

For January 7, 2015



Unlimited Soul in Conversation with the Unlimited ONE

First Awareness

The moment I open my eyes, I realize: I am a soul. I descended from the Sweet Home of Light in order to give radiant light to the world.

Who am I?

I am an unlimited soul. I take up unlimited responsibility to bring benefit to the whole world. By fulfilling this unlimited responsibility I ascend.

To Whom do I Belong?

Soul converses with Baba:

Good morning sweet Baba. I realize that limiting attachment comes when I think, "I am a householder. These are my relatives etc." I break these limits when I transform my awareness and reflect: I stand on the field of service and my responsibility is to bring benefit to the whole world.

Baba converses with the Soul:

Sweet child, wake up! Sit down with Me. Remember your alokik responsibility. If instead you devote time and thought to limited responsibility, you neglect your real duty. In limited consciousness, you disturb, rather than benefit, those souls for whom

you are responsible. Not seeing your alokik activity, they remain separated from their alokik Father. So your so-called responsibility, being limited, becomes a burden.

Receiving Inspirations

I take a moment to quiet my chattering mind by focusing on Baba, the Ocean of Silence. In this silence, I receive from Baba pure, inspiring thoughts for service.

Receiving a Blessing from Baba

I manifest my angelic form before sweet Baba in the subtle regions. With much love and powerful drishti, He gives me this blessing:

With your stock of happy and Godly thoughts, you finish the stock of wasteful words and actions. Because of this, your spirituality fills the atmosphere with power and electrifies souls with the current of the Divine.

Unlimited Subtle Service (last 15 minutes)

I bestow on the world the blessing described above. I take this blessing from Baba and gift it to the whole world through my pure thoughts. With my angelic costume, I circle the earth globe and give this blessing to all souls.

Before Going to Bed

I steady myself in the stage beyond sound. I mentally check: was I disobedient in anyway during the day? If so, I admit it to Baba. Did I succumb, mentally or physically, to any attractions, attachments, or selfish preferences? I chart my actions, and remove the impact of faulty actions with 30 minutes of yoga. I go to sleep with a clean and clear heart.