see you with that vision. However, you must have an honest heart.

Secondly, the line of your intellect must always be clear. There should be no disturbance in your line. The line should not be cut off. Otherwise, you become unable to receive the extra power, blessings,

and help, that BapDada wants to give you at your time of need. If your line is not clear - if it is not clean - the line is cut off. Then you are unable to attain what you should. Many children say or think: "some souls receive a lot of co-operation... they receive it from Brahmins, from seniors, and even from BapDada... but I don't receive as much as they do". What is the reason for this? Baba is the Bestower. He is the ocean. Any of you can take as much as you want, because BapDada's treasure store has no lock or key: there are no guards. As soon as you say "Baba", Baba replies: "ji hajir" (I am present). As soon as you say "Baba", he gives. He is the Bestower. He is the Bestower, and he is also the ocean. So what could he lack? Therefore, pay attention to these two things: an honest heart, a clean heart. Do not try to be clever! Many of you become too clever! You try to be clever in different ways. Always check that you have a clean and honest heart, and that the line of your intellect is always clear and clean. Even when there is a little disturbance with facilities of science, you can see that it stops it from being clear.

Therefore, definitely pay attention to these two things.

# Cleanliness – Part 10

1

BapDada calls a heart clean when it doesn't have any old rubbish of nature, sanskars, words, or thoughts.

2

What is the main effort required to develop the power to decide? The main thing you need is cleanliness and honesty in the deep love of your intellect. The cleaner something is, the more clearly visible everything is - that is, the more easily you are able to decide. However, here it is not just general cleanliness, but cleanliness in terms of what? Cleanliness in terms of truth. The more cleanliness there is in the love of the intellect - that is, the more honesty and cleanliness you have imbibed - the more easily you will be able to develop the power to decide. Do you check yourself in this way? It is very easy to stay in remembrance. You come here in order to experience the happiness of the practical form of

remembrance, do you not? However, even then, on what basis do you become number-wise? It is in the aspect of honesty and cleanliness; for through these, your power to decide becomes elevated. The greater your decision power is, the greater the success. To have honesty and cleanliness is not a big thing, but, by checking the percentage of this, you will automatically receive a number.

3

Every child is engaged in racing to celebrate a meeting at amrit vela, and to have a first number meeting. The Father is the Magnet, is he not? So, those who are clean and pure automatically come close to him. Externally, no matter how much someone tries, it is only the clean and pure souls that are pulled by the Magnet. That is a very wonderful scene. There is great pleasure experienced in watching everything as a detached observer.

4

A powerful mind is pure and clean, and so words and actions are automatically powerful and clean,

and automatically there will be good wishes. A powerful mind will have powerful remembrance - the soul will be an easy (sahaj) yogi, and an easy karma yogi.

5

To constantly be without a flaw in body, mind and heart means to have cleanliness. No matter how clean and pure some may be in body, which is the external, if they are not clean and pure in the mind, what would you say? First of all, keep the mind clean. The Lord is pleased with those who have a clean mind and a clean heart, and together with that, fulfils all the desires of those with a clean heart. The cleanliness of the body means to keep your body clean by considering and having the consciousness of your body being the temple of the soul. Baba has made you a trustee of your temple. You have given your mind, body and wealth; everything. By becoming trustees, you automatically become free from attachments and take cleanliness and purity into yourself. Cleanliness is also a sign of spirituality.

If the mind runs towards anyone else, then that wandering means there is no cleanliness. The third aspect is cleanliness in the heart. You know that honesty is cleanliness. Keep your self-progress, that is, your effort, honestly in front of Baba. The fourth aspect is cleanliness in relationships. In essence, especially check this: to what percentage is there cleanliness in the form of contentment? Cleanliness in relationship means contentment. This relationship is honest and clean.

6

Whenever there is cleanliness, divine virtues are imbibed very quickly. The method of imbibing divine virtues, that is, of invoking them, is cleanliness

7

The proof of cleanliness is visible in one's activities. You do not just have to understand it, but you also have to show it in your practical actions. Whatever actions you perform should be instrumental in the service of others. Check your thoughts, words and actions.

8

There should not be the slightest impurity of anything wasteful. If there is anything wasteful, you cannot be said to be completely clean. To finish the wasteful means to become a holy swan. Let there be the churning of the jewels of knowledge at every moment. If there is the churning of knowledge, then there would not be anything wasteful. This is known as picking up pearls. The wasteful is like stone

9

The sign of a yogi soul is constantly to have a clean and clear intellect. It should be clean and clear. A yogi would never say, "I don't know, I don't know." His intellect would always remain clear.

10

The main reason why you are attracted to the body again and again is that there isn't cleanliness of the intellect. Cleanliness of the intellect means that it remains lost in the great mantra that it has received. Because of not having the remembrance of One and of letting the intellect wander in many

directions, it does not remain powerful. Generally, you must have experienced that when the intellect is engaged in many tasks, there is the feeling of the intellect being weak and tired, and so you are not able to make an accurate decision about anything. In the same way, waste thoughts and sinful thoughts make the intellect tired. Any soul who is tired will not be able to discriminate or make a decision accurately. No matter how clever someone may be, there is a great difference in his discrimination and decision-making when he is tired. Because the intellect is tired by these thoughts throughout the day, it lacks the power to make decisions. Therefore, you are not able to become victorious. The main reason for experiencing defeat is that there isn't the cleanliness of the intellect.