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AMA PEACEFUL BLISSFUL

Our Revered Dadis



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1. Chandigarh: 'Health, Wealth and Happiness Carnival' is being inaugurated by H.E. Kaptan Singh Solanki, Governor of Haryana, BK Brijmohan, BK Amir Chand, BK Ultra and others. 2. Muzaffarpur: H.E. Dr. Mridula Sinha, Governor of Goa is being presented Godly gift in a felicitation program by BK Rani. 3. Abu Road (Shantivan): Inaugrating Conference on 'Wah! Zindagi Wah!' organized by Scientists and Engineers Wing are Rajyogini Dadi Janki, Dr. Rakesh Dubey, Director, Disaster Management Institute, BK Nirwair, BK Mohan Singhal, BK Sarla, BK Godawari and others. 4. Varanasi (Sriram Nagar): H.E. Ram Naik, Governor of Uttar Pradesh is being presented Godly gift by BK Saroj and others. 5. Delhi (ORC): Mr. Suresh Prabhu, Hon'ble Railway Minister is being presented Godly gift by BK Khyati, BK Yeshu, BK Somshekar and BK Ashok. 6. Ranchi: H.E. Draupadi Murmu, Governor of Jharkhand is being presented Godly gift by BK Saroj and others. 7. Guwahati: H.E. Banvarilal Purohit, Governor of Assam inaugurating the program on 'True Essence of Shrimad Bhagwad Gita' along with BK Usha, BK Sheela and others. 8. Ahemdabad (Mahadevnagar): Mr. Arjun Ram Meghwal, Hon'ble Union Minister of State for Finance is being presented Godly gift by BK Chandrika.

From the mighty pen of Sanjay



GOD, WORLD AND THE DEVIL



One of the living issues of philosophy and religion is the question of Evil. One cannot understand the nature of the World and of God unless and until the question of evil is solved. For, if God is a Benevolent Power, Knowledgeful and Almighty, as all believers avow; then, it is natural to ask, "How did the evil enter into the world? Who is responsible for sin and the resultant suffering?"

Different Answers

Some philosophers say that the evil was present since the very beginning of the World Cycle or even before the world came into existence. But it is clear that acceptance of this view would mean that God is limited by the eternal presence of evil. It would also imply that God cannot or does not eradicate the evil. This limitation is incompatible with the concept of God's Supremacy or Compassionate Almighty-nature and would, nonetheless, be unacceptable, in the result, even to those who advocate the aforesaid theory of the eternal presence of evil. Moreover, none would think that there is any good in praying to a God who cannot exterminate evil for a considerable length of time or who is incapable of bestowing deliverance to the world from the evil and its tentacles.

Again, certain religions in the world profess that there is another force responsible for the presence of evil which was, originally, under the Authority of God but, later, became hostile to Him when He created the world as Paradise and made man the king of the earth and also of the waters and the fauna and the flora. Christians and Mohammedans have faith of this kind. They believe that all evil in the world is due to Satan. Now, this belief also does not solve the problem satisfactorily, for if one accepts two powers or two mighty persons - God and Devil - functioning in the world, then the question arises as to how these two are related to each other and how Devil is related to man.

In order to evade the above said difficulties, some philosophers take the stand that God Himself created the evil.

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CELEBRATING LIFE - WAH ZINDAGI WAH! CONFERENCE

In early November, a special group of Scientists and Engineers from India and Nepal, including Government secretaries and Technical University Educators gathered in Brahma Kumaris' campus, Shantivan, at Abu Road for an innovative Conference on the theme: *Wah Zindagi Wah!*

Everyone knows that Science and Technology have evolved to the highest strata and brought forth many new comforts and gadgets for making our day-to-day life very comfortable. They are also saving much of our time and energy which were previously spent unnecessarily, as long-distances, lack of hi-fi technology were the order of the day years back. The advent of many new variations of mobile phones, machines, computers, gadgets, high-range vehicles, and other sources of luxury have made life easier, but dragged along some practical problems as well, due to which our societies are facing big challenges. For instance, the smog/pollution in very important places like the Capital of India,

Delhi, as well as China and several other countries has become the cause of a large number of health problems, and also slowing down of life in big cities due to the serpentine traffic jams moving at snail pace. The recent rainy season has also brought on dengue, chikungunya, malaria and other lung-related problems to over 50% of the Indian population!

These days, our attention is also drawn to the most intriguing election time in the United States of America, where debates between the candidates from both major parties, Democrats and Republicans, have taken on a different level with each criticising the other on very personal grounds. It seems that Policies connected with the well-being of citizens or solving problems of international conflicts have taken a back seat during this very important electoral campaign.

The on-going wars in Syria and Iraq have brought the super powers to a point where the globe is threatened with possibilities of the Third World

War... News, as of 5 November 2016, of some of the preparations being made for this War appeared in India's leading newspapers.

Day in and day out we also see the Indo-Pak Border conflict becoming more and more complicated with fatalities on both sides, causing so much sorrow and unrest to the affected families, whether they belong to the martyred soldiers or to those civilians killed in the cross-fire. **With all these happenings and many other problems being faced by society at large, the organising of such a Conference, 'Wah Zindagi Wah', becomes even more interesting.**

The venue chosen to host nearly 5000 participants of this Conference was the Brahma Kumaris' Shantivan Campus, which provided an opportunity to look for new methods and dimensions in leading day-to-day life. The Programme which started with the Inaugural Session on 4 November 2016 evening, with the blessed address by Respected Dadi Jankiji, Chief of Brahma Kumaris, transformed the entire atmosphere into a very light, happy and meaningful environment. Dadiji's personal aura and simplicity with ocean-like love for everyone, and words

of wisdom based on her 100-year lifelong meditation practice, uplifted the ambience. Her loving invitation to everyone to join her in repeating the words “Om Shanti” thrice, followed by her deep spiritual message, made everyone delightfully thoughtful.

Most of the topics of the Conference: **Life – A Unique Opportunity, Joy@24x7, When Life Hurts, it Teachers, Action Plan for an Enriching Life**, including the Meditation Sessions were very thought-provoking, and guided the participants on the path to Self-Exploration and Contemplation, by first exploring the inner mind. To give everyone a boost in their experiences of higher consciousness, these Guided Meditation commentaries helped everyone to focus deeply on the Supreme Being and thereby elevate their consciousness. All of this becomes the basis of researching and returning to those aspects of human life, which were actually a part of natural daily living in the past.

It is sad but true that most scientific discoveries and attractive gadgets have taken away the energies of young and old, parents and children and given birth to a lot of emptiness in hearts and intellects... What

was meant to be a support to good and progressive living has now become barriers to loving interactions within families, and the accurate development of younger generations; children are hooked to their computer games or iPhones or text messages or the internet, and over-exposed to media and the world at large, but have lost their way from their roots, family and universal values. Over-dependency on technology, science and the materialistic world is harming inner well-being and outer health, and destroying real happiness in personal and family lives, leading to a lot of tension in relationships. This is why the numbers of Court Cases for divorce and division of property are particularly on the rise every day. **At such times, there is need for exposing society to the new concept of making Spiritual Values and Meditation as a regular practise for generating and enjoying real happiness and virtuous lives.** Shattered families can re-learn how to understand and love one another, and enjoy being together by enhancing genuine respect for each other. The saying goes: ‘if a family eats together, it stays together’, but lately we find that

if a family meditates together, they learn the art of peaceful living, and are able to face challenges while staying united, and increasing the quality of their actions and life. In the old scriptures, revered Prophets and Religious Founders had praised the Almighty Being in their own respective ways by singing, ‘Wah! Wah! (O Great One!)’. This pure remembrance of the Perfect, Benevolent Being instils the highest awareness which enables us to experience divine feelings for the self and others.

As the Urdu couplet rightly points out, “*Mara Bhala woh jo apne liye jeeye, Jeena Bhala uska ko auro ke liye jiye...*” When the mind, heart, intellect and body are in sync with the Supreme Being, with nature and the kind of destiny we wish to create for ourselves, our hearts get filled with love and the pure wish to become God’s instruments in transforming other’s lives for the better. Spiritual wisdom empowers one’s consciousness to break limitations and prejudices, and do good for all. This further becomes the basis of being able to rejoice life under all circumstances. Wah Zindagi Wah!

THE MAGIC OF RECITING 'OM'

The Vedas, Upanishads, Bhagvad Gita and other Scriptures have always emphasized that the voice of Om has its origin in the Supreme Being. Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya was known originally as 'Om Mandli', due to the reason that all participants in the congregations that took place in Hyderabad, Sindh, used to chant 'Om' in a very slow, rhythmic manner, spreading vibrations of peace, and elevating the consciousness of all in the gathering. Many of them used to have a range of spiritual experiences of the higher worlds, and that of being like Angels or Deities. The regular chanting of 'Om' motivates people to develop the power of inner tranquillity. **The healing power of the 'Om' Chant is also marvellous, the scientific reason being that the practitioner of this chanting becomes fully absorbed on a very high psychological level, and can visualise the self beside the ever-luminous Supreme Being; this works as the most effective way of Self-Purification. Remaining absorbed in such**

consciousness for at least 15 minutes on a daily basis transforms a person's outlook and character towards divinity. A few minutes of deep silence after the chanting brings alive the experience of 'I' the soul being in the company of the Supreme Father & Mother, as eternally glowing, powerful spiritual lights. This has been symbolised beautifully in our traditional festivals, especially the lighting of earthenware lamps during Deepawali.

Over the years, we have been listening to words of wisdom from the Highest Being inspiring us to focus our thoughts and awareness consciously on the eternal light of Incorporeal God Shiva. This has had a very magnetic, electrifying effect on the soul and helped transform old sanskars on the basis of "Company colours one another". At this most auspicious time of the Confluence Age, humanity has been blessed by the personal reincarnation of the original source of Godly Wisdom. Without said wisdom, human beings had lost their original state of divine consciousness and divine qualities. We know

that negative forces are omnipresent currently all over the globe and have thrown everyone into turmoil. **But it's high time we open our inner eyes and recognise the advent of a new age of peace, love and joy being established by the Supreme Being Himself.** We can reclaim our Godly birthright of golden-aged world sovereignty, which will be full of not only material prosperity but all celestial qualities too. By doing so we will be able to glorify our most beloved Ever-Purifier, Supreme Parent, Teacher and Satguru, and become Right Hands in igniting the soul-lamps of other humans too. It is only then that we can experience the real Deepawali, in practical, all over the world.

We would like to conclude by sharing extracts of recent *Gyan-Murlis* (elevated versions of the Supreme) which beautifully illustrate the above inspirations:

"This elevated version (Om Shanti) is so much loved by everyone. No matter what happens, even in an atmosphere of tears, the words "Om Shanti" remind us of peace. When "Om Shanti" is said, no

matter what type of scene comes in front of you, but the meaning of “Om Shanti” shows its own form. Saying “Om Shanti” automatically spreads a wave of peace internally. Just as the word “Baba” spreads its own vibration, in the same way, saying “Om Shanti” spreads its own meaning (vibration) in the heart. It spreads into the heart and while it is spreading, you stabilise yourself in its form. The majority of you are seen sitting stable in the meaningful form of “Om Shanti”. Seeing one another, the colour of being in the company of one another is sparkling on your faces and this is why even the Supreme is also reminding you of Om Shanti.

“All of you are *dancing* in your minds with the meaning of “Om Shanti”. Though you are not *dancing* with your feet, the majority of you are *dancing* in your minds and this *dance* of the mind is so lovely. It doesn’t disturb anyone. Because each one of you has peace of mind, you are externally peaceful and also peaceful in your mind. So, in this way, it is “Double Om Shanti”: externally with your mouth and also “Om Shanti” in your mind. Each of you is *busy* with the *dance* of your mind and

this is why there is sound of the mind, and no sound of words.

“You have seen a lot of physical *dances*, but this *dance* of the mind is very entertaining. Increase this *dance* even more. Claim a *number* ahead in this *dance*. Instil the habit of the *dance* of the mind. There is now a greater need for this *dance* because, day by day, external upheaval is increasing and it has to increase. During the day, each one of you has to make *time* and *practise* both *dances*. The more you perform this *dance*, the *dance* of the mind, the more it will make an impact on the *dance* of words. So now, increase the *dance* of the mind.

“When you make a silence *programme* outside, peace of mind increases in that too, and when peace of mind increases, then *automatically* the spoken words also decrease. When silence of the mind increases, then silence of the body also increases. All of you have to continue lovingly to make effort to increase silence of the mind.

“Increase the power of the mind for one month. When peace of mind increases, the power of words will *automatically* increase. The more that peace of mind increases, the more it will make

an impact on the peace on your face and, to the extent that peace of mind increases, the power of externalised words will accordingly decrease. So, it has been seen that to a greater extent, the ups and downs that take place through words will happen less, or you will have to make less effort for words.”

“Devotees celebrate Deepawali with non-living images and non-living deepaks, whereas you living deepaks, who are constantly ignited deepaks, are celebrating a meeting as (spiritual) children with the Master of the Deepaks, that is, you are celebrating the mela of Deepawali. Each Deepak (a soul that is spiritually enlightened) is sparkling so beautifully. The Supreme only sees the ignited deepak on the forehead of each child. There cannot be such a huge deepmala anywhere else. No matter how many physical deepaks are ignited, can there be such a deepmala anywhere that is imperishable, immortal, and the embodiment of light? You are the ones who are seeing it and you are also the ones who are celebrating.”

OM SHANTI

– B.K. Nirwair

WE, THE BIRDS, HAVE TO FLY AWAY

– Rajyogini Dadi Janki,
Chief of Brahma Kumaris, Shantivan



The term *Om Shanti* contains both knowledge and yoga. The essence of the *Murlis* is that Baba Himself asks us to leave body consciousness and remember Him alone. In the world, people depend on their friends and relatives but, for us, Baba is our world. There are four subjects - Knowledge, Yoga, Inculcation of Virtues and Service. The first is knowledge: Who am I and who is mine? Then, there is yoga and it is through knowledge that we have yoga. If the understanding of knowledge and yoga is good, then the inculcation of virtues becomes practical in our lives. What are the virtues? Speak less, think less and work peacefully. There is no effort in this. Be accurate. We have to take our meals at the right time and be accurate at the time of yoga. Our intellect should be clear, loving and full of faith and, then, we will be victorious.

In His blessings, Baba said that the sign of sovereignty is the crown and the sign of a Rajyogi is the crown of light. When we were on service in the foreign

lands or in India, people would say that they saw light through us. There is might in that light. It is all due to Baba, it is all Baba's attraction.

The Confluence Age has so much value. I have been surrendered to Baba for 80 years. To surrender to Baba means to claim the inheritance of bliss and peace. He gives us the treasure of bliss and peace.

Make your heart very pure and your intellect stable. We have the light of knowledge; and wherever we go we must dispel the darkness and bring light and might in that place. We are the birds. We have to fly away. This world is of no use. Baba has opened our third eye.

We have to compete with one another in the race of remembrance but with no trace of jealousy. If we have jealousy, we will make mistakes. There is no time for gossiping. This time is for remembering Baba. There should be love amongst us, not jealousy and then we will be attracted to Baba.

The small finger is for co-operation. Each finger

represents something, be it victory or wisdom. This tongue is for speaking about the Father alone. There should never be any trace of jealousy. We have to become deities and we have to make the efforts for that now.

There are multiple benefits at every step of Confluence Age. Which bank gives such benefit to its customers? I don't know how to handle money. My pockets are empty; I wear a white dress yet there is the intoxication of being the master of the world. Care, share and inspire; share your good experiences. This is a good business.

Our future is the Golden Age and, now, we have to go to *Shanti Dham*. The Soul World is above the sky element and there is peace there. In the Corporeal world, there are 5 elements – earth, water, air, fire, sky. These five elements also do so much work.

This life should be based on truth. On the path of truth we

(....contd. on page no. 13)

ROLE OF RAJAYOGA MEDITATION IN VOICELESS COMMUNICATION



– Dr. B.K. Anangpal Pandey (VU3WJC),
Korba (Chhattisgarh)

Communication is the act or process of communicating, imparting or interchange of thoughts, opinions, news or information by speech, writing or signs among people and between places. It is done by means of sending messages, orders and point of views by using instruments like telephone, telegraph, radio and television.

Communication can also be voiceless. Soul-to-soul Communication or communion of soul with the Supreme Soul is called voiceless communication or communion, which is possible through practice of Rajayoga meditation.

Voiceless Communication

Voiceless communication is soul-to-soul telepathic communication. It is done with one's mindset but not with the handset. Everyone is having a powerful telepathy communication system, which is provided as a natural gift by God, the Supreme. A mother knows and understands the feelings and emotions of her lovely child and

the child also has 24 hours communication with the mother through their mindsets even without any voice. Dogs sense and understand the signals of earthquakes many hours before and start barking and running far away. In the case of Tsunami, it was seen that elephants ran away to the mountains. The activities of other creatures like birds also give the symptoms of disasters; for example, on the bank of river Ganges, it is observed that they leave their nests sensing the flood symptoms. These are the examples of voiceless communication. In case of human beings, practice of Rajayoga meditation can help them in enhancing their power of voiceless communication.

Rajayoga Meditation

With the practice of Rajayoga Meditation, which develops the power of silence and solitude, human beings can connect with the Supreme Being through voiceless silent communication. It is a very simple technique. As you become centered in soul-

consciousness and become aware of your innate qualities of peace, love and happiness, you gradually move from the physical dimensions and become a silent observer. Internally, you become aware of the metaphysical dimension of divine light and come closer to God Father, the Supreme Divine One, who is like a subtle point of light radiating spiritual glow and power. Try to mentally visualize the soul-to-Supreme Soul meeting, i.e., between the soul and God. Open yourself to receive the rays of that spiritual power. You will feel as if your battery is being recharged, and that your energy/power of love, peace and happiness are really being activated. Start a voiceless communication/conversation with that Unique One in any one of the relationships that you like. He is the Mother, Father, Teacher, Guide, Friend, Beloved, etc. Imagine that the connection between you and God revolves around that relationship. Imagine and continue a conversation for as long as you want from your side as the child, student, follower, friend lover, and so on. Leave yourself open for the answers that come to you in the voiceless silent communication/conversation. Remain in this loving interchange for a few minutes and come back recharged and ready to face the situations of your life.

Ham Radio

Ham Radio is a social need at the time of natural calamities. It works with self-sustained Ham Radio set with battery back-up. It provides wireless communication at the time of disaster, when all other communications completely fail. Beside this, it is very important to be mentally, emotionally prepared to face the fearful and destructive scenario of disaster. In order to face this unprecedented scenario, the super computer of our mind and soul should be recharged with the power of meditation, which provides the mental willpower and inner strength to communicate the proper message to right authority in right time. Practice of Rajayoga meditation refines the sensibility, enhances the sensitivity of the Ham Radio team and instills them with the power to study the situation perfectly, to take accurate and instant judgment with the courage, confidence and presence of mind, and thereby enables them to handle the situation very carefully and successfully by using the Ham Radio. The Brahma Kumaris' Manmohinivan Complex was the proper venue selected by Hamfest India for its Silver Jubilee Celebration on 5-6 November, 2016, which aimed at highlighting the benefits of

Ham Radio and strengthening its users mentally, emotionally while engaged in communication - the natural gift of nature.

Facing the Natural Disasters

Nature, like Time, is a great leveler. In spite of all human conceit about man's power over nature, disasters still continue to occur and shake up the human world through their destructive power. God does not create disasters like storms, earthquakes or other mishaps to punish us. These happenings of disasters are all related to human actions. Our thoughts, emotions and actions send out positive or negative vibrations around us, affecting the energies of nature positively or negatively. In order to mitigate disasters and the sufferings that follow any disaster, we have to disconnect the source of sufferings. The root cause of all suffering and its remedy lie in human souls. Negative thoughts and vices in human souls lead them to sinful actions and the resultant sufferings. Practice of Rajayoga Meditation, which links the human souls with God, the Supreme Soul, helps in harnessing the divine wisdom and powers, in divinizing our mind, intellect and *sanskars* and power, and in maintaining perfect coordination and harmonious and relationship among Man

(*Prakriti*) and God (*Pramatma – Param Purusha*).

Benefits of Silent Voiceless Communication

The benefits of silent voiceless communication are as follows:

- i. Silent voiceless communication helps the message/information to reach instantly.
- ii. It helps in keeping telepathic relationship or connection with people staying far away.
- iii. It helps in easier interaction and clearer contact among the people.
- iv. It enhances strong and durable mental, emotional and unforgettable relationship.
- v. It establishes soul-to-soul(s) connection and relationship without use of any instrument/medium and interruption.
- vi. It enhances the power of mind and intellect and purifies the *sanskars* and sub-conscious.
- vii. It instills silence power to keep one's calm and composure and enhances sense of presence to handle the situation (s) effectively.
- viii. It hones the skill of introspection, discerning power, decision-making and quick power of judgment.
- ix. It enhances the intuitive and catching power.
- x. It helps in sending powerful vibrations of silence, serenity and peace, and thereby creates a peaceful atmosphere. ❖

FREE WILL OR PREDESTINATION?

– B.K. Rose Mary

My knowledge of *The Bible* had convinced me that major events (such as world wars, pollution, climate change, rise in sea-level, global decline in moral values etc.) in the history are predetermined. It predicts even specific events that would happen just before the end of *Kaliyuga*. For example, *The Bible* describes the climax events involving the world's two Super Powers (which are prophetically called as "South King" and "North King" because of their opposed ideologies). They bring up again their long-abandoned Cold War (Daniel 11:40-45 to 12:1) which soon slides into a hot war in which one of them meets with its *sudden* destruction to the utter horror of rest of the rulers of earth. (Revelation 18:8,9)

The turn of events would be so swift that the Great World Power that had tremendous influence over the earth "is brought to ruin" as though in "one hour." (Revelation 18:3, 10, 19) "One hour" signifies the speed with which things happen. Such a swift and unexpected

destruction of a Super Power is now possible with the use of ultra-modern EMP (Electro Magnetic Pulse) weapons which deaden all weapons of the target country leaving it in absolute black-out with its no electronic gadgets working. With one World Power gone, business community will start "crying and mourning." (Revelation 18:11, 19) "Then shall be the great Tribulation, such which has not been from the beginning of the world until now ... If those days will not be cut short, no one would survive." (Mathew 24:21, 22) This is a situation that other parts of the *The Bible* call "Armageddon" in which rulers of "the whole world" will suffer destruction (Revelation 16:14, 16) which will pave the way for the creation of a new world by God Almighty. (Daniel 2:44; 2 Peter 3:13)

When I learned from *The Bible* that things are very accurately predicted and we are seeing them unfolding in our generation, a question arose within me: If events are "predestined," what about my actions – "Are they also

predetermined?"

I got the correct answer from the 'Awakening with Brahma Kumaris' TV programme. I learned that our current *sanskars* [resolves/propensities] are not our original nature but are learned and have become our habits through repetitions, hence, it is possible for anyone to revert to one's original nature of peace, love and purity, if anyone wants to do so. Individuals can change their *sanskars* in the concluding phase of each *Kalpa* (a cycle of 5000 years) because it is during this time that God Himself plays His role of World Benefactor, to bring benefit to all those who are willing to be purified and elevated by Him.

I decided to go deeper into this knowledge and learned Rajyoga (Seven-Day Course, one hour daily) from the Brahma Kumaris. In time I experienced God reactivating my original nature (knowledge, purity, happiness, love, peace, bliss and power) and sustaining it through His loveful remembrance. It means my negative qualities were replaced with their opposites – the positive ones. In the Rajyoga course, what attracted me the most is the teaching of Drama which says souls descend from *Paramdham* [original home of all souls] number-wise to take births here

on earth, and return home at the end of each *Kalpa*. “Those who studied in the previous cycle will study again.” (Murli 12.7.2016) I found this true in my case. I was easily awakened at the mention of Drama, which I readily accepted as though it was already there deep within me.

What I liked in the understanding of Drama is that though it follows a general frame, yet it is still a play of FREE WILL and DESTINY! Happenings just flow one after the other just like present is the result of past. Destiny and free will are not separate, but both are *karma* (action). Destiny is the result of past *karma*, and present karma is free will. Once an action is *chosen*, its results are *fixed*, or cannot be changed. The diligent ones make maximum benefits whereas the lazy ones are the losers because God declares: “Don’t say: ‘If it is in the drama, I will do it.’ If you want to claim a high status in the new kingdom, then make a lot of effort.” (Murli 2.3.2016) “By listening to and believing in wrong things, even good children fall and this is why you have to be very careful. If anyone sulks with the Father or the study, that one’s fortune becomes spoilt for 21 births.” (Murli 1.8.2016; 15.7.2016) Both the diligent and the lazy ones alike know that

whatever they did was their choice.

The more I pondered over these teachings, it became simpler and even more and more meaningful. In happiness people do not remember God, but they remember Him in sorrow. Thus, in forgetfulness, human beings lose Paradise, and in remembrance they regain it. “This is not called the destiny created by God, but it is the destiny created in the Drama.” (Murli 7.6.2016) They slip into forgetfulness on their own, but are brought back to remembrance at the initiative of God. In the concluding phase of each *Kalpa*, God Shiva makes His descent on His conduit and “explains *exactly as he did* in the previous cycle.” (Murli 30.6.2016) Those who responded in the previous cycle choose to respond to His teachings now and those who did not respond in the previous, cycle would choose not to respond. Hence, each *Kalpa* will look exactly the same—something which even Jesus alluded to when he said: “A good person produces good things from the treasury of a good heart, and an evil person produces evil things from the treasury of an evil heart.” (Mathew 12:35) In other words, living is merely the pursuit of a pattern. Like an iceberg that is

not influenced by wind because 90 percent of it is below the water’s surface, the *sanskars* of people remain unaffected. People keep returning to their original *sanskars* like water that returns to liquidity even though chill and heat can temporarily change it into ice or vapour respectively. And each person returns in rebirth with the same *sanskars* with which he lived in his previous life: “Whatever the state of being one remembers when he quits his/her body, that state he/she will attain without fail.” (*The Bhagavat Gita* 8:6)

It means people *repeat* what they enjoy doing. It is like what happens with habitual late comers who will again slip into late coming mode even when arrival-time is changed in favour of them. While they feel they are exercising their choice, in effect no choice takes place in the real sense of the term because they are only falling according to their inclination (hence, we have the expression ‘falling in love’). But, the real choice happens in the case of those who choose to study Raja Yoga course and benefit from God’s teaching programme in the Confluence Age because they renounce their Iron-aged life and take up Golden-aged life. Here, too, once they realize their original nature (when they remember they are not this body, but souls, the

mighty children of the Almighty) they no longer feel they are on an uphill-task; they practise spirituality with much ease because spirituality means knowing that ‘I am a soul manifesting qualities such as knowledge, purity, happiness, love, peace, power, bliss, etc. When souls forget their real identity, they live in the limited view of body-consciousness, but God Shiva’s elevated teachings awaken them. Now, they operate out of their original inclination, and spirituality comes naturally to them. This is something they thought impossible when they were in body-consciousness!

I could easily relate to the above understanding of Drama in my own life. Many things I describe as my choice is not choice in the real sense. For example, reading is more than a hobby to me and I can read any number of hours or even days continuously. Though it has an impression that I am choosing to read; in truth, I am only leaning or rolling down towards what I enjoy doing, not a choice in its real sense – it comes as part of *being me*. That means if it is in one’s *sanskar*, it will come out and flourish like a seed does under proper conditions. If one had lived in the first half of the *Kalpa*, it is only a matter of time that memory of him/her will be

rekindled as the “fire that is enveloped by smoke” gets rekindled (*The Gita* 3:38) and will prefer the Golden-aged life again.

The greatest charm of this Drama is that aspirants can reap more than what they sow - a wonderful prospect that is available only in this time when God Shiva directly teaches His children. Listen to what He says: “People don’t have a guarantee for even one birth whereas you can have your line of fortune eternally drawn by the Bestower of Fortune. It is only at this time that the Bestower of Fortune comes to distribute this fortune, and you can take as much as you want from Him. According to the Drama, the present time has this blessing. The overflowing treasure store of fortune is open.” (*Murli* 3.7.2016) Those who cooperate with our Heavenly Father now in this last birth can have an inheritance of 21 births (2500 years) in the recreated heaven on earth. No wonder, remembrance of this

truth from the previous *Kalpa* remains protected in the word ‘*saubhagya*’ [hundred fortune] which means one hundred times fortunate – something that God alone can give to serious effort-makers in the Confluence Age.

LIGHTNESS

Move through life with lightness, touching the hearts of others without leaving a mark.

The best time to awaken both body and spirit is in the early morning. We are fresh, in solitude, and the vibrations of the world are at their calmest. It is not surprising that you will find all experienced meditators and yogis up at dawn, inviting the sun of spirit to shine into the heart of their souls. The first half hour of conscious awareness will be the foundation of your day. Make an early start. Meditate, set the switch of your consciousness and calibrate your energy for the day. You’ll be surprised at the difference it makes.

(Contd. ... from page no. 8)

dance with joy and we sing Baba’s praise. Time is very valuable; so, now we have to perform good actions and we have to become *karmateet*, i.e., go beyond the effect of *karma*. Whatever actions we do, others will follow. Our *Amritvela* and evening meditation need to be disciplined.

We have the guarantee that in our next birth, our future will be bright, real and royal. We can feel the vibration whether someone is real or not. But our inheritance is very much real.

MYSTERY BEHIND IBRAHIM'S SACRIFICING OF HIS SON ISMAIL

—B.K. Tazer Ali,
Nalbari, Assam

Following the traditional belief, the Muslims throughout the world sacrifice animals every year on the occasion of Id-ul-Zuha. They believe that Allah ordered Prophet Abraham/Ibrahim to sacrifice his dearest son Ismail in His name. Obeying such order of Allah, Ibrahim was ready to perform the sacrificial ceremony of Ismail on this day.

But did Allah accept Ismail's sacrifice from Ibrahim in reality? Had this sacrifice been actually performed? Or does it hold any spiritual mystery behind it?

It is believed that when all preparations for sacrificing Ismail were completed, Ibrahim was ready to cut Ismail's neck laying on a stone. But Ismail was not cut or killed on the spot. Ismail was kept alive and Allah expressed His satisfaction sensing the strict determination of Ibrahim and looking at his complete preparations for sacrificing his most beloved son Ismail. From this, we know that Allah never wanted Ibrahim to sacrifice his own son but He actually wanted him to have

bodily detachment from his son.

But, without understanding the spiritual and mysterious meaning behind this, people have been killing lakhs or crores of animals like ox, buffalo, goat, etc., every year in the name of Allah by following blindly this traditional sacrificial ceremony of his son by Ibrahim. In this case, people should analyse logically whether God, who is the Ocean of love, actually wants to look at the violent scene on the earth filled with red blood of the sacrificed animals or whether He wants us to sacrifice our evil tendencies as a mark of love and respect towards Him? God, the Supreme One, is ever loving, merciful and gracious. He shows His bountiful mercy on every living being. He is not at all pleased with the sacrifice of human beings or animals in His name. Also He would never want to see the pain, sorrow and crying of any living being while being sacrificed!

Of course, God or Allah wants sacrifice of the animal like tendencies of man. He, in fact,

wants sacrifice of vices like sex-lust, anger, greed, attachment and ego, growing in the nature of the human beings at present.

Because if you have too much attachment with your own son, daughter, your wife or anyone, you cannot keep God in your heart even though you may try hard to be a true lover of God. Bodily attachment never allows you to remember Him in true sense of the term. You cannot feel the love of the Supreme Being, or experience His loving companionship. One needs to play out one's responsibilities of life in the world while remaining detached from the bodily bondages. This is the spiritual mystery or meaning and lesson that the sacrificial ceremony of his son Ismail by Prophet Ibrahim unfolds and gives.

In the present period of time, Allah has already descended on the earth. He has been teaching spiritual lessons to His sons (souls) on what is the real mystery or meaning behind the traditional ritual of sacrifice. In His lessons Allah, the Supreme

(....contd. on page no. 29)



GOD SHIVA: THE SUPREME HERO OF THE WORLD DRAMA

– B.K. Subramaniam, Chennai

Never in the history of human life, man ever had a thorough, complete and true knowledge about the self, i.e., soul and God, the Supreme Soul. In fact, in *Bhakti Marga*, the lacuna or the lack of closeness between God and man has kept on widening due to body consciousness. The fruits of past *karmic* accounts were experienced by human beings in the orbit of birth, death and rebirth, commencing from *Dwaparyuga* onwards. Man who led a completely pure life in *Satyuga*, gradually shifted towards body consciousness and became addicted to vices of sex-lust, anger, greed, ego, jealousy and attachment. The weaknesses and vices deprived the souls of the chance of experiencing and enjoying the intrinsic value of everlasting peace and happiness. When the souls start feeling miserable, depressed and lonely and are scarred by sufferings, hardships, losses and imperfections, at this time God comes down upon the earth and makes them realize their inner beauty. He gives them the knowledge of their true-self

and the secrets of world drama through the conduit of human medium whom He renamed as 'Prajapita Brahma' (Great spiritual mother) and whose name is renowned in *Bhakti Marga* as 'Bhagirath'.

God Father Shiva has vividly explained the ethereal connectivity between the souls and the Supreme soul during the passage of time in the world drama. He has also given knowledge about the role of souls right from the inception of world drama in *Satyuga* till the closure of the drama at *Kaliyuga*. The very first and foremost point to be understood and realized is that the human body is nothing but an assemblage of different functional parts and organs like a motor car and it is the soul that operates and controls the physical body, just as a driver controls the motor car. The different sacred marks and *tilaks* applied by human beings on the forehead remind us of the seat occupied by the soul. It abides at the centre of the forehead between the two eye brows. Once the soul leaves the

physical body, it decays. Then we call it a dead body which is disposed of by means of burial or burning. Such phenomena prove the fact that the soul is distinct from the physical body. People from all walks of life mistakenly believe that the soul after departure from the physical body merges with God or attains *mukti* or heaven. The soul is eternal and imperishable and it neither can lose its existence nor can it escape from the drama. It is the soul which reasonably accounts for its good and bad deeds either in the next or subsequent births. When the souls first came down from *Paramdham* onto this world drama, they were pure but as they move forward in the cycle of birth, death and rebirth, their purity begins to tarnish and they lose their power. Whatever actions / *karma* are performed by the souls through their physical bodies, are imprinted or recorded subtly in the store house of the subconscious mind. Such recordings are carried over to the next birth by the soul and it experiences the fruit of actions accordingly. The personality trait, character and conduct of the human beings are not predestined but they are imprinted on the basis of their *karma*.

Role of God in the Eternal World Drama

God is called 'The Supreme'

because there is no substitute for Him and He is the Highest on High, Almighty. He is the One who transforms *Nara* into Shree Narayan, *Nari* into Shree Lakshmi, the worshipper into worship-worthy, the impure souls into Sovereign, Pure souls for 21 births. He has no substitute and that is why His name, fame, glory and praise are unparalleled and is compared to Ocean in praise of His Knowledge and Wisdom, Divine Virtues and sterling Attributes and Qualities.

God Shiva is the Supreme Father, Teacher, Preceptor and Guide and is playing the role of the Supreme Hero in the world drama. He is not only the Supreme Director but the Supreme Hero as well. Nevertheless, God has no physical body and He never takes birth like the human beings do in this mundane world. But He elevates all His children to the stage of divinity and makes them the real Heroes (Deities) to play their parts in *Vaikunth/Heaven/Paradise*.

Let us become real Heroes by studying and practising 'Rajyoga' meditation being taught by God Himself. ❖

SATAN'S SOLILOQUY

– B.K. Bhabagrahi,
Naharkanta, Bhubaneswar

"Hearken! Hearken! You all people, I am the King Satan
Otherwise known in India as ten-headed, Demon King, Ravan.
I came to exist when the first half of world cycle finished with heaven;
In the next half of the world Cycle I prevailed with my sceptre and crown.
God made the Paradise for deities giving them complete health, wealth and happiness
Those divine people were virtuous and their world was viceless.
There was one religion, one opinion, one kingdom one language, and oneness;
Society was affluent with abundant resources and people were much less.
Vices are the essential characteristics of this nether world
You see evidently how our state and people, ultra-modern and developed.
My vices make you all body-conscious, unrighteous, demon and devil
Giving, tantalizing, physical fleeting happiness through your activities, evil.
My world is full of fancies where you get all sorts of pleasure;
I'm proud of being the image of sex-lust, greed, ego, attachment and anger.
I render diversity, deception, controversies, confusion and conflict in all men and women
And religion, policy, law and justice, commerce and business, community and communion.
My hell is adorned with huge heterogeneous creatures, countries and people
Who are now friends, then turn foes, here faithful there faithless, agreeable and disagreeable.
My world is full of truth-lie, love-hate, devotion-deception, war-peace, weal and woe, rich and poor
Strong-weak, plenty-scanty, health-disease, birth and death and protector and predator.
Such uncountable, undesirable and wonderful elements in my world exist everywhere;
The nature is furious with diverse calamities, devastation and disaster.
Everything strange and paradox in my world you are feeling and enjoying;
Day by day, you see, how people are flourishing and prospering.
So, you honour my memory by the ceremony of my effigy-burning;
For that I bless all, be still more vicious and sinful as it is hell's doctrine.
Then the Satan paused and soliloquized, 'O' Shiva Baba, God!
By your divine grace, I have been here as all vices' Lord.
Perfectly, I perform my duty as it is preordained;
Now all vices reach their height but feel over-burdened.
O' Shiva Baba, you come soon through your divine descent;
And pardon me for all my deeds as I am quite innocent.

POWER OF SILENCE

– B. K. Surendran, Bangalore



This world has innumerable problems which create unrest and unease. People all over the world have been making hue and cry for restoring peace in the world, because this world was once a peaceful and happy place. We all know that an individual is a living unit in the family. Unless there is peace in the individual minds, peace in the family cannot be ensured. The UN Charter has a beautiful statement which is quite relevant here: “Wars are borne in the minds of men and hence defences of peace should be constructed in the minds of men.” Unfortunately, today, there is widespread discord in the relationship of family members in the form of property disputes, divorces, disunity, etc. due to differences of opinion, ego clashes, selfishness, likes and dislikes and so on, which make it impossible to generate peace and harmony. The reality has come to such a pause that not a single individual is at peace in the world at present.

PEACE

Peace is not absence of conflict but it is the pure, positive and powerful vibrations that

emanate from a mind which spreads the energy of peace in the surroundings, no matter whatever situation exists. To develop peace, one needs to stay in silence.

The power of silence has great potential for creativity. Great scientists, doctors, engineers, legal luminaries and others, they all go into a mode of silence to create ideas and invent things. For example, when a scientist is in his laboratory, he is in a mode of introversion, solitude, and can concentrate on a single topic or idea. The power of silence helps him invent new things and instruments to make life easy and comfortable. This is the case with experts in all the fields of life. The power of silence helps one to understand properly what is right and what is wrong, what is useful and what is useless and so on. This means in order to increase the power of discrimination and decision making, it is necessary to cultivate the practice of being in silence.

SILENCE

Path to Achieving Peace

To create silence, we need to step within, connect with our

eternal self, the soul, and concentrate slowly on our original spiritual qualities of love, truth and peace. Then we can form a close communion with the Supreme Self, God. With the power of silence, the subtle invisible rays of concentrated thoughts meet God, which is called ‘meditation’. Sound cannot achieve this meeting with God. Sound can only praise and glorify, through song or chanting, but so far as the union with the Divine is concerned, it cannot create it. Only silence creates the practical experience of spiritual union.

As we come closer to God, we are filled with love and peace and this paves the way for inner transformation. Peace stabilizes; peace harmonises and gently quiets down the unrest. Peace lays the foundation of true happiness. It is this God-filled silence that restores a human being and the earth to their original state of purity and happiness. This silence can be experienced through Rajyoga

Meditation being taught by God Himself. It is a journey to the inner self; it is a return to God, a return to self, a return to right relationship.

Brahma Kumaris work tirelessly to spread the energy and vibrations of peace, love and respect in the whole world. The Rajyoga centres of the Brahma Kumaris are the *Shanti Kunds*, from which emanates the energy of silence and peace. For example, a centre was established at a new village in South India. This was a place where people, especially men, resorted to group clashes every day. It was creating a lot of tension in the area. Also, there was a toddy shop (drinking establishment) in that village that was having a lot of influence on the men folk. It was observed that the toddy shop was closed down within a year of the start of the Rajyoga centre where regular meditation was conducted. As the power of silence and peace radiated in the area, the people stopped fighting and began to value each other and give respect. This incident is an *eye opener* to the fact that one can not only experience peace while practising Rajyoga meditation, but the vibrations that spread from peaceful minds have the unique power to

transform the thoughts and attitudes of the people around.

Scientistific experiments and experiences

Scientists Dr. Cardin and Sir Julian Huxly have conducted experiments on the impact of thought vibrations of the people living in a particular area. They found that the world has two atmospheres – one is the physical atmosphere made up of the water particles, dust and so on and the other is subtle, called noosphere, and hence cannot be seen with the gross eyes. It is constituted of the thought vibrations of the people living in an area. If the thought vibrations are negative, the people of the area are influenced to think negative. It is significant to note this point that when we think negative, negative energy is spread in the noosphere which is injurious to the mental health of the people. Everything begins with a thought. A thought can give soothing effect to the surroundings or create a stressful impact in the surroundings.

God's wisdom for establishing peace in the world

In this context, we can imagine the powerful impact of peaceful thoughts infused with God's love, His attributes and the thoughts of good wishes and

pure feelings. We, the souls, are the children of God, the master benefactors who can heal the planet by radiating our positive vibrations. Apart from our physical form (body), each one of us has a form of light — a subtle light body too. It is referred to as the aura. The purity of our subtle, light form is dependent on the purity of our thoughts or mental vibrations. If the thought vibrations are pure, it has a positive impact on our body, on others and on the environment. For this, we need to visualize the self as a subtle being of pure spiritual light, a sparkling star situated in the centre of the forehead and become aware of our subtle body of pure white light surrounding the physical form. As our mind relaxes, we may visualise the pure white rays of spiritual light radiating from the soul, and through the body of light into the world like that of an angel. This practice will make us realize that the greatest gifts, that we can share with the people around us, are the light of love, peace and truth.

Sitting anywhere, this meditation can be done to visualize the self in a hospital, on the site of a natural calamity, accident or next to a friend or relative in pain, etc., basically

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THE VALUE OF GENEROSITY



– Major B.K. Bharat Bhushan,
Gyan Sarovar, Mount Abu

There are many things in the lap of Nature that rejoice only in giving. The trees never eat the fruits they bear; the rivers never drink the water they carry while flowing down to the ocean. The sun gives heat and light to the whole mass of beings upon the earth. The moon gives light and coolness. The stars twinkle and decorate the sky. All these things in Nature are not meant for themselves but for others' sake. It is their essential nature to serve others and in doing so they fulfil themselves and get the unlimited pleasures of being the instrument of selfless service under the fostering, sheltering and caring umbrella of the unique Grace of the Supreme Being.

While everything remains true to its original nature, only the human beings have forsaken their primordial nature of giving and sharing, as they have fallen from the highest stage of purity, perfection, and bliss in

Satyuga to the lowest stage of impurity, imperfection and beggary at the fag-end of *Kaliyuga*. At present, the human beings are working against their essential nature of being loving, compassionate, truthful and peaceful. Beggar always asks for something from others and never hopes to give anything to others in his fallen state. This results in complete depletion and deterioration in the state of the world.

But, once upon a time, the human beings were called deities, "made in the image of God", and were filled with all the qualities and gave without expecting in return. Incorporeal God Father Shiva, the Bestower of all qualities, values, virtues and divine powers, the Benevolent One, the Redeemer, the Liberator, the Guide has now come to take us back to our original pure state.

He also wishes His spiritual children - souls - to start giving. It is only in giving that one gets filled up, for giving means to

receive multi-fold in return. We are the royal children of Ever-Giving God Father.

We have received the inheritance from God Father and become fulfilled. Only those who are fulfilled can give to others. Giving is taking ("*Dena hi Lena*"). In this transitional phase of the Eternal World Drama (EWD), the role that we need to play is to fulfil the begging-bowls of the depressed seekers who try to seek God here and there but have, unfortunately, never ever found Him yet. At the time of their helplessness, we have to show our inward generosity and lead their path to God through our spiritual knowledge and power of Rajyoga. Today, man's nature is such that he only wants to take from others without any intention of giving anything to others and forgive anybody, whereas God only gives everything to all and also forgives one and all. As the true representatives of God Father Shiva we souls, as His spiritual children, should go on giving to all, thereby proving to be the appropriate donors of values and spirituality in this value-less world. We need to become masters of the world, we need to become the World Servers. ❖

|| November 14: The Children's Day ||

FROM CHILD TO CHANCELLOR

– Dr. Brahma Kumar Yudhisthir, Ph. D.,
Associate Editor

Though a child looks very small with his/her diminutive physical features, yet he/she is a soul having great power and potentiality hidden inside him/her to be grown and developed into an influential personality in times to come. The subject of child psychology deals with the inner-workings, aspects, behaviours and resources of a child's mind and has a plethora of evidences regarding the tremendous possibilities and potentialities to be developed and drawn out in course of time. The occasion of November 14, the Children's Day, is celebrated in India on the birthday of Pandit Jawaharlal Nehru, who is endearingly called *Chacha* Nehru by the children for the demonstration of his love and affection for them. Therefore, on occasion of the Children's Day, it is a golden opportunity and timely chance to discuss about the significance and importance of the children at a time when a large number of them are unfortunately exploited by the inhuman exploiters with their vested interests, instead of being cared for, sustained with love and affection and admitted into schools for their gradual growth and development.

Human Souls are the Spiritual Children of God

For Nehru, only India's human beings of minor ages were supposed to be the children whom he showed his love and affection, but irrespective of age, gender/sex and nationality differences, all human souls are the spiritual children of God, who is the Spiritual Father-Mother of all souls of the whole world and humanity. While Nehru's love for children is memorized on a particular day of November 14,



God's love for all souls is memorized daily. And in recognition of this fact, in this present auspicious *Sangam Yuga*, here at the Brahma Kumaris International Head Quarters, Mount Abu, Rajasthan, India, the Incorporeal God Father, Supreme Soul Shiva, is daily outpouring His outpouring spiritual love, knowledge and qualities and divine powers to the souls of the world - His long bereaved and now-found children - by addressing them as "Sweet Children" ("*Mithe Bachche*") in His initial utterance of Murlis and says "*Yaad Pyar Aur Namaste*" to them at the end His utterance of the Sacred *Murlis*, the Godly Versions. These *Murlis* were earlier uttered through the lotus mouth of Prajapita Brahma - the human medium and corporeal chariot - for dissemination of His esoteric Supreme Spiritual Knowledge to the wide world at large, and are uttered now through lotus mouth of Dadi Gulzar, His present human chariot. In this way, God Shiva bestows His spiritual and *Nishkama* love and remembrances to all souls, His spiritual children, and, in memory of this, *Shivaratri* or *Shiva Jayanti* is devotionally celebrated as the most wonderful festival event or occasion as per the Hindu tradition. The difference is that while Nehru was addressed as *Chacha* by children, God Shiva is still permanently ever being regarded and addressed as Supreme Father, Supreme Soul (*Parampita*,

Paramatama) by all souls.

Children are the Buds to be Flowered

Children are like the buds which have the immense possibility of blossoming into beautiful and colourful flowers. Just as the flowers are offered to the worship-worthy gods and goddesses in temples and decorated in sanctums of temples, exactly like this the children are the beautiful decorations of the country. As a flower plant is very carefully nurtured and nourished with all attention by the expert gardener, the spiritual children should be nurtured and nourished with all available nutrition in order to develop them like kings and queens of flowers of the Garden of God.

Children are the Future of the Nation

A nation is proud of and known by its population. They are prized possessions of a particular nation and are developed into future denizens of the nation. With their physical, mental and intellectual growth and development, the nation is supposed to grow and develop. The achievements of the children become the achievements of the nation. The children glorify the nation with their glorious acts and deeds and bring name and fame to it when they come out with flying

colours in different national and international meets and conferences of different sorts in which they represent the nation as its flag bearers.

Children are the Living Stars of the Earth (Dharti ke Sitare)

Just as the stars shine in and decorate the night sky and the film stars shine in the filmdom with their heroic performances in some films or theatres, exactly alike children are living stars of the earth (*Dharti ke Sitare*) that dazzled this beautiful earth. They are the star performers on this earth who bejewelled it with their dazzling and magnificent actions in different fields and better the earth and make it like never before. If the earth will be a better place to live in, it will be the significant contributions of the group of children who largely contribute to its development with their benevolent, philanthropic and reconstructive deeds and actions. They build the earth anew with their innovative works and performances in various fields and spheres of activities.

Children can be either Deities or Devils

Universally, children are the Future Citizens of the World in the sense that the future of the world will be largely determined by them. They can represent the whole world. If they represent it with their pure, positive and noble

thoughts, words, deeds, habits and character, the world can be a heaven; in contrast, if they represent it with their impure, negative and ignoble thoughts, words, deeds, habits and character, it can be a hell. If they can rise up from the present human stage they can be deities/gods and goddesses, or if they can fall from the human stage they can be demons and devils. John Milton, the famous English poet, the author of his two epic poems - *The Paradise Lost* and *The Paradise Regained* - has rightly said, "Mind is in its own place, it can make a hell of heaven and heaven of hell." In fact, children can make the world or mar it, as they like. Let good sense occur in them to make it.

Children are the Fundamental Human Resources

The most fundamental resource of any country or of the world is the Human Resources. It is the human beings or the spiritual resources who utilize the other material resources like finances and other goods and equipments for any project and establishment. Human beings arrange goods and offer services. The children grow and develop during the passage of time into a group of fundamental and beneficial human resources. They can either build or break; they can

make the laws and break the laws, depending upon their good and positive or bad and negative predilections, choices, attitudes, tastes and temperaments.

Child is the Father of Man

William Wordsworth, the most famous English romantic poet, has rightly said, "Child is the Father of Man." His saying implicates that seed is the Father of the tree, and, in the same way, the child is greater than the Father (*Baap Se Bade Bachche*). Just as a tree is born out of a seed and develops from it as the seed has all the possibilities and potentialities of growing into a full-fledged tree, exactly alike the man grows out of the child and develops in the long run into a grown-up man or a fully developed, all round human personality. Just as a prism has many dazzling facets, such a personality has many prismatic qualities, values, virtues and powers which not only radiate in the society and world but also serve the people of the humanity as well. In this way, the child is an invaluable asset of any particular society which he/she not only represents but also mirrors it through his/her reflective ideas, ideals, benevolent actions and performances.

A Child is Developed to Become a Chancellor and Master

God is the Supreme Master and Almighty and Absolute

Authority of this vast Universe. It is said that He has "made Man in His image." That is why William Shakespeare, the most renowned English poet and dramatist, exclaimed appropriately, "What a piece of work is Man!" God Father, the Master and Maker, is really making the human child (soul) alike Him now in this *Sangam Yuga* - the Confluence Age or the Age of Transition and Transformation - thereby transforming the human souls from their human stage to the deity or divine stage through imparting of spiritual knowledge and training of Rajayoga meditation. In this way, the human child, who takes the golden chance of learning about the four subjects of spiritual study such as Knowledge (*Jnana*), Meditation (*Yoga*), Inculcation (*Dharna*) and Service (*Seva*), becomes the Chancellor and Master (*Balak so Malik*) or, in other words, the Master almighty authority. Therefore, He creates heaven for him to reside there with health, wealth, happiness, peace, purity and prosperity. Such is power of God-made cherubic child that Nature also becomes ever ready to serve him like an attendant providing him with all essential facilities at his beck and call. God puts him in Heaven and everything that is in Nature

becomes his, and reserved for him, the master (*malik*) and master maker (master *rachayita*). Therefore, so goes the saying, "*Malekam Salam.*"

Children are the Owner Souls (*Adhikari Atmayen*)

Whatever is of the Father is also of the child (*Jo baap ka hai so bachchon ka hai*). Because the children are the owner souls (*Adhikari Atmayen*). After all, the father earns only for the children and at last wills all his properties to them. But for this, the children have to be worthy (*Yogya*) of his will and properties. God also says, "All children are mine. But there are two kinds of children. One kind is the worthy children (*Saput Bachche*) and the other is unworthy children (*Kaput Bachche*)." Worthy children are those who are obedient, follow God's Supreme Directions (*Shreemat*) and show the Father through their royal behaviours and noble activities. Unworthy children are those who are disobedient, do not follow God's Supreme Directions (*Shreemat*) accurately and become the blamers of God, the *Satguru* (*Satguru ka Nindak*) who do not get any shelter neither in His Heart nor anywhere else (*Satguru ka Nindak Thaur na Paye*). ❖

ARE WE EVOLVING OR DEVOLVING? – REJECTING THEORY OF EVOLUTION ON SCIENTIFIC GROUNDS



–Dr. Veena Mani, Principal Scientist,
ICAR-National Dairy Research Institute, Karnal

Basic assumption of Darwin's theory of evolution (described in well-known book "**The Origin of Species**" published in 1859) is that all lives originated from single celled organisms which evolved to mammals. The mechanism he proposed to explain this theory was based on "natural selection" for which he stated the concept of "survival of the fittest". But further advancement in knowledge in the area of genetics revealed that natural selection is just one of the processes that can lead to evolution, and the new theory proposed is usually described as the 'Synthetic theory of evolution'. The new theory is essentially a combination of Charles Darwin's concept of natural selection, Gregor Mendel's basic understanding of genetic inheritance, along with evolutionary theories developed since the early 20th century by field biologists, population geneticists, and more recently by molecular biologists. Evolutionism claims that over

billions of years, everything is basically developing *UPWARD*, becoming more orderly and complex, however, this basic law of science (The second Law of Thermodynamics) says the opposite: The pressure is *DOWNWARD*, towards simplification and disorder.

Evolutionists insist that life originated from non-living matter which actually cannot be proved. In spite of the widely propagated claims of evolution believers, the facts of science (i.e., the empirical data and natural laws known to man), when critically examined without bias, do not support the theory of evolution. Just by repeating something strongly will not make it true.

A number of distinguished scientists critically examined the basic laws of nature to infer if 'Evolution is physically possible with given enough time as well as opportunity', and they concluded that it is not possible at all. The idea that the universe has always been in existence and constantly being upgraded,

seems to be refuted on scientific grounds. The 'Laws of Thermodynamics' show that the universe must have had a beginning. As per the First Law of Thermodynamics, 'there is only a finite amount of energy' and the Second Law says that the amount of available energy is continually decreasing and system will always go from *order to disorder* unless there is a plan or outside intelligence to organize it. If the universe had existed forever, all the available existing energy would have already been used up and what to think of upgradation or evolution of species. The only logical/scientific explanation for this is that "it was created by an outside intelligence".

World-renowned evolutionist Isaac Asimov, while discussing the Second Law of Thermodynamics, said: 'The universe is constantly getting more disorderly. He says "everything becomes 'a mess ... deteriorates, collapses, breaks down, wears out, all by itself'. We can see examples of the

second law in our day to day life. All natural systems degenerate when left to themselves. How difficult it is to maintain houses, and machinery, and even our own bodies to keep them in perfect working order and how natural it is to deteriorate! We have to put effort to upkeep a room in clean up form (even if we never enter it, it becomes dusty and musty) and if left to itself it becomes a mess again very quickly and very easily. In fact, everything deteriorates all by itself and that is what the second law is all about, i.e., anything when created is new but gradually it gets older and older. The law is partially a universal law of decay, the ultimate cause of why everything ultimately falls apart and disintegrates over time. Material things are not eternal and appear to change eventually with increase in its chaotic state, ages and wears out. Nothing stays as fresh as it is on day one when we buy it; like clothing becomes faded, threadbare, and ultimately returns to dust. The truth is that “death is also manifestation of this law”.

It is well known that, left to themselves, chemical compounds ultimately break apart into simpler materials; they do not ultimately become more complex. Outside forces can

increase the order for a time (through the expenditure of relatively large amounts of energy, and through the input of design). However, such reversal cannot last forever. Once the force is released, processes return to their natural direction -- greater disorder. Their energy is transformed into lower levels of availability for further work. The natural tendency of complex, ordered arrangements and systems is to become simpler and more disorderly with time. So, evolution, with its ever increasing order and complexity, appears impossible in the natural world. Thus, in the long term, there is an overall downward trend throughout the universe. Ultimately, when all the energy of the cosmos has been degraded, all molecules will move randomly, and the entire universe will be cold and without order. To put it simply: In the real world, the long-term overall flow is downhill, not uphill. All experimental and physical observation appears to confirm that the law is indeed universal, affecting all natural processes in the long run.

In biology textbook it is written: “As we have seen, the life of every organism comes from its parents. Does life ever spring from non-living matter? We can find no evidence of this

happening. So far as we can tell, life comes only from life. Biologists call this the “Principle of Biogenesis.” So when it comes to real science (i.e., things we can actually establish by observation and experiment) life always comes from life and, in reality, there is devolution!

The Heavenly God Father, the Ocean of Knowledge – the Supreme Teacher (Shiv Baba) – has explained the eternal truths in very simple and understandable form. He revealed the knowledge pertaining to the actual BEING or CONSCIOUSNESS, otherwise the physical body is made up of five elements or so to say that it is just non-living matter without BEING (Soul/ *Atma/Rooh/Conscious Energy*). His teachings reveal the ultimate truth about degradation of purity/potential of eternal soul energy, of the physical elements comprising of living being and nature with the passage of time. God Shiva explains the journey of souls from being vice-less to being impure and vicious. In the beginning the world drama (*Satyuga*), the nature (*Prakriti*) and the souls were pristine pure but with time, both of them lost their beauty and gradually moved DOWNWARD (from *sattopradhan* to *tamopradhan* stage), and at the end of Kaliyug,

God Himself has to come to restore and rejuvenate the energy of the souls and transform the world to its original divine state (*sattopradhan awastha*). The scientific studies of complex biological structures have made enormous progress in revealing “Intelligent design in nature” suggesting an External source of energy. On spiritual basis, it is none other than ‘God, the Supreme Powerhouse’ who is required for this intelligent design.

I was reading about *the intelligent design* and happened to see a simple example even in bacteria narrated in an article “Molecular Motor in Algae cells work together” (published in Science Daily, Feb.25, 2009) which says that bacterial flagellum (found in many bacteria, including the common E. Coli) is the motor and propeller propulsion system [This Adenosine Triphosphate (ATP) (which is energy used in biological functions) Synthase motor has the classic stator and rotor structure familiar in man-made motors]. The propulsion system of the bacteria has 40 moving parts made from protein molecules, including a motor, rotor, stator, drive shaft, bushings, universal joint and flexible propeller. It spans a cellular membrane which admits protons (H+) one at a time. For each proton, the motor turns once, adding a phosphate to adenosine di-phosphate (ADP) and converting it to adenosine tri-phosphate (ATP), the universal fuel source of cells”. How could this be possible without what scientists call “intelligent design of nature”! This is a simplest example that the biological system of higher animals/human beings is too complex. Design theorists hypothesize that if a natural object was designed, it will contain high levels of complex and specified information (CSI). Perhaps, the most distressing thing about Darwin’s theory of evolution is that it states that life existed for billions of years before us, and human beings are not the products of special creation and that life has no inherent meaning or purpose.

But, spirituality views the whole system as eternal which moves from order to disorder and back again with the help of the Supreme Source. Also, certain features of the natural world are so intricate and so perfectly tuned for life that they could only have been designed by the Supreme Being. God has revealed the truth about history of world drama which clears all the doubts about the journey of the soul and also explains its ultimate purpose of life.

THE MULTI-FACETED LIFE

– B. K. Lakshmi Russell,
Trichur, Kerala

Life is like sports;
Like cricket, badminton and boxing,
Of unleashing and defending.

Like maths,
Every problem has solutions.

Like physics,
Every action has an equal and opposite reaction.

Like chemistry,
Of composing matters that is a mystery.

Like commerce,
Of profits and losses, teaching men the art of business.

Like banking,
Of fixed deposits and accountings.

Like literature,
Retelling the untold stories.

Like psychology,
Mind and intellect decide the personality.

Like history,
Thoughts, feelings and actions create one’s destiny.

Life is a drama
Of peripetia and anagnorisis
Leading to climaxes
Only if one plunges in metaphysics.

When life ends,
God asks one nothing, save
“Was your life worth living?”

THE TANDAVA DANCE OF SHIVA: THE SYMBOL OF THE “DANCE OF THE MIND”



– Rajyogi Khem Jokhoo, Trinidad

The training of Dance of the Mind is imparted by the Supreme Soul God Shiva in the Confluence Age in order to destroy evil and to create the Golden Age of Truth, called *Satyuga*. This is the symbol of the epic “Tandava Dance of Shiva”, glimpses of which are captured in *The Shrimat Bhagavad Gita* where Arjuna is given lessons on the dance of knowledge and yoga. Arjuna began in Chapter 1 of *The Gita* with the dance of deception and sorrow and by the eighteenth chapter experienced the dance of liberation and happiness.

The dance of the mind is possible when the mind, intellect and memory (*sanskars*) are in complete harmony, and the soul is a constant companion of only God Shiva. In this state, the mind produces pure and elevated thoughts and has the power to ward off and cremate even traces of waste, idle and negative thoughts. Here, the soul is detached from past history and future mystery and is completely absorbed in Godly vibrations. The soul, in this

elevated stage, takes time to attend to worldly matters and then returns to the dance of silence. When this practice of the dance of silence becomes natural, the soul regains its original virtues (*Swadharma Sanskaras*) because it has now recognized its original religion of peace and silence. In this state, the soul is under the canopy of Godly vibrations and once more experiences its original powers to discern as well as to give blessings of peace to others. The dance of the mind is also called the silence of the mind.

The Double Om Shanti Stage

The “*Om Shanti*” mantra is the official greeting of respect and blessings for *Rajyogis*. It is most effective in the double *Om Shanti* stage. The first *Om Shanti* is subtle and soundless as it is to have a pure spiritual attitude of good wishes and pure feelings that radiates from the eyes or intellect as vibrations, called the *drishti* of *sakaash* that transforms the atmosphere as well as souls. After giving the *drishti* of *sakaash* for a few seconds, the second *Om Shanti*

is whispered as a gentle divine audible whisper of the lotus lips. *Om Shanti* greetings should always be in the form of a double *Om Shanti* and this is the true dance of the mind. When given as the double *Om Shanti*, it then becomes a gentle reminder that we are peaceful souls and we can regain that original stage by silencing the mind. This is best achieved through constant remembrance of the Supreme Father, imbibing and inculcating virtues as well as having elevated thoughts, words and actions. Therefore, one should always have a good spiritual attitude and must have the ability to discern the needs of others from the vibrations of their thoughts so as to fulfil their desires. You give them *drishti* first and finally whisper *Om Shanti* and this completes the “double *Om Shanti*. In *Murli* (04.09.05), Shiv Baba advised the children, “If you want to receive *drishti* you always keep Baba in your *drishti*. Do not take *drishti* just like that. To take *drishti* means to merge the Father in your *drishti*. Take *drishti* in this way”

The Colours of the Dance of the Mind

When the dance of the mind takes place, it emits vibrations of peace and silence into the atmosphere. Each thought has feelings and vibrations that change the atmosphere, and this

is the most powerful form of spiritual service. In this stage, the soul has regained its original virtues (*swadharma sanskaras*) and it is capable of spreading these virtues through a good spiritual attitude. The soul has seven spiritual virtues and each has a specific colour of its own. The colour of spiritual power emits a red *sakaash* that empowers one with determination and will power. Purity emits an orange *sakaash*; happiness gives a yellow *sakaash*; love emits a green *sakaash*; peace a blue *sakaash*; truth an indigo *sakaash*; and the final colour of the virtue of bliss gives violet *sakaash*. You can colour or be coloured when in company of others with these virtues. The symbol of these colours of dance of the mind is the use of colours in the festival of Holi.

Silence of the Mind and Body

The true method to experience the dance of the mind is through the silence of the mind. Words are the expression of the sounds of the lips whereas thoughts are the expression of the sounds of the mind. Therefore, to silence the mind is to manage your thoughts. Silence of the mind does not mean to be thoughtless; it rather means to remove all waste, idle and negative thoughts and have only pure elevated

thoughts. What eventually happens is that you have fewer thoughts and, as a result, you become a constant companion of the Father. This makes your thoughts become very coloured and powerful, and the mind becomes stable and silent. This is the basis of the dance of the mind. **When the silence of the mind increases, the silence of the body also increases.** This is because the soul becomes very powerful when the mind is in silence or in a cool (*sheetal*) state. The soul is then able to have complete control of the senses and achieves a cool state (*Sheetla Devi* effect); and also gets control of the elements and vices (the Saraswati colours). When this happens, it is easier to manage the body as it becomes cool and calm and does not have much influence on the soul. The body becomes the servant of the soul, has no urges or desires and gives full cooperation, and, hence, the silence of the body is achieved. This is because the soul achieves complete renunciation of body-consciousness.

The Dance of Silence

In the experience of dance of the mind, souls as lovers go to the Soul World to meet their beloved, the Supreme Soul, God Father Shiva and from a sweet little chitchat; and thereby they

gradually become merged in the spiritual love of their beloved in a trance-like manner. They do not then have any earthly consciousness as they experience the stages of silence, dead silence, sweet silence and finally into the highest seed stage of supreme silence. The bodiless and incorporeal stages are effort-making stages to increase the power of remembrance so that the soul can become the embodiment of power. It is by being the embodiment of power and remembrance that the soul can attain liberation (*mukti*) as well as liberation-in-life (*jeevan-mukti*). The definitions of different stages of silence below were extracted from the “Creative Raja Yoga Study Manual”.

Bodiless Stage of Dead Silence: This stage is not the same as a person who is dead and who has left the body. When you are dead, you go beyond time. When you are alive, you are between the boundaries of time. You experience the real true religion of the soul, which is peace and silence in the bodiless stage. This is not also to be nil or empty. In this stage, you go beyond name, time, space and age and all forms of limitations. You will then go beyond the physical and subtle worlds and experience being “a

point of light”. The atmosphere is filled with vibration, bliss and power. When you are timeless, you forget your own body.

Incorporeal Stage of Sweet Silence: In this stage you experience the state of the perfect peace and liberation that a soul experiences in the Soul World. This is the *Mukti Dham* Stage. When you are in the Soul World, you do not know that you are there. So you experience this while you are in the corporeal stage. This experience is possible when you visualize yourself in the world of souls, beyond the five elements. You are in the sixth element of golden red light, called *Brahm Tattva*. This is the *nirakar* stage, the incorporeal stage. This is different from the bodiless stage in which you feel separated from the body while you are still in the body.

Incorporeal (Param Shanti) Stage of Supreme Silence or the Seed Stage: This stage is supreme peaceful stage in which happiness is combined together with peace. This is the Stage of *Jeevanmukti* – Liberation-in-life which is a state of fruition and fulfillment enjoyed by the deities in the Golden Age. This is *Param Shanti*. Here, everything is available in the treasure store of the deities. The knowledge and *sanskaras* are now merged in

the soul. This is the *Param Shanti* stage. This is the world benefactor stage, where you can do world service. Here, you reflect the unlimited powers of the Supreme to the world at large.

In the fourth stage of silence, called ”sweet silence”, one can get glimpses of the dance of the mind: however, when one has attained the fifth stage, called “supreme silence”, it is only then one can experience the perfect dance of the mind. Supreme silence is possible when there is no external sound, and the soul is merged in its original religion of peace and silence and can also experience now liberation and happiness as will be experienced in Golden Age.

Maya’s Royal Form is Counterfeit.

Even when one is immersed in any one of incorporeal stages, *Maya*, (the symbol of the vices) that is also incognito and bodiless, is a jealous suitor, who has the ability to appear dressed in the most royal form, and is quite eager to dance with your mind without asking permission and who also promises you the world of instant happiness. Here, *Maya* is in her most royal form and it is difficult to discern her counterfeit appearance. This is the reason Baba wants his children to be immovable and unshakable in the face of *Maya*

in order to reach this high destination. Baba wants us to practise the silence of the mind for long periods in order to be stable in the double *Om Shanti* stage to become perfect while performing the dance of the mind. Be careful while doing so, because *Maya* is very cunning and powerful to shake you.

The Symbol of the Dance of the Mind

The dance of the mind has its symbol in the cult of devotion and it is symbolized as the *Tandava Dance* of Shiva. The *Tandava Dance* of Shiva, in the path of devotion (*bhakti*), has 108 different postures but it has many interpretations in the various cultures while its essence is the same in all interpretations. In some cultures, it is known as the dance of knowledge; and in others, it is called the cosmic dance. However, it is, generally, known as the “*Tandava*” dance which has five major activities. The first three activities are identical to those in the path of knowledge (*gyan*) and refers to Creation (*Shristi*), Preservation or Sustenance (*Sthiti*) and Destruction (*Samhara*). In the path of knowledge, this is known as the “*Trimurti*” of Brahma, Vishnu and Shankar; *Trimurti* was Shiva’s first creation to transform the world. The fourth

activity is illusion or *Maya* that is Satanic Ravanic in nature, and is represented by the sensual and erotic postures within the 108 postures. The fifth activity is liberation mainly from the fourth activity of *Maya*. Therefore, the dance of the mind created by Shiva in the path of knowledge is to generate *yogic* power to make the soul return to its original qualities in order to destroy and cremate *Maya*, the symbol of the vices, in order to re-establish *dharma* and the Golden Age. The rosary of 108 powerful souls which is also known as the *Vijayanti Mala*, is the symbol of 108 powerful souls who were the right hand of God Shiva in the transformation of the Iron-aged world into the Golden-aged world. The dance of knowledge was the knowledge of *The Shrimat Bhagavad Gita* as spoken by God Shiva through the lotus lips of Brahma that led to the next subject of intense yoga in order to burn the negative *sanskars* of the soul. The symbol of this, in the path of knowledge, is now known as the Dance of Shiva and the cosmic dance in the path of devotion. Here, Shiva is known as *Nataraja* or King of dance.

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Soul, says that every human being is a divine spirit – a conscient point of light, a soul. Every soul is the son/child of the Supreme Soul, the Almighty God Father, the Ocean of Purity. Therefore, each soul should now remember Him through Rajyoga practice by remaining in the state of soul-consciousness. Then only all the sins committed by the soul in its past and present births can be washed away through the bath of spiritual knowledge and practice of Rajyoga Meditation, and thereby soul can be purified.

Rajyoga Meditation taught by the Supreme Himself makes one free from the bondages of the body and the bodily world and helps in experiencing God's love, bliss, peace, purity and happiness. Souls who imbibe His teachings and become pure will be able to enter into the Heaven, *Jannat, Bahisht, Swarg* or the forthcoming New Golden Aged World of *Satyuga*.

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anywhere where vibrations of positivity, peace and happiness are required – the location of visualizing self can be hundreds of miles from where you may physically be. As we practise the art of being aware of our subtle body, we will begin to sense how we can have a positive effect on others, simply radiating good wishes, pure thoughts and pure feelings.

God Shiva has come down on the earth now to transform the world through the power of positive and pure thoughts. His remembrance has magical dimensions to spread peace in the world. In this task of establishment of peace, He has been adopting like-minded souls to join Him. He has explained to us the following benefits of having the power of silence: 1. The power of silence finishes all upheaval of waste thoughts. 2. The power of silence can treat and finish any sickness in the mind. 3. The power of silence cools down the fire of anger. 4. The power of silence can heal the strained relationships among people. 5. The Power of silence makes one a great and righteous soul. 6. The power of silence empowers one to be economical with the treasures of one's thoughts and attain greater success in less time. 7. The power of silence changes cries of distress into joys of victory. 8. The power of silence will enable one to become a donor of peace to a disturbed soul. It has the positive energy to establish a peaceful world.

So, let us value the silence of contemplative meditation and embrace the energy and the presence of unconditional love, which God showers on us, which makes the healing process easier.

FLIGHT TO AND IN HEAVEN WITH 'NO WING AIRLINES'

(Heaven Is Free Of Toothache, Backache, Hip And Knee Pain And Is Stick-And-Wheel Free. There Are No Trees Or Ladders Of Hell In Heaven. Most Are Too Busy Playing With Their Cat (Vice) To Remember God. Avoid Walking With Ignorant, Afternoon Feet Of 10 To 2 And Ignore Those Who Live By That Watch. Never Miss Your 4 A.M. Meetings With God, Your Bank Manager)



– B. K. David, Paignton, England

You can't take a shower today and become clean and pure (bathe in the Ganges, be Christened, hide in a monastery or climb the Himalayas) enough to be worthy of entering heaven. The gates of heaven are huge, thick, solid gold and do not allow physical bodies through them. It is only spiritual souls who can pass through these gates into heaven via the gate's small keyhole. The key to entering heaven is being spiritual and soul conscious today, which will, in time, make you pure enough and wise enough to enter through the keyhole to heaven.

Only by leading a constantly spiritual life can you become elevated enough and subtle enough and with enough wisdom not to try and open the gates with your body's strength – but know that the only entrance to heaven lies through the gates' keyhole marked with a sign

above it: **SOUL CONSCIOUSNESS.** This entrance **alone** is the only way in to heaven and you'll need purity to see the keyhole and its power to turn its invisible key.

The sign is plain and not of gold but simple carved wood. The soul conscious would be focused on what the sign says and what lies behind it, and not be dazzled by the glitz of a golden sign.

This is the world of disinfectant, bleach, salt water, seagulls, rubbish heaps, false teeth, prisons, ill health and ill fitting shoes (thoughts and attitude) that are too small and cause everyone to walk round in pain and in the wrong direction or to just walk round in circles. The one shoe which we put on, that cripples us from morning until night, is our wrong and constant thoughts of body consciousness; the other crippling shoe which we always manage to squeeze into every

morning, is our negative attitude to life and others.

Don't Let Life's Situations Make You Late For Your 4 O'clock Meetings

These two constant shoes of today cause the wearers to become pigeon-toed (pointing inwards, only ever looking at themselves, making them selfish) or to have 10 to 2 feet (carefree, oblivious of a higher state of living; not interested in or realising the importance of self discipline; will be forever late for the 4A.M. meetings with spirituality and so will be always out of luck). If it were just minor defects, such as sore feet, that these shoes caused, then no big deal. Yet these shoes slowly mould your feet (mind) and when that has happened, take over, control and decide your future for you as you have lost all power of self-control and reasoning. With no power, these shoes can only then map out a

very poor path and destiny for you. When you no longer have control over your life, then these shoes turn into having a very dark and sinister side; that of making the wearer totally lose his way in life or making him walk round in endless circles disorienting him; forever lost, forever in distress.

Everyone puts on and wears these shoes everyday and that is why everyone is so mentally confused and weak and gets upset so quickly. Their minds move so fast that it causes the tongues in their heads to move fast and without thought; like a sail flapping on a boat, helplessly trying to sail against the wind (truth).

**Are You Relaxed In God's
Calm, Safe Harbour
Resting? Or Are You
Sometimes Out Of Control
Heading For The Rocks?**

Our lives have become like boats in a storm and us, the skippers, are either unconscious and oblivious of the dangers we are in and what lies ahead, or fast asleep down below in our cabins (in the lounge of life with a TV, dinner in comfort by the fire, with the cat having been fed and the wife talking non-stop upstairs on the phone). We may be resting easy in this cabin of comfort but it's also a cabin of great ignorance. This cabin has

no portholes (spiritual wisdom or knowledge) to look out of, which if it did, they'd see that their boat is heading straight for the rocks, that their mast (true consciousness and outlook) has broken. They were too busy feeding and stroking their cat (five vices) to make the effort (take control of their vices and lives) to go up onboard (become spiritual) and look out and then be able to see the countless shipwrecks already on the rocks.

**Are You So Calm That A
Storm Will Ignore You And
Pass You By?**

Everyone is lost at sea, out of control in a gale force 9 sailing in a delicate, flimsy boat and heading for the rocks that are rightly named 'No Return'. Only God has the power and know-how to blow their boat away from these rocks and help them sail to safety. Or have you the strength to blow against and beat a force 9 gale? Have you the wisdom and power to beat life's ferocious and deadly storms? Are you so calm and collected that you can ride out and be safe from these storms?

**The Apple Of Life Has
Truly Become Poisonous If
You Do Not Know Where
To Bite It.**

Life, truly, is a fierce and dangerous ocean to find you in, and the wise will realise this and

be doing their best to make sense of it all and move forward. The wise will have already thrown a rope out (searched for God) to God and will now find themselves being towed and blown by Him to safety where He can look after them. God alone knows just how severe these storms are soon going to get and the dangers that lie ahead for everyone.

Once, life was a very pure, sweet apple that tasted delicious at every bite (second). This heaven was clean, beautiful, was rubbish-free and where endless gleaming smiles were everywhere you looked. People's walking was like flying and not like the walking of today with its limps, aches, athlete's foot, cramps, knee and hip pain, aided by wheelchairs or sticks where you can easily trip over and hurt yourself. Heaven is pain free, accident free, stick free, lipstick free, and ache and fake free. Heaven's gift is free. Heaven's people are free and where their minds are free to enjoy life and its beauty.

**Do You Know Any
Prisoners?**

In heaven, everyone, all of the time, is totally happy and totally peaceful. Today everyone is totally unhappy all of the time, as they are imprisoned in their sorrow. They

live behind the bars of body consciousness and falsehood and have to wear the uniform of sorrow which is the only real fashion to be gained from being body-conscious. Their sentence is a very long one; for as long as they live, they eat, sleep and breathe the fashion of body-consciousness. So, for the duration of their lives, they must carry round their balls and chains of body-consciousness.

The Glass Apple That Leaves an Awful Aftertaste (Suffering and Sorrow).

People try hard to eat the fruits of this world, and in their effort to enjoy them, they, of course, have to be rewarded for that effort. They only ever find out the hard way the results of their actions and pursuits, as their rewards are walking sticks, tablets, hospital appointments, new hips, teeth and medicine by the gallon.

The 'Vice Fruit' Is Abundant and Easily Picked

On today's tree is found the fruit which causes and inflames pain. This tree produces on its lower branches, the vices that cause us endless pain and misery. This 'vice fruit' is abundant and easily picked. Whilst climbing the shiny and slippery ladder to pick this fruit, many in the process fall off and

hurt themselves. This brightly painted wooden ladder is most prone to getting hot and bursting into flames without warning.

Those who taste this fruit, soon realise that it leaves a very bitter aftertaste in their mouth (mind and soul) and which is very hard to get rid of. Take as many mints (alcoholic drinks, listen to music, dance, eat, take anti-depressants, etc.) as you like, yet you will not shift the dreadful aftertaste of vice easily. Vice, unknown to its users, stays with them for a long time after they have put it down.

Vice and its aftertaste, have the habit of following you and later either takes your energy away, gives you a headache or leaves you an injury as its fee for using it. Vice is a very expensive tool to use and will cost you your life if you are not careful. The tool of vice not only hurts you if you drop it on your foot but can kill you if it later comes back and hits you on the head.

Should We Really Need Wisdom To Give Up Eating The Boots Of Today For The Mangos Of Tomorrow?

Heaven's tree is laden with fruit that falls off into your lap, is very sweet and makes you smile. For which fruit do you make effort? The fruit found in hospitals and doctors' surgeries? The fruit found in every

household, hospital and doctor's surgery across the land is a very painful fruit best left alone. This fruit that everyone eats and which you see everywhere, is worm-ridden, sour and tastes like a cross between onion and an old farmer's boot which he wore to clean out the pigsty. People's lives are like that of eating onions and muddy boots. Are you spiritual and wise enough to work towards heaven's fruit that is delicious and health promoting, free, and follows you about wherever you go?

A Lavatory Produces No Fruit - Only Waste.

We have today's lavatory and tomorrow's golden tree to choose from with its ripe fruit of total fulfilment and achievement. The wise work for the fruit of tomorrow whilst others are consumed with chasing after the fruit (vice) of today and climbing its tree which is very difficult to climb down from once you're up it. The vice tree is best avoided as it easily shakes you to the ground. A gold plated lavatory (body-consciousness) has no benefits and does not make your life any better; it just shows to the world how shallow and ignorant you really are for having one and always cleaning it and showing it off. (*....contd. on page no. 34*)

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But this theory also does not solve the riddle: it has to face a spate of equally perplexing questions which it cannot adequately explain. For example, it does not answer why at all God, the Holiest Being, created evil. If God is the Creator of Evil, one may ask: "How can He then be the Saviour, the Protector or the Loveful and Merciful Father? Or, why should one offer prayers to invoke God if one knows that He is the very source of evil and the resultant troubles and is, in conclusion, the One who, perhaps, takes pleasure in man's woes, or else why did He create evil for His beloved children?"

In answer to this, some suggest that God created the evil in the world so that man might confront it. And, in doing this, he may prove himself to be virtuous and holy and may, thus, be entitled, according to his efforts, for a reward in the form of glory and happiness and may also gain self-knowledge. But the question arises why should God take it upon Himself to create evil and accept the onus of making man fight the evil force? Moreover, each one of us can see that, in this vast universe, only very few people really improve in their conflict with evil while a great many slide down rather

dangerously along the path of evil. So, the belief that God created evil, does not lend any mental satisfaction to man.

As everyone knows, Christians pray to God in the words, "Lord, lead us not into temptation." The Hindu faithful ones say in one of their famous chants: 'Rid us of the vices, O Lord, and absolve us of our sins.'

Are these prayers not at variance with the belief that God created evil and sins? One really finds it difficult to understand why God, who is considered to be compassionate, kind and loving Father and also Knowledgeful Saviour, would create evil to test man, especially when He, the Knowledgeful Being, knows that man is very likely to fall in evil ways if tempted? It hardly befits such a Mighty One as God to test such a weak being as man, particularly when He knows that the average individual finds it enormously difficult to confront temptation. Moreover, how can God, who is all Good and is perfectly Pure, reconcile His virtuous nature with the act of creating evil? Evidently, this belief about evil falls short of explaining these and other related questions. Over the Ages, there have also been thinkers who have said that evil

has no existence separate from God or *Brahm*. Rather, God, by virtue of an indefinable power, called *Maya*, created this phenomenal world as He wished Himself to become multifarious. "Whatever we see manifest in this world of diversity is a proliferation of God or *Brahm* and there is nothing besides that." Now, this view also has to face a volley of questions. For example, one may ask, "If God, at a very remote point of time in the hoary past, had the wish or the volition of creating the world or of proliferating Himself into many, does not this lead one to conclude that God is incomplete or imperfect, for anyone, who has a wish to fulfil, must have something lacking in Him? If one says, "God had no particular object behind His wish of creating the universe, then one would be tarnishing the image of God by saying this, for one ought to know that even a child never does anything without adequate reason or object. Again, if one argues that the power of creating 'evil' is as much in the nature of God as the power of creating the world, it would obviously imply that God is, by nature, evil too and this corollary no one would ever accept."

There is yet another class of philosophers who, in order to evade all these problems, reject

the existence of evil itself by arguing that God did not create evil. They say that, actually, there is no evil in the world but man only experiences it. This explanation of evil contradicts and rejects the evidence of human experience. Moreover, it reduces all moral and religious teachings to something having no sense. It is an argument which even common sense and everyday experience demur to accept. In fact, no one can deny that evil is real, it does exist and it is a part of human experience.

The Truth

It should have been transpired by this small discussion on the nature of God, World and Evil that man has failed to give a satisfactory explanation of the inter-relation among them. The truth about these is revealed by God Himself. He says that evil exists at the material, biological, intellectual and spiritual levels. At the material level, it exists as *Tamogun*, at mental level it is present as *perverted understanding* and it is there at moral and spiritual levels as *distortion* of Truth, as *ignorance* of the self, as *debasement* of values and as vices. It is present as *negation* of good or “as a negative force”. But He has not created this.

God says that He created man holy ‘in His own image’. Human soul is, in its original nature, pure with the innate qualities of love and peace. But, in course of time, man became body-conscious, forgetting his real self, and, thus, his quality of love got perverted into sex, greed, gluttony and attachment and it brought in its wake, jealousy, hatred, anger and pride. Thus, evil is nothing but man’s own creation and it entered the world not at God’s bidding but as perverted form of man’s love, and as man’s forgetfulness of the real self, or as his sense of identification with his body. If we, thus, understand the nature of evil, we will be able to eradicate it by our own efforts, aided by God who is perfectly Holy and helps in liberating the souls from evil.

(Contd. ... from page no. 32)

Put simply, heaven’s tree takes time, patience, care and wisdom to climb but whose rewards are incredible and worth the climb and effort. The tree of vices is easy to climb and requires no skill other than ignorance and whose rewards are just as guaranteed. The vice-tree shakes many from its branches, whilst they try to enjoy themselves and hit the ground hard. For so many vices, so many branches of suffering exist. Some branches are very high, like the branch of anger, and when you fall off this branch, you fall along way down -- and quickly. The result of climbing this body-conscious tree and sitting on one of its many branches of vice is always the same: you fall off and land with a very loud thud. It’s a very crowded and busy tree with countless falling off and just as many climbing it.

The Keyhole (Soul-Consciousness) Through Which You Can See Heaven.

It takes time for a seed to grow but if you carry it round with you all the time in your pocket (mind), in the future it will grow into a huge Godly tree that you can easily climb right to the top and open its golden gates that are sitting on top of its canopy by passing through the golden keyhole. ❖ (Concluded)

Smile always. Your smile can go miles to put smiles on others’ lips, who cannot smile.

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1. **Sakhada (Nepal):** H.E. Bidhya Devi Bhandari, President of Nepal is being presented Godly gift by BK Bhagvati Didi. 2. **Delhi (Harinagar):** Prof. Talat Ahmad, Vice Chancellor of Jamia Milia University is being presented Godly gift by BK Sundaral, BK Neha and BK Rashmi after a spiritual programme. 3. **Mumbai (Gamdevi):** In a National Conference organized by Medical Wing on 'Global Initiative on Tobacco Awareness' a pledge on de-addiction is being taken by Mr. Dattatray Padsalgikar, Mumbai Police Commissioner, Dr. Rajan Welukar, former Vice-Chancellor of Mumbai University, Ms. Madhoo, film actress, Dr Ashok Mehta and others. 4. **Panipat:** BK Smriti is presenting Godly gift to WWE Superstar The Great Khali. Also in picture are BK Shivani and BK Dipak Harke. 5. **Trivandrum:** A program to mark the 6th annual day of Shivchintan Bhawan is being inaugurated by Mr. K. Surendran, Hon'ble Power Minister, Mr. I. B. Satheesh, MLA, BK Minni and others. 6. **Butwal (Nepal):** In a program on 'God's Wisdom for World Transformation' Mr. Bal Krishna Khand, Hon'ble Defense Minister of Nepal, BK Surender, BK Parinita, BK Kamla and others. 7. **Ahmadabad:** Kabaddi World Cup winner Indian team is in a group photo with BK Shashi, BK Jagbir, BK Nandini and Dronacharya Awardee Mr. Balwan Singh after a training session on Mind Power & Fitness. 8. **Chabua (Assam):** BK Sumi is presenting Godly gift to Mr. Sarbananda Sonowal, Hon'ble Chief Minister of Assam. 9. **Delhi:** After a discussion on spiritual knowledge BK Falak is seen with H.E. Tomasz Kozlowski, Ambassador of European Union to India and Ms. Henriette Faergemann, Energy & Climate Change Counselor, EU Delegation to India.



1

1. New Delhi: All India Jurist Campaign on 'Spirituality for Peace and Happy Living' is being inaugurated by Justice Kurien Joseph, Hon'ble Judge of Supreme Court, Mr. P.P. Chaudhary, Hon'ble Union Minister of State for Law and Justice, Justice V. Eshwaraiah, BK Brij Mohan, BK Shivani, BK Pushpa, BK Lata and others.



2

2. New Delhi (Vigyan Bhawan): A programme organized by Rural Development Wing is being inaugurated by Mr. Radha Mohan Singh, Hon'ble Union Minister for Agriculture, Mr. Sudarshan Bhagat, Hon'ble Union Minister of State for Agriculture, BK Brijmohan, BK Sarla and others.



3

3. Coimbatore: Dr. K.V. Kuppusamy Lyaa, Chairman of RVS group of institutions is felicitating BK Mruthyunjaya with 'World Ambassador of Value Education and Environmental Protection' award. Dr G. Bhaktavatsalam, Chairman of KG Hospitals, BK Kothai, BK Kalidass, BK Supriya, Ms Inga Koryagina and Mr. Victor Kotelevets are also seen in picture.



4

4. Boston (USA): In 61st 'The Future of Power' event BK Nizar Juma, Industrialist and Coordinator of the event is in group photo with 48 international leaders.