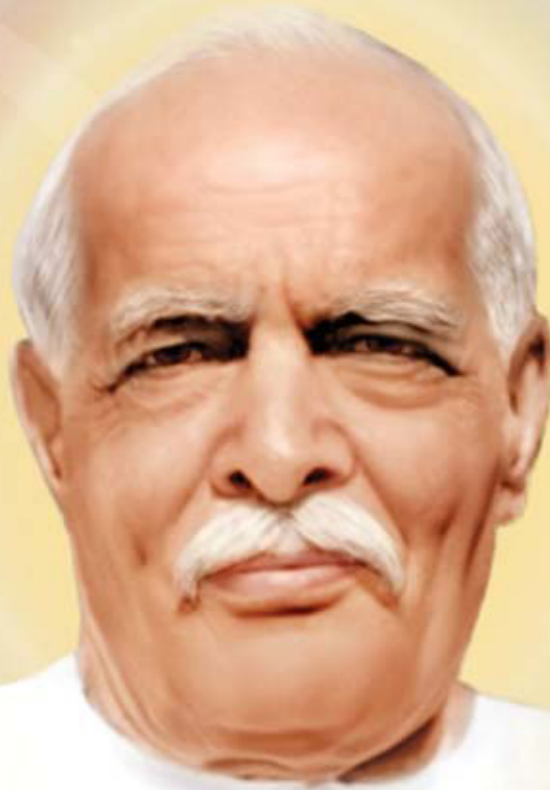


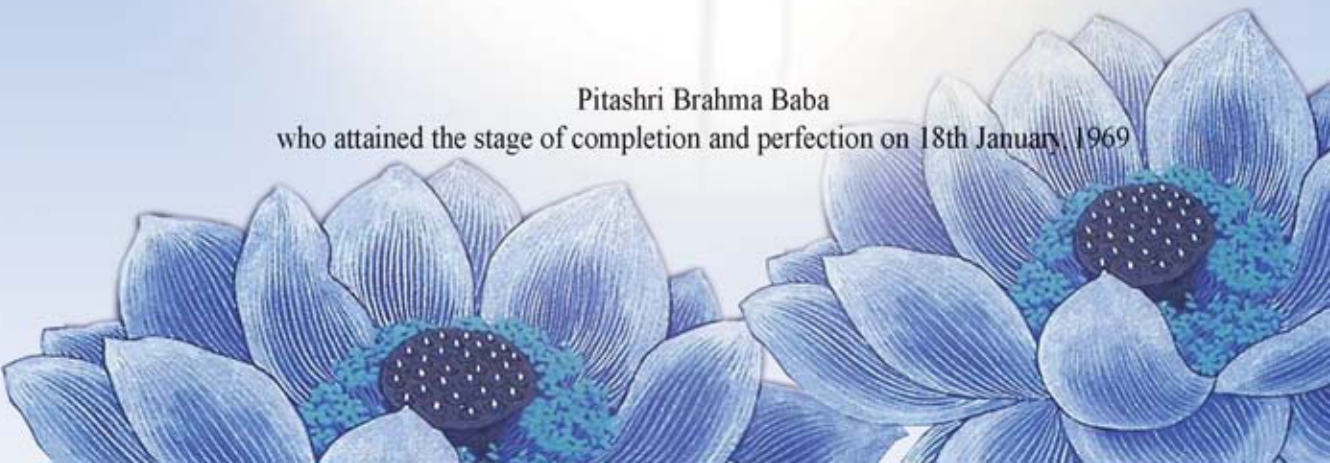
SUPREME SOUL  
GOD FATHER SHIVA

# *The World Renewal*

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Pitashri Brahma Baba  
who attained the stage of completion and perfection on 18th January, 1969







1. **New Delhi:** Commander B.K. Shiv Singh is meeting with Mr. Narendra Modi, Hon'ble Prime Minister of India and Admiral Sunil Lanba, Chief of the Naval Staff. 2. **Ajmer :** HE Kalyan Singh, Governor of Rajasthan is being presented Godly gift by B.K. Yogini and B.K. Kalpna. 3. **Renukaji (Nahan):** HE Acharya Dev Vrat, Governor of HP is being presented Godly gift by BK Rama. 4. **Kanpur:** HE Ram Naik, Governor of UP is being presented Godly gift by B. K. Dulari along with Mr. Balchandra Mishra, Former Minister of UP, B.K. Shashi and B.K. Man Singh. 5. **Hassanpur (Haryana):** Mr Manohar Lal Khattar, Hon'ble Chief Minister is being presented Godly gift by BK Indira. 6. **Greater Noida:** An Exhibition on "Tobacco Control" is being inaugurated by Mr. J.P. Nadda, Hon'ble Union Health Minister along with Dr. BK Banarsi Lal, BK Priti and others. 7. **Moscow:** B.K. Sudha addressing a Conference on "Children's Safety at the Civic Chamber of the Russian Federation". 8. **Chhota Udaipur (Guj):** A Spiritual Fair is being inaugurated by Mr. Shabdsharn Tadvi, Hon'ble Forest and Tribal Welfare Minister, Mr Jayantibhai Rathva, Parliamentary Secretary, BK Sarla, BK Raj, BK Onkar, BK Monika and others.

**THE AUSPICIOUS MESSAGE OF DADI JANKI ON  
THE ADVENT OF 'THE NEW YEAR - 2017'**



**To all divine Brothers and Sisters,**

On the confluence of the old and new world, the advent of Yew Year, 2017 is refreshing the novel memories of the New World. In this World-Cycle which is absorbed in the two words – “Today and Tomorrow” – we are all now in the *Sangam Yuga* today and we will be in the *Satyuga* tomorrow. Again, in true sense of the term, *Bharat* (*Bha* = Light+*Rat* = Completely Absorbed) will be complete in all aspects of character, qualities and cheerfulness.

In order to hail practically such a Golden Bharat on this planet Earth, let us come and learn to smile in the midst of troubles. Let us win over the circumstances and situations with our own soul-conscious stage; and become honoured and praised by getting victory over blames and sleep. Let us not say, “Who has done such a thing” but show to the world by doing the right thing. Let us become the share holder of the fact – “Instant donation is the greatest virtue” – by synchronizing between our saying and doing.

By adjusting with the changing situations of the time, let us change our own moods and motives. Let us remain unindulged and detached by maintaining our unindulged (*Anasakta*) state towards things and soul-conscious state towards individuals. Do your actions with one hand and catch hold of your religiosity and qualities with the other hand. Shower and scatter the rays of peace with your mental power over the animate beings and inanimate things of this whole territory of this terrestrial world.

I say to this whole world, “Who has seen to tomorrow? Do now whatever you have to do.” Before the great change of this Creation takes place, God himself is doing the act of re-establishment of the New World and Age with all force and spirit. So, with the strong and determined feeling of this unity – “We are of the One and we are all one” – demonstrate the act of making the impossible possible. Demonstrate your divine (*Alaukik*) love with the harmonious dance of *sanskars* and lift the weaker ones to the highest by rendering them the wings of energy and power.

**Congratulations to you all for the advent of New Year.**

Your Divine Sister

– B.K. Janki

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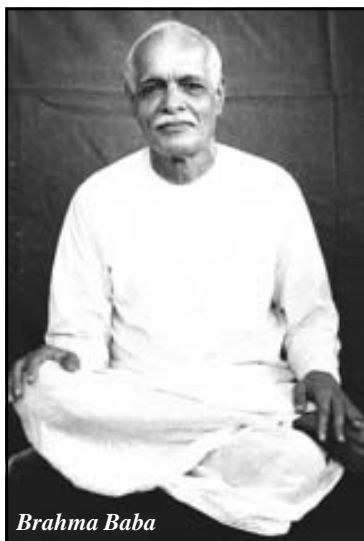


## ***BRAHMA BABA – THE GREATEST INSTRUMENT OF WORLD TRANSFORMATION***

**T**he Brahma Kumaris worldwide are observing January as the Month of Tapasya for self-rejuvenation and world transformation. This is in tribute to their Founding Father, Prajapita Brahma, who not only dedicated his life in the service of spiritual upliftment of humanity but became a Living Light-House to lead others on the path of self-purification, thereby transforming the lives of aspirants of all backgrounds.

This can be termed as nothing else but the Spiritual Renaissance of the global Human Family. His prime realisation was that the absence of true knowledge about the Self and Supreme Father had given birth to the root-cause of present day sufferings, due to any reason. It looks like humanity is totally lost in the tsunami of ignorance leading to all sorts of negativities and artificial, short-lived ways of attaining pleasure. All problems are founded in false ego, dirty consciousness, senseless anger,

greed and attachment. **Brahma Baba himself pursued the path of conquering these negativities with diamond-like strong-will, and divinising his thought-process on the basis of Self-**



**Realisation, and deep awareness of the most important relationship between Self and the Supreme Divine Being.** He derived immense spiritual power through meditation in silence, unadulterated remembrance of the Incorporeal One, and by

following the commandments of one and only Supreme Being, lovingly known as God Shiva, Supreme Father.

**On the basis of his spiritual endeavours and divine visions, he strongly felt that a new phase of his life had begun, where he had to lead humanity towards righteousness, lawfulness, virtuousness as a World Server, under the elevated directions (guidance) of Incorporeal God Shiva.**

He spread the highest spiritual education for divinely high-thinking society by expounding newness through the upliftment of women. Godly education through the medium of Brahma Baba enabled Mothers and Sisters to elevate themselves in consciousness and interactions of the highest kind of behaviour. One would feel as if angels had descended on earth to guide us on the path of purity, love and happiness... **Brahma Baba believed in the concept: “Life is to live rightly, joyously and in**

service of humanity”.

After about a year of starting his extraordinary journey, he felt the need to see a change in society **where spiritually educated females would lead and inspire everyone to be soul-conscious naturally, in day to day life, and spread spiritual understanding amongst the masses.** Such leaders needed to be groomed to have crystal-clear understanding, strong and high character, and be full of compassion for the otherwise suffering humanity. The best way to do this was to spread Spiritual Knowledge, and the art of Rajyoga Meditation so that they become part of people’s daily life.

It was observed from the beginning that mostly the devout young women and men tended to be attracted towards learning the art of living in peace, and earning happiness through service onto others. Leading by example, Brahma Baba led a very accurate divine life as a student of Spiritual Wisdom and Meditation. Through reflections in his meditations, he envisioned many ways for spreading God’s message, and guided the young ones to play active roles as well. This resulted in organising the youth

in particular, and women and men of all ages, to utilise their resources in the best possible ways by serving others.

**Baba showed us how the sharing of spiritual wisdom multiplies one’s own depth of insight and experience of super-sensuous joy in meditations.** Observing Brahma Baba during meditations and conversations would transport anyone to the highest realm of consciousness. **The aura around him, glow on his face, and all-loving drishti (spiritual gaze) always endeared him to the young and old, and even little children.** During those interactions, Baba’s words were always focused on understanding the spiritual laws for performing righteous actions and creating powerful vibrations through deep attention on One Divine Being, in order to make firm one’s resolve of leading a pure and pious life.

**He constantly shared that one’s actions based on purity and selflessness would generate inner peace and tranquility.** His emphasis on serving others with spiritual knowledge, received from the All-Knowledgeful Supreme Source of Wisdom,

Incorporeal God Shiva, helped enlighten and empower every individual to lead elevated lives. He guided us to remain more and more in silence, as those pure vibrations of peace would spread all over the world, especially in the early morning hours (*Brahma Mahurat/ Amrit Vela*).

**Brahma Baba had also revealed to us that when a human soul reaches its form of complete purity and perfection in divinity, it would depart for becoming an angel and remain in the Subtle Region.** He himself became an example for all of us, and pursued this highest aim in human life by spending about 8 hours a day in silent introspection and meditation. He encouraged us to use fewer words during our interactions, but share pure vibrations. Baba’s *drishti* even for a moment would enable a spiritual seeker to have the instant experience of Self-Realisation and the Angelic Stage (i.e. free from bondages of the body, old relationships and defective sanskars, and empowered to serve by sharing the Divine Being’s light, love and wisdom).

There were times when one could observe the difference

between Brahma Baba's presence, and when he was combined with Incorporeal God Shiva. In the last years, 1967-69, there was hardly a moment when Brahma Baba was observed without being in the divine companionship of the Supreme Being. This was the reason why Baba would always shower his love and remembrances on us by saying, **"To the sweetest, beloved, long-lost and now-found (spiritual) children, love, remembrance and good morning from the Mother, the Father, BapDada. The Spiritual Father says namaste to the spiritual children"**.

As we observe 18 January as the Day of Remembrance, we also honour it as the day to attain the Spiritually-Evolved and Humanly-Perfect Stage. It is this day that Brahma Baba mastered his senses completely, and renounced his physical costume while meditating and empowering Rajyogini Dadi Prakashmaniji, through powerful drishti, to continue the noblest work of spreading Incorporeal Supreme Father's message throughout the world. **We too take the determined pledge to emulate Pitashri Brahma Baba, and thereby realise the new Age of**

**enlightened human beings leading divine lives.**

For the benefit of our sisters and brothers all over the globe to know Brahma Baba's personage closely, and derive blessings for leading spiritually enlightened lives, we wish to share his Spiritual Powers and Virtues, as well as Elevated Sentiments for the global human family. These have been very beautifully inscribed on the elegant Memorial known as Tower of Peace, located at the Brahma Kumaris HQ, Pandav Bhawan. May health and happiness be assured to you by following his footsteps!

#### **TOWER OF PEACE**

Inculcate Divine Virtues  
Remain on the Pilgrimage of Remembering God  
Become Pure & Make Others Pure

In the divine memory of our most Beloved Brahma Baba, who made our life as pure as a lotus flower; who became the instrument of God Shiva to show the way to freedom and happiness; who is making us into Angels like Himself.

#### **TOWER OF KNOWLEDGE**

Time is short, do not be careless.

Donate the wealth of imperishable jewels of Knowledge.

Beloved Children, the Supreme Soul Shiva is the Supreme Father of all souls; Bharat is the Greatest Land; Abu is the most elevated pilgrimage place; Explain this secret to everyone.

#### **TOWER OF MIGHT**

Where there is faith, there is victory.

Fill yourself with love, knowledge and strength.

Follow the way of the Divine and you will become elevated.

God speaks: Sweet Children, consider yourself to be a soul and constantly remember your Incorporeal Father. Beloved Children, through easy Rajyoga your sins of birth after birth will be destroyed. Long-lost and now found again Children, in this most elevated Confluence Age, this spiritual life of yours is as valuable as a diamond.

#### **TOWER OF PURITY**

Do not give sorrow to anyone through your thoughts, words or actions.

Remember the Unlimited Father and His inheritance.

Loving Children, freedom and happiness in life are your spiritual birth-right.

#### **OM SHANTI**

– *B.K. Nirwair*

From the mighty pen of Sanjay



## ***THE SPIRITUAL ASCENSION OF BRAHMA BABA***



**B**rahma Baba, who became the human medium of the Supreme Soul, God Shiv, and under whose Supreme guidelines he founded the spiritual institution of the Brahma Kumaris in the year 1937, was a spiritual genius par-excellence. During the period of about fifty years before the event, he had cultivated in himself an unflinching spirit of devotion to the deities and had developed a charitable disposition. He had also observed strict adherence to religious principles with an utmost regard towards the pious and saintly souls. He had also endeared himself to many because of his peaceful nature and gentle and highly refined manners. He was, thus, the fit medium for God Shiva physically, mentally and spiritually when in 1937 the Supreme Soul made him His instrument for the re-establishment of the Golden Age.

From 1937 to 1951, he spiritually nurtured men, women and children in his human

nursery, or to say, in his garden of human flowers; much like an able and dedicated gardener sows the seeds, nurtures the saplings and looks after them for their healthy growth. He protected them from all odds and



***Brahma Baba***

provided them with congenial environment, spiritual succour and nourishment, necessary for their rapid spiritual development.

During this period, when men, women and children, from families of varying economic, social and religious stature, lived together, it was he who constantly served unto them an inspiring example of divine life.

It was his presence – sometimes close and sometimes distant –

which created a deep and lasting sense of unity among the adherents and gave them sustenance and strength in the regular and correct observance of spiritual practices, discipline and principles. It was his day-to-day guidance that enabled them to attain a high stage in meditation and to have stability in mental purity. He was able to develop in them, the virtues of tolerance, renunciation and social adjustability of a high quality. The spiritual knowledge had now taken deep roots in their minds and they had now grown up to stand on their own and be able to serve others. He had, thus, prepared a band of highly inspired, dedicated, mature persons who had been adequately trained not only to answer complicated metaphysical questions with clarity in their own minds, but who also had high spiritual wisdom and were great yogis to create impact of their purity and yogic qualities on others and could, thus, inspire and help them learn this great art of living, and science of yoga and peace too. It was, therefore, now time for these souls (most of whom were women) to go to the people and give them the benefit of their spiritual experiences and enlightenment. So, under the guidance of Brahma Baba—as a

great instrument of Shiv Baba—these highly spiritualised girls and women—the Brahma Kumaris, took up with earnestness, the great responsibility of bringing about the most needed inner transformation of mankind. It was mainly Brahma Baba who, during this initial period of service, extending over many years, guided the spiritual services day and night. As a great leader and administrator, who understood well the qualities, the nature and the abilities of each one of them, he gave to them a vast field of spiritual service. He formed the first nucleus of Godly service which went on expanding and growing like a tree. He created a self-sustaining and self-sufficient system of service, the like of which no one had ever created before. It worked with unity, love and peace and had the potentialities of self-adjustment.

During this period, when service-centres began to be established and people, at first in hundreds and then in thousands, came to the service-centres, it was Brahma Baba who worked indefatigably for the spiritual growth of the newcomers.

Through his oral words of

wisdom, letters full of inspiration, personal meetings full of real and spiritual love; he greatly transformed these souls and enabled them to go from strength to strength. He led them with his magical love and magnetic personality and gave full care through various kinds of vicissitudes so that they, themselves, could become great and take up the responsibility of giving this service to others.

All through this period, when new spiritual doctrines were being taught and new traditions or conventions were being set in vogue and a new spiritual family was coming into form, Brahma Baba's own life-style was a constant source of strength to all. He not only explained Shiv Baba's great revelations of Knowledge and Yoga but also lived according to them.

His life was a mirror of Shiv Baba so that by looking at him, the yoga-practitioners could know what Shiva Baba is like or what He asks human souls to practise. In the life of Brahma Baba, Godly Knowledge, Rajyoga, Divine Qualities and Service were so finely combined that one could not sort out one from the other.



His life was a continuous

saga of service and while he was doing service he was also in yoga and was teaching Godly Knowledge and inspiring people to have divine qualities, presenting his own life as a living ideal unto them. He maintained a wonderful balance of these in his life. He was, therefore, a multifaceted personality.

He was not only an effective and great teacher but also a loving and loveable father, an amiable, affable and efficient administrator, a great judge of men, a great philosopher who understood the abstract points of metaphysics deeply, a top-class yogi who was firmly stabilised on the highest peak of yoga, a man of utmost mental purity, a visionary of exceptional qualities and a person who was down-to-earth in worldly matters and high-in-sky in spiritual matters.

After his spiritual ascension on 18th January, 1969, he, now in his angelic form, continues to serve mankind with thoughts and revelations more so as to re-establish the Golden Age. The period of eighty years from 1937 to 2016 has proved to be a period of unparalleled spiritual importance in the whole story of mankind. ❖




**BRAHMA BABA SHOWED  
 A LIFE OF BEING *NIRAKARI*,  
*NIRAHANKARI* AND  
*NIRVIKARI***


—B.K. Rose Mary

These were the parting words: “Be *Nirakari*, *Nirahankari* and *Nirvikari!*” of Brahma Baba in the final class, who served as the conduit of God Shiva in this concluding phase of *Sangam Yuga*. These three words have everything in them to make a person spiritual. They have the power to make the listener bring in a sweet behaviour of treating others as spiritual brothers and sisters. Further, they can bring us inner freedom to replace negative patterns, that have kept us in their clutches, with positive patterns; freedom to respond with calmness and kindness during challenging situations; and freedom to enjoy whatever life brings.

*Nirakari* means incorporeal. We are a combination of something immaterial and something material because without something immaterial, the question of how the cells of the foetus create the form of the child with immaterial properties, cannot be explained. The

situation is like the iron filings arranging themselves in the pattern of the lines of force from the magnetic field. It means without a magnetic field existing first, an iron filing would not be formed and sustained as such. Similarly, without an immaterial entity first existing, body will not be formed. Simply put, we, the immaterial souls, are the invisible truth (*satyam*) behind our visible body. You, the incorporeal, are the USER of all your body parts – like a driver using his vehicle, and the user is more important than the body which comes and goes. This discrimination of what is eternal and what is ephemeral is called “true vision” (*The Gita* 2:16) which has enormous potential to bring about any change you would like to have in your life. When you internalize this truth (*satyam*) that you are *nirakari*, you naturally tend to view all your fellow human beings too as *nirakari*, sharing the same conscious energy (that makes up the soul, the invisible) and same

cosmic energy (that makes up the physical body, the visible). In this awareness, you are *nirahankar* which means you do not feel more important than others, and your natural delight would be in doing what is beneficial (*shivam*) to the self and others, and will always be total in this attitude without deviating (*nirvikari*), which means you bring beauty (*sundaram*) into whatever you do. What an amazing wealth of information contained in those three magical words!

That means Brahma Baba was the true conduit of God, the Supreme Guru. “*Gu*” means “darkness of ignorance” and “*Ru*” means “one who removes”. God Shiva came to dispel the darkness of ignorance, and Brahma Baba followed His teachings to the ultimate by being *Nirakari* (incorporeal), *nirahankari* (egoless) and *nirvikari* (viceless). This is in contrast with other religious founders who were not successful in transforming them into living a life of simplicity, grace and divinity. The organizations they founded soon underwent split and divisions as the followers were fighting for prominence (root of which is *ahankar/ego*) which is exactly the opposite of being *nirahankari*. Even the

superhuman image of some religious leaders too did not help as people would reason that 'spirituality is within the reach of only those who are superhuman whereas we are mere human.'

Brahma Baba succeeded because he did not claim any superhuman image, but showed a life of being *nirakari*, *nirahankari* and *nirvikari* himself. His life was his message, and his actions spoke louder than words. Observers understood what are the vices, their root-causes and how to conquer them, as they were inspired to lead a life of remembrance of God. According to prominent scriptures, history is an endless series of cycles. (*The Bhagavat Gita* 4:7; Bible Book of Ecclesiastes 1:9, 10). In the first half of each cycle, virtues rule the lives of people, but in the second half, people begin to wander away from virtues, in other words, 'sins' or vices begin to rule the lives of people.

Interestingly, the West and the East have got the same understanding about 'sin' (even though they differ on many things). The West's concept of sin is rooted in *The Bible*. The Greek word for "sin" is *hamartia*, an archery term for "missing the mark." It

carries the thought of an arrow missing the target and wandering. Thus, sin is more of missing the whole point of human life, or falling from a relationship with our Supreme Father to whom we owe everything, which ultimately leads to ingratitude and vices. According to *The Bible*, sin means 'deviating from unconditional love towards God and one's neighbour' which is graphically illustrated in the famous *The Parable of Prodigal Son* – story of a son who left his father and wandered in the outside world to enjoy sensuous pleasures. (Mark 12:29, 30; Mathew 5:44-48; Luke 15:11-32) The more one wanders the more unfulfilled he feels and does more acts of sin which make him a "slave of sin." (John 8:34)

In the East, there are many words such as *PAAP* or *PAPA*, *Pataka* (from the root *Pat*, to fall) and *vicar* (vice), all of which have the connotation of deviation which again reiterates the concept of wandering. From what does one wander? From the truth about God and about oneself and its attendant virtues, root cause of which is non-remembrance. Interestingly, God's own description is *bap ko bhoolna pap* (Forgetting the Father is sin). Hence,

antidote to sin (*pap*) is remembrance of *Bap*, our Heavenly Father! When one remembers the self as an *atma* (soul), a child of the *Paramatma* (Supreme Soul), he is back to truth. This enables him to have a pure motive in dealing with others which results in other agreeable/lovely qualities such as joy, love and peace. Interestingly, this is what is meant by *punya* (opposite of *pap* or sin) which is translated as virtue. Though etymology of the word *punya* is uncertain, we can know the real meaning from the way the ancient people used this term. Vedas use this word as an adjective to fragrance ("punyagandhas") which means "Agreeable smell or fragrance." (*The Rig Veda* VII, 55.8) It is like we identify certain flower or fruit when we find its smell agreeable with its nature. Thus *punya* means acting agreeable to or in accordance with one's own original nature or acting in remembrance of the truth that 'I am *atma*, a child of God Almighty.' It is like living as though God were to live on the earth. Observers can say: "The son shows the Father." *The Bible* too confirms the same: "Put on your new nature, created to be like God – truly

righteous and holy.” (Ephesians 4:24) In contrast, when one thinks that he is this physical body, he actually wanders from this fundamental truth, and in such limited view of body-consciousness, he feels the need of adding, feels more important than others which gives birth to ego, the root cause of all vices. The consequences of adopting vices is that they cannot make anyone feel good as the enjoyment they give is short-lived. This prompts him to try vices more and more which ultimately leads him to enslavements to vices and to a wasted life.

A recent study published in the Journal of *Social Cognitive and Affective Neuroscience* supports the above. It was found that people who are in love with themselves (those who wander from the truth) have poor connectivity between both regions of the brain – medial prefrontal cortex (which is associated with self-referential thinking) and ventral striatum (which is associated with feeling good). That means that the more a person feels more important than others and, thus, deviates into ego, lust,

anger, attachment and greed, the less he feels good, because of which he will try harder to deviate further which would ensure further bondage to vices.

That means if you want to feel good always, you have to return to truth of who you really are. When we remember we are *atma*, the embodiment of seven qualities of knowledge, purity, joy, love, peace, balance and power, we are back to truth (*Satyam*, from the root *saat* which means seven) where you do not feel more important than others because you remember that all are children of God; hence, there is no thought of ego with all its prejudices and borrowed knowledge. In ego, you feel you are the doer and possess this and that (whereas the truth is that there are many causes behind an action and we do not possess anything as we have to leave behind everything we think we possess and go empty-handed some day.) In such egoless state, you experience yourself as a pure being, a pure presence, and simply see and experience the truth – you see everyone as incorporeal being – One Father

and His children. Living of this truth becomes *Shivam* because it results in doing good to others unselfishly, which is, in other words, called pure godliness. Living the truth in fullness without any distraction or deviation becomes **Sundaram (beautiful)**. You are totally present in the now (like a dancer becoming the dance), no diversion, no *vikar*. Thus, you too become *satyam* (aware of truth), *shivam* (living of truth) and *sundaram* (living the truth in full) like your Supreme Father who is the source of *Satyam*, *Shivam* and *Sundaram*.

No wonder this concept turned out to be Brahma Baba’s parting words uttered just before he left his mortal coil: “Be *nirakari*, *nirvikari*, *nirahankari*.” Positively put, what he meant was that we have to be like our Heavenly Father who is *Satyam*, *Shivam* and *Sundaram*. Do you want to know the practical ways in which you can implement this great *mantra*? It’s very easy. Contact your nearby *Rajyoga* Study Center, and ask for a free study course of one hour daily for a week. ❖

“No religion has mandated killing others as a requirement for its sustenance or promotion.” – **Dr.A.P.J.Abdul Kalam**

## PRAJAPITA BRAHMA – AN OUTSTANDING CRUSADER OF EMANCIPATION OF WOMEN

– B.K. Surendran, Bengaluru

**E**ven though our literacy rate has gone up over the years, the plight of women in our country has not improved to the extent we expected. Incidents of rapes, divorces and violence on women have been increasing. Very often we read news items which show that a woman, girl or girl child has been raped or molested. The subjugation of women in society remains in spite of all kinds of legislations, enactments and education. The scenario for women Members of Legislative Assemblies (MLAs) across all state assemblies in India is even worse, with the national average being a pitiable 9%. Women's Reservation Bill that proposes to amend the Constitution of India to reserve 33 per cent of all seats in the Lower house of Parliament of India, the Lok Sabha, and in all state legislative assemblies is still pending. It is a welcome step. But, what is really happening is that even though women contest the elections and start holding responsible

positions, in many cases male members of the family become the unseen power behind them. Very rarely the elected women are able to discharge the duties of an elected post independently.

The base of our country is mostly in the villages. About 70% of the population live in the villages. The plight of most rural women has been pathetic since they have to collect firewood, fetch drinking water, search fodder to feed cattle, work on their meagre land to raise crops and as labourers on other farms, take care of children, etc. The life in villages does not allow a vast majority of women to live, flourish or be independent. And though many laws have been created to protect them, few are implemented.

Despite the growing modernity, India still has a spiralling rate of honour killings, dowry deaths, acid attacks, female infanticide and trafficking. In a society where economics and hunger drive most decisions, the girl child

becomes a dispensable commodity. In the long run, it is still believed that she will give the family little financial gain – not only will she go away and live with another family after her marriage, an often ill-affordable dowry will have to be gathered for her.

For some, woman is nothing but a mere object rather than a human being, a plaything in the hands of men who think of exploiting her in all possible ways through all possible means. How many times do we hear the screaming of a woman in our neighbourhood when her husband beats her under the influence of alcohol. The searching exercise for a so called suitable bride is so embarrassing and intriguing that it can be compared to a farmer setting out to buy a cow or buffalo from a cattle market. Many think that the institution of marriage bestows all rights and privileges on men to treat wife as an instrument for satiating his carnal appetite. They treat her as a servant, bonded labour, slave or cattle. She is expected to be at his beck and call. In some fanatical societies, women are barred from performing religious rights. Women is restrained from pursuing any spiritual inclination, not to speak or renounce hearth and home for



attaining higher moral and spiritual goals unlike a man who renounces everything overnight rendering his wife and children destitute. In some societies, they are confined to the four walls of their homes as animals in cages in a zoo and denied freedom of movement, expression and education. Sometimes, the so called custodians of law and order outrage the modesty of women when they are under their custody. An unmarried woman seldom ventures to converse with a man in her neighbourhood or a stranger for fear of personal vilification. The case of a married woman is still worse. If she is found by her husband in the presence of a man, her fidelity is questioned without a second thought. The suspicion and ill feeling carry him to the extent of sometimes killing her. The flesh trade is a common menace all over the globe. Women are sold as goods and commodities. Even though people speak of equal partnership of man and woman in family and a complementary role, in reality, with the exception of a few cases, women have a subservient role.

#### **Great leaders on women's emancipation**

Raja Ram Mohan Roy, Gopala Krishna Gokhale,

Swami Vivekananda, Mahatma Gandhi and a host of others had advocated emancipation of women from vulgar traditions and customs. But, they could not sustain their struggle for freedom of women for a long time. However, they were able to control and stop *sati* system and also child marriage to some extent. But, the atrocities and sufferings of women continued unabatedly. It is unfortunate that woman – the mother of humankind, who gives birth and sustains humanity – is the worst victim of male domination and persecution.

#### **Prajapita Brahma's Emergence as an Emancipator of Women**

During the establishment of Brahma Kumaris in 1936, the position of women in Sind (now in Pakistan) was very pathetic especially after marriage. They were treated as mere domestic servants. They were not sent to school. A wife had to cover her face with a veil and live her life imprisoned within the four walls of the home. She was engaged in cooking, cleaning and washing clothes and upbringing the children. Prajapita Brahma was formerly known as Dada Lekhraj, a wealthy jewel merchant in Sind-Hyderabad. He had earned wealth by honest means

and hard work. He was reputed for high character and great regard for women. When Dada Lekhraj, in his younger days, saw a picture of Sri Lakshmi massaging the legs of Sri Vishnu, he did not like it and removed the figure of Sri Lakshmi from it. He looked at all his children, both male and female, equally and encouraged them to study and excel in life. At the age of 60, Incorporeal God Shiva descended on him, renamed him as Prajapita Brahma and chose him as His conduit to deliver spiritual knowledge. Many people of the area started getting the vision of Dada Lekhraj with direction to meet him. People started thronging to the place of Dada Lekhraj. Women and female children were in majority. They started living with Dada in the midst of trance-visions and discourses. This was when the institution of Om Mandali was born. Women folk who were virtually living as prisoners felt that these discourses were like an irresistible call for emancipation from the horrific acts of male dominance and torture.

In 1950 the movement was shifted to Mount Abu and came to be known as Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya. Brahma

Baba formed a Trust constituted of a committee of young women and surrendered his entire worldly wealth and property to the trust committee. Never before, in the history of the world had any male surrendered all his belongings to a trust constituted only of women. Nowhere had women been given such an honour to head and run a spiritual organisation. Brahma Baba already had great regard for women and he made them the front line leaders of Brahma Kumaris. He identified their virtues of tolerance, love, sweetness, smoothness, sacrifice and service. He made them the teachers of human kind. He declared that it is through the mothers and sisters that the sorrowful and miserable condition of the world can be removed and happiness can be restored. They were made preceptors, teachers and saviours. They came to be the spiritual leaders of the society and the world. He made them in-charge of the Godly service centres throughout the world. Brahma Baba raised the lives of women to the status of deities, who were earlier treated as 2nd grade citizens of the world. Now, it can be declared that Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya is the safest place for women in the world. This is not only a University, but it is also a global family and community where women are honoured and respected. They administer very successfully the biggest Spiritual Organisation in the world. First of all, these women transformed their lives and, now, they are busy in inspiring the transformation of the lives of lakhs and lakhs of people in the world irrespective of the differences in their castes, creeds, religions, languages, regions and nations. ❖

## HAPPY NEW YEAR

— **B.K. Vikrant, ORC, Delhi**

Wishing you all a very Happy New Year;  
May this year free you from all evil and fear.  
First love yourself and find others loving too –  
That is the key to Happiness, which others fail to do.

Fly like an eagle above the rainy clouds;  
You'll achieve your objectives without doubts.  
Try to enjoy life this year to the fullest,  
For hurdles may be at their biggest;  
Overcome them with courage and sanity;  
For it is the gift given by the Almighty.

Build good relations with loved ones and others you meet,  
It is, then, they will also give you a royal treat.  
Wealth may shower upon you like rains,  
But don't let ego creep into your brains.

Let each day of New Year brings something new for you,  
And brings out the dormant qualities within you.  
Humility, Affection and Forgiveness – the valued treasure,  
Use these tools in life, and you will find pleasure, be sure.

This year, may Lord fulfil all your dreams,  
A smile may light your face like the sun-beams.  
From the core of my heart to all near and dear,  
I convey hearty wishes for you a Happy New Year.

# MY PERSONAL SPIRITUAL EXPERIENCES WITH BRAHMA BABA

–B.K. Mohan Singhal, Mount Abu



**B.K. Mohan Singhal**

**W**hite clothes, fair complexion, broad forehead, eyes dipped in Godly affection, face smiling, steps with Godly gesture. From a certain distance, it appeared as if some creature from the divine world has stepped on this planet earth. Such was the divine personality of Brahma Baba to whom I met in the end of the year, 1962. At that time Baba had been to Kanpur and I was studying in B.Sc. in Lucknow University. I had started following spiritual path just a few months back. All B.K. brothers and sisters had come to meet Baba and to listen

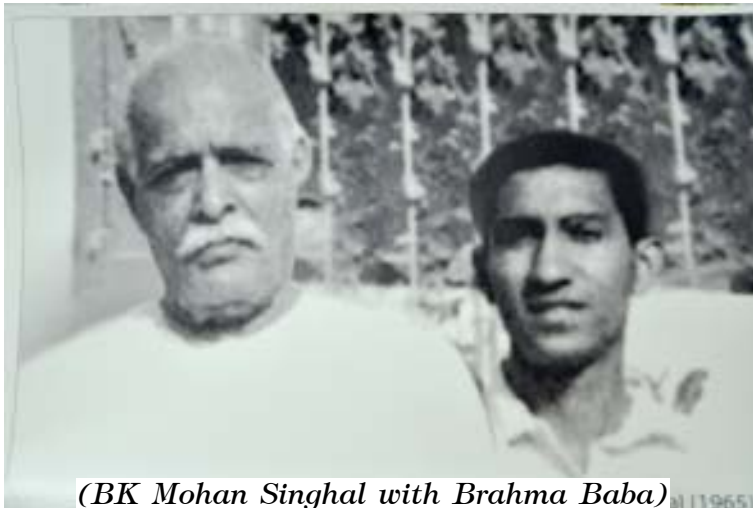
to *Murli* and I was amongst this group.

## **My Name ‘Shri’ was replaced as ‘Mohan’ by Baba**

When the bus reached late at Kanpur, I also reached late at the destination and then the spiritual preaching of Baba was about to conclude. After his preaching, all the B.K. brothers and sisters met Baba. Baba was meeting one by one and was giving *Toli (Prasad)* after enquiring about their wellbeing. At last, my number came. At the very first glance, Baba said to me, “Come dear! Baba has been calling you since long, and was

waiting for you”. I could not understand the hidden meaning of the statement and replied that bus was late; hence, I also got late. Baba again repeated the same sentence making me understand that Baba meant the ‘Unlimited’ but not the ‘Limited’ meaning and is relating to entire *Kalpa* and *Sangam Yuga*. During the meeting Baba asked me, “Child, what is your name?” I replied, ‘Shri’ is my physical name. Baba again asked, “What’s your name, child?”

In a high pitch, I again repeated the same name. Then Baba said, “Even Baba cannot use ‘Shri’ in his name because ‘Shri’ is used for God, the Supreme whose only Soul is the Holiest and Purest. This time neither any body’s soul nor anyone’s body is holy or pure. That is the reason nobody has the right to call himself/herself as ‘Shri’. From today onwards Baba renames you as ‘Mohan’ and from now onwards you have to become like ‘Shri’– Do you understand?” In the first



(BK Mohan Singhal with Brahma Baba)

meeting only, as if Baba had given me my natural and supernatural introduction. Baba embraced me out of affection, gave me his lap, put his hand on my hand and gave me *Toli* to eat. I cannot forget his love and intimacy even till today.

**The sensation of coming close and closer to Baba**

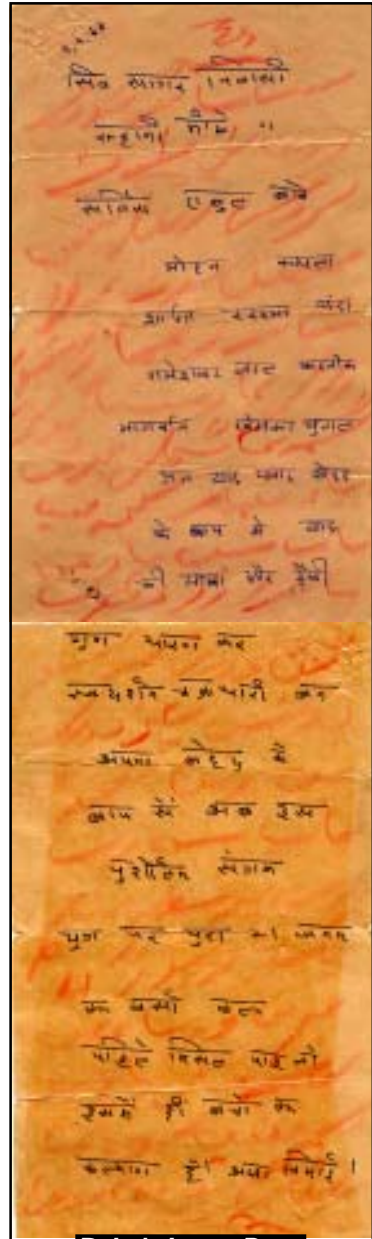
In 1963, after getting selected in an Engineering College, “Indian School of Mines Dhanbad”, I had to join there for studies. Before going there I asked Baba, “Since there is no service centre in Dhanbad, I will have to live and take meals in hostel. So, I feel guilty of taking outside food”. Baba said, “Child, if you will eat in remembrance of Baba after giving *drishti* (sight), then it will turn pure. When in the remembrance of Baba if we can create sacred world, then can’t we cook sacred food? On one side Baba gave courage to follow path of natural and supernatural studies, clarified the knowledge path and, on the other side, also helped me in building nearby service centre Sindri. After a few years, a service centre was opened in Dhanbad too. For the next 3 years, arrangement of food for me was made from service centre only. From the *ashram*, tiffin was regularly sent to hostel. In the very first year of

my studies, my friend Vinod Kumar Jain also became Baba’s child with me and, in this way, we both got nurtured in the path of knowledge for 4 years. During these years, we got opportunities several times to meet Baba. We met Baba twice in Delhi also, besides Madhuban. Once at Mr. Mathur’s bungalow where Baba stayed and another time during exhibition at South Extension in New Delhi. Every time the affinity of coming closer to Baba got strengthened.

**Baba’s letter used to come every week**

In 1967, after completing my studies from Engineering College I got selected in O.N.G.C., and after the initial training at Dehradun I got the posting at Sibsagar in Assam. At that time, there was no B.K. centre at even a single place in Assam and in the north-east. Out of joy, enthusiasm rendered by Baba, I was made to understand that I was being sent there by Baba only as good number of innocent children of Baba are waiting there for His message. “You have to give His message there, after finishing this task Baba will call you back.” On reaching there, in fact, I was amazed to see His wonders. Every week Baba’s letter used to come, out of which

many of those letters I still have with me. Baba used to write to me to deliver speech in Rotary;



**Baba's Letter Page**

explain with the help of pictures/ photographs in temples; sit near Shiv Sagar Lake; many



followers will come; preach them decently, etc.

**Service through dedication**

I, too, every day obeying Baba's order used to serve as his true child, and within a span of 3-4 months many children of Baba turned up. Among them, many were Marwari mothers. All used to attend class in the hall of temple daily. It is my experience that if we dedicate ourselves in Baba's service without any selfish motto, then Baba himself accepts our offerings as his spiritual children. Since I had gone to Assam from Dehradun, I was in regular touch with Prem Didi with whom I used to get regular preaching (*Murli*) of Baba. During those days, spiritual museum was under construction at Dehradun, and I was called there for some time. After taking leave from my physical work, I reached first at Dehradun, and then, with my physical father, reached at Madhuban in the morning of 17th January, 1969. I feel myself lucky indeed to get the opportunity of experiencing Baba's simplicity and visualize his *karmateet* stage there.

**Used to know everything without even telling**

Earlier in 1962-63, Baba used to give us ample time to meet, used to listen us patiently and then used to express his

thoughts. But, later on it was being observed that Baba was turning more and more introvert. In a limited time, he used to reply the questions of children after meeting them. We met number of times with Baba on 17th and 18th January. We experienced that Baba gave *drishti*(sight) and we used to get answers to many of our questions without bringing to his notice. At times, it so happened that we were not even used to utter a single word and Baba solved our queries in a few sentences. This was the result of Baba's *karmateet* position. When the soul is in its divine position, then complete victory is achieved over desires and, gradually, it changes into a desireless position. In such situation, when we are desireless, then one can easily read the desires of others and can easily resolve them. That is why it has been said, "if you conquer your mind, you conquer the whole world."

**Very Sweet Child**

On 18th January, 1969 Baba had not given his *Murli* Class; only meditation class was conducted in the morning. On that day, the night class was rescheduled by 1.5 hours earlier.

Usually, Baba coughed, but on that day during his whole night class Baba did not cough

even once, which was indicative that after reaching to *Karmateet* position, victory of 'power of yoga' on *karmabhog* is achieved. While attending that *Murli* class, a thought came to my mind that Baba should speak something about myself. Interestingly, after a while Baba declared, "He is child Mohan, a very sweet child. He will never blame others and will become complete". During that night class, Baba mostly preached, "Whoever blames us, turns to become our friend". I always try to remember this preaching of Baba. After *Murli*, Baba stood at the gate of History Hall and said a new thing, "Baba takes leave and bids good bye to the children". Such words were never spoken earlier by Baba. In the early hours of the night of 18th January, 1969, Baba left the body and on 21st January, 1969 in the afternoon, Baba was cremated. Even after 3 days, his body was shining as before; neither the body turned black nor it exuded foul smell. This indicated his victory over the five elements of nature (earth, water, air, fire and ether of which this body is made up of). This teaches us that we should also become like him. ❖

|| From the Melodies of Mateshwari Jagdamba Saraswati ||

## TO SAY “GOD IS OMNIPRESENT” IS TO DEFAME HIM



**W**e all are limited beings. There is nothing in the world that can be present everyone. But the qualities and attributes of God are unlimited. God is also a Soul, but He is the Supreme Soul and is the Ocean of Knowledge. He has in Himself the knowledge of the beginning, the middle and the end of the Cycle of the World Drama in which all the souls play their roles. He comes at His own time, and gives us this knowledge. He fills strength in us through that knowledge, and we attain peace and happiness in our life. He is the One who transforms us through knowledge, the One who knows the *karmas* of all. He is a powerful entity, and how can He be omnipresent in everyone and in everything?

If God were present in everyone, His qualities should have been present in all and everyone would have been all-knowledge-full. When God's qualities and His powers are missing in human beings, how can we say that God is also



Mateshwari ji

present in them? Therefore, to say that God is omnipresent is to defame Him. If He is omnipresent, what benefit do we get?

Yes, definitely, soul is present in each of us. We souls become *sattopradhan* and *tamopradhan as well*. When the soul is vicious or *tamopradhan*, the actions are wrong; and this is evident in today's world where we lack happiness and peace. There is no question of God being omnipresent in this world of imperfections. Each one of us has our *karmic* accounts. We are experiencing the fruit or the

result of our own *karma*. What sense does it make when one says, “God is omnipresent”?

### It is not God's Consciousness that runs the body

Many people say that it is God who is present in us in the form of conscious power. If we do not have that conscious energy, we cannot move our hands and legs. They think that it is God's consciousness. However, this is not so. Soul is also a conscious energy; soul has consciousness in itself, doesn't it? Soul is also known as the truth, eternal, immortal energy and is the embodiment of qualities. If the soul leaves the body, can the body do anything? So, it is the soul which is the consciousness. It speaks, walks and works through the body. When that soul leaves the body, the body becomes a non-living thing. The soul leaves one body and enters another, and this is how it experiences life birth after birth.

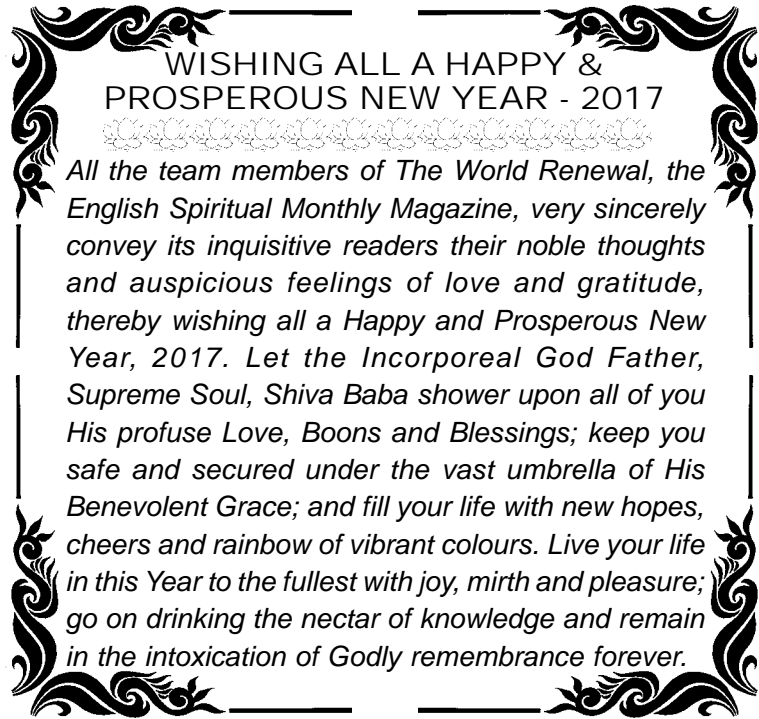
This is to understand that soul is a conscious entity having 7 qualities. It is not that only God is consciousness; so to believe that the body moves through the consciousness of God is wrong. The body moves through the consciousness of the soul. This is why it is very important to understand who God is, and

what His tasks or responsibilities are. Although God is believed to be worship-worthy in Bharat, this becomes a *blind faith* or *belief* when it is not understood accurately.

**God never becomes  
Tamopradhan**

It is often shown in the pictures that even the deities worship the Supreme Being, God Shiva; which means He is remembered as a greater Authority than deities because He came, gave knowledge, and transformed human beings into deities. Actually, it is not that the deities sat and worshipped God Shiva; it is a memorial of the task of transformation that He performs during the Confluence Age – the Age of Transformation. The artists have made such pictures to show that God Shiva is higher than the deities, because He transformed impure souls into worship-worthy deities.

We have to understand all the pictures in their true sense: Who is God? Who are we? How do we souls come down, play our part and undertake our journey from being *sattopradhan* to *tamopradhan*? We should also understand that only souls have to become *tamopradhan* and *sattopradhan* because the Supreme Soul is beyond the



cycle of birth, death and rebirth; so He remains Ever-Pure, Ever-Constant; and there is no question of His downfall. That is why He is praised as God, the Highest of high; it means that He is the One who also makes us, the human beings, higher or elevated. He makes us so elevated that there will be no human being higher than us.

**You have to sit peacefully  
and understand the  
knowledge**

Who are the highest-of-high among the human beings? The deities. Who made them so? God. A human being cannot make another human being the highest or the most elevated;

only God does this task, so He is praised as God, the Highest-of-high. How can God, who makes us elevated, be present in everyone, including the greatest and the meanest? All these things have to be understood clearly.

Such things cannot be understood or explained in one attempt only. You need to give time for this. This is not something to be understood in a big gathering, among hundreds or thousands. If you ask in the middle of the class, others' time also gets wasted, so you have to give time, listen well, and introspect deeply to understand these subtle points. ❖

# LUCK IS VERY MUCH OUR OWN CREATION



—Mrs. Manjula Bose, C.R. Park, New Delhi

The word ‘luck’ or ‘destiny’ creates a mysterious veil in our mind. Though we cannot explain it logically, but we surely believe that this mysterious factor called *luck* plays its definite role favourably or unfavourably to some extent at some point of time in our life. We try to grab that unseen luck factor to go up the ladder of success—in business, relationship and in every sphere of life. We try to make our fortune shine with joy forever led by the luck factor.

How a sudden twist in life turned a lab technician to a super star overnight, is an interesting story. Ashok Kumar was a handsome young man, who was working as a lab technician in Bombay movies completely unnoticed. One day the lead hero *Najam-ul-Hussain* at Bombay Talkies failed to turn up at the *mahurat* of the movie “*Jeevan Naiya*”. The director, Himanshu Rai, was in a tight corner; hence, he urged Ashok Kumar to become a hero, and despite the protest from Ashok

Kumar, he was compelled to be in front of the camera. That first film of Ashok Kumar, “*Jeevan Naiya*” in 1936 became such a hit that Ashok Kumar became a star overnight.

This sudden appearance and disappearance of luck factor makes life interesting and unpredictable. How and when luck favours, and puts one up and the other down in the chess board of life, nobody knows.

Referring to this luck factor, we get a very revealing verse in *The Bhagwad Gita* which says that in order to achieve the goal of all our actions, we need five causes. “The body as well as the agent, the various senses, the different functions of a manifold mind, and the presiding divinity being the fifth of these (Chapter 18, Verse 14)”. We may try to do our best in every possible way, but finally the success or failure depends on the divine helping hand, which we call luck, the unseen force.

According to *The Upanishadas*, whatever happens in this world has a solid

cause and effect theory behind it. Nothing happens by chance.

The theory of destiny or luck explained in *The Bhagavad Gita* and *The Upanishadas* is very logical, interesting, and based on inner revelations of profound souls.

Our general belief is that we can get success and luck in life, with hard work and with greater skills. To some extent, this theory has some validity, but it does not always work. The unknown factor called destiny or luck is explained in Indian philosophy, as a fruit of our present and past actions. Our past *karma* waits for its maturity, and influences our endeavours of present life, at a particular time, at a particular moment to make our action a success or failure. Deposits of our past *karma*, lie deep within, and suddenly come into fruition in present life at a particular time. We call it *karma-phal*, fruit of action. *Karmic* energy never gets lost. Unknowingly and slowly, it gets matured, and when it appears in life, we call it luck. Luck is nothing, but the re-appearance of our past *karmic* energy.

A seed remains under the earth, hidden and unseen for some time, but carries great potentiality in it; at right time, it slowly germinates in the earth, becomes a sapling and plant,



matures gradually, and when times comes, it bears fruits. Those fruits may be sweet and nourishing or bitter and poisonous. It all depends on the inner nature and quality of that seed. What we sow, we reap. The nature's law is: what we give to life, it returns us multi-fold. So it is a wise policy to always nurture positive and constructive thoughts. Speak only the truth and kind words, and do service for the well-being of all. That will make our present pleasant, and future secured with solid foundation of good *karma*. When suffering comes, there is nothing to be scared of, but it is the time to be more conscious of the quality of our *karma*.

Uncertainties and adversities of life teach us to value life more, to celebrate every moment of life, in whatever form they come. We know that everything is like a passing shadow; nothing is going to stay, except our *karma*. Albert Einstein has rightly said, "In the middle of every difficulty lies an opportunity. Only when winds and waves flow high, we get an opportunity to make ourselves good navigators, who can stay calm, focused and centred, and try to find out a right solution."

Some struggle is always necessary for our growth and

progress. When we have to pay back for our *karmic* debt in life, the best way is to do it with dignified calmness and kindness in heart, even for the wrong doer. By reacting with anger and aggressiveness, things worsen; and by holding back our anger or resentment, we feel suffocated. To make ourselves free from all bondages, the only way is to forgive, forget and move ahead.

We do not realize how we are always being blessed by our Creator. To have clean air, water and sunshine, a disease-free body, loving family and friends, proper shelter and sufficient food to nourish our body—are they not great blessings in life? Is it not wise to be happily contented and grateful for what we have, without being stressed out and running for what we do not have? The lucky star is very much in our hand's reach. All we need is to cherish our life and share the blessings with others.

We get confused to see the fluctuation of appearance and disappearance of luck in life. However, this mixed fortune, can only be explained and linked to

our past *karmic* theory. Only when we connect our present situation to our past *karma*, we get some convincing answers. The soul is immortal; so, when body perishes, the soul carries its *karmic* account from one life to another. There is a saying, "The mills of God grind slow but they grind exceedingly fine." So, every single action will be accounted for, sooner or later.

The good thing about *karma* is that it helps us to make sense of our present condition and gives us the strength to face sorrow and suffering with calmness. It gives the understanding that man is the master of his own life, and the creator of his own destiny. By being positive, creative and wise, one can change his life and can make it shine like a lucky star again; and with strong willpower, one can also change the course of events. Everything is possible. It all depends on positive outlook, inner wisdom and strong will power. Being lucky or unlucky, ultimately depends on our choice – the choice to respond to people and situations at every moment in life. ❖

A MOMENT OF SOLITUDE  
**When I start the day with a moment of solitude  
 and contemplation, even the most crowded  
 schedule runs more smoothly.**



## HEARTY INVITATION



for  
**Celebrations of 80th Anniversary of  
Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya**



**THE EVENT:** The divine family of Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya is proud to hold the **80<sup>th</sup> Anniversary Celebration** of this global spiritual organization after having successfully gone through its glorious, long pilgrimage of establishment, expansion, and wonderful service to humankind during the past 80 years. On the occasion of this Anniversary, we are organising an **International Conference-cum-Cultural Festival on “God’s Wisdom for World Transformation” from 26<sup>th</sup> to 30<sup>th</sup> March, 2017 in its Shantivan Complex.**

The bygone golden period of 80 years has recorded the successful results of the highly elevated guidance of Supreme Soul and His corporeal medium Pitashri Prajapita Brahma. These attainments are well deserved because of continuous effort and benevolent path trodden courageously by our respected Dadis and the renunciation, *tapasya* and world services rendered

benevolently by our senior brothers and sisters who have played a very prominent role in raising the organization to its peak of spirituality.

**THE PARTICIPANTS:** Many prominent personalities from different fields such as science, technology, politics, religions, spirituality, judiciary, media, industry, art & culture, sports, medicine, education, economics, administration, etc. from all over India and different parts of the world are invited to participate in this historic occasion.

**ITEMS OF THE EVENT:** It is already planned to celebrate the spiritual teachings, concepts and services of this Ishwariya Vishwa Vidyalaya in the form of festival which includes spectacular presentation of songs, music, plays, dances, light and sound shows, etc. with God’s Message for mankind.

– **B.K. Mruthyunjaya**, Executive Secretary, Brahma Kumaris, Mount Abu, Rajasthan, India

### ***Information for Online Registration***

Outside participants are to contact Local B.K. Centre/Branch for registration or contact H.Qrs.: Value Education Office, Anand Bhawan, 3rd Floor, Brahma Kumaris, Shantivan Campus, Abu Road, Rajasthan (India) - 307 510, Email: [bkiccf@gmail.com](mailto:bkiccf@gmail.com); Mobile Nos.: +919414154848, +919414152358, +91 94141 52358, +91 94133 84876, [www.accom.bkinfo.in](http://www.accom.bkinfo.in) (only for Brahma Kumaris)

# BE FREE FROM NEGATIVITY

– Sister Padmapriya, USA

**D**o you feel that you are constantly surrounded with negativity? Do you feel that you easily get influenced by the external environment? Do you get disturbed after hearing your friend, who downloaded a negativity-filled gossip into your system? Do you feel helpless in saying ‘no’ or in avoiding negativity? Then, the solution is: See but don’t see.

This slogan is taught to us by God Shiva, the Supreme Being. We cannot stop or change the situations outside nor can we stop someone from being negative. But we can always put a lock on our inner being in absorbing it. We can see the wickedness, bad intentions and vibrations of other people but what we do with it is all that counts.

The first step towards protecting the inner self from any negative energy is to be aware of what is going inside the mind. We need to be conscious of the thoughts that we are creating every moment. For this, one needs to assess one’s own

inner world with the following introspective questions:

- ▶ Do I constantly complain?
- ▶ Do I often discuss what’s wrong in the world more than what’s right? This includes the ‘terrible’ weather, ‘horrible’ traffic, ‘idiotic’ government, ‘lousy’ economy, ‘stupid’ in-laws, etc.
- ▶ Do I always criticize?
- ▶ Do I play blame-game all the time or in just certain situations?
- ▶ Do I believe that I have no control over most of my results?
- ▶ Do I feel myself victimised? Do I talk about people doing wrongs to me?
- ▶ Do I feel like things are happening to me? Or do I feel that they are happening through me?

All this will give one a gentle reminder of the quality of thoughts that one creates in a given situation. Say at work, I see my colleague getting mad and I am in no way related to it. I am passing by and I observe this scene in my office and process it like ‘Why is this

person mad?’, ‘Why he/she cannot be calm?’, ‘it’s not fair to behave that way’. So I let all these thoughts run in my mind and eventually I get carried away by the feelings of irritation and condemnation.

Imagine this process is happening to me the whole day, at my workplace, on streets, anywhere I go and finally when I reach my home, there is another drama waiting to unfold. All this negative stuff will definitely leave me exhausted and drained out.

One needs to remember that there are only situations outside and it depends on us how we perceive them. We are the master creators – we can create an opportunity, or a disaster. Negativity means all those emotions that create discomfort to us and others like frustration, irritation, fear, anxiety, stress, disquiet, disappointment, ego, and so on while positivity means giving acceptance, acknowledgement, respect, love, compassion, etc.

Instead of criticizing, I can consciously say to myself – ‘it’s alright’, ‘Stuff like this happens, it’s the drama, ‘let me send some good wishes and peace to them’. Rather than questioning, judging and creating my own sense of the situation, I can just accept and go to the next level of

‘giving’, I can give understanding for a short time and move on to my life and script.

But all this needs practice. One needs to experiment with following ways to get rid of negativity and become more positive:

- ▶ One needs to practise Rajyoga Meditation to slow down the thoughts and clear the mind of negative clutter.
- ▶ If negativity crowds your mind, replace it by positive thoughts. Divert the mind by not focusing on the negative exclusively. For instance if you catch yourself worrying about losing your job, stop yourself and divert your attention to an enjoyable game or fun.
- ▶ Try to find things that you are thankful about. That is also an affirmation that you are still blessed by some good things. When we begin to be grateful and appreciate everything in our lives, we shift our attitude from one of selfishness to that of appreciation. This appreciation gets noticed by others, and a positive harmony begins to form in our relationships.
- ▶ Help Others. The most basic way to create purpose and positivity in your life is to begin doing things for others. Helping others will give you an intangible sense of value that will translate into positivity.
- ▶ Walk with the positive people and grow more positive. We are influenced by our

environments and friends more than we realize. Check the people you chose to spend your time with. Do they veer towards the positive end of the scale or the negative? Accompany them if they are positive, but avoid them if they are negative. ❖

### GOD'S LOVE

–B.K. Sapna, ORC, Delhi

O' Dear God! you are mine;  
You make me beautiful and divine.  
Your love is so pure and high;  
In your love, I always fly.

O' Supreme Father! You're great  
Your love gives rest to my heart;  
You make me sensible and expert.

Your love is imperishable;  
Baba, you make me deity and worshipable.

It is your love that helps me rise  
That You give me happiness of paradise;  
Only you make me master of heaven and wise.

Your love is great and the Supreme ever;  
I will also become like you, it is my dream pure.  
Now, I feel, you live in my heart ever  
But not anywhere else, it's sure  
O purifier, thanks a lot for so much love and care.

### Call for "Letters to the Editor"

The World Renewal magazine will publish some columns on "Letters to the Editor" from the next issues of it.

Readers are requested to send their letters to "Letters to the Editor" mentioning their opinions, views, comments on the contents, themes, language, style, etc. of the articles and issues published in the magazine. They should mention their name, address, email id., phone and mobile nos. along with their letters, and send the same to the e-mails below:  
**worldrenewal@bkivv.org & theworldrenewal@gmail.com**

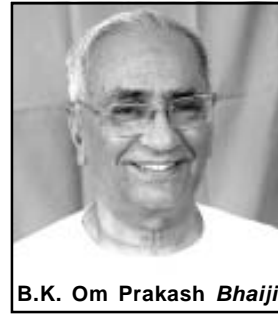
# OM PRAKASH BHAJI: AN EPITOME OF ALTRUISM



(A Divine Tribute)



—B. K. Padma, Tinsukia(Assam)



B.K. Om Prakash Bhaiji

**I**t was in the month of January, 2016, the editorial section of the empirical article “Our Beloved Brother B.K Om Prakash ‘Bhaiji’ of Indore flies to a New Destination” that let me know that *Bhaiji* has left his corporeal body. I was overpowered by a tumult of memories and emotions. I saw him last when he came to meet *Avyakta Bapdada* on wheelchair, 3 years after I had my last interaction with him.

I was just 10 years old when my father informed me about the inimitable and unique gift for girls whose parents belonged to the divine family. He introduced me to Om Prakash *Bhaiji* who

cordially sustained Divine Life Girls’ Hostel at Indore. He also told me about *Bhaiji*’s appearance that resembled *Brahma Baba* except a difference of moustaches. He sometimes came in collective meditation for giving powerful gaze (*drishti*) of peace, purity, tranquillity and contentment to students.

After reaching Indore, the first introduction of newbies (new entrants to the hostel) with *Bhaiji* gave me an opportunity to interact with him. My parents were also there. *Bhaiji* asked me, “Have you have come here of your own will or at your parents’ persuasion?” I just replied, “Parents are there to

provide alternatives but volition rests with me.”

*Bhaiji* was a powerful guiding force and under his leadership, the hostel cultivated an atmosphere of perfection and dedication which helped to bring out the best in each and every inmate. All the festivals at hostel are celebrated with immense love, reverence and affection, especially the festival of *Raksha Bandhan*. In the evening, we used to perform dances, dramas and would tie *Bhaiji*’s wrist with handmade *Rakhis*. Being a newbie I got a chance to tie *rakhi* representing my class as I was not interested in dancing. *Bhaiji* would specially be present in each and every festival despite his busy schedule every year. *Bhaiji* used to distribute accolades to the students for good performance in their *laukik* (worldly) studies. I remember the platinum jubilee celebration of *Bhaiji* in the year 2011, the dramatic presentation dedicated to him which reflected his early life with *Mamma* and *Baba*.

I pay my heartiest tribute to him for enriching us with divine



characters, for our all-round development and for making us know the tact of living a disciplined *Brahmin* life. He used to regularly narrate in the Sunday classes the explanation of *murli* points and would share his experiences with *Mamma* and *Baba*. He was an impetus to bind the divine family with power of unity and love. Maybe because of this, it became very easy for many sisters to adjust with the divine family in spite of coming from diverse backgrounds, cultures and *sanskars*.

His noble presence, kindness and assiduousness towards *yagya* and its related subjects, the feeling to utilise each and every bit had a deep impact on me and brought me closer to *yagya* and the divine family.

He was well recognised by eminent personalities of Indore because of his untiring efforts towards bringing positivity and spiritual awareness in the society. Because of his persuasion as chairperson of the Media Wing, the journalists of Indore were committed to publish positive news every Monday and it was possible only because of his splendid endeavour. He was not only a spiritual pioneer but also an expert administrator and created a network of B. K. Centres across various cities and villages of Madhya Pradesh, Chhattisgarh, Rajasthan and Gujarat. His deeds and inspirations are enshrined in our memories, enlightening our paths. ❖

## CONCENTRATION POWER

–B.K. Usha, Kampli (Karnataka)

**S**ometimes people feel that it is very difficult to concentrate or focus on a task, job or goal or one's work due to preoccupation with extraneous matters.

It might be problems in relationships with colleagues, friends or family members or any other issue that is preying on the mind. Such preoccupations pull our attention away from the matter in hand, thereby leading to drastic results.

To develop the ability of concentration, one needs to train one's mind and focus on the quality of thoughts. Stabilizing the digressive thoughts is nothing but concentration. When we concentrate on any pure thought, it starts to stabilize the mind, which brings peace of mind. It is just like when we drop a coin in muddy water, we are unable to see the coin, but if we drop it in clear water, we can see the coin clearly. Here, it indicates that concentration is possible only when we have clear and positive thoughts, while futile and waste thoughts disturb the inner tranquillity.

When the mind is silent, there is happiness inside and outside. It is a great asset and advantage to be able to silence the mind when its services are not needed. This can be achieved through the practice of Rajyoga Meditation, in which we concentrate on one thought: "I am a peaceful and powerful soul, receiving powerful energy from my loving Father, the Supreme Soul" and, thus, gain the concentration power.

When we concentrate on this one thought, other thoughts begin to slow down and thereby we experience peace and calmness. The more we practise Rajyoga Meditation, our ability to focus, judge and to concentrate increases; and this helps us to tackle different situations in our life. It helps us to think in a higher, concentrated way – thinking less and thinking powerful. Pure thoughts generate a lot of clarity, focus and spiritual force which helps to achieve success in life. ❖



# CHOOSING BETWEEN THE ICE AGE OF FALSEHOOD AND THE SUN OF TRUTH



—B.K. David, Paignton, England

**D**o you live with A/C or get electrocuted easily with D/C? Are you aware of the greatest secret in life? Do you know the answer to successful living? Have you got frost bite in your mind? Are your thoughts towards everyone always loving?

Knowing yourself truly as you are is to know the greatest secret in life. Many think they are the body but with that they live with the greatest lie. Living with such falsehood might, for most of them, seem harmless yet it is to be walking on thin ice in the afternoon when the sun is at its strongest.

People are now at their weakest and they will carry on growing weaker as the sun of truth grows more visible and more intense. Everyone is seen to be wandering around in life getting further away from, truth by trying crazy things as they try to search for peace and happiness. The lives of all have become increasingly poor, shallow and devoid of anything good.

## **The Ice Age has returned**

People seem only capable of playing on the ice, sliding and having fun. All might seem right and innocent yet only when they fall through will they realise how unnatural playing on that ice was. That thin ice of vice for them is a sweet cake to be eaten as often as possible. They cannot see the health implications associated with this form of playing as they have become morbidly obese and diabetic and with that they have become blind and helpless to reform themselves. If they do not stop and change their ways and poor habits immediately (in the next week), they will end up needing surgery when they fall through the ice into the freezing water of no return.

## **Stop being a playboy for the stupid**

Only when a person falls through (becomes so unhappy) the ice will he/she realise their mistakes and might only then wake up and want to start to change. The real wisdom is to change before you fall through the 'ice of vice'. If you are told

that if you beat your head one more time against the wall you shall die, and only then you stop but can that be said to be wisdom? What shall you call the person who eventually stops repeatedly doing some mindless activity that has taken him to being one step away from death? I see that person not as wise, but stupid. Most people I meet in life are both stupid and unwise. A few only in life can be said to be God's true children.

## **Don't hit head against wall**

It's a pleasure to walk along the beach in the sun in contemplation of life, of God, and of being happy knowing you are walking in the right direction, keeping the highest company. It is truly wonderful and greatly fortunate to be living on the right side of life while looking at a world that walks and crawls on the wrong side of life 99% of the time.

## **Candy bar philosophy**

The brick wall of vice stands in front of everyone all day long and they cannot seem to walk past it and resist the temptation to jump over the wall and try and experience some of its pleasures.

The result of hitting their heads against this wall is very apparent and easy to see as this wall robs them of all their happiness and gives them a constant headache and

sorrowful life. It is very unfortunate that they cannot see this wall of vice as a wall of pain. Rather, most see vice as good, as some mirage flying a red flag of goodness that offers much happiness and pleasure for them amidst their boring grey world. Vice, in the eyes of people now, is like a candy bar to be pursued, gained and eaten. Their philosophy, if there is one, is: the more candy bars to be had in a day the better their life can be. The world now operates and functions on this very simple and basic *'candy bar philosophy'* and is definitely most people's normal thoughts and pursuits in a day.

**The pursuit of vice creates hot footprints on the ice**

It would seem most clear that the 'head of ignorance' and the 'wall of vice' go together as naturally as what the driver and steering wheel do when the driver gets in the car to drive.

**'Upside down man' drives wrongly**

Driving (living) should be natural but it where the many drivers want to go that is so unnatural. The driver wants only to drive on the ice of vice and is controlled by the steering wheel of bad habits and has now lost all control and direction of where he goes in life. He wants to drive down a road of constant

happiness yet repeatedly crashes head-on into the wall of bad habits. The horse is in total control of the rider and dictates where the rider goes and at what speed. The rider is at the mercy of the horse (bad habits) having lost all control of the reins. The car drives the driver about and it is this sad fact which is all the proof man should need now having got the greatest lesson in life completely wrong and upside down, inside out and back to front.

**Only by living the right way can you constantly smile**

It is this huge mistake of being upside down and living against nature's correct way and truth's natural laws that cause all his suffering. Man lives upside down and wonders why he is so unhappy. Going against nature as man does, is like putting your head in the lion's mouth that has not eaten for two weeks! Everyone lives and walks upside down with their heads in the lion's mouth.

Pure realisation is the fuel and plane that can fly you to the new world. Falsehood and misconception cause fatigue and use up all your energy (fuel) and leaves you only able to crawl round chasing after dirty straws of attainment. This fuel of straws is man's main diet of poison which feeds and sustains

him on a daily basis.

There is a Godly fuel to be had that can uplift you to rocket statues that can fly you to the stars. Yet most fill themselves with alcohol or beef juice to fuel their lives and, thus, they cannot fly anywhere. This fuel ultimately drives people to the doctors and hospitals and lies at the heart of all their ill health and causes them to waste their lives away.

People put diesel (meat) in their petrol cars (body) through ignorance and ruin their lives.

We are spiritual beings and should treat ourselves with great respect but man gives himself human fuel and thoughts as a result of this wrong thinking.

It is wrong to think you are good by accepting the vision of yourself and your world on the basis of your wrong thinking and impaired vision. Impaired vision will fool you at every step causing you to trip up continually and not allow you to move forward in life happily with no worries as whatever you see might be false. If you bought a diamond ring and later found out it fake, how would you feel? What would you call the man who walks round thinking he has £100 in his pocket but only has 20 pence? This is similar to people walking round today thinking they have wealth or are so great when they are not.

**The windscreen of your mind needs to be clean**

You need clear vision that can only come from a clear and honest mind, if you wish to see yourself very clearly as you truly are and to know if you are so good or not so good. Without clear vision you may think you know where you are going until you fall down into a hole that was clearly in front of you which, with impaired vision, you did not see.

Only by walking the path of truth can you gain such clear vision to see ‘all things good’ and be aware of ‘all things bad’. Only when you can see clearly can you aim and achieve a clear and good future. On the other hand, unclear and poor vision lead you to hell and sorrow.

A person needs two legs (full awareness, and not half awareness) to walk the road of truth, as opposed to hopping around in circles on the hot road of falsehood.

People grow more legs and go in every direction with the poor company they keep. Their attachment to their friends and family influence their legs which keep them going round in constant circles of sorrow.

Brave is the one who can walk alone on the path of truth. He will develop two strong legs from his strong mind that will

take him to great places of heaven and happiness.

One should learn not to listen to rubbish or trivial nonsense that is mindless and will throw you in the rubbish bin for sure. Rubbish taints mind and sinks you and drags your goodness down with it.

**God’s Airline never crashes**

Everyone is caught up with the vices and encouraged to fly the plane of falsehood. The fuel used by **Senses & Falsehood Airlines** is extremely polluted and crashes are very common. Only God’s Airline uses double refined fuel to fly His many planes all over the world.

**SpiritualAirlines.com** is run by God from His India HQ and when flown, no crashes happen. God’s planes are piloted by whom? By His Airline staff, of course. For whom do you work? A bus company, a taxi firm or shoe shop?

**Do you fly in a cheap seat?**

Flying with **Sensual Airlines** will make no sense at all when their passengers start to fall from the sky exhausted from flying round the world in search of happiness. Plus their false oxygen supply will make them feel sick and weak. The meals served on-board unknown to them, are poisonous.

Flying with the ever popular

**Sensual Airlines** that gets your attention and custom most easily, you will pay for your cheap seat by direct debit for your inflight pleasures of vice. You cannot parachute out of this plane to try and escape paying for your flight as you are handcuffed to the vice within.

**Buddu and Christian Airlines** will always welcome you as they have far more planes than God and will promise to take you anywhere; yet you’ll end up going nowhere, except round in circles.

The wise will book all flights with God and get their own invisible plane piloted by God? Where in this world would God take you? Do you not think God has the ability and map to fly you to another world? God’s Airline is **Wise Airlines**; and not **Buddu Airlines** with its endless queues of ignorant people wishing to fly with them to escape their monotonous lives.

**Satisfying your senses creates dizziness**

Only when it is fully understood that it is satisfying of the five senses that causes dizziness and the subsequent harassment, the vices in a person’s life can disappear.

Each and everyday people are forever busy chasing their tails; little realising it is their senses and lack of control of

them that is the root cause to all their spinning and consequent problems.

No expense is ever spared in their pursuit of satisfaction and happiness. If only people could get wise and apply that is a medication and zest to more worthwhile goals that give far more lasting rewards, then and only then, could they be happy.

Everyone wants to swim (live) in happiness and think that by filling their pockets (senses) and shoes (feelings gained and awash from materialism) fully and constantly, they will be better swimmers and happy. This lead they place in their pockets and shoes will only make them heavy and sink. Only truth can make a person light and buoyant – safe and unable to drown himself/herself.

**Come, Fly with Me**

Do you fly the flag of truth now, this instant, today, and every day? Do you fly up above with **New World Airlines** in God’s blue sky in-between the negative clouds of anger and artificiality that are all around you? This Godly Airline has departures to every destination on earth taking off every minute.

It will be to your credit if

you jump on-board this Airline today, right now, and whilst flying high drop the leaflets of truth to all below that says: “God has come. Stop what you are doing and now follow God and His teachings.” Each leaflet dropped will have this Godly instruction and introduction on it with His website and addresses of local centres. All this Godly information should be contained very clearly on your forehead and visible in your eyes for all to read and know where to go.

**A happy face is impossible to see today**

Do you walk around vibrating and spreading your happiness into this world? Do you ever fall down from the Godly Sky to this world of sorrow? Can you see everyone crawling on the floor in ignorance? Do you fly whilst at the same time able to see them on their knees? It should be very easy for you to see their suffering on their faces.

It is incredibly rare to see a happy face as it is just as rare to see a two legged cow standing in a field knitting gloves.

**Your mind’s factory will make what you fill with**

The power of your mind can send people a gift of pure

good wishes; as if they are stood next to you and you handed them a box of chocolates. Making people happy should be your main job and profession in life in whatever way you can.

Perhaps, in your life it is not easy to be stable and giving; and often you may fall down into the sinkholes under you. Vice can strike at any time and you need to be strong to strike back at it.

**The holy do not fall down into any hole**

The holy amongst us are those who walk in peace and love; who, in much the same way allow themselves to be totally guided by God. The BIG difference being that the holy stand on a sacred launch site that will take their rocket (soul) to the stars with God. The holy ones will never fall into any hole like the people easily do today, but will always go up.

Godly children have the might of God and have the possibility of being ever happy whilst everyone else might have man’s might and only be happy one day. Man’s ‘might’ and God’s ‘might’ are worlds apart. In whose world will you step in today? Man’s or God’s? Decide now. ❖

# EMANCIPATION FROM THE BONDAGE OF GIVING AND GETTING IN RETURN



—B.K Sujoy, Durgapur

*“The foolish are like ripples on water, for whatsoever they do is quickly effaced; but the righteous are like engravings upon stone, for their smallest act is durable” - Horace*

**T**hough I am not a village boy but for my teaching job, I had to shift to and live in a village; I have been living there for the last seven years. The nature and tiny natural phenomenon of village life always inspired me to get myself related to spirituality. There is a big mango tree on the way to my school and in summer season, it is laden with a lot of mangoes. One day, while I was returning from the school, I saw a boy throwing stones at the tree till mangoes rained down on him. What struck me was that while the boy was hitting the mango tree with stones, the tree was giving him fruits in return. The incident emancipated me from an inner bondage of giving and getting in return.

In Rajyoga, we are taught that we all are souls irrespective of caste, creed and gender and are acting on this world stage of eternal drama of life. So, we should not be affected if someone throws stone at us in

the form of criticism or indignation. Rather we should stay true to our roles and concentrate on what we should be doing. We should try to be like the mango tree that only gives without any hope to get anything in return. This would not only epitomise the highest values in life but also portray greatly our intellectual and spiritual development.

In the present world, someone or the other is supposed to throw stones at us. If we react negatively, we will get nothing but anger or pain in return. But, if we curb negative reaction on our part, we will demonstrate certain great things – the spirit of tolerance, the spirit of forgiveness and the capacity to maintain our positivity even in negative situations.

The virtue of tolerance is a very important quality. The more we cultivate the power of tolerance within ourselves, the more we will be content with ourselves and others. To be

content means to attain success and to be happy with our limited means and resources. The regular practice of Rajyoga helps us to travel on the path of self-change with determination and happiness, without getting tired. On the path of spirituality, we are made to comprehend that difficult, trying and surprising situations are nothing but the side scenes or distracting scenes which tend to prevent us from fulfilling our life’s aim of making ourselves perfect. In such situations, those who stay in the remembrance of the Supreme Father, the Ocean of Love and Peace, would naturally overcome the upheaval within and make their life blissful and cheerful.

In short, the art of Rajyoga which is being imparted by God Shiva Himself, is guiding me to live a life of elevated awareness. I have understood that we are living in *Sangam Yuga* – the most favourable period of World Drama. This is the time in the world drama when all existence on our planet turns from negative to positive. This is the time to close our negative accounts and to fill ourselves with such qualities and virtues that will allow us to create a fortunate and elevated destiny for the forthcoming births in *Satyuga* and *Tretayuga*.

# THE PHILOSOPHY OF VASUDHAIV KUTUMBAKAM

– B.K. Prarit Tandon, Gomtinagar, Lucknow

Conditions in the world today are certainly troubling: wars between countries, conflicts within countries, plus a growing threat of international terrorist acts are looming at large. People in a number of countries do not much like, or even strongly hate those from different culture, race, caste or nationality, even to the extent of wishing violence upon them. Watching this situation, one is reminded of the extent and seriousness of the problem of prejudice prevailing widely in the world today.

Attitudes of prejudice toward those of a different race, nation or religion can start simply as distrust, which can then deepen into dislike and deepen further into hatred, which can turn into a desire to inflict injury. Are we born with such attitudes? Certainly not. As children, we are taught at home, at school and even in some religious institutions, the philosophy of *Vasudhaiv Kutumbakam*. *Vasudhaiv kutumbakam* is a philosophy that inculcates an understanding that the whole world is one family where lie the

basic values of love and harmony, co-operation and mutual support.

According to the *Vedic* tradition or spiritual education, God has gifted intelligence to man. Let us make full use of this intelligence in uniting the mankind rather than breaking it apart. The best thing is to begin with children. Let us sow the seeds of love, universal kinship and patience in the minds of children.

Why do you say, “This country is mine, that country is yours?” Why do you not say instead, “The entire universe is ours? Are we not foolish to fight with each other in the name of religion or nationality?” When the entire universe is ours and the Almighty God is One, there is hardly any sense in fighting with each other and destroying His Creation. Think over it. The Indian wisemen and prophets have been giving the message of *Vasudhaiv Kutumbkam* before ages till now. We need to inculcate the values of unity, love and belongingness to build a new world.

It is also very necessary to teach our children about the

importance of purity in life. The need of moral education is a must today. Young children have impressionable minds and we should try to develop a spiritual outlook in them from a very young age. We should help them think good and positive and also develop and inculcate benevolent values, principles, virtues, qualities, etc.

The joint family system of India has been a great example of unity in diversity. In Indian homes, it is almost normal to see a big family living together with the grand-parents. They are of different age, yet they are all united and happy. All this is due to the great teachings and habits inherited from generation to generation.

The cause of today’s dangerous situation is body consciousness and lack of human and spiritual values. What is needed is to have a prejudice-free consciousness or soul consciousness – an open-mindedness – that sees the divinity in all instead of differences based on ethnic backgrounds, languages, religions, or nationalities. It is by understanding the true spirit of *Vasudhaiv Kutumbkam* that world peace can be restored in this world. Today, the world is on the verge of destruction. Every country in the world, in the name

(Contd. from page no. 34)



# **MONISM IS A DIVINE REALITY: AN INTERPLAY OF CORE AND PERIPHERY**



– **BK Kishan Dutt, Shantivan**

**T**he monism is the philosophical experience and observation. Swami Adi Shankracharya ji had laid down this belief of monism. In monism, the monists believe that there is only one divine power. It pervades all over the universe (cosmos). Everything (gross or subtle) has been created by the divine power. Their belief explains that the divine power is Omnipresent and Almighty. They call it *Brahm*. They say that *Brahm* is the only truth and everything else is untruth; the falsehood (*Maya*). You are that *Brahm*. They believe in non-dualism (monism). The monists think that we are completely hypnotized with the nature. We see this world in a hypnotic state of mind. We live in a deep hypnotic stage of mind. They believe that the self-deception and other worldly attractions must be abandoned. *Brahm* is the only thing which is attainable. They say that going after the fulfilment of physical things is like going after rubbish. They want only liberation and do their efforts to attain the liberation from the futility of birth and death.

Similar to this, there is another principle propounded by Vallabhacharya which is known as '*Shuddhadvait*'. They believe that there is only God, and matter and *jeeva* (souls) are created by Him only.

There is a philosophy known as dualist. They believe that there are two kinds of energies. The first one is physical (gross/subtle) energy. The second one is consciousness. The *consciousness* is *metaphysical* entity. A metaphysical entity which has the conscience (discretion of right and wrong) is called consciousness. The dualists believe that this whole universe is a play of these two energies. They think that we have been trapped by the various forms of physical energy. Our indulgence in physical passion is the root cause of our sufferings. They believe that our consciousness (soul) can conquer the physical passions through the spiritual endeavour (*yoga sadhana*). They believe that by conquering over the physical desires, soul (consciousness) can be liberated from the physical bondages.

There is another philosophy

known as *davit-advait* (*bhed-abhed*) which is similar to this. In addition to this, there is a different dimension in its conception.

There is another division of souls who believe in the energies in trine. That is called as *Vishishtadvaitya* propounded by Ramanujacharya. They believe in three eternal realities: Consciousness, Matter and God.

However, with due respect to all the theories, the real knowledge about the Eternal Secrets of Life is given by only God, the Incorporeal Supreme Soul (God Shiva). He gives knowledge about the self, His Own Identity and about the World Cycle. There are three eternal realities. The world where we live is an eternal stage which witnesses the interplay of three realities: Souls, Matter and God. These three energies play their roles in the Eternal World Drama (EWD). On the world stage, within the time and space dimensions, these three powers play their role constantly. It is a non-stop phenomenon. We feel like we are creating this drama by performing our actions. It looks like so, but actually it is predestined drama of three energies. It repeats identically after every 5000 years. It can be called 'The Eternal World Drama of souls, matter and God'. Each and every soul has a fixed part in this eternal world Drama. Even the Supreme Soul

has a divine birth and has fixed role in the eternal world drama. None can escape from it. Everyone has to come on the stage and take the birth at their exact time respectively. The numbers of births that each soul takes may be less or more than those of others.

None can be liberated from the cycle of birth, death and rebirth. No permanent liberation can be attained by anyone. Everyone has to play their role, now and then, when the turn comes.

One has to come back again on this stage, and the quality of actions determine one's happiness or sorrow.

The science says that energy can neither be created nor it can be destroyed. It transforms from one form to another in numerous ways. Similarly, soul is eternal and imperishable and only changes in its purity as it goes through the cycle of birth, death and rebirth. From the ancient literature, we find that what is going to happen, has to happen and had happened before also many times. It reveals the repetition of the history. The repetition of energy transformation goes on and on. It has no end, no beginning. It is an eternal cycle of energy transformation. The energy transformation takes place which we call manifestation and un-manifestation or merger or emergence.

At this juncture, we are in a state where human beings identify with their physical (intellectual) personalities, unaware of their true identity of being a soul, a spiritual being. That is the missing link to be understood in our day-to-day dynamic life. In the physical day to day life, when we come in interaction with others, we are conscious of our body and bodily relations/things; we immediately classify the things. It is not feasible to remain in a segmented state of 'none but one' (monistic) consciousness completely. This stage is so subtle (micro) that it splits within fraction of second. The state of monism (non-dualism) cannot be maintained at the surface level.

In order to divinize our action and enlighten our spiritual being, we need to awaken our spiritual consciousness. We need to remind ourselves of the true spiritual reality until we attain the *Karmateet* stage (Perfection). That is the spiritual effort maker's ultimate goal.

If we stay in the awareness of spiritual insight and combine the soul-conscious state with actions and relations, then there would not be any chaos or turmoil in our life. Everyone would be happy

and would rejoice in the feeling of playing their roles. By enlightening our self, we can play a major role in creating a paradise on the earth-planet. With the awareness of our core reality, we can transform the self, the nature and the whole world.

This divine approach will make us *Karmayogis*. From such *karmyoga* stage, the balanced interplay of core and periphery energies could be realized, which would eventually lead us to the Ultimate Divine Reality. ❖

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of achieving peace and self-defence, has accumulated weapons of mass destruction; but through such weapons peace cannot be established at all. In this dangerous situation, respect for all can only ensure peace and harmony.

So, we should teach our children to think twice before acting so that their actions do not cause miseries to others and that the best service to God is service to human beings and society. God has already descended, arrived and is teaching us how to best serve human souls in this society and world. By understanding His teachings we would be able to unite and serve people in this entire universe. ❖



1. **Gurugram (ORC)**: A Seminar organized by Security Service Wing is being inaugurated by AIR CDME Mr. Tushar G. Desai, Mr. S S Chahar, IG of BSF, Mr. Alok K Pateria, ADGP of MP Police, BK Asha, BK Shukla, BK Ashok Gaba and others. 2. **Gurugram (ORC)**: After a spiritual discussion standing in a queue are Mr. Upendar Kushwaha, Hon'ble Union Minister of State for HRD, BK Lakshmi, BK Falak and others. 3. **Indore**: Sitting on stage in a programme to mark the "1st Ascension Day" of BK Omprakash are Dr. Narendra Dhakad, Vice-Chancellor of Devi Ahilya Vishwavidyalaya, BK Karuna, BK Kamala, BK Usha, BK Mruthyunjaya, BK Yogini, BK Hemlata and others. 4. **Bangalore (Hosakerehalli)**: Sister BK Pushpa is explaining spiritual exhibition to Mr. Ananthkumar, Hon'ble Union Minister of Chemicals and Fertilizers, Parliamentary Affairs. 5. **Vijayawada**: A Seminar on "Role of Media in Social Transformation" is being inaugurated by Mr. Palle Raghunatha Reddy, Hon'ble Minister for IT & PR, BK Shanta, BK Sushant, BK Shantanu and others. 6. **Mumbai (Borivali)**: A Programme on "Inner Peace and Inner Power" is being inaugurated by Mr. Sharad Bansode, Hon'ble MP, Mr. Gopal Shetty, Hon'ble MP, BK Shivani, BK Divya and others. 7. **Hubli**: Dr. BK Basawraj is being felicitated by Justice Dr. Shivraj Patil, Former Judge of Supreme Court in All India Kannada Literature Conference. 8. **Sonapat (Sector-15)**: BK Pramod is being felicitated by Mr. Kanwar Pal Gurjar, Hon'ble Speaker of Haryana Assembly in Geeta Jayanti Function.





**Abu Road (Shantivan):**  
Inaugurating a Conference organized by Womens' Wing are Ms. Anita Bhadel, Hon'ble Minister of Rajasthan for Women and Child Development, Ms. Sumitra Balmiki, Mayor of Jabalpur, Rajyogini Dadi Janki, Rajyogini Dadi Hirdayamohini, BK Nirwair, BK Chhakradhari and others.

**Delhi (Pandav Bhawan):**  
HE Pranab Mukherjee, Hon'ble President of India is being given New Year 2017 Greetings by BK Pushpa and other BK Sisters.



**Gurugram (ORC):**  
15th Annual Day Programme of ORC is being inaugurated by Mr. Haribhai Chaudhary, Hon'ble Union Minister of State for Micro, Small & Medium Enterprises, Mr. Syed Sibtey Razi, Former Governor of Assam and Jharkhand, BK Brijmohan, BK Dadi Kamalmani, BK Asha and others.

**Raipur (Shanti Sarovar):**  
A programme on "God's Wisdom for World Transformation" is being inaugurated by H.E. Draupadi Murmu, Hon'ble Governor of Jharkhand, Dr. Nitin M. Nagarkar, Director of AIIMS, Raipur, BK Kamla, BK Manju and others.

