For January 11, 2015



Enthusiastic Soul in Conversation with the Bestower of a Divine Intellect

First Awareness

The moment I open my eyes, I realize: I am a soul. I descended from the Sweet Home of Light in order to give radiant light to the world.

Who am I?

Every day, I reflect on a new point of knowledge. I become soul conscious and change the way I remember. This gives me courage and enthusiasm. I eagerly wake up for amrit vela to receive new things from Baba.

To Whom do I Belong?

Soul converses with Baba:

Good morning sweet Baba. At amrit vela, I realize I'm going on a spiritual picnic. This gives me great enthusiasm and laziness runs away. Sometimes I go to the Supreme Abode, then I go to Paradise, and sometimes I visualize my meeting with You in Madhuban.

Baba converses with the Soul:

Sweet child, wake up! Sit down with Me. BapDada elevates you with His gift of divine intellect. Everyone receives this gift, but not all use it equally. The divine intellect is very powerful and easily available. It enables you to travel throughout the three worlds

(Supreme Abode, Subtle Regions, and the physical world). Pull the switch of remembrance and, within a second you are there. With this switch you can experience any world for as long as you wish simply by remaining conscious of that world. The way to use this gift most effectively is by being careful at amrit vela.

Receiving Inspirations

I take a moment to quiet my chattering mind by focusing on Baba, the Ocean of Silence. In this silence, I receive from Baba pure, inspiring thoughts for service.

Receiving a Blessing from Baba

I manifest my angelic form before sweet Baba in the subtle regions. With much love and powerful drishti, He gives me this blessing:

You are a special actor whose elevated treasures last for the whole cycle. You claim this fortune because from the beginning of your Brahmin life, you have been one who benefits others and remains in complete purity.

Unlimited Subtle Service (last 15 minutes)

I bestow on the world the blessing described above. I take this blessing from Baba and gift it to the whole world through my pure thoughts. With my angelic costume, I circle the earth globe and give this blessing to all souls.

Before Going to Bed

I steady myself in the stage beyond sound. I mentally check: was I disobedient in anyway during the day? If so, I admit it to Baba. Did I succumb, mentally or physically, to any attractions, attachments, or selfish preferences? I chart my actions, and remove the impact of faulty actions with 30 minutes of yoga. I go to sleep with a clean and clear heart.