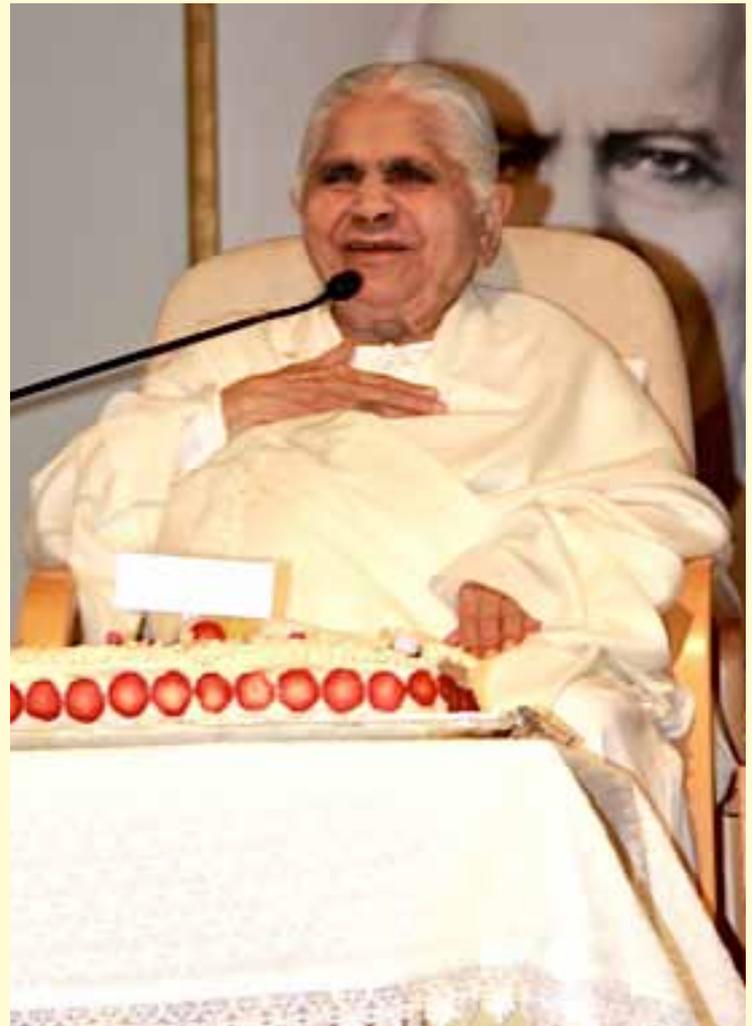


In this issue

- 2 *It's time to become equal to the Father*
- 3 *Tell Baba everything and become free*
- 4 *Clarifying what is remembrance, what is truth, what is purity?*
- 5 *'with students of less than three years'*
- 6 *Let Baba refresh you.*
- 7 *Give God your burdens and become totally light*
- 8 *Q&A with Dadi Janki & Sister Jayanti*
- 9 *Service is fortune*
- 12 *V for Victory – W for Wisdom*
- 13 *Learn from mistakes and keep moving forward*
- 14 *Seeing everybody, I remember only one thing.*
- 16 *Faith, Victory and Success*



Dadi Janki – 29th April 2013 – Cambridge 'Words of Wisdom'



There's a lot of benefit in understanding in a practical way the answer to the question: Who am I? You are seeing this body but I the soul am making the body function. I need to recognise myself as a soul, the driver of the vehicle. My body, is my car. A driver always drives carefully and is aware of the need to reach the destination on time. Go deep inside and recognise who am I? Become introverted. We are all now sitting quietly and peacefully. This is wisdom.

Secondly, in life, there needs to be the awareness of to whom one belongs. In a spiritual sense, it is the One who is quite separate from all human souls, all messengers and prophets. I belong to the One who is loved by everyone. People ask: What is love? They are hungry for love and thirsty for peace. When you recognise who you really are you can experience peace. Then one can pay attention to who is mine – the Almighty Authority, the Supreme among all souls. He is the Ocean of Knowledge, Peace, Love and Bliss and He is mine. He is my Mother, Father, Teacher, Friend and True Guide.

Where did Dadi gain this wisdom? From experience. When I become combined with that One - there's victory, and I become free from ego and attachment.

We need to live and work with people. The most rewarding way of living and working with people is to maintain an attitude that everyone is good. If God is my Friend, that makes everyone else my friend too. Understand one thing very well. Once there's double victory (V+V), you're able to have wisdom (W). W stands for wisdom. W should not stand for 'why' in my mind. Don't keep asking why, why, why? People are constantly asking questions and crying out in distress. Our language is quite different; it is filled with pure feelings. Are you able to catch the vibrations of pure feelings? By asking questions we just waste time.

I, the soul, have found God the Father and have received so much happiness and power from Him. Any deficiency

Continued on page 10

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DADI JANKI – 13 MAY 2013 – GCH, LONDON

IT'S TIME TO BECOME EQUAL TO THE FATHER



I am God's child. Never forget this. There is a great deal of benefit in being aware that I am God's child. Remaining in this awareness allows us to move along on the path of life whilst singing and laughing. It's only possible to laugh and sing when there is a great deal of intoxication inside. Even if you make a mistake put a full stop and then pay attention not to allow it to happen again... but keep moving forward. Something beautiful happens at the confluence age so we have to put a full stop to everything else and take benefit. Our study is about how to remember One and how to put a full stop. Remember One and keep putting zeros (full stops) and you will see how 1 becomes 100's and then 1000's.

I have to keep the aim to become equal to the Father. Through remembrance I can become equal to Him. Through remembrance I receive power, my sins are absolved and I receive the strength to perform elevated actions. It is not easy to keep the aim to become equal to the Father. The Father looks at everyone equally. He looks at everyone with a lot of love. He gives to everyone equally. Baba shows us what spiritual love is and we can then share such love with others.

When one's mind is peaceful and the physical senses are free from desires, the soul can truly experience supersensuous joy. For this I have to follow Baba's Shrimat both for my mind and my physical senses. This is the first step in becoming equal to the Father. First the mind becomes peaceful and then the physical organs move into order.

Meditation becomes natural. The time we spend sitting in meditation helps us when we do our work. We feel the spiritual atmosphere and have the experience of Godly love in the gathering. It helps us to become

natural yogis. The vibrations of love reaches far and wide. The vibrations we receive from Baba pull us towards Him. As we get closer to Baba it doesn't seem a big thing to become equal to Him. I can't become like any other human being because we are all different, with different specialities. We have to see each other's specialities but keep the aim to become equal to Baba.

'Our love for one another should never decrease. Pure feelings work wonders.'

When our spiritual family benefits the world also benefits. That love takes us beyond all limits and allows us to become equal to the Father. The day is almost here when we will become the conquerors of attachment and the embodiments of remembrance. We have to forget everything else and remember Him. Don't ask any questions because the drama is predestined.

Baba is not teaching us anything superficial; we have deep renunciation from inside. One is to conquer lust but there also should not be the slightest trace of anger, greed or attachment within. I have to go deep to see these things in myself and I have to keep on checking. No one can become the embodiment of remembrance without first becoming the conqueror of attachment.

At the time of amrit vela we are His students. We are His students during class. We then do Yagya service throughout the day. The yoga and study we do in the morning help us with relationships and tasks throughout the day. We cre-

ate a yogi life. So remain alert while sitting in yoga. Take the benefit of this time. Pay attention to keep taking from Baba.

Be aware; body consciousness deceives the soul while soul consciousness protects the soul. God has shown us how to be free from the bondage of the body and this is His mercy. I have to take benefit from the Father. Keep courage and you will definitely receive help.

Remember that the Lord is pleased with an honest heart. It is my responsibility to keep Him pleased. One has to keep their Lord pleased. When the Lord is pleased you will get the reward for many births. He has come here especially for all of us. He has selected children from all over the world...

Have you developed a compassionate mind? How far does your compassion extend to? When there is compassion there is kindness. When a soul is compassionate, God's grace and mercy shine on that soul. When God's grace is on the soul, the soul cannot help but feel happy. In fact, all God does is to remove sorrow and give happiness.

This is His task... So check your own self against the Murli. Whatever weakness you have can be removed through the knowledge He gives. This is Baba's mercy. If you really want to experience happiness then follow what He says accurately. You will be able to transform and the result will be true happiness. You will then feel that it is not a big thing to become equal to Baba.

It is your true and big heart that has brought you here. It is your love for God and for one another that has brought you here. Baba is creating a world of love and that world of love will soon extend over the entire globe.

Om Shanti

DADI JANKI – 12TH MAY 2013 – GCH, LONDON

TELL BABA EVERYTHING AND BECOME FREE



Baba often tells us to spin the cycle. Do you stay in the awareness that there is not much time left? We are the basis for changing the world. We have received so much study and sustenance. Dadi has the bhavna that people in every corner of the world should become aware of who their Father is. They may not become Brahmins but they should be aware that on leaving the body... in the last moments... that they are going to their Father in Paramdham. Are you yourself aware of the final moments of destruction? Are you aware of your own final moments and do you pay attention to making them good? The soul is imperishable, Baba is imperishable, and the attainments we receive from Him are imperishable, yet a great transformation of the world has to occur. It is time to emerge my angelic form. I am a soul, God's child. Do you keep this intoxication? We are even more elevated than the prophet souls who establish religions. We have a direct connection with God. They came down to start religions; we are helpers in His task. Baba has come to take us up above. So become stable in the angelic form and you will be able to fly. Birds and foreigners are no-one's friends because they don't belong in this world. This world doesn't belong to us.

I am here just for namesake – to carry out a task, which in fact, is already accomplished. We are just instruments – just as Brahma Baba is an instrument. We have been adopted by the greatest and wealthiest soul in the world. Those who are adopted have the intoxication of what they were before and what they have become.

We are trustees – we are not householders... Brahma Baba was the greatest trustee. He was a trustee, he was bodiless, no one belonged to him, he had no centre as such, no zone... He had the awareness that everything belonged to Shiv Baba. To

become a trustee keep the awareness of being a detached observer and a companion of God. When you have God, you have everything in your life... There is so much happiness in belonging to Baba and happiness gives us wings. Oh Prabhu, show the path to those who are blind. The world is full of people who can't see... The world is full of darkness. Thus, we need to have kindness, compassion and mercy. Baba is the ocean of these. When we make mistakes and tell Him clearly then Baba forgives the soul. You will then feel completely free... This is such a beautiful experience. Baba forgives and makes the soul forget. It is my responsibility not to make that mistake again. My attention has to be on not making mistakes. When one pays attention they are able to be tension free. Baba is inspiring us and making everything happen. I don't have to keep thinking. Keep thinking a lot and you will keep asking what to do. I have to stay quiet, listen to Baba and do what I know I need to do. Don't think a lot and Baba will get what He needs done through you. Don't have expectations from your actions. Do it and throw it in the ocean. Don't wait for the return. If you want to create your stage then have the attitude of renunciation. Whilst being on service, have an attitude that is free from action. Go beyond now. Go into the unlimited. If you want to go fast then don't go deep into anything except the ocean of knowledge. Even if you have come last, if you have the attitude of renunciation you will become the image of tapasya and you can go very fast. Don't allow any temptations to affect you. No, I am Baba's obedient child. Be obedient and He will become your servant. I have to be obedient to the extent that I follow everything He says. You will then feel truly happy. Renunciation will make you the image of tapasya. You will then become a true sevadhari. Then pay attention to maintain humility. I have not done anything. All I have

to do is to use my time in the most worthwhile way. One is the fortune of fortune of renunciation, another is the fortune of service, third is the fortune of being a good example. If you are a good sample then others will also become inspired.

We have to accept everything. Don't react even when someone says something. Bow down... to bow down is to be victorious for all time.

To offer bhog to Baba in the gathering is a very unique and lovely experience. Baba also gets pulled when we offer bhog. Initially sisters became trance messengers through offering bhog to Baba. It is important to have every type of experience on the spiritual journey; we should not miss out on any experience. Not everything can be seen with the eyes. Some have visions while others just have experiences. We don't base our effort on having visions. Today we offered bhog for Jagdish Bhai. He came to London for treatment and at that time he sustained the Double Foreigners with love. He was accurate in all four subjects. Dadi gave him the course and he was accurate from the time he came to Baba.

Dadi had had thought that someone should write Baba's knowledge and Jagdish Bhai became the instrument. The first book he wrote gave God's introduction; His name, form, time place and activity. Everyone was intoxicated when he wrote that book. It did a great deal of service. Jagdish Bhai did good service abroad. When Baba became avyakt, he came to speak to Dadi... When Baba received letters from abroad he would give them to Dadi. Letters would come from London and Hong Kong, from people who had left India. The first group of six to leave India stayed in London and did service... They toured around everywhere from there...

DADI JANKI - 17.5.13 – GCH, LONDON

CLARIFYING WHAT IS REMEMBRANCE, WHAT IS TRUTH, WHAT IS PURITY?

When you hear Baba's murli, you automatically remember Baba. Why do I remember Baba especially? Don't remember anyone but Baba – in fact, don't even remember how to do this! When you don't remember bodily beings and relations even by mistake, you can have extra remembrance of Baba.

Baba is keeping you in His eyes, so would you not remember Him? How much do you experience your own intoxication and express that in your activity and behaviour? Wonderful service is happening and each one is playing their special part and so should I not remember Baba and the wonders of Baba's games in the drama?

Today in the blessing Baba said never to get disheartened - never to say that someone will never change. Good wishes cost nothing and they are what work. I remember how Baba has good wishes for everyone. Baba then says we have to demonstrate our bhavna practically by surrendering everything and thereby become a conqueror of attachment. Check that your money isn't being used for anything sinful. When you truly surrender to Baba, you receive such blessings from Baba.

Baba tells us everything very directly – that's why I love Him so much. I didn't realise so many children would take birth. So what is Baba's plan? Instruments are just instruments. I find out whatever the programme is when I need to know it; otherwise everything is pre-planned, and so I don't need to think about it.

I asked Mama once how she stayed in silence, so accurate in yoga. Mama replied: I keep my intellect plain. With Mama's intellect we saw the wonder of yoga. Although she was Baba's daughter, she was the same as Baba in her efforts. Many had visions through Brahma Baba. Baba had visions, al-

though Mama never did. But when you looked at Mama, you would be inspired to observe and learn from her. Mama would speak the knowledge exactly how Baba had shared it. We saw how good Mama's intellect was – in gyan, yoga and dharna. Mama knew that seeing her activity, others would do the same. Mama made no show of her effort; it was just her practical activity and experience. Mama had the picture of Lakshmi and Narayan made. She would give the instrument creating the picture powerful vibrations and so what was created was such a beautiful picture. Whatever service you do, fill it with alokik spirituality and divinity.

What is the difference between truth and purity? It's a question of experience, not words. First is purity, and then truth. Truth only comes, when there's purity – in my thoughts, words and actions. If there is a negative thought, it pushes the soul to do that. Waste thoughts will make you speak wastefully. So we have to be very cautious, alert and clever. Mama made the quality of her thoughts the same as Baba's. Mama practically became Bapsaman and she did not take time over it. Day and night just have this concern yourself. It will happen, when you don't spend time thinking you have to surrender to Baba. If you waste time like this, the time will never come when you do surrender. Purity means only Baba and none other. It is with purity that you can have yoga. Yoga brings power. The True Father, True Teacher and True Guide is giving us the sustenance and study which is true and so it works. In my thoughts there's complete purity. No waste thoughts about anything or anyone. So, have faith in the intellect and remain care-free then you'll receive the gift of being unshakeable, knowing that destiny is fixed and everything is planned. This is the fruit of remembrance of the Father. The Gardener sustains the

seed in such a way that it can yield multifold fruit. Babulnath changes thorns into flowers, whilst in the world all are being pricked by thorns. We give each other sorrow, chasing after temporary happiness and wasting our time. That time is past now. In Bhakti there are so many temples with the different names of Baba: Parasnath (Lord of Divinity, who turns iron into gold), Babulnath (Lord of Thorns), Amarnath (Lord of Immortality) and Somnath (Lord of Nectar – the nectar of knowledge). Those temples were built in memory of the work Baba did at this time. Let me stay in the awareness – in remembrance - of all that Baba is doing.

We have to remember the effort we need to make: 1) not to remember anyone else. Your happiness reduces if you remember others and 2) no one should remember me. Make so much effort that no one remembers you anymore – as if you have died – and no one that pulls your intellect in any way.

It is said: the root of religion is compassion and the root of sin is ego. The proof of remembrance is no ego. If I have mercy, I can do service like Baba. If I talk about someone's error, that is not mercy. If I have forgiveness, I can remember Baba.

Truth and love can reach you from Baba and pull you; you will feel, as the song goes, as if 'Someone is pulling me with the string of love.' The string of love pulls us towards our original home. Experience this at amrit vela and also during the day, while you're cooking, washing - or whatever work you're doing. Take the practical benefits of remembrance. If you have a headache, don't go and sleep; go into the kitchen and work and you'll feel better.

What Baba did himself and inspired us to do stays in our awareness and we're seeing the fruit of that now. Keep Baba's stories in your mind throughout the day and then remembrance is easy.

Keep the atmosphere so powerful that it pulls people like a magnet. This is service.

Om shanti.

DADI JANKI – 8 MAY 2013 – GCH, LONDON ‘WITH STUDENTS OF LESS THAN THREE YEARS’



We have now understood what we need to do whilst living in this world. Have you understood this and have you also understood who you really are and whom you belong to? Whilst living in this world it is my task to transform myself from an ordinary human being to a divine human being.

We live very simply. We don't have greed to acquire material things or for food. Our life is a pilgrimage and others who see how happy we are travelling also get inspired. One who is on a pilgrimage doesn't take anything with them. Before setting off, everything is packed away and the soul travels lightly. We are on a pilgrimage and we can't now carry anything with us that would cause us to move slowly on the journey. We can only take with us what we can fill in the soul. It is our good actions that we can carry with us. Thus, we have to make sure that we perform good actions. It is through actions that our virtues become visible. When Dadi is asked where she gets her energy from she replies; from performing good actions and from using my time in a worthwhile way. From taking people closer to God and from receiving everyone's blessings. There is no expenditure in sharing knowledge. One just accumulates blessings for the self... However, before I can do this I have to make sure that I am taking the medicine that makes me healthy, wealthy and happy. That medicine is to stay in good thoughts, thoughts of wishing everyone well... pure and elevated thoughts. For this, I have to let God be in my thoughts and make sure that my mind is connected to Him. One with God in their awareness will not worry or be frightened of anything. Those who don't keep God in their awareness feel sorrow, they worry and they are uncertain of what will happen tomorrow, and thus there is fear.

If you really want to know how to live a good life then you can learn

it from here – from Baba. It is not a matter of wearing a good suit or dress, of having a good car or other material possessions. It is a matter of learning how to remain happy. There is no nourishment like happiness and there is nothing as debilitating as worry. In fact, if you want to know about giving happiness then think about this; I have the chance to be a donor, a great donor and a bestower of blessings. Have you become such a person yet?

The secret is to be free from ego and attachment. You will then really feel that everything is good and that there is no need to be concerned about anything. You will really feel that you are a child of God. Ego and attachment destroy one's life. It doesn't matter how big a business you may have, or how wealthy you are... ego will destroy you.

My task is to pay attention to performing good actions. Do this and you will be filled with power. If someone does wrong actions then there is an effect. This also happens when one eats food that is not pure – there is an effect on the thoughts and it is revealed through activity. When one's thoughts are elevated and one does elevated actions then one receives blessings. Thus, pay attention to this; see no evil, hear no evil, speak no evil, think no evil. Speak the truth, speak less, speak sweetly and speak with patience (slowly). One sometimes needs a lot of power to speak the truth. Family members may even comment about you going to the centre. It takes power to speak the truth. But when you speak the truth you will see how your family members become co-operative with you. They will see what a beautiful life you have. They then won't try to obstruct you. They will want to take benefit and you will want them to take benefit.

I have to think about how I can be a good instrument for my own

transformation. To think about the transformation of others is a waste of time. Remember; when I change the world changes. Transformation comes from keeping God's company and by listening to God's knowledge. This is not an ordinary satsang. The One giving this knowledge is the Supreme Soul Himself. He is not just the Supreme Soul; He is my Father, my Teacher, my Satguru and my Friend. Keeping His company brings transformation in the self. I must not waste my time in getting caught up in anything; the body, people or anything of the world. I have to pay attention to yoga and I will then receive strength. Yoga is simple; I am a soul, a child of the Supreme Soul... The power that I am receiving is bringing transformation within. Seeing my transformation, others will have love for me. This has been my experience. People like those who speak sweetly and who are honest. There are four things, which are important in life; don't steal even a penny, don't lie, don't cheat, don't defame anyone. Even if someone complains about of defames you, don't do the same to them. I must not defame anyone. Rather, let me learn from what they say. Let me be free from any kind of tension and pay attention.

If something is understood, it is understood in a second. If it takes time and there are many questions then it means it hasn't been understood. So listen to this knowledge and just practice it and move forward. Others will then see you and will understand in a second what they have to do. We have received a very clear path and we have an image of that path in our minds. I have to simply walk on the path and show the path to others. If we all do this then the darkness of ignorance that is now in the world will be dispelled.

DADI JANKI – 10 MAY 2013 - GCH, LONDON LET BABA REFRESH YOU.



Who is in this world can constantly give to souls? Baba is the One who constantly gives. It's not even right to say that Dadi is always giving – it is Baba who is giving. Brahma Baba also says that he doesn't give anything. He tells us to have the awareness that Shiv Baba is giving us everything. We are carefree. With faith in the intellect, we are not ones who doubt. Check yourself in this. It's through Baba's elevated versions that we are able to develop deep faith. Faith in the intellect makes one victorious. Faith makes one strong. Until now we have been seeing victory in all we do by maintaining faith in the intellect. We are using everything in a worthwhile way. Baba has so much concern for us children yet He tells us: Remain carefree. Insure your body mind and wealth with Baba. To the extent we do this He becomes responsible and gives us the return.

Some children are born into good families because of their actions in a past life. Baba is inspiring us to perform good actions right now. We are not doing it ourselves. We get the instant fruit now and in the future we will also receive the fruit. We are in our own world of peace and happiness now and in the future we will be in the physical world of peace and happiness. We are living in God's world now. Our lives are very special... Just see how much God gives. The Bestower of Fortune is concerned that we create our fortunes and thus, He teaches us the method to create the highest fortune.

We don't just have to study whilst sitting in class. While you are washing your clothes or cleaning you can also revise the Murli in your mind. We go to Madhuban to get refreshed. The soul fills itself and then goes and showers on others in our service places. It doesn't take long for the soul to refresh itself. Just as one can shower very quickly, so the soul can also refresh itself very quickly. Baba

recharges the batteries of the soul in a minute. Take very well from Baba, take the service of getting refreshed from Baba and you won't need a doctor. For this one needs faith. Baba has guaranteed that our final moments will be very good if we maintain faith. Do you have the concern to make your final moments very good? One with faith in their intellect is carefree because they know that everything is going very well.

Dadi's blessing for all of you is; be a renunciate, a tapaswi and a server. Don't remember anything of the past, don't get caught up with money – just enjoy the present. Baba has told us not to look at anyone's defects and Dadi has seen that this is a very good method to become complete with all virtues. It is a subtle mechanism that if you see anyone's defects then others will see yours immediately. The attention of others will be drawn to what I notice in people. So, this is my own mistake. Your own eyes may not even want to see defects in others but someone may try to pull your attention to those defects. With God's grace and everyone's blessings my task is to become complete with all virtues. The effort to become viceless is one's own personal, individual effort whilst living in the family. What is the best method for progress? To pay attention to maintaining good relationships with the whole family. To be co-operative with all. To see everyone's virtues and specialities.

You will notice if something is not quite right when you sit in yoga. What can you do about it? Put it right immediately without coming into words about it. Baba didn't make me belong to Him just for the sake of it. He has made me belong to Him so that I can glorify His name. Some become good in one subject but then become slack in others. Bring knowledge into your life for service. Do I spend my time resting while I could be out

on service? I need powerful yoga so that I don't have to make effort for yoga. There needs to be accuracy in yoga. Become accurate in knowledge and yoga and you will understand all secrets and you will also realise all methods. All four subjects are connected, they work together, they support each other. I will only be able to maintain good relationships or use my wealth well when my mind is good. When the mind is attached there is an effect on my body, wealth and relationships. These are deep matters.

It is my task to create a stage of peace, freedom from waste thoughts, through my own peaceful and powerful thoughts. This is what true peace is. Some people say that they have so many thoughts that they cannot experience peace. The essence of this study is to be pure and peaceful. If I am doing as Baba says then I can create a pure and peaceful stage. In fact, Baba can take me into this stage. I have to leave the 'I'. I have to leave the 'I' of having done this or that. I just have to become accurate in all aspects. Don't allow yourself to think that you are busy. If you keep thinking you are busy then you won't be able to be easy. One has to be an all-rounder, ever ready, accurate and alert. I also need to be available for service when necessary.

When one experiences a powerful atmosphere in a gathering, they don't easily forget it. Don't allow yourself to forget such experiences. To experience love, peace and happiness requires patience. When one is wise they are patient. The song tells us; Have patience o mind. Baba has so much patience. He would never say: I explained so much but they still don't understand! Baba is the number one altruistic server. So check: Am I altruistic like Baba? Do I do as much work yet remain as a trustee, not looking for credit for anything? Baba knows that when His

Continued on bottom of next page

DADI JANKI – 28 APRIL 2013 – GCH, LONDON

GIVE GOD YOUR BURDENS AND BECOME TOTALLY LIGHT

Baba tells us that He becomes present in front of those who say 'Ha Ji' (Yes, Baba). Baba has been saying this since the sakar days. From the beginning till now Baba has fulfilled His promise. It is up to us to give the return of that.

See how Baba continues to sustain the children. No matter how the body is, Baba continues to sustain the soul. See how Baba has sustained you, His child. God is the Bestower and the Bestower of Fortune. He gives us so much – so much fortune. Continue to create your fortune and the fortune of others. Someone asked Dadi: What do you do all day long? What's your timetable? I replied: I just distribute fortune throughout the day. I've never said: 'This isn't right,' 'It shouldn't be like this.' or 'There isn't time.' It's not the time to say such things. Whatever happens, just increase your fortune.

Baba is telling the children: Become merciful and generous-hearted. It's as if Baba is giving us this blessing. While walking and moving around we have the experience of dancing with God - Dadi loves the song Chalte, Chalte. Did you ever think that you would be dancing with God, your Supreme Father? Perhaps we may have thought we would dance with Krishna, but not God Himself. What is service? It's a dance but not with the hands and feet. As you move along, be one who inspires others. Baba, we receive so much happiness through belonging to you!

There's the song: Hey, Baba, I have found 3 jewels: Baba, murli and Madhuban. When these three are in our lives we don't need anything else. Baba gave signal in today's murli: just clear out the all rubbish that's still inside you. Today Baba is the Laundryman. You will cleanse everything in a second, as truth and honesty begin to work. Baba is the Truth, knowledge is the truth – so then what do I have to become? One who is the truth, the living being and the embodiment of bliss. Baba, the One who is doing everything, is doing it. I don't have to do anything; I just have to remain ready. I have to develop the habit of just doing what Baba says; then there won't be any: 'I can't not do this'. We have to have honesty, cleanliness and simplicity.

Through economy Baba has been able to fill His treasure stores. Dadi has never incurred extra expenses for anything. By all means, eat, drink and be merry – but this is possible when we don't have any burden. Baba has made us an offer: Give Me your burden. Become light and work with lightness. When there's light, you're able to do the work, then there's might and everything becomes right. It's all very easy.

I want anyone who comes to Madhuban to understand what God is like, what He does, how He works. That's the important thing for everyone to know. I want them to experience

what God is like. There's no one like Shiv Baba. And there's no one like Brahma Baba. There's no one like His children, either! There's no one like each one of you. Every single one of you is unique.

Today Baba said: you have to have love co-operation and compassion. This is incognito service. Some say: 'I'm only human; I can only do so much!' Baba says: You are not just a human being! Let us pick up virtues from each other. Don't keep anyone's defects in your heart or your mind – let alone let them come on your tongue. I learned this from Mama. There was no jealousy between sisters in the early days of the yagya – Baba taught us how to appreciate each one's speciality.

What is punishment from Dharamraj? It is when the intellect stops working; you start missing amrit vela and start coming late to class. That is suffering. Laziness, carelessness and making excuses are also the suffering of karma. These three are my enemies; I mustn't allow them to come. If you start giving excuses for not doing service or making effort, it means you have let them come in your life.

Baba wants His children to be constant yogis. Yoga brings so much benefit. When one's intellect doesn't wander or fluctuate one experiences the benefit of yoga. Become unshakeable and immovable in this way. The still intellect comes with the power of concentration. We have to remain unshakeable. We have to stay seated on the immortal throne.

People are afraid of death but I have no fear; I know it's going to be good. Baba has taught us good actions and we've settled our sins of the past. We know that there won't be such a thing as untimely death in the future. I have to keep the golden age, when death will be totally natural, in front of me.

***Dadi Janki – 10 May 2013 - GCH, London
Let Baba refresh you.***

child does something He has to give tenfold return. It's time to be altruistic, to have patience, to become a bestower. It's not time to keep getting pulled by karmic accounts. Settle them now, while you have a chance. Don't waste time asking what you can do, just go deep, realise what you need to do and then do it. Time will then shine on you. Baba will then be more than happy with you. Use time in a worthwhile way and you will see that time is always available for you. Don't let your mind or intellect wander here and there now. Just go deep, realise what time is telling you, realise what Baba is telling you and then... just do it...

DADI JANKI – 6 MAY 2013 – GCH, LONDON

Q&A WITH DADI JANKI & SISTER JAYANTI

Sister Jayanti: How did you make that connection between economy and the remembrance of One i.e. everything being in the name of One (eknami)?

Dadi: From the beginning, the yagya's success has been on the basis of economy and eknami. These days you have comfortable chairs to sit on but in those days we did not even have a carpet - we had such economy. Economy has been our foundation: less expenditure and more splendour. We belonged to the one Father and we had His company and His support. However all of that required the power of concentration. The intellect does not fluctuate for even a second and so we can come into unity or harmony.

What does harmony mean? When you play a harmonium, you need all 5 fingers. When you break up the word harmony...it means to accept defeat (haarmani) then you are able to maintain unity.

In the early days many people were against us but others wondered how 300 women and children can live together in such harmony. These days even a mother in law and daughter in law cannot live together in the same house. Baba made everyone live in the same way - same clothes, same food and being economical - so we never felt someone were from a richer or poorer family. We used to do everything ourselves - washing pots, grinding grain etc. We can only be in unity, when we move along in economy. There is income in our study. This is how wonderful our Baba is in the form of the Father, Teacher and Satguru.

Once a fuse got blown and the connection was broken with the powerhouse. Some, including Dadi Ratan Mohini, learned how to reconnect the wires, so that there was light again. So we had such power of unity, to stay connected. We have to create those sanskars of unity of the golden age with our mind and intellect. There we will be complete and totally happy. Happiness is nourishment, happiness is treasure. Don't be confused about anything. We have knowledge and yoga so we have light. We talk about connection so much and so communication amongst us is very important.

Sister Jayanti: We all enjoyed the yoga in the gathering yesterday evening. When we are sitting together in a bhakti with the aim that we want to attain as much as we can from Baba, can our sanskaras transform? It is different sitting alone at amrit vela, isn't it? So what kind of yoga do we need for there to be transformation of sanskaras?

Dadi: I enjoy the yoga at amrit vela, evening yoga and traffic control, when we all paid attention of having yoga. I have seen that service has happened in many places because of these systems. Some souls have a pull for Baba's remembrance based on the experience they have had in the past. What does it mean to have yoga? It is light and might that we receive from up above. Service is nothing but being a lighthouse. What does it mean to have awareness? It means to pay attention all the time. So there has to be this hobby of making effort. The 4 things for this:

1. Awareness that the soul is separate from the body and bodily relations.
2. We remember that we have to return home.
3. If we don't churn the knowledge, the intellect remains gross.
4. To move along according to the systems and customs; like having yoga in the gathering

So keep the knowledge of the drama in your intellect. Dadi's bhavna is so good for everyone and yet people are not happy with something. However Dadi's pure feeling and good wishes for everyone do work. Dadi never lets go of anyone. I've been asked: 'When are you going to retire? However I am not going to retire. If you retire, where would you go? The biggest sickness of all is to become tired, confused and afraid. Are you a little lamb that bleats 'mai mai' (me, me)? No! You are powerful lionesses. Make your nature so powerful that your other, weak nature disappears. We now want to become a conqueror of sinful actions. If no wrong kind of thought emerges, then no wrong actions will take place, and I will benefit and so will others. That is to have no kind of karmic account with anyone. But first I have to have that form of very powerful bhavna for all that transforms souls. There should be benefit for everyone - for this I have to become like Baba. Baba is doing even more from the subtle region.

These are the moments when transformation has to happen. Baba and the family will help us because they have so much love for us.

Sister Jayanti: Today you said a karmic bondage is different from a karmic account. Please explain.

Dadi: From my past birth and this birth, I need to not have any karmic bondage with anyone. There should be no trace of my lokik life now. Brahma Baba was so beyond. Sometimes, when we have broken our bondages and be-

Continued on bottom of next page

DADI JANKI – 30 APRIL 2013 – MEETING GCH SERVICE GROUPS

SERVICE IS FORTUNE

Jayantiben shared how, since Dadi arrived, the rivers of knowledge and love have been flowing from Dadi. This gathering is of those who in some way serve in Global House. Every one is a helper in Baba's home.

Q: What's the difference of being a helper and being co-operative.

All here are making their fortune. Because Baba has helped us we're able to do something in return. Baba helps those when he sees their true heart. Baba has helped you, Jayantiben, hasn't He? He seats you in His heart; that's why you can serve. This evening is in honour of Baba; we're serving to glorify Baba's name. When the soul says, Ha Ji, the master is present.

Rest little. How? Don't think. Think very little. Baba will signal through a senior instrument and you just do. You are not helpers, you are fortunate! It's because you've been moving along that you've learned how to fly. For namesake we've been doing service.

You are all fortunate, step by step. Look how fortunate you are! Everyone's part is different. Everyone is number one in their own way. Each one is making effort and moving forward. It's a wonder – all the old mothers who are doing this service! Everyone plays more than one role here – 'multi-tasking' (Dadi has just learned a new word). You are that fortunate!

Dadi Janki – 6 May 2013 – GCH, London Q&A with Dadi Janki & Sister Jayanti

longed to Baba, we come into the Godly family and there are karmic accounts. It then takes a lot of realisation to settle them. As is the food, so is the mind. As is the company, so is the soul. Dadi doesn't even drink water from here and there. Take care not to be so detached in your relationships that you cause others sorrow. We get blessings from each other, but aashirvaad (Godly blessings) from Baba, if you are obedient and don't spend money in the wrong way and then give good company to others.

Sister Jayanti: What is yoga and what is the power of yoga?

Dadi: I am a soul and we can compare what our thoughts are like, when we are body conscious and when we are soul conscious. First we receive power to stay soul conscious. Baba sees that the child is sitting in My remembrance. By being detached from my body I receive power from Baba. When I first saw Baba, I became bodiless. If I think 'how?' I will become weak but if I think 'like this',

Seeing you all I have such a good vision of the game Baba is playing. If I were to sing Baba's praise; this is the wonder of Karavanhar. It's remembered that Brahma had 100 arms and I'm practically seeing 100 arms. You know Baba; now recognise yourself. Each one needs to recognise the self: who am I and whom do I belong to. Become number one in this. Practise it very deeply. Sit on the seat of self respect and you'll experience the fortune. Become a yogi worthy of praise. You can't just sit on such a seat. Do it practically. Then having done that recognise each other really well. Follow mother and Father, Brahma Baba and Shiv Baba, very well. This one is His son and also the wife. Such a voice should emerge from within us. When you recognise yourself through Baba, you can then recognise each other with that vision. Then Baba sees that the child is worthy of more service, a greater task – one who gives great happiness in his/her vision and attitude – not just for the self but also others. Then you'll experience the joy that comes from becoming equal to the Father. I see each one do what they do with such determination and bhavna and that's why there's no disturbance in God's task. When you come close, you'll be able to recognise who you are. This is my bhavna for you.

How many blessings have you given me? Baba is giving me shakti deeply, internally and you all are giving me blessings. I want you all to experience that power and those blessings. I want each of you to see each other in this light. I'd like you all to meet again and sit and give each other drishti.

Om shanti.

Baba will give me power. Baba says: Be quiet, be peaceful and move along with everyone with love. Some of you have become yogis and then co-operative; others co-operative and then yogis. When we become cooperative, God gives us the fruit. You may be sitting here but your vibrations will spread and people will feel them and come close. Baba asked me to come to London and create a model of Madhuban. There is just Baba, murli and Madhuban.

Baba always says that our task is to do our homework, that is, to put Baba's teachings in our practical life. It is everyone's blessings that are allowing Dadi to move along. Baba's sakaash is filling me and helping me. Brahma Baba too used to say Shiv Baba is making me do everything. So let there be this soul conscious and bodiless stage, the stage complete with Godly love. In this there is Baba's power.

Baba wants to have a worthy child who doesn't have any thought of glorifying their own name but does what Baba has taught and uses that knowledge.

Om shanti.

Dadi Janki – 29th April 2013 – Cambridge 'Words of Wisdom'

within causes sorrow to the self. Weaknesses come because a) desires and b) attachment to relationships or to things. This is the root of peacelessness and sorrow. We know we have to live in the world happily so let me not have any weaknesses that make me question why. I'm a child of God. God is giving me this wisdom. I've given God my companionship, so I'm not alone in my relationships with others – I have God with me. I, the soul am alone but I'm combined with God. I, the soul, am free – a carefree king (not even a queen, who's under the influence of someone else). Not careless but carefree – by being careful. Caring for the self and others. Through love, experience wisdom and stay carefree – no matter what your health is like. This is also wisdom.

When my Teacher is also my Friend, it's easy to learn from Him. He is the Almighty Authority and He wants us to have all His powers. We talk of eight powers – the power to tolerate, to merge, to pack up, for example – these are all things of wisdom that prevent us from going into the expansion of anything. When one can attain something in a short time it can be said that one is using wisdom in a worthwhile way.

People read the different scriptures to find God. I read the Gita. They want to attain the divine eye to be able to see and the divine intellect to be able to know and understand. In order to see I first need understanding. I'm seeing all of you. Just as God gave me the feeling You belong to Me. I'm seeing that all of you also belong to that One. It's easy to have that feeling of belonging.

I had very little education; I don't have any money, yet I travel around the world. How? It's His wisdom that makes it possible. This is true income. No need to invest money in the bank, just stay carefree and

don't perform any action that creates burden on the self.

One is a blockage in the heart that prevents me from doing what I want to do. I cry out in distress and feel incapable and disheartened. God, the Surgeon comes and opens the arteries of the heart so that I have enthusiasm and inspiration to perform good actions. One is strength, the other is the powers.

'Human beings depend on four things: body, mind, wealth and relationships.'

These are the basis for everything. Whilst having all of these, let me be able to remain content - free from any desires. Take with one hand and give with the other. The head, hand and heart are all in different places. You perform righteous actions, when the intellect is good, then the heart is happy. They don't teach this in the university, do they? Learn to do your accounts in such a way that, without any worry, you're able to use wealth in a worthwhile way. I don't need wealth to be able to make my mind happy. With simple food and simple clothes the body stays well. I don't need anything; I have no unnecessary expenses and this makes my mind peaceful. I'm content with the virtues and powers within the self. There's royalty, because there are no desires. When God sees I have that royalty and am real, He becomes very happy with me. With such an intellect, this wisdom and determined thoughts, I'm able to experience happiness in the mind, the body and all relationships. We don't

From page 1

need to earn an income through lying or cheating in any way.

People have four defects: 1) telling lies and being afraid of telling the truth, 2) stealing – stealing even something little creates the habit 3) cheating: showing one thing externally and internally doing something else and 4) defaming others. The greatest sorrow is when someone is saying something about me that is not true. If I have any of these four, let me free myself from them now. Most people have done this during their life; often putting on a show to look good in front of others. Defaming is very dangerous and causes a lot of damage. I've learned that I'm my own friend. I don't want to make any mistakes that will make me my own enemy.

Dadi's wisdom is in the book Companion of God. Make God your Friend for a short time to start with; then with that experience you'll want to do it forever. Being my own friend, let me not have any bad habits. With God, the Almighty Authority, as my Friend, I experience power in myself. I never dreamed when I was young that I'd have the fortune to be serving the world in this way and it all happened just through friendship. You all are also my friends!

Have meditation with the awareness of being God's friend. Who am I, who is that One, who are all of us here? We belong to the same One. The attitude and vision filled with love and honesty. Feeling the power of truth...

...This is Raja Yoga meditation, which makes the mind and senses so peaceful. People generally meditate with their eyes closed but we keep our eyes open. The attitude inside is very pure, the mind peaceful, the intellect is working well - it doesn't have anything wasteful inside, because of the relationship with God. Some say they are not able to medi-

Dadi Janki – 29th April 2013 – Cambridge 'Words of Wisdom'

tate. Why not – what's stopping you? Realise: I am the master - a child of God and my own master. This awareness is so firm within that even if I were to die now, I'd not feel any sorrow through attachment to things that I think of as mine. There's no pull. My mind, vision and attitude all give happiness. There's no fear of anything, no matter what happens. Physically I'm 97, I've been on the path of Raja Yoga for 77 years and have experienced many things but I'm still not afraid of anything. God has given such wisdom that, when we do something wrong there's the fear that something else will happen. When we perform righteous actions, there's no fear of anything.

Because I've not wasted time, money or energy, I've been able to accumulate power within the self. From God we receive power to finish our weaknesses and also power to live together happily. I may be sitting far away but the words that emerge from the self are filled with wisdom. I've seen how understanding that victory is my birthright and not having any doubts about that works in so many situations. It's in the Gita: victory though having faith in the intellect. Doubts in the intellect lead to destruction.

There's no ego about the wisdom God is giving. We just know that that is very useful wisdom, which makes our vision divine. This is the study that God is teaching us. This is the homework Dadi is giving all of you. We study for an hour every morning at the centres. We need to give ourselves that one hour.

First we study in class then there's homework for the day. Whilst coming into action and relationships, not allowing those four things Dadi spoke of earlier (lying, stealing, cheating and defaming others) and instead inspiring others to perform good actions. Even now I'm studying in this university. Someone asked Dadi: for how long will your

study continue? I'm going to study till I die. In fact I don't teach; I'm just studying all the time. When I meditate in the early morning hours I receive power from God. Sleep early and wake up early. Some people need cigarettes and coffee as soon as they wake up. They want different types of food everyday – one day Chinese, another day Indian, etc. Wake up early and connect with God. We get asked: Why do you have to wake up at 4am, not 3am? We have to rest properly so that we wake up refreshed, then at 4am we say good morning to 'Baba', our sweet Father, God. There's an especially sweet feeling connecting with Him in the morning. The morning time is a time of nectar. You can then start doing what you need to do at 5am but first connect with God and keep your mind free.

There are positive thoughts and negative thoughts. Never allow yourself to have negative thoughts. Be aware of the contrast. Negative thoughts are like poison and cause damage. Positive thoughts are like nectar; they give life. Some people say they don't have negative thoughts but they have wasteful, unnecessary thoughts - which means they have no power. Some people have ordinary thoughts, yet have the ego that they have very good thoughts. When there are positive thoughts, there's realisation within the self. So, with such thoughts, being in my incorporeal stage, connected with the One above, in such a state of purity that there are no vices inside – no anger, greed, ego, attachment or lust.

In India there's a character called Ravan, the 10 headed demon. They burn Raven before Diwali and this brings a lot of happiness. Why does he have 10 heads? They represent the five vices in every human being – five in men and five in women. The five main vices mentioned have five subtle companions. Having a con-

From page 10

nection and receiving power from God we are able to conquer those vices. With anger, for example, I may speak sweetly most of the time but if I get angry just once, the effect of that won't be forgotten by others for 6 months. Never get angry, or no one will be able to experience love from you or for you. Who would come and see me if I sometimes get angry?

There are a number of subtle vices. One of these is jealousy... Many people have jealousy in them. It is important to appreciate what one has instead of being jealous of what others have. Jealousy makes you unable to bear seeing another one being happy. Appreciation makes one happy. I don't need anything; I'm just happy God has given me enough within my own self. I don't want to look beautiful or have a big home or a smart car; I have enough. If someone is jealous of me then let them take whatever I have. Let me just perform good actions and earn my own fortune. There's often jealousy between children in a family and sometimes between husband and wife. Then there's conflict inside and this becomes your nature.

If you don't consider anyone to belong to you then others won't be able to help you feel that you belong to them. Another subtle vice is laziness. People don't make the time to become good, to develop the self in a good way. Rather than focusing on internal beauty, they go to beauty shops. Here you don't have to pay money – everything is free of charge and you don't have to go anywhere else. Laziness brings the habit of giving excuses. If you are careless or lazy you will need to give excuses. If I'm constantly carefree, there's no burden in anything. Let me perform good actions and help others to do the same. Let me experience happiness on seeing others happy.

Om Shanti

DADI JANKI – 30 APRIL 2013 – LONDON, GCH V FOR VICTORY – W FOR WISDOM



Baba is very good. Yesterday He said: Churn the Ocean of Knowledge. Today He said: Make your intellect satopradhan. He tells us something different every time, so we keep busy and imbibe knowledge.

Myself and Baba are becoming one, brings victory. The index finger and middle finger are almost the same size, the two make V for victory but with a third finger there's W for wisdom, not for why, why, why! So take a short cut, this is the simple way – just become a sample. Not to say 'How can I do this, what should I do'? Just remain silent. Don't say anything. Don't make a simple thing big but make a big thing small. Speak carefully! How much wisdom you have is visible on your face. Make your intellect satopradhan. First of all satoguni, full of all righteous things, and then satopradhan, picking up only what is good. If I'm making a small thing big, it causes a lot of damage. To make a big thing small shows you are catching signals. Thank you, Baba, that You are making me understand. It's the confluence age – there's so much importance in it. Baba has given us full knowledge of the confluence age. As much as we study we earn an income. Put this in everyone's intellect.

We have to be accurate in everything we do. The purity of our thoughts is the cure for everything. The majority of you use this medicine to give you the power to continue and be present in class, no matter what the state of the body is. Till the final moments if I make the Father, Teacher, Satguru happy, Dharamraj will also be happy with me. This is wisdom. To keep all three happy is to keep Dharamraj happy. Whatever we do, morning, noon and night, we can ask: why did my happiness disappear? That's the punishment of Dharamraj. The final punishment will be at the end but He pulls our ears now to caution us. A wandering intellect during the Murli

means you're not connected in yoga. Check: where your intellect goes while the Murli is being read. The Murli can go deep inside the self but if the intellect is wandering outside, the Murli goes out too.

***'Use your
intellect and
keep it free from
arrogance and
any feeling of
insult.'***

This is a sign that you're climbing to a very high destination. We definitely have to reach there. Just keep moving forward, looking straight ahead. When you have an experience while hearing the Murli, you're able to have a beautiful meditation. People should, as well as listening to wisdom, have an experience of peace, love and happiness. They may not remember the words, but the experience stays with them.

God's versions are divine wisdom with a divine eye, divine wisdom with a divine intellect. Practical wisdom: victory (V) and then wisdom (W). How can we be victorious? In every situation, where there's faith, there's victory. Never any doubts. Baba is taking us deeper into knowledge. Wisdom is to be able to recognise Baba quickly: who He is, what is He like. Be holy, be Raj Yogi. There's so much dirt, fashion, extraversion in the world. Here we're sitting in one place, studying the most elevated wisdom.

What is study? As is the university, so are the students. Who would be our Teacher? This brings me such happiness. This is the God Fatherly University. So many children come

to study free of charge here. Who else will wake up early and come to the university? What is pulling the soul? Maya deceives you and so we have to move along slowly and go across together to the other side. Having that equality of doing everything together, all in unison, like people rowing a boat. This is a university where all ages study together; 3 generations studying in the same class. There no such university in the whole kalpa.

Continue to have yoga and make others cooperative and continue to be cooperative and make others into yogi souls. Know Baba and recognise yourself. Some still don't recognise themselves. Recognise one another too – for this you need a lot of patience and spirituality. We have yoga and experience peace and happiness but we have to recognise and live in harmony with others too. To what extent do you have wisdom to live in harmony with others? If you do, you'll want to bring everyone into that harmony; they'll never think they'd like to be just happy by themselves. Baba will get a lot done through those who choose harmony, no matter how old or unhealthy they are.

Baba has made us belong to Him. To the extent you make Baba belong to you, Baba makes you belong to Him. In relationship with all keep smiling; don't allow yourself think in a way that brings your blood pressure up or down. Through your attitude, your vision gives happiness to others. All the effort is in the attitude. The mind to be peaceful and intellect to work well all depends on how clean my attitude is. To be satopradhan, I'll be the instrument to make others instruments – Baba wants such children. Never allow yourself to hold on to any impression. Clean your mind of past impressions and you'll be able to have a good relationship with everyone.

Om Shanti

DADI JANKI – 1 APRIL 2013 – SHANTIVAN

LEARN FROM MISTAKES AND KEEP MOVING FORWARD

In the world, people first study and then try to earn an income, which is uncertain. Here we earn whilst we are studying. God Himself enables our fortune to be created through our study. By knowing the value of the study, we are earning an income. Baba explains a little and then asks us to assimilate and explain it. Baba comes and shows us the path of truth and how to follow it. We can then begin to follow this without looking back or around us. There is no need even to worry about the future, as we have to leave anyway. On other pilgrimages people return to their homes and go back to being in the same state, despite following certain principles during the pilgrimage. Our journey is such that we are moving on the basis of determination and are receiving success. We are journeying in order to meet God, the Father, the resident of Parmadham. That same Father, the Highest, whom no one knows, that we can know fully. By knowing and understanding God we have taken the blessing of remaining constantly happy. We have received both the treasure and the nourishment of happiness. Nourishment makes us strong and we learn to distribute the treasures. When you give a donation, the bad omens are removed. The bad omens can take the form of sorrow through the body, wealth or relationships. Through Baba's remembrance, give a donation and finish any weakness or defect of the mind. This is how one removes omens. To forgive and forget is the best medicine. Through this medicine you can remain light and draw might from Baba. Forgive in such a way that you forget about it. You now belong to the Father. By belonging to You Baba, there is happiness without limits. You are victorious over your senses and remain in supersensuous joy. All traces of sorrow need to be removed.

There is faith in time and God and this is the basis for the faith that heaven is coming. How long will this

age of sin and corruption continue? It will continue until the few souls in millions perform elevated, true acts, then the world will improve. This wave is spreading like a 'fashion' with the help of the facilities of science. This world is false and full of maya. By getting trapped in it there is sorrow without limits.

'By belonging to Baba, we have happiness without limits.'

We learn how to swing in the swing of happiness and peace. Baba takes us beyond the body and we experience being loved by God. Just before becoming Avyakt, Baba had said 'become incorporeal, egoless and viceless', and 'those who defame us are our friends'. People experience sorrow when someone defames them. However Baba has explained that those who praise us externally and are different inside are not true friends. They use us. However if someone defames or criticises us, we become more attentive and careful, not to make such a mistake that others experience sorrow. Our business is neither to give nor to take sorrow. Baba taught us this.

Remain in the intoxication of God's love and become a pure soul who is able to let go of the past and make the future very good. The present that Baba has given us is of His remembrance. We can experience the immediate fruit of service and the power through remembrance. Baba would always appreciate the gardener, who remains very simple, but works very hard. Whilst sowing the new seeds, they ensure that the old growth is removed and that the seeds have light and water. They never live in palaces, but remain in the gardens nearby and

very simply. We are now in the confluence age and need to remain simple. Take benefit of the power of the gathering. Baba gives us the power to stay in His remembrance so that we don't have any other thoughts. Baba has even taught us how to perform actions, this is shrimat. We learn the difference between shrimat, manmat and parmat once we belong to Baba. When you follow manmat, you become stubborn like a mule. Baba gives us such directions that the attitude of our mind and the atmosphere become clean and pure. To be able to sit quietly is also a sign of love for God. By staying in our state of spirituality (ruhaniyat), we receive God's love. We have nothing else inside except the fullness of God's love. When we neither observe nor look for others defects, we become full of all virtues. It is easy. It is the confluence now and Baba is enabling us to be 'manmanabhav' 'madhyajibhav' – to spin the discus of self realization. This is the aim that is standing in front of us.

I have to accumulate the light and power of knowledge and yoga. This will enable me to live like a lotus flower. If you do not live detached as a lotus, you will not be able to draw love from God and you will become trapped in the world. Seeing the beautiful creation, the beauty of the Creator is remembered. Baba gives us so much love and power that it always remains with us. When you avoid giving and taking sorrow, you receive many blessings. When someone becomes an obedient, faithful and loyal child of the Father, they receive so many blessings. It is these blessings that allow us to progress and keep going. Then such power is generated that body conscious feelings cannot arise. When there is Baba's remembrance, one can move into the bodiless stage. One's attitude then becomes clean and our drishti becomes such that it gives immense happiness. We are now becoming flying angels.

Om shanti

DADI GULZAR -3RD MAY 2013 - WITH TEACHERS (ORC) SEEING EVERYBODY, I REMEMBER ONLY ONE THING.

Get-together of all the Teachers of Delhi was organized with Dadi Gulzar ji. Nearly 600 teachers came. The gathering was light and happy to welcome Dadi after a long wait of 7 months. Sisters from various centres welcomed Dadi by presenting songs, dances and drama. Dadi Rukmani, Sister Geeta, Sister Shukla, Sister Chakradhari, Sister Asha and Brother Brij Mohan also shared the stage. The sisters who were in Dadi's service for 7 months were honoured with garlands of flowers, while Neelu behn shared a few experiences. The entire scene was very touching and everyone's eyes were wet.

Seeing everybody, I remember only one thing. One hope of Baba still remains i.e. the whole zone should become obstacle free. All of you are the ones who say 'haan ji' (yes), those who say 'na ji' (no) have not come. Let it be a zone – always happy, always having one Baba in their heart and always obstacle free. The secret of today's class is that obstacles have been averted from Delhi. Today is the day of saying good bye to obstacles and remaining obstacle free. Baba says make me sit in your heart then the heart will be carefree and will continue to dance in happiness.

Have the thought that no matter what the students are like, we have to keep good wishes in our heart to transform them. At that moment they are overpowered by Maya, we have to give them power so that they become ok. Don't say that this student is like this and stamp / label them that they will never change. Teacher is the one who teaches and transforms. Now when Baba comes let us give him this happy news that we are obstacle free, there is no report of anyone. Something happens and it is gone forever, finish it.

Delhi is the capital where all have to come. Everyone asks will we get a place in the capital? We first have to become worthy. It is my pure wish that this hope of Baba is pending since a long time – let the entire zone be obstacle free in practical, not just one centre. If each one takes the responsibility to make their centre OK then the entire zone will auto-

matically become OK. Don't think about others. Have this determined thought and Baba's help is definitely there. Each one has the experience that when we take one step forward, Baba's thousand steps of help is experienced. The class is dancing in joy today. We have to dance in the golden age, so we are laying that foundation here. When can one dance? When the mood is good. One cannot dance when the face is wilted.

Q & A with Dadi Gulzar by Asha bhen - 3rd May 2013

Q. What is the easy effort to become obstacle free forever?

Everyone makes mistakes. Each one is number wise, we all know this and Baba also knows this. Forgive when someone makes a mistake and help them in transforming somehow. When someone is explained with love, they listen and accept. If there is someone who does not listen, when there is a majority of those who do listen then they also transform. In Madhuban, Baba used to give us an aim and a topic for each month to focus on. We all used to do it with zeal and enthusiasm and give our result to Baba. Now there is a lot of expansion which has to be brought into essence.

Q. What special aspects need attention in order to make the gathering obstacle free?

Don't make an issue of someone's mistake and make an atmosphere

of it. Spread fragrance in the atmosphere, come together to give good wishes and sakaash to that soul so that they transform. Don't spread their mistakes / weakness. He belongs to Baba, so he has some specialties else why has he belonged to Baba. Have hope in everyone. Don't think that this one will never change. Think that I have to transform this one and make him my companion. You start looking at someone according to the bhawna that you have. You have the glasses of evil on your eyes hence you see the defects of others. Now wear the glasses of pure feelings and pure transformation. The change in drishti will change the world.

Q. Sometimes there is heaviness, what is the method of remaining light with each other in a gathering?

Share what is in your heart (positive aspect only) with the other one with love. Tell them that I have this pure thought for you; not in the form of a report. Let us unite and have zeal and enthusiasm. Let the two of us become cooperative and helpful with each other. Don't keep anything in your heart and make them your companion.

Q. At times zeal and enthusiasm decreases and there is carelessness and laziness, why does this happen?

A: By going into many details the zeal and enthusiasm decreases. At a centre not everyone is alike. Somebody may be very good in a particular subject. There will be someone who is enthusiastic too. Remain in their company and have chitchat, this will bring transformation. Imbibe their specialty in yourself. By imbibing some or the other virtue within yourself the defects will be removed.

Q. It is observed that we are doing gyan, yoga, service and following

Continued on next page

the maryadas too, yet sometimes without any reason happiness disappears, why is it so?

The reason is that there are waste thoughts emerging in the mind. You may have good company too, but at times someone says or does something which pinches the heart. At that time, I make effort and think good too. I also remember that I have to do what Baba has said, yet the intellect goes to that aspect which needs to be controlled. The controlling power to change the intellect decreases hence you are not able to do what you wish to. Everyday after amritvela, always think what special aspects has Baba spoken about for our lives. Baba has told us to become such jewels that those who stay at the centre, all are content with me. Become a jewel of contentment and make others content too. Let there be contentment in my speech and vision. Change yourself which also has an effect on the atmosphere of the centre. Learn to change yourself before changing others. If somebody is weak, should I become affected by that atmosphere of weakness? I may not be able to say anything to that one, but at least I can give good vibrations. If you subtly give the vibrations of good wishes, it has a great impact. Baba always taught us the lesson to become one who picks up virtues. Don't look at anyone's defects. See the virtues and mention only those. No matter whatever he is like, he belongs to Baba; it is his part. He definitely has some specialty because of which Baba has made that one belong to Him. See the virtues and not the defects. Have this pure feeling that we have to transform this one and definitely make him virtuous too. Do not draw a line on their fortune by saying that he is like this and will never change. Good wishes can change someone with very hard / strong nature. Mama changed such souls for whom the entire centre used to say that this one will never change. Mama used to serve them specially. She used to meet them everyday and tell them a point of happiness in their ears that they used to transform. They then

used to share their experience and change others too. Mama made a lot of effort on such souls and created samples. Mama used to move along with love such that by seeing Mama they used to like her virtues and have enthusiasm to become like Mama. They were not disheartened that Mama is Mama how we can become like her. When a person wants, what can he not become! Everyone has the thought – Baba says and I must do it. Remember, what was the point of dharna, the point of seva in today's Murli. I have to have the importance of Baba's murli and act as per the directions of the Murli. Everyone has love for Baba even if it is the last number. By saying Baba everyone's face starts to sparkle.

Q. We make effort and there is progress too. Yet some prominent old sanskars emerges suddenly after a long time. How do we understand this and how do we overcome it?

If any such sanskar emerges, understand that this is my paper according to the drama. If it becomes ok and then re-emerges then you get to know that your foundation is weak. If my stage changes by making an effort for 15 days, then let me not let go of that transformation, follow up on it. Revise that transformation in your heart that it is taking me forward. You have to pay attention to the self. Everyone has love for Baba, why else have we come here? At that time emerge Baba's love. Have Baba in your heart. There is no space to keep anyone else in your heart. You are never alone, remain combined with Baba. Baba is sitting in the heart so Baba is my companion hence I am not alone. Baba is sitting in the heart so He will not let us perform any wrong action. Let Him firmly sit there. Then we also will be in Baba's heart. When someone does not like somebody they say get out, so if Baba does not like me then He will leave my heart. Baba has many hearts to sit in but if He leaves my heart then the loss is mine.

Q. In the field of service when someone performs better,

there is comparison and jealousy. How can we bid farewell to this forever?

Everything good or bad emerges in the heart. When Baba is in my heart nothing else can enter it. Who resides in your heart? Baba. Is this firm? (We want that my centre should be good, we should have good car, sofa etc.) Ok all this should be good, but who likes all this goodness? The one who has a good heart. A centre may have very good decoration, but there is no joy in that. Even if somewhere all this is less, but it is from the heart, with love, then that small centre will also pull you to visit it again and again.

Q. What aspects does Baba check in the result with respect to the field of service? What service is dear to Baba?

Teacher means sevadhari. Baba checks that there should be no mixture in service. You do service, but if you fail in harmonizing sanskaras, don't do seva with your heart, you do it for name or with any other thought then automatically Baba does not like it. Baba sees what was in your heart. Was it the greed for name, fame, temporary attainments or was there the bhawna of serving? Is it that I am serving someone because of a motive for example: just because they are wealthy? If that is the case then the person whom you are serving also gets the vibration of your intention. Why is this one after me? Is it the true intention of serving or because of money? Everyone can feel that, no one is foolish. He may cooperate with you in the beginning due to enthusiasm but will deceive you at a later stage because your heart is not true. The Lord is pleased with an honest heart. If there is selfishness - that if the centre is good then students will come, if there is a limited bhawna then naturally the atmosphere of the centre will not be attractive no matter how much you decorate it. If there is no bhawna from the heart, no love from the heart all this will have no effect.

Dadi Janki - 7 May 2013 - GCH, London

Faith, Victory and Success

There's victory when you have faith in the intellect. Have faith in four things: Baba, the self, the drama and the family. When there's faith in the intellect, you're threaded into the rosary of victory, of 108. With faith in the intellect, there's purity, you're able to have yoga and imbibe that power and then everything works.

When there's faith, you're able to take yourself across. Whoever else sits in the boat, they benefit and go across too. Others have to have faith in the boatman that he will take them across. The Boatman has taken people across many, many times.

He's the Father, Mother, Teacher and Satguru – but He's also the Friend. As a Friend, He looks at me with that equal vision and so I can also say He is my Friend. With God as my Companion what can storms do? When there's faith in the intellect there's that practical trust. There's a difference between faith and trust - trust is when you have personal experience. Why does Dadi tell stories? To share with you what I have seen and experienced practically.

You can receive power from God, when there's truth, love, and trust. If someone isn't truthful, just keep quiet – it doesn't matter what they are like. With truth and love many tasks have become successful – nobody can say 'I did this'. With truth, love and trust everything happens – what did I do? To say 'I did this' is arrogance. When I think 'I can't do this', there's disappointment in the self – both are weaknesses: ego and disappointment in the self

If we didn't have trust in the Dadis how would we have that sustenance? Dada Vishwa Ratan was wonderful – his life was wonderful. He never had any ego, was never upset or sad; he was always in the avyakt stage. He did everything yet there was no thought about what he did. He said: Nobody should have a waste thought because of me. It is through such waste that we create karmic accounts. Baba says: Be worry free. Take God into your thoughts and then there are no worries.

Do the service of taking people beyond with the atmosphere that you create. Many have come to Baba in this way.

Today's murli is all about faith. Through faith power fills up inside and through that power service happens. I'm lucky - I don't have any zone or centre or student

– just white clothes and empty pockets. When you give elders regard, you receive their subtle vibrations – and that gives you power. You don't have to invoke just one power – all powers become present. Have the intoxication: 'I'm a Brahmin, the mouth born creation of Brahma'

By seeing victory, faith becomes stronger. Baba practically puts everything to good use, which means there's success. There has to be that truth, love and trust inside. Then there's happiness and power, and your intoxication and enthusiasm increase.

Who does Baba give power to? What powers have we received from Baba? Baba has given the soul the power to live in this body. Until this day, I'm a student and Baba is my Teacher. If a sick person recovers from a treatment, they have faith in the person who gave that treatment.

It's now time to take a high jump. Not to walk or drive but to fly in a plane. Mama said: I keep a plain intellect, because I have trust.

Just make your mind peaceful and don't ask 'how?' Have such faith in Baba that you have power, then not only 21 births, 84 births will be guaranteed. We have the aim. I have to claim that aim, then the power of concentration will become unshakeable -I won't listen to or think about anything that's weak or wasteful. Take care not to get trapped in name or form – that's body consciousness. Take a dip inside, go into the depth of the Ocean of Knowledge and understand who is Baba, what is He like, what does He do, how does He make everything happen... These are the activities of God. Then you will receive limitless bliss and happiness and you'll distribute that to all. You will naturally give happiness to whoever comes in front of you.

Let God help you, then you won't need the help of any human being. We have come this far on the basis of truth. We have to be very careful about how we think and what we say. Any jealousy or envy does a lot of harm. Be so serviceable that people call you from all over to come and help in service.

Om shanti

