



# The World Renewal

Monthly

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**1. Abu Road (Shantivan):** Inaugurating 11th World Congress on Clinical, Preventive Cardiology and Imaging are Ms. Krishna Raj, Union Minister of State for Women and Child Development, Rajyogini Dadi Janki, Rajyogini Dadi Ratanmohini, BK Nirwair Bhai, Dr. S.S. Agarwal, President of Indian Medical Association, Dr. H. K. Chopra, President of Cardiology Society of India, Dr Satish Gupta and others. **2. Abu Road (Shantivan):** All India Sr. Sec. Teacher's Conference is being inaugurated by H.E. Lt. Gen. (Retd.) Nirbhay Sharma, Governor of Mizoram, Rajyogini Dadi Ratanmohini, BK Mruthyunjaya, BK Raj Didi, Dr. BK Harish Shukul and others.



**1. Abu Road (Shantivan):** Inaugurating 10<sup>th</sup> National Conference for Nursing Professionals are Mr. Faggan Singh Kulaste, Hon'ble Union Minister of State for Health and Family Welfare, Rajyogini Dadi Janki, Rajyogini Dadi Ratanmohini, BK Nirwair, BK Sis. Muni, Dr. Pratap Midha, Dr. Banarsilal and others.



**2. Raipur (Shanti Sarovar):** A Seminar organized by Security Service Wing on Self Empowerment is being inaugurated by Mr. Ramsewak Paikra, Hon'ble Home Minister of Chhattisgarh, B K Sis. Shukala, BK Sis Kamala, Col. B.C. Satti, BK Sis. Deepa and others.



**3. Mangaluru:** A Felicitation Programme to honour the national and state winners in various games is being inaugurated by Ms. Manjari Bhargava (Arjuna Awardee), Mr. Pradip D. Sauja, Dy. Director of Youth Empowerment and Sports, Mr. Harish, President of Sports Institute, BK Sis. Vishveshvari and others.



**4. New Jersey (USA):** After a talk on 'Experiencing Inner Powers of Soul' BK Atam Prakash, BK Sis. Dolly and others are in a group photo.

From the mighty pen of Sanjay

# THE KNOWLEDGE OF GOD

The identity of God, in the mind of most theists and believers, is vague. Most people consider the mystery about God as insoluble. Even the sages in the ancient past, who spent most of their time in the search of metaphysical truth, have said that God is beyond the reach of human understanding. *Aparampar* (beyond human perception), *Agam-Agochar* (Unknowable) *Neti-Neti* (Not this, Not this) - these are some of the words they have been using to express the inability of human mind to comprehend God. The well-known saint Ramakrishna Paramhans used to illustrate this difficulty by giving the analogy of a mountain and an ant. He used to say that God is like an infinitely huge mountain of sugar and all human beings, including the sages, are like ants. As an ant can not eat up a Himalaya-like mountain of sugar so the sages cannot imbibe the knowledge of God.

But, we respectfully differ with this view of saint Ramakrishna Paramhansa though we admit that most people of the world are ignorant of the identity or form of God, firstly, because God, being a transcendental entity, can be known only in a *spiritual* way as against other things of the world which can be known through *physical* senses and, secondly, because the knowledge of God can come not through the method of *trial and error* or as a result of *research* but only through *revelation* and *experience*.

(.....contd. on page no. 34)

## Happy & Holy Diwali

On the occasion of the celebration of *Diwali*, the team members of *The World Renewal*, the English Spiritual Monthly Magazine, convey their heart-felt good and golden wishes to all its readers and the B.K. divine family members and all souls of the world as well for their peace, purity, prosperity, health, wealth and happiness. Let all remain under the all-embracing canopy of the Incorporeal God Father Shiva's remembrance and achieve His blessings and benedictions.

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## *APPLAUDING THE SUCCESS OF THE 11TH WORLD CONGRESS ON CLINICAL PREVENTIVE CARDIOLOGY & IMAGING (WCCPCI)*

A very noble gathering of around 2200 participants, which included 400 ICU Nursing Care experts, joined together in the 11th World Congress on Clinical Preventive Cardiology & Imaging (WCCPCI) at the Brahma Kumaris' Shantivan Campus, Abu Road from 22-25 September, 2016. The event was helmed brilliantly by the main Organizers: **Dr HK Chopra**, President of Cardiological Society of India, **Dr Navin C Nanda**, Professor of Medicine and Cardiovascular Disease, **Dr SK Parashar**, Chief, Non-Invasive Cardiac Laboratory at Metro Group of Hospitals, **Dr Rakesh Gupta**, Director & Chief Cardiologist of Echo & Color Doppler Centre, JROP Institute of Echocardiography, and **BK Dr Satish Gupta**, Senior Consultant, Cardiology & Medicine, and Organising Secretary. They worked very hard towards the success of the event. About 1400 Cardiologists

were present, of which 60 were from USA, UK, Europe, Middle East, Australia, and Sri Lanka.

**Smt. Krishna Raj, Minister of State, Ministry of Women and Child Development**, also graced the Inaugural Session and shared her views eloquently about the event, and with regard for the task of the Brahma Kumaris.

An Exhibition organised by different Companies was set up to display the latest cardiac instruments and medicines, etc. which was a good learning experience for many. The highlight of the Conference was the professional inputs by very Senior Cardiologists from different parts of the world, and others from India. Delegates were also exposed to highly-placed professional Papers and Video Presentations.

Everyone was deeply touched and inspired by the will-power and courage of Rajyogini Dadi Jankiji, Chief of Brahma Kumaris. Close to age

101, Dadiji specially came to share quality time and words of wisdom.

Dr Satish Gupta, Dr Pratap Midha, Dr Banarsilal Sah, Dr Girish Patel, and others were actively engaged in organising everything and taking care of the guests.

The first two days were specially favoured for the presence of world-renowned Motivational Speaker, BK Sister Shivani, whose lectures attracted great numbers of the audience.

Not only was the Conference very informative, but educative on all levels. Though the medical field is rewarding in many ways, it is also filled with high levels of stress and uncertainty, so it was beautiful to see these very senior and skilled Physicians and Cardiologists appreciating the sessions on Spirituality and Meditation as an alternative for Stress-Management, and the experience of inner peace and

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happiness. Positivity in attitude and approach and relationships, was something everyone understood, and wished to explore further in their day-to-day life.

It is also a pleasure to note that the **Coronary Artery Disease Regression Research Project** of Global Hospital & Research Centre, Mt Abu, headed by Dr Satish Gupta, continues to influence

and transform the lifestyle of thousands of people across the world. Dr Satish Gupta and his son, Dr Rahul Gupta (Critical Care Physician), were recently in Malaysia to conduct the 3-D (Soul-Mind-Body) Healthcare programme in Selangor. They also gave a very informative interview to *Star2: The People's Paper* called "Matters of the Heart", wherein Dr Satish shared his own interest in

this particular field of medicine, and details of how spiritual, mental and physical care with modern medicine can enable participants to receive a permanent cure from every disease of mind and body. We trust that more and more of the younger and older generations will pay greater attention to these vital aspects of well-being, and thereby create a happy and productive life for themselves.

## ***HONOURING THE INNER SHAKTIS***

Bharat is the land of Festivals where a range of important, religious events are held every month. Being the motherland of all religions, we see all major religions being represented in collective, community celebrations from time to time throughout the year. These are the days when the people of Bharat honour the Mother Goddess in her 9 Avatars: ***Shailaputri, Bharmacharini, Chandra Ghanta, Kushmanda, Skanda Mata, Katyayani, Kaal Ratri, Maha Gauri, Siddhidatri.***

Each Goddess represents a special power such as Purity, Peace, Love, Power, Valour, Compassion, etc. It is a very special time for those connected with Bharat around the world as

they organise special programmes for *Navratri* celebrations. Then on the 10th day, everyone awaits the annihilation of the symbol of evil, *Ravan*. It is an event which has been celebrated for centuries, and yet each year it is celebrated with greater enthusiasm and gusto. Young children have always enjoyed the presentation of *The Ramayana*, especially in village parlance. It is the best way to educate the newer generations on the values of Indian mythology, and more importantly the traditional and moral values. The young and old who view these programmes are constantly inspired by the lesson that 'good is always victorious over evil,' and, therefore, everyone needs to follow a

lifestyle based on positive values.

The Brahma Kumaris all over India have been sharing the spiritual significance of these festivals through special tableaux (*jhankiyaan*) where sisters are decorated as the 9 Goddesses, and seated on their glorious and unique chariots in *tapasya*. Thousands of people come to visit these tableaux to hear the spiritual meaning and activity of each *Shakti*, as well as practically witness the power of concentration and meditation of these living Goddesses, who appear as the idols in Temples. Many devotees tend to have special visions and experiences, while they receive the divine message through perception, inspiration and explanation.



The Brahma Kumaris have also evolved a unique way of burning the symbolic effigy of *Ravana*, where spectators are encouraged to write down on a piece of paper their inner weaknesses, which trouble them in daily life and need to be overcome. Everyone is then invited to place these papers on the image of *Ravana* to be burned once and for all. This process helps the souls eradicate their weaknesses, as the practical scene of ‘burning negativity’ reminds them that they have taken the oath of pure thought to renounce defects in order to lead a pure and peaceful life.

The following abridged elevated versions of *Sakar Murli*, dated 4 October 2016, shares a powerful message of how we should forge a deep connection with the Almighty Authority, God Shiva, to return to our original stage of bliss, purity and wisdom:

“We are souls and our Father is the One Supreme Soul, who is the Father of all. Everyone would accept this; they would not say that the Fathers of us souls are different. Now, that we are His children, we know His occupation. We are now the heirs of God; so what does He

have? He is the Ocean of Bliss, the Ocean of Knowledge, the Ocean of Love. It is because we know this that we sing His praise. Others would not say this...

“Now, the Supreme Father, the Supreme Soul, who is the Ocean of Happiness, comes and changes this iron-aged world and makes it into a treasure-store of bliss, happiness and love, where there is nothing but happiness and more happiness, love and more love. There, even the animals have a lot of love. The parts of happiness and sorrow are performed in this corporeal world.”

“When it is heaven in this world, there is eternal spiritual love, but there is sorrow in blood connections. *Sannyasis* too do not have any blood connections. This is why they don’t have any feeling of sorrow about anything. They say: I am truth, a sentient being and an embodiment of bliss because they have renounced their blood connections. In the same way, here, too, you do not have any blood connections. Here, we all have spiritual love which God teaches us. The Father says: “My bliss, happiness and love are yours because you have renounced that world and come into My lap (adopted)”.

“Education is said to be bliss. So, the more you take up this spiritual education, the more happiness you will receive in that (heavenly) kingdom as subjects. This Godly education is bliss through which you receive supreme peace and happiness. This unshakeable and constant self-sovereignty of happiness and peace is God’s property which you children receive. Then, to the extent that you take up this knowledge, you will accordingly receive the Father’s inheritance. When the seekers take up this knowledge and see that there is unlimited happiness and peace here, and that there is sorrow in that world, they come into God’s lap.”

“Thousands and hundreds of thousands come here and they continue to listen to you. The more they hear, the more they will continue to receive blessings of bliss and peace because these teachings of the Immortal Father cannot be destroyed. This is called the imperishable wealth of knowledge; it can never be destroyed. There in the pure world, there is internal bliss because everyone remains soul conscious there. Here, we have become body conscious and this is why we are unhappy.”

“The Father sits here and

says: “Children, become viceless! Remember God! Similarly, when you go on a pilgrimage, you stop indulging in vice and getting angry. You would not indulge in vice on the way. All along the way, they continue to sing, “Victory to the Lord of Immortality”, but when they return they begin to drown in those same vices again. You are not going to return. You are not going to become lustful or angry. If you indulge in the vices, your status would be destroyed. Those who become holy will become part of the rosary of victory.”

“This world is now changing because it is becoming Golden

Aged from Iron Aged. Then, it will change from the Golden Age into the Silver Age. From the Silver Age it will change into the Copper Age, and then from the Copper Age into the Iron Age. The world continues to change in this way. Who is changing it? God Himself and you have become His beloved children. The subjects are also being created, but children are children and subjects are subjects. Those who have renunciation become heirs. However, if you haven’t taken that much knowledge, you will not receive a status. Those, who study well, will become lords. Those who simply continue to

come and go will become part of the subjects. Then, to the extent that you become holy, so you will receive happiness.”

“He is the Magician and His part of magic is now being performed. You are very lovely children; the Father can never upset you. If He were to upset you, you children would also learn to get angry. Here, everyone has internal love. All of you become obedient servants and remain engaged in service. God also becomes the Obedient Servant and serves His beloved sons and subjects. He showers bliss upon the children.”

### ***ANGELS FLY TO THE LAP OF THE SUPREME BEING***

We offer our deepest regards and salutations, in the remembrance of the Supreme, to the spiritual jewels of love and service who have left their old, corporeal bodies in the past month (end of August to end of September 2016), some of whom are as follows:

**Premlata Mataji** (age 111) of Shantivan, **BK Mohini Behenji** of Madhuban (PBKIVV Managing Committee Member), **BK Murli Dada** of London (lokik father of BK Jayantibenji and

instrument to serve in many countries), **Dada Khuba Watumull** of Mumbai (founding Member of J.W. Global Hospital & Research Centre, Mt Abu), **BK Sister Mala of Indonesia** (BK Teacher who served many countries in the Asia-Pacific region), **BK Madhubhai** of Mumbai (cousin-brother of BK Rameshbhai Shah), **BK Vimla Behen of Agra** (Sub-Zonal Head of Agra Service Centres), **Leela Mataji** (lokik mother of **BK Beena Behen** of Chennai), and **BK Sister Seeta of UK**

(BK of 40 years, and lokik sister of Aunty Betty of Canada/lokik aunt of BK Sister Gayatri of USA).

All these star Brahma Kumaris and Brahma Kumars will surely continue to play a beautiful role in God’s work of world transformation. Their new journey is clear evidence of the closing scenes of the present world drama, before the repetition begins anew with the dawn of the Golden Age.

– **B.K. Nirwair**



## A TRIBUTE TO SISTER B.K. MOHINI OF MADHUBAN



Our sweet and beloved sister B.K. Mohini of Madhuban, who was very loving, fostered by Sakar Brahma Baba and Mamma, was the Bestower of divine sight and doing unlimited service, went to lie in the lap of BapDada after leaving her mortal body at 8.45 a.m. on September 7, 2016. She was hospitalized for treatment of her kidneys for last few days.

She came in contact with the Brahma Kumaris Organization (BKO) in 1953 at the young age of 12 and started living her spiritual life at Lucknow in UP along with her study in school. Brahma Baba, the corporeal founder of BKO commented about her, "This child was a daughter of the Divine (*Devkanya*) and would play very important role in various significant activities of the organization in times to come." She was very lovingly nourished by Jagadamba Saraswati and also by all our Dadis. Then she rendered her spiritual services in Punjab Zone. After the ascension of Brahma Baba to the Subtle World, She did tremendous service the world over by accompanying Dadi

Prakashmani, the then Administrative Chief of BKO. She had contributed greatly and proactively in galvanizing the spiritual efforts of many souls through her lectures and speeches while touring over many places of the world with Dadijee and by bringing spiritual trance messages from God Father as a *Sandeshi*.

She had also greatly cooperated in making the services of the *Yagya* trouble-free with her qualities of vast intellect, fearlessness and power of certainty. Later, she became the Chairperson of the Rural Wing, RE&RF; and under her guidance and leadership many campaigns such as Cleanliness Campaign, Addiction-free Campaign and Farmers' Empowerment Campaign were launched. Under her guidance, *Shashwat Yogic Kheti Project* was also launched through which now the services of many agricultural scientists and villagers are being carried out. Many villages have been adopted for such services. She had served as the Vice-Chairperson of the Politicians' Wing. After the expiry of Gange Dadi, she had also



undertaken the charge of management of the UP Zone. In order to enhance the spiritual services around Abu area, she had opened many service centres in the districts of Sirohi and Jalore and successfully managed them. She was also the member of the Management Committee of the BKO.

She used to listen attentively to the matters of every heart and enabled them to move ahead with her true guidance and directions. She also enhanced the services of Dadi Prakashmani after her ascension to the Subtle World. Since a very long time Mohini Didi's health was not very good. At last, She left this world at the age of 77 to help the Advance Party in the establishment of New Golden Aged World.

Many B.K. teachers and her family members participated in last funeral rites of her mortal body, performed on September 9, 2016 at Abu Road. The whole divine family is offering a tribute to such a great soul like her.





Dadi Janki

## DO I LOVE MYSELF?



– Rajyogini Dadi Janki  
Chief of Brahma Kumaris, Shantivan

**M**y heart tells me to continue with the silence we have been experiencing. Baba's children are able to have an exchange through drishti. Is there actually anything that we need to come into sound? Baba's desire is that His children should be able to spread positive vibrations into the world. There is a bhakti song: 'Have mercy on those who are in sorrow, Oh! Mother and Father'. They sing this song to God that He may have mercy on His children... The Supreme Soul is the Father, the Mother, the Teacher, the Friend and the *Satguru*. Baba has made us belong to Himself with all these different relationships. Baba is very sweet and soft hearted. Have you ever experienced deep love just looking, looking, looking at Baba? When those who have been separated for long come together, then what happens? There is another bhakti song which says that souls have been

separated from God for a long time and then there was a very beautiful meeting. At the Confluence Age, we meet God through an agent (Brahma Baba).

I am very happy to meet all of you. There is no nourishment like happiness. It is thanks to happiness that I haven't been worried in my life. If there was something not good which was going to happen then one would worry but here it is not like that. Baba tells now that when we have found Him we have found unlimited fortune. He is now our Beloved Companion.

Each one has to see the self. What is love? There are different words for love in Hindi; *prem* and *pyar* but in English there is only one word 'love'. Love makes us experience what honesty is. There are many who don't know how to love themselves. If you know how to love yourself then you can benefit from the Confluence Age. When you love yourself then only you can love others. You can then become complete with all the virtues. If I want to become complete, then which

virtues do I need? What can I do so that all virtues come into me and there is no trace of defect or weakness left? As a detached observer, I see myself and also tell you what I see... This is the moment in the Confluence Age when we can become full of all virtues. Baba wants this of us – that we become those who are valuable in the world... I won't mention names but I am telling this to all of you. Some seem to be accumulating all virtues within and they have the thought that they must become this.

When I first went to the UK, I didn't know English but I liked the phrase, 'Don't worry, no problem'. In fact, there are no problems; so, why should I worry? One who worries, then hurries and their words become 'curry' bitter. Baba's children can't worry; everything is good, drama is very good.

Just take a tour across the world and see Baba's children. Each one is so valuable. Sometimes something touches my heart and I can't stay without it. What is that thing? I  
(....Contd. on page no. 30)

# INNER ILLUMINATION

– B.K. Anand M. Hans,  
Paschim Vihar, Delhi



B.K. Anand M. Hans ji

The Buddha once said to his disciples that they should be light unto themselves. But he did not dwell upon the question: who will enkindle the light? In fact, all the founders of the world religions and also the present-day religious authorities have not been able to throw any light as to who will enkindle the light and how. Surely, the inner illumination, whatever it is, is not going to be lighted up of its own accord, suddenly out of nowhere; there must be some

outside agency or power which is to do it. Has anyone an answer to this?

There are five very basic questions for which answers need to be rediscovered, to enkindle the light spoken by the Buddha.. These are very simple questions. The answers too are simple and do not need any religious scriptures or teachings to understand them. Here are the questions with the answers.

The first question is: Who am I? The answer is: I am a soul and this body of mine is only an

instrument through which I function. The soul is the tiniest point of light which we cannot see with these physical eyes. We need the third eye - the eye of Knowledge – to know and recognise it. Even with that, we cannot see it, in the physical sense of the word, but, with practice and meditation, we can perceive it as an entity different and separate from the body. When a person dies, we say that he or she has departed, meaning that the soul has left the body, but no one sees it while leaving.

If I am a soul, what is my relationship with God who is the Supreme Soul? He is my Father. The answer is very simple but it cannot be comprehended unless I am in the firm belief that I am a soul, very much like my Father. The wrong information given to us that God is everywhere and in everyone, will immediately vanish away if I remember this relationship. There would be love and harmony all around when all the souls being children of one Father consider themselves

## A Divine Tribute to B.K. ANAND MOHAN HANS

The World Renewal team pays a divine tribute to **BK Bro. Anand M. Hans ji** who was a divine and serviceable child of God Father Shiva and student of Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalyaya, A Block, Paschim Vihar, New Delhi.

He was doing a great Godly service by writing his valuable articles for the monthly magazine - **The World Renewal** - since many years. He became a regular student of Brahma Kumaris since 1981 and since then made his life worthy and virtuous by following God Shiva's Directions – *Shrimat*.

He was quite unwell for some time and left his mortal coil on 23rd Sept., 2016 at the age of around 82 to lie in the lap of the Almighty God Shiva, and enact his role in the divine act of World Transformation! He was a very humble, simple and sweet soul. The whole divine family is offering a heartfelt tribute to such a serviceable soul.

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related to one another as spiritual brothers.

The third question: Wherefrom have I come? It is very simple to answer. I, the soul, have come from my home which is called by many names - *Paramdham*, *Shantidham*, *Incorporeal World*, *Parlok*, *Mool Watan*, *Muktidham*, etc. It is beyond the stars, the moons, the suns and the skies. It is where we, the souls, reside with the Supreme Soul, our Supreme Father. It is dead silence over there, no movement of any sort, because the souls there are bodiless.

The fourth question: Why have I come? It is even simpler to answer. The great poet Shakespeare say? "All the world's a stage/ And all the men and women merely players..." Rightly, we have come here to play our part on the world stage. It is in the nature of the soul to act. I take up this body, my costume, to play various roles assigned to me in the world drama. These roles are taped in the soul. In our lifetime, we play many roles. Then, we make an exit and take up another costume to play another role. In this world drama we make many exits and entrances as Shakespeare said. No one can escape this world drama, not even the Supreme Soul who is also assigned Himself a role in this drama, the role of transforming the old world into a new world, thereby changing the present *Kaliyuga* into the *Satyuga*. I can go on and on explaining the world drama, but would suffice to add that this drama is now at its concluding stage.

After the play is over, the actors return home, take rest, and go back again on the stage for the next day's performance. This answers the fifth and last question: Where shall I ultimately go back to? But there is one stipulation here. All the souls will have

to be cleansed first of the sins, vices, misdeeds they have been committing for centuries together. This cleansing job can be done by only One - God Himself. For this He has to come down on this earth, enter the body of a human being and make him His medium to act His part. We, all the souls on this planet, will accompany Him back to our home after He finishes His job. But the drama never stops. The souls come back to this world stage, take up their costumes and start acting their parts in the next show of the play all over again, *Kalpa* after *Kalpa*.

Understanding what is said in the answers above, forms the foundation of what inner illumination, spoken by the Buddha, is.

## BECOME PURE

– **B. K. Sapna**, ORC, Delhi

The God Father comes and tells,  
"I am the Lord of unlimited jewels;

My child, I have everything new;  
But My property is only for you,

Because you are My sweet son:  
I will give you everything, it is done.

But, remember me and become pure;  
You can take everything, it is sure;

Don't avoid Me, because I am always the  
Giver;  
I am like an Ocean but not a river.

Those who remember Me more and more;  
They will be perfect and mature."

He also says, "Keep your true chart  
And check yourself what is your part."

# GOD'S WISDOM FOR WORLD TRANSFORMATION

– **B .K. Surendran**, Bengaluru

**M**any great personalities, saints and savants, social reformers, founders of religions and rulers have tried time and again to reform this world and check it from going in its downward trend. During their life time, they have done many contributions for the amelioration of this world. It sustained for a while during their life time and after they left this world, things started to backslide to a further degraded state. What could be the reason?

There are many contributing factors. To name a few are the fissiparous tendencies of the people and sectarian fundamentalist thoughts and actions, while misinterpreting the religious values for promoting one's own dictatorial and whimsical ideas as if the world belongs to them and what they say and preach are the ultimate truth. The world is now in turmoil, where sensible people are confused and bewildered by the events taking place in some of the Western and Arabian countries. The tyrannical miseries and untold sufferings

which are being perpetrated in the name of religion and politics create fear, distrust and helplessness in the minds of the people of the world. The arms and arsenals which are stock-piled can ignite a catastrophe in the world. The nature is also found to be against man as can be observed from the irregular seasons emerging in the world. Politics has failed, and there is no world leader who is universally accepted to lead and guide this world.

## **God's wisdom being revealed**

This world has a "*Malik*" – Owner - who has a definite role to play in the most crucial phase of drama of life. At a time when the world is on its last legs, and on its own weight the existing life on earth will perish, God intervenes and instils a new lease of life in the souls. God reveals eternal truths about the soul, the Supreme Soul and the drama of life. The souls, individual spiritual energy units, are immortal. This world is a drama stage on which a veritable drama is going on. Every soul has its own part. This

world is made up of 5 elements manifesting in different forms and colours and have different uses and purposes. The human beings are related only through the body and, in essence, the souls come on its own and goes away leaving the body when its part ends which we call 'death'. In fact, it is only the death of the body which the soul is really immortal. As the souls have been transmigrating for the last 84 births, they develop body-consciousness. The cycle of life is divided into 5 epochs; the Golden and Silver epochs are called heaven. The souls remained pure as long as the individuals maintained soul-consciousness. But, when they complete 21 rebirths, they are attracted to the body of other human souls and get trapped in 5 vices, especially to start with the sin sex-lust. They lose their supremacy over the 5 elements and also the 5 vices. They come under the influence of vices at all times and their life becomes very miserable and sorrowful. The Supreme Father reveals that all the souls descend to the physical world from *Paramdham* – the region of infinities. He always abides in *Paramdham*. He does not come in the cycle of birth and death. He descends in the body of Prajapita Brahma only once in 5000 years to take back all



the souls to *Paramdham*. God declares that He comes down to reveal the *secret* of the Creation and inform all the souls that this is time for all of them to go back to their sweet home. He is now teaching the human souls the sacred knowledge of creation, about Himself and the souls, the *Karma* philosophy, the ancient Rajyoga and Godly knowledge which he had taught last time when He descended to take back the souls, 5000 years back.

He is sermonising to the world that it is time for *return journey* to the original home of souls, the home of silence. He is directing every soul to remember Him and Him only, so that the souls are cleansed of their sins and they can get back to the Soul World. He is bestowing on all souls, the God Fatherly inheritance of 21 births of purity, peace and prosperity. God is establishing peace on earth and the Godly mission is in progress. More than 10 lakh people have already recognised by Him and they are transforming their lives with the power of Rajyoga. God, the Supreme Being, is transforming this world by transforming the individual souls through His spiritual teachings and sermons.

We all know that great revolutions and establishment of

religions have taken place with the power of words of human souls. But, the Supreme Soul's teachings are great sermons. When that flows through the minds of the human souls their thoughts get purified. *God's words, its delivery, its style and beauty, its poetic presentation and its depth are outstandingly unique which cannot be compared with any human beings.* Those souls who come under the constant flow of His love emerge with greatness. This is happening right now. We are now face to face with the Supreme, conversing with Him, experiencing His powers and receiving His blessings. You will be delighted to see Him in the human chariot, listen to His great versions impregnated with powers and love, witness His interactions with His spiritual children- the souls.

God is the Ocean of knowledge. He reveals the true knowledge of Himself, the souls and the roles in the drama of life and the Creation, definitely, precisely and unambiguously. The Godly knowledge is the source of great infinite power. Thus, the power of knowledge revealed by the Supreme empowers the souls to discriminate what is right and wrong, and thereby enable them

to lead a virtuous life. They are able to exercise wisdom and will power, create pleasant and happy moods. They are empowered with the knowledge as to how to control and manage their thoughts, feelings and emotions, deal with problems without disturbing the self, understand the self in the right perspective and recognize God who is the real Father. He is not omnipresent. He is Omnipotent, dwells in *Paramdham* and makes His presence felt only in auspicious Confluence Age, i.e., at the meeting point of end of *Kaliyug* and beginning of *Satyug*. Until this time, the life on earth is run based on the automatic machinery of *karma* and its fruits.

God bestows spiritual powers on souls – His children, through a simple technique. One can draw the power of peace, happiness, bliss, love, purity and the ultimate spiritual powers from Him through His *lovely remembrance* in soul-consciousness. The thought travels beyond the outer space to the infinite space – *Paramdham* – and draw spiritual power from Him. This is called Rajyoga meditation. Those who remember Him become mentally stable, intellectually sharp, and their

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desires and attachments are getting sublimated. Those who constantly remember Him become self-sovereigns. His simple remembrance has such an unimaginable power.

Blessings are the real *spiritual power* which can be bestowed by God only. God's blessings uplift us to the highest level of existence. He constantly inspires and motivates the souls unconditionally, unmindful of their pitfalls and failures. This gives the souls self-confidence and courage. His good wishes and pure feelings are unlimited. He helps the souls to attain the highest level of authority, wisdom and sovereignty through His remembrance. His unconditional love generates enthusiasm, zeal and cheerfulness in the most helpless, hopeless and bottom-level souls. Innumerable people are the recipients of the blessings and powers of the Supreme and its effects are felt not only by the concerned souls, but other sub-human creatures and the five elements of Nature too.

Thus, the world is preparing for a total transformation through the powers and blessings of God Shiva, the Supreme Soul. It is the right time to receive God's powers

for easy self-transformation and help in the great transformation of the whole world. Remember, transformation of the degraded world to its majesty of greatness and beauty is beyond the power of human beings. It is the sole and whole authority of the Supreme to transform. ●

## CALL OF THE SUPREME FATHER



—B.K. Indal, Dallas

The shadows of night now faded  
And the glory of dawn filled the sky;  
The fear of darkness and visions fled,  
But, intellect - marred in blind worship in long past -  
With glimpse of light far and beyond  
Still is in want of light and clarity in order to see

Suddenly, the rays of light flashed the sky  
And myriads of divine colours danced in heavenly flair;  
The heart of the intellect rejoiced with love  
And beheld the Sun of Knowledge now come;  
The phantoms of shadows flew in haste  
The Light of Beauty, Bliss, and Truth lit the sky.

The distant echoes of glory now resounds  
And celebrate the victory of Light and Might;  
Behold sweet, long lost and now found children!  
Thy Beloved Father now endows thee with knowledge -  
The secrets of 5000 hidden years only now I reveal -  
And give you the golden keys to Liberation and Liberation-in-life.

Now, the Moon glows in fullness of 16 celestial degrees  
And beckons thee to be as full and bright,  
And absorb the rays of the Sun of Knowledge filled with truth,  
And absolve the darkness of sin and impurity within;  
Let your visions sit in the Beloved Father's eyes  
And once more you haste to your home with the Inheritance.

# SILENCE OF MIND: THE GREATEST TOOL FOR SELF-HEALING

– B.K. Deep, Greater Noida

**W**e all experience healing daily. Yes, daily. When we reach the dreamless stage during sleep, our consciousness gets completely detached from our body and worldly affairs. It is during this stage of deep silence that we receive God's healing energy. This energy is regenerative, restorative and rejuvenating in nature. It restores our well-being by repairing damages at physical, emotional and spiritual levels. That is why we feel refreshed after a sound sleep. This also explains why we experience stress, irritation and discomfort when we deprive ourselves of this restoring process.

The key point to note here is that it is the *silence of mind* that is pre-requisite to receiving healing energies from the source; so, we must practise quietening of our mind in order to allow the healing energies enter our mind-body system. This happens naturally during sound sleep. We can trigger this while staying awake as well.

Meditation and spiritual life style allow us to slow down our thoughts, thus, leading our mind to an experience of sweet silence.

**There are broadly three kinds of silence:**

- ▶ Deep Silence
- ▶ Dead Silence
- ▶ Sweet Silence

*Deep silence* is experienced during that phase of sleep which is beyond dreams.

*Dead silence* is experienced when someone dies (the soul leaves the body) and the surrounding gets filled with an air of silence.

*Sweet silence* is the experience that we reach in meditation wherein we completely detach our consciousness from physical body and the physical world. In this stage we experience the self as a soul merged in supreme bliss in the company of the Supreme Soul.

Healing occurs *naturally* in *deep* silence (during sleep) as well as in *sweet* silence (during deep meditation). It is also

noteworthy that only God is the healer. We can become healing facilitators by allowing His healing energies to be absorbed by the recipient but the real Healer is He alone.

**Why do we need to heal?**

As stress is growing in our lives, our mind is constantly under the effect of disturbance and noise (of sound as well as thoughts). And we know quite well that stress reduces our immunity, causing various mental and physical ailments. To get relief from the existing issues, to safeguard our self against life's challenges (physical/emotional/mental) and to perform at our highest potential, we must raise our inner energy level. It is here that healing helps us tremendously.

**How to initiate healing while we are awake?**

While there are several methods of healing, we are going to mention here about Healing through Meditation. Let's first understand that God's healing rays fall on us every moment. However, we are able to absorb them only when our mind is silent, that is, it has no thought or just 1 or 2 pure and positive thoughts. In order to reach the stage of such stillness, we carry out the following steps:-

▶ **1) Start with creating pure**

**and positive thoughts, such as:**

- a) I am a peaceful soul.
- b) I am an eternal child of God, the Supreme Soul.
- c) I am deeply loved, cared and protected by the Most Beloved, Almighty Parent.
- d) I am originally pure.

▶ 2) After staying in experience of these thoughts for a while, our mind starts slowing down and approach the stage of silence and stillness.

▶ 3) Sense of joy and bliss prevails thereafter and it is so profound that we wish to stay in such an experience forever. Silence of mind allows God's healing rays to enter the core of our being. It is at this time that the healing occurs and, as a result, we feel very light and refreshed.

After staying in this blissful experience for a few minutes, we start experiencing the immediate physical surroundings and happenings around us. We get back to physical consciousness but our state is much different from what it was before meditation. We feel much more peaceful, lighter, wiser and stronger (physically, emotionally, and mentally). Quality of our thoughts improves drastically. We find ourselves more serene and empowered.

Each one of us must learn and practise this simple healing technique so that we may heal and restore our original self. ●



## GAINING CONFIDENCE THROUGH RAJYOGA



– Usha, Kampli, Karnataka

**T**here is a famous saying “Where there is a will, there is a way”; but to have a will we need confidence, and to have confidence we need to overcome our fears and negative thoughts.

My experience of nine years' practice of Rajyoga meditation has helped me to overcome my underlying fears and to gain confidence. I can say that I am a living example of what this power can do. There was a technical test of National level paper presentation which was held in our college. I participated in that presentation test, where we competed with other college students. The main point of test was to present the technical paper within seven minutes, with good presentation and communication skills.

Everyone presented their paper, but when my turn came to present the paper, I was extremely nervous and frightened. But then I recollected myself and visualized myself being surrounded by a sphere of golden light of Supreme Power. The flow of love from God relaxed my mind and made me light. When you're light and content, your energy multiplies. And the same happened with me. I presented my paper successfully and no one would believe that I won the trophy.

I realized how regular practice of meditation helps to control the mind and overcome our fears and deficiencies. In fact, turning our mind towards God makes us realise His love and power which, in turn, helps us to achieve success in life.

### SPACES OF SILENCE

Push yourself like a machine and you will eventually run low on energy. Love your mind by allowing it spaces of silence and it will serve you tirelessly.



# RAJYOGA : THE SOURCE OF UNLIMITED HAPPINESS

— BK Rose Mary

When I had my first experience with *Rajyoga* meditation. “Thank you, Shiva Baba! I cannot have a better gift than this!” was my response. This is because *Rajyoga* meditation made me realize the crystal clear truth about vital topics, such as – Who am I, the form and identity of Supreme Soul, the knowledge of world history drama etc. – through the seven-day course conducted by Brahma Kumaris.

Knowledge can make a very big difference to one’s life. It’s like learning to ride a bicycle. For some time you feel the weight of your body and weight of the bicycle; but once you master the balance then you no longer experience weight either of your body or of the bicycle which result in a smooth ride. Something similar happens when you know Who You Really Are? as happened in the life of a famous Roman Emperor who thereafter viewed himself as “a little soul carrying about a corpse” (*Meditations*, written

by Marcus Auralius)

Just as a builder would not say ‘I am this building’, similarly, I cannot say I am this body where my body is also a far more complex building made up of tiny cells – over a hundred million million (100,000,000,000,000) of them. (<http://www.cancerresearchuk.org>). If magnified, a cell would look like a modern city that has facilities such as a city hall (nucleus), power plant (mitochondria), shipment company (golgi body), food-storage plants (vacuoles), restaurants (ribosomes), garbage trucks (lysosomes), etc. Even if you could count 10 cells each second, it would take you tens of thousands of years to finish counting. Also, in the body, creation work is still going on as old cells are being replaced with “new ones at the rate of millions per second.” (<http://www.sciencemuseum.org.uk/whoami/>) Yet we know that our body cannot build itself and continue creation of new cells because body without soul at once becomes a cold, inert

mass, and starts decomposing. *Atma* (soul) is like a king who rules over trillions of cellular citizens. No wonder *atma* is also called *antakaran* (one that creates from within). That means I, the soul is the builder (mighty immaterial being/*atma*) of this body.

In line with the meaning of the word ‘meditation’ (*dhyana*, from *dhee* + *ayana*) which literally denotes “intellect’s journey,” we get ready for our intellect’s pilgrimage to the inner world and then to the world beyond physical universe, to *Paramdham* (the incorporeal/soul world) where *Paramatma* (Supreme Soul), our Shiva Baba, resides. Through the eyes of understanding we see the original self, the soul, that rules this body which is also like a vehicle. Without *the soul*, our physical organs are of no use.

**It is the soul that sees through the eyes, speaks through the mouth and moves through the limbs. Now, with this clarity on soul, the following things happen:**

► 1) I see myself as a child of the Almighty; I really experience myself as a mighty divine being clothed in this physical body. I see that this body is just like one costume out of the trillions and trillions (or countless) I have already worn through endless



*Kalpas* (cycles of 5000 years  
▶ 2) Then I visualize my original *sanskar* hidden in the meaning of the word *atma* which is combination of a negative prefix “a” + “tama,” literally “against darkness [of ignorance],” or “anti-ego.” This meaning tells me I should always live exactly opposite to what ego does.

▶ 3) Then I withdraw all my senses from outside and go inwards to see my original qualities. And there I experience *seven wonders* of the inner world (1) Treasures of knowledge, (2) Temple of Purity, (3) Highway of happiness, (4) Fountain of Love, (5) Palace of Peace, (6) Showers of Bliss and (7) Powerful fort of spiritual Kingdom. And I enjoy doing a pilgrimage through each one of them.

Such an interesting inner travel makes me feel that I should grow in these seven qualities, which means I must turn to their Source, the Heavenly Father. Thus, comes the most exciting phase of *Rajyoga*. I tell myself: “I am a peaceful soul. I am leaving behind my physical body, the physical world, and also the subtle world of thoughts, and travel towards *Paramdham*. I visualize being seated in front of

Shiva Baba and think only about Him in all sweetness. The more focused my intellect is on Him and His qualities, the more firmly the linking happens. I feel His qualities flowing towards me as water finds its own level. I visualize myself as a red point of light merging with the red Ocean of His Power. Then I visualize myself as an orange point of light merging with the orange Ocean of His Purity. Then, I visualize myself as a yellow point of light merging with the yellow Ocean of His Joy. Then, I visualize myself as a green point of light merging with the green Ocean of His Love. Then, I visualize myself as a blue point of light merging with the blue Ocean of His Peace. Then, I visualize myself as an indigo point of light merging with the indigo Ocean of His Knowledge. Then, I visualize myself as a violet point of light merging with the violet Ocean of His Bliss. My *soul* starts to resonate in synergy with *Paramatma*, and I feel not only Fully charged of those seven qualities, but also their power being enhanced and rebalanced.

**Then, I begin to contemplate on the following knowledge [which are preserved in The *Bhagavat Gita* 8:7 – 9]:**

▶ 1. You are “The Supreme

Ruler” whose form is “inconceivably Minuter than the minutest,” which means you are Infinite in qualities and Infinitesimal in form! “With no expectation” you put to use your qualities for the benefit of people, and you do it *incognito!* (*The Gita* 4:14]

▶ 2. You are “Omniscient” giving me knowledge about past, present and future [which enables me to welcome everything that happens to me and around me]. You teach us that history is a cycle of rule of virtues (in the first half of the *Kalpa*) and rule of vices (in the second half of the *Kalpa*) which means you have to make your descent to this Corporal World at the end of each *Kalpa* to elevate us and to make us inherit the new world you create.

▶ 3. Thus you “Sustain” the drama of life acting “like Sun.” We know sun does not receive anything from us, but instead sustains us giving us light and heat. Similarly, you sustain us giving light (*Shreemat/ Elevated Directions*) and empower our qualities through *Rajyoga*, and then you retire to repeat the same in the concluding phase of next *Kalpa*. What a supreme example of unconditional

love! You have been doing this at the end of every *Kalpa* from time immemorial. You are The Giver with Consistency! This inspires me to bring Consistency into my life too – I want to make YOUR **SANSKAR (BEST = Benefactor, Elevator, Sustainer, Teacher)** my *sanskar*, which would mean I would be reborn with the same *sanskar*. (Gita 8:6.)

Those who practised the above model of meditation in the previous *Kalpa* (*The Gita* 4:15) are now being awakened to practise the same and are again becoming part of *Suryavanshi* [Sun Dynasty] who will rule as deities in the forth-coming Golden Age. What a wonderful drama of life!

“Our life is what our thoughts make it. Happiness of our life depends upon the quality of our thoughts.” (*Meditations*, Marcus Auralius). How true this is in my life! Early morning meditation (which I do alone at home and in group with fellow BKs at the Rajyoga centre) enables me to have elevated thoughts, which are followed by my mundane activities. Before going to bed in the night when I rewind everything that happened during the day, I realize that I had been filled with the right qualities to successfully meet the various situations faced during the day. I become more untroubled and quieter day by day. Each time when I practise *Rajyoga* meditation, I exclaim to myself: “There cannot be anything truer than this, more beneficial than this, and more beautiful than this.” *Rajyoga* meditation is my sweetest experience. I agree with what Yama told Nachiketa that the value of *spiritual experience* is much “more than the value of all wealth and pleasures of this world put together.” ●

## OUR LIFE IS A LONG TALE OF SIGNIFICANCE

– Dr. B. K. Narsaiya,  
Gyan Sarovar, Mount Abu

Our life is a long tale of *significance*,  
Told and sung by God Father Shiva,  
In episodes of true *Gita* in *Sangamyuga*,  
signifying everything -  
Even every small event, meeting or eating,  
sitting or setting, singing or dancing,  
Diagnosing or dialoguing, crying or laughing,  
Listening or speaking, reading or writing –  
All directing to make our life *significant*  
For one and all who met, meet and will meet us  
Even for a while in our whole lifetime.

God gave us our life;  
The aim and objectives of our God-given life  
is to give to others  
Whatever we have – body, mind, wealth,  
Time, energy and thoughts –  
In order to make others’ life perfect  
Even with our tiniest of efforts.  
God, in His highest Home of Sweet Silence,  
Is ever happy for such works so nice,  
Wrought by us, in meditative state, sans any sin and  
vice.

We are active and inspired *karmayogis*;  
Even our very *suffering* at the fag-end of *Kaliyuga*  
Becomes *significant* by God’s offerings of Heaven  
To us, the *chosen* ones as *lucky* spiritual children,  
As our exclusive and heavenly birthrights.  
Justified are his special offers to the true inheritors,  
Represented as oval *shaligrams* around  
The *Oval Shiva Lingam*, and also worshipped  
And revered the world over  
With God Shiva, the Almighty Supreme Lord forever.  
Our life and works of self-cum-world-transformation  
Even both *Bhaktas* and *Bhagwan* do duly remember.

# CELEBRATING NAVRATRI WITH ITS TRUE SIGNIFICANCE

– BK Rajbala, Vasant Kunj, New Delhi

Festivals bring exuberance and enthusiasm, a state of celebration, festivity and felicity. Festivals infuse a perfume in our mind and fragrance in the atmosphere when the days are the same, with the same sunrise, noon and sunset but the exuberant attitude during the festivals, colours them in different hues and shades so pleasantly that we wish those days to hold on lest thing should slip into the things of the past. The Hindi synonym for festival is ‘*Utsav*’ which is made up of ‘*Ut*’ which means removal and ‘*Sav*’ which means worldly sorrows, revealing thereby the psychological purpose behind the festivals, i.e., fun and frolic.

Man is born free and as a child enjoys each moment playfully in the blissful lap of his mother but as he grows older bit by bit, the loads of responsibilities and liabilities start curbing his gaiety and joviality by imposing locks and blocks. Our ancestors who were psychologically gifted seers and philosophers in a natural way, were prescient to

know this; hence, they invented the laudable idea of festivals with an eye on adding zeal and zest, lest life should become dull and drudgery, devoid of leisure and pleasure. Primordially, our forefathers combined even the activities like sowing, ploughing, reaping, etc. with festivals so that life might become interesting glistening with glee. India, being an agricultural country, a land of lush green fields, pastures and meadows, our festivals are also connected with crops. Earlier, the festivals meant that the whole town would gather in a place and there would be a big celebration with religious flavor



and fervor. This togetherness infused participation, smoothness and harmony in the structure of our society.

Out of 5 *Navratris*, only 2 are prominent, the one celebrated in March-April known as ‘*Vasant Navratri*’ and the other in Oct-Nov known as ‘*Sharad Navratri*’. Here, in this article, my focus will be on the second one.

*Navratris* are celebrated from Kashmir in the North to Tamil Nadu in the South and from Gujrat in the West to Sikkim in the East, in one form or the other, with much passion and ardour. This pious festival is observed with acts of worship, offerings, fasting, feasting, vigil, *homa* and *aarti*. A beautiful form of dance called ‘*Garbha*’ is the main attraction of *Navratris* in Gujrat. The dates of *Navratris* along with other festivals, are decided on the basis of Hindu Lunar Calendar.

On this festival of grandeur and glory, 8 forms of **Goddess Durga**, are worshipped with intense devotion and dedication. In Indian mythology, the great morals and teachings are usually imparted through allegory which is a very popular form of expression.

We must try to understand the logic hidden behind these stories. The devotees in *Bhakti* Cult do not bother to delve deep into the

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meanings conveyed through these stories. They simply keep on worshipping blindfoldedly, just following the traditions but Shiv Baba, the incorporeal Supreme Father, who is the intellect of the intellectuals, has blessed us with the third eye of wisdom in order to bring home to us the secrets of all the three worlds. Goddess Durga represents a pious soul and her various forms symbolize the 8 powers of an enlightened soul. Now, we will try to comprehend these forms of Goddess Durga signifying the powers of a pure soul.

**1. Power to Discern** – This is the power which endows a man with real worth to be called a human being in true sense because it enables them to distinguish right from wrong, good from bad, religious from irreligious so that in the backdrop of this knowledge they may understand a situation well before taking proper action. This power may be termed as ‘**Wisdom**’, the fundamental virtue which is key to success, peace, prosperity and happiness.

This power is represented by ‘*Gayatri Mata*’, seated on swan and ornamented with lotus flower, scriptures, a vessel and a conch shell in her four hands. All these ornaments are not for beautification but denote the attributes that are key

components to enrich a wise person. The swan symbolizes the ability to discriminate pearls from the pebbles that is good from bad. It urges us to look at the positivity instead of negativity, to look at the virtues instead of the vices of others and so on. The lotus teaches us to be detached and dear (*Nyara aur Pyara*), the scriptures stand for pious knowledge, the vessel asks us to develop capability that is to first deserve then to desire and the conch shell impels us to spread the divine knowledge selflessly that we have accumulated so that it may benefit others too.

**2. Power To Decide** – If we are well versed in the power of discernment, it spontaneously leads us to the second step to fulfillment and that is the ‘**power to decide**’ as our right judgment or decision depends on right understanding of a situation. In our day to day life at home or at work place or anywhere else, we are confronted with expected or unexpected situations where it is imperative for us to take right decision which is possible only when we understand the situation multi-dimensionally and if a soul possesses these two powers, all the remaining ones follow the trail in a natural way. Thus, these two powers are the major building blocks of the for-

ness of 8 powers.

This power to decide is represented through ‘*Saraswati Devi*’ who is shown decked with string musical instrument, a rosary and a lotus which illustrates that a soul, blessed with wisdom and right decision, enjoys a life of sweetness, harmony, love and peace because the musical instrument implies sweetness and harmony, rosary for the ability to unify different people and the lotus for remaining detached.

**3. Power to Withdraw** – Coupled with wisdom and decisiveness, the soul gets power to withdraw from body consciousness and everything that is futile and rubbish and instead learns to internalize. This power is best practised by tortoise that withdraws its limbs whenever and wherever it smells danger from external world and converts itself into an almost unbreakable shell. This seemingly ordinary creature teaches us to control and contain our sensory pleasures and to opt for introversion on our path to spiritual elevation.

This power is revealed through ‘*Goddess Parvati*’ who, when Shankarji goes to Mount Kailash for long meditation, stays back home, performs fasting, abstinence and continence and adopts complete

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introversion. She is shown with two cows which is symbol of sacredness.

**4. Power to Pack Up** – This can also be termed as the power to let go as is displayed in its picture is showing a box and a bedding roll which we prepare while going on a journey. While packing up, we take care to keep only the most needful and unavoidable items in our suitcase and leave the remaining things because if I fill the box with what is insignificant, I won't have the space left for what is significant. My mind is similar to a box with limited space, hence, I will have to let go of all that is waste and negative in order to keep space for what is essential and enhancing. I will have to **forgive and forget**. The box and bedding roll also conveys Baba's warning to be **Eveready** which again urges us to let go of all such information, ideas, thoughts and sanskars concerning me and others as well that corrode and ruin my precious mental and spiritual energy.

This power is represented by '**Durga Mata**' riding a lion which indicates victory over all the vices, frailties and flaws. Riding a lion metaphorically implies gaining an invincible power. This power cannot be achieved if our psyche is in tatters due to the pulls and pressures of negativity.

**5. Power to Tolerate** – This power, needed the most in present scenario, comes into use in the context of our contacts with other people because more often than not, we find the opinions, language and behaviour of other people intolerable but if I keep getting irritated, hurt or annoyed, it will make my life hellish. The only way to ease out is to put three dots: I am a soul, my father is the Supreme Soul and this world is a Drama. All the souls in this World Drama are actors, bound to play the role already scripted for them. The fact is that I cannot change others; but, of course, I can change myself. I must accept them the way they are. Moreover, as Baba teaches us, I must think myself mother of the whole world and thereby shower my unconditional love on all, with complete acceptance. Besides, I must be mother to myself too, taking all care to buffer myself against all shocks and setbacks, harms and hurts. This power is illustrated by a fruit tree which keeps on giving fruits in return of the stones hurled on it. '**Maa Amba**' personifies this power, raining blessing and pious love on all without any distinction and discrimination.

**6. Power To Face** – *Ma Kali*, in her ferocious appearance with her tongue stuck out and with the garland of skulls around her neck, is the personification

of the 'power to face'. Since in human life, we are in constant threat sometimes from the enemy outside and more often from the enemy within, and this is for sure that the latter is more damaging; hence, we need to wage a fierce battle against them. These internal enemies are our faults, follies, flaws, fallacies and frailties. The garlands of skulls denote that our vices are like demons; therefore, we must chop their heads lest they should pop-out again. They are so stubborn that they will dodge our efforts if we adopt soft attitudes; therefore, they must be dealt with mercilessly and vehemently. A soul empowered with this power to face is potent enough to meet any challenge whatsoever.

**7. Power to Accommodate** – This power to accommodate is explicated through the illustration of oceans and rivers. The rivers coming from different directions plunge into the ocean and get absorbed. This teaches us to be so broad hearted, compassionate and munificent that whosoever shares their secrets, pains and agonies with us, we absorb them into our fathomless heart and don't make them public as is done by Prakashmani Dadi.

Ocean also exhorts us to assimilate the whole world into our generous heart, emanating goodwill and good wishes for one



and all, upholding Indian ideal-  
“*Vasudheiv Kutumbakam*” and  
“*Sarve Bhavanatu Sukhinah...*” as if all our mine,  
none is alien. A soul with this  
power remains calm, poised and  
contended and is represented by  
*Santoshi Mata* who is in perfect  
peace and harmony with herself  
and with the world outside. She  
has overcome all her desires and  
has reached the stage: *Ichcha  
Matram Avidya*. The bowl, filled  
with grains in her hand,  
symbolizes the ability to bring  
different entities and identities  
together into a collective whole.

#### **8. Power to Co-Operate –**

Co-operation is the axis round  
which the whole machinery of  
social structure revolves. No  
man, be it big or small, rich or  
poor, can survive, if denied co-  
operation from others. We are  
no islands. Each individual is a  
cog in the machine of the society  
but the best way to receive co-  
operation is to initiate it. Do not  
miss any chance when you could  
extend your assistance. Giving  
is receiving. As the wise saying  
goes, “**Give, you gain; grab,  
you lose**”. But the irony is that  
the man is often ungrateful even  
to GOD who gives, gives and  
forgives whereas man gets, gets  
and forgets.

This great power is exhibited  
through **Goddess Lakshmi**  
sitting on a lotus and streaming  
down the coins through her

palms. This indicates just giving  
and giving without any  
expectation since expectation is  
a part of begging mode and for  
its fulfillment, we depend on  
others hence invite sorrow.  
Giving is the key component of  
deityhood, a cardinal attribute of  
the deities which in Hindi means  
‘*Devta*’, i.e., the one who only  
gives without wishing for any  
returns.

Thus, the 8 arms of **Goddess  
Durga**, holding weapons in each  
hand, actually does not stand for  
violence and aggressiveness  
because all the deities were  
doubly non-violent, rich with 16  
celestial virtues. In fact, these  
weapons symbolize 8 powers of  
soul referred to as above.

On the culminating 9th day of  
*Navratri*, the devout ones invite  
small girls, serve them with  
delicious delicacies like Halwa,  
Puri, Chole, etc and also present  
them with coins and gifts.

On the 10th day, the effigies  
of *Ravan* along with his  
Kinsmen, are burnt to mark the  
triumph of good over evil.

The devotees observe  
abstinence and continence,  
fasting and feasting and keep a  
‘*Diya*’ (lamp) lit up for 9 days  
and nights constantly and keep a  
vigil lest this lamp should  
extinguish. The poor devotees  
keep repeating these customary  
devout practices with  
perspiration and perseverance

without ever trying to know their  
spiritual significance. Doing  
anything on physical plane has  
neither yielded any results so far  
nor is it going to bring any spiritual  
enhancement in future. As a  
matter of fact, fasting means  
taking resolutions to ward off our  
vices not only for 9 days but for  
the whole life. Keeping vigil in  
order to keep the lamp lit us  
means to remain in soul  
consciousness as the lamp  
signifies the soul. Renouncing  
sleep to protect the lamp is futile  
rather we must be awake from  
the deep slumber of ignorance  
and inertia which have made us  
oblivious of our true identity and  
hurled us into dark abyss of body-  
consciousness, spelling all doom  
for half of the ‘*Kalpa*’.

So, on this *Navratri*, let us all  
join hands to replenish the lamp  
of our soul with the oil of divine  
virtues and powers so that we  
may get perfectly enlightened  
and make Baba’s unyielding  
efforts of 80 years come fruitful  
by our metamorphosis from  
Brahmins into Angels and by  
making Baba smile to see in us  
His transmuted progeny ready  
to usher in new era of Golden  
Age. By giving up down-  
heartedness, sloth, indolence  
and procrastination, let us work  
on ourselves with more vigour  
and fervour if we really wish to  
claim our inheritance to the deity  
sovereign kingdom. ●

## REPORT OF EDUCATION WING'S S. S. TEACHERS' CONFERENCE

The All India Senior Secondary Teachers' Conference on "Healthy & Happy Society through Value Education and Spirituality" organized by Education Wing (RE & RF) and Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya which commenced in the evening of September 2, 2016 in the Diamond Hall of Shantivan, Talhati, Abu Road, Rajasthan, also concluded in the evening of September 4, as reported by Dr. B.K. Yudhisthir.

The reception session started with the welcome of the revered guests and delegates with bouquets and badges, song and dance as well as welcome speech. Dr. B.K Harish Shukla welcomed the guests and delegates. The guests-speakers discussed elaborately on the thematic topic "Healthy & Happy Society through Value Education and Spirituality". Dr. N. P. Kaushik, Vice Chancellor, Rajasthan Technical University, Kota, said "Today's education has become irrelevant. The need at present is not to give and take education only but also to implement education in practical life. Brahma Kumaris' Value Education and Spirituality can

fulfil this need." Shree T.D. Patel, President, Om Shanti Vidya Sankul, Morbi, Gujarat, narrated about the effective practical steps he has taken in his school for educational improvement of children. Shree Arvind Poswal, SDM, Mt. Abu, stated that if any change is to be brought about today that should be the change in thoughts. Only teachers can do this. The Brahma Kumaris are successful in bringing about this change." Dr. B.K. Nirmala, Director, Gyan Sarovar, Mt. Abu, said, "We all know that we should not become angry and violent, but we become so as we have no inner power. So we need inner power with along with education. The spiritual education and Rajyoga of Brahma Kumaris can endow this power." Shree Vinayak Dalvi, former advisor to Maharashtra Governor and Director, College Development Council, Mumbai University, said, "Concentration is possible through Rajyoga meditation which helps in achieving concentration. That is why we have to conduct ourselves with the teachings of Brahma Kumaris Organization (BKO). Dr. Rajan Welukar, Former

Chancellor, Mumbai University, stated, "Values and life are interrelated, and the term "Om" is linked with values and life." Rajyogini B. K. Shielu, Senior Rajyoga Teacher & Headquarter Co-ordinator, Education Wing, (RE&RF), said, "if spirituality is not aligned with Science and Technology they may turn to be curse for the humanity. Spirituality means to know the self, God, aims of life, Karma philosophy and Time-Cycle. Spirituality perfects our intellect." Dr. B. K. R. P. Gupta, National Co-ordinator, Value Education & Spirituality Course, offered vote of thanks to all. B.K. Suman, Executive Member, Education Wing, Mt. Abu, handled the stage activities very skilfully.

In the *Inaugural Session* Dr. B.K. Pandiamani, Director, Distance Education Programme, welcomed the guests and said that now the value and spiritual education is being given in 11 languages to almost 16,000 students in 12 Indian universities and one foreign university. Prof. Uma Shankar Sharma, said, "BKO is the largest spiritual organization in the world in the field of spirituality, which is trying to transform man into deity." B.K. Raj Didi, Director, Brahma Kumaris, Kathmandu, Nepal, said, "There is a great decrease in the number of sacrifice and addiction cases of wine in Nepal





due to the value and spiritual education of BKO.” B.K. Mruthyunjaya, Vice-Chairperson, Education Wing, said, “UNO is not the hope of mankind but God is. The teachers are also the hope of mankind. The Brahma Kumaris Institution aims at universal brotherhood, understanding, peace, enlightenment, empowerment, enrichment. He also appealed to the teachers to “Be Holy and Be Yogi”. Mrs. Jyotsna Sharma, spouse of Hon’ble Governor of Mizoram, told about her experience of how her ego melted down after coming in contact with the Brahma Kumaris. Hon’ble Nirbhaya Sharma, Governor of Mizoram, inaugurated the Conference by lighting the candle, and highlighted four points such as: (i) Purity in thoughts and actions; (ii) Knowledge; (iii) Peace of mind; (iv) Power; and said with these, the people and country will remain safe and secured. B.K. Narmada, Centre-Incharge, Brahma Kumaris, Mizoram, offered the vote of thanks to all. In the five *Open-Sessions* different speakers deliberated upon various sub-themes revolving around the major theme. Prof. T.V. Kattimani, Chancellor, Indira Gandhi National Tribal University, Amarkantak, (M.P.); Shree S.P.

Chauhan, Navchetna Manch, Karnal, Haryana; Prof. A. Kanagraj, President, Jaya Group of Institutions, Chennai, were awarded with Shiksha Vibhushan. M. Sujata Sadashiva Reddy was honoured for her Ph.D. thesis submitted to Gulbarga University, (Kar) “Small Acts of Goodness can make our life useful and bring a lot of happiness to the self and others.” said BK Shivika, Executive Member, Education Wing, Mt. Abu during her presentation of the Project of 7 Billion Acts of Goodness.

In the *Valedictory-Session*, Kumari Vishwa Shree Das, Nabarangapur, Odisha, initially welcomed the guests and teachers with her exquisite Odishi dance performance touching the artistic sensibility of all. B.K. Harish, Head Quarter Co-ordinator, Administrative Wing, welcomed the teachers’ community. B.K. Kiran, Executive Member, Education Wing, Bhopal, said, “Education is that that liberates. The teachers have a significant role to play in liberating the society from many evils. God is also playing now the role of Supreme Teacher through imparting of spiritual knowledge and Rajyoga education.” B.K. Leena, Executive Member, Education Wing, Cuttack, rendered the experience of self-realization

through her powerful yoga commentary. Dr. B.K. Yudhisthir, Former Principal, Mudo Tamo Memorial College, Ziro, Arunachal Pradesh, read out the resolutions which the participants have to translate in their life: 1. As a child of God I will play my role as a perfect actor in this Eternal World Drama (EWD) of life. 2. I will do my task when it comes to me during the passage of time. 3. I will be the change first what I want to see in the world. 4. I will live in the present, for present is the foundation of future. 5. I will stand for truth; fight for truth; and hoist the flag of truth irrespective of whatever may come in the path of truth. 6. I will do the drills both for the mind and body for achieving healthy mind and healthy body. 7. I will practise Rajyoga to be a person of good character, a karma yogi and reach my final destination and ultimate destiny. 8. I will try my best to lead a values-and-spirituality-based life. Dr. B.K. Loganathan, Principal, C.I.T., Abu Road, offered vote of thanks to all. B.K. Anuradha, Executive Member, Education Wing, Mumbai, anchored the session well. During the program a cultural dance was presented by Raju and Group, Bengaluru. ●

– Reported by  
Dr. B.K. Yudhisthir, Shantivan

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# ETERNAL TEACHINGS OF THE SUPREME SOUL

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– BK C.M. Bindal, Bapu Nagar, Jaipur

I am Baba's child for nearly three decades and have had wonderful experiences of Baba's teachings through *Murli*. The entire theme of God's knowledge is to know "Who am I?" and "Who is the Almighty?" The knowledge helps one to be pure, truthful and holy. Meditation (*yoga*) with the Almighty (Supreme Soul) helps to become self-sovereign and to be a *karmayogi*. The biggest wonder of God Shiva, whom we lovingly call Baba, is that one needs not leave home and renounce the world for the attainment of joy, peace and everlasting happiness. One can easily experience the meditative state while being in family just like a lotus in mud. Some basic points of Rajyoga teachings are narrated as under:

## **Knowledge of Soul and Supreme Soul**

This subject is easy as well as very difficult. With the knowledge of science man has reached the planet moon, but is still impoverished in Godly knowledge. When one forgets

his own identity of being a soul, he also forgets his Supreme Father, the Supreme Soul. The soul is a point of light and the Supreme Soul is also a star, but unlimited in powers and attributes. Remembering the Supreme Father while being in soul consciousness is the aim of Rajyoga meditation. Continuous remembrance of Shiva Baba makes the life not only simple but brings purity in heart, action and voice.

## **Enemies in Life**

God has made us understand that peace and happiness in life cannot be possible unless enemies in the form of vices (*Maya*) such as, lust, anger, ego, jealousy, attachment and greed, etc. are conquered. The original nature of soul is that of purity and God's love and power help to emerge the latent qualities lying deep within. One has to remember Baba with deep love to remove the vices altogether and once for all.

## **Love with Physical Properties**

Baba has said that to

experience the soul-conscious state, there must not be any attachment with material things as these are only for the worldly purposes. These things are there to make our life comfortable and, hence, one must use them as a trustee on behalf of Baba, as no one takes birth or dies with such material things. The more one comes closer to God, the more he experiences the spiritual treasures of love, peace, purity, bliss and power. Even if one does not have material things, one should be content with the attainments received from the Almighty. It is dangerous in life to have materialistic thinking and attitude. If so, one cannot have an elevated consciousness or enjoy the fruits of knowledge. One must seek pleasure in Godly knowledge and value, which are the sustenance, received from God.

## **Significance of Sangam Yuga**

The *Sangam Yuga* (Confluence Age) is a short period between the *Kaliyuga* and *Satyuga*, when Shiv Baba Himself incarnates in a corporeal medium and gives the spiritual knowledge for the transformation of the humanity and world at large. Baba comes and relieves us from the pain and sufferings and we are imbibed

(.....contd. on page no. 30)

(Contd. from June, 2016 issue.)

## MAMMA'S SIGNIFICANT IMPACT ON TODAY'S MUNDANE WORLD

– Dr. Brahma Kumar Yudhisthir, Ph.D.,  
Associate Editor, Shantivan

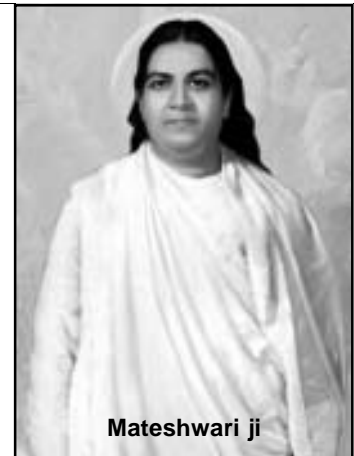
*On the occasion of Navratri celebration, worship of Mamma as the personification of various goddesses is quite befitting. In this article mention of some of her other qualities continues from the June issue.*

**H**uman being is the best of all creations for God has “made him in His own image”. Thus, William Shakespeare, the greatest English poet and dramatist, was quite eloquent while praising the human *dignity*: “What a piece of work is Man!/ How noble in reason!/ How infinite in faculty...” But, unfortunately, today’s modern denizens have utterly failed to remain worthy of such dignified words because they have become “crestfallen” in their religion (*Dharmbhrashtha*) and in their actions (*Karmabhrashtha*), due to their body-consciousness resulting from their wrong identification with the gross body and their dogmatic divorce or isolation from the Supreme Soul, God Father - the Root and Source of all sustenance for all beings (souls) and elements of Nature - thereby relegating them

to be the personification of inhuman and inglorious *indignity*.

### Personification of Divine Dignity

But Mamma has become the personification of *divine dignity*. Through acquisition of divine powers, virtues, values and qualities from God, the Incorporeal Divine Father, as her spiritual birthrights and by offering those to the needy, unhappy and spiritually thirsty-hungry souls, she has become able to *personify* the divine powers, virtues, values and qualities. The souls who benefited from her magnanimity and generosity gave her their utmost devotion, due regard and respect and made her really *dignified* and *deified*. Her natural humble bearing and much-needed selfless service to the people of all backgrounds made her quite worthy not only



Mateshwari ji

of human *dignity* but also of *divine dignity* because God-in-the-Above was and is ever happy with her successful performance of the divine portfolio of “World Transformation through Self Transformation” of people to which she remained ever *devoted* and *dedicated* through her entire life and even now through her present incognito life as a dignified member of the Advanced Service Party (ASP). This unprecedented convergence of *human dignity* and *divine dignity* in her personality in this demonic world of *Kaliyuga* made her “the apple of all eyes”.

### World Mother (Jagadamba):

Today, often women fail to perform the role of true mother by deviating from breast-feeding and thereby depriving their children of the natural maternal sustenance of food and love to them in order to



maintain their physical youth with their *selfish, misplaced* and *ill-motivated* intentions of making only their men happy at the cost of their new born babies. People in this commercial, materialistic and mechanistic world also make business of the so called perverted love - known as *lust* - by measuring the prime emotion of love with the give-and-take of amounts of money, goods, gifts, kinds, etc. Quite ignorantly people misunderstand love to be of physical passion, excitement of flesh, sensuality, sexuality or conjugal consummation, shared and exchanged between two persons, with fulfilment of the sin or vice of lust. Love is now mistakenly understood as *fickle, fake* and *ephemeral lust* shamelessly demonstrated by the modern, reckless Romeo and Juliet in public in open places like parks, walkways, corridors and shady groves.

But Mamma was the most magnanimous World Mother (*Jagadamba*) with her universal and unlimited (*Behad*) pure love for all without any discrimination in true sense of the term. She inherited God's Everlasting Oceanic Love (ECL) and could render such nectar of love to all souls equally, freely, fervently, selflessly and sincerely like the Divine Mother, being a true **representative** of the Incorporeal God Father, the Sole

Sustainer of the Cosmic Universe. Her love flourished, relished and satisfied all who got it and felt with spiritual fulfilment, contentment and elevation as if it was actually God-given with measureless bounty and plenty. Many lovelorn people flocked to her to get a drop of Godly love, but they experienced that such love was overflowing and filling their hearts, minds and spirits to the brim. There was not an iota of feeling in her of getting something in return of her *showering* love. Often her love was quite spontaneous and was also given even whenever unasked for. *Tremendous was the potential of her spiritual and motherly love that people got attracted through her to the Incorporeal God, who is the Supreme Source of such ethereal love.*

**Mamma's Grand  
Glorification of God's  
Grandeur:**

Today, people, in the *cult of devotion (Bhakti Marga)*, blindly engage themselves in the ritualistic prayer and worship of God, gods and goddesses without knowing and understanding their biography. These acts exude their superstitions, blind beliefs, dogmas, taboos due to their ignorance of real knowledge and truth regarding the Almighty

God - the Creator, Director and Main Actor - of the Eternal World Drama (EWD).

But Mamma, in the present on-going *cult of knowledge (Jnana Marga)*, with her complete knowledge and understanding of God's biography, grandly glorified God's Grandeur being entitled as Saraswati - the goddess of God's grandest, rarest, unparalleled, esoteric, mysterious and incognito spiritual knowledge - of which she and her exemplary life were the effective embodiment and an epitomic facsimile or carbon copy. Her being *Binabadini* (player of musical instrument *Bina*) truly symbolized the true and careful inculcation of the divine knowledge and real acculturation of the Brahmin culture in day-to-day manners, behaviours, deportment while interacting not only with the Brahmin children but also with other souls. It is only through the positive thoughts, words and actions of the serviceable children, the incognito God Father can be really and practically demonstrated and glorified. Mamma and Brahma Baba are the first two such worthy children who have really done such noble acts of *demonstration* and *glorification* of the Grandeur

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of the Incognito God.

### **Mamma's Unique**

#### **Unsurpassable Charisma:**

Today, people try to do certain acts which become worthy of records in different Books of World Records by showing their charisma in different fields of activities in professional and/or personal spheres. Some people also venture to break the earlier records of some persons by surpassing the latter's charisma in the same category of activity. In fact, it so happens by the human beings in the world of cut-throat competitions which are referred to as the ignoble, blind 'rat races'.

But Mamma's field of work was quite unique, and her record was unbreakable and unsurpassable. She was the Goddess of Knowledge, called Saraswati or *Jnana-Jnaneswari*; she was also the Goddess of Divine Power, called Durga or *Durgatinashini*; she was also the Goddess of Wealth, called Shreelaxmi or *Dhandevi*; in this way she was three-in-one, acting simultaneously in the field of Spiritual Knowledge, Divine Power and Wealth in perfect coordination in an interdisciplinary manner with her *self-mastery* as well as with the *accompaniment of God* Himself in this *Purushottam Sangam Yuga*. Undoubtedly, in

the fields of *self-mastery* and *accompaniment of God*, her charisma was quite unsurpassable, and she came out with flying colours as the unchallengeable, unquestionable and unconquerable queen number one. She was revered by all for what she was.

#### **Mamma Belonged to 'Padmini' Kind of Female Category:**

Today, among the four kinds of female categories such as *Padmini*, *Chitrini*, *Hastini*, and *Sankini*, most of the women belong to the last three lesser categories because no woman, in any national or international list of women of any field whatsoever, has the *Padmini*-like qualities and attributes in order to belong to peerless *Padmini* category of the *highest* and *holiest* order.

But our Mamma belonged to the first *Padmini* (*Padma Sugandha*) category of the *highest* and *holiest* order. Her inner and outer features exuded *the sweetest fragrance of lotus* (*Padma*) as her different physical organs were quite obvious to have had the lotus charms and qualities, in consequence of which she had got many symbolic descriptions such as having 'lotus eyes' (*Padma Nayan*), 'lotus hands' (*Kara Kamal*), 'lotus feet' (*Pada Padma*), etc. The

*Padmini* category of women symbolize the goddess-hood and the divine qualities, powers, values and virtues which they obtain as their birthrights and inheritances from God Father through their yogic communion and reunion with Him and the spiritual services they render during their lifetime in the transitional *Sangam Yuga*, the nectarine period of *The Gita* episode, taught by none other than the knowledgeable God Himself through the lotus mouth of Prajapita Brahma, for transforming the human beings into the deities.

#### **A True and Perfect 'Rajayogini' and 'Karmayogini':**

Today, in this world of rank consumerism (*Bhog*) and corruption (*Bhrashtachar*), people have neither interest nor time for renunciation (*Tyaga*), meditation (*Yoga/Tapasya*) and service (*Seva*). Even the saints and sages, who were earlier trying to do some sort of penance or yoga of any denomination, have now left their lonely abode in secluded caves and forests, fled to live in the costly, palatial bungalows, and to fool, loot and exploit the credulous and gullible people with their so called *mantras* and *tantras*, and, thus, are leading a *bhogi* life instead of a *yogic* one. Most of them seem to be

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yogi in their outward sartorial make-up but inwardly they have no love and liking for yoga, liberation, redemption at all now. In fact, they are living lives in “masks” and “camouflages”.

But our beloved Mamma was a true perfect *Rajayogini* and *Karmayogini* who made invaluable spiritual service by giving *search-light* (*sakaash*) and *might* (*Shakti*) to the world, its inhabitants and the elemental Nature. A true yogi/ *yogini* is one who remains in *yoga* spontaneously and constantly, matching the incessant movement of the subtle life-breath; Mamma matched well with this definition of *yoga*. Shiva Baba emphasizes on the constant, consecutive and continuous remembrance (*Nirantar Yaad*) which Mamma practised and came out with perfection. She could maintain perfect balance between *karma* and *yoga* thereby earning for her the enviable title of a perfect *Karmayogini*. Rajyoga is the life’s elixir and panacea for all the problems and psychosomatic sicknesses and diseases, and Mamma conquered the ailment of cancer with a true *Karmayogic* spirit. Rajyoga liberates one from the sins and vices of the past and present life and offers liberation, redemption and fruition in life which she achieved well deservedly as its perfect practitioner. Rajyoga also heals, promotes and offers health, wealth, peace and happiness for 21 births in the forthcoming future in the *Maya*-proof spiritual journey to the Kingdom of Heaven or Paradise (*Shivalaya*) established by Incorporeal God Father Shiva.

With all her qualities and attributes Mamma has served well, changed the lives of many people and left her indelible impact and imprint on the hearts and minds of uncountable souls who still sing, in chorus with full throat voice, the divine, melodious hymns in her praise - *Jaya, Jaya Jagadambe Maa, Jaya, Jaya Binabadini Maa, Jaya, Jaya Vidyadayini Maa, Jaya, Jaya Papharini Maa.* ● (Concluded)

(Contd. ....from page no.9)

I am Baba’s and Baba is mine. If I belong to Baba, I am safe. I don’t need to worry about what will happen tomorrow. Dadi doesn’t remember what happened yesterday. Whatever you want to do, do it now. Don’t ask; what am I going to do? All I have to do is to become sweet and keep smiling. Let there never be any bitter words. Baba has given us everything. Does it cost us anything to smile and share happiness? Do you practise smiling? We have received the *dowry* of learning to smile from Baba.

(Contd. ....from page no. 26)

with the real divine knowledge, wherein we make the transition from the body-conscious state to a soul-conscious state. At the end of the cycle, all the souls go back to their original Sweet Home, *Paramdham* and the souls who have transformed themselves in *Sangam Yuga* and made themselves pure and virtuous come to play their part in the New World of *Satyug*.

### Spiritual Concepts of Shiv Baba

Shiv Baba does the huge task of transforming the souls and the entire world by bringing peace, love, purity, bliss and happiness to all. Those who follow the teachings of God Shiva prove to be His true children. He is praised as Ocean of Peace, Love and Happiness and we also become the embodiment of these virtues. With Baba’s teachings (through *Murli*), we become knowledgeable, powerful, blissful, merciful and nurture a sense of responsibility to serve the world through our positive thoughts, vision and attitude.

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# FLIGHT TO AND IN HEAVEN WITH 'NO WING AIRLINES'

(Heaven Is Free Of Toothache, Backache, Hip And Knee Pain And Is Stick-And-Wheel Free. There Are No Trees Or Ladders Of Hell In Heaven. Most Are Too Busy Playing With Their Cat (Vice) To Remember God. Avoid Walking With Ignorant, Afternoon Feet Of 10 To 2 And Ignore Those Who Live By That Watch. Never Miss Your 4 A.M. Meetings With God, Your Bank Manager)



– B. K. David, Paignton, England

**Y**ou need flour (body) to kneed (sow) and yeast (desire and aim) with water (love and enthusiasm) to make a loaf (good life). It's always good to have in life, a step-by-step guide, a tried and trusted recipe, and good ingredients to hand, to be successful not only in cooking, but in life, in whatever you do – be it from learning to drive, hill walking or flying a plane, detailed information and a pocket guide with precise instructions is always good. To be able to follow in someone's footsteps and gain his knowledge, wisdom and insight is a shortcut and sure way of achieving the same results as what that trailblazer first achieved and conquered.

**If You Can Walk Behind  
Your Friend Who Is  
Walking To Heaven...**

To follow someone in life is

so easy. All you need do is imagine him in front of you, as if you are looking in mirror but seeing his face staring back at you instead of your own face. The benefits are endless: as you may be unhappy and downhearted, this person in front is always happy, light and optimistic; as you might be troubled, stressed and worried, this companion is light, relaxed carefree; when you'd moan and say no, this friend would always politely say yes; and as you'd make many mistakes and not think clearly, this one is perfect in his reasoning and judgement and thinks very, very clearly all the time. How good to have such a friend constantly at your side! You do have such an old friend who is always with you in white, always right and never uptight. Yes, have Him; the strict but clever one.

**Worthy of Going to  
Heaven or Only  
Shopping?**

Similarly, you will also need very clear instructions on how to get into heaven, where heaven is, what you'll need with you so as to enable you to enter heaven, know when it starts, how long it takes to get there, what you can't take with you, and who is in charge of this great expedition to heaven. Also, to enter heaven, what else needs to be understood? Prepared for? Acknowledged? What do you need to make effort for to ensure that you can make this long and monumental journey and that you are worthy of going to heaven?

**God: Hell's Tour Guide  
For the Needy**

You need to sign up and take God's tour of hell in order to fully realise heaven. If you can fully comprehend that this is



truly the very depths of hell that you wake up to and walk about each day, and that not even three square feet of this planet anywhere remotely resembles heaven. Then, by the process of elimination, one can deduce that heaven must be somewhere else and of a different time and place. That time is the near future and the place is this same earth but in the future when it shall have been transformed into a beautiful planet where heaven pervades its entirety and not even one square foot is vicious or dirty - let alone hellish.

**If Your World Is Black  
And White And Not Full  
Of Colour**

When you can clearly see the difference between black and white and know the difference between good and bad, then you'll be able to not only understand heaven but be able to see it and walk in it. Only when this world you walk in today becomes black and white and good and bad, will you be ready to reject it, as this world is of total darkness and badness. Yet for most, this is still a world of great colour and beauty and for them, heaven is here now and so what is there to work for or renounce? Theirs is a world of plenty,

with plenty of happiness, comfort and food but for most people, their world is totally opposite; with plenty of misery and plenty of suffering and hardship. Yet this world is set to change soon, drastically! And then what? When there is no comfort, food or happiness, then what will the well-off and rich do? Most will only look to God for answers and solutions when their world has become black and white or is so grey (unhappy) that they cannot stand it any longer. Only when their feet are on fire will they turn to God for coolness and to quench their thirst for peace and to stop them burning in hell. Many are getting hot with worry over their money and with sickness, and when their cupboards and belly are empty, their heads will turn away from this world and look towards God.

**If you're Feeling Sick,  
Tired and Unhappy and  
Want A Better World, It's  
Really Not Worth  
Bothering Your Doctor.**

You cannot jump on a plane to heaven as you cannot take a tablet to make you worthy of going there or swallow a map to know where heaven is. You cannot buy a book today

called: *How to Get To Heaven: 10 Easy Steps to Follow*. How popular a book that would be; but then again, perhaps not. If you can only see hell, think of hell, relate to hell and know of hell, you will not want to know of hell's very distant relation with heaven.

Most people's family (connections) are limited to just seeing 'the here and now' of today. They are not tall enough or unhappy enough yet to want to see over this world's Mountain of Sorrow to the green lush field of happiness the other side. People's necks only seem to stretch far enough as to be able to see what other people are doing in life and what bargains are on offer. Only those with a broad intellect and mind will want to know what God is up to today. People only deal in one thing - - unhappiness; and so what is the point of being curious about that -- or them? If you are curious about other people and their unhappy lives, then that is what you shall get; unhappy people in your life.

**A Million Tablets and  
Cures Will Never Make  
You Well Enough To Go  
To Heaven**

Aeroplanes cannot travel into the future and do not use



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God's fuel of purity which is very refined. Tablets are for headaches, pain and blood pressure and even if you were to take a 1,000 powerful tablets a day, you'd still never reach heaven or know where it is or how to get there and still be stuck in hell's bed. Some take tablets for every complaint but as there is no pill to overcome or counteract hell, there is also no pill that can take you to heaven.

**God's Bus Can Travel on Man's Road but Man's Road Cannot Take You to Heaven**

Man created the road to hell whilst God made the route and the bus that takes you to heaven. You can either walk on man's long road with no shoes on, which has many pitfalls and broken bottles on it or jump on to God's bus. The bus may not have A/C and have passengers with BP (blood pressure) and the road it travels may be rather bumpy and you may have to stand, but you are guaranteed to reach where the bus is going as the driver of the bus is God. No bus, train or plane journey is ever guaranteed, except this one.

**Everyone Reads Books in Hell yet No One Realises You Can Book A Seat to**

**Heaven. There Is Such An Office Where You Can Reserve A Seat.**

Have you ever seen a bus or train with **HEAVEN** as its destination sign written on the front of it? It's common to see **DELHI, LONDON** and **TORQUAY** as destinations but no one has ever seen or heard of 'Heaven' being a destination. Can you imagine the interest there would be in booking a seat to go to heaven? Have you ever heard of a booking office selling tickets and where you can book a seat to heaven?

**Everything Today Is 'Made In Hell'. Look On The Label In Your Clothes.**

Tablets, trains, books and buses with their diesel fumes, smoke, pollution and side effects are all very much 'Made In Hell', for hell, to combat hell and to cope and live in hell. It is up to you which medicine you take in hell and what you digest. Many read books about hell everyday and some read about heaven and take that medicine which is a sweet medicine of hope and full of the properties that cure all sicknesses and promotes ultimate health and fitness. Get your bottle today from the Chemist that opens 24 hours a

day from 4 AM until 4 AM. only a few people know that heaven started at 4 AM in the morning and ended two and half thousand years later on the strike of midnight. Will you book your seat to heaven today or read the book all about hell?

This is a world of armies, salutes, lipstick, cars, accidents, crashes and hospitals, all of which do not exist in heaven. In heaven, they have flower pickers, servants, natural beauty, walking, sudden parties and perfect health all this is a natural way of life in heaven.

No one gives a gift in heaven as everyone already has everything.

**The Only Airline in Heaven is 'No Wing Airlines'.**

There is only one bus in heaven and that is the number 11 (walking) bus. If they do not walk, then they fly with 'No Wing Airlines' (with thought power) which serves everyone well and gets them about. No Wing Airlines is cheap to fly; it never crashes, is reliable, takes-off on time, serves lovely *daal* (onion free) and *chapatti* onboard and gets you to wherever you want in seconds. (to be contd.)

(Contd. ....from page no. 3)

Now, a word for the analogy used by the saint Ramakrishna. The question is not of eating up of the mountain of sugar but of tasting and knowing the sweetness of sugar. Thus, it is not about what an ant can do but it is about what attracts the ant to do. In other words, the analogy is defective and misleading in so far as it refers to merely size and quantity and not the attributes. One should not overlook that if the whole mountain-sized heap of sugar is nothing but sugar, pure, unadulterated and uniform in its sweetness, then, from this point of view, it should not be impossible - not even difficult - to know it in essence along with its true nature, particularly if this ant is what is called an intelligent human being, free from bias and having devotion for, no one can deny the fact that the difference between man and ant is itself like the difference between a mountain and an ant, though intellectually and spiritually. Thus, while it is true that God cannot be subjected to investigation by human senses or the scientific instruments as the material objects of the phenomenal world, it is in fact, not beyond the ability of a human being to get a reasonably accurate idea and an enjoyable and fair experience of divine virtues, attributes and acts of God.

It would be proper to add here that the 'metaphysical habit' of considering God to be infinite in size is in itself based on *misconception* and yet, those, who theorise that God is beyond human *comprehension*, are not prepared to accept this corollary when they are told that they too have not properly *comprehended*.

The word 'God' is now-a-days used in several meanings but if we consider it etymologically, it means: One who is extremely good. In the word 'God', 'G' stands for 'the Greatest', 'O' for 'Only One' and 'D' for 'Dazzling Divinity'. According to some mystics, letter 'G' stands for one who is Self-Existent, 'O' signifies the Perfect One and 'D' denotes its brilliancy or its self-luminous nature. Hence, the word 'God' means an entity which is Self-Existent, Eternal and of the nature of Light.

The Arabic word 'Allah', which is used for God is derived from *Al* and *Lah*, meaning the Secret One or the One who is of the nature of Hidden Light (Divine Light).

The Biblical '*Elohim*' and the Arabic word '*Allah*' mean the same thing. Similarly, the Tunic word *Hel* or *Ala* also means: God that is Existing for ever, is Indivisible, Indestructible and Holy.

The Persian word '*Khuda*', is, in fact, *Khud-A* - '*Khud*' signifying '*self*' and '*A*' implying 'One who

comes'. Thus, the word stands for a being who is *Self-existent* and has *no creator*, i.e., He is '*Swayambhu*'. Some consider this word to mean: One who Himself comes into this world.

Another title or word used for God in the Bible is 'Jehovah', which originally was *Jahweh* which literally means: 'the living truth' or 'the consciousness of life' or the self-existent One. One may even say that the word '*Jehovah*' originally was 'Shiva' and one may be justified in this belief, for the form of God, visualized by Moses on the Mount was of the nature of a flame of Light and Shiva also means the Salubrious Truth.

Thus, even the different names, used in different languages of the world, give a clue to the nature of God, being of the nature of Light. How could have these words come into use unless one could visualize God, even though the full revelation of the truth came much later?

Thus, it would be only proper to say that God can be known through people who know Him and have realised Him, each one according to his or her ability. Certainly, we are duty-bound to say on the basis of our own experience that the Father has revealed and is revealing Himself now and it is for people to seek and to have His knowledge. ●

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1. Vellore: Founder of Sripuram Golden Temple Bro. Sakthi Amma is being tied Rakhi by BK Sis. Gyansundari.  
2. Vijayawada: Founder of Art of Living, Shri-Shri Ravi Shankar is being tied Rakhi by BK Sis. Shanta.



3. Varanasi (Sriram Nagar): BK Saroj, B.K. Vandana and BK Anjali are giving Godly gift to Mr. Mahendra Nath Pandey, Hon'ble Union Minister of State for Human Resource Development. 4. Anantapur (Old Town): Mr. Chandrababu Naidu, Hon'ble Chief Minister of Andhra Pradesh is being presented Godly gift by BK Sis. Sharda and others.



5. Mumbai (Vile Parle): Ms. Sakshi Malik, Bronze Medalist of Rio Olympic's is being honoured with World's Largest Bouquet of Roses by BK Sis. Karina, BK Sis. Tapsvini and BK Deepak Harke. 6. Bhairhava (Nepal): BK Sis. Shanti presenting Godly gift to Mr. Bimalendra Nidhi, Hon'ble Deputy Prime Minister of Nepal.



**1. Mount Abu (Gyan Sarovar):**  
 Inaugurating Politicians Service Wing's Conference are Mr. Thawar Chand Gehlot, Hon'ble Union Minister of Social Justice and Empowerment, Dr. Subramanian Swamy, Member of Parliament, BK Brijmohan, Dr. Nirmala Didi, BK Usha Didi and others.



**2. Abu Road (Shantivan):**  
 Inaugurating National Media Conference are Rajyogini Dadi Ratanmohini, BK Karuna, BK Atamprakash, Ms. Lakshmi Parvati, Chairperson of NTR Trust, Dr. Sanjiv Bhanawat, Chairperson of Centre for Mass Communication, Rajasthan University, Mr. M. Sridhar Acharyulu, Central Information Commissioner, Prof. Kamal Dikshit and others.



**3. Abu Road (Shantivan):**  
 Inaugurating Conference of Art and Culture Wing are Mr. Pravin Pote Patil, Hon'ble Maharashtra Minister of State for Industries and PWD, Ms. Gracy Singh, eminent film actress, BK Santosh Didi, Ms. Shweta Shinde, TV Actress, BK Mruthyunjaya, BK Kusum Didi and others.



**4. Indore (Om Shanti Bhawan):**  
 After a dialogue on 'Reconstruction of Human Values in Youths' standing in group photo are Mr. Ramesh Mittal, Chancellor of Medi-Caps University, Dr. Sunil Somani, Vice-Chancellor of Medi-Caps University, Dr. Upendar Dhar, Vice-Chancellor of Shri Vaishnav University, BK Mruthyunjaya, BK Sis. Anita, BK Sis. Shashi and others.