

Master of self

- ✓ Do all of you have ruling power? Are you able to rule your physical organs whenever you want? Have you become self sovereigns? Only those who are self-sovereign can become masters of the world. Whenever you want, no matter what the atmosphere is like, if you order your mind and intellect to stop, are you able to stop them? or would it take some time? It is essential for each one to make this effort, every now and again, throughout the day. Whenever your mind and intellect are busy, then try and see, at that time, whether you are able to stop them in a second. So, when you think “stop!”, it should not take you three minutes, or five minutes, to stop them. The practice of this will be very useful to you at the end. On the basis of this, you will be able to pass with honour.

- ✓ All of you have understood BapDada’s aim; that BapDada now wants to see every child in the form of one who has a right. You should not be influenced in any type of service or effort, but be one who has a right. Each one of you is the master of yourself. All of you are kings, are you not? Or, are

you not kings? You are Raja Yogis, not praja (subjects) yogis. So, Baba wishes to see you as those who have a right to the kingdom. You should not say: “What can I do? It just happened”. You should have a right over yourself. You should not be dependent on your old sanskars and nature. You are those who have a right. Achcha.

- ✓ What does BapDada want now? BapDada wants every child to be a self-sovereign, to be a master of the self, always, not just sometimes. This is because the Father has given the full blessing of self-sovereignty at the confluence age. It was not just a little and not just for some time, but for all time. Are you a master of the self all the time? BapDada has told you that you are masters of all your physical senses, and your mind, intellect and sanskars. You say “mine” regarding all of these things. You do not say “I” for these things, but you say “mine”. Since the mind, intellect and sanskars are “mine”, “I” have a constant right to what is “mine”. In the same way, maintain full rights over your mind, intellect and sanskars. This is what it means to be a master of the self. Whatever orders you give them, they are instruments to carry out those orders. However, in order to accomplish this, you

maintain the intoxication of being a master while walking and moving around. Faith and intoxication.

- ✓ Be one who has a right to self-sovereignty, a master of the self, and to check the result of your self-sovereignty. Check that, and then - whatever weakness there has been over a long time - change that, because there is a need for your kingdom to continue in a constant and unbroken manner over a long period of time. Those who make effort over a long period of time automatically claim a right to the reward for a long period of time. Therefore, underline effort over a long period of time. There is the checking, but is there also the change?

- ✓ Seeing the children, BapDada is pleased about one thing. What is that? That every child has done service, but, together with that, BapDada's signal is: become a double king. You know that, do you not? One is to be a self-sovereign, a master of the self, and the second is to have a right to the future kingdom. Be a master of the self... The Father has the intoxication that there is no other father

whose every child is a master of the self. All of you are masters of the self, are you not? The soul is ruling the self. You are not influenced by the physical organs and senses, so you have a right to the kingdom. The Father wants every child to be a constant master of the self, not just sometimes. Can you become this? In the two months that you have been given, note down whether you remained a master of the self, or whether you were influenced by your physical senses. Now, you have to become karmateet (free of karmic bonds). Time is coming close. So, what are you going to do? While walking and moving around, you definitely have to become a master of the self. This is a sanskar of you Brahmin children. A double kingdom is selfsovereignty now, and then world sovereignty in the future. While touring around, BapDada notes down the results of the children. Now, there is a need to pay more attention to being a constant master of the self. BapDada has given you two tasks: to check over the next two months what extent you remain a master of the self, and, with the controlling power and ruling power of the mind, to finish all wastage.

✓ BapDada wants each of you sweetest sweetest children to become a selfsovereign king. Are all of you kings? Do you have sovereignty over yourself? Those of you who consider yourselves to have become self-sovereign kings, raise your hands! (Many raised their hands). Very good. BapDada feels love for you children when he sees you, because you have been working hard for 63 births to go far away from sorrow and anxiety. So, the Father now wants each one of you children to become a self-sovereign, a master of the self... to become a master of your mind, intellect, and sanskars... to become a king. You should be able to transform your mind, intellect and sanskars whenever you want, wherever you want, and however you want. The experience of a tension-free life should always be in an emerged form. BapDada sees that sometimes it becomes merged. You think: "I mustn't do this... this is right, that is wrong". However, you just think about it, but do not put it into practice. To think about it means it remains merged, whereas to put it into practice means it remains emerged. You are not waiting for time, are you? Sometimes you do wait for it. When you have a heart-to-heart conversation, some of you children say that everything will be fine when the time comes. However, time is your creation. You are master creators, are you not? So, the master creators cannot continue on the basis of the creation. You master

creators have to bring the completion of time close. Can you become a master of the mind in one second, and order your mind? Can you do this? Can you concentrate your mind? Can you put a full-stop? Or, is it that you try to put a fullstop but it becomes a question mark instead? What? Why? How? What is this? What is that? There shouldn't even be an exclamation mark. It should be a full-stop. Become a point in a second. There isn't any other hard work. Simply put into practice the one word "point". You have to become an embodiment of the point: put a full stop to all waste, and churn the points of the elevated versions that you hear. There isn't any other difficulty. Remember the point, put a point, and become a point. No matter how busy you are throughout the day, every so often, try and practise this. Can you become a point in a second? Can you apply a point in a second? Only when you repeatedly have this practice will you be able to claim full marks, full points in the final moment that is to come, and pass with honours. This is the Godly study. This is the Godly sustenance.

- ✓ BapDada is seeing the sparkling fortune on the forehead of each child. What is he seeing? Each child of mine is one who has self-respect and is a self-sovereign, a master of the self.

Why? Where there is self-respect, there cannot be body consciousness. From the beginning to the end, until now, BapDada has given every child different types of self-respect. If you were to remember your self-respect now, and continue to turn the beads of each point of self-respect, you will become the embodiment of many types of self-respect, and will become absorbed in that self-respect.

- ✓ If someone is calling someone else with the same name as yours, as soon as you hear your name, your attention will go there, and you will think that that person is calling you. This body consciousness has become so firm. Similarly, be just as firm in being soul conscious, maintaining your self-respect, and being a master of the self. You say that your life has changed, so what have you changed? From body consciousness, you have self-respect, and became a master of the self. To be an embodiment of yoga means to be a conqueror of the physical organs. Be a master of the self over all the physical organs. This is known as yoga, that is, a life that is accurate (yuktiyukt

- ✓ Because of being a Raj Yogi, the soul becomes a master of the self. You rule the self. The soul is not influenced by the physical senses. The soul becomes the master and the king of the physical senses. So, you have self-sovereignty now and you also attain your fortune of the kingdom in the future. So, you have a double kingdom. It is now, and the status you attain in the future too.

- ✓ What is the wealth of someone who is the master of the self? Limitless wealth of knowledge, virtues, and powers: these are the types of wealth of someone who is a self-sovereign. the master of the self. So check! You now clearly know the essence of the whole expansion of knowledge, do you not? Knowledge does not mean that you gave courses and lectures, but knowledge means understanding. So, every thought, every deed, every word: do you do everything while being knowledge-fall? Do all virtues remain emerged in your practical life? Do you have all virtues, or only according to your capacity? Your title is master with all powers, not just one with some powers. So, do you have all the powers to the fullest extent? Secondly, do all the powers work at the right time? Are they present at the right time? Or, do you remember them when the

time for using them has gone by? So, check all these three things. One kingdom, one religion, and imperishable happiness, peace, and prosperity. All these things that you experience now at the time of self-sovereignty will not be experienced in the new world. All these things can be experienced only at this time. Only when these sanskars emerge from now will they continue in the form of the reward. You do not think, do you, that you are still imbibing them, that it will happen, that it will definitely happen by the end? BapDada has already given you a signal in advance that the present time practice over a long period of time is the basis of the attainment for a long period of time. Do not think that it will happen by the end, that it will happen then. No. It has to happen now. Why? To have a right to being the master of the self, you need to practice over a long period of time now. If you are not able to have a right in one birth, and you become dependent, then how can you have rights for many births? This is why BapDada is repeatedly signalling all the children everywhere that the speed of time is now moving very fast. Therefore, all the children mustn't just become effortmakers, but must become intense effortmakers, and experience the reward of effort over a long period of time now. BapDada has already told you earlier the signs of intense effort. An intense effort-maker will always be a master bestower. He will not be one who takes

{levta), but a deity (devta), one who gives. Do not say “if I have this, I can make effort”, or “if this one does it, then I will also do it”, or “if this one changes, then I will also change”. These are not signs of a bestower. Whether someone does that or not, you should continue to do it, the same as BapDada. You saw Brahma Baba in the sakar form: he never said “if the children do it, then I will do it”. It was always: “I will do it and then make the children do it”.

- ✓ Shrimat - the elevated dictates of the father - is the father's hand. You saw Father Brahma, by taking every step according to shrimat, reach his destination of becoming a perfect angel, did you not? He became an avyakt (subtle) angel. So, follow the father. Follow Father Brahma. BapDada has deep love in his heart - he does not wish to see even one child not becoming victorious, not becoming a king. Each child is a king child, a selfsovereign, a master of the self. So don't forget your self-sovereignty. Understand?

- ✓ You are the masters of self-sovereignty. This is why BapDada says with intoxication that each of His children are

king-children (raja bachcha). So, you are the king-children, are you not? You are not subjects, are you? Are you Raja Yogis or praja (subject) yogis? You are Raja Yogis, are you not? So, you are the masters of self-sovereignty. However, along with Dadi, BapDada saw the result: The extent of the intoxication of being a master is less than the intoxication of being a child. Why? If you always have the intoxication of the authority of being a master, then the problems and obstacles that you have now and again would not be able to come. It has been seen that the particular cause of problems and obstacles is the mind. It is the mind that comes into upheaval, and this is why the great mantra from BapDada is 'Manmanabhav' (to focus on Baba with your mind). It is not 'tanmanabhav' (focusing with the body) or 'dhanmanabhav' (focusing with your wealth); it is 'Manmanabhav'. If you have the authority of self-sovereignty, then the mind is not the master; the mind is your servant, not the king. A king means one who has the authority. Those who are dependent are not said to be kings. So what result did Baba see? That I, the master, the one who has a right to the kingdom, am the master of the mind. Having this awareness and this constant stage of soul consciousness is lacking. It is the first lesson. What was the first lesson that all of you had? I am a soul. The lesson of God is the second lesson. However, the first lesson is I, the

master, the king, am a soul who has authority over these physical organs. I am a powerful soul. All the powers are the original qualities of the soul. To maintain the awareness in a natural way of whatever I am and however I am in my way of walking, moving and to experience that through the face, to step away from problems - BapDada saw that more attention needs to be paid to all of this. I am not just a soul, but what type of soul am I? If you keep this in your awareness, then in front of a soul who is a master almighty authority, no problem or obstacle has any power to come in front of such a soul. Even now, in the result, Baba saw that one or another problem or obstacle is visible. You know it, but the practical form of faith in the form of spiritual intoxication in your behaviour and on your face has to be revealed even more. For this, repeatedly check the intoxication of being a master. To check is a matter of a second. When performing actions, before you begin to perform any action, check: Am I a soul who has the authority of being a master, who makes the physical organs perform actions with controlling power and ruling power? Or, did I just begin to perform ordinary actions? There is a lot of difference between beginning to perform any action while being an embodiment of remembrance and beginning to perform any action while having an ordinary stage. When those with a limited position carry out their tasks, they

begin those tasks after sitting down on their seat for carrying out that task. In the same way, remain seated on your seat of having the authority of being a master and then perform every action. Increase the checking of the authority of being a master. The sign of that - the sign of having the authority of being a master - is that you will be double-light and experience happiness in every task, and you will experience success easily as a result. In some cases, even now, instead of being an authority, you become dependent. What is the sign of dependence that is visible? Again and again you say, "My sanskars". "I don't want it to happen, but these are my sanskars; this is my nature." BapDada asked you earlier, too, whether when you say, "My sanskars, my nature", whether those sanskars of weakness are your sanskars. Are they yours? They are the sanskars of Ravan of the middle period. They are Ravan's gift. To say "It is mine" for that is wrong. Whatever are the Father's sanskars are your sanskars. Think: At that time when you say, "Mine, mine", they become an authority and you become dependent. If you want to become equal to the Father, then you can't say, "My sanskars". "Whatever are the Father's sanskars are my sanskars". What are the Father's sanskars? A world benefactor, One who has good wishes and pure feelings.

✓ BapDada saw that everyone has the faith of being a child, but sometimes there is intoxication, and sometimes there isn't. The majority have the faith that they belong to Baba: that they are the children. However, you are in fact not only children, but children who are also masters. You are double. To be a master means firstly to be a master with the right of self-sovereignty, and secondly, to make all of Baba's treasures belong to oneself, as one's inheritance - that these are one's own. The Father is the Bestower, but he has given it to you because you are the masters of the inheritance. Has everyone received the inheritance? Have some received less, and some more? Has everyone received the same? Or, is it that someone received ten million, and someone else received a hundred million? It isn't like that, is it? Because the Father's treasures are unlimited, no matter how many children there may be, the Father's treasures are not going to fall short by distributing them. The treasure-store is open and full. So, why should the Father give anyone less? Since it is all for the children anyway, why should he give more to some and less to others? So, firstly, masters with the right to the Father's inheritance and, secondly, masters of selfsovereignty. Have you received self-sovereignty? Are you masters of both? Is it firm? How long do you move along in the awareness of

being the master? You say: "Self-sovereignty is our birthright". You say this do, you not? Is it the birthright of the maharathis, but only a little bit yours? Have you received the right to self-sovereignty fully, or only a little bit? Stay firm on this. So check that all the organs of the self are working according to your orders. All the sense organs are the workers of you children who have claimed the right of self-sovereignty, are they not? They are not the masters, are they? You are the masters: is that right? Or, is it that the workers become the master, and you become the worker? BapDada saw that the aspect - which most of all makes the children forget the stage of being a master, and which controls the king from time to time - is the mind. This is why the Father has given the mantra "manmanabhav". Not to focus the body on God (tan-manabhav) , not to focus the wealth on God (dhan-manabhav) , nor even to focus the intellect on God (buddhi-manabhav) , but "manmanabhav": to focus the mind on God. The mind exerts its own influence: you become influenced by the mind. Just see: in any little wasteful incident, or wasteful atmosphere, or wasteful scene, where is the influence felt first? There is an influence on the mind, and the intellect co-operates with it. Then, if mind and intellect move in that direction, it becomes a sanskar.

✓ When BapDada sees the gathering of you children, he sees you in your three forms. You are kings now, self-sovereigns. In the world too, a father would say to his children “my kingly children, my child king”. Even if they are poor, he would say: “my child king”. So, even at the present confluence age, the Father sees all of you children as self-sovereigns. You are kings, are you not? You are self-sovereigns, masters of the self. So, self-sovereigns at the present, rulers of the world in the future, and, from the copper age to the end of the iron age, you are worthy-ofworship ones who have a right to be worshipped. BapDada sees all you children in these forms. He doesn't see you as ordinary. No matter what you are like, BapDada sees all of you children as self-sovereigns, royal children. You are Raja Yogis, are you not? Is anyone here a prajayogi (subject)? Are there any praja-yogis? No. All of you are Raja Yogis. So, a Raja Yogi means a king. The Father himself has come to celebrate the birthday of such self-sovereigns, the masters of the self.

✓ To have a right to the kingdom means to have a right to all your subtle and physical organs because you are masters of

the self, are you not? So, do you become kings only sometimes or do you always remain a king? The main thing is: do you have a right over your mind, intellect and sanskars? Do you always have a right over them or only sometimes? Self-sovereignty means constantly to have self-sovereignty. Or, is it that you have it one day and not the next day? A kingdom is for all time, is it not? So, constantly to be a self-sovereign, a master of the self, means always to have a right over your mind, intellect and sanskars. Do you have this all the time? You are not saying “yes” to having this all the time. Is it that sometimes the mind rules you, or do you rule your mind? Does your mind become the master sometimes? It does become this, does it not? So, always have a right to self-sovereignty, and so be one who has a right to the kingdom of the world. Therefore, always check this, because for however long - and with however much power - you have a right over your mind, intellect, and sanskars, you will accordingly receive a right to the kingdom in the future. If, on the basis of receiving God’s sustenance, God’s education and God’s shrimat, you don’t always have a right in this one birth of the confluence age, then how would you become one who has a right to the kingdom of the world for 21 births? There is an account. Only when you are a master of the self at this time, that is, only by

becoming a king of the self at this time, will you have a guarantee for 21 births.

- ✓ At present, you are masters of the self, are you not? If you are, then raise your hands! Are you self-sovereigns? Achcha. Some of you are not raising your hands. Are you a master only to a small extent? Achcha. You are self-sovereigns, so congratulations! So, the chart of a master of the self is the mirror that shows the face of your future status. Do you have this mirror? All of you have received it, have you not? It is clear, is it not? There aren't any dark marks on it, are there? There may not be any dark marks, but sometimes, when there is hot water, the mirror steams up and becomes misty. For example, when it is foggy, the mirror becomes such that you cannot see clearly in the mirror. Everyone must have experienced this at the time of bathing. So, usually your physical organs are under your control, but sometimes they aren't, for instance your eyes, mouth, ears. Even your feet sometimes go towards wrong company, in which case, even your feet are not under your control. Then you would go and sit in a gathering. You would sit down and listen to the Ramayana or Bhagawad, not wrong stories. So, if any of your physical senses are not

under your control - that also includes thoughts and time - then, since you don't have controlling power over your own sovereignty, how would you control the kingdom of the world? So, how would you become a king? There, everything is accurate. You automatically have controlling power and ruling power, as the reward for the efforts you made at the confluence age. So, if you lack controlling power and ruling power at this time, if that effort is lacking, what would be the reward? You are clever in calculating this, are you not? Therefore, look at your face in this mirror. Look at your own face. Which face comes in front of you? That of a king, that of someone who is part of a royal family, a royal subject? Or an ordinary subject? So, did you see your picture? Check with this image. Check every day, because attainment for a long time is based on your efforts for a long time. If you think that you will automatically have unlimited disinterest at the end, in the final moments, then would that have been for a long period of time? You would not say that that was a long period, would you? So, did you become a complete master of the self for 21 births? You may not sit on the throne, but you should have a right to the kingdom. This long period of time has a connection with the reward for a long period of time.

✓ BapDada wants every child to be a self-sovereign king, to be a king and rule over the self, that is, over your physical senses and your mind, intellect, and sanskars. Of course, you will have a right to the kingdom in the future, but you should now become a king who has a right to self-sovereignty. All your physical senses should be under your control, because you have received the treasure of all powers from the Father. BapDada wishes to see every child in the form of a king who has a right to self-sovereignty. Have all of you become self-sovereigns, masters of the self? Have you developed ruling power, and controlling power, over your mind and intellect? There isn't any dependence, is there? You have a right. When you keep BapDada with you and you do not become alone, when you constantly keep the Father as your Companion, then neither your mind, nor intellect nor sanskars has the power not to be under your control. This is why BapDada always says to the Shaktis: which form of yours should you always remember so that you never forget the Father's company? That form is: "I am a Shiv Shakti - Shiv and Shakti are combined". BapDada wants to make you a conqueror of the mind, and a conqueror of the world. After all, where does tension come? It comes in the mind, does it not? You are kings. You are masters of the self, are you not? Is the mind yours or is the mind the master? What do you say? Throughout the

day, you say “my mind”, do you not? It is not the master, is it? Who has the courage? You will easily receive the Father’s blessing, but you simply have to pay a little attention. Experience the help of the Father’s blessing, and then see. Whenever you then look at anyone’s face, what will it be like? Tension-free, like a lotus or a rose in bloom. When problems come, they make you belong to them. Then you say very sweet things: “this happens, does it not? This will of course happen. This continues all the time, does it not?”. You tell BapDada many very sweet things. The solution to everything is simply to become a king, that is all. Become a master of the self, a self-sovereign.

- ✓ Father has seen that you sometimes become mischievous. So, what does the Father do at that time? Seeing all of that the Father continues to give special power, because he wants every child of his to be a king child. In the world, an especially beloved child would be called a “rajabachcha!” (royal, king child). He is not a king, but he is called a king. Now, all of you are now king children of BapDada, and in the future too, you will be the king child. At present, you have self-respect and self-sovereignty. Now, the soul is ruling over all the physical senses. So, at present, you are

the masters of the self, and you will be those who have a right to the kingdom in the future. So, you are the king children, are you not?