

For December 25, 2014



Joyful Soul Meeting the Seed of the Tree

First Awareness

The moment I open my eyes, I realize: I am a soul. I descended from the Sweet Home of Light in order to give radiant light to the world.

Who am I?

I am the one who receives the supreme treasure of happiness. I attain everything I want. I dance in joy and ecstasy.

To Whom do I Belong?

Soul converses with Baba:

Good morning sweet Baba. I feel there is a feast in front of me - a feast of all relationships with You. This feast is my birthright. I have a right to experience everything I need from You.

Baba converses with the Soul:

Sweet child, wake up! Sit down with Me. From the start of morning, use this treasure of joy and happiness, think over it – talk to yourself of happiness. The moment you open your eyes, the Creator of the World, the Bestower of gifts should appear before your mind's eye. Come and meet me as the Seed of the Human World Tree. Within Me, the Seed, the entire Tree is contained.

Receiving Inspirations

I take a moment to quiet my chattering mind by focusing on Baba, the Ocean of Silence. In this silence, I receive from Baba pure, inspiring thoughts for service.

Receiving a Blessing from Baba

I manifest my angelic form before sweet Baba in the subtle regions. With much love and powerful drishti, He gives me this blessing:

You switch on the light of your angelic awareness and the darkness of waste is dispelled in a second. Because you have learned the art of this switch you have become powerful and because you have become powerful, you have become a bestower for all of creation.

Unlimited Subtle Service (last 15 minutes)

I bestow on the world the blessing described above. I take this blessing from Baba and gift it to the whole world through my pure thoughts. With my angelic costume, I circle the earth globe and give this blessing to all souls.

Before Going to Bed

I steady myself in the stage beyond sound. I mentally check: was I disobedient in anyway during the day? If so, I admit it to Baba. Did I succumb, mentally or physically, to any attractions, attachments, or selfish preferences? I chart my actions, and remove the impact of faulty actions with 30 minutes of yoga. I go to sleep with a clean and clear heart.