

We can keep the stressed mind
in order with the powers of God

Supreme Soul - God Shiva



Experiencing of True Peace & Happiness by Rajayoga Meditation

YOU ARE CORDIALLY INVITED

44th & 45th
NATIONAL CONFERENCE ON
MIND-BODY MEDICINE

12th - 16th May, 2022

&

10th - 14th June, 2022

Venue :

Brahma Kumaris, Shantivan, Abu Road, Rajasthan

Organised by



Medical Wing

(Rajayoga Education & Research Foundation - RERF,
Global Hospital & Research Centre Trust)



Under the Patronage of

Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya



Dear spiritual brother/sister,

Happiness, love and a divine connection is what we experience as we invite you to participate in our Medical Conference on Mind-Body Medicine, This conference is specially meant for doctors from all over India.

Each time we meet for a conference, it is with the intention to learn and share techniques of healing self and others. Unconditional care and commitment towards our patients is natural for us. We are often so busy taking care of others that we do not have time to take care of our own selves. As a result, we invite stress, fatigue, burnout or depression into our life. This conference is all about taking care and healing the one whom we have ignored the most – OUR OWN SELF.

Self care is a spectrum of knowledge, skills and attitudes which will empower us towards total wellness-spiritual, emotional, mental, physical, social and occupational. Research supports that meditation and self reflection enhance a sense of well-being, increase empathetic engagement in doctors and cultivate a kind and non-judgmental attitude towards self and others.

In this Mind-Body Medicine conference senior medical professionals and Rajayoga practitioners will share simple spiritual tools which will shift us from busy to easy; anger to patience; irritation to compassion; stress to happiness, and as we make this paradigm shift in our consciousness, life will become a celebration. We are certain that you will feel relaxed, recharged and rejuvenated.

With greetings of love and peace,

Dr. Ashok Mehta (MS, FRCS, FICS)
President
Medical Wing

Dr. Banarsilal Sah
Secretary,
Medical Wing



The Organisers



Prajapita Brahma Baba
Founding Father



Dadi Ratan Mohini ji
Chief of Brahma Kumaris

BRAHMA KUMARIS

The Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya is an international NGO of the UN accredited with General consultative status with the ECOSOC; Associate Status with the DPI; Consultative Status with UNICEF; Observer Status to the UNEP; an Observer Organisation to UNFCCC; a Flagship Member of ERP, FAO. The organisation has completed 86 glorious years of service to humanity. It recognises intrinsic goodness of every human being and helps to rediscover it within each one of us. It has been honoured with 7 Peace Messenger Awards by the United Nations.

The organisation through its 4,000 associate centers in over 135 countries, offers education in human, moral and spiritual values and has made peace, love and happiness a sustainable experience in the lives of millions of people using spiritual principles, Rajayoga Meditation and Yogic lifestyle.

MEDICAL WING (RERF)

The Rajayoga Education and Research Foundation through its 20 wings, which includes the Medical Wing, imparts Spiritual Life Skills for personal and professional empowerment to every segment of society. The Medical Wing (estd. 1985) promotes holistic lifestyle, positive thinking, stress management, and health education programmes. It has organised over 250 holistic health fairs. Its project 'My India, Healthy India' was recognised by the India Book of Records as the longest distance health awareness campaign. With its more than 2000 members, Medical Wing is taking wellness to millions with its projects - Reversal of Coronary Artery Disease, De-addiction, Holistic approach to Diabetes, Divine Mother-Baby, Holistic Health Education Camps and many others.

GLOBAL HOSPITAL & RESEARCH CENTRE TRUST

The GHRC Trust runs a 120-bed hospital - J. Watumull Global Hospital & Research Centre at Mount Abu and G.V. Modi Rural Hospital, P.C. Parmar Eye Hospital and Radha Mohan Mehrotra Trauma Centre in Talhati, Abu Road. The trust was entrusted the management of BSES Municipal General Hospital, Andheri(W), Mumbai in 2002 - a multispeciality hospital under public-private partnership.

JANKI FOUNDATION FOR GLOBAL HEALTHCARE

Janki Foundation for Global Healthcare is a UK-based healthcare charity, which encourages both research and awareness in the field of spirituality and health. The Foundation has developed an experiential programme of "Values in Healthcare - A Spiritual Approach" (VIHASA) which meets the spiritual needs of patients and self-care of healthcare professionals.

Topics

3D Healthcare for Healthy Heart
Art and Science of Rajayoga
Balance, Blessings & Bliss
Divine Garbhsanskar for Divine India
Balancing care quality and efficiency
Call of Time
Caring is Healing
Mystery of Mind
Emotions and Diabetes
Scientific evidence of Rajayoga Meditation
Why should you meditate?
Miracles of Meditation
One Decision that Will Change My Life
Power of Thought
Quantum healing
Recognizing the Higher Power
Creating Compassion
Stress Management
Meditation as Cancer Therapy
Easy Meditation for Busy Doctor
New Law of Karma
Healing Minds
Striking Balance: Enjoying Life
Successful and Happy Life
Emotional Mastery
VIHASA

Dr. Satish Gupta
BK Deepa
Dr. Sachin Parab
Dr. Shubdha Neel
Dr. Gurucharan
BK Deepa
BK Shreya
Dr. Mohit Gupta
Dr. Shrimant Sahu
Dr. Gaurav Aggarwal
Panel
Prof. Dr. Swaminathan
BK Geeta
BK Surya
Dr. Girish Patel
BK Anita
Dr. Reena Tomar
Dr. Pushpa Pandey
Dr. Gautam R. Lodaya
Dr. Shyamji Rawat
Dr. Gomti Aggarwal
Dr. Preeti Jain
Panel
BK Surya
Dr. Prem Masand
Mini Work Shop

Guidelines For The Registration

1. Senior doctors of all systems of medicine and healthcare professionals including nurses, pharmacists, medical representatives and medical researchers inclined to spirituality are eligible, along with spouse.
2. Delegates are required to abstain from smoking and alcohol during their stay at Abu.

Nearest Airports:

Udaipur 156 km & Ahmedabad 202 km

Nearest Railway Station:

Abu Road 6 km

CORRESPONDENCE



Dr. Banarsilal Sah,

Secretary - Medical Wing (RERF),
Director - Ever Healthy Hospital,
Brahma Kumaris, Shantivan,
Abu Road, Rajasthan - 307510

Mobile: 8054442222, 9414153942

Email: mbmconference@bkviv.org



BK MEDICAL WING HQ

