

Virtue Of Simplicity

The main thing that everyone has to think about is: never allow your old sanskars to emerge. You have to finish them in thoughts. If these thoughts do emerge, do not give space or sustain them. Finish the thoughts, whilst they are still in thought form. The finally your old sanskars will not emerge, even in your thoughts. Each ones nature is, of course, different. But what do you have to imbibe be free from the influence of your own nature? A nature of easiness, lightness and simplicity. To the extent that your intellect, your vision, and your words are simple, light and easy, you will be liberated from conflict with your nature.

If there is the slightest interest in wearing good clothes or eating good food, if you wear beautiful clothes, the intellect continues to wander in that, and you become body conscious. These things cause many obstructions to reaching the destination. This is why Baba says: You have to maintain simplicity. You have to forget everything. You should not even remember your body. You renounce the old world. There is so much difference in their simplicity and yours. You have to remain free from any attraction. You have to break body consciousness. If you wear a very expensive saree, you will very quickly become body

conscious. At this time, you are living in simplicity. To be in simplicity and to be in the stage of retirement are the same thing

Is there any temptation to wear good things or eat good food? If you wear good clothes here, it will be reduced there. There, we have to remain in simplicity. Baba says: You must even forget that body of yours. It is a tamopradhan body. You are becoming the masters of heaven. You have to be ignorant of the knowledge of desire. Baba says: You must not wear any jewellery here

Greatness should be visible in your simplicity, since your non-living images even now give the experience of your greatness .

Become an example of the practical form of every virtue. “If you want to see simplicity in life, go to this centre, and see this family”. “If you want to see tolerance, go to this centre and see this family”. “If you want to see balance, see these special souls”. You are those who perform such wonders, are you not?

Just as the sparkle of happiness is visible on your face, so the sparkle of power should also be visible in the same way. You may be easy-natured and simple, but are you tolerant to the same extent as you are easy-natured and simple? Or is it that being

tolerant is also being easy-natured and simple? Together with being easy-natured and simple, you also need the power to accommodate, and the power to tolerate. If you do not have the powers to accommodate and to tolerate, then your easy nature and simplicity makes you adopt a very innocent form. In some cases, this innocence causes a great loss. So do not be easy-natured and simple in that way.

Seeing your happiness, other souls would also experience happiness for a short time. Just as everyone loves the white dress of you Brahmin souls, and feels that it is so lovely and unique that they experience cleanliness, simplicity, and purity through it - they can tell from a distance that that one is a Brahma Kumar or Kumari - in the same way, the sparkle of happiness, and the intoxication of being fortunate, are always visible from the behaviour and face of you Brahmin souls.

Which main virtues come through this renunciation? Easiness (implying lightness and simplicity) and tolerance. Those who have easiness and tolerance attract others, and they are able to have love for one another. If there isn't easiness, there cannot be love for one another. By being a total renunciate there will automatically be easiness and tolerance. The sign of being a total renunciate is that there will be easiness and tolerance. You saw

this in the sakar form, did you not? Baba was easy and light, to the extent that he was knowledge-full. This is known as having the sanskars of childhood. He was mature with elders, and a child with children.

When you say “Baba, Baba”, Maya runs away. When you say “I, I”, Maya kills you. You have to change your language in every respect. Always keep the shield of “Baba, Baba’ with you. Any obstacle that comes will be finished by that shield. The easier and simpler someone is, the more easily he can stay in remembrance. Who can remain simple and easy? The clearer someone is in every aspect, that is the more honest he is, the more simple and easy he will be. The easier and simpler he is, the more he will be able to stay in remembrance, and the more he will be able to make others into easy effort-makers. His creation will have the same sanskars as him. You have to make all tasks elevated. With easiness, simplicity, and tolerance in your thoughts, words and actions, every task becomes elevated. Easiness and tolerance have to go together hand in hand. Easiness without tolerance is called innocence. Easiness with tolerance is power. Shaktis have to have both the virtues of easiness and tolerance. There has to be balance between the two. You have to have sweetness and be the embodiment of power. The images of the deities have as much coolness as they

are the embodiment of fire. Their task is that of a fire, and their face is cool. This is the final stage.

Today BapDada went on a tour to see the pilgrimage places of the Brahmins everywhere. Some places had an attraction of physical decorations. Some had the attraction of the vibrations of tapasya. Some had the attraction of an atmosphere of renunciation and elevated fortune - an atmosphere of simplicity that was elevated. A variety of stages of consciousness were also seen amongst the Brahmin children. BapDada took this tour to see how prepared the children are.

In dharna too, the sign of dharna is that your every action will be full of virtue: whatever virtue is needed at any time, that will be visible on your face and in your behaviour, in an emerged form. If any virtue is lacking, then that would not be called being full of virtue. For instance: if, at the time of performing actions, you need the virtues of easiness, simplicity, and sweetness, but instead there is even the slightest force in your words and actions, or if, because of tiredness, there isn't that sweetness - the words are not sweet, your face is not sweet, and you are serious - then you are not full of virtue. No matter what the circumstances are, whatever your virtues are, only those virtues should emerge. Baba is now telling you in short.

Just look how the Father lives with so much simplicity! No one knows Him. Amongst you children, too, very few recognise Him. The Father is so egoless!

When you have an easy nature, you will speak simple words and your deeds will be filled with simplicity and you will then be able to glorify the Father's name.

The Father now says: Remember Me, the Father, and show everyone this path. Live in simplicity and eat simple food.