



Brahma Kumaris - Dadi Magazine - June 2013

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Dadi Janki – 13 June 2013 – London **Living and working in unity and harmony**



Om shanti. Om shanti. Om shanti.

Dadi has been meeting Baba's wonderful, loving children in London, USA, Canada and then Dubai - all of them so loving and detached, and constantly engaged in Baba's loving service. This is Baba's wonder, isn't it?

As a detached observer Dadi saw that, because you are paying attention to the study, none of you have any problems moving along with one another in the family. In all the places I visited, I saw everyone living in unity, and, seeing this, I had such a wonderful feeling that I have never felt before. I see how, even though the seniors in foreign lands are all touring around, they are still all

working together in harmony – with that solitude, yet united - doing such wonderful service. Just as Baba gives you so many blessings, you also have Dadi's blessings too, in everything that you are doing.

Where there is harmony, there is no lack of happiness. Where there's harmony, you'll never become disheartened, or hopeless.

All are carefree emperors. Dadi was seeing how there are no complaints from anybody or about anybody. Everyone is completely free from any kind of impression – there's not even a trace of being impressed by anyone – but just constantly inspiring each other and working in unity.

Om Shanti.

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DADI JANKI - 31 MAY 2013 - PEACE VILLAGE

WHAT'S THE DIFFERENCE BETWEEN PREM AND PYAR

Peace and power from Baba and everyone's love has brought me here. I was asked me, "What's the difference between prem and pyar (love and affection)? When there's pyar the eyes do not become moist. Prem is when there's deep love and you want to sacrifice yourself. And there's preet as well. Preet buddhi vijayanti: A loving intellect is victorious. There's not even a little doubt in such an intellect.

Baba gives us such deep knowledge of the drama. He calls us Hissikhiladi (especially beloved and long lost, now found) children. What do you feel when He says this? Looking at the gathering, the feeling is "I want to keep looking at you". This is what Baba also says to us. Baba is looking at all of you but what am I seeing? I'm seeing how Baba pulled us and attracted us through His drishti, how this experience of Satguru Baba's drishti attracted us to such an extent that we all surrendered. When we look at our own eyes and our own drishti, we see that Baba is merged in our eyes just as we are merged in Baba's drishti. What is yoga? Only Baba is in my heart and my vision, no one else, just Baba. The three jewels, Baba, Murlis, Madhuban, there's nothing else. Are you giving others this experience? Where are you sitting, around Baba's neck or in Baba's heart? When Baba gives drishti, he makes us the garland around his neck. He makes us sit in his lap; then he gives us nectar.

When Baba comes in our life we're able to get rid of lust. But anger, not even a little trace of anger, should be left. Then there will be just this awareness and remembrance, "Whose child am I?" Service is like ruling, being a sovereign. These days there are so many beautiful experiences by doing service that won't be there in the Golden Age. Baba is creating the sanskars of how to rule the kingdom, how to be a ruler. Just be detached, make others detached and be loving.

We need both catching power and touching power. Just take a moment and observe, "What is being caught and what is being touched?" Catching is from above. When you're able to sit with Baba at Amrit Vela you don't feel guilty. Your heart says, "Baba, whatever you want me to, the way you want me to do it, I'm able to do it." We are multimillion times fortunate since we belong to Baba and we don't want or need anything else.

We don't ask for respect and position. In the world, people are always after a seat. Baba has given us fixed seats. The seats are reserved so even if someone tries to sit on my seat they won't be able to, because Baba has fixed my seat. How can anyone else sit on the seat that is fixed for me? If we're seated, it's good; if we're moving around, it's also good. But don't say this is 'my' chair. The biggest loss one can have is this awareness, "This is my chair." Or "I don't have any chair, any seat." This is the biggest maya. "If I don't have a seat, if I don't have a role, then what can I do? I need a seat." A Kaurava intellect thinks like this. A Pandav intellect won't think in this way. I'm very happy that I don't have any money in my hands. The whole world is in my hands, not money.

There is always victory in truth. We should never be confused, scared or nervous. Baba is here, Baba is watching us. He just says, "Keep looking at me." Brahma was always thinking of Vishnu, "This is what I'm going to become." Once we were all sitting in very powerful yoga and afterwards we went in Baba's room and Baba was giving drishti. Some saw him as Vishnu, others as Shankar, others as Brahma. Baba said it's fine, you can see me in any form. But when it comes to giving visions, it has to be Brahma. Then Baba explained the difference between Shiva and Shankar.

What is the definition of service? It's coloring someone with your company. What is service? Be a trustee and bodiless. Whatever Baba is teaching, if you're not able to help others achieve that stage, you won't be able to get a sovereign status. If you sit with someone for an hour but are not able to help a soul achieve a royal stage, you won't achieve a sovereign status. Yes, do whatever you have to do. There's service happening even during rest time. But if you're very tired and you go for rest there won't be service. To get tired is also body consciousness. You all are studying Baba's knowledge to claim a Master's degree. I'm child of the Almighty, so there's constant service through our mind, body and wealth. We don't need anything and don't want anything.

Once I told Baba I don't want to miss any type of service or gathering and Baba said it would never happen. Since then, Dadi's intent is to be present in whatever is happening. Yes, there might be some excuse or reason not to do something, but then when the reason is removed, service still won't happen. One point is that there's fortune created through renunciation, complete renunciation—nothing, nothing belongs to me. The second point is that I'm a soul alone and I have to go to Baba and be with Baba alone. Even we know that Paramdham is our home, but it's not that we can go on our own to our home. Baba is preparing us, making us pure to take us home, but we can't go on our own. There's only one teacher and we all are students. I never considered myself to be teacher and looked at you in that way, else I wouldn't be what I am today. At every step just keep praising Baba and saying wah guru, wah guru.

God makes us belong to him completely. If something is lacking you have to sit and have proper yoga.

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DADI JANKI - 13 JUNE 2013 - SHANTIVAN AM I A CAREFUL DRIVER?



We are the children of the Fortune Maker. We are already fortunate and we increase our fortune by doing service with accuracy and with happiness. When I myself am truly happy then the whole world appears as happy to me. We had received the kingdom but then we lost it. However, past is past and we are again claiming that kingdom through the Fortune Maker. He has opened the treasure store for us and is making us masters of that treasure store. Baba praises mothers a great deal (Mother's Bhatti is being held in Shantivan). We used to just praise God but now we imbibe His qualities.

It is very important to pay attention to cooking and eating in remembrance. We have been told by God that 'as is the food, so is the mind'. We are eating directly from God's bhandara – how much happiness there is in this!

I may say that I am surrendered and that I follow the timetable Baba has given. However, one who is truly surrendered will use their time and thoughts accurately and in a worth-

while way. It is not necessary for one who is surrendered to stay in Madhuban or a centre but one who is truly surrendered may live anywhere. The main thing is to remain as a trustee. Someone may stay in Madhuban but if they don't have the attitude of being a trustee, then there is no fortune.

We have to now move into the awareness of being a trustee in every aspect. I am a trustee of my thoughts and of my time. I am a driver and I need to be careful. I need to keep my headlights on so that I can see what is in front of me. I am a driver of this body also... I sit in the centre of the forehead in this body and drive the car. Keep silent and practice this. Don't keep looking behind and being concerned about the past... look at where you have to go now. Don't think of how other drivers are driving. I have to pay attention to myself. They may choose to go ahead and I should let them. They may choose to move onto side roads... I don't have to get affected. I have to look at what is immediately in front of me on the road and choose the accurate way

to maneuver. I can't afford to think of what will be in front of me on the road tomorrow. No, I have to see what is there now and deal with it with patience and love. I don't need to keep reacting and putting on my emergency lights.

Carelessness results in mistakes and there are penalties to pay when one makes mistakes. If you go over a red light then you will get caught by the police. So, if you get any signal then wait and see... Wait and see and everything will become clear. Don't deal with any matter with impatience. If you do then you will make mistakes. There are no excuses for reacting impatiently. Baba has told us how to do everything. If I am careless and don't follow what He has said then there will be loss. To not follow what Baba says is a sign of a lack of intelligence. After all, before returning home we have to become karmateet. This is the only time to create one's fortune. If you don't follow what Baba is saying then you will lack royalty.

Baba sees the speciality of each soul. Each one definitely has specialties. My task is to just keep turning the knowledge inside myself. This will remove any worries I may have... Who am I? Who do I belong to? Who belongs to me? The answer to the question 'Who am I?' brings light. The answer to the question 'Who do I belong to?' brings might. Through light and might we do service. Before explaining to others, I have to become light and might. When I become light I start to do service automatically.

Dadi Janki - 31 May 2013 - Peace Village What's the difference between prem and pyar

However your life should be a yogi life, not just sitting in yoga. So constantly keep checking. There's nothing else we have to do but constantly keep checking. Your face should be like mirror so Father can be seen in the mirror of your face. This is the hope Baba keeps in us. Will you call this doing service? To become worthy, to be like that, look at your own face in the mirror of your mind. Keep your mirror clean. God's direction is, "Look at your face in the mirror, O human being, so you can know what sin and charity is there." And then you have to burn your past sins and become a charitable soul and keep looking at Baba.

The mind, intellect and sanskars are old; they're from the past. So look at your mind, intellect and sanskars at the present and make your stage soul conscious. There's a very beautiful method to look at your mind and sanskars: Look at Brahma Baba's mind, intellect and sanskars. I have to be like incorporeal father and become egoless. Look at Baba and look at yourself. Don't look at anyone else because I have to follow Baba. Just be light and have light, everything should be light. Baba's might and my light. We're all sitting in this light.

The whole world has to get to know Baba. Not every soul will come in the land of liberation but every soul should recognise who God is. People are dying in distress. Baba has taught us how to die alive... we are ready. We are living in God's lane and we will die in His lane.

DADI JANKI – 20 MAY 2013 - GRC, OXFORD

THE EXCHANGE OF LOVE AND TRUTH



Today Baba was asking us 1) to detach from the body and remember Him, so that our sins can be absolved and 2) to sacrifice ourselves to Him. Do we have to sacrifice ourselves to Baba first or does Baba sacrifice Himself to us? We have to. Ask yourself whether you have so much remembrance that your sins are destroyed. To sacrifice yourself means to recognise Baba and His attraction. Brahma Baba surrendered himself instantly. With that deep love and desire recognise what you have to do. Baba explains clearly to us but he first sees to what extent you are pulled to Him. Your intellect should not be pulled to anyone else. If the intellect goes somewhere else, it is because someone is pulling you. Your remembrance will then not become so firm and deep, and your sins won't be destroyed. Do you embrace Baba first or does He embrace you? When you feel Baba embracing you, you feel that your sins are being destroyed and nothing old is remembered. The soul and Supreme Soul have been separated for a long time, then a beautiful meeting takes place.

We have accumulated sins of 63 births. What sins are they and do you understand how they will be destroyed? The deep desire and love have to be so intense, like a burning fire. Recognise fully that the world outside is foreign to us - so how can we have love for it? Dadi Gulzar wrote to Dadi Janki: Baba is my Companion and I simply have to be an observer. Have this awareness all the time. If I have Baba as my Companion, I will be an observer - it's easy - and then a karma yogi.

We are not karma sannyasis (renunciates of action) but karma yogis. Power is needed because there are karmic accounts. While our sins are being destroyed, let there be no karmic accounts with anyone. We may not have them with others but we are still in the body and need to remain

so separate from the consciousness of the body and have the power to perform elevated actions. We have power and strength; how do we experience that power? That fire of love enables I, the soul, to become so peaceful inside that in relationships with others, I work with the power of that peace; I act and relate to others in the power of peace. I can then see how my actions are changing from how they were to what they are now and no bondage of any kind is experienced. The main thing is to remember Baba. Without making real effort your actions will be ordinary yet you won't realise that. When we become ordinary, we then become wasteful. The sign of destroying your sins is this that you will have no waste thoughts and always remain elevated - not ordinary. Baba would say that to have nothing else to talk about, no complaints, was the sign of sins being destroyed. Finish being busy in service. Baba never used the word 'busy' and if someone says that of me I feel insulted. Baba is the One who does everything and He does it through many others. This is the stage of settling karmic actions and karmic bondages.

In order for me to be able to stay in Baba's remembrance well and deeply, Baba has made a deep impact on me - and the fruit of that is that you sit here today. Baba makes all the effort and makes this one the instrument and you are seeing the fruit of that. You are the social workers, building the land of happiness. We have the habit of staying in the land of peace and the sign of sins being destroyed is the ability to stay in that place naturally. Baba comes from Paramdham and introduces us to Himself and our home.

Go deeply into knowledge and check the extent of your renunciation and the feeling of having no desires. First is renunciation, then no desires or attraction to anything - no upheaval

in the intellect. Upheaval in the intellect means karmic accounts are being created. You all have renunciation, yet not the attitude of being free from the attitude of desires. 'What can I do?' How can I do it?' You forget that Karankaravanhar is doing everything. Dadi Gulzar is so free from the attitude desires that she doesn't think about anything. Because of this she is able to stay beyond and this is what creates such a powerful atmosphere. If you are not free from the attitude of desires, the atmosphere is in upheaval.

When you have courage the Father helps, and this prevents us from forming karmic accounts. The Lord is pleased with a true heart. There are very few who do what they do while keeping the Lord pleased with them. When you sit to remember Baba to what extent do you feel that your heart is honest and true and that Baba will be pleased with you? No matter what might happen, don't lose courage. If you lose courage, what are you going to do by yourself? You end up saying that you don't know what it is but you feel very heavy now. It is a very subtle thing because you have cancelled the contract that you had, because you did not experience the help. We watched Baba seeing Mama in pain and how Baba became an observer. He could not help her. Mama, who had given the children so much sustenance became so detached. She settled what karmic accounts she had, became karmateet and left. On the last day Mama's face was still shining. Whatever is happening to your body, your face should be appropriate, then it is not the suffering of karma or karmic accounts. When feelings show on our faces, others would feel that that poor thing is lying on her bed riddled with karmic accounts. Even at the final moments are faces should inspire others. Why did Mama leave before Baba? Brahma Baba had to

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DADI JANKI – 19 MAY 2013 – GCH

CLIMB UP AND EXPERIENCE THE SWEETNESS OF GOD'S LOVE

Who has as much love as Baba does? In the form of a mother, Baba has so much love that I should not only hug Him, I should kiss Him! In Sindhi there is the song 'We have come into your lap and you are giving us nectar to drink'. I remember a scene one evening when Brahma Baba took us into his lap one by one. We felt such pure spiritual love; can you imagine!

Baba needs right hands. I remember once that Baba said 'I don't have a right hand'. This touched Dadi's heart. What wouldn't one do to be God's right hand! To be God's right hand requires cleanliness and honesty. First cleanliness and then honesty. There has to be cleanliness before there can be real honesty. Cleanliness means total transparency. In order to become clean one needs to merge in His love. If you wish to be a right hand then everything you do has to be right; there should never be a mixture. Many are very good but they have jealousy. Jealousy and any other gross or subtle vice will make you move backwards rather than forwards. Remember: The destination is very high! Knowledge is nectar... We have to drink nectar and give nectar to others to drink. There is nothing else. Each one has their own fortune. I can't compare myself. The One who is creating me is doing His job. I simply have to be of that quality. The first number souls are quality souls. To become a quality

soul I have to stay in remembrance and use my life in worthwhile way. We are on a pilgrimage. Climb up and you will taste God's love. Fall and you will become totally dizzy. You will then become confused. So you want to be dizzy or do you want to be confused? It is time to experience the sweetness of God's love. Swing in knowledge and forget the awareness of the body. Seat the Comforter of Hearts in your heart. If there is something else in your heart then what will the result be?

We are now seeing the wonder of Karankaravanhar... see the size of the Murli classes now... this is Baba's wonder. He is getting His work done. He is also making it easy for us to transform ourselves. He first gives us the intellect to recognise Him and He says, 'Child, make your mind quiet'. Shiv Baba sat in the charity of Brahma yet Brahma Baba had to make intense effort. His effort was amazing. Sometimes you saw him sitting like Vishnu, sometimes we saw him as Shankar. He had the intoxication of becoming Narayan and yet before that he knew that he had to become perfect and that was his effort. Brahma is my father; he becomes Vishnu and sustains us. Shankar is the form of intense meditation. They are all subtle... In the morning be in the form of Brahma, in the day Vishnu and at night, the form of tapasya; Shankar. We saw this in

Brahma Baba. He would ask what the point of having children is if you don't sustain them. Shiv Baba created the Yagya and Brahma Baba sustains the children as Vishnu. Brahma knew that it is Shiv Baba's yagya and so he never had any question of how the money would come... This Yagya has been a story of sacrifice. There has been sacrifice, sacrifice and sacrifice... Seeing whose work this is, people have the feeling to give...

Each one has their own part. I have to do what I know I have to do. Ask yourself now; what quality soul am I? Am I making myself such that I will be 'quantity' rather than 'quality'? A quality soul is one who becomes detached from the body and bodily relations in a second. One who follows the law is loveful. They follow the codes of conduct and let go of 'mine and yours'. They think: God, I am yours and you are mine. One wouldn't be able to tell that this one is the father and that one is his son. Each one is making their own personal effort to create their fortune. Yes, they would have good wishes and love but not such attachment that it would be detrimental. Baba wants each of us to move forward. We are the gopes and gopis who have sacrificed on the flame. Our part in the drama has come to end. Keep this thought because the old is about to be destroyed. It will happen at any minute. Don't think of 'when' but make sure that you have transferred your bags and baggage and that you are ready. First class passengers don't lug bags around with them. They don't hold anything in their hands and so they move free and fast. They are royal! So make sure that you have done all your packing for the moment of the final call!

Baba has told us everything, so in the future don't say that you didn't know. We are not only hearing new Murlis, we are revising all the Murlis from before.

Dadi Janki – 20 May 2013 - GRC, Oxford The Exchange of Love and Truth

play the role of being mother and father. This is original intrinsic knowledge that I am the embodiment of bliss. We have to become karmateet. Karankaravanhar Baba is doing service. What do I have to do? Destiny is fixed. God has ground the ingredients and given us a potion to make us carefree. How will it happen? It has already happened. We have love between ourselves in this way and there should be value for this. Baba is standing with His arms open wide for His children to come into.

Give vibrations so that others become alert. Souls are thirsty. This is service. First they are thirsty and then in the company of the Alchemist iron becomes gold. Am I like the thirsty bird that quenches the thirst by taking every word and making that into a jewel?

Om Shanti

Om Shanti

DADI JANKI - 6 MAY 2013 - GRC, UK TEACHERS RETREAT

PAST IS PAST

Past is past is a very good mantra. Whatever has happened in the morning is also the past. I am a student, since I came to Baba. By studying well, we experience Baba's company as the Father, Teacher, Satguru and Dharamraj. The greatest medicine is 'past is past'. The most blessings are received through the practice of 'past is past'. You don't even need to say it, but through this lots of time is saved.

In the Gita it says: 'God loves gyani souls' and 'Those who are constant yogis reveal My form'. These two things contain the subtle secrets of knowledge. Do not just repeat the words, but it should be visible on your face. Such a soul is obedient, honest, faithful and trustworthy. They have no arrogance of holding a position nor do they show the childish games. In importance, there is arrogance and in being little, discouragement. Today Baba spoke about jealousy. It is in order to be free from the five vices that we now belong to Baba. It is through renunciation (tyag) that tapasya began. I am a server. It is in this order: tyag then tapasya, then selfless seva (with no desire). Within that comes the certificate of becoming totally ignorant of the knowledge of desire. See everything but become free from all desire. Through cleanliness, our intellect works in order to bring truth into our lives. Effort is not made just for the sake of it. It is true/honest effort and the fruit of that is instant.

The Father who removes our sorrow, gives us happiness (sukh) beyond the senses. Then we don't have the feeling of sorrow, whether someone lives or dies. Every day, Baba talks about the golden age. There is such a great contrast in the old and new world. Even if by mistake someone touches someone else or looks at them with the wrong drishti, they have failed. Or if you fall in love with someone, even if you have taken full marks till now, all those marks are finished. The biggest enemy is to be

trapped in someone's name and form or for someone to become trapped in mine. Let the past be the past to such an extent that not even a trace of it remains. There should be so much strength in yoga that Baba forgives you for the mistake that happened, as well as for any sanskars of past negative actions (sins).

Baba is my world and those are the sanskars that I need to create. This should be a firm promise. Those who come in contact with me should also be lost in this love. Relate knowledge to others in such a way that they also listen with love and earn their fortune. It is by keeping these maryadas that we have reached where we are now. There is power in removing restless (mischievous) attitudes of body consciousness. When you sit with someone, sit formally to relate knowledge and don't allow those who come to have a mischievous attitude. It is through maintaining these maryadas with alertness and caution that you are sitting here today. The habit of going to the cinema or watching movies or having correspondence unnecessarily is also a big Maya. It is good to be safe and clean. It is because of this that Dadi can show her face to Baba and the family. Take care not to have any secret telephone calls or conversations. Then you'll be spared the effort of having to let the past be the past after making a mistake.

Keeping your record good will enable others to have regard for you in their heart and Baba will also see how this child will glorify His name. There is a saying that in God's home it may take time, but there is no darkness of falsehood and it is certain that it will happen. Baba is teaching us; become one who implements His teachings. You may not have heard Baba's teachings through the physical form, but you have seen enough examples to be able to move along well.

To consider someone to be bad is

a mistake. Instead, have the subtle consciousness that it is not their fault. They may not have experienced good company and if you continue to give them good company, goodness will do its work. Goodness means to have feelings of truth and honesty. Baba will then give you His company and they will realise and transform. If you keep someone's mistake or weakness in your heart, you won't even be touched to sit in front of Baba and take power from Him. Continue to look at Baba as you walk and move around. Om shanti

Phone call from Gulzar Dadi

Baba is very happy seeing the teachers. You are Baba's Gurubai (next to the Guru). Just as Baba gives His introduction to all and reminds all of His form, in the same way, give this to all souls with love. Gurubai means to be equal. To stay occupied in the Father's task and become a capable teacher, serviceable like the Father, you become the embodiment of success. A teacher means to be constantly serviceable. You give the Father's introduction to the new ones and enable them to have a right to the inheritance of the Father. Baba has such hope in each teacher that you reveal what Baba says and also enable others to reveal this. The double foreigners have the sanskars of doing everything with a lot of enthusiasm and attention and there is good growth in service according to the capacity of each place. You are intense effort makers and this means to fulfil Baba's hopes. The attention and love of all is on the murli. Everyone's life is based on the murli. Baba, murli and Madhuban. There is also good attention on subtle efforts. Everyone is receiving good sustenance. Everyone's faces are shining. It is Baba's wonder He has made the foreign lands such that there is no difference in the service and results in Bharat and around the world. The progress and growth is very good.

Om Shanti.

DADI JANKI - 2 JUNE 2013 – PEACE VILLAGE JUST VALUE TWO THINGS – THOUGHTS AND TIME



While seeing each one of you, it's Baba that I'm seeing. Whilst listening to the song, I was remembering another of Baba's songs, "My beloved, come, my songs are calling you." All of you have come because of Baba's invitation. The three Om Shantis work all day long. The first Om Shanti means my attention is on myself. The second one means that my attention is on Baba. The third is our home, our original land. It's really the wonder of that One that He's managed to create such an amazing gathering. When we used to sit with Baba we used to have so much joy and happiness... whom are we sitting with? The heart would respond, "We want to sit with you, eat with you, be with you only. We want to dance with you," and that means to dance with one another. I have seen that my sweet Baba, with economy and with Eknami (the one name), Ekagrata (the one support), and the wonder of the one finger (which points at the self and then points up to Baba), has brought us all into unity.

Baba has said, "First become a chatrak bird and then become an alchemist's stone. The specialty of a chatrak bird is that it transforms a drop into a pearl. The alchemist's stone is such that whoever stays in the company of such a one, even if they have a personality like iron, they become like gold. The Living Values guidebook has been re-launched. It has twelve values in it. It might take time if we have to remember and imbibe all those values, so instead just value two things – time and thoughts. When two words can do, why use ten? So, time and thoughts. When they are valued, then things happen according to God's plan and then we use words according to the drama plan.

There was a time when I stayed in Madhuban for six months. I said to Baba I'm here because I don't want to see Dharamraj. I need to make that level of effort. Baba is my Father, Teacher and Satguru, but also

my Dharamraj. He gives us Shrimat. But, please be aware - even the slightest manmat is very dangerous. It will not allow you to become good.

We have to pass everything. Past is past and then we'll stay close (paas). This is the great mantra: past is past. I'm saying this from the depth of my heart. That which is already gone by, if I remember it, then I'm not remembering Baba or drama. How can such a soul be healthy, wealthy or happy? Baba gives us so much love, so we have to become worthy of that love. There's no other effort. What is effort? If you have the aim, the qualifications will come. Nowadays I haven't seen a Lux soap bar but back then, every day we used to bathe with that. Remember your aim and the qualifications will come. Not even one wrong drop should fall on me. Because where do we reside?

Each great version of Baba's makes us into diamonds. But it's necessary to become real gold. Of course you'll become flawless diamonds, but what will you set them in? You need real gold. We have to go in golden age and we have to become diamonds now. To go to the Golden Age, my time and my thoughts must be golden. Every task we're doing right now has to qualify us to go to the Golden Age. We receive the fruit there of the actions we perform here. The knowledge we receive now gives us instant fruit.

This gathering is the instant fruit of our karma, actions. I went to the bandhara before coming to the hall and everyone there is preparing food with so much happiness. This is instant fruit – the happiness you experience now. There's nothing to do other than to stay happy and distribute happiness. It's not difficult to give a smile. Nothing is difficult. Towards the end, Baba had said he didn't want to receive long letters. So Dadi is also requesting please don't send her long emails. It should be easy for everyone to stay happy

and distribute happiness. Look at your heart and your drishti. Do this rehearsal of checking.

Once Dadi went for a flight on a small plane and the pilot made her sit next to him. Baba is taking us on a flight too. He also says, come and sit next to me. So sit back, Baba's the one driving the plane and he'll get us to the destination on time. Once Brijshanta and I were sitting with Mama hoping she would tell us something. She just smiled. Finally, we asked Mama, how do you manage to stay in such peace? It's a matter of keeping the intellect plain. Take this gift. Is there anything to do? Baba says to us very plainly, by coming into sound you can't achieve so much, but by staying beyond sound... This is not something we have to actively practice as such, but once you've had a profound, deep experience of it, then that experience will pull you and it will make others come in front of you and become quiet too.

Many have zeal and enthusiasm; nevertheless they still lose time over small things. Baba's is present in front of me and the whole big family is gathered around me. When you take blessings from the Mother and Father, the sins of past are finished. But we also need to experience blessings from everyone and those blessings should emerge from the heart. Blessings don't emerge just like that. They have to come from the heart. You can never get someone's blessings by asking for them; it's something that automatically comes from the heart. These are the final moments of the final birth, and these moments are for us to become the jewels of Baba's eyes. So are we sitting in the eyes or heart? Or is it that we sit in the eyes and then go into the heart? Where's the question of effort? There is nothing to make effort for. Just look at Baba's heart and the eyes. Even in photos of Baba are not full length - they are photos mostly only of his eyes and his heart.

Om Shanti.

UK TEACHERS RETREAT, 3-5 MAY, 2013, GRC, OXFORD, UK

DEFINITIONS

1. PAST is PAST is the greatest medicine of all and the way to earn you the greatest number of blessings. A lot of time is saved with this mantra. To remove all traces of the past I need very strong yog-bal, the power of yoga.
2. DHARAMATMA (Righteous/Charitable Benefactor Soul). Before you can become a devta (deity), you need to become a dharamatma. A dharamatma always has the deep feeling: 'It is HE who is doing everything'. They consider everything, all wealth they have, to be the grace of God. There is no possessiveness whatsoever, no ego of wealth: 'It is HIS.'
3. AMAZING KNOWLEDGE - Baba has said that this knowledge will disappear. This knowledge that penetrates our very sanskars, this knowledge without which we cannot have yoga, this knowledge that will turn us into deities, is going to disappear – can you imagine? It is not that it will vanish; it will simply become not visible. Before then, let me churn and use it to remove my weaknesses and become complete.
4. COMPANION – Keep Baba as your Companion (saarathi) and He will give you the blessing of being a detached observer (saakshi).
5. TRUTH AND CLEANLINESS - Without cleanliness truth cannot work. That is why it is essential to clean the chit. For that be aware of the way in which your mind and intellect work. The mind and intellect will determine what you print on the chit. If there is any 'impression', you cannot give 'inspiration'. When there is cleanliness and truth, your efforts will be deep and true - not superficial. Truthful efforts bring instant fruit. As Brahmins we have found Baba and have knowledge; nevertheless there should still be a very deep thirst for truth, an absolute quest that makes you feel you can't rest until you have achieved it.
6. THE INTELLECT - Baba has given us a good intellect BUT WE need to look after it. If you are asked to do something and you say, 'but how?' the intellect becomes heavy. If you see that happen, put it right immediately. Become light in a second. Keep the intellect slim and trim, i.e. not oversized, not undersized - by doing the exercise of being Trilokinath, Trikaldarshi, and Trimurti. Too many thoughts (sorch) and too many ideas (vichaar) make you heavy. Become Asochta and Aboghata.
7. PURITY - Only those who are 100% in purity are able to say "HaJi" to every single direction of Baba's. Purity means no mischievousness, no fluctuation. To say something is 'big' is to fluctuate. Instead, say "Nothing has happened". Baba used to say "Nothing new". Mama used to say "Drama" - not even the slightest expansion. If someone left the body, she wouldn't even enquire 'How?' That's how much stillness and stability there was.
8. DIVINE FAMILY - If someone is not well, you need to go physically to meet them but internally let there be such a high level of love and feeling to honour them. Truly to serve means that with the power of my bodiless stage I can help another forget their body. If someone is unwell in their mind, I don't need to ask them what's wrong but smile in such a way that they simply forget their troubles. When you are in a situation where you keep sharing good and right things with people but they keep rejecting them, pay no heed. Keep serving them. If your bhavna is true, one day it will make them turn around. Many have never seen or known what goodness is and so it's not their fault. Continue to give them good company. It will help them come to a point of realisation. If you keep someone's weakness or mistake in your heart, you yourself will never have the touching that you can change. We have spent time to examine
 - 1) Who am I
 - 2) Who do I belong to?
 - 3) What do I need to do?But now the need of the time is truly to understand one another. What are the pure feelings and intentions of those immediately around you?
9. TAPASYA - The tapasya we did in Karachi was to help us belong completely to Baba, to wipe out any memory or pull of the old world from which we had come. The tapasya required today is more to do with having an elevated vision for others. Even before tapasya, you need to focus on tyaag (renunciation). Renunciation is not about stepping away but about being detached. The slightest thinking whereby I want to subtly escape a place or person will prevent me from attaining a royal status. Tyaag and tapasya are about instilling deeply within me the sense that nothing, absolutely nothing, is mine. I have left everything behind. It is for this reason that in the early days of the yagya even our clothes didn't have names on. We had a number but no name.
10. CREATING YOUR STAGE - If you want to create your stage all you need to do is keep watching Baba, keep watching, keep watching.

Four things are required to bring benefit both to yourself and the yagya: 1) Become a sample 2) Be

Continued bottom next page

DADI JANKI – 6 JUNE 2013 – GCH

THE CONFLUENCE AGE IS SUCH A SPECIAL TIME...

Who is happier on seeing whom? Is it that you are happier seeing Dadi or that Dadi is happier seeing you? I can safely say that I am happier seeing all of you! I have the experience that I meet each one of you personally. I can see that Baba has seated you in His heart and in His home. Sit in Baba's heart and you will be with Him wherever you go! Seat Baba in your heart and He will seat you in His. You will then feel that He is with you all the time. The method for this is to have one Baba and none other in one's heart.

I have to sit on the seat of self-respect, with Baba in my heart. No one then can affect me. No one will be able to catch hold of you and neither will you want to catch hold of anyone. I am on the seat of self-respect. I don't need to have ego about doing anything because I know that in fact, I am not doing anything. Baba is the One who is doing and getting it done. What have I done actually? Once you sit on the seat of self-respect no one can have the strength to remove you from that seat.

There are a number of things Dadi would like to share with you today in these few minutes we have together (Dadi was leaving for Dubai at 7.30pm). Please keep these in mind:

1. Remain happy and give happiness. Never accept sorrow.
2. My time and thoughts need to be used in a worthwhile way. Don't waste anything because the basis of success is to use one's every breath in a worthwhile way. I should not just contemplate on Baba here and there but He should be 'in' my every breath. Save time and use that saved time for something good.
3. Where I sit is not important. What is important is my attitude of renunciation. An attitude of renunciation means I am not attracted. I am not pulled... When one truly has an attitude of renunciation there is no feeling of I and mine.
4. Whatever small weaknesses remain in us affect us. It is due to

our own weaknesses that the weaknesses of others affect us. When I have a weakness in me, I will see the weaknesses of others. On seeing the weaknesses of others, the comfortable feeling that my heart could and should feel is lost. So, where do I live? I live in the land of rest and comfort... Do you allow yourself to remain in the land of rest and comfort? Or do you remove yourself from that land?

'This is such a special time... it is the time of change'

The highest intoxication now is not even the intoxication of becoming Lakshmi or Narayan but it is the intoxication of being able to remain in the subtle region and be with Baba.

Avyakt BapDada gives us the complete experience of His presence. No child of Baba's can say that they have not met Baba because Baba gives the experience of meeting to us when we remain in His company.

He gives the sakar experience that all the souls in the beginning had, through His avyakt form. You have not missed out on anything. You do not need to miss out on anything. Shiv Baba is Bholanath. Brahma Baba is the ocean of forgiveness, mercy and love.

This is not a class; it is chitchat with love... Digest what you hear... To digest takes strength, so pay attention to digesting everything Baba gives you well. You will then get a great deal of benefit and you will be able to share and bring benefit to others.

UK Teachers Retreat, 3-5th May, 2013, GRC, Oxford, UK Definitions

eknami (take the name of only One) and let there be economy. 3) Ekagar-chit (be concentrated) 4) Ekta (unity) The ultimate definition of surrender means that every bit of your mind, body and wealth is used in the most worthwhile way possible. This is the very root of absolutely everything.

11. SERVICE - The look in the eyes of Baba's children is absolutely distinct. No one has drishti like that. Make your eyes such that, whilst walking and moving around, people are drawn. This is service.
12. MARYADA - The biggest enemy of all is when I am trapped in someone's name or form or if I allow someone to be trapped in my name or form. There is no need to be casual or informal with one another. Private conversations, familiar chats etc - all this is not accurate. Even if I am in the kitchen and someone comes to ask something, stop what you are doing, come into a formal setting and discuss what needs to be discussed. When we uphold the maryadas and conduct ourselves with total accuracy in this way, the strength of that allows powerful service to happen. It gives you the strength to be able to show your face to others.

DADI JANKI – 8 MAY 2013 – GCH, LONDON LET'S SPEAK ABOUT HAPPINESS!



Ask yourself: Have I become a top quality student? Or, do I keep myself at an 'ordinary' level? Student life is the best life! As a student one is free; not a teacher, not a guru... Dadi considers that she has never been a teacher. We have the one Teacher and until today we continue to do as He says. He speaks – I act. My actions should be as my words are. He tells me what to do and it is my duty not to think too much but just to do it. If you use your intellect too much then you can't draw power from God or catch His directions. I am a driver; my attention needs to be on focusing on moving forward. I need to move forward with my lights on so that those behind me don't experience any problems. If someone wants to overtake I simply have to let them... One needs good sense to drive well. Drive well, drive with care and you will arrive on time.

There is benefit merged in whatever is happening. Think like this and you will never shake. You will remain stable. I have to pay attention not to take sorrow. If I take sorrow then I will definitely give it to others. Baba has told us that the one who listens to the Murli accurately and pays attention to practice what He says will have a good chart. I need to place great value on the versions of God that I am hearing now. If I place great value on them then I will not allow my intellect to wander. Those who get caught up in any type of rubbish will not be able to hear what Baba is saying and neither will they be able to speak it. So see yourself and become an image worthy of praise. A Brahmin is someone who is true.

Baba is the biggest businessman in the world and we are in partnership with Him. Now, which business do we want to become successful in? In sharing knowledge. In becoming ever healthy, wealthy and happy. Our wealth can never be stolen or

lost... It is spiritual wealth – the wealth of knowledge. We invest everything we have by using mind, body and wealth in service.

***'Baba is the
leader' of mercy.
He is the most
merciful soul in
the world'***

He has mercy on everyone and Dadi would like to know who, out of all of you, feels that they do have mercy on the whole world – on the whole of humanity? The one who has mercy receives blessings. It is said that mercy is the basis of all faiths. In fact, mercy is our very religion. How then can I have ego? If you have even a little ego then the actions you perform will be sinful to some degree. Your actions will be superficial and not performed from the depths of your heart. Your actions won't be based on bringing benefit to others. Rather, they will be competitive; I want to do better than this one. I want better results and a better life than that one... Thus, Baba's work is to finish criticism, competition and corruption. It is these three things that cause the soul to act sinfully. This is why Baba tells us to forget everyone and everything and remember One. We can only remember One when we have forgotten everyone and everything else. Don't remember anyone... What is the point of remembering anyone? Today the body is here, tomorrow it will be gone. Now there is wealth, tomorrow it will be buried in the sand. Today there are clouds, tomorrow there will be sunshine. Nothing remains the same! Everything is temporary... Realise this point deeply; nothing is consistent. You

cannot even guarantee on your own breath. Young or old... anyone's breath can stop at any moment.

In the world people talk about how much sorrow there is. Dadi would like people to be able to come to her and talk about how much happiness there is in life! About how to remain constantly happy... about what happiness really is... If you were to have such conversations before you go to sleep as Dadi does, you would all sleep very well! You would wake up early naturally! Every centre around the world knows the Hindi term 'amrit vela'. There is great benefit in the time of amrit vela.

So, if anyone asks you 'How are you?' Then say, 'I am ok'. I am fine. Smile. The whole purpose of this life is to remain happy. Relationships are for sharing happiness. Don't have any type of violence in yourself – even towards yourself. Some are such that they sit alone and think such thoughts that make themselves upset and cry.

Through remembrance happiness emerges. You then realise that you actually don't need to remember anything else and nothing else comes in your mind. There is so much benefit in remembrance. Baba has totally freed us from attachment. Who could have thought that Mama would leave the body before Baba? She played such a big role in our lives but she left the body four years before Baba. Who would have thought that Dadi would have stayed here for so long? When Mama left the body Baba was detached saying, 'So what? She made her fortune and has moved on'. After that, Baba became the mother and the father – staying in Madhuban for those four years and gave us loving sustenance. His task was to make us good and true children. He still gives loving sustenance today and we need to have value for that sustenance.

Om Shanti

DADI JANKI – 4 MAY 2013 – GRC

EAT THE HALVA OF KNOWLEDGE AND KEEP SMILING

Baba has taught us that whatever challenges occur in life we have to eat the halva of knowledge. Even if someone close to you leaves the body, eat halva... Baba has shown us what liberation in life is. To be liberated in life means not only never to cry but not even to get sad. In fact smiling makes every situation seem light. By smiling one's difficulties finish. Smiling will stop you thinking too much and going deeper into matters.

There are various states of the soul. The soul was at first pure and then became impure. We have now pledged to move back to our original state of purity and we have promised to give Baba co-operation in changing the world through our purity. We have taken up the responsibility of this because, in my pure company, others can also become pure. So there has to be 100 per cent purity. If you allow your intellect to wander or fluctuate it is a sign of lack of faith and the intellect then starts to become mischievous. It is not a big deal for a child of Baba to become pure.

When someone is not very well it is part of the role of a family member to ask after them and to show care. It is not a 'duty' for us to take care of a member of the family, rather it is a sign of love. If someone is not well then don't look at their face and get affected by their suffering, rather, make them smile.

My renunciation should be of a level when my intellect does not go back to the past. When there is renunciation there can then be true tapasya. One can then do service. When someone is internally detached, they can stay with anyone, in any situation. Remember that it is the time to claim a royal status, not the status of a subject. Not even the slightest weakness should remain in me because if it does I cannot claim that royal status. I have

to become rup basant, the form of knowledge and yoga. What would the face of one who is rup basant be like? If one churns the knowledge then one can experience that royal status right now because churning brings great happiness. The soul will feel worthy and ready to claim a royal status.

***'In fact,
everything in life
becomes easy
when one's heart
is clean and
pure'***

When one has a clean mind and doesn't keep anything negative inside. So check yourself: Am I keeping my heart clean? Is my mind peaceful? Is my intellect clean? If so, then you will have the fortune of having an intellect which can think pure thoughts. The quality of the intellect is very important in life. God has given each one of us a divine intellect. It is up to me personally to take care of my intellect. One who takes care of their intellect can have yoga. The soul can then have good bhavna... good wishes and good feelings for everyone and will be able to do good service. If a negative thought enters it will make the soul dry. If you see that you become heavy at any point then, in a second, make yourself light again.

Baba sits and He sees us wherever we are... When Baba became avyakt we did have feelings... but Dadi also had the feeling that Baba had not gone, that He was still with us. When the trance messenger brought the message, it said 'Where would Baba go? He has to take the children with Him'. Dadi feels she is ready to

go with Baba and that she will take all of you... We should never forget that we are preparing to go home with Baba. Sometimes Baba tells us to remember Him in the home. He shows us many different methods to remember Him. We need to practice this... This knowledge will become 'merged' ... it means incognito within. The soul won't consciously be able to remember it. However, when it is the time for us to remember it, we will quickly remember it. We need to utilise all the knowledge Baba is giving us. It then will emerge quickly (the next time the soul hears it) and the soul will be able to remember Baba.

You have died and taken rebirth haven't you! Should we celebrate your birth or death!? When one dies the world dies for them... this means that all the old and ordinary ways of thinking are left behind. It is time to go beyond thoughts and negative experiences... as God is...

If we don't remain beyond then we come into feelings of respect, disrespect, success, defeat... If one doesn't remain equal in all these things then we get affected... if only a little. So practice going beyond the feelings that come when you get affected. Dadi practiced this for 6 months... Baba is with me – I have to see the drama as a detached observer and realise that it is all good.

Baba used to tell us; whatever happened is good, whatever is happening is good and whatever will happen is going to be good. Those who are ancestor souls, those who are to become worthy of worship souls will think like this.

See yourself and look at others with soul conscious vision. In the early days we practiced this all the time... Not only will paying attention to this help you but others will also benefit.

Om Shanti

DADI JANKI - 2 MAY 2013 - WORTHING A WARM HEART AND A COOL MIND



The first om shanti is: Who am I? And the finger points to the self. The second om shanti is: Who do I belong to? And the third is: What do I have to do now? I am healthy because of saying Om shanti three times.

Do you have a warm heart and a cool mind? The words are something to experience practically. The heart and the mind are very deeply connected. The heart needs love and the mind needs peace. The heart can feel warm when there is love. Heart and mind are connected. The mind is very cool. It is not wandering around.

In the world there is a lot of discrimination because of the feelings of having a high or low status and, because of this, we can understand how the heart has become. There is so much discrimination – of colour, language, religion - so many such barriers and, because of this, there is so much fighting and quarrelling. Whereas here we are a whole bouquet, sitting together. The jewels that are loved by God and hidden in all the different corners of the world are emerging. All of you are very fortunate.

Feelings of friendship enable people to feel happiness and bliss. It is through love that you are then able to feel bliss; that feeling of love pulls you deeper and you want to stay there. Don't worry about anything. If you want to make your heart warm and your mind cool, just think about how fortunate you are, place your hand on your heart and feel that coolness. The mind is not going to say anything. With feelings in the heart you cannot stay without speaking about them and showing them on your face.

When you say: 'Who am I?', you feel peace and with 'Who is mine?', you feel power and your life is filled with value. Those who have values in their life have a real life filled with royalty. Looking at values, there are four things I need to be very careful

about in my life - in a practical way. Firstly, in the world people are afraid to speak the truth. They lie. In relationships between brother and sister or husband and wife, there isn't that honesty. At work employees are afraid of their bosses. Have inner power and Baba will be happy that His child is speaking the truth. Secondly, there's stealing. Stealing something even as tiny as someone else's pencil, or picking up something without asking permission, is a mistake. It is wrong.

The third is cheating - being one thing inside and externally showing something else. Many people come and say that they had a boyfriend and he would tell them one thing and doing something different. Then, the fourth is defaming others: if someone defames you, they lose their sleep and you lose your sleep, because both feel the sorrow of that defamation. Falsehood, stealing, cheating and defaming others finish the reality and royalty of human beings. Become such a good human being that you think that the one who is defaming you is your friend, because they help to open your eyes. Just imagine what someone's life is like with these four things in their life? And on the other hand if someone had even a little of these things and then became free of them, how their life would change so much.

To be a Brahma Kumar or Brahma Kumari means to bring five things into your practical life. They are: purity, truth, patience, humility and sweetness. Before we became BKs, these things were missing in our lives and so now we imbibe them. When someone has patience and truth, they never become impatient and never react, either through their face or their words - their words are very sweet. These five are numberwise; when you have one, it brings the others.

Where there is purity, there is peace and, where there is peace, there is

love. Where there is love, there is happiness and, where there is happiness, there is power. Bring these five things into your life. By observing the other five things, benefit you experience these five. Then take a look at your heart and mind, when they are filled with these things.

With humility, unity and freedom you are able to fly like an angel. Angels have hands and feet and yet they remain up above. In order to remain up above, come into relationships with others and, as soon as it is done, just go beyond and remain free from ego and attachment. Ego causes a lot of damage and attachment causes a lot of sorrow. Ego makes you false. It is a lot of unnecessary show.

Keep three things in your intellect. These are patience, peace and love. Take these three tablets every day to stay healthy, then everything will be very easy. There'll be no confusion. Have the aim to remain ever healthy, wealthy and happy. To be wealthy is to be wealthy in virtues. Always look first at your heart and your head and then come into action, so that you come into relationships with that feeling. If your heart is honest and you have courage in your heart, Baba will help and everything will be easy. Due to Dadi's honest heart and her courage, Dadi received Baba's help and this is why we have reached where we have today.

Thoughts, breath and time... Sit peacefully and come into relationships with one another with honesty and love and then you will see the success. In actions and relationships we are not going to do everything by ourselves alone. We have to perform actions together. When honesty and love are missing, there are doubts about whether it will be successful or not.

Become your own friend so that you can check yourself and bring

Continued bottom next page

DADI JANKI – 22 APRIL 2013 - EVENING – LONDON

DO NOT WORRY BUT FIND A METHOD THROUGH WHICH YOU CAN TRANSFORM

Om shanti is a wonder. Each one of you should think I am speaking to you individually. None of you are the same as the next, nor can we all ever be the same. However, in our drishti and attitude may there not be any fluctuation.

It is Baba's wonder that He has me in this body. He shows me what He wants me to do. Every second remember that whatever happened has happened, and what is to happen is drama. Let there not be even a little body consciousness, because body consciousness brings you into different feelings. The feeling of soul consciousness makes us full of God's love. He is the Almighty Authority and, with the power of that One, may there never be a lack of any power within us.

We are on a spiritual journey. We see only where we are going and the One who is taking us there. We are on a journey. Cleanliness and truth are taking us towards Baba and we are slowly becoming more and more detached. I just have this feeling - I don't want anyone to be left behind. I am not worried but I want to think of a way to pull the soul along with me. I have the wings of zeal and enthusiasm... Fly, oh bird, because this world is not yours now. Someone shared with Dadi about 'what I was and what I am now.' Ask yourself:

what is reality? Realise it. This is royalty. I live so close to Dadi Gulzar. Subtly, we are together and she lives a part of being child-like. She has no one but Baba in her mind or heart. Baba is knowledgeable, powerful - Almighty. Let there be no trace of any worry, because Baba is getting it all done, so what do I have to do? I told Dadi Gulzar: Through you they all know who God is and through me they know what God does.

Since I became Baba's, I have had no idea what Maya is. Even before I came to Baba, I felt no attraction to this world. But I learned who the Father is. Nobody should get confused on seeing your face. If you want to change anything within yourself, now is the time. The hall here is full today, even though it is a Monday...it is Godly attraction that has brought you here. These good things are becoming etched in your sanskars now. Even in the Gita it is written: It is not this one's fault, because it is just their nature. Be careful: if you think or speak about someone's nature or sanskar, that can also become your nature or sanskar. The heart is the most fragile of all, it gets hurt very quickly then it takes time to heal it. And the head is connected to the heart. God has given me the fortune of sharing happiness. So, who do you want to surrender to? A

human being whose subservience you will have to bow down to - or God? We don't have time for anything else now. Just come in front of Baba and become bodiless. There is so much contained in Baba's drishti and words. He doesn't want to see us have any weakness. Baba gives so much strength that you feel 'this weakness will no longer remain in me'. Become a tower of knowledge, love, power and purity - because people always look at tall towers. Some people listen to your words and others don't. But love and purity have the power to pull others.

Your breath runs according to your thoughts. Check your thoughts. You may be able to keep your thoughts peaceful but what about your old sanskars? Baba keeps saying: Finish your old karmic accounts. Through Raja Yoga we develop the habits of ruling. I have pure feelings (bhavna) for what service is. So stay in the experience (bhasna) of this service. Just remember that whatever is to happen will happen. Now it is the time of the confluence and Baba will get it all done. Dadi Gulzar always says: Make Baba your Companion and stay a detached observer. He is getting everything done through signals. Baba is such a powerful mirror. There is no time now to keep seeing what weaknesses you have, the main thing is just to pay attention and change the nature that has been created through your sanskars. But you must have the desire to change. Baba says that the responsibility of service is Mine - you just do service with truth and humility and then you will make many others co-operative. If you say 'yes' Baba, Baba will say 'yes' to you. Be simple in your nature. I sit here today and this class reaches the whole world. This is the wonder of science and the ones who are worry-free, have no thoughts and take blessings from Baba. He is establishing a world of love, peace and happiness.

Dadi Janki - 2 May 2013 - Worthing A Warm Heart and a Cool Mind

about change. We are all human beings and we want to bring about change in ourselves, because we want peace and love in our lives. God brings about that change. If you want to become like that, Baba will make you like it. It is a decision you have to take.

Do I want to be like that? What do I have to become like that? How am I going to become that? When am I going to become like that? Right now. Continue to accumulate all the good things and share them with others. You can't have the good things and the not so good things together. Salt will do its own work and sugar its own work and you can't mix them together in certain things. Imagine having salty tea! Balance in everything.

Om Shanti

Om Shanti.

DADI JANKI - 13 APRIL 2013 - SHANTIVAN (WITH TEACHERS) BABA'S DRISHTI CREATES EXTREMELY DEEP HAPPINESS WITHIN US

The elephant's trumpeting is so great! This is a gathering of maharatis - such a beautiful gathering that happens just once a year. Here we can see Baba's creation and immediately think of Baba. What did Baba tell us today in the murli? Baba's inspiration and feeling is also within me. Baba wants the children to inculcate the knowledge and tells us such deep points. Dadi remembers some words of the Gita: 'Oh God, this knowledge of yours, is very deep, filled with significance and extraordinary'. This knowledge is very deep, attractive and filled with love and secrets. As we listen to it, we become sticks for the blind; we are able to show the way to those in distress, who are stumbling and cannot figure out what to do and where to go. To show them the way Baba has made us His own and like Himself. Where were we before? Wandering about. From so many far-off places He picked us up. With His drishti He pulled us. Baba's drishti creates extremely deep happiness within us. In a second take deep drishti from Baba.

You are listening and sitting in Diamond Hall. Who is speaking? The songs say that Lord Shiva is Innocent and sweet. He makes us His own. He transforms us into something completely different. What were we before and what have we now become? We can become something when we have an aim and objective. The devotees do not have an aim and objective but we do - and this makes it easy for us and we like what we are doing. We were ordinary humans and are now becoming deities. Those we used to worship are the ones we are now becoming - really! In the lokik world, first one studies and then one accumulates wealth. Baba has made us able to earn whilst we are studying!

In the early morning at Amrit Vela, the Father gives the feeling of be-

ing the Father to his children. This is the time to study whose children we are and what we are studying. Throughout the day we are serving and accumulating, in the evening we are sitting as angels; then, later on, we will become deities.

***'I am firm that
we are all going
to go with a high
status to the
Golden Age'***

What quality of Brahmin am I? I am a Brahmin, born through the mouth of Brahma. Lokik brahmins cannot say this. Today Baba spoke about purity. A Brahmin has 100% purity; if there is 5% less, this is not a firm Brahmin. Then you will be numberwise. Hold the feeling of being a Brahmin and make this firm, so that others pick up this feeling of who you are.

Shiv Baba is my Grandfather. Brahma Baba is both my mother and my father. The wonder of Brahma Baba is that he is the mother, who has adopted us; and the father, who makes us worthy to claim the inheritance. We are his children who receive blessings. We know this definition and description. The rishis and munis say that God is indefinable and there are so many pundits and scholars - but none of them know God. We are not arrogant but we have that true faith and intoxication that reveals itself through the face. Since the Copper Age began we studied the Vedas and scriptures etc. We know God - and He is and where He lives, what He does, how He does it and when He does it. We know all of this very well. People ask: Have you seen Him? 'We have seen and

attained the innocent Lord Shiva' is the song and Baba made the correction: 'We have known and not seen'. This gives purpose. Through His study and sustenance Baba has made our intellect absolutely clean. Anyone who has a clean intellect hasn't any outstanding old 'stuff' in their thoughts and thinking. Don't think!

If you want to think then think about knowledge. The Father is knowledgeable, and makes us powerful and loveful again and again. There is no murli in which Baba doesn't say: 'Remember Me' your negative karma will be destroyed. Remember Me, your Father. The accumulation of sin from many births cannot be destroyed without remembrance. Remembrance is essential. We have to become the destroyers of negative karma and karmateet. It is not a desire, but a feeling within to become a conqueror of negative karma and karmateet and then 16 celestial degrees complete with all virtues. Such a one can become close to Baba and then there is such an attraction.

Dadi Gulzar, in one word, says we are 'combined' with Baba, not alone. Open up your heart and see who is in your heart. It is the one you love. If you don't feel love for Baba, it means you have placed someone you don't love in your heart, so be very careful. If anyone or anything is sitting in your heart, the Comforter of Hearts will not come and sit there. Take a step of courage and receive Baba's help and then be honest - this will please the Lord and Master. You will have both these experiences. If you didn't have courage, you would not be sitting here as maharatis. You are all more than 20 years in gyan. What is your foundation? You took a step of courage, overcame many obstacles and reached here. So, keep a true heart and the Father is very pleased with you. *Om Shanti.*

DADI GULZAR - 5 MAY 2013 - ORC

WHO IS IN EACH ONE'S HEART?

Who is in each one's heart? My Baba, sweet Baba, lovely Baba. It is the wonder of Brahmins that Baba is in everyone's heart. We now know what is in Baba's heart and are following that. Baba is happy to see us do this. Delhi is Baba's heart hence it will be the capital in heaven and right till the end of the cycle. Delhi has so much praise because the Comforter of hearts (Dilaram) established the kingdom in Delhi and we have Dilaram in our hearts. Call Baba and Baba becomes present. There is nothing except Baba in the heart. If any difficulty comes or there is maya's attack, finish it in a second.

Our heart is liked by the Dialram so much that He cannot leave it. He has come in and now there is no way for Him to leave. We have 'packed' Him in our heart. No matter how much Baba tries He cannot leave our heart because our relation is that of the heart. He is the comforter of hearts so how can He leave? I am so happy to see your faces, if the hall were bigger more would have come (The auditorium was over crowded with about 2500 people). Our heart is for Baba so who else can sit in it? Baba says don't say the word 'sometimes'. If even till now you say sometimes then when will you become complete? Will you go with Baba or come straggling behind? We will go together and come together in a different name and form. Baba will become the king and we will be his companions.

What type of face does Baba like? Cheerful. Baba used to take us in a garden for walk and show us the rose plant. Standing besides it he would say - child you too always have to blossom like this beautiful rose. The word 'sometimes' is not in our dictionary. Baba cannot stay without me and I too cannot live without Baba. If someone is upset, Baba did not like it and used to send some sister to awaken them. Baba's yaad is merged

in such a way as if someone cannot live without the one they love. We just have to remember Baba, this is the only task to do, what else do we have to do? If there is Baba's yaad, then the boat has already crossed the river. There is no need to labour.

Q: What is the effort to remain obstacle free forever?

A: When Baba is in the heart then there is no place for the obstacles to come in. In the practical aspect: there should be no virtue lacking in us. The one who is virtuous is loved by everyone.

Q: Some people complain that one thing finished and another comes up and so on. Is this deep karmic account?

A: Listen to everyday's murli. What did Baba say – remain obstacle free, keep Baba in the heart and remain busy in service. Even if you cannot do service, remember today Baba spoke about 3 types of stars. Check which one am I? Have attention to be No.1, the best of all! Exams come to make us progress, there are small and big papers of nature and sanskaras, how else will you pass? Our job is to pass no matter what kind of paper comes – body, mind, wealth, relation, sanskar etc. The specialty of happiness is that the more you share the more it increases. Remain ever happy, the intellect should not go anywhere. The one who is happy is always pass; he can never fail even in dreams. There is sorrow if we get pulled by maya even a little bit, break any rules and laws or when we disobey Baba's orders.

Q: What is subtle form of sin? Is disobeying rules and laws a part of this?

A: When you do something and there is no feeling of happiness in it, there is a thought – what happened?



Time is wasted in all this. If your last moment arrives at that time, what would be the result? Whatever you do, do it seated in your stage of self respect. Perform the task according to the maryadas (code of conduct).

'We have maryada for each step – mind, speech, actions and company'

Baba says and I have to do it. Remember this and make this aspect firm. Make murli your foundation then your stage will be very good. Check what did Baba say for the mind, for words, which virtue has to be imbibed today, what is the direction for service? Everything is in the Murli. Check yourself – Did I do whatever Baba said? If not then there is lack of attention.

Each of us knows which aspect I pay less attention to. Tell Baba – I will show you the result in so many days (fix a time limit for your effort in a particular aspect). Speak to Baba everyday – I did this and I did not do this. Sit specially to take power from Baba and finish it. Then pay attention towards it. Don't ever loose your happiness. Remain happy and share happiness. When someone comes in front of me, I too don't like such a face so why should I do it myself? The method to finish tension is to pay attention.



Om Shanti.

Dadi Gulzar - 1 May 2013 - with ORC Niwasis

Wah my fortune!

When Baba sees each jewel, He wants to make them elevated but He too is bound by the law of the world. As each day passes by, smile in happiness by looking at your fortune and say Wah Baba Wah! Baba says – Wah child Wah! Baba has love for each child. There are so many people in the world – why did He choose only us? We are those of each cycle who are Baba's instruments.

Remember just 2 things – God (Bhagwan) and fortune (Bhagya). Wah my fortune – have this intoxication and happiness throughout the day.

As we are in the old world things keep happening, but remember that my fortune is with me, God has chosen me. We have to serve in a gathering where each one has variety nature, but let me remember that Baba has made me an instrument for this task. Let there be the awareness at each step, who has given me this fortune? Keep on increasing the fortune that you have received. Step one is that I have received a fortune and the second step is that I am liked by Baba because of my activity so that Baba says Wah child wah !

See your daily routine - not just what you did but see what was my awareness through the day? Did I remember God and fortune in every task? Its Baba's kindness that He saw my fortune and made me sit here, now what do I have to do? I have to increase the fortune that I have received.

According to the drama you have a service companion, it is my duty to transform them through my company and make them equal. Each night, give your report to Baba, take drishti from Him and then sleep. When we were small Baba used to come to each one of us and say good night. Now we are grownups so we should go to Baba. Baba fills power through his drishti. Even the words 'good night' were filled with power so that we felt as if we have received a great treasure.

We have received the fortune of staying in Baba's home, to do seva and we are safe from the colour of company. See your fortune in every aspect. Baba is feeding us. From morning, see what fortune has Baba bestowed on me and am I experiencing that? If you are content with your routine then there is happiness.

Baba says – be happy and make others happy. Talk to yourself- who else will receive a fortune like mine! This will bring happiness. Whatever seva you do, you are sitting in Baba's home. Baba has found each one from east and west.

In a gathering small things may sometimes happen but then there is also so much happiness in a gathering. A test paper makes you stronger than before. Whatever you do, make Baba sit in your heart. When something happens check is Baba in my heart? If I am firm that I belong to Baba, I have passed one course. Can you imagine how happy Baba is to see you? Just imagine that! Have the feeling that Baba is mine and He has come for me. He wishes me good morning and good night.

Do you ever get tired? Keep flying like Baba. There is joy in flying. Be a flying bird. There should be no report of mine. No one should speak about me. The one who is sensible understands the weakness of the self and finishes it within. If you have conflict with anyone, understand his nature. Think of a yukti yourself through which you can remain ok. We have to move along as now we are connected and this relation cannot be broken. We can make ourselves safe. When we were young, we used to make small groups of 10-12 of us and make effort so that no report of our group should go to Baba. We passed in this so you too can pass.

What do we have to do to become No. 1? I have to keep myself OK. Each one makes an effort to transform, someone's nature changes soon while others take time. Do not see or copy others, if you do so then their weakness will come in you too. Look at those who are good in their efforts.

When we were small, Baba used to send us for seva suddenly without any prior programme or intimation. But His words did wonders. Baba said – don't get perplexed, remember Baba and Baba will definitely help.



Om Shanti