

Contentment – Part 5

1

When you make others content, the waves of contentment from them reach your heart, and this brings a lot of happiness. So, you have received a lot of happiness, have you not? You did physical service, and all the brothers and sisters gave you the gift of happiness. Contentment is the greatest nourishment of happiness.

2

Do you not know how to maintain an accurate balance? What is the speciality of tightrope walkers? That of keeping their balance. It may be an ordinary thing, but the wonder is of keeping one's balance. You have seen the act of tightrope walking, have you not? Here, too the wonder is of maintaining an accurate balance. However, you do not keep an accurate balance. When you hear praise, you

become even more intoxicated; and when you hear defamation, you have dislike. In fact, there should neither be intoxication through being praised, nor dislike through being defamed. If the two are well balanced, then - when you look at yourself as a detached observer - you will experience wonders. You will experience contentment in yourself. And others will also be content with your actions. However, because you are lacking in this effort - because of a lack of balance - you do not have the blissful life you should have. So, what should you do now? Keep an accurate balance.

3

Since you can have all attainments from all relationships, don't become content with the meeting and attainment of just one or two relationships. Those who become content with just a little are called devotees. The children have a right to all relationships and all attainments.

4

To belong to the Father means to transform the self. To become a Brahmin means to become the embodiment of remembrance. By stabilising in this original form of yours, you will be content with your own self, and will also enable others to experience the speciality of contentment. So, are all of you the jewels of contentment? Or do you have to become that? The reason for disappointment is some lack of attainment. Do you lack anything? What is your slogan? “We have attained that which we wished to attain”. So, have you attained everything? Or do you still have to attain some things? To belong to the Father means to claim a right to the inheritance (attainment) .

5

If in the name of service you are disturbed, and disturb others, then BapDada asks you to be free from that service. It is better not to serve in that case. The special virtue of service is contentment, either with the self or with those who are in contact, so first become a jewel of contentment, and then come into

service. If there is any burden, it is better to remain in solitude, and pay attention to self transformation.

6

People are wandering around so much in order to attain temporary success. They are spending so much of their time and money on that. At present, all souls are tired of making effort. They want success. They become content with temporary attainments. However, when they become content with one thing, many others situations arise. A crippled person begins to walk, but he also has many other desires: “this should happen”, “that should happen”. So, according to the present time, the method of the service of you children is that of becoming an embodiment of success. Show imperishable, alokik, and spiritual success, and spiritual miracles. Is this miracle a small thing? 99% of the souls of the world are dead on the pyre of worry. Revive such dead ones. Give them a new life. They have one leg of attainment, but as for innumerable other attainments, they are crippled.

Give such souls the legs of all imperishable attainments. Make the blind ones trinetri. Give them the third eye. Give them sight with which they can see the elevated present and future of their life. Are you not able to grant this success? Can you not show this spiritual miracle? Can you not make a beggar into an emperor? Have you not attained from the Father the power to do service that accomplishes such success?

7

Always pick up virtues. You have to be content in praise and defamation, benefit and loss, victory and defeat, and you also have to be merciful.

8

Are you content with yourselves in your efforts? Or, is it just as you tell devotees: that their desire is elevated; but, because they lack the power, they are not able to do what they want? In the same way, you wish to become that elevated, and your desire is elevated, but yet your effort is lacking. Then, on the basis of your contentment, your aim seems very

distant. What would you call that? Greatly knowledgeable souls?

9

The authority of religion (dharma) means having constant elevated happiness, and having the art of living a life of happiness. The authority of ruling means to be a bestower and to give the experience of all attainment, and to give the right of contentment to oneself and to one's companions in action, through having the balance of love and power. To be a king means to be a bestower - this is the real authority of ruling - the art of conducting oneself and of interacting with others.

10

The sign of a worthy ruler is a shower of flowers of contentment, and songs of his praise, from everyone. Have you claimed such an authority of ruling? Are your close companions in action, your physical senses, always working in order with me, the soul, the king, with love and power, that is with love and law? Are you making them work by

compulsion, or are you making them work with love? Are you only superficially working with them, or are you working with them with your heart? In the same way check your whole day's timetable, and your relationships of karma, and your companions in karma. Together with that, check all the souls who come into connection with you - do they remain contented and cheerful through you, the soul, who has the authority of ruling? This is the accurate experience of having the authority of ruling.

11

Check throughout the day that you are not performing any ordinary actions. Did you perform elevated actions? The sign of performing elevated actions is that you yourself will remain content, and others will also be content. It should not be that you yourself are content, but that you don't care whether others are content or not. Those with a yogi life naturally influence the lives of others. If you are discontented, or others are discontented with you, then you should understand that your yoga is lacking

in accuracy. So, are all of you content? Or do you just please yourselves, thinking that you are completely fine? Are all of you content? Or are some of you content whilst others are not content? Do you remain content within yourself? Or do you become discontented when any weakness emerges? Do you feel this sometimes, or have you become complete?

Contentment is the main aim of those who have a yogi life. So, should we ask your companions whether or not they are content with you? Will they say yes? Or will they spoil their face!? Those who have a yogi life should have three certificates: one is to be content with the self, the next is that Baba should be content with you, and the third is that your lokik and alokik family should be content with you. Do you have all three certificates, or do you have to claim them? Just as the instruments of science can influence the atmosphere - for instance, when there is air conditioning to bring coolness into the

atmosphere - so too there is an influence of a yogi life. Do you create such an influence? Yoga means the power of silence. This is called a yogi life, or a life with the power of silence. So, are you truly like this? Or do you just say “yes” for the sake of it? Let there be checking every day. If you check, then change can take place.