



Brahma Kumaris - Dadi Magazine - December 2012

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Our Beloved Madhuban



On the Occasion of Diwali – 13th November 2012 – Om Shanti Bhavan



Special love and greetings on the auspicious occasion of Diwali! Baba's children from all four complexes gathered in Om Shanti Bhavan this morning to celebrate Diwali. About 2,500 BK's from all 4 complexes were present. The stage was beautifully decorated with glittering ornaments and sparkling lights. At 11.45am bhog was offered to Baba: on stage were Dadi Janki, Dadi Rattan Mohini, Nirwair Bhai, Mohini Bhen and Muni Bhen, Ishu Dadi, Didi Nirmala and Karuna Bhai. Sister Mohini of Madhuban then brought a message from Baba, the essence of which was, 'Always be healthy, wealth and happy. If you are healthy, wealthy and happy at Diwali then you will remain that all the time. Are you paying attention to keep the self clean; to clear your old account and put a full stop? Until you have finished what is old your light cannot remain lit. Now, everything old should finish and everything in your life should appear new... This is Diwali, it is a time of great happiness so celebrate with happiness!'

Nirwair Bhai: At the time of Diwali we greet each other with great love and happiness. This is the beginning of a new dawn, of great enthusiasm. So keep yourself full of happiness and become such a great example that everyone says that Godly life is such a life that this life is even better than the life of the deities. So congratulations on the occasion of Diwali! I

have good news that Dadi Gulzar will be in Shantivan within one week and we will welcome Baba on 30th November!

Dadi Janki: Wah meera Baba wah! He has liberated us from 'why, why'! This is why we say 'wah wah!' Wah, all our ancestor souls wah! Dadi Gulzar is watching us today; she is the most loving and detached of all! Wah! Now just stay happy and do as much service as you can do. To be successful use everything you have in a worthwhile way. This is the gift I am giving you today! Surrender to Baba and use everything in a worthwhile way. If others see you doing this they will also do this. Do this now: who has seen the month of January? Who has seen 2013? It is not that I should get two months more and then I will do it. The gift has been given now; check the self and change. In a minute – check and change. There is no other gathering like this in the world. You cannot find such a blissful gathering anywhere. You all wear white now. In the golden age you will wear red! No problem should be visible on your face. Your face should be constantly smiling. There is no other work to do but to smile. You cannot say that you don't have time for this! Now, all practice smiling! Let us now celebrate perfection! For this we need truth right until the end... What are the qualifications to come in the Golden Age? At least 900,000 should be ready by the 18th January. Always remain in happiness! Om Shanti

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DADI JANKI – 21 NOVEMBER 2012 – GYAN SAROVAR

JUST DO AS GOD SAYS AND YOU WON'T NEED TO THINK

Science and silence are opposites. So many things have been invented in the last 100 years and some of these inventions have shaken all the 5 elements. Oceans have dried up, land has been reclaimed and the earth on all 5 continents is being used by human beings. No land remains in its pure state. It is also believed that we can create a world out there in space. Just as science can do wonders, silence can work miracles. Using silence we now have to help finish all the falsehood and violence in the world with the support of truth and non-violence. So, what do I have to do now? In fact, we don't need to ask 'how' because God has told us everything we have to do clearly. All I have to do is to use the word 'now' and do it. We know what we have to do and so just look in the mirror and see what it is that you personally have to do.

There is so much happiness that comes by following a life filled with truth. The one who is honest is automatically coloured by the colour of Baba's light. Make your intellect completely still and completely stable. Ones who think too much (chintan) and one who worries (chinta) can never be happy. Just continue to do good deeds. Understand what a good deed is and then do it. Do not perform wrong actions. Very good decision power is needed. Take a second and decide this is what I want to do and this is what I have to do. Don't over think and don't waste your time in worrying. Don't waste your time in questioning whether you can create such a beautiful, simple life for yourself. Remain happy and then others can receive that happiness from you. Just think, "I belong to God. He is with me, so when God is with me what is there to worry about? Perform good actions and you will continue to receive whatever you need. There will be no need to ask for anything. Do good with one hand and you will

automatically receive with the other. Don't think whether it is possible for you to do charitable actions – just do it and do it now! When we think too much we pollute our minds with our own thoughts and the dictates of others. There is a difference between thinking too much and contemplating on something. It is now time to do things in a practical way. Those who do things in a practical way are loved. Our conduct should be the same as our thinking.

Open your eyes and ears and think deeply and you will know the right thing to do. Do you get distracted? If you can't concentrate you won't hear what even God is saying to you. Your mind will wander, you will feel bored, you will start looking at your watch. It is time to learn these time spiritual aspects. It is time to then go on and share them with others. Without over thinking, pay a lot of attention. Have a lot of attention on the self and you tension will then finish. Put "a" in front of tension and there is no tension. "A" is for atma and so become soul conscious. Actually, this is a very simple path. There is no need to think too much. Keep courage and the Father will help. Never say that you can't do something, that no one will help you or that you don't have enough money. Dadi's experience is that she has always received help from up above, from our Father, the Master of everyone. If we are affected by a situation then the Father is not present. In Hindi, it is said that where there is the "bat" there is not the "Bap". When I am connected to the Father and absorbed in Him, then I am not distracted by the situation. This is the unshakeable faith that is needed. Instead of thinking too much, plant the seeds of courage, faith and honesty. These were the seeds that were planted in the early days and the fruit is that you are sitting here as a result.

The Lord is pleased with an honest heart. If you have made a mistake

ask for forgiveness but from now onwards don't make further mistakes. Sometimes, due to bad company, we may become influenced and commit a wrong deed. I only want to perform deeds that make Baba happy with me. Firstly, when I perform good deeds I become happy- it is an incognito happiness, and seeing me others also want to do good deeds and as a result of this I get blessings. Then one doesn't get bored but instead I want to do more good deeds. The good deeds then bring blessings and again Baba would say it is everyone's blessings that enable you to move forward. Don't ask for blessings but know and understand that there are many blessings in blessings. Blessings do a lot of work

Secondly, I wish to do good deeds. It is as though there is an inner enthusiasm to do good deeds. Do intense meditation and then do service from the heart. With real renunciation your intellect will not be pulled anywhere and you will not want anything. Attachment and greed will then leave you. You will not become upset or disturbed and you will become a beautiful flower and seeing you others will become the same. Don't think too much and let many benefit from your fragrance. Rethink your mindset. Set your mind and then there is no need to think about it any more. I have set my mind and this is what I am going to do. Have faith in yourself, faith in others and faith in Baba. These are deep subtle aspects. If you think too much you waste a lot of time. To ask, to get confused and to get agitated is all a waste of time. You get the right touching at the right time to do the right things. You have children and work etc but remain detached. Stay pure, don't think too much and stay clean. Whatever I need to do, I need to do it now. You belong to the Father and so always remain loving and detached.

Om Shanti

DADI JANKI – 4 NOVEMBER 2012 – SHANTIVAN AM I CONSISTENT IN MY EFFORTS?



Our brothers often play this song whenever Dadi comes to read the Murlī: O Friend, I have found three jewels: Baba, Murlī and Madhuban. It is a very special song. Check your heart and face. Baba said recently, you had the courage to become a Brahma Kumar and Kumari, but check your zeal and enthusiasm now. Baba speaks about not keeping any desires. In Baba's world, genuine needs and pure desires are always fulfilled, sometimes even without asking! If we want to become good, we cannot harbor any desires. How do we become good? Remember you are ancestor souls, you are becoming worthy of worship. Make the subtle effort of becoming 'real' and 'royal'. Let there not be any ordinariness; no ordinary words or behavior. Rehearse the face and behavior of an ancestor soul, and worship-worthy soul regularly.

An ancestor soul will behave and act in a mature way. Even if they speak just two words, those are filled with blessings. They won't speak much. Their words will be accurate. This is how they become worthy-of-worship. The worship of Lakshmi and Narayan is done in a very royal manner. The devotees instantly feel cheerful on worshipping these deities. Those who are free from questions (prashn-chitt) become images of giving experiences. Whoever meets Dadi Gulzar experiences the sakaash of truth and love from her drishti. To be able to receive this sakaash of truth and love, keep your mind free from all other thoughts. What is the need to think about what this one is doing and what that one is doing? There is no need to think so much.

Baba describes the image of Krishna pushing hell away, and holding heaven in his right hand. Turn your face towards heaven. One requires disinterest for this. We know what the old world is; it is vicious and hellish. The new world is viceless heaven. We have left hell and now

are engaged in helping other residents of hell become residents of heaven. Destruction is definite.

'We have to fill our efforts with Baba's power'

Be consistent with your efforts; don't allow laziness or carelessness to creep inside. Despite knowing destruction is so close, how many of you still have laziness and carelessness? Both are dangerous. Don't cheat yourself in your spiritual endeavours.

What is the need to look here and there when you are sitting in remembrance? Stay alert, accurate, live with spirituality, and create an atmosphere of love. By emerging your perfect stage, you will share feelings of honesty and love. Aim to colour others with your elevated company. We have come this far by living in the company of truth. The Dadis have never kept bad company; on the contrary they always pay attention to colour others with their company. There is great praise for 'satsang: company of truth' even in bhakti. We never could imagine missing 'satsang' (religious gathering) in our bhakti days. It didn't just mean worship, but singing songs in praise of God, sitting in His remembrance etc. In my childhood, the children of our extended family would swing on a swing and sing bhakti songs in praise of God. Now, sit in the swing of knowledge and forget about everything else...

Eat your meals in Baba's remembrance. Baba used to specially send Manmohini Didi to take a round of the dining hall to see who was chatting while having their meals... do you pay attention to yourself in this way? Baba would come to the Kitchen and check whether everyone was cooking in silence and

Baba's remembrance. Signal others and encourage them with respect to stay in silence. This too is a charitable action. Stay in remembrance yourself and inspire others to do the same. You don't have to be stern and say, "Why aren't you remembering Baba..." Motivate others not to forget Baba. We are children of the Remover of Sorrow and Bestower of Peace; we have to be like our Father. Remove another's sorrow in a second. Tears of love do not fall from our eyes; tears of sorrow have to be wiped away. At times, sakar Baba's eyes would tear up in love for the children. He would say tears of love become pearls which should be kept safely in a gold box... When souls come to Dadi and become emotional, Dadi offers them her hankie to wipe their tears away. Do not shed tears of sorrow anymore.

Would you drink clean water from a dirty glass? What happens if knowledge is good but the intellect is not sharp? Make your intellect as good as knowledge is. Knowledge is nectar; knowledge is jewels. Knowledge is not effective when shared like a parrot or at fast speed... Knowledge has to make us sweet. Be lost in love while listening to knowledge. Listening to knowledge is like listening to a mother's lullaby. Baba gives us every form of happiness. Swing in the swing of knowledge otherwise you won't be able to forget old matters.

Past matters and matters concerning others cause us great loss. Those who are free from both are highly fortunate. Where Baba is present, matters cannot remain, and where matters are give more importance, Baba cannot remain... Don't say anything apart from 'Baba', and your boat will go across. Even if you cannot keep knowledge of the cycle in your intellect, connect your intellect with Baba and it will become pure and peaceful. Accumulate the power of happiness.

Om Shanti

DADI JANKI – 6 NOVEMBER 2012 – GYAN SAROVAR LET YOUR EFFORT BE FULL OF SWEETNESS...



How can one claim full marks in the four subjects of knowledge, yoga, dharna and service? If you wish to pass in all 4 subjects then see your thoughts, words and actions. Thoughts are subtle yet as are thought so are our words. There used to be a song: Oh soul, speak sweet words. One's words can become sweet through our thoughts... If you want to pass in all four subjects then you have to keep the aim. Stability starts at the thought level. We saw how stable Mama's and Baba's intellects were. Each one of us can make as much effort as we like. No one can stop anyone. There has to be courage. Baba can help a soul who has courage.

When I really understand that my Father is the Supreme Soul then intoxication arises. We listen to knowledge through our ears but it is the heart that likes it. When the soul imbibes purity then with God's power, as well as through realisation, a huge amount of transformation occurs. There is a vast difference between pure and impure. What are the vision, words and actions of someone who is impure like? What are the vision, words and actions of someone who is pure like? They will be complete with spiritual love and spirituality.

In your efforts, let there be sweetness so that there is no feeling of force emerging. This is the sign of knowledge and yoga. The face reveals whether the soul has knowledge and yoga. There is huge service in this and for you, everything will feel easy.

We have to be flexible... There is huge benefit in being flexible. A flexible person will be present whenever they are needed for seva. If someone has dharna and they bring that into service then the soul receives strength from Baba and their seva is successful. If someone lacks dharna and thus doesn't experience strength from Baba then what would be the result of their service? I have to use

my time in a worthwhile way and let my words be such that others never forget them.

Seventy five years ago Brahma Baba laid the foundation of service. When we first arrived in Mount Abu, Baba stayed here with a couple of others and sent all of us off on service. In Mumbai Dadi used to take the pictures of the tree and the cycle to the sea and people would come and listen to the explanation of them. We went to the temples of Laxmi and Narayan... we walked everywhere to save money and Baba was very happy that we did everything so economically. There was so much strength in that service.

***'We received
Baba's strength
and that strength
is still available
to all of you'***

Baba told us never to tell someone who came that we don't have time now. If someone goes to a shop late at night he gets served. He may only have that time to go to the shop and, after all, he is a customer. This is also a big business.

In the various departments of Madhuban the residents do service with peace and love. They do service with elevated and pure feelings. Some do service of making toli with such elevated feelings that the vibration can easily be felt... There is loved merged in toli... We make it with love. As much as it is made with, that much love it is accepted with.

In fact, because of truth, love and cooperation there is success in service. Then there are also the qualities of truth, humility and sweetness. In

truth there is no arrogance. There is humility and sweetness. These three virtues automatically do service. We have to let go of ego... any type of arrogance of the body. It is arrogance that gives sorrow so it has to be killed. Go beyond the consciousness of the body and there will be humility.

There is a huge difference between worldly people and us: food, drink, clothes, hair... Some feel that if they don't go to the hairdressers they can't live! Many souls here were like this but they have been able to change. In fact, these are the things of habit and culture and you need to spend money for them. In the dictates of my own mind, many things are mixed. In the dictates of others there are even more things mixed. Baba teaches us to be very simple... How transformation happens to souls is Baba's wonder. Here we learn to live very economically and in eknam (the name of One). What you may spend on a meal in a hotel can feed five people at home. There is a connection between mind, wealth and body. Where the money is used, the mind follows. This is why we need to be Manmanabhav... place the mind in Him.

Let me now my intellect be satoguni to such an extent that I can pick virtues. If you are rajoguni or tamoguni now then you will see defects and you will complain.... Then you can't expect to come in the first period of the golden age. Do you wish to book your ticket to the golden age now? Will you change your mind tomorrow and allow your stage to fluctuate? Don't let yourself keep changing and fluctuating? When your intellect is clean it does the task... Please accept the Diwali gift Dadi is giving; let your intellect be stable, unshakeable and immovable. World service has happened in this way. Become Baba's companion and everyone will see how you have transformed... and then the whole world will be transformed.

Om Shanti

DADI JANKI – 20 NOVEMBER 2012 – GYAN SAROVAR

QUESTION AND ANSWER (WITH IPIP RETREAT GUESTS)

Q. You give importance to disciplines i.e. 4am and 7pm yoga. Some ask why they should be in the bondage of discipline.

Amrit vela meditation is very special. When you have experience of that yoga then you won't want to miss that time. When one is careless they don't value time and then there is no value for discipline. When you value your time you use it in a worthwhile way. In the evening one can be quiet, peaceful and silent and can finish the things of the past. The early morning and the time of twilight are very powerful. In the morning you experience God's love and in the evening you check your activity of the day. These can be called systems and there is great benefit in them. We should pay a lot of attention on being accurate with time.

Q. Dadi, you have a lot of love for a simple life but some people worry about letting go of the way they live. When something is renounced there should not be any fear of renouncing. But how can we really enjoy the simple life?

The way we lived before, our food, clothes, travel etc. was to show and keep up with other people. When I eat and dress according to the way people in the world do then I need to spend a lot of money. When someone doesn't waste money they can remain healthy, wealthy and happy and everything comes to them automatically. Some work for 5 or 6 days and then spend all their money on the 7th day! One does not have to work for their livelihood but then use your extra time and money in a worthwhile way. Shiv Baba and Brahma Baba love the foreigners! The foreigners make sure they save enough money for their trip to Madhuban every year, no matter what! This is the attraction of spirituality, Godly love and truth. In fact, it is spiritual love that is the

attraction. Even your friends and family won't see you in a spiritual way. It is fine to work but let your work be one in which you practice what you learn. The activity of some is such that they earn the respect and love of their employers. Those who are true and give love and respect and love, automatically earn the love and respect of others.

Q. Why do we keep Brahma Baba's picture if we say we don't have a guru?

He is not our guru. He is not God. Yet, it is through Brahma Baba that Shiv Baba has shown us what to do. Brahma Baba did not want anyone's attention to be drawn to him. He drew everyone's attention to Shiv Baba. He did not want anyone to keep his picture. Shiv Baba is incorporeal; He doesn't come into the cycle of rebirth. Yet, He tells us the difference between knowledge and ignorance. He teaches us who we are and who we belong to, what type of actions to perform. Brahma Baba became an angel and we learned from that what we now have to do. Without Shiv Baba how could Brahma have become what he did? God gave us peace, happiness, love and power. When there is peace and truth in one's life then we feel love for everyone. Firstly though, I have to become my own friend. If I am not my own friend then I am my own enemy. When I do what God teaches then strength comes in my life. I then develop faith and I can do everything with understanding. There is then nothing to worry about, as God is my friend. There is truth and falsehood, wrong and right, sin and charity and yet, with God as my friend, it is not possible for me to do anything wrong. Success is always with me when God is my friend. When God is your friend then everyone will be your friend.

Q. If someone doesn't believe in God can they still meditate?

Sometimes people say they just want to sit peacefully. Yet, when they come to the centres they feel the peace. When someone feels that peace, love and happiness then they become interested in knowledge. When they feel attainment through the atmosphere people start to feel that 'yes, I think I can bring this into my life'. When people take benefit from Madhuban then they can start to practice there. There has to be the aim. Some say they don't believe in God yet when there is a problem they remember God, the intellect goes up above.

Q. There is conflict in the world. Why doesn't God intervene and prevent this conflict?

When you understand the reasons for the conflict then you will understand why God cannot prevent it. Brahma Baba had visions of civil war, nuclear events and natural calamities. These cannot be prevented, in fact they are increasing. We have to become such that we are creating a new age. Yet, when one remains clean and pure inside they will remain safe. There should be no thought of deceiving others: sarf (clean) means safe. You will receive a touching of what to do and what not to do at times of danger. Keep yourself so clean that God can touch your intellect and take you to safety. People in the world either deceive others or are deceived themselves. In times of danger, if you remember God you will remain safe.

Remember there is silence, sweet silence and dead silence... We have to learn to speak less and do everything with silence. Sound is of three types: Speaking with bossiness and a strong tone. The second is speaking at length, trying to teach others. The third is to speak less, to aim to teach through one's activity. God is teaching us and all we have to do is to follow and others will automatically get

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DADI JANKI – 18 NOVEMBER 2012 - DIAMOND HALL SHANTIVAN THE GIVER IS TEACHING US TO GIVE.....

On third Sunday World Meditation Hour is held for 24 hours in different countries throughout the world. Baba has given us the fortune of doing service in many different ways. Now, we were sitting in silence for world meditation and in a state of peace, keeping the vision of the whole world in front of us. The Ocean of Peace, Baba has taught us to sit looking at the world in a state of peace. I believe everyone has this thought within.

When we churn the Ocean of Knowledge in a very good way we cannot give excuses that we do not have time for yoga or to do service. It is our fortune to do service for the Yagya. We do not need to think or be concerned. Do service without thinking and have yoga without concerns interfering, and do this whilst being in relationship with everyone and then you will have a free mind. Dadi is remembering stories of Brahma Baba and the early days of the Yagya as she sees the gathering in front of her. Baba transforms people in such a way that He completely changes their state of mind. The time of the beginning is going to return now and it is just about here. There are quite a few who have been transformed suddenly. Dadi is looking at the gathering and feeling that there are a few who would have had this experience. (the souls from the rural development wing were present, and many are wonder struck at the size of the gathering and the service that is happening...many have been so inspired that they have started to do service and create their own fortune.)

If you wish to do service it is important to stay in self respect and self honour and give respect to others, just as Dadi Prakashmani did. Do not provoke anyone to get upset or angry. I have to become one who is an image of giving visions so that if anyone sees me they will have the question as to how I became like this.

If I want to be one who gives visions then there mustn't be any deficiencies within. We have to become like Baba, Mama, Didi and Dadi. Our lives should be of such quality that whilst doing service we become examples. These examples are in front of our eyes at all times. We have created a big photograph of all the faces of the ancestors together and Dadi keeps looking at this where she stays – on one side Baba and the other side the ancestors, and seeing the qualities and virtues of each one.

Last Thursday we offered bhog for the anniversary of Dadi Manohar. Manohar Dadi was very sweet and Dadi's close friend. Dadi spent time in Punjab with Dadi Manohar. When service started in Delhi Dadi Janki, Dadi Manohar and Didi were together in service. Dadi Janki would teach yoga and Dadi Manohar would teach knowledge. The wonder of drama was that this switched round! We used to have exchanges with a lot of love. Baba would send me to do service in a variety of ways. He would send me here and there. In service there will be defamation and humiliation as well as victory.... we have to go through these pairs of opposites. We have to go through success and failure. It is not such a big thing, this is normal. To be able to stay in a state of equanimity in the face of this it is good. In service it is important to develop the attitude of tirelessness. Also the attitude of mercy allows us to just keep on going and keep continuing to serve with faith in the intellect, free from concerns. Be happy and make everyone else happy.

There is so much service going on. (Jayantiben came to Madhuban for two days, took directions for service and then left). There is always time to make effort. Hold the stage of the detached observer and play your part and thus become a hero. If you have a connection with the Zero you will be a hero. A hero is a diamond

as well as an actor. Baba has given us the knowledge of the beginning, continuation and the end so that we cannot use the expression: 'I don't know what is going on, what to do'. Make sure you never use the words: 'I don't understand what is going on'. You are Baba's child and so it must mean there is some kind of karmic account, or lack of faith or you don't have the enthusiasm and zeal to do service. Someone develops a good part because they have understood what to do. Who am I? who do I belong to? and what must I do? This is the best understanding of all. Everyone remembers God at the time of sorrow not of happiness. In this Confluence Age those who remember God at the time of sorrow receive such happiness that they are able to become bestowers.

When we know we are to become deities we become giver. 'Giving' is the very essence of being a deity. We don't ask for or demand anything. There is no lack and we just give. It is The Giver Himself who makes His children into givers. The idea now is to collect people together and serve them with knowledge so that they are served spiritually. Do service in such a way that you are detached and have lots of love for Baba. The honour of the yagya is increased through souls who become instruments and prepare others. It is always a good thing to come to class in time and fix your sit. This is your honour and dignity.

We are all friends together. Everyone has so many good things within them. God is my Companion and I am the detached observer. Baba says in the Murli to put a full stop. We are simply instruments for the task. When the work comes do it, and when it is finished put a full stop. There will always be things that help us move forward. It is changing all the time. It is a mistake to think it is always the same.

Om Shanti

DADI JANKI - 8TH NOVEMBER - SHANTIVAN IT'S TIME TO FLY



Let our feet not be on the ground anymore. Other religions may not believe in deities but they definitely believe in angels. Go to Rome and all you see is beautiful angels: some are reading, some are sitting; their eyes and face are so innocent. We say angels in English, but farishta in Hindi, but we also talk about fairies (pariyaan) who fly around in Indraprasth (the Court of King Indra, who was the foremost king of the deities). We need to know how to sit peacefully like angels and also know the art of flying. When we are filled with zeal and enthusiasm, there is the desire to fly. If zeal and enthusiasm lessen, then let alone flying, you won't want to even walk; you will just flop down. We cannot be called Rajyogis simply by sitting put, as we are karma yogis. By performing actions in the right way, we have become angels. You cannot become an angel just by sitting quietly all day.

Knowledge is our treasure, happiness is our nourishment. Nourishment keeps you fit and strong. Angels are strong and capable. They are small in physique but strong. Dadi remembers how Baba used to make the younger sisters in the yagya do somersaults. Baba sustained us in an entertaining way. Baba has given us so much love. Who could love us to the extent Baba does? It is this love that has nurtured us and made us angels. By eating the nourishment of happiness, we are strong and yet light. Our moods cannot fluctuate. Who are those who think a lot and write long stories to the seniors? Let go of that nature and you will be free. Before becoming an angel, stay carefree. There is victory merged for the one who has a faithful intellect. There is victory in faith - we have seen ample examples of this over the years. There is joy in seeing the accomplishments of 75 years, but how much do we also play the somersault (spin the cycle)? One always spins the discus on the right index finger,

never the left, which reminds us there is a correct way to churn matters.

'Do we have the understanding and ability to use our time in a worthwhile way?'

Everything we do, whether small or big, will be a success if done in the right manner. Let there be bhavna (pure feelings), nishchaiy (faith), vishwas (trust) in everything you do. Bhavna emerges when I truly feel I am a child of beloved Baba - there is no need to think too much about it. One always receives the return for one's bhavna.

No matter how much service you have to do, when there is bhavna for evening meditation, you will never miss it as you know the benefits. Bhavna allows us to trust the attainments of our actions. With bhavna, our trust strengthens. Allow faith in the intellect to do its work internally. Do not indulge in doubts for the self, or Baba or drama. You do what you need to do - don't entertain why? what? how? You just do good. Keep bhavna in 'doing the right thing'. Don't do anything else in life, but at least become an example that Baba can be proud of.

Baba had once praised Dadi Manohar Indra a lot in the Murlis for her service, and Dadi Janki at the time was unwell and couldn't travel much. Dadi Janki was happy for Manohar Dadi but shared openly with Baba, "What can I do - I can't travel out on service..." Baba said something that Dadi can never forget: "Your fortune is in the Father's hands". Those words touched Dadi's heart deeply. This is the power of keeping faith in Baba's words.

It is good to say you wish to be part of the rosary of victorious jewels, but how will it happen? It needs to be founded in faith. Check and change yourself. Baba is there to make me perfect, but I need to keep faith in myself: I have to become this. This inner voice has to be filled with faith, and Dadi guarantees your fortune too will be in Baba's hands. These are God's words for each one of us; we have His hand in our hand, we have His company, what more is needed? The new souls have to be enthusiastic about making progress. Dadi keeps recalling Baba's words: you had the courage to become a BK, but now you need zeal and enthusiasm to bring about transformation. Don't become disheartened easily. Let the heart be clean and honest. If I say God resides in my heart, but I also accommodate other matters (past, old, unnecessary), it's as though I am throwing rubbish on God! How can we think or speak about anything that Baba does not value?

Whenever Dadi is asked by new contact souls whether she is married, Dadi says, "yes I am married to Dilaram (Comforter of Hearts). We have two children: son is Happiness and daughter is Peace. We have a small and happy family". Churn on such entertaining matters that are totally true. We are not having small, useless chit-chat. Who belongs to me? Who is my all-time companion? Who will be with me throughout the cycle? How will I receive the fortune of the kingdom for half the cycle? This is only possible when I am full of happiness and peace, and make Dilaram my companion.

Baba once told, "Always consider yourself to be a maharathi". Even in bhakti, Dadi preferred elephant rides to horse-riding. A horse has to be steered, reins have to be held carefully. An elephant does not need to be told much. There is pride in being a ma-

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DADI JANKI – MEETING 6000 GUESTS AT THE RURAL WING CONFERENCE, AS IS THE FOOD, SO IS THE MIND.

It is wonderful to see such a large gathering. Dadi is remembering days of her childhood. Dadi too had great interest in serving the rural community. It is amazing to see the extent to which the Rural Wing has done service. This is the wonder of spiritual love and cooperation.

As is the food, so is the mind. To serve those who work the fields tirelessly, to help them develop an elevated character is a great act of service. In my childhood, we never had to buy milk or vegetables; everything was grown at home. We were very attentive to whatever we ate, and Dadi is experiencing the strength of that up till now. After becoming Brahma Kumaris, we have understood the significance of what we eat, what we drink, the company we keep all the more: as is the water, so is the speech; as is the company, so is the colour. You will naturally wish to drink clean water from a clean glass. But if the water is clean but the glass isn't then nothing can make you drink from it. This is why inner and external cleanliness are both important. Perform actions that share good wishes with others, and in turn motivate others to give good wishes to you. We first have to become worthy of claiming good wishes; good wishes don't come on their own or simply by asking for them. Duva or good wishes is a great medicine. It can cure illnesses of the mind and body. Wealth alone cannot keep a person healthy or happy. But good wishes keep the body and mind well. What can you do with money alone? Look at how Baba's yagya is flourishing. When Brahma Baba dedicated everything, the yagya was established. The food created within such a yagya has sustained us for decades.

Wherever the body is, the mind will be connected as well. Wherever our minds are engaged, our wealth will be utilized as well. So we always have to check what our minds are thinking? God says in the Gita, 'Man-manabhav: connect your mind to

Me alone', and this ensures that our character becomes great. Someone shared a beautiful thought that Baba has taught us how to be good human beings. Let us never act like animals; to defame or deceive or steal are all big sins. Dadi requests you to become charitable, righteous and great souls. A great soul (mahaan) always considers oneself to be a guest (mehmaan). Nothing belongs to us; we came empty-handed but should not leave this body empty-handed. God is teaching us how to earn a good income, so we have to earn well and earn honestly.

Do not see yourself as mothers or females or males. We are all God's children; we are part of one family. This elevated vision and attitude gives great joy. In order to experience super-sensuous joy, keep the mind and sense organs in control. Do not make the mind wander around. Keep the mind peaceful. The mind will be

peaceful when the intellect acts in the right way. God has benefitted us, so have the pure wish to see everyone take benefit. Never think ill of any one as this is a great sin. Keep loving drishti and attitude for everyone.

It gives us great pleasure that you have gathered in Diamond Hall. Return from here having made yourselves true diamonds! Become a diamond (heera) and a hero-actor! Play your roles in life in a way that others are inspired to be like you. Perform good actions for your own sake and God will empower you. Then perform good actions for others and they will take inspiration. This will fill you with gratitude for all the teachings and directions given by God to make the journey of life worthwhile. Keep God's teachings in your heart forever and stay happy; make it your religion to spread happiness.

Om Shanti

From page 7:

***Dadi Janki - 8th November - Shantivan
It's time to fly***

harathi. Just be stable on your seat. But simultaneously Baba also reminds us of how large the elephant ears are, and how disturbed an elephant gets if an ant gets trapped in the ear! Look at the contrast between an elephant and ant, and yet an ant can defeat an elephant; when we indulge in listening to wasteful matters, we fall from the maharathi stage; we become unconscious on our role and duty. So be careful about what you hear. Maharathis become Mahavirs (great warriors). Sita did come under the influence of Ravan, but not Hanuman Mahavir. We have read and enjoyed these stories in bhakti, and they teach us a lot at the right time. Why is Mahavir praised so much? He was strong in conveying God's message. Those who take initiative become Arjun. Those who are motivated to perform good actions are deities; those who have to be told to do good actions are human beings. And those who do not do even after being told...

We have a mine of pearls of experiences with us. Just emerge and use them whenever you need. It will never diminish. You will never get good gold on the surface; you have to dig deeper into the mine of your consciousness. Go into the deep truth of the self. Stay in remembrance and clear the account of negative karma. Let the cleaning continue, and emergence of truth take place. You need strength to dig deeper. Some are happy with the colourful pebbles floating on the surface of the ocean - those are good too - but dig deeper and you will find jewels. Knowledge works in a similar way. Knowledge makes us sweet and wealthy. Share one jewel of knowledge and receive thousand in return. Those who practise this, understand the value. Do what you need to do now - who has seen tomorrow...

Om Shanti

DADI JANKI – 15 NOVEMBER 2012 – SHANTIVAN

IT'S TIME TO BRING NEWNESS INTO MY LIFE



It's good to be able to 'let go (chodo)', 'move ahead (chalo)' and not allow a situation to become larger than it is. Learn to end matters quickly and you will easily move ahead. Go into expansion and you will lag behind. Everyone must have rejoiced at Diwali but we are now in the New Year so it is time to bring newness into life. Whatever is lacking or is a weakness has to end. When we keep the thought, Baba helps us. Dadi has very good experiences of receiving Baba's help in the Confluence Age. Baba says: I have given you help in order to make you My helpers. The children keep courage and the Father provides help. This has helped us on our journey of life; it is connected with our pilgrimage of remembrance too. We take Baba's help in all four subjects: to churn knowledge; secondly, Baba pulls our intellect in yoga and so we don't have to make too much effort. We do a little and He pulls the intellect. The thread of love is pulling us above... Then thirdly, whenever Baba drew our attention to aspects of dharna, we made sure never to go against them.

Now is the time to take a leap, to fly with the wings of zeal and enthusiasm. To ensure your zeal and enthusiasm remain high, never think of yourself as very good or as a weak soul. Both will cause loss. To think one is very good will bring ego, and to say you are weak will bring feeling of hopelessness. Free yourself from both sanskars. It is the battle between the weak and strong; this is the story of the lamp (diya) and storm (toofan)... No matter how many storms the lamp has to face, the light is the light. The storm will come and go and the lamp will continue to burn. This is a matter of faith.

There are some who have achieved success on the basis of faith, and there are others who have developed faith on the basis of success. It

is their fortune that success is supporting them. The Murli of each day is absolutely wonderful. Listen to the Murli carefully and then churn it through the day and your intoxication will rise. Happiness should not be temporary or expressed to make a show or please the seniors. Happiness is that which does not have the name or trace of sorrow. In the early days Baba would ask, if someone asks you where do you live, what will you say? You live in Baba's heart. Baba now asks where we live, and we should be able to say, "I live in Begampur (the Land without Sorrow). I am the Emperor of Begampur!" When we remember Baba's elevated versions such as these, they work wonders. No matter what happens, remember you are the Emperor of Begampur. God Himself has seated me in that land. I am the Carefree Emperor when I come into action/service.

What is the difference between 'chinta' and 'fikaar'? (both are usually translated into 'worry' but chinta tends more towards a kind of tension) And there is a third term: onaa (concern). There is a good saying, "Why worry about that which is not likely to happen". When we have faith that only good is to happen, then there is no need to worry; that which is good will occur. Drama is accurate. Baba has given us knowledge of the beginning, middle and end of the drama. We know Kaliyug is leaving us and Satyug is coming; we are at the Confluence Age so there is no need to worry about anything. We say this is true but then end by saying, there is just a little worry about this aspect that should improve... Don't do this. What is the point of having gyan if we still worry about things?

Live with the spiritual pride that we are members of a great family. We belong to wonderful Baba; everyone is moving along as they should. We

don't worry anymore, though we do keep pure feelings (bhavna) that things should carry on smoothly and properly. A little concern is good, however a little carelessness will change the concern to deep worry. Dadi feels carelessness is our biggest enemy, followed closely by laziness and jealousy. One doesn't realize he or she is stuck because of one or all of these. Some seem hardly concerned about the fact that they are stuck! Carelessness prevents one from having the pure feeling of using time and thoughts in a worthwhile way. Time and thoughts have lots of value at the Confluence Age. Dadi is not worried but concerned that all of you should let go of carelessness and make extra effort.

Subtle jealousy is the cause behind carelessness. Such a soul does not have the pure feeling of being accurate in staying in self-respect, and honest in effort-making. Dadi's one concern for everyone: if not now then when will you become? Little time remains. Aren't you concerned about whether the 900,000 souls are ready? We require 900,000 to be worthy of entering the Golden Age. Baba became avyakt and is sitting in the subtle region giving sakaash to all; He has kept us here for service. Dadi Gulzar recently reminded us of how Baba found us amongst millions. Let each one look at your own journey: where were you and what were you? Baba found us and only wishes to see us have good fortune (khushnasib) and a happy temperament (khushmizaaj). We lived happily even when there was nothing but dry roti to eat. Look at how much Baba feeds you now! It's important not to break someone's bhavna when it comes to what they wish to offer/contribute to Baba's home and bhandara (kitchen).

God is our Father, Teacher, Satguru and Friend so imagine how high our

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DADI JANKI – 5 NOVEMBER 2012 – OM SHANTI BHAVAN

ONE WITH AN HONEST HEART CAN REMAIN HAPPY

There is no corner of the world now where there is total peace. There is no human being who can give peace to others. However, there are Baba's centres all over the world and each one is an oasis of peace. Look at Brahma Baba's face. See his face and your face will become like his. His heart is honest and clean and his mind quiet. If there isn't honesty, the mind cannot be quiet; there cannot be true happiness. If the mind is not quiet then your mouth will also speak a lot! So first keep your heart clean. Tell your intellect to order your mind to remain peaceful. Knowledge is inculcated in the intellect.

How can I become ever healthy, wealthy and happy? Don't ask how you can become this... it has to happen, I have to be that and I have to be that NOW! Firstly, purity is essential. When there is purity the heart is clean. Within purity there is honesty. Purity, peace, happiness, love and power. But first comes purity. As you listen to this, experience it as well. When someone considers the self a child of God, their intellect becomes so pure, so clean, so peaceful, that they practically receive the strength to do what God is telling them to do. Whatever is in your heart will come into your speech. So, the heart, the mind, the intellect, activity and speech are all connected. Our sanskaras are also subtly connected.

It is time to finish my weaknesses and to imbibe divine virtues. When a person has virtues they are loved by others. They smile! Just smile for a minute and see what a feeling you get! In fact, when your heart is clean and your mind peaceful then your face will automatically smile. Someone with a pure intellect will observe and absorb that which is good.

If you want to experience love, happiness and peace then you have to

first imbibe purity. You cannot say you want love first. No, purity is the mother. It is the basis. If there is purity then peace will come. If there is purity then love, happiness and power will come.

‘Consider yourself as a soul; a child of the Supreme Soul’

Consider yourself as this child and you will feel intoxicated! The world, the body, relationships – all are here. Yet I have a relationship with the One up above. Go into the depths of the One. First have love for solitude. Then become introverted... then move into the depths of the One.

Knowledge brings strength. The Supreme Soul gives us strength to imbibe that which is good. My intellect should be totally absorbed in the One... With the power of concentration, the intellect makes a determined thought. We need to remember that Paramdham is the land of peace. Baba is from that land and He has to come to take us back there.

Time and thoughts are highly valuable. Let your intellect be clean and it will imbibe elevated thoughts. You will then become the embodiment of bliss. Move

into this awareness: I am the truth, the living being and the blissful one.

There are three things: strength, power and energy. When someone is a little weak they need strength. They are weak and may not be able to move along by themselves. Somewhere or another there is attachment. They won't want anything of theirs to leave them... But... I the soul am the child of the Almighty Authority. Three things are very useful in life. One is the power of contentment. When someone is royal and real they can remain content. The second is the power to tolerate. Baba has told us to become the embodiments of tolerance. If I think about something too much then I make it into a big issue in my own mind. The third aspect is patience. When someone is patient they don't fluctuate easily. This is why we have to take three tablets in the morning; patience, peace and love. Take these three tablets and you will have a good morning, a good day and a good night!

God's Shrimat is teaching us to be one; to be united in our thoughts. Wherever you may come from, there is no difference between us. It feels so good when there are no differences between us. We are all one. We all belong to One. One world, one family.

Now keep your heart honest, merciful, strong and generous. Baba, the One who is giving everything is there for us.

Om Shanti

Continued from Page 9:

*Dadi Janki – 15 November 2012 – Shantivan
It's time to bring newness into my life*

intoxication should be! The arrogance of body-consciousness causes so much damage. It is fortune to be regular and punctual in effort; it is a fortune to follow the maryadas of the yagya; it is fortune to give cooperation with spiritual love; it is a fortune to never be disheartened with the self or others. Do not think or say, 'This one will never change...' It is a sin to say 'I know what so-and-so is like, I don't need to know or be told...' Each soul has his or her part to play. This is the Confluence Age – the age of transformation. Do not underestimate what heights a soul can reach – anything is possible. Do not allow situations to become bigger and bigger, as this will make you heavy. Keep your thoughts clean and elevated, and filled with courage, enthusiasm and hope.

Om Shanti

DADI JANKI – 12 NOVEMBER 2012 – SHANTIVAN

IT'S TIME TO CREATE DETERMINED THOUGHTS

The lit Deepak's look so beautiful. There may be a difference in the light of each one of them, but when lit all give great happiness. In the same way, someone who is illuminated is light, that is easy natured and able to make others easy.

Which thought is it that cleans one internally and also earns one an income? In a family the husband earns an income while the wife keeps the house clean. We have both tasks to perform: to clean everything inside and also create our income. This is a best time to earn a good income. It takes time to earn an income and time to clean, but which thought would do both tasks at once? We have to have a determined thought to clean because it is internal cleanliness that enables us to know the value of cleanliness. A lot of dirt has accumulated on the soul over many lives and now the Supreme Soul has given us His wisdom.

In order to celebrate the true Diwali with the Supreme Father, day and night, whether in thoughts or dreams, there has to be an income. We don't want rupees, dollars or pounds because that money is for a temporary period and finishes easily... The world has become very luxurious and showy but that wealth is destroyed quickly. The flame of our minds, that is the inner peace and inner light, are lit. My light can ignite another's light. So give your company and co-operation to others. A soul may be lonely, alone or empty. If they are alone they are looking for some support and if they are empty they feel they don't have anything. We have God as our Companion and we can remain free from bondage even whilst with others. Other people get into bondage whilst keeping the company of others.

I need to create very high quality thoughts. If you have anything extra where are you going to put it and how are you going to look after it? Baba said in the blessing today that when

we say: "mine" then Maya the cat starts meowing.

I am Baba's child: He is mine and so what else do I need? Once you have surrendered you are dedicated and say: "Baba I am Yours". Put your hand on your heart, understand yourself, take a step of courage and internally make the promise to Baba: "Baba, I am Yours". When Baba is yours then your life becomes an example in front of the world. Baba takes care of us through our whole lives. We only need to eat two rotis, we wear simple clothes and sing praise of Baba's qualities. We are His children.

On the occasion of Diwali especially go deep inside and with deep inner realisation stop looking at the weaknesses of others. Only see your own weaknesses. Don't see others' weaknesses at all. People are clever at seeing the faults and defects of others and slow to look at their own defects. Let whatever has happened in the past go. We have learnt that if we wish to reach a state of perfection then we have to let go of the past. .

The medicine we need to take now is to stay in positive, pure thoughts. Have good thoughts for the self. Bring them

into your thinking and do not have any other concerns. Become one with good wishes for everyone. Give the cooperation of godly love to everyone and then you will receive blessings. Our lives should be such that people see our yoga and way of living and through that it becomes easy for them to live.

I saw with these eyes how Shiv Baba made Mama and Baba like Lakshmi and Narayan. Dadi saw how they became that through renunciation and tapasya; doing service day and night through thoughts, words and deeds. My speech should be such that there are no incorrect words uttered and karma should be that I get together with others and do good work.

In your thoughts, words and actions see the Incorporeal Father and follow Brahma Baba. See Mama and Baba in front of you like a mirror. Go inside in an internalised stage and ask yourself what you should be doing. Others are doing good things. If someone says something is not good, be quiet. Until you have taught your mind patience you are not going to have any peace. It is the time to bring our mind into a state of peace and have very loving relationships with everyone.

Om Shanti

Continued from Page 5:

***Dadi Janki – 20 November 2012 – Gyan Sarovar
Question and Answer (with IPIP Retreat guests)***

inspired. The more you stay in silence, the more power you will receive. Just remain peaceful and smile.

Q. What would you like to tell this group so they can take maximum benefit?

The main thing is the wonder of this knowledge. This knowledge, given by the Supreme soul is clear and also essenceful. It is like a mirror that one can look into. If you don't have a mirror how can you see yourself? I have to see myself in the mirror of my own mind. My life should be good... it should be elevated. In my company others should become elevated. Company, co-operation and love... remember these things. Now remember what is useful to you and forget that which is not useful.

There two things: doubts and questions. When there is doubt in something there are questions. When doubts finish, questions also finish.

Om Shanti

DADI JANKI – 22 NOV. 12 – LONDON BY PHONE BECOME A MINE OF EXPERIENCES

Baba gives those who sit for bhog very good experiences. Have you become a mine of experiences? Now let go of 'mine' (mera) and become a mine of all treasures. Baba would always say there is a huge difference between the 'mine' of possessions and the 'mine' of all treasures.

The essence of all knowledge is to become free of all ego of 'me' and all attachment of mine. It's absolutely certain now that there's very little time left bring about the real change that's necessary in ourselves.

My Baba knows me and I know Baba. Nothing is hidden from Baba and I shouldn't hide anything from Him.

At the recent Inner Peace, Inner Power retreat in Gyan Sarovar many wrote of their very good experiences, of how they knew that they had found God and there was now no need to go to any other pilgrimage place.

It's no longer a question of asking 'how? Now is the time for receiving everything. No matter how much business you do, make sure you are do not become 'busy'. This is easy Raja Yoga, with which everything becomes easy. Those who experience the auspicious omens of Jupiter over them are free from worry – they don't worry about anything and they don't cause anyone else worry.

Dadi Gulzar and I were talking about 'asochta' (free from thoughts) and 'abhoghta' (beyond the effect of karma) and the connection between them. When I am asochta, I am able to perform elevated actions and so I do not experience any suffering, thus I am abhogta. Create a stage of easiness and lightness, so that you first become close to Baba and then equal to Baba. Become so like the Father that all feelings of conflict, jealousy and defamation disappear entirely.

Dadi has the photo of Baba with His hand on her head in front of her. Dadi wants each one of you to experience having your hand in Baba's hand and Baba's hand on your head.

Dadi never wants to miss meeting the world family on Thursdays. We are now ready to welcome Dadi Gulzar back to Madhuban and so lots of love and remembrances to you all from Dadi Gulzar too. Baba has given us wonderful sustenance through the chariot of Dadi Gulzar. When we keep all the sustenance we've received from Sakar and Avyakt Baba in front of us, our feet won't touch the ground - and that's how we become angels. It's that easy. There is such a lot of service taking place all over the world. Now is the time for us to give experiences through the angelic stage. Just keep flying on Baba's flying carpet, as you travel around the world on Godly service.

Om shanti.

DADI JANKI – 15 NOV. 12 – LONDON BY PHONE BABA IS DOING EVERYTHING

Special greetings on the day of the Satguru! What was your experience while offering bhog today? On the day of Diwali Dadi Gulzar offered bhog to Baba and brought back a special message, which will be coming to you.

We offered bhog for Manohar Dadi yesterday, who left the body on 17th November. Dadi's request is that you offer bhog for that very special soul on Sunday too.

'Baba is Karankaravanhar'

Baba is Karankaravanhar (the One who inspires and the One who is doing everything) and He is the Intellect of the Wise. Karankaravanhar Baba has shown us so many times how He is doing everything and we are just His instruments 'doing' everything in His name. By making Karankaravanhar Baba our Companion in every task, we have had success in whatever we did and we continue to have success, as we do everything in His company.

When people give Dadi's introduction, they talk about the world service Dadi has done and yet Dadi doesn't accept this, for it is Karankaravanhar Baba who has done it all, it is through Baba that so much service has happened all around the world.

Each one of you can see for yourself how Baba has made everything possible. This is the experience of those who are following Baba's shrimat with true regard and are not following their own dictates.

Just as there is a photo of Baba's hand on Dadi's head, Dadi wants each one of you to experience Baba's hand being on your head too.

When you have a good experience at amrit vela, you will find there's no problem, everything works well – and you don't become a problem either. Dadi just uses the words, 'Don't worry - no problem!' and they work wonders.

We have to be flexible in all situations; there's a lot of attainment when we do this. By being flexible, we are to sit on Baba's heart throne and receive such a great fortune.

At the confluence age every single day is a great day, a very special day. It's also important to remember that at this time we are all guests here.

Dadi is very happy that we are spending these few moments together and in this way are connected all around the globe on the auspicious day of the Satguru.

Om shanti.

DADI JANKI – 25 NOVEMBER 2012 - SHANTIVAN

‘I’ AND ‘MINE’ NO LONGER EXIST



You have reached your Home safely and comfortably. Lovely Baba, Sweet Baba, thank you Baba! Baba too likes coming to meet us children, share His elevated versions and give drishti. There is great comfort and happiness in just a second of His drishti. Where should I seat such a big BapDada? In my heart or eyelids? It's easy to seat BapDada in the heart but let my vision see no one but BapDada.

Baba recently said: Follow the same timetable Baba kept. Madhuban continues to follow Baba's timetable. Our daily schedule is from amrit vela till night. Baba speaks the Murli and we listen. We can never miss Murli, whatever time we may hear or read it, if we want to become equal to the Father. Once we surrender with our body, mind and wealth, we do not consider them to belong to us anymore.

We have dedicated everything to the yagya. When we dedicate ourselves, everything gets used in a worthwhile way in yagya service. Serve the yagya through your mind, words and actions. 'I' and 'mine' no longer exist. We are free from the arrogance of 'I' and the attachment of 'mine' and therein lies our happiness.

Both arrogance and attachment will deceive us and cause us sorrow. Where there is the slightest attachment to a person or facility, there isn't fire in our remembrance.

When our sins are burned away, our thoughts become more peaceful and pure. And the more our thoughts are pure and peaceful, the sins burn away faster. When our thoughts are pure, we are free from the entanglements and conflicts with other people's nature and intentions. That is the sign of one who has destroyed the past negative karma: other people's else's sanskars cannot influence or entrap them.

We Brahmins have to make our sanskars like those of the deities. As is the nature, so are the sanskars. Create an easy nature filled with truth, humility, purity, patience and maturity. Keep your mind cool – never flare up! When your nature is easy, your spiritual words are very attractive.

Speak sweet words, my friend! Pay attention that your words are filled with sweetness and spoken in a soft voice. Speak in a way that you are able to go beyond sound... It is the stage of retirement for all, whether old or young. We have to go home; the play is about to end. Spirituality is not just for the elderly; we all have to be creating the stage of going beyond sound. Baba's teachings and wisdom are for everyone.

We have received the fortune of service from the beginning and have seen families where the grandparents, parents and children all come to class together.

'The One teaching us is a wonderful Teacher'

Dadi likes the song "Don't forget the days of your childhood" very much. God is speaking to us in this song: Don't forget the time when you became a child of God... If I forget my childhood and get lost in 'mine' and 'yours', I cannot remember Baba.

The road of life is long; let us carry on singing and dancing. With your lips speak Baba's words. That one 'Baba' is so powerful; all of us in this family call One our Baba. Stay in remembrance, become full of peace and happiness. For those

who have conquered Maya and made the five elements their companion, nature gives support. External and internal nature supports us in every way. Whether there are floods or storms, Baba's children remain safe. Initially, Baba used to give us the knowledge of becoming satoguni (one with pure virtues), those who adopt good virtues from everyone. The rajoguni souls take some good and some bad while the tamoguni souls don't even try to look at the good! It's as though their vision doesn't see any good. They only see weaknesses in others. First become satoguni to then become satopradhan. Pay full attention to this, but without tension. Place an 'a' before the tension and make it attention.

Baba's eyes are very sharp; He knows every soul, what they do and what they think. Make effort not to think excessively. We found Baba and so we have found everything. What more do we need? Those who have Baba, Murli and Madhuban (in that order) in their minds do not need to think too much. You have to think, when there are doubts. We never knew we would receive such treasures from Baba - so use them.

Value your time. No other confluence between the ages will be as important at this time of the Confluence Age. Those other confluences bring us down. But from the time Shiv Baba entered the chariot of Brahma the time of Confluence Age began.

Look at the years that have passed by... Look at Baba and the time. Baba says: I have come for the sole purpose of taking you back. I won't come into the Golden Age. I will give you the golden-aged kingdom and make you like Lakshmi and Narayan. We have to become so completely viceless.

Om shanti.

DADI JANKI – 24 NOV. 2012 – SHANTIVAN REMAIN ON THE PILGRIMAGE AND BABA WILL FILL YOU WITH YOGA POWER

What is the difference between yoga and remembrance? We need to stay in the remembrance of the Father. We are on the 'pilgrimage of remembrance'. It is that pilgrimage of remembrance that fills the soul with the power of yoga. It is then that the power of yoga works within the soul. Through the power of yoga Brahma Baba is creating the Golden Aged world. Never in our dreams did we think that we would be the ones to establish a new era. It is that One who gives the soul light and might... who fills the soul with light and might. In order to be able to stay in remembrance I have to first become introverted. I should not think waste... If I am involved in waste I cannot also be in remembrance of the Father. Baba loves a soul who is true. Not one who is one thing inside and another externally.

Brahma Baba never had a mike placed in front of him. He sustained us through the power of yoga. He showed us how to concentrate on study and inspired us for that. Baba knew how to manage his time. We would churn on what Baba spoke early in the morning. Every day Baba gives us new points and refreshes us. Create newness and you will never get bored. In the evening check what you have been thinking about during the day. Make yourself aware... There is the wonder of Shrimat. If you follow Shrimat you will see wonders happening in your life.

In fact, the whole knowledge is contained in 6 words: Who am I? and, Who is mine? I have to live in Baba's lane and die in His lane. This is what this age is for. For this I have to bring the power of yoga into myself and into my life. This is what easy yoga is. To smile in every situation is an incognito rehearsal. Even if you can't sleep keep smiling and you will see how good you feel! This is a very short life. Don't waste it thinking about things which won't bring you or others benefit.

Our thinking sometimes becomes wasteful. There are sometimes a lot of thoughts about one issue. The energy of the soul is lost in this way. Yes, one may have a thought but to have a wasteful thought and then to expand on it is to sap the self of energy. Check to see if you are coming into the bondage of actions. Shiv Baba does not actually think. Yes, Brahma Baba churns but Shiv Baba is aware that everything happens according to the drama, according to the previous cycle. He remains beyond thought.

We used to experience the power of yoga from Brahma Baba, especially at amrit vela. It is my responsibility to remain on the pilgrimage of remembrance and it is Baba's duty to fill me with the power of yoga.

Om Shanti

DADI JANKI – 26 NOV. 2012 – SHANTIVAN IT'S TIME TO BECOME A TOTALLY OBEDIENT CHILD OF BABA

On coming to Baba we became 100 fold fortunate. We can then move on to become 1,000 fold fortunate. A wise soul will then go on to use the fortune they have received to become 1,000 000 times fortunate. There is peace in happiness and happiness in peace. The true of experience of happiness and peace create bliss within. It is the time to experience supersensuous joy. We now have peace, happiness, love and bliss in our lives. It is Baba's power that enables the soul to maintain and accumulate these qualities within. This is the time to imbibe divine virtues. The more you have yoga, the more you will receive power.

We are the sons of Baba. We say Brahma Kumars and Kumaris but in relation to Shiv Baba we are all His sons. At the Confluence Baba has kept the mothers and daughters in front. In the past people used to say that women are the doorway to hell but Baba is allowing them to open the doors to heaven! We are the pandavas and the shaktis. There is so much praise of the shaktis; Laxmi, Saraswati, Santoshi Devi... On the side of the pandavas there is Arjun, Bheem Nakhul, Sardev, Yudishtra... There is the praise of the Pandava Army.

From Pandav Bhavan, Gyan Sarovar was established and from Gyan Sarovar, Shantivan was established. Then Manmohini Complex was built. It seems that as much as we build, that many of Baba's children are born! A lot has been done and a lot more will be done. This is the task of the Supreme Soul. There is such a huge kitchen in Shantivan – just go to see it and you will be amazed!

What is my task then? It is to be co-operative in Baba's service. If you say that you are Baba's child and yet don't service from your heart then what type of child are you? It is through service one receives fruit. One benefits the self by doing service. This is God's home and therefore we have to be truthful. One should be the same inside and out... I should not be one with two faces. We can't just speak whatever comes into mind. We have to be gyan yukt when we speak to others. I have to eat what Baba gives me and speak about what He teaches me. We don't belong to this world anymore. It is time to sacrifice everything including the body and bodily relationships. It is time to become a totally obedient child of Baba.

Baba is coming after 3 days. Therefore it is time to speed up one's effort. Have you become such a pandava who is referred to in the scriptures? What is in your heart will come into your actions and you will become that practically. Always remember: I am a pandava, I

Continued on next page

am a Shakti. For those who are kauravas money and material things are everything.

What are the six awarenesses we need to constantly create in ourselves? Who am I? Who do I belong to? What is my form? Where do I reside? Why have I come into this cycle? Where is that home I now have to go back to? Again and again remember your point of light form and spin the discus of self realisation. I am Baba's child. I don't have to go back alone. Baba has come to 'salvage' me from this vicious world and has placed me in the boat of truth. He has come to establish the righteous kingdom and He will take me back with Himself. I will then come into that kingdom to play my part.

900,000 souls have now been prepared. Yet by the end of the end of the silver age there will be 330,000,000. Do you keep the aim to come in the Rosary of Victory? If you wish to come in that rosary you have to leave the customs and systems of the old world and follow what Baba says. My task is to remember my incorporeal Father. Let anything happen but don't allow it to impact you in such a way that you become sorrowful.

Om Shanti

DADI JANKI, 18 NOV. 2012 (TO LONDON) GO INTO THE DEPTHS OF KNOWLEDGE AND EXPERIENCE INTOXICATION.

Today is the day of the Sun of Knowledge and of the sons of knowledge - the long lost and now found children of Baba. There is so much fortune in staying close to Baba, being able to draw the love from Him. When Baba is speaking to those in front of Him, in His mind He holds all the children across the world too. I used to tell sweet Baba that I could not stay without remembering Him and I would also ask him 'Did He remember me'? Is it God's duty to remember us too? There are thousands upon thousands remembering Him but it is only One I have to remember. We are so fortunate.

Write your experiences to Dadi of sitting to offer bhog. You are also welcome to write your experiences to Dadi even if not sitting for bhog. (Dadi has a beautiful gathering in front of her with Rajubhai from the murli department present) Baba is always sharing new things so what have you picked up from the Murli today that is new? Highlight these for yourself. I always asked Baba to give me such a good intellect that I would only see what Baba wants me to see and would always speak just Baba's words. Be such a good student that everyday listening to the murli, you experience newness and go into the depths to experience the intoxication from that. When we listen to these new things and bring them into practical life we are not able to see the things of the past or the things of others.

Om Shanti

DADI JANKI – 26 MAY 2012 – GRC, OXFORD BEYOND WITH OUR BELOVED

First of all, we have to have patience. Patience makes us mature and sensible. All the corruption and violence of the world is to finish. We know that everyone is a soul. So let there not be the slightest attachment to this old world. We have to develop patience... We must not react too quickly. Or say quickly, 'I don't understand.' Above all, we must not think too fast! You can be sitting here and remembering someone anywhere. It's like when someone is in India and their husband is working in UK. Our Husband, our Beloved is in the soul world and so our intellect should therefore be up above. Baba is resident of the world up above. Understand this with your intellect and your sins will be burnt away.

***If you can't have yoga, it's an
indication that there's some
bondage or a particular sanskar
that's getting in the way.***

The fact is, we may be sitting here now but tomorrow we may be gone. When we love someone, we love their voice, their face, everything about them. And we don't feel complete until we have connected with them. So, too, we won't be complete until we connect with Him! Someone told me, 'Dadi, but I need a companion!' But for how long will someone be your companion? Let Baba look after you. He will always be with you. When a body is prepared for cremation, everything is removed - their glasses, handkerchief etc. Their hands are empty. You can only possibly understand the things of the subtle region when you have gone beyond totally.

When Dadi came back to Madhuban after being in London for four years, the other Dadis were curious to see if her face had changed (in other words, if she had been influenced). But Dadi had the same sparkle. Her walking had speeded up but she was the same. One Dadi asked her how she could be away for four years. Dadi said how she had practiced akarta (being beyond effect of any action I am performing), abhogta (beyond the experience of enjoying), and asochta (beyond thinking about anything). Didi's mother would teach us to bow, to learn, and die at every step. Having that humility to keep learning is so essential. Instrument souls feel no animosity towards anyone or dislike for anyone. If I harbour feelings of dislike, then others will dislike me. If there is dislike, then it will bring me into a downward spiral. Keep yourself very clean inside. If you keep even the slightest thing of the past then you won't be able to remember Baba. Today's blessing was to fly and swim! Experience these things.

Om shanti.

Dadi Janki – 23rd November 2012 – Shantivan

We use the inheritance we have claimed to earn an income

We need to stay in full awareness of the inheritance we are now receiving from our Spiritual Father. Some receive that income and then lose it. Others know how to claim their inheritance and then use that to earn more income. They also save their income. Such souls feel very happy. They realise what type of inheritance they are receiving. Part of that inheritance is liberation and liberation in life.

Baba has given us the inheritance of being liberated in life. Why then should I remain stuck in bondages? Baba has shown each one of us how to free ourselves from all types of bondages. Do you have any bondage now? Fill yourself now with all attainments and you will feel how attractive it is to live a simple life; to wear white clothes and to have empty pockets. We really don't need all the trappings that society teaches people they need. There is a huge income to be earned here. Some realise how much income there is to be earned and thus they make day and night one in order to earn that income.

If you want to make your nature naturally happy then listen to knowledge, revise it, repeat it, extend it... make it your own. You will then feel that happiness is bubbling inside you... Again and again Baba gives us signals. He tells us that the Golden Aged Kingdom is coming. What do I have to do now then? I have to clear all past accounts and create my own fortune for the future. I have to prepare fully to go back home. It is Baba who has taught me how to do all these things. It is time to go back home and so I have to wind up everything.

Today Dadi Gulzar spoke to me. She said anything can happen suddenly and we have to be totally ready... We don't know what will happen or when it will happen. It is time to withdraw and wind everything up. I have to make everything good now. To do this accurately, it is essential to remember my Incorporeal Father. I have to make my own list, from what Baba has said, of what efforts to make.

I have to do whatever service comes in front of me with the awareness that the 'doer' is the Incorporeal Father. See the whole world – look at what types of service are being done. In fact, it is He who is getting everything done

Previously we were searching for God. We wanted to attain something, we wanted to receive something and now we have received it. We wanted to know who God was, we wanted to get to know Him and now we have... What else is there left to receive? The heart wishes to go beyond sound and to be with Him. To go beyond sound means to become Baba's sweet child. That means to do everything Baba says. God is teaching me how to make my life wonderful and when I make my life wonderful, I can show others how to make their lives wonderful.

God is teaching me how to live, how to live happily. The basis of this is one Baba and none other. Having found Baba I have found everything. Do you feel this? Think about it deeply.

We have received divine knowledge and that reveals to us how to bring virtues into our lives. To bring virtues into one's life requires power. One who is weak will not be able to bring virtue into their life. One who is weak will look at the weaknesses of others. Whilst looking at the weaknesses of others, those weaknesses come into themselves and become an infection. They become infected. One who has an infection needs to go to the doctor. So, become merciful to your own self. Stop all types of dislike and jealousy.

Do not allow yourself to keep these weaknesses with you. Keep attention on yourself and you will feel it is easy to free yourself of these things. Pay attention to yourself and you will feel that you are accumulating all attainments. But if you allow your intellect to go into other things then you will feel that you are moving into loss. The dripping of gyan into the intellect will stop. When knowledge keeps 'dripping' into you then you will feel clean and clear.

You will feel that your heart is clean. First is cleanliness and then is honesty. When a soul is clean within and without, God is pleased with that one. If your heart is clean and clear then you will feel that you don't have to make much effort; everything will seem easy and natural.

Om Shanti

