

For June 15, 2015

### Smriti or to Remember

Sweet child, consider your self to be a soul, a point. The Father of souls is the incorporeal One. He is the knowledge-full One. He comes here and teaches us. He explains the secrets of the beginning, the middle and the end of the world. Very few have remembrance while knowing, "I, this soul, am a point and the Father too is a point." Each tiny soul has a part of 84 births recorded in him.

Sweet Baba, during the course of the day I will reaffirm the awareness that I am a soul and You alone are the Purifier, the Ocean of Knowledge. I have deep conviction that, "I, this soul, am a point and You, the Father of all souls, too are a point." Though such a tiny soul, I have a part of 84 lives recorded within me.

### Samarthi or Power

I constantly plug myself into the power that is received from the above smriti. I become aware how my smriti is recharging my self-respect. I pay attention to how my smriti is giving me strength and is allowing me to operate with equanimity and patience in an ever-changing world.

### Mano-vritti or Attitude

Baba to Soul: You also know that the old world is now going to be destroyed and that you will then go and play your parts in the golden age. You will become golden-aged residents of heaven. By remembering this, you remain happy. We are studying to become the residents of heaven. Your happiness should be stable until this study ends.

I am determined to transform my attitude from the physical to the spiritual. I remember that I'm studying to become a resident of the Golden Age. I maintain a stable spiritual attitude throughout the day.

### **Drishti or Pure Vision**

Baba to Soul: You children know that there are two pure worlds: Liberation and liberation-in-life. Every soul will become pure and go to the land of liberation.

I keep the Soul World in one eye and the Golden Age in the other eye. In my drishti today, I maintain a vision of every soul becoming pure and going to the Soul World.

### **Creating a Wave**

I will do mansa seva and be part of creating a beautiful wave of pure remembrance and attitude spanning the whole globe during the 7:00pm to 7:30pm meditation. I will engage the smriti, manovritti, and drishti from above and give sakaash to the whole world as a humble instrument.