# May 16, 2015

## Smriti or to Remember

Sweet child: Always remain aware that although you are in this world, your intellects understand that you are the Brahmins of the confluence age. All other human beings are in the iron age. You can see the contrast. Your intellects know that you have now moved away from the iron age. You are aware that Baba has come. This old world is changing. This is in your intellects. You understand this.

Sweet Baba, during the course of the day I will reaffirm the awareness: Baba you are making our intellects so deep and subtle. I, such a tiny soul am changing from one with a stone intellect and am becoming one with a divine intellect. I will allow such thoughts to flow through my intellect all day.

#### Samarthi or Power

I constantly plug myself into the power that is received from the above smriti. I become aware how my smriti is recharging my self-respect. I pay attention to how my smriti is giving me strength and is allowing me to operate with equanimity and patience in an ever-changing world.

#### Mano-vritti or Attitude

Baba to Soul: You understand that you are a child of the ONE Father. Everyone calls Him God, the Father. We belong to Him. We are a family of souls.

I am determined to have an attitude to include everyone as a member of God's family. When I recognize each soul as a child of God with the right to His inheritance, then my attitude expands to include all souls in the world family.

### Drishti or Pure Vision

Baba to Soul: A yogi can silence others with their drishti. Drishti is a power that can take one into absolute dead silence.

I am determined to practice becoming bodiless. I will make the effort to create such a stage of yoga that my drishti can silence anyone and take them into absolute dead silence.

## Creating a Wave

I will do mansa seva and be part of creating a beautiful wave of pure remembrance and attitude spanning the whole globe during the 7:00pm to 7:30pm meditation. I will engage the smriti, mano-vritti, and drishti from above and give sakaash to the whole world as a humble instrument.