

Humility – Part 1

1

Do not become arrogant, and do not become disheartened. Wherever there is arrogance, there is a greater feeling of insult - sometimes there is arrogance, and sometimes there is insult. Where someone has no arrogance, they will not feel insult, and will remain humble and busy in the task of renewal.

2

Today, one piece of advice is being given to the children. You have to do service anyway: this aim is in the intellect of all the children, and you will definitely fulfil that aim. But in fulfilling that aim there will be an obstacle in-between. Do you now what this main obstacle to service is? It doesn't come to everyone, but to the majority of you. Baba is telling you of that obstacle beforehand. Always pay attention, whilst doing service to the thought: "I did this - only I can do this".

This consciousness of “I” is the arrogance of knowledge, the arrogance of the intellect, and the arrogance of service. As you go further, there will be obstacles in these forms. Therefore, from the beginning do not let this main obstacle come. Whilst doing service, constantly remember “I am the instrument”. Only by being an instrument can you maintain a stage of being incorporeal, egoless, humble, and free from waste thoughts. If there is the thought that “I” did this, there will be arrogance, the feeling of wilting and depression. What will the result of that be? You would die even though you are alive. So, always keep this main teaching with you: “I am an instrument”. Otherwise - if there is the spinning of “I” - you come into the spinning of differences of opinion.

To be free from this spinning, remember the discuss of selfrealisation. Because, just as you become a maharathi, Maya will also come to you in a maharathi form. Baba, in the sakar form, showed you the way by performing actions until

the very end. He taught you to be incorporeal and humble, and to relate to one another with love.

3

Do all of you consider yourselves to be stars of success? What would be the special sign of a star of success? They would never have arrogance of their own success. They would not speak about their success. They would not sing their own praise, but, to the extent that they are successful, so they will be humble-hearted, constructive, and gentle in nature. Others will sing their praise, but they will constantly sing the Father's praise. Those who conduct themselves with humility easily attain success. To be humble is to have self-respect, and it is the easy way to receive everyone's respect.

To be humble is not to bow down, but to make everyone bow down to your speciality and love. Humility is the sign of greatness. To the extent that you are humble, you will automatically be great in everyone's heart. Without humility, you cannot become a master bestower of happiness for everyone. Humility easily makes you egoless. The

seed of humility automatically enables you to attain the fruit of greatness. Humility is the easy way to receive blessings from everyone's heart. Humility enables you to easily have a place in everyone's mind. Humility automatically makes you praiseworthy. The special sign of being egoless is humility. It is said that "a tree bows down to the extent that it is full", and it is this humility that is doing service.

The bowing down of the tree is service. And if it is not bowing down, then it is not serving. So, on the one hand there is greatness, and on the other hand there is humility. And those who remain humble receive everyone's respect. If you become humble, others will give you respect. Those who remain arrogant do not receive respect from anyone, and people run away from them. Those who are humble always give happiness to everyone: this is the sign of whether someone is great and humble. Wherever they go, and whatever they do, they will give happiness to everyone. To the same extent that they have self-

respect, they are also humble. They do not have ego of their self-respect.

They do not feel that they have become great and that others are small. Nor will they have feelings of dislike. No matter what souls are like, humble souls will look at them with a vision of mercy, and not with a vision of arrogance. Neither any arrogance, nor any insult. Humility easily enables you to carry out the work of construction. Unless you are humble, you cannot carry out the task of renewal. Even if people of the world - or those in connection and relationship with the Brahmin family - think or believe that you have been defeated, that is not defeat, but is victory: sometimes those who are watching or performing actions can have a misunderstanding.

By having a misunderstanding with someone who is humble-hearted and humble, and who always says “Ha ji” (yes indeed), it is possible that people think they are defeated. But although others see it as defeat, in reality it is victory.

However, at that time, a soul with humility should have faith, and not change that into doubt because of what others say, or because of the atmosphere. So, humility is the means of success in service. By being humble, you will remain light in service. If you are not humble, and you desire respect, there will then be a burden. Those who have a burden keep coming to a standstill: they cannot go fast. So, therefore, the sign of whether they are humble or not is their lightness.

If you experience any burden, then understand that you are not humble. Those who are humble do not have any bossiness: they have spirituality. The Father comes with humility, so follow the father in this. If there is the slightest bossiness in service, then that service finishes. Father Brahma made himself so low - he served with such humility - that he was ready to massage the children's feet: "the children are ahead of me... children can give better lectures than I can". He never said "I am first", but "the children are ahead... the children are first... the children are greater...". To make the self low in

this way is not really bringing yourself down, but rather is raising yourself higher. This is known as being a true number-one server.

Humility – Part 2

1

The work of creation is done very easily with humility. To listen to everyone, to merge it, and to give love to everyone is the foundation of service.

2

If the train is running accurately along the track, there is faith that there will not be an accident, and you continue to drive it free of care. In the same way, if you have the intoxication of the awareness of the self, then you cannot perform actions, or have thoughts, that are not within the disciplines. Such a perfect stage is coming close now. By stabilising yourself in this stage of self-respect, there cannot be any arrogance.

The more you maintain your stage of self-respect, the more humility there will be. This is why such souls will not have any arrogance. Victory is guaranteed when you have faith: victory will be merged in your every action. That is, if your every action is like a discipline, then victory is

guaranteed. Check yourself, to see how close you are to this stage.

3

Just as a real diamond cannot be hidden anywhere, because of its sparkle, in the same way spiritual royalty cannot be hidden. In order to please themselves, some children think - and they even say - that they are incognito souls, and that is why no-one can recognise them, and when the time comes you will know about them. Incognito effort is a very good thing. However, the intoxication and sparkle of an incognito effort-maker, and the sparkle of spiritual royalty, will definitely give an experience to others.

No matter how incognito you keep yourself, your words, relationships, and the impact of your spiritual interaction will reveal you. It is a speciality of humility to keep oneself incognito and to not reveal oneself. However, others will definitely have an experience through your words and actions. Others should say that “this one is an incognito effort maker”. If you call yourself an incognito effort-maker, then did you keep yourself incognito,

or did you reveal yourself? You say that you are incognito, and yet you say that you are an effort-maker, so does this make you incognito? Do you say this?

4

In the pandavs there is bossiness and anger. Let there be no body consciousness, and no anger. A Brahma Kumar means one with absolute humility. Have you renounced anger, or do you still use it like a weapon sometimes? Even if there are insults or false allegations against you, there should be no anger.

5

Today Brahma Baba was singing with great intoxication. You know this song: “How innocent, how sweet is the Bholanath Shiva”. You sing this song for Baba, and Baba sings for you: “How sweet, how innocent my lovely children! How sweet how innocent my lovely children! How sweet, how innocent are my lovely children!” So, just imagine, in whose remembrance was Baba singing such a song?

In the remembrance of his sweet, lovely children. This consciousness will always make the children humble, but still very intoxicated. There is no harm in this intoxication. Are you that intoxicated? Does that much intoxication remain in you? For half a kalpa, you sang the songs to God, and now God is singing songs to you.

6

Together with being a master, you also have to be a child. Sometimes, when you become a master, you are caught up in that, and when you become a child you become irresponsible and leave everything aside. You must not leave anything aside, nor must you hold on to anything. When you hold on to something very tightly, you are trapped by it. When you hold something very tightly, the form of it changes. What will be the state of a flower if you hold it very tightly? You have to hold it, but to what extent? And how? This also has to be understood.

Either you become trapped when you catch hold of something very tightly or you let go of it. You have to make the effort of being equal in both.

Those who continue to move along being a child as well as a master will have the main sign of being creative, and will also be egoless and humble, the embodiment of love. All four aspects will be visible in their every activity. If any one of the four is lacking, there is something lacking in the stage.

7

A sign of being sensible is that you are never deceived. This is the sign of a knowledgeable soul. And the sign of a yogi soul is constantly to have a clean and clear intellect. It should be clean, and also clear. A yogi will never say “I don’t know, I don’t know” His intellect will always remain clear. The sign of being an embodiment of dharna is that you are constantly double light. No matter how big a responsibility you have, you are constantly an embodiment of dharna, and you constantly remain double light, even if there is a fair (mela) , or a circus (jamela, chaotic and disorganised) . The sign of a serviceable soul is to be constantly a humble instrument. So, check all these within yourself.

8

You receive a lot of power from service. One is the power received through your effort and the other

is the power received through serving others. You receive both these powers. How do you receive BapDada's love? Do you know? The more you become co-operative in Baba's task, the more love you will receive. Be constantly co-operative and be constantly loved. How do you receive regard? The more you remain humble, the more you will receive regard. The more you are equal to BapDada the more you will receive regard. You have to become humble and equal to the Father.

Humility - Part 4

1.

When you become instruments to give souls the treasures you have received from the Father, what awareness do you have at that time? Does a soul have anything that belongs to himself? You have made that which you have been given by the Father belong to you. If, when you become instruments to give to others, you do not have the awareness that you are giving the treasures you have received from the Father, then you are not able to connect those souls (to the Father) in an elevated relationship.

Do you perform every deed while staying in this awareness? You should also have the intoxication of your elevated stage of self-respect. Together with that, what else do you have? (“happiness”) There should be just as much humility in your actions as there is intoxication in your intellect. The sign of this intoxication is that - although you will have elevated

intoxication - there will be humility in your actions. There will always be humility in your eyes, and there will therefore never be any loss or damage through this intoxication. Do you understand? Do not just have intoxication. On the one side there should be a lot of intoxication but, on the other side there should be great humility.

You were told that even the highest-on-high Father comes as the Server of the children. So, that is humility, is it not? To the extent that you are great, so, accordingly, there has to be that much humility. Do you have this balance? Or, are you not able to think of anything else when you stay in this intoxication? Do you stay in the self-respect of the intoxication of being the masters of the Creator of the world? In that case, what should be the duty of those who stay in such intoxication? There cannot be world benefit without humility. You made the Father belong to you when - with humility - he became the

Server of you children. Follow the Father in the same way.

2.

Service inspires others to have an experience, to link with Baba, and make themselves powerful. The sign of a true server is renunciation, humility and tapasya, that is determination in faith and the intoxication of the one Father. This is what is meant by accurate service. BapDada is asking you to become constant true servers.

3.

What is the sign of one who has created an elevated fortune? Do you know that? Such a fortunate soul will be following the Father in every thought, in every word, and in every deed. His thoughts will be for the service of world benefit, the same as the Father's. Every word will be constructive, filled with humility and greatness. In his awareness, on the one hand, he will have the intoxication of being an unlimited master, and on the other hand he will be a world server soul. On the one

hand, he will have the intoxication of all rights, and on the other hand he will be like the Father: respectful to all, a bestower, and a bestower of blessings to every soul.

4.

You are the ones who constantly experience success at every step, aren't you? You are the souls with experience. Experience is the greatest authority. One who has the authority of experience is successful in every task, at every step. To receive the chance to become an instrument for service is also the sign of speciality. Constantly move forward, using the chance. Constantly have the awareness of being the instrument, and in this way move forward, and inspire others to do the same. The awareness of being an instrument will always allow you to attain success. Always the instrument, and always the speciality of humility. Constantly keep these with you. It is with this speciality that you will become special souls.

5.

Arrogance is also very subtle. Because of arrogance, if someone gives even the slightest signal for your own progress, then, in a subtle way, there isn't tolerance, but there is instead the thought: "Why did this one say this?" This is said to be "arrogance in a subtle way". If someone gives a signal, consider that signal to be a means for your progress for the present and also the future. There should also be the practice of merging that signal in yourself and the power to tolerate that signal. In a subtle way, there is also upheaval in your attitude and vision: "Why did this happen? How did this happen?" This is not said to be "the soul-conscious stage".

At the time of listening to praise, you have the feeling of love, in your vision and attitude towards that soul. So, if someone gives a signal for your guidance, is there the feeling of love in that, too, and of being a well-wisher for that soul - that that soul is a very great well-wisher for you? Such a stage is

called “the soul conscious stage”. If you are not soul conscious, then, in other words, it would be called “arrogance”. This is why you are not able to tolerate insult.

On the other side you become completely ignorant. You are deceived in many aspects because of this reason too. Some pretend to be ignorant in order to protect themselves, whereas others really are ignorant. So, instead of these two things, imbibe self-respect and also humility through which both these two things will finish. In your thoughts, let there be the awareness of self-respect; and in your words and deeds, let there be the stage of humility; and arrogance will then finish.

6.

Create every thing as an instrument, because to be an instrument means to offer it first. Those who are humble bow down. The more you bow down in your sanskars and in your thoughts, the more the world will bow down to you. To bow down means to

make others bow down. Bow down even your sanskars. You should not have the thought: “at least others should bow down in front of me”, or “if I bow down then everyone else will also bow down”. Only when the true servers bow down in front of everyone will they be able to do service.

7.

Use truth and humility to clarify the knowledge. The greater the humility, the greater the authority. Explain that God is not omnipresent, nameless or formless. Explain the drama, and the specialities of the soul. Let them experience both newness and truth together. Let them dance in happiness.

8.

When you are humble, everyone will bow down to you. Everyone bows down to those who bow down. Consider yourself to be an instrument. When you come into your body , it should be just as temporarily as BapDada does. Does BapDada have attachment to the body?

9.

You must serve with humility - be the embodiment of the fruit and bow down. - or there can be no success in service. Constantly put these three blessings into practical service - incorporeal, viceless, and egoless - and you will have the unbroken line of service.

10.

If Baba's instructions are to sit in powerful remembrance in the early morning hours of nectar, and the soul does not follow this instruction, then is this obedience or disobedience? Every action must be performed as a karma yogi, as an instrument, with humility... These are just examples of the instructions - there is a very long list of them.

Humility – Part 5

1

Do all of you know what the golden key is to attain easy success in service and selfprogress? All of you have the experience of it. The golden key is to have the consciousness of being an instrument in your behaviour, face, and relationships. Be humble and speak pure words, just as you saw Father Brahma and Jagadamba doing. However, in some cases now, there is a percentage in the success of service, so what is the reason for that? Why is there a percentage between what you want and the plans you make for that? BapDada sees that, in the majority, the reason for the lack of success is one word. And what is that? “I”. The word “I” is used in three ways. In being soul conscious, you use the word “I”: “I am a soul”. In body consciousness there is also “I”, and the third “I” is when someone becomes disheartened then they use the word “I”: “I cannot do this... I do not have the courage... I cannot

bear to hear this... I cannot accommodate this...". So, BapDada continues to hear many songs of all three types of "I". The speciality that Brahma Baba and Jagadamba had in claiming the number was that they were completely devoid of the wrong consciousness of "I". They were completely ignorant of it. Father Brahma never said: "I am giving this advice... I am right". It was always "Baba, Baba, Baba is making me do it... I am not doing it... I am not clever... the children are clever...". Do you remember the slogan of Jagadamba? The older ones will remember: "the one who is giving me instructions is making me move... I am not moving, but the Father who is Karavanhar is making me do it". So, first of all, all of you have to finish the "I" of arrogance and feeling insulted, and move forward. Let "Baba, Baba" emerge from you naturally, in every respect. Let it emerge naturally, because you have all had the thought of becoming equal to the Father. To become equal, simply burn this one royal "I". Okay, you won't get angry. Why is there anger? Because you have the consciousness of "I".

2

Your present life mirrors your future very clearly. The sanskars of authority over bodily relations become the sanskars of mastery of the future. A master is detached and yet loving in relationships. The signs of a master are humility, good wishes for others, and the ability to renew sanskars. Through your love, whoever sees you should feel you belong to them. The love should give closeness in even a distant relationship. They should experience you to be a bestower of love, peace, happiness, bliss, joy, co-operation, courage, hope, and zeal, and every other speciality. You will have a large, generous heart.

3

At the present time, Baba saw two types of cleverness in the children. Firstly the majority see others more clearly than they see themselves - their long distance vision is better than their short distance vision. They make their big things small, and the small things of others big. Baba saw this

cleverness in the majority - not always, but sometimes. Secondly, you say you cannot bear to see or hear about any kind of falsehood - when you see something false there is great agitation and force inside you. You say " I will finish this falsehood and show them". Is it right to challenge in this way? In order to finish falsehood you need the power of truth - are force and anger signs of truth? Will there be force when there is truth? Should there be even a little bit? There should not be any. It is not right to feel angry seeing that which is false. Would you not feel the heat if someone starts a fire? If you know it is a fire of falsehood, and you can feel the heat of it, will you keep yourself safe, or will you say you cannot escape from the heat of the fire? Is it all right to get slightly burnt by the heat of the fire? Always remember that the sign of truth is manners. If you are true you will never let go of your manners. Prove truth, but with total manners. If you let go of your manners, you will not be able to prove the truth - your proof will become stubbornness. The sign of manners is humility. So don't be clever in these ways.

To say “I am right, and this one is wrong” is not humility. There is no need to prove the truth. Truth is like the sun - it cannot remain hidden. A truthful person will never say “I am telling the truth”, although others may say that you are speaking the truth.

4

Today BapDada is seeing his elevated children from everywhere - those who have a right to self-sovereignty and who are stable in their stage of self respect. The respect the Father has given the children is even higher than that of himself. He has liberated every child from falling at the feet, and has made them the crown on His head. He has always called himself the servant of the lovely children. So, do each of you consider yourself to have such self respect? One with self respect will give respect to everyone - he will be humble, and will be loved by everyone, and will be loving to all - his love will be unlimited - there will be no arrogance, no body consciousness. Even the last number in the rosary of

16000 has received one or another speciality from the Father. One with self respect gives respect to others and sees their speciality. Anyone who belongs to the Father is a special soul compared to the souls of the world, he is one out of multimillions.

5

The success of service is through self service. Self service is the basis of world service. You are master almighty authorities and you can do whatever you want. Before you have a thought, word or action, check whether it is equal to that of the Father. Check first, and then put it into a practical form. Simply remember two words - “instrument” and “humility”.

6

Check your chart every day and change it, because BapDada has been signalling you about the time for a long time. You can see the time — worry (chinta) is increasing in the minds of people whereas you do not have any worry in your minds, but you have instead thoughts of God (Prabhu chintan) . Because of having thoughts of God in your minds,

you know that you are instruments and are humble, because the Father is Karavanhar (One who inspires) . Because of this you do not have any worry in your minds. Karavanhar is making you do it — this awareness constantly enables you to move forward.

7

What would be the sign of your being an embodiment of awareness, and an embodiment of experience, in all four subjects? In your stage, you would have the consciousness of being an instrument. In your attitude, you would always have pure feelings, soul-conscious feelings, and altruistic feelings. In the atmosphere, and in relationships, you would always be humble, and your words would be pure and gentle. These specialities are the natural treasure, at every moment, of one who is an experienced image. Natural nature. At present, some children sometimes say: “I don’t want to do this, but it is my old nature”. Your nature naturally does that work, and you don’t even have to think about it. Your nature is naturally doing that work. So check

yourself: “what is my natural nature?” If you have even the slightest trace of your old nature, then - by it being used again and again -it becomes a firm sanskar. Even though you want to finish the old nature and sanskars, you are unable to do it. What is the reason for that? You have become knowledgeable in everything, and you don't want something to happen, and yet it happens: so what is the reason for that? There is little power of transformation.

In the majority, it is visible that the power of transformation is lacking. You understand it , you speak about it, and if you were asked to write, or give a lecture, on the topic of the power of transformation, then BapDada feels that all of you are very clever, and you could even give very good lectures, and write very well about it too. And, if others come, you could also explain to them very well: “Don't worry, just transform it”. However, you yourselves lack the power of transformation, and, knowing the importance of the present time, you should not take time to bring about transformation. It is the power of transformation in a second, because

- since you understand that something should not happen, and even though you understand - if you are unable to transform yourself, the reason is that you think about it, but you don't become it. You have those thoughts throughout the day, but the majority of you lack being an embodiment of awareness, and so an embodiment of power. It is now the time for intense speed: the time for intense effort. It is not the time for ordinary effort. Transformation in a second means that - through your being an embodiment of awareness - you should become free from negative and wasteful thoughts in one second. Why? You are instruments to bring the time and completion close. So, according to the importance of the present time - and since you know that every step has multimillions merged in it - you keep the awareness of increasing that in your intellect. But you should also keep the awareness of losing that in your intellect. If you are creating multi-millions at every step, you are also losing multi-millions in a step, are you not?

Those who are satisfied will not have a fast speed of wastage in the mind and intellect. They will constantly be gentle and humble, and through this will give everyone the coolness of the shadow of being the embodiment of satisfaction. No matter how much someone is burning like a fire, or how hot their temper might be, under the vibrations of this shadow, they will become cool.

9

Sometimes you make a small mistake, and you feel that you have to maintain your honour - this is arrogance. Real honour - spiritual honour - will never make you feel insulted. It is good to maintain your honour, but check whether it is your honour or your arrogance. Sometimes you consider your arrogance to be your honour and pride, and then you are not able to be humble. The sign of your arrogance is that you consider your pride to be real, and others consider it to be arrogance, so that whenever someone says something, you will feel insulted. Those who have arrogance will very quickly feel any

insult. Even when someone says something jokingly, they will feel insulted. So check the difference between self respect and arrogance. Constantly keep your unlimited name, regard, and pride in an emerged form.

10

What is the main virtue for success in service? Humility. The more humble you are, the more success there is. One becomes humble when there is the consciousness of being an instrument. You must do service whilst considering yourself to be an instrument. When you are humble, everyone will bow down to you. Everyone bows down to those who themselves bow first. You must carry out all tasks whilst considering yourself to be an instrument. Just as the Father only takes the temporary support of the body as an instrument, in the same way you must consider that you have adopted this body only as a support, an instrument. Then you will not be dependent. At present you are dependent on your body, whereas then you will

control the body. Does BapDada have attachment to the body? The first thing is to consider the body to be an instrument, and the other is to consider yourself to be an instrument for service. Then there will be humility. Then watch success come in front of you.

Humility – Part 6

1

Do you consider yourselves to be instruments at every moment? Those who consider themselves to be instruments at every moment will have the main speciality of having greatness and also humility. They will have a balance of the two. Only then can you become an embodiment of success in the task for which you have become instruments. When either one is greater than the other, you cannot become an embodiment of success. In order to become an embodiment of success, there has to be a balance of the two. A teacher is one who constantly moves along while considering herself to be a world servant, the same as the Father. Only a world servant can carry out the task of world benefit. Teachers should always be aware that a teacher should never consider the self to be a teacher. If you have the intoxication of being a teacher, then you cannot have spiritual intoxication. That intoxication is also based

on body consciousness. Therefore, always have the spiritual intoxication that you are a co-operative world benefactor soul who belongs to the World Benefactor Father.

2

To the extent that someone is an instrument and has humility, to that extent he or she accumulates those treasures. So check: With the method of being an instrument and being humble, how many treasures have you accumulated in your account? Spiritual intoxication of being a soul who is full is automatically visible from the activity and the face of a soul who has accumulated these treasures and is full. Spiritual intoxication and pride are always sparkling on their face; and to the extent that there is spiritual pride, so they will be carefree emperors. Spiritual pride, that is, spiritual intoxication, is the sign of being a carefree emperor.

3

Have you become those ones who stay in their stage of self-respect, as spinners of the discus of self-

realisation; and humble, like BapDada? The more you become like BapDada in the dharna of these special aspects, the closer you bring the time.

4

The means of success in service is to have the awareness that “I am karanhar and Karavanhar is making me do everything”. This awareness is essential now, because you had the awareness of “I” which brought you into body consciousness for 63 births. “Karavanhar is making me do everything. I am karanhar, an instrument”. With this awareness, considering yourself an instrument, body consciousness finishes. This is why he made the children karanhar, and He Himself became Karavanhar. When you are karanhar, you automatically become an instrument, and humble. Even now, because BapDada made the children instruments for service, he saw that success - the fruit of service - is sparkling on the foreheads of the servers, the stars. BapDada is pleased to see the service of the majority of the children, and this is why

Father Brahma is especially congratulating such children and saying “Wah children! wah!”.

5

BapDada saw one main reason for a weak promise: one word comes up in many royal forms, and it makes you weak. This one word is of body consciousness: “I”. This word “I” deceives you. “ I think this..I can do this.. but only I can do this.. what I said was right.. what I thought was right”: this “I” in the different royal forms makes your promise weak. Eventually you become weak and have thoughts of hopelessness: “ I cannot tolerate so much.. I can’t do so much.. I can’t make myself completely humble.. I can’t listen to so much.. I can’t overcome so many difficulties.. “ This kind of consciousness of “I” makes you weak. There are many good royal forms that are not a problem. However, look into your own life to see to what extent this consciousness of “I” comes up in the form of your sanskars, in the form of your nature, in the form of your feelings, in the form of your motives, in the form of your words, or in the

form of your relationships and contacts. And they do come up, in a very sweet form.

6

An angel means one who has the consciousness of being an instrument, who has a humble nature, and elevated good wishes of benevolence for everyone.

7

You have to stabilise yourself in the stage of being beyond(nirvana) . You have to be humble (nirmaan) . You have to bring about renewal (nirmaan) . Be beyond, bring about renewal, and be humble: that is, be beyond any desire for regard or respect. Keep these three terms in your awareness, and the portrait of your fortune will become very attractive. Whilst moving along, you lack these three things. You stay very little in the stage of being beyond. You come into sound easily, and with a lot of interest. As much as you have a deep desire for coming into sound, to the same extent, you lack the desire which you should, for the sweetness of

stabilising in the stage of being beyond. Instead of being humble, you easily accept all the different types of respect: respect for your position, your virtues, your service, your success, etcetera, or else you have a desire to receive it. You seek respect, and this is why, even now, you have been unable to complete the course of self-respect. When your form of a seeker ends, you will easily and automatically be able to have the stage of self-respect. Desire for respect makes you forget self-respect. In the same way, instead of being constructive and bringing about renewal, you bring about different types of destruction (spoiling something or making something degraded) . That is, instead of bringing about renewal, you sometimes become instrumental in bringing someone's stage down. Constantly check every thought and every deed, as to whether that particular thought, word or deed is instrumental in the task of renewal. By having such a stage, you will automatically develop all virtues. This is the method to intensify your efforts at the present time.

Humility – Part 7

1

The souls who are the most loved, and the closest to BapDada, are those with a clean heart. Those who have a clean heart are constantly seated on BapDada's heart-throne. Because they have all their elevated thoughts fulfilled, their attitude, vision, words, contacts, and relationships are easy and clear, and they are seen to be the same. The sign of their easiness is that their heart, head, and speech are all the same. To have one thing in your heart, and something else in your speech, is not a sign of easiness. Those with an easy nature are constantly humble: they are egoless and selfless. A holy swan has the specialities of an easy nature, easy words, easy attitude, and easy vision.

2

Today, Bap and Dada had a heart-to-heart conversation in the subtle regions. On what aspect? Do you all know what Brahma Baba had a lot of enthusiasm for? You know this very well, do you not? Brahma Baba was enthusiastic for everything to take place very quickly. Therefore, Father Shiva said to Father Brahma: “for destruction and transformation to take place is not even a matter of one clap. It is just a matter of snapping your fingers. However, first of all, create a rosary, not of 108, but at least half of that!”. And so, what reply would Father Brahma have given? What reply would he have given? Tell Baba! (It is being prepared). Achcha, is even half the rosary not yet ready?

Because you are smiling, it means there must be something in that. Those who say that half the rosary is ready, raise your one hand! Is it ready? There are very few. Those who think that the rosary is still being prepared, raise your hand! The majority say that it is being prepared. The minority say that it is

ready. BapDada is asking all of those, who raised their hand to say that the rosary is ready, to write down the names, and give them to BapDada. This would be good, would it not? Only BapDada will see this, won't he? No one else will see it, because it will be sealed. BapDada will see who are such hopeful jewels. BapDada also thinks that there should be some. So take the names from them, and take their photograph! So, what reply did Father Brahma give? All of you gave very good replies.

Father Brahma said: "The delay is just a matter of you snapping your fingers, and they will be ready. Therefore, this is good, is it not? Then Father Shiva asked: "Achcha, is the whole rosary ready?". The answer for half the rosary has been received, and he asked about the full rosary. For that, he said that a little time is needed. This was the heart-to-heart conversation that took place. Why is a little time needed? There would definitely be questions and answers in their heart-to-heart conversations, would

there not? Why is a little time still needed? What is the particular weakness that prevents even half the rosary from being ready yet?

Then Father Brahma emerged the children of each area. He emerged each and every special country, and, looking at each one's face, Father Brahma said: "If all the children were quickly to imbibe one particular speciality, the rosary would be ready". What speciality? And so he said: "You have made much progress in service, and you have moved ahead whilst doing that service. You have moved forward very well. However, there is a lack of balance in one particular aspect. What aspect is that? You have made progress very well in the task of construction (nirmarn), but, together with construction, there also has to be humility (nirman).

To be constructive is one thing, and to be humble is something else. There is the difference of just one letter. However, there is a difference in the balance

of being constructive, and having humility. Whilst progressing in service, instead of having humility, your own ego gets mixed sometimes in some places. There is now a need for humility. The more progress you make in service, the more humility should be seen in your attitude, vision, words, and behaviour. Therefore, there should be this balance. This is why you don't receive the blessings that you should be receiving, from all your contacts and relationships.

Although it is good to make effort, nevertheless, no matter how much other effort one makes, if you are not accumulating in your account of blessings, then you will not be able to experience the stages of being a bestower and of being merciful. It is necessary to make effort for yourself, and at the same time, also receive blessings from BapDada and the junior and senior members of the family. To receive these blessings means to accumulate in your account of charity. This becomes an addition to your marks. Do as much service as you like. That's it! Keep

on progressing by staying engrossed in your service. But it is very necessary to accumulate in your account of charity, by being humble and harmonious.

You mustn't then say that you did so much service, that you did this, and that you did that, and yet ask why your number is behind. This is why BapDada is signalling you in advance. At the present time, accumulate a great deal in your account of charity. Do not think: "this one is like this anyway... this one is not going to change". You are able to change nature. You adjust to nature, do you not? So, are you not able to adjust to Brahmin souls? Adjust to those who are against you. This is what it means to keep a balance between being constructive and being humble. Did you listen to this?

3

What would be the speciality of those who have a subtle intellect? Those with a subtle intellect will

be able to mould themselves according to the circumstances. They will have the courage to confront anything. They will never be confused, but they will go into the depth of whatever the situation is and move according to that. Only when you are light will you be able to mould yourselves. Only when something is soft and warm can it be moulded: if either is missing, it will not be moulded. What is the warmth and the softness here? The softness is humility and the warmth is the form of power. Humility means the form of love.

Those who have love for every soul will be able to remain humble. If there is no love they will be neither merciful nor humble. This is why there has to be humility, and the form of power. In humility there should be the virtue of serving. And, to the extent that you are humble, there should be the feeling of being a master, in the form of power. There should be service, and also the feeling of being a master. You should be a server, and also have the

intoxication of being a master of the world. When you have both this softness and warmth, you will be able to mould yourself in every aspect. Each of you has to check that the intellect is equally balanced with warmth and softness. Sometimes, extreme humility causes damage, and sometimes the extreme feeling of being a master causes damage.

This is why there has to be a balance of both. There will be as much greatness as there is equality. Now do you understand which one aspect you will pass with honour? The final paper is being announced in advance. You should be free from bondage at every moment, even the bondage of service. As soon as it is announced, you have to be ever-ready, and come onto the field: this is the final paper, which will be given to you at the right time, in a practical way. If you pass in this paper, the other things are not a big thing. If you pass in this paper, it means you will have an avyakt stage. If you go beyond the consciousness of the body, the other

things are not a big thing. Through this you can tell the extent to which you have left the ropes of the boat of that life. One is the golden chain, and the other is the iron chain. You have let go of the iron chain, but now there are still the subtle golden chains. These are such that they are not visible to anyone.

4

BapDada has seen which children experience constant and easy success, according to the moment. Within this also, there are two varieties: those who easily experience success, and those who easily attain success only after making effort. What did Baba see as the main basis for experiencing easy success? Those souls who constantly conduct themselves with humility experience success easily. Humility is just one word, but the depth and varieties of the stage of humility are many. Baba will tell you about this at some time later. But remember that to be humble is to maintain self-respect, and that this is

the easy method to receive respect from everyone. To be humble does not mean to bow down, but to make everyone bow down to your humility and love. Do you understand? Baba will tell you in more depth later.

Humility – Part 8

1

BapDada has already told you that you must have the consciousness of being an instrument, and also have feelings of humility. Underline both these words, and the “I” and “mine” of bodyconsciousness will end. I am a humble instrument. Humility brings respect. Those who are humble are loved by all, and those who are loved receive respect. So be an instrument, be humble, and also have good wishes and pure feelings for everyone, no matter what they are like. Create such an atmosphere that others will change through your vibrations.

Even if they don't change, at least keep yourself OK, at least stay in your position. Do not leave your seat of self respect. No waste

thoughts as to “why” should ever arise - do not open the door to waste thoughts, or it will be difficult to close it again. Be merciful and continue to give vibrations. If you leave your position there will be opposition in nature and sanskaras, and in ideas.

2

Brahma Baba became a world server - on the one hand a humble servant, and on the other the authority of new knowledge. The greater his humility, the greater the stage of being a carefree emperor. He had this fearlessness and the power of truth - no matter how much his relatives, politicians, and religious leaders opposed him about this new knowledge he didn't fluctuate even slightly. And with that he had the balance of authority. All of you are seeing the result of this. Those who insulted him are now bowing to him in their minds. The special basis for success in service is to be

humble, to be an instrument, and to be unlimited. He became the embodiment of success through this method.

3

What happens when you become a master at the wrong moment? Firstly, time is wasted, and even power is wasted. Then, instead of love for one another increasing, there is margin for it to decrease. Therefore, as your responsibilities increase, it will be essential for you to climb up this ladder, and then come down again. So, Baba is giving you these teachings in advance, for success in the future. All of you are experienced in this. Whether someone is young or old, from time to time he tries to maintain his power and self-respect.

As you progress further, there will be more obstacles, and this is why those who have

become instruments will have to be very humble. To be humble means to renounce regard for the self. Through renunciation you receive greater fortune. The more you renounce, the more respect you will receive. The more you try to seek respect, the more it become a means of losing respect. This is why you must increase the practice of going up and down the ladder, of being master and child. This is why you have been invited here. There will be success in this when you have the power to assess situations. When you have assessed situations, the result will be good. When you don't assess them, the result is going to be wrong.

4

Baba has told you about the crown of responsibility. So what is the throne? The throne of humility: when you sit on it, you will be able to do all of your work accurately. The shakti

army was given the throne of remaining constant, and the pandavs were given the throne of being humble. Be seated on the throne, and, by wearing the crown of further responsibility, create your future status. Do not come down from this throne. If you do your task whilst sitting on the throne, the task will be successful.

5

Even if another is insulting you, at that time you should become a saint. If someone is defaming you then garland them with flowers. If there is the fire of conflict with someone, then pour on the water of love and that fire will be extinguished. Don't pour oil on the fire. Humility is your armour. With humility, there will automatically be love and co-operation.

6

It is also important to become an instrument. Greatness is equal to humility. A tree that is full of fruits will bow down - the one who has humility is able to enjoy immediate fruit.

Humility – Part 9

1

The Father who gives is One, and he gives equally to all. But, every child accumulates these treasures according to his effort. The Father - the Bestower - is One, and gives equally to all at the same time, but what did he see in the children imbibing them? That, although the Father gave equally to all, in imbibing them each one made his own individual effort. To imbibe the treasures, firstly, make your own effort; secondly, you constantly have to remain content and make everyone content; and thirdly, through effort in service you can accumulate the treasure of happiness. You can accumulate the treasures in these three ways. In order to accumulate the treasures, especially when coming in connection and relationship with others, have the consciousness of being an

instrument. Have humility, with altruistic motives. There is the need to have good wishes and pure feelings for all souls. If you have all these things in service, and in relationships, then you can very easily accumulate in your accounts of charity and blessings.

2

Do you all experience yourselves to be those who are the few elevated souls out of multimillions? Or does the saying “few out of multi-millions” refer to other souls? Is it you? And so, how great is the importance of each and every soul? That is how great is every soul? To whatever extent someone is great, so the signs of greatness will be visible, and to that extent he will be humble. Because he is a souls who is full and complete. The same is said for a tree: to whatever extent it is full, to that extent it will

bow down. The bowing of the tree represents doing service with humility. Without bowing down, no service can be done.

So, on the one hand there is greatness, and on the other hand there is humility. Those who remain humble receive respect from everyone. If you become humble, then others give respect. None give respect to those who are arrogant: they will move far away from them. The sign of those who are great and humble is that they will give happiness to everyone. Wherever they go, and whatever they do, they will give happiness. Check through this how great you have become: whoever comes into contact with you should experience happiness. Is this so, or do the sometimes also receive sorrow? If there is less humility, then you are not always able to give happiness. So, do you always give happiness,

and take happiness, or do you sometimes give sorrow and take sorrow?

Okay, you don't give sorrow, but do you sometimes take sorrow? If you have even a little ill-feeling, then you have taken sorrow. If you feel hurt by what someone says, you have taken sorrow. However, if someone gives sorrow, you don't have to take it: it depends on you. What would that person give if he only has sorrow? It is your task to give happiness and to take happiness. It should not be that someone is giving you sorrow and you say: "what can I do?.. I did not give sorrow, but that one gave it". You should check yourself as to what you want to take, and what you don't want to take. You need cleverness in taking. This is why Brahmin souls are praised as "the children of the Ocean of Happiness", "the ones who are the embodiment of happiness", and "the deities that give

happiness”. So, are you the souls who are the embodiment of happiness? Are you the ones who give happiness to others?

3

The sign of greatness is humility. The greater the humility, the more the soul will be automatically be great in everyone’s hearts. Only by becoming humble can you become a master bestower of happiness for all. Humility makes you egoless. The seed of humility automatically enables you to attain the fruit of greatness. Humility is the easy method of claiming blessings from the heart of everyone. A soul with humility is easily given a place of love in everyone’s heart. Humility automatically makes you worthy of praise.

Humility is the special sign of becoming egoless: there will be humility in your attitude, in your drishti, in your words, and in your relationships and contacts. It should not be that you say “It wasn’t my attitude, but the words just emerged”. No. Whatever is your attitude, your drishti will be accordingly. Whatever is your drishti, your words will be according to that. And, whatever is in your words will also be in your relationships and contacts. There has to be humility in all four. This is known as being an angel. If there is humility on three, and not in one, then there is a margin for allowing arrogance. So, do you understand what BapDada wishes, and what you wish? The wish of both is the same. Now let the deed be the same.

Progress is based on your attitude. What do you have to do to your attitude (thought pattern)? If your attitude is elevated, your household will also be elevated. So, for easy progress, what should you keep in your attitude? Constantly remember that you belong to the one Father, and none other. You have all relationships with the one Father, and receive all attainments from the one Father. By constantly having this attitude, you will constantly have the vision of the soul: that is, you will have the vision of brotherhood. Your attitude only becomes mischievous when you forget the attainments from having all relationships with the one Father.

When you do not have any relationship with anyone except the Father, why should your attitude become mischievous? When you have an elevated attitude, you cannot be

mischievous. Make your attitude elevated, and your household will automatically become elevated. Therefore, make your household this, and it will become a means of progress, through which you will easily receive liberation and salvation. Then that household will not become an excuse for you to come down. So, in order to progress, those who are living in a household have to make their attitude good, and then the complaint - of the attitude becoming mischievous - will finish. In your awareness and attitude you must constantly have the land of nirvana, and the stage of nirvana (stage of silence), and you must be humble (nirmaan) in your activity.

So, by having awareness of these three - humility, renewal, and silence (being beyond) - your activity, task, and stage will become powerful: that is, there will be power in your

awareness. Where there is power, you cannot forget any of the three. So, in order to finish forgetfulness, have a powerful awareness. This is very easy, is it not? If you have humility in your activity, your task of world renewal will continue automatically. Humility means being egoless. When there is humility, the arrogance of the body automatically finishes. When those who remain humble come into sound, from the stage of silence, their words will be accurate and powerful. When something is powerful, although less in quantity, it has a lot of quality. In the same way, when you first stabilise yourself in the stage of being beyond, and you then come into sound, the words you speak will be few, but they will be more powerful. At present you have to go into a lot of detail, but, as you continue to make your stage powerful, each word of yours will be filled with the

significance of a thousand words: through this,
your wasteful words will automatically finish.

Humility – Part 10

1

Transform the wasteful into powerful in one second. Whatever happens again and again becomes a sanskar, and becomes difficult to change. So transform your sanskars. Apply a full stop. Those who have the power of transformation are constantly pure and gentle and humble. Those who are able to mould themselves are real gold. So you need to increase the power of transformation. Those who have the power of transformation are loved by everyone. They will be easy in their thoughts and will remain engaged in service. No matter what happens, your nature should always remain gentle. A gentle nature indicates

humility. A gentle nature means a cool nature. So have a pure and gentle nature.

2

To have the three dots of remembrance means to have total power. In front of this power all the wasteful forms of Maya finish, and the five forms of Maya take on the form of five maids, five servants. Their appearance will be transformed. The vice of lust is transformed into pure desire, and becomes your ally. Anger is transformed into tolerance through spiritual intoxication, and instead of burning you, it will burn your sins. Greed is transformed into giving, through unlimited detachment and distaste, and you become a constant bestower. Attachment is transformed into love. Arrogance, the consciousness of the body, is transformed into self respect and humility, the consciousness of the true self.

3

The wonder of the pandavs is that they are keeping the shaktis in front, and yet are moving forward themselves with hope and zeal. The intense speed of effort of the Pandavs is clearly visible: they are moving service forwards with speed, and they are moving themselves forward with speed. The majority are moving forward with this speed. Shiv Baba said: "the Pandavs have a very good record of giving regard to all. Together with this there was also something to laugh at: from time to time they also play the game of their sanskaras. Yet with their deep love for the Father, and hope for progress of the self, they realise that it is this transformation that brings Baba's love, and are then able to sacrifice themselves. Because of love the effort does not seem to be labour. Even though the costume of this birth means there are masculine sanskaras, the consciousness of being a limited creator, yet

still they transform the self. By keeping the Father, the Creator, in front, and by aiming to reach the same egoless stage, the consciousness of humility, they inculcate these qualities well. With the canopy of protection of the love of remembrance, they remain safe.”

4

How do Lakshmi and Narayan walk? How do they take their steps? How do they raise their eyes? When your behaviour is like theirs, then you will become Lakshmi and Narayan. Its shouldn't be that when you raise your eyes, you become body conscious thinking that there is no-one like you, and that you come into the consciousness of “mine” and “yours”. On the path of bhakti, it is said that humility makes you lower your eyes. So each one of you has to decorate yourself. Constantly continue to give fragrance. You have to become Lakshmi or Narayan: this is the aim that you have been

given. You have to follow the right path. You must take steps to move forward.

5

Faith brings lightness, certainty, and spiritual intoxication, to the self, and to others through influence. The soul has the feeling of being an instrument in every activity, and so is humble, and creative. Language will be sweet and generous, keeping others ahead. Through generosity and humility, the soul automatically receives whatever the heart desires. The soul who says “you first” will be put in front by others. They will be content, and will benefit everyone. Faith is the foundation.

6

Do you know what the sign of arrogance is? If someone has the slightest trace of body consciousness, what is the sign of that? Such a person is unable to tolerate disrespect.

Arrogance will not allow you to tolerate being insulted. If someone tells you even slightly that this is not right, so become a little humble, you would feel insulted. This is a sign of arrogance.

7

You have already been told the accurate method of service. If three things are done accurately, with the right method, you accumulate. You have been told to have the consciousness of being an instrument, to have feelings of humility, and to have a pure nature and pure words: intention (consciousness), feelings, and nature and words. If even one aspect is less - if you have one thing, and not the other two, or if you have two things, and not the third one - then that weakness reduces the percentage you accumulate.

8

Baba's nature is the nature of the children also. What is Baba's nature? Good wishes and the feelings of benefit and mercy for every soul - this is Baba's nature, the nature of uplifting everyone to the elevated stage, the nature of sweetness, the nature of humility. Baba's nature is also the nature of the children. So never say "my nature is to speak loudly" or "my nature is to become irritated and jealous" or "I don't know why it happened - this is my nature". Where did "my" come from? This is weak nature. This is wrong. Do not let there be arrogance, but maintain the stage of eternal respect for the self. So pay attention to these three things, attachment, tension, and weak nature. And in order to keep away from these three aspects, remember three others. Firstly maintain constant balance in all things in your life. Balance service with remembrance. Do not be too serious or too entertaining. Secondly take

special blessings from the Father in the early morning hours of nectar. Each day in the hours of nectar, BapDada fills the apron of the children with blessings. You can take as many blessings as you wish. Thirdly be blissful.

9

Never underestimate the value of self respect. Do not come into the arrogance of the body. There should never be the slightest thought of bossiness. One who stays in the stage of self respect will never allow arrogance to come. There will constantly be humility. The more self respect, the more humility. The one who has self respect will show respect to all others. The one who has self respect will be a bestower, constantly giving respect to young and old, enlightened and unenlightened, conquerors of Maya or those under the influence of Maya, those who are virtuous and those who have a few defects. Because the soul

is complete, full, it will always be merciful. The one with self respect, the merciful bestower, will uplift others, will uplift those who have fallen or who are wavering. There will be no thoughts of blame or superiority.

10

Today Baba was seeing all the complete and equal children everywhere. Only the equal children are merged in the Father's heart - they are humble and pure, always free from obstacles and sinful thoughts, not tied in any type of limited bondage. So ask yourself - have you become a soul who has such unlimited freedom? The first freedom is freedom from the consciousness of the body - to take the support of the body whenever you want and to become detached from the body whenever you want - do not be attracted by the body. Secondly, souls who are free will not be in bondage to old nature or sanskars. Together with that they will not be

attracted to any bodily beings in their relationships - they will be detached and loving.

11

The sign of intense effort is to remain constantly humble, even while carrying out a constructive task. There has to be the balance of both being constructive, and being humble. Why? When you carry out a task with humility, you receive love and blessings from everyone's heart. BapDada has seen that in being constructive, that is, on the field of service, nowadays, everyone is making new plans with a lot of zeal. For this, BapDada is congratulating all the children everywhere. BapDada has received many very good plans for constructive service, and BapDada saw that the constructive tasks are very good. However, to the extent that you have zeal for service, if you are just as much balanced in the stage of humility, then there will be greater success in the task of service: a more

visible form. BapDada has told you earlier also to have a humble nature, to have humility in your words and your stage, when you come into relationship and connection with others. This is praised of the deities, but in fact, it is the praise of Brahmins. It is said of the deities that invaluable words emerge through their lips like diamonds and pearls: pure and gentle words, pure and gentle nature.

Humility – Part 11

1

BapDada saw that more attention is needed in having pure words and humility in your stage. BapDada has already told you to accumulate in your three accounts of treasures. What did Baba see? What are the three accounts? You would have remembered them, would you not? Nevertheless, Baba is now revising them. · 1) With your effort, increase your account of accumulation. · 2) Always remain content yourself and make others content too, while knowing the different sanskars, for through this, you are able to accumulate in your account of blessings. Contentment is the key to charity, whether it is to remain content yourself or make others content. 3) In service too, always be altruistic, with no consciousness of “I” (“I did this”, or “My name should be mentioned”). Where there is the consciousness of “I” and “mine” in service, you are not able to accumulate in the account of charity.

You are experienced in the consciousness of “mine”: there is a lot of consciousness of “mine” even in a royal way. The list of the royal consciousness of “mine” is even longer than the list of the ordinary consciousness of “mine”. Whenever there is the selfish motive of “I” or “mine” and you are not altruistic, very little charity is accumulated in your account. Baba will tell you about the list of “mine” some other time. It is very long and very subtle.

2

You have been told of three things, in particular, for success in service. Firstly, have the consciousness of being an instrument. Secondly, have feelings of humility. Thirdly, your nature and words should be pure and sweet. Then you yourself will be content, your companions will be content, and those whom you serve will make progress. Those who have the consciousness of being an instrument will forge their relationship with the Father. If there isn't the consciousness of being an instrument they won't come close to the Father. So, whenever you do

service, check whether your intentions, feelings and nature were accurate.

3

On the field of Godly service, always remember the mantra “I am the instrument soul and Baba is working through me. I am acting upon supreme directions”. Be humble while engaged in the work of establishment. Never let there be any attraction to the scenes of the old world, or to the means of limited happiness. That would be like building on a foundation of sand: the house will shake violently and there will be confusion.

4

Have you become conquerors of anger? Have you become conquerors of bossiness, or are you a little bossy sometimes? When you think that you have a right, you become bossy. So, do not simply become conquerors of attachment: you also have to conquer anger and bossiness. Remain humble.

5

Sometimes, BapDada looks at the children's account of accumulation. In some cases, there is greater labour and less fruit of accumulation. What is the reason? There is a lack of contentment on both sides. If there isn't the experience of contentment either by oneself or by others, then the account of accumulation is reduced. BapDada has given the golden key to you children to increase your account of accumulation easily. Do you know what that key is? You have received it, have you not? This golden key is that, whenever you are serving through your thoughts, words, or deeds, then first have the awareness of being an instrument. Have the feeling of being an instrument, the feeling of humility, pure motives, and the feeling of soul-conscious love....If you serve whilst stable in this stage, then, through these feelings the desires of souls are automatically fulfilled. People nowadays always note down what the motives of everyone are: "is that person doing something as an instrument or with the motive of arrogance?".

Where there is the motive of being an instrument, there is automatically the feeling of humility. So check: “what have I accumulated? How much have I accumulated? Because it is only at this time - the confluence age - that you can accumulate. Then, the whole cycle is the reward for what you have accumulated. You have also been told earlier that the consciousness of “I” in Brahmins is very royal. Do you remember it? You were told about it, were you not? Everyone wants there to be revelation of BapDada: “Let us reveal BapDada”. You also made many plans. You make very good plans. BapDada is pleased. However, this royal form of the consciousness of “I” in your plans reduces the success by a certain percentage. In your every thought, word, and deed, there should be the natural awareness of “Baba, Baba!” Not the consciousness of “I”. “BapDada, Karavanhar is making me do it”: this was the special dharna of Jagadamba. Do you remember the slogan of Jagadamba? The older ones would remember it. Do you remember it? Say it? “Hukam hi hukam chala raha hai” (The One who is

giving you orders is making you move). This was the special dharna of Jagadamba.

So, if you want to claim a number, and want to become equal, end the consciousness of “I”. Let only “Baba, Baba” automatically emerge through your lips. In your actions, and on your face, let the Father’s image be revealed, and then revelation will take place. BapDada hears this song of the royal form of “I” a great deal: “whatever I did was fine”, “whatever I thought was fine”, “that is what should happen”. This consciousness of “I” deceives you. You may think about something and speak about it, but do it with the motive of a humble instrument. BapDada has already also taught you a spiritual drill earlier. What drill is that? One moment, be a master, and the next moment, become a child. Be a master in giving your ideas. Then, when it is finalised by the majority, become a child. This spiritual drill of being a master and a child is most essential. Simply remember the three words of teachings from BapDada. Do all of you

remember them? In your thoughts, be incorporeal. In your words, be egoless. In your actions, be viceless. Whenever you have any thoughts, create those thoughts whilst stable in the incorporeal stage. Even if you forget everything else, don't forget these three words. These teachings of the three words are a gift from the sakar form.

6

In terms of the stage of the self, also especially check four things. This is called intense effort. Firstly, check whether you have the feeling of being an instrument. Is there any royal form of the consciousness of "I"? Is there any consciousness of "mine"? For ordinary people, "I" and "mine" are ordinary: they are gross. However, in Brahmin life, "mine" and "I" are subtle, and royal. Do you know what the language of that is? "This happens all the time... this continues all the time... this will happen... we are moving along... we are seeing...". So, it is one thing to be an instrument (nimit), but something else to be an instrument and humble (nirman).

You are an instrument on every way - whether in service, in your stage, or in your relationships. Your face and activity should be that of an instrument. But, be an instrument with humility. Be an instrument and carry out the renewal (nirmaan) with humility. So you heard these things - instrument, humility, renewal - and the fourth aspect is to be beyond sound (nirvana). Reach the land beyond sound whenever you want. Become stable in the stage beyond sound, because only when you yourself are in the stage beyond sound will you enable other souls to reach land beyond sound. Now, everyone wants liberation. They are crying out: "Liberate us! Liberate us!". So, to have these four things in a good percentage in your practical life means to be an intense effort maker.

7

No matter how much service you do, the sign, or the golden key, of whether you accumulated it in your account, is to do everything in the

consciousness of being an instrument, with humility, and with pure words. If one of these three is missing, then your service doesn't accumulate in your account. If there is consciousness of "I", you do not accumulate anything, no matter how much effort you make. Whenever you meet others, always see them as souls - see them as the same soul of the previous cycle, come to create their fortune. Even if he has anger or a bad nature, just keep your nature elevated.