

Dadi Janki – 12th November 2013 – Shantivan

The word to use is 'now' not 'how'

This study makes a soul very elevated. When we take the sustenance Baba is giving we feel 'I am Baba's and Baba is mine'. What was I before and what have I become now? Ask yourself this. The status of deities is different; there are many types of status. But now I have to become an angel... keep this in your awareness. *One who follows Baba's Shrimat at every step will move into the angelic stage – that is they will become an angel. For this I have to free myself from following my own dictates and the dictates of others. It's all about 'NOW'. 'HOW' does not come into it. We have been told everything clearly by Baba – we have been given all the methods clearly.*

Baba has made us totally light and has given might. Whatever happens will be right. Keep this faith. There is the light of knowledge and there is lightness within the self. Baba has given the method to be totally without burden. These are the two types of light. I am a light – I am a shining star in the centre of my forehead. And the second type of light is the lightness that comes from being free of all burdens.

Who am I and who is mine? When we go deep inside and answer these questions we ourselves become master almighty authorities. There will be the feeling that I am the light shining in the centre of the forehead and that the One who is mine, is up above shining His rays onto me.

In this life we need the 8 powers. Within those 8, 3 are prominent. These are patience, tolerance and contentment. Tell yourself, 'Oh mind, be patient – the days of happiness are not far away'. Even to sit in remembrance, one needs patience. I need to give time for remembrance and realize its importance. I need to remain in the soul conscious stage. Only then can I be yog yukt. *Ask yourself, do I have any arrogance hiding away in any corner? If there any arrogance lurking somewhere within one cannot be equal in praise and defamation, loss and profit, sorrow and happiness...* There will definitely be people who come and insult us. However, I have to remain in my self respect. I simply have to remain in my self respect and give respect to others. It is this straightforward. We have to remain in self respect, keeping a pure mind and a clean and truthful heart. A clean heart is a wonderful heart. Always consider yourself to be sitting on the seat of a swan. These are Baba's own versions... they are all so beautiful! We know now the difference between pearls and stones. We need to keep emerging the power to discriminate, to accommodate and to pack up. We have to merge and accommodate everything. We have to now pack up everything. Do this and the word 'how' will disappear from your life. You will feel that everything has become simple. You will feel that your heart is clean, and it is said that God is always pleased with an honest and clean heart.

Baba is my mother and father but He is also my master. *In life people go to great lengths to keep their masters happy. Thus, I have to do what I know makes Baba happy with me.* This is the way to maintain a relationship with Him. He may be merciful but it is my task to do what He says and one of those aspects is to remember Him. If I do as He says and pay attention to remembering Him then He can free me from all the sins I have performed in the past which are like a subtle burden on the soul. The feeling of becoming free from the past brings natural happiness in the soul. That happiness is nourishment. It is said 'there is no nourishment like happiness'. So ask yourself, 'Am I happy'? Have I used the methods Baba has given to make myself happy? Happiness cannot be hidden; it is revealed on the face and in the actions I perform. With His blessings, through His mercy, I can claim the type of happiness only Baba can bring in the soul.

If you allow yourself to feel pressure, it will come out as anger at some point. This is why, don't allow yourself to feel pressure. We have received service as fortune, it is not a type of pressure. I should not be pressured by anyone and no-one should be pressured by me. I should remain cool and sweet. In the beginning Baba used to say, 'Let your nature be simple'. The word 'simple' is beautiful. Simplicity brings success and the way of speaking becomes very easy.

So, now make Baba your companion and become an observer of this great, unlimited drama that is being enacted in front of your eyes. *With the experience of Baba's companionship you can become an observer and everything becomes easy.* In the state of being an observer there is no question of 'What is this?' 'Why is that?' The mind becomes clear and clean. So now be detached in a positive way. Detachment doesn't mean to hide yourself away in corner. Be with Baba and then come into relationship and connection. You can then be truly loving. See how detached yet loving Baba is. Sit with Baba at amrit vela and you will receive a great deal of love and power. You will become a natural and easy yogi who has a constant connection with Baba and you will feel that effort has become easy. Om Shanti