21.12.2014



Light of the Eyes with Mother Brahma

First Awareness

The moment I open my eyes, I realize: I am a soul. I descended from the Sweet Home of Light in order to give radiant light to the world.

Who am I?

I am the light of Baba's eyes. I am the sparkle of His life. Brahma Baba has motherly attachment toward me. I have a special invitation and invocation from Baba to meet him in the subtle regions.

To Whom do I Belong?

Soul converses with Baba:

Good morning sweet Baba. At amrit vela, mother Brahma calls me and nourishes me with all spiritual powers. I think of each power and experience it being fed into the soul with great love by mother Brahma.

Baba converses with the Soul:

Sweet child, wake up! Sit down with Me. Increase the power of your intellect. Go on a journey – at one moment, go to the soul

world and the next moment, arrive in the subtle regions. Then go to the physical world and experience your elevated Brahmin life. Create the habit of racing through the three worlds.

Receiving Inspirations

I take a moment to quiet my chattering mind by focusing on Baba, the Ocean of Silence. In this silence, I receive from Baba pure, inspiring thoughts for service.

Receiving a Blessing from Baba

I manifest my angelic form before sweet Baba in the subtle regions. With much love and powerful drishti, He gives me this blessing:

You are a self- sovereign soul whose treasure store constantly flows with spiritual knowledge, virtues, and powers. You bestow these gifts naturally through your every breath, thought, and action. Because of this, you live with prosperity, unbroken happiness and peace and a right to the kingdom of the new world.

Unlimited Subtle Service (last 15 minutes)

I bestow on the world the blessing described above. I take this blessing from Baba and gift it to the whole world through my pure thoughts. With my angelic costume, I circle the earth globe and give this blessing to all souls.

Before Going to Bed

I steady myself in the stage beyond sound. I mentally check: was I disobedient in anyway during the day? If so, I admit it to Baba. Did I succumb, mentally or physically, to any attractions, attachments, or selfish preferences? I chart my actions, and

remove the impact of faulty actions with 30 minutes of yoga. I go to sleep with a clean and clear heart.