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DADI JANKI – 7 JUNE 2012 – SHANTIVAN

Let yourself shine!



The Confluence Age is wonderful. Not a minute should be wasted. I have to use the whole time of the Confluence to colour myself in the colours of the Father.

Baba has given me the inheritance. My task is to bring that inheritance into my practical life by remaining healthy, wealthy and happy. My mind should be good and strong. I have to also keep my body well. When the mind is cool, the body is also cool. We are making the world such. My task is to remain happy. Baba has taught us how to be happy. In the world people spend a great deal of time and money to try and remain happy. They even spend time and money to make others happy. Yet, what is the result? They are not able to keep themselves or others permanently happy.

Who is the richest and holiest in the world? Om Mandali... There is no translation for 'Om Shanti'. Wherever you go in the world, people recognise that we are the 'Om Shanti' people. This is the wonder of faith.

What is a sign of one who will come in the Rosary of 8? They will feel that they have One Baba and none other. The eight jewels will not be number wise in this aspect. They will feel: I sit only with You, I eat only with You, I play only with You. No-one will be able to come between Baba and them in thought, word or action... At every step they will follow the Father.

The words of God are: See Father and follow Father. In order to follow someone I have to keep them in front of me. If my vision is on another soul then how can I follow the Father? Baba has given us the 3rd eye to see the Father. When the soul sees the Supreme Soul then it shines like a star. If you see or think about something else then you the soul will not shine.

Now keep the awareness; no matter what happens, He cannot be separated from me and I cannot be separated from Him. We have been waiting for this moment for so long!

Om Shanti

DADI JANKI – 24 AUGUST 2012 EVENING - SHANTIVAN HEAVEN IN OUR HANDS



In my heart and in my mind there is only one thought: I now have to go home. We have to make preparations now. It's not just that I alone must be ready. All the ancestors have gone already but Baba is not giving me leave; He is making me sit here. You have heard many things about Dadi Prakashmani and about Baba, Mama, Didi and others. I keep them all in my vision and in my heart. I have to know myself and do service by being an instrument.

In order to stay in remembrance we have to have a soul conscious stage and a soul conscious stage makes it easy to remember Baba. The body consciousness that is hidden inside us creates a lot of negativity and waste. We speak, we listen and we see a lot of this. But we can become free from all of it by stabilising ourselves in a soul conscious stage. There are the 3 monkeys: speak no evil, hear no evil and see no evil. We have to know how to close our mouths, our ears and our eyes to anything that is negative or wasteful. Baba also taught us: Think no evil. If we think no evil, we will do no evil. Baba said recently we have to banish not just evil thoughts but waste thoughts too.

Baba loved the picture of Krishna with a flute in one hand and kicking this world – hell – away with his foot. We are holding the murli in our hearts and to the extent we make effort, heaven is coming into our hands. I asked Baba at the beginning: 'What effort should I make?' Baba said: Read the murli 12 times. From that time I value murli so highly, because there's so much magic in it. Many are taking time to transform themselves. Baba gives us such clear teachings, cautions, and explanations in the murli that we can imbibe and inculcate very well. Shrimat comes through the murli and shrimat is always on our heads.

My heart should be happy and my mind cool – not hot. Sometimes

young people have a mind that is heated. If your heart is not happy and your mind is not cool, you yourself will suffer. So you have to keep your mind cool and your nature simple and your heart happy. Happiness doesn't just come from temporary, material things. You are all happy to be in Madhuban. Why? Because you get pure food prepared by Brahmins in Madhuban. As is the food, so is the mind; as is the company, so you are coloured. We have to take care never to take any food from outside and allow ourselves to be influenced in that way. With pure food knowledge sits well in our intellects. Because I eat pure food, I don't need to think about what I am going to speak about. Taking care of what you eat is manmanabhav and madhyajibhav – remembering the Father and the inheritance. We have to check: is my hand going somewhere, is my mind caught somewhere – do I get distracted? Baba has said: Connect your mind to Me alone.

During the day be a karma yogi, an easy yogi, a natural yogi, a Raja Yogi. Baba is making us kings of kings through Raja Yoga. Day and night continue to experience the good feelings of this great fortune of ours: who I am, who I belong to and what I am doing (karma philosophy). These are the deepest points. It is so important to understand karma philosophy. Not even sannyasis can renounce action. You are performing actions in the corporeal world but your intellect is always connected with the Supreme Soul. Only then can your mind stay peaceful.

I love Baba's words: All souls belong to the family of the Supreme Soul and the soul consists of mind, intellect and sanskars. When we have grasped this, the mind remains peaceful and the intellect calm, and our sanskars change. All this happens through having remembrance of the Father. Have the thought: I

belong to God's family and all the souls should be peaceful and pure and make sure that you are a peaceful and pure soul. To perform an elevated action, you need zeal and enthusiasm. Have courage, faith and honesty. Through knowledge and remembrance Baba has taught us not to perform any action for which will later repent. Actions are very powerful. We say that God is the Almighty – All-Powerful – Authority. Through Him we receive so much power that we can perform such action that brings the golden age onto this earth. Through our actions we are now making the world into heaven and through our remembrance our sins are being absolved. We now feel heaven is in our hands – it is not only in Krishna's hand or Brahma's. Shiva speaks through Brahma but we are all Brahma's children and so have the intoxication that heaven is in the palm of our hands!

I didn't know my part in the drama would be to fly around the world doing service. I did a lot of service in Bharat but after 1968 I was bedridden, and I asked Baba: 'How will I create my fortune, if I cannot go here and there and do service?' But sweet Baba replied: 'Your fortune is in Baba's hands.' Everything that Baba said is coming true. Definitely our fortune is in God's hands. And God says to us: Your fortune is in your hands.

Just hold the thought in your mind: 'I am the embodiment of peace and peace is my religion', and perform elevated karma. In the morning you are Brahmins and in the evening you are angels. I am not God's daughter; I am God's son – I have all rights to the father's inheritance. I am a student so you can learn from me. Pay a lot of attention to the study. We study not just for ourselves but in order to make others equal to us. Become an example of whatever Baba says. People need to understand by looking at you what

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DADI JANKI – 26 AUGUST 2012 EVENING - SHANTIVAN YOGA AND CO-OPERATION



Baba and Dadiji said yesterday that we have to bring time close; we have to have mercy for all those who are experiencing sorrow and show them the path of liberation and liberation in life. Most souls will just go to the land of liberation. Baba said: The old world has to be destroyed and so there have to be people to prepare the bombs. They too have to be sent to the land of liberation with love. All karmic accounts will be settled at the end and everyone will go back home. We have to pay a lot of attention to keeping our intellect in good shape. Our final thoughts will lead us to our destination, so we have to be accurate in everything.

Baba says: Become healthy, wealthy and happy. First you become wealthy – you possess the jewels of knowledge; then you become healthy – you don't keep anything in your mind or your heart – and then you become ever happy. When you are happy, all sorrow is forgotten. Therefore God says: Remove all attachment, remove the five vices, remove the arrogance of the body. Most people have a lot of arrogance. We have killed our arrogance. We don't have name and fame or position. We don't want any wealth. There has been a lot of transformation. So many people – householders and sannyasis – are concerned about their position. With us, when there is opposition, that's when we stay in our position: we are carefree, we wear white clothes, our pockets are empty - and we are becoming the masters of the world.

So many types of service are happening now. But what will you do next?

Dadi Janki – 24 August 2012 Evening -- Shantivan Heaven in our hands

a valuable life you can make through true remembrance and knowledge. By being an instrument, you become viceless and incorporeal. Baba and Dadi are calling on you to acquire that stage. For that you need to be alert, accurate, an allrounder, and ever ready. I consider myself young - not old. Who gets tired? One who makes no effort or who has no aim.

The Million Minutes of Peace initiative – to collect minutes of peace from individuals in order to bring peace to the world - was suggested by a small child. It taken to the United Nations, and they contributed there million minutes. People find it very difficult to stay in peace and yet everything happened so easily. Around the world there have been not a million but a billion minutes of peace. But in the world nobody can stay in silence for even a minute but here I will hold the number one position for doing this: I want to do it first. What is there to do but remain in peace? So much service was done through that project. What is next?

Another successful international initiative was Global Co-operation for a Better World. Through co-operation (sahayoga) there was a lot of expansion in service. There was yoga and easy (sehej) yoga. Did you become co-operative through yoga or were you first a yogi and then co-operative? When we are co-operative the gathering becomes powerful. Some may say 'I had very good yoga today' but if they find it difficult to be in the gathering, to co-operate in the yagya, they are weak – they are not easy yogis.

There are four subjects: knowledge, remembrance, service and dharna. Have the aim to pass with full marks in all four Having even two marks less in one subject will cause you a great loss. You have sacrificed your life to God. He is my Baba and I am His child. In that case, why haven't you become detached from your body? Why are you not able to detach from it in a second? Why are you still pulled by bodily relations?

Because your sins of the past have not been destroyed, you are unable to have accurate yoga with the Father. Only remembrance can destroy past sins, so that the soul becomes free and can perform elevated karma. Baba is putting us in the boat of truth and taking us across. We are doing a lot of service, establishing the new world. Baba has not taken our bodies on loan but has made us His children – He is teaching us, sustaining us and making us worthy.

Yoga means full concentration and connection with the One Father. We are not just praising the virtues or giving a lecture on them, we are bringing them into our own lives. Baba says: Whatever virtue I have, you have too. Baba feeds us and makes us strong. By conquering the vices you will become karmateet. To achieve the karmateet stage you have to take good care of your intellect. Never think 'I did it' or 'I have to do it.' Baba the Doer and if He wants to do anything through us – it is our fortune to be His instruments. Be bodiless and a trustee. If you get 100% in this you'll pass in all four subjects. Just have true and pure feelings, and good wishes – that's all. Make God your Companion and watch the drama as detached observers.

At this point in the cycle, you have to benefit time, have good quality thoughts and stay in your self-esteem. Understand that the Father is doing everything. Recognise that everyone in the family is good; if you are influenced by or feel dislike for anyone, you won't become a yogi. Baba is the Boatman and the Gardener and we are walking along with Him. Let everyone see us and follow us. It's time for all to go home. Dadiji said that we have zeal and enthusiasm for service but we must also have volcanic yoga. Know that you are the victorious jewels and success is your birthright.

Om shanti.

Om shanti.

DADI JANKI – 24 AUGUST 2012 - SHANTIVAN BABA, MURLI AND MADHUBAN



If you have Baba, Murli and Madhuban in your heart and mind, everything becomes easy. This is the proof of being Baba's child. Many tests and difficulties may come in front of you but one who smiles, even at the time of difficulties, will never have any difficulty. I am a soul and I am Baba's; I am an embodiment of peace and an embodiment of power and Baba has given us the knowledge of this drama. Understanding the knowledge of the drama makes us cheerful; by belonging to Baba we receive power and by being soul conscious we become the embodiment of peace and power.

You listen to and read the murli very well. Throughout the day, revise the murli. Let there be no waste thoughts. A true effort maker will become an incognito effort maker. An incognito effort maker will benefit both time and thought and will do service well. As instruments, there is a lot of service to be done. Baba's children are doing service and receiving the fruit of that service and receiving power through remembrance. There are Baba's godly versions. Imbibe well what Baba explains and makes you understand. When you have inculcated the knowledge, you will want to do service. Therefore knowledge, remembrance, inculcation and service are the four subjects. The fourth subject is service. Knowledge is not just for relating to others – it is there to connect your yoga to Baba, to inculcate. With knowledge you can stay in Baba's remembrance and you will definitely receive power.

In London, Dadi clarified the difference between remembrance and yoga. Pay attention when you connect the yoga of the intellect with the Father. Forget the body and body relations. This is our last birth and so nothing should be remembered while we are on the pilgrimage of remembrance. We have to wind up everything. We pilgrims are all going together to Paramdham - the land beyond sound. There is no sound because there are no

bodies there. Your stage becomes very firm, when you constantly remember the Father. There may be fluctuation but you will not shake. Yoga means connection – relation; and subtly the soul is receiving power.

There is energy and power. Weak ones need power. This is the battle of the storm and the lamp and there are many storms of Maya. Take power from Baba and all your weaknesses and deficiencies will be removed. Through your connection with the Father your sins are absolved. It is now the time to become the conqueror of the vices. You have this fortune of conquering the vices and so no thoughts can go to waste. You can attain the karmateet stage, having conquered the vices, and when you attain your karmateet stage, you will attain your perfection. Everything happens through the power of yoga and through this power all deficiencies and weaknesses are removed and all the powers are automatically present for you. Sometimes you need the power of tolerance, sometimes the power to withdraw or the power to co-operate. The power to tolerate is the main one. There are sometimes fluctuations between the nature and sanskars of each other. The biggest Maya is not having the power to tolerate. Lust, anger and greed have gone but without the power to tolerate, negative thoughts come and the powers go to waste. As we make effort, these powers will act as a companion, giving us support. We are receiving power from the Almighty Authority and so continue your service but don't indulge yourself in gossiping or spending your time in negativity, because you are creating your energy by doing service. Day and night you do service and receive blessings. You are accumulating in your account of charity. There is happiness in doing service and power in remembrance.

While alone, remember Baba and, when together, do service. Even when together in service, remember

Baba. We have to do service together. You cannot do service alone. Doing service alone you will not have that much happiness. That is not service. Knowledge and remembrance say that looking our unity the entire world is looking at us. Anyone doing a job follows the orders of the boss. Here we don't have to follow the directions and principles of a guru. Baba has made us independent. He helps so much yet never makes us followers. Our interest in having remembrance of the Father pulls us and by staying in remembrance of our Supreme Father we move towards our supreme abode. We perform actions whilst constantly remaining detached.

Before we go to the land of liberation, whilst we are here in the corporeal world, we should have an avyakt stage. In the Subtle Region there are many angels and their feet are not on this land. They have unlimited disinterest. They are totally detached from this world. We have to sacrifice everything here. While performing actions and doing service we have to remain detached and in this awareness our stage remains at a peak level. Remember who you belong to - Baba searched for you and made you belong to Him and taught you how to smile.

Never get distracted during murli or you will spoil your chart. We have a better chart by getting up at amrit vela and remembering Baba a lot, listening to the murli with real interest, remaining engaged in Baba's service, and always being peaceful, merciful, broad hearted and sweet hearted. Look at yourself and see how your heart is. If your heart is honest, true, peaceful and merciful, the Master will be content with you. Your heart should be very powerful and strong. Stay with the Comforter of Hearts and experience and enjoy sweetness. Whoever you see should receive a smile; they should forget their difficulties and problems and feel better.

Om shanti.

DADI JANKI - 19 AUGUST 2012 - GCH (AM)

WE ARE BECOMING COMPLETE, SO CONTINUE TO GROW AND GIVE

When I sit to offer bhog there is the pull to Baba, then the thought that everyone should reach the subtle region. Do you have this feeling of being pulled up there? You are sitting here but have the experience of sitting on top of the globe, serving the world. Are the things that Baba is saying in the murli in my life? Baba says: Be bestowers and not ones who ask for anything. No power should be lacking in the soul; there should be the thought: 'I am the child of the Master Almighty Authority and I have received power from the Father'. We have nothing else to do except be happy and give happiness to others. This happiness never reduces, however much we use it. No thief can steal it. This is eternal and imperishable happiness.

Q: There are a few souls who have the ability to say something and it happens. Do we have to make effort for this stage, or is it a blessing from Baba? How do we attain this?

Dadi says there are few like this but we can become like it. It is not a matter of effort - just to think and do. To develop this quality their needs to be faith and trust in oneself, Baba and the task, then everything happens. The bhavna (pure feeling) makes us feel whatever has happened is very good and whatever is to happen will be even better - then our activity naturally becomes filled with virtues. Our words will be elevated and not ordinary. Deities give the fruit that is desired by the mind. Brahmans who are the children of God emerge words of truth without selfishness. Whatever Baba says happens. Baba said there would be expansion. When Baba became avyakt He said that the murli would be revised. Baba tells us in advance what will happen. Sakar Baba, Incorporeal Baba and Angelic Baba are all with me. Baba says He takes the support of the body, but he made Brahma

Baba completely His. Brahma Baba gave the body on loan and Shiv Baba become the master and took over. Brahma Baba said that he would not become a king simply by receiving the rent from the One occupying the body. We sit in front of the tree and the cycle but should we sit in front of Brahma Baba, in whom all knowledge is merged? Churning needs to be so elevated that others will not forget the knowledge. When you come into contact and relationship with others, share these elevated versions. People will not forget. Through an experience of Brahmans and Brahmin life, many take a jump. We have to be the incarnation of truth and honesty. If there is body consciousness there will not be success.

Q: Baba says we have to give visions, is there some special effort we need to make in order to give visions?

One who gives visions becomes Baba's worthy child, because they follow the father. Whatever Baba tells us to do, we put on our head and do that. The results of this are very good. Such a child is always obedient and faithful. No one will be pulled to remember them or will attract them. We are all children of the Supreme Soul. In our actions and relationships, our behaviour reveals that this is godly service and we are all receiving from Baba directly. Automatically people experience Baba through our actions and our relationships with Baba. It is not that anyone has the intention to give visions but through their face and activity they will reveal the Father. It is not just a vision of light but the soul becomes light and receives might. When a soul has visions, they see so much light. This is because we receive light and become powerful and souls then receive this light and are drawn to Baba. They don't have to make effort with the intellect - automatically there is faith.

When service began in the foreign lands we were aware that Baba had taught us for the benefit of the whole world. I value the study so much. We are the children of the Father who is the Bestower of the knowledge of the Gita. Are you intoxicated by this knowledge? What is the difference between intoxication and happiness? With constant intoxication the soul can give visions. With the internal chant of 'Let me live in your lane and die in your lane' there will be a deep feeling.

Q: Often Baba says that each one in themselves is very good but there seems to be a gap of love and respect when we connect with each other. What is the missing link?

Each one should have the feeling from the godly family that this soul is my well-wisher - no matter what they are like. Then it will happen. To see someone else's defect or mistake and speak about it is a big mistake for which you will suffer, because no one will see your goodness. Many are experiencing this punishment. Through the happiness that comes through honesty and good relationships we can become bestowers of happiness. Seeing the weaknesses of others denies us this experience. We are becoming complete and everyone has some type of speciality; that is why we are here. Do not forget your personal income and do not get into 'So and so did this' type of thinking. The ego of 'I' and doubt and suspicion are serious illnesses. We need to become perfect and complete and with an internal chant for this create a beautiful atmosphere in all four directions, then Baba will give us blessings.

If I have good bhavna for service and for my personal stage and have good attention, then, even if there is some weakness in me, Baba will give a signal through someone or another and enable me to remove it. Whom will I

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DADI JANKI - 3 AUGUST 2012 - LONDON

LOVE YOURSELF, DRAW LOVE FROM BABA AND GIVE LOVE TO OTHERS

(Sudesh Didi and the London family welcomed Dadiji and Hansaben into the celebratory atmosphere of Raksha Bandan)

Should we ask Baba, Dadi or the whole gathering regarding the happiness of the Confluence Age? Dadi has been asking everyone in Madhuban: Who experiences real happiness? Baba is very happy seeing all of us children and the happier we are, Baba is also happy with us. Dadi is even more happy seeing all of us so who is the happiest!

The nourishment of happiness makes everyone wealthy, healthy and happy. Those who are constantly accumulating in the account of charitable actions are the ones who remain happy all of the time. There are some who have waste thoughts and speak unnecessarily. Baba spoke in

the murli this morning about science and silence. The world is trapped in science and we are seated in silence.

Even if the Olympics are happening...these are the worldly things. We are all accumulating so much happiness and everyday I receive emails expressing this. There is so much happiness in remaining happy and giving this to others. Remembrance is so wonderful. Rakhi shows how much love we have for Baba and the family.

There is love for the self when there is renunciation and tapasya. Without these we cannot have this experience of love for the self. Who gives time to themselves to experience loving the self? Then Baba feels this one is his sensible child and give extra love. But where there is no love for the self, Baba also cannot

give that love to you. Love yourself, draw love from Baba and give love to others. Love is not something to be shared through words. Love means the feelings in the heart. The heart is happy and Baba as the Comforter of Hearts is happy and everyone else is also happy.

It is a guarantee that wherever Dadi goes she gives just happiness to everyone. 'Don't worry, no problem'... be in this state. There is no need to worry about anyone at all. The Confluence Age is the age for earning so have no extra or waste thoughts. In the latest message that Dadi Gulzar brought from Baba, Baba spoke that time and thoughts are the two diamonds that we have to use in a worthwhile way. I don't want to keep the blessings Baba gives to myself so I share them with everyone.

Om Shanti

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Dadi Janki - 19 August 2012 - GCH (am)

We are becoming complete, so continue to grow and give

smile and laugh with and whom will I cry with? My Baba is my Companion and is with me and I am playing my part. So if I have made a mistake I need admit it and then Baba will say: OK, child, forget it. To think 'So what if I said something?' is careless. Another incognito aspect is that I cannot make effort when I compare myself with anyone: 'That one is making good effort and I will make the same.' Baba makes us free and independent. If I am comparing myself with someone in my effort then I have forgotten that I belong to Baba.

Each one is doing what they can. Maintain a merciful and generous heart. Do good and there will be good. Such a slogan does the trick of working on us. If I think badly of anyone, it will manifest in me and we don't see our own weaknesses. Have a pure attitude and vision and then you can become an embodiment

of visions and all difficulties will go away. Even if the body is sick, the soul will become well. Baba sacrifices Himself to those with a generous and merciful heart. One who does service with an honest heart is in the heart of the Comforter of hearts - and the intellect feels this too.

Q: Our stage should be such that whoever comes in front of us we should be able to catch what is in their mind. Yet there is often so much rubbish in people's minds. Why should I want to catch this?

If someone throws rubbish outside another's house or on the road, there would be a fine. I am not a dustbin and no one has the power to throw their rubbish at me. To have that much self respect is to have a strong stage. What do waste collectors do? They collect the refuse and then com-

put it or burn it. So do not keep any rubbish in the self or talk about rubbish. Baba tells us to value our time and thoughts. Do not waste time in useless matters. Who will lose out? I will. It is important that I use my time remembering the things Baba has told me. When I pay attention to my dharna, I become tension free and then I am able to keep attention on what Baba is telling me. Any future service will then be without tension and there is faith that it will turn out well. If even one hour goes by with tension, it will become a habit. Maya takes us into long stories. Make sure the amazing points of knowledge that Baba shares each day are sitting in your intellect, so you are not thinking of things that attract.

Keep your hand with the Hand of The Bestower of Fortune and sit on the globe. Continue to grow and give.

Om Shanti

DADI JANKI – 15 AUGUST 2012 - GCH, LONDON

OUR TRUTHFULNESS AND HONESTY IS ALL WE WILL TAKE WITH US

Service, remembrance and relationships with one another – all three should be elevated. Do such service that you give blessings to yourself and receive blessings, then you don't need to ask for blessings. When you stay in remembrance, you receive blessings, good wishes and a boon. Don't remember anyone else but Baba; then nobody will remember you. If someone is remembering me, it's my mistake. To think 'Oh, it's OK to remember that one' is a mistake. No matter how much work you do, it is the service you do that is the income you are earning.

May you be bodiless - beyond the consciousness of body. To be bodiless should be your natural practice, your nature. Otherwise you're not aware that body consciousness is working inside you and whatever you do - how you interact, speak, eat and drink, everything - is being done in body consciousness. Baba had total attention on the self, whilst observing everything. Baba said: Some children say they have 100% faith but what if someone were to die tomorrow? I am not afraid of dying. I'm ready to die. Why? I know we have to leave the body, having become satopradhan – with not the slightest tinge of rajo or tamo. That's why I'm ready.

Baba loves those who live like a lotus. The majority of you stay at home, yet there's no attachment. You do service of the yagya at home and sow your seeds. Whether staying here or at home, don't allow your intellect to be pulled by any bodily being. Each one's part, each one's story, is wonderful. Baba doesn't tell us to leave our homes but to let go of attachment. Attachment is very subtle. Think about what you are still attached to – is it the body, human beings, your home, the family?

Mothers say 'Baba is my first child, then there are the other children.'

Does Baba not have anything, then? Baba is the Bestower, the Bestower of Blessings and the Bestower of Fortune. Our give and take is with the Bestower of Fortune and the Bestower of Blessings. To give to Baba means to receive so much. Whatever I hold onto for myself I will remember in the final moments and my status will be reduced. Nothing is mine. What will go with us, when we leave? Just our truthfulness and our honesty. We definitely will leave the body.

***'Just by pressing
the lift button you
go up and down.
Staying in silence
is like that'***

Everything happens by itself. I don't need to do anything except stay in silence. That's the power of silence. I'm not afraid of destruction but before destruction happens we are establishing - through our own lives - what the golden aged world of happiness will be like. Others are our companions who are going with us to heaven.

Who surrenders everything, who uses everything in a worthwhile way? Earlier I used to have a lot of expectations that souls should quickly do something to transform. Now I don't think anything but I don't let go of that hope that it will happen one day. The sound of faith from within is: everything will be fine – it will happen one day. There is 'no doubt'. It's guaranteed all will be well. Faith brings victory, while truth and honesty bring success. If you are holding on to any weaknesses, just say 'Baba, I am yours' and the weakness will go away. When there's honesty and no carelessness in my effort, there will be success. So let your effort be honest and truthful, and not superficial.

Let every thought be filled with truth, every action with honesty. Have the feeling: I am the child of the One who is the Truth; He gives us Truth and makes us truthful. A child who is true is able to surrender to God - and then God will surrender Himself to that child. If my effort is sincere, Baba will give me a push to help me make that effort. When I am honest, I will do everything with zeal and enthusiasm. Do you honestly feel that you are a true child of Baba's?

Truth inside gives a lot of strength and the feeling that 'I don't need anything'. I want to leave the body in this way. In the golden age, we will leave the body and take another so easily – we're rehearsing for that now. The gates to Paramdham will open when we are all ready to go... We have to create our corporeal, avyakt and perfect stage now. Once created, whatever stage I reach will stay. So have the deep desire to create a powerful stage. Just be honest and happy. See how there's no one so happy as one who is truthful – they neither give nor take sorrow. If I take sorrow, no matter how much another gives, that's my mistake. We have received blessings not to take or give sorrow. If you give or take sorrow, you don't experience blessings. But if you don't give or receive sorrow, you receive so many blessings, and you give yourself self blessings too.

Whatever you have to do, do it yourself - not through others. If you do good, everyone will benefit. There are so many good things for you to think about, pay attention to and put into practice. The One up above is getting everything done and whomever He does it through has their fortune created. Baba said to me once, when I was sick and unable to travel: You don't need to worry about anything; your fortune is in the Father's hands. You have such a fortune. So dance with that happiness.

Om shanti.

JEWELS FROM DADI JANKI...

August 2012



Pilgrimage of remembrance

- Have the deep feeling inside that we are leaving. We are not returning here. Just keep going.
- Finish everything and don't pick up burdens.
- Accumulate the power of yoga.
- I need the power to withdraw and pack-up otherwise if I have something on my mind I get stuck.
- Have no concern for other people. There is love for each other because we are on the path together but there is no other connection.
- When the intellect is pulled to remembrance it stops it from being pulled here and there.
- If you don't remember anyone but Baba, no one will remember you.

Power of yoga

- Destroys the attraction of the vices and past karmic accounts.
- Makes the past the past – including our old nature.
- Accumulates power to enable me to perform pure karma.
- Requires a good intellect.

- Means the work gets done but 'I am not doing anything'. See how Baba does things and says 'I am care-free'.
- Increases the power to judge and discern.
- Increases the power to face and give co-operation.
- Brings purity.
- Baba's blessings are merged in the power of yoga.



Good dharna

- Once your dharna is good there is naturally enthusiasm to do service, and your dharna will be good if you have absorbed the power of yoga. This is not just a matter of speaking knowledge but it is to do so with a deep inner feeling to serve.
- It is very easy to tell others what they have to do, but it is hard for us to hear what we have to do.
- Through soul consciousness you get the power to understand yourself. Through the connection with Baba you get the power to change yourself. Through the awareness of time you get the power to change now.
- You can only be deeply happy if you understand and recognise yourself. If you recognise yourself you will understand and follow shrimat accurately. If you ask 'why' and 'what' it means you have not understood drama.
- Let nothing enter your mind because it will cause fear. Nothing should come in without my permission. Keep two security guards: pure and determined thoughts.
- Take everything with good feeling. Whatever another wants to say, it is my chance to bow and to die.
- Nothing can happen without honesty and love.

JEWELS FROM DADI JANKI...

August 2012

- If you don't have the strength to finish what happened in the past, you won't have energy for the future.
- In order to fill us with love, Baba has created the principles and maryadas of the yagya. To offer bhog on Thursday is a way for Baba to feed us and make sure that everyone receives from the yagya. If you don't offer bhog then there is no guarantee that you will receive food to the end. Prepare and offer bhog with your heart and Baba will give the return from His heart. Baba does not want us to have to ask for anything from Him or beg for anything.
- Value time. If you don't you will not be able to earn an income. We do have time. Value time and you will not get confused. Then those who have to help will just appear in front of you. Those who know the importance of every day and every moment are the emperors and empresses so there will be a lot of happiness.
- Ego takes up a lot of extra time from us. Arrogance is the desire for recognition. It doesn't allow you to feel 'I am a child of God'. Ego is of the self and doubt is of others and situations.
- Am I ready to die? I have to leave my body having become satopradhan with not the slightest tinge of rajo or tamo. What will go with you then? Just your truthfulness and your honesty.
- I may have given up my attachment to my lokiks but they may not and this is why sometimes you feel low. If someone remembers me in a bodily way I won't be able to do service. If there is the slightest attachment, you won't experience Godly love.
- In order to absorb knowledge a clean intellect is needed and by inculcating this knowledge it turns into jewels.
- Why is Baba loved so much? He transforms the intellect of souls!
- The sound of faith from within is 'everything will be fine'. Faith gives the experience of victory.
- To surrender means to make your thoughts, words and actions profitable.
- Pure and elevated thinking benefits others and gets the work done from a distance.
- To be introverted means to keep your mirror clean and then to check yourself.
- By considering yourself to be children of God and keeping attention, the mind and intellect will create the right sanskars.
- With hierarchy comes fear and there isn't a feeling of belonging.
- Courage, trust and pure feelings (bhavna) – even if you don't have a penny, keep these with you.
- Internally keep truth and in interaction keep humility.

Motherly love

- Makes you belong.
- Makes this a home.
- Melts the hearts of many.
- Brings the feeling on seeing someone new: we should sustain this one, give them good company and make them happy.

Friendly love

- Brings equality.
- When there is no friendliness, there is jealousy.

Spiritual love

- Spiritual love brings equality. Love is receiving blessings.
- There is love for the self when there is renunciation and tapasya.



Om Shanti

DADI JANKI – 17 AUGUST 2012, GRC (AM)

WE ARE ALL PILGRIMS ON THE PILGRIMAGE

There is Baba's magic in every murli. Have this experience and let there be such transformation that it is as though magic has happened! Let there be the urge or yearning that something new will happen in all kinds of service. With such enthusiasm our feet do not touch the ground. Baba would ask Dadi if she had done service before having breakfast and would say not to eat dinner without giving the evening class! Once your dharna is good there is naturally enthusiasm to do service and your dharna will be good, if you have absorbed the power of yoga. This is not just a matter of speaking the knowledge but it is to do so with a deep inner feeling to serve.

Today I will clarify what is the power of yoga and the journey of remembrance. With the pilgrimage of remembrance we keep the deep feeling inside that we are leaving. One never looks back on a pilgrimage. Wherever you are going, whether it is Amaranth or Badrinath, the intellect is focused on that place.

We are going to Paramdham and need to focus on this destination. Usually with a pilgrimage there is a return but we will not be returning here but be going onto Satyug, the world of happiness. On this pilgrimage we finish everything. We don't pick up burdens.

On a pilgrimage people travel light and don't depend on anyone. We are fellow pilgrims who are traveling together. We are that cause you to waste your time on unnecessary things. You are on the pilgrimage so just keep going! Sometimes gossiping holds us up on the process of pilgrimage. 'Now, we are going Home'.

It is through remembrance that you accumulate the power of yoga. The

power to withdraw and pack-up are enabling us to go further on the pilgrimage of remembrance. If we do not pack up, we will not have the experience of the pilgrimage and will not be able to convey the feeling of being on this journey to others. Those who are pilgrims have a lot of love for each other; they are simply together due to the journey and do not have any other connection.

Mama had severe physical illness and yet it was as though she was not in the body.

'Mama had so much power of yoga. When we visited Mama in hospital Bombay, she made herself completely bodiless and gave such drishti that we couldn't even see her body!'

Otherwise there would have been attachment. That day and today Mama and Baba give the experience of bodilessness.

When Baba came from the hospital theatre after an operation, he gave drishti and we all experienced the bodiless stage... This is called the power of yoga. Forget about Maya being the 5 vices, that is already over, but realise that the impact of the force of matter is only transcended with the power of yoga. Through the power of yoga we de-

stroy the attraction of the vices and past karmic accounts and make the past, past.

In the present take power through yoga, as yoga gets the work done. Whose power of yoga is it? Yoga means the work is getting done together, and 'I' am not doing anything. We are all together and the work is getting done. It is through the power of yoga that establishment is happening.

It is said that it doesn't take long for God to make humans into deities. Before the deity is the Brahmin and in bhakti they bow to the Brahmins and then the deities. We are Brahmins by the actions that we do, not by the name. Those Brahmins get people to do things for them and we are Brahmins because of the work we do. We offer bhog to Baba and give it to others to eat. We prepare the food and give to the people who are householders, not the other way round.

Again and again, it is the power of yoga I am thinking about. When we are on the pilgrimage of remembrance nothing else comes to mind. If something is on our mind it means we are stuck somewhere and the intellect is pulled; maybe by the body or relatives. Do not allow this.

With the power of yoga we get the power to judge and discern. In remembrance we need the power to withdraw and pack up. Through yoga we get the power to face and give cooperation. There is so much cooperation going on and a yogi would never say, 'I do not get cooperation'. Remembrance is about my personal effort and yoga is for service; in relationships, through the power of yoga, love does so much work that no one will ever say that they have to tolerate something. It is godly love.

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Dadi Janki – 17 August 2012, GRC (am)
We are all pilgrims on The Pilgrimage



What does it mean when we communicate another's weakness? What would be the stage of one who does this? Yoga mean: how does Baba do things and speak? We have to emulate him and see what kind of answer he would give. Criticising and reporting people is not the stage of a yogi. In remembrance there is no concern for other people.

It is a very subtle thing and subtly the power of remembrance pulls us, so the intellect is not pulled here and there. There is a song, which goes 'We are going in the direction of the subtle regions and we are pulled by the string of love and no one else can pull us'. We are on pilgrimage. The language of a pilgrim doesn't say they cannot live with this one or that one. The pilgrim is one whose intellect is 'hanging with God', so there is no attachment or attraction – nor are they affected nor drawn to anyone.

This journey of life is very long and so let us move along singing and dancing and not concerned with any other things. As a pilgrim there is a lot of purity and we maintain peace and love. These days of pilgrimage will one day be over. Baba is happy seeing the pilgrimage and gives blessings when He sees one is not disturbed. In happiness we never get disturbed nor disturb anyone else. This time is very valuable and important. We are on a pilgrimage sitting at the Gates of God.

At Haridwar the devotees bathe in the morning and in the evening worship the Ganges and the goddesses. In the morning we take the bath of knowledge and progressively throughout the day towards the evening we become more and more worthy of worship.

Purity comes through the power of yoga. The heart experiences power

through purity. We experience so much regard for Baba, Mama, Didi and Dadiji, who served in such a way that they brought us into remembrance and inspired us to do service.

'From the beginning until now I am concerned with the thought: 'Who am I?'

We have to go deep into this, then we can send the intellect up above to whom we belong to. When we go inside we get the remembrance of Baba and can then go up above. It is through the power of yoga our negative karma is destroyed and power is accumulated to enable us to perform pure karma. This karma was beyond our capacity and we had never even thought about it. Baba has done it through us and people are amazed.

To accumulate the power of yoga we need a good intellect. If the intellect is caught up in ordinary things, the work will get done but our income will not increase. No one will stop the work for me. If I am given service to do and think that someone else can do it, then, of course, someone else can do it - but why should I throw away chance to create my fortune?

Service is already fixed and it will get done, but in order to become a god or goddess, I get the opportunity to do service and by doing service I learn many things. Keep a good record of giving regard, because we are all pilgrims on The Pilgrimage. Baba tells us often in the murli not to spoil our register. We cannot

have yoga or remembrance, if we get angry, irritated, disturbed or annoyed. If we do, the result of that has to be endured and it takes time to get our original stage back, so there is great loss. With each and every step pay a lot of attention.

If the new world is being created by the power of yoga at least you can maintain your body with the power of yoga! Baba's blessings are contained with the power of yoga. We need to have the intelligence to draw Baba's blessings to ourselves, so we can continue with the power of yoga. In remembrance do not be held back or hold anyone else back.

We are all becoming avyakt. If we have full clarity about remembrance and the power of yoga, we will reach the destination and all illnesses will disappear.

We have to make sure that our last moment will be accurate and will take us to our destination. That will only be possible when we have had yoga over a long period of time. We can become the 'giving' form like Baba when we move along with Him and it shows that we belong to Him.

God sees the virtues in the ones that the world does not see. One soul who came to Baba, who was never given regard or respect in worldly life, did everything for Baba and, was totally transformed with virtue.

It is said the ones with no intelligence are raised, when there is the intelligence to stay with Baba and be with Baba. Cleanliness, honesty and being honorable are virtues Baba likes. It is good to be a sample of living simply. Become so light and free from burden. Only when we are light can we be in remembrance and then Baba clears the way for us.

DADI JANKI 18 AUGUST 2012 – GRC, EUROPEAN TEACHERS RETREAT

THE BENEFIT OF TRUTH AND CLEANLINESS

Baba gives such murlis where he is reminding us of what is the golden age and how it will be there. Baba used to stay awake at night to finish off the distress and sorrow of the world and, secondly, to bring about the golden aged world. Become conquerors of sleep. Previously we used to sit in front of the pictures of the cycle and the tree in the History Hall during amrit vela. Now we sit in front of Baba. It is from Baba that we receive the knowledge of the beginning, continuation and end. Only when all souls have gone back home can the world be called the golden age. These are very delightful and wonderful things. It was Brahma Baba who had studied the scriptures but Shiv Baba who explained the significance in such a way that no human being could have interpreted them. Set aside all other concerns. Baba has so much concern for our sustenance. You receive full sustenance here. To copy Madhuban is to copy Baba. There is no meeting of the Ganges and the Ocean, but there is the meeting between the Brahmaputra River and the Ocean. In the Kumbha Mela, there are three rivers, the Ganges, Jamuna and Sindh Saraswati.

Some have done such service, that they have created their memorial. We need to have truth and humility, and also the quality of harmonizing with all. We are sitting at the wonderful gathering of confluence age. We are sitting in the great gathering here, with a variety of children who all have visible love for Baba. When there is love for one another and service is done together, one likes to be present in that kind of gathering. We have time, money and energy to use well and not to be wasted. We have family feeling. It is our duty to tell people the truth. Whether in Bharat or foreign lands, our role of doing service has changed.

Make good effort to understand the depth of 'Who am I?' Make such effort

that you become very royal and real and then the conscience will not bite internally. Effort means that I should closely observe my thoughts, words and actions. If there is a mistake, immediately ask for forgiveness. No need to sit and cry about it or make it bigger than it is. We have to bow, learn and die. You can accept that you are wrong, but not regret to such an extent that you give yourself a headache. Keep a lot of patience, which is what is needed to make the thoughts pure, elevated, clean and determined. Be careful that no impure thoughts arise. There is still time. We are receiving such elevated knowledge to be inculcated now. We have to clean our mirror, so that we can see what we have to do. If I look at others' activity, my mirror becomes dirty. If I look at others' weaknesses, I am unable to see my own, because it dirties my mirror. Then it becomes progressively more dirty. In order to make yourself good, know about shadows, omens and the canopy.

Sometimes there is a little bit of a shadow over the head and we are not able to do as well as we could. Keep your eyes wide open and your heart so clean, so that the remembrance of Baba keeps pulling you. Let there be increasing enthusiasm for moving forward. These things are missing when there is a shadow. Because of lack of attention, you come under the influence of another person. It's not a spirit, but it's the shadow of someone's influence. The conscience isn't clear and cannot be used properly to discern. It is very harmful and dangerous to be in this state of being influenced. You should avoid the company of such souls, have powerful yoga so that they are freed from their negative omens and also you don't come under that negative influence.

Always have this feeling in your heart and mind of the eight powers. Not first in the head, but in your heart and then this is visible through your

eyes. The heart is happy, the eyes are cool and nature is simple. This is the meaning of effort. Not happy just like that, but happiness that arises through deep understanding. Keep your heart clean and make yourself truthful. To keep yourself clean is a separate duty. In an instant, place yourself personally in front of Baba and clean your heart. When there is cleanliness, there are no infections. In a gathering some get infections easily. Then they don't feel comfortable. But this doesn't happen to those who have a clean heart. With infection, you have to take such medicines that they weaken you.

You can have a life like a diamond through having a clean heart. The cowrie shell has no value. By inculcating values in life, you have a life like a diamond. Baba said that the Supreme Soul has His part filled in Him and we have our part. The matter of great happiness is that we know this part. The jeweller knows how valuable each diamond is. Baba had this intoxication in his lokik life. This is the gathering of jewels, diamonds and pearls. Valuable ones do not come under influences quickly. They won't make hasty deals. Baba's words were often, 'Wait and see'. You are all wise. You don't react quickly to things. You are mature, deep and intelligent. Someone who is truthful has strength. There is power in truth. It is Baba who has made me true. Truthfulness destroys blind faith and places pure true feelings in us.

Who is ready to do service that will open people's eyes? When your heart is clean, there will be no infection. You will be healthy, wealthy and happy. This is the benefit of cleanliness. Baba is the Bestower. He teaches us to be bestowers. Find ten minutes to revise the murlis - with others or even alone. This will bring you close together and you will not forget these churning. To discuss knowledge

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DADI JANKI – 3 MAY 2012 – GCH, LONDON – EVENING CLASS

WHAT RETURN DO WE GIVE BABA?

(Sudesh Didi and Sister Jayanti joined Dadi on stage and shared their deep appreciation of the sustenance Dadi is giving, serving tirelessly since she arrived in London, one week ago.

Sister Jayanti asked everyone 'what return do we all need to give to Baba, for such fortune?' Sudesh Didi shared that thanks to the facilities we are able to receive Dadi's sustenance wherever we are yet when we are in front of Dadi there is the feeling of receiving power and bliss)

From the time I have been Baba's I have always been aware that I have to give the return to Baba. Baba is so sweet; He sits and explains to us with so much love. We just have to understand that and say 'Ji Baba'. We have to catch the feeling that God has for all of us. Avyakt BapDada has spoken of the need for accurate 'catching power' and 'touching power'. Each one's part in the drama is wonderful. We should catch vibrations from one another.

In fact, Baba has created the yagya so that we can give the return. The sound of 'One God, One World family' is now being heard; Baba is making the world one family. So what return should we give? Baba is showing us and saying: Look children, all you have to do is observe and accept what I say. The yagya is the instrument for us to be able to

surrender. Who else would we surrender to? Baba surrendered everything to the yagya. Keep the ancestors in front of you - see the examples.

To give the return is very easy: have renunciation - just look ahead and don't let your vision to go anywhere else. Stop and check yourself. The mind and physical senses come completely under our control when there is renunciation. The mind and the senses are not being suppressed and there is knowledge and yoga. Then I am the master, and the actions I perform are very good. In a subtle way, keep checking that there are no desires and attachments within that bind you - no desire for name and respect nor any feeling of being insulted. These don't allow the mind to become quiet and peaceful. It is our fortune to keep our minds clean and peaceful, for then our tapasya is natural and we really experience belonging to one Baba.

See what energy you receive from tapasya! Go into deep tapasya for a minute... What is the return I have to give to Baba? We are doing tapasya for the self yet Baba benefits too, because then it is easy for Him to get His work done through us. What does Baba have to do? The plan of the drama is already fixed. As a hero actor have the habit of connecting with The Zero. Baba is

the Zero; stay with Him and you will become a hero. The return is being this practically. Baba has placed His hand on our head and made us sit on His head. Claim full marks in 'tyaag' and 'tapasya'. This season Baba has been saying: Children, just finish all waste and maintain elevated thoughts by holding the key of determination. Then see how everything works out well even without a plan or programme! Be ever-ready and Baba will make you an instrument for something or other.

In the recent meeting of 1,600 teachers in Madhuban they took up the word 'appreciation'. Appreciate someone for whatever good they are doing - it costs nothing. Appreciation is the top quality of the 12 core values. Really appreciate whatever little each one is doing and do everything peacefully. Have firm faith in Baba, and see how good drama is. Each has been selected from each corner of the world. Those who are mature, sincere and yogi are cooperative. Their faces will never show anything else. It is not our royalty to show anything else on our faces. Sit for a while and see.

We won't have such a wonderful gathering like we have now in any other age. There is so much importance of this gathering. Understand the importance of everything and accept it. Make the lives of everyone be filled with great importance. For this cleanliness is needed in everything - external and internal. With cleanliness there is attraction to the Magnet. The power received from the Father will work like a magnet. One of the signs of a charitable soul is that the powers work like a magnet. The Magnet pulls us and the service that happens through this is very subtle. So be very clean inside and do not keep anything in your heart. Finish even the slightest vibration of the past and experience transformation. Let no one say that you are the same today as you were yesterday - that would be an insult to your stage.

Dadi Janki 18 August 2012 – GRC, European Teachers Retreat The Benefit of Truth and Cleanliness

is good, because otherwise you get caught up in wasteful and harmful conversations. Do not get involved in waste discussions. When the knowledge is dripping from your mouth, then wherever you go, with whomsoever you share it, they will ask you to come back. Then people will get the feeling to serve the yagya in some way. Baba is happy when we do service with a true heart. I become happy and so does the one being served. He is the Bestower of Blessings and the Bestower of Fortune. First give the donation of knowledge, donate virtues, give time. Then a person's fortune opens up and they are able to start receiving blessings from Baba. You are receiving these blessings from Baba and are using them in service. There is great strength in Baba's words. You get strength do this in a practical way and won't waste time thinking about it.

In a second remove from your thinking the words, 'Why did it happen?' It's OK, it won't happen again. Then the mind will have time to do true service. *Om shanti*

Om Shanti

DADI JANKI - 3 AUGUST 2012 EVENING CLASS - GCH LONDON

TIE THE RAKHI OF DETERMINATION

The festival of Rakhi provides us with the gift to remain constantly enthusiastic in every way. Baba indicates in the murli how keeping who we are, Baba, knowledge and attainment in our awareness makes us truthful and gives us so much strength and power.

We can become lost in the experience of 'My Baba' in all three forms (corporeal, avyakt and incorporeal) and, with the feeling of how Baba belongs to us, we forget all bodily relations. Dadi wishes the emails we send to become only full of the experiences we have of seeing Baba and how He is seeing us. Our thinking (chintan) should be just of Baba and of knowledge, and that way we will be free from any worry (chinta).

During this Rakhi time, we will take benefit from keeping in our awareness 'Whatever actions I perform, I do for myself'. Both our words and our actions are connected to our thoughts; our actions should always be good and then we will automatically be happy. If our actions are even a little bit ordinary, our conscience will bite. Realise how actions are very powerful. God draws so much attention to our actions; 'follow Brahma Baba only'. Stop looking at any other beings, and only look at Baba. To take note of the actions of other people and then speak about it isn't good at all, and it is something that Brahma Baba never did.

Give whatever weaknesses you may have to Baba and He will give so much love in return. In particular, two things cause problems: 1) ego or 'I' and 2) doubt (in either oneself or in others). Understand the damage of these two things and free yourself from such illness. Only look at yourself, and only keep Baba's face in front of you. Don't talk about or look at others.

Baba has been saying that, instead of making promises for Rakhi, have

determination in thoughts: 'I really want to change myself'. The Golden Age is coming whether we all succeed in becoming worthy or not, so let us be determined to perform elevated actions from morning to night. Karma is very deeply connected with yoga. We can tell from people's actions and their drishti if they have good yoga. Success in yoga means success in karma, and the young sapling is automatically planted.

In the early murlis Baba used to refer to those who did the opposite to what He said, as 'camel-birds'. When you ask them to fly, they say they can't because they are camels and, when you ask them to carry, they say they can't because they are birds. Always have the art of flying and of making others fly. Irrespective of responsibilities, nothing should be a burden. We are the masters of the world who uplift everyone even although our pockets may be empty. Look at the world and see how worthy you have

become from what you were. At least see how fortunate you are and have the vision and attitude of how each and every one in this Family is fortunate. Baba embraces us or places us on His head when we keep this pure vision, and this is how we reveal Him.

Now finish this word 'but' and instead do everything with faith and by being carefree. Whatever happens has benefit in it. To expand on events and to go into the depths of talking about it is a sin. Become able to pull your own ears and make sure any mistake won't happen again. Become one who uses his life in a worthwhile way and doesn't want to have anyone else's life.

Whether you say 'Baba' or 'drama', make it your own determination to create transformation. Be detached observers, make Baba your Companion, and see virtues in everyone.

Om Shanti.

DADI JANKI – 22 JULY 2012 - SHANTIVAN

TO TAKE SORROW IS MY OWN MISTAKE

What is tapasya? The sign of doing true tapasya is success not only in remembrance but also in service and relationships. All three are connected. To do whatever service comes in front of the self with faith and to remain in remembrance and thus carefree whilst doing that service is called tapasya. If you are like this then it is as if your destination is fixed and you are moving towards it whilst remaining unshakeable and immovable. The practical form of tapasya is that my whole life is carefree. Go into the depths of this and check yourself.

Brahma Baba renounced and did tapasya. If there is any type of unhappiness inside then check where it is coming from. I cannot blame anyone for giving me unhappiness. Why not? Because if I choose not to take any unhappiness anyone is trying to give inside me then I will not be unhappy. It is because I take it inside that I become unhappy. I then blame the other person for making me unhappy. To blame anyone else is my mistake. The whole event occurred because of my own weakness. I took sorrow. I thought about things and took sorrow.

Today make a pledge not to take sorrow again. You create sorrow inside yourself by thinking too much. It is in that thinking that sorrow lies. Therefore, it is my way of thinking that needs to change. My level of thinking needs to change. Do you understand what Dadi is saying? Baba has given power,

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DADI JANKI – 24 JULY 2012 - SHANTIVAN NEVER WASTE YOUR THOUGHT ENERGY



We are all children and drama has taught us to dance. We look at the scenes of drama and we see how they are passing. Nothing stays the same... Each one has to look at the self and see that since the day we came to Baba you have been given the mercury of happiness. It is up to me and my effort how much I make that mercury rise. Having come to Baba there is no need to experience sorrow. Pay attention that you don't now allow any sorrow inside. Happiness chases sorrow away. There may be a number of reasons for sorrow to come but if you allow it in you will not be able to get rid of it easily.

My face should be such that it automatically does service. The practice of having good wishes and pure feelings for others makes us feel very good ourselves. It is time to become free of sickness and of strictness. I should make sure that I do exercise – moving my body. If anything happens in any situation, just be detached. Don't let anything affect you because it can make you

sick. Churn the ocean of knowledge because it gives energy. Never allow yourself to get upset. Some get so upset that they want to walk away from Baba. Don't allow this to happen to you. Don't get upset or sulk in any situation. If you become upset it takes a long time to put yourself right. If you become upset then look at yourself as a detached observer: is anything going to become right by my becoming upset? Keep yourself, peaceful, pure, elevated and full of determination. Make such effort that the type of thoughts you have keep you very peaceful. Don't waste any of your thought energy. Pay attention to your thoughts and Baba will give you incognito co-operation. Baba knows that we are world server children.

If you feel that you have bondages then the way to finish them is to listen from the heart to God's versions and to do service from the heart. This is the method to stop bondages pulling one towards them. If you don't have interest in doing service then the bondages will pull you to

themselves. Since the day we came to Baba we have been bound in Baba's love. Once Mama told Baba that drama had bound her in its bondage. Baba said that it was not only drama that bound her but Baba's love had also bound her.

Many souls have all types of desires and expectations. Others expect from me and I expect from others. This is actually a type of sickness. This will not allow you to take benefit from all four subjects. The solution for this is to accept rather than expect. Whatever is happening is what should be happening. Your expectation will take you far from others. For example, I may have expected something from you for many years. I may think that it will happen one day. And if it doesn't happen...? In fact, what I have to do is to maintain my own patience, love and bliss. It is this which reaches others. I have to accept everything – it is this that brings patience. So leave all expectations and others will then stop expecting from you.

Om Shanti

Dadi Janki – 22 July 2012 - Shantivan To take sorrow is my own mistake

happiness, peace, love and bliss to me as an inheritance. Count your attainments – what have I received? How much have I received? There are many things to be learned in this life. When one keeps the attitude of learning at every moment then he or she feels everything to be very good. For this, one needs humility.

In fact, I do nothing. I am just an instrument. 'My thought' leads to 'my sanskara'. What will my sanskar lead me to? One who is humble and an instrument will not think of 'my sanskaras'. There needs to be truth within and humility in actions. Don't consider yourself to be ordinary. We are doing service of the world – our very lives are to bring benefit. What attitude then should there be in my drishti? This one is my spiritual brother, this one is my spiritual sister.

Baba has said that it is not possible to see Him through these physical eyes but rather the divine eye and divine intellect are required. Where do these come from? I have to remain in the awareness that I am a soul and I

belong to the Supreme soul. Only this. I have to now leave the consciousness of the body. It is the time to emerge the original sanskaras of I the soul. It is the time to bring everything Baba says into my practical life.

Learn to think positively about yourself! Keep one Baba and none other and wonders will happen for you! We are all different like the five fingers on a hand. We just have to come together in unity and co-operate with each other. The new world will then be established. Don't look at anyone who is doing wrong things. Don't see them, don't think about them and don't speak about them. Instead, think of specialities. Think of your specialities and think of the specialities of others.

Baba is the Purifier and I am the one who is being purified. Therefore, I should not have any impure feelings for either my self or anyone else. Just as God is known as the One who uplifts all, so too I have to become a greatly charitable soul. Consider whatever you have received to be Baba's gift to you, share it and all your desires will be fulfilled.

Om Shanti

Dadi Janki – 25 August 2012 – Shantivan Happy, intoxicated and lost in Baba's love

All of you are sitting in Dadiji's love. Dadiji has given all of you so much love and so what return will you give? Dadi had truthfulness, honesty and simplicity in every aspect of her life. We should be so honest and do yagya service. We put our hand in Baba's and we give the proof in the service we do.

Dadi spoke the murli when Baba became avyakt and gave a lot of sustenance through that. Our sweet Dadi created such a strong sense of belonging in the family. I would say to Dadiji, 'Dadi, you are so sweet' and Dadi would say: Baba is so sweet. There should be no pull to or from bodily relations nor from any old sanskars or nature. Spiritual love makes us real gold. Have a life like a diamond, be a true, flawless diamond – no defects, no stains. You have to become something yourself. Think to yourself: 'I have to become real gold! This will happen through the power of knowledge and remembrance, which will remove the alloy from the soul.'

Baba is saying these days that by making our time and thoughts beneficial we will create for ourselves a diamond life. Be a hero actor and make your life like a hira (diamond). You have to be both. There is such a vast difference between good and bad, between diamond and stone. To make our lives diamond like we have to become 16 celestial degrees complete, full of all virtues. There should be no trace of the bad. Then I won't look at others' defects, which is such a big mistake.

There are 12 values and 8 powers. The powers will give us the power to inculcate all those virtues. If there is any lack of virtues, the bad things hidden within us will cause us to see the bad things of others. When I remember Dadiji, I always remember her sweet words. Dadiji was full of all divine virtues. We never discussed anything negative, even when we were living together. To give regard to one another, to understand each other's specialities and to value them is what I learned from Dadiji. Each one has their speciality.

Baba said today: You are studying in this birth and will receive the fruit in your future birth. Value the murli and

you will receive the benefit of that in your future birth. Some people spend all of their time in worldly study and what fruit do they receive from that? With this study, the One who teaches us is the only One - the Father, Teacher, Beloved, Friend and Satguru. In the form of a Friend and a Teacher Baba gives us a lot of help. He is also a Satguru; he gives shrimat. Study means shrimat. The Father's instructions are: Mamekam (Remember me alone) and Manmanabhav (Be Mine with your mind). There are a lot of secrets hidden within every word that Baba uses. In the Gita Arjuna says: 'Oh, God, your knowledge is incognito and within it are hidden such great secrets.' When we churn knowledge well, our stage will become one of total bliss (bliss is also a word that's used in bhakti).

Service is going well but my feeling is that on Dadiji's Day everyone should have the determined thought that you will achieve such a stage by remembering Dadiji. Whether physically or in your thoughts, you have reached Madhuban today in Dadiji's love. So what return do we all have to give now?

Speak sweetly, my friends. How are we able to speak sweetly? The Bestower of divine vision has made us trinetri and trikaldarshi. Baba has explained the world drama cycle. Baba said; Look at yourself all day long and check to what extent the whole world cycle is in your intellect. You were that a cycle ago, you are that now and you will be come that. This will bring you happiness (khushi), intoxication (nashar) and you will be lost in Baba's love (musti). With that intoxication, you will forget where and what you are now. That intoxication will be with you, whatever you are doing. First you have the happiness you have found the Father and in your practical life you will have intoxication. And when you are lost in the Father's love difficult tasks are easily accomplished.



Om Shanti till Next Issue