



Brahma Kumaris - Dadi Magazine - September 2013

Dadi Janki – 17 August 2013 - GRC



Mama left the body suddenly whilst Dadi Janki was in Madhuban. A month earlier Mama had been with Dadi in Pune and prior to that in Bangalore. Mama went to Bombay and it was there that her health deteriorated and Dadi went to see her and in one glance Mama uplifted Dadi with the bodiless stage. Mama then went to Madhuban and on her last day she was in her room and the first crop of grapes had become ready that day and she gave four grapes to each person including the labourers and helpers and then Mama left the body between 4 – 4.30pm.

Baba read the sakar murli that evening and said that that system would continue regardless, even though Mama had left that afternoon. Seeing Baba's face who could adopt a face of regret?

Never become sad or allow your heart to become heavy for any reason. Everything is a wonder. We don't have to be concerned about anything. Know with so much faith that whatever happens is good. Say to yourself with so much faith: "It is going to be good." No other thoughts. Don't think too much about anything. Let things happen of their own accord whilst being the detached observer

and stay with Baba and watch and enjoy the drama. To be detached whilst doing service is to create energy. To fluctuate is to allow your income to be affected and that causes damage to the self. Don't think too much and be carefree.

Energy is created by remembrance of Baba and is lost through waste thoughts. It is an honour to perform duties in Baba's house. Think about: Who am I and who is mine? At that time of service. When you move along with economy Baba gives a lot of love for this because it is Baba's yagya.

To have love for the murli is to have love for Baba. Dadi says that she has not made effort in her life but has kept Baba, Madhuban and murli close to her. When Dadi reads the murli she is looking in a mirror and checking her stage - particularly when she is reading the blessing. Dadi then churns the murli and that turns knowledge into power.

By turning your mind inwards (antar), your mind (man) becomes a home for God – a temple (mandir). Om Shanti

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DADI JANKI - 6 AUGUST 2013 EVENING CLASS – GCH, LONDON

BE THE BUZZING BEE SITTING TO TAKE NECTAR

Dadi's heart is full of happiness. Two things from today's Murli have been recurring in my mind: 1) this knowledge is the knowledge of the Ocean of Knowledge from up above. How much knowledge have we received in total? These matters we understand with the intellect. We realise and recognise God with the intellect. I said to Baba once: 'Baba, you give so much; what can I give in return?' To this day I have this same feeling. It isn't a big thing to give the return to Baba. Be happy and say Baba, Baba. Don't be upset with anyone and let no one be upset with me. Open your heart and look at it. Forget the past. In the present moment I feel pleasant. I feel fortunate that the past was very good and my firm faith is that the future will also be very good. I say things softly, knowing that everything will be good. These days are the most beautiful, as Baba Himself is with us. In the gathering we really experience Baba's wonder.

In our activities throughout the day we are trustees and therefore yogis. Be like King Janak, who had no kind of attraction or compulsion towards anything and who experienced liberation from any nature of being upset. What we receive from Baba, we appreciate. I find so much benefit from what we receive from Baba and it has been a very sweet experience.

Whatever happens, I remain happy. Do not allow anything or any feeling to enter you. Only allow what Baba gives us to go inside. Subtly remember this and remind friends and companions in service how you move along and manage. I say to myself that God is teaching me to move along. Baba said today that the Father is teaching us in the form of the Teacher and is taking us Home in the form of the Satguru. The Murli travels so much; it goes out to the whole world. In the old days, if someone made a small mistake, we would stop sending them the Murli and they would repent. When I first surrendered, Baba put me in

'Baby Bhavan' to look after over 40 children. The mothers were so happy with me, because they could be free, while I looked after the children. If the children made a mistake, Dadi would say: 'OK, today there will be nothing to eat,' and they would say: 'No, Dadi!' And Dadi would forgive them, telling them not to make that mistake again. The children became very well behaved. So, be the incarnation of honesty and love, wherever you may be. Let there be honesty within and love in your interaction. Never have a lack of either quality. This is Dadi's pure desire for each one.

Do not keep anything in your feelings that allows bitterness to emerge in any way. Sweet brothers and sisters, just pay attention to maintaining this sweetness. If there is some little thing within, your words change. Make your stage constant and elevated. This cannot happen, if there is something uncomfortable inside. By giving us this true knowledge, God makes us truthful and honest. One who is with the Truth dances. Go into the depths of what it is to be honest. Nothing else is required. The Lord will not be pleased with us, if we have not brought honesty into our lives. In honesty there is such a lovely feeling inside, Baba feels close and He makes us strong.

Those who follow shrimat do not stop anywhere, nor can anyone else prevent them from moving forward; others then join them in this. There is a saying that if your heart is attached to a donkey, your intellect becomes like a donkey! God's child must therefore be like God, not a donkey. An elephant will follow its own path. We are very fortunate that we don't follow the dictates of other people's minds. Dadi has never sat on a horse, let alone a donkey! Yet she has ridden an elephant. God is teaching us His values. He is, after all, the Father and the Teacher. What Baba is teaching us is to be honest and sweet, this is all. If one's life has been happy, it is guaran-

teed that your dying will also be with happiness. In the Golden Age we take and leave a body with happiness. This knowledge provides so much understanding and goes deep within the heart. The vibrations of knowledge go deep within. Many have said that their Amrit Vela has really improved since Dadi has been sharing her messages. Dadi is sitting with Baba at this time. What is remembrance? Does the lover have to remember the Beloved?

If there is any influence of the dictates of the minds of others, that is falling. If there is any kind of dislike, hatred or feelings of vengeance inside, how do we develop? We then don't want to speak to anyone and we think our thoughts are the right ones. Dadi will still send such souls good vibrations. Some are not ready to listen. Now is the time to forgive others and to ask their forgiveness immediately. Internally, keep yourself honest and clean and then our Lord will be pleased and you will become free from the punishment of Dharamraj. Why should we make mistakes? We are all Baba's sweet lovely children and Baba will lovingly say: Go through the gates – come, come. Baba is giving signals of Dharamraj in the murlis. In the early days we had visions and He says that at the end too we will have visions. Ask the self: how much have I churned murlis and how much have I stored the strength, the butter, within? Baba says we have to take this knowledge deep within. Dadi really likes these words so much. When I don't remember what He is saying in the murli, throughout the day, then what am I remembering and what state am I in? Think about this and have concern for the self. In the present moment keep feeling pleasant. Whatever is happening is very good. Throw aside anything that is not good. Don't keep it. Then it will not come back to you again. Be like a buzzing bee that sits to take nectar - not an insect, like a fly, that sits on dirt.

DADI JANKI - 16 AUGUST 2013 EVENING – GRC

Q & A: HONESTY, BHAVNA AND TRUST



Q: The point of our spiritual life is to experience what we are to become – that complete and perfect stage. How do we experience our complete stage - and sustain it?

Don't ask 'How?' Whatever Baba inspires us to do, and does, just follow that. Baba said that to follow shrimat is an aspect of effort. Dadi Gulzar often says: 'Whatever Baba has told us to do, I have done'. What Baba says in the murlis, we have to do. This is what we are listening to and studying and that's what we have to do. Just see how Baba did it. Make such effort that you remain constant in your stage. Dadi says 'Om shanti' three times for this reason. We have to become not just knowledgeable but also peaceful, loveful, careful and merciful – full, full! When we're careful, we experience safely. If we're careless, a test will come. Do not allow your stage to fluctuate; let it be good and royal. It is my dignity to remain peaceful.

My incognito effort is to make effort that Baba is happy with and can give my example to others. My effort should at least be acknowledged by Baba. Right effort is not labour or confusion; it is simply to smile.

Q: Is 'right effort' that which is based completely on shrimat or something else as well?

Shrimat is 'right'. It is reality; it is natural effort. Who am I, who do I belong to? I am a Brahmin and I will be a deity but right now I have to adopt the form of an angel. Have so much attention – on how you eat and drink, how you speak, how you walk, etc – so that you're always tension free.

Q: You said recently that dignity is to remain beyond sound. Is this the dignity you mean? Do you see us behaving like this?

Dignity and honour are the same thing. Those who speak a lot, or loudly, don't enjoy what they say. This is our Brahmin life and it is our royalty to speak less, but with meaning. Don't mix things of the past or of someone else. It's our honour to speak appropriately. Baba demonstrated this. Mama always had the aim to remain complete. Baba gave the example that someone studying to become a barrister has the aim to pass fully. We are going to satyug, God is teaching us and this is an aspect of our honour. Baba makes us understand everything very well: Child, realise who is speaking to you, understand it yourself properly first and then share it with others. Baba tells us to become spinners of the discus of self realisation. Have this practice; look at the self. We've played a part through the whole cycle and at the confluence we are sitting with Baba. On the picture of the cycle in Om Shanti Bhavan, the needle of the cycle is slightly away from midnight. When we're aware of the discus, we're free from looking and thinking about others. That is an illness that makes you tired. We have the jewels of knowledge, so we are able to stay ever healthy

Q: Dadi Kumarka's aim was to become karmateet. Is this the same as completeness?

First of all, we have to become conquerors of sinful action (vikarmajit). How will we know when we've achieved that? No sinful thought will come. I saw Didi's effort – there was never any laziness or carelessness. No thinking of others, no body consciousness. Baba, can I remain in my body and remain karmateet? I have to become karmateet! So first I have to become karmajit, then karmateet. Then, when we become karmateet, there's the pull to become complete. When the Lord is pleased with our honest heart, he pulls us close and gives us His company, and we then

receive the gift of becoming complete. We want to be in front, not in the procession, don't we? The mind is the horse and we are sitting in the chariot with Baba. A good driver knows where he has to go. He doesn't ask 'why?' or 'what?' He waits for the green light; he doesn't jump the lights; he doesn't rush. A red light gives us a signal to wait and see.

Q: Do we lose our dignity when we rush, when we look at others? To what extent – what percentage - does Dadi see our dignity at the present moment?

Souls are making effort and I sit here like Baba is sitting. I don't see it as how much percentage each one has. There is something lacking in each one but there's nothing lacking in their chit or attitude. There's a safety there. From the chit the attitude is influenced and that influences my drishti. So my effort enables someone's attitude and drishti to be cleansed. People receive the vibrations. It's all about having patience and trust. If I didn't have patience and trust, I wouldn't be able to look at you with such love. These days that Shiv Baba is with us are so lovely. These experiences we are having make our chit good. Whatever is happening is good and what will happen will be even better. It's not royal to think about what will happen. Don't allow your stage to fluctuate. If you don't like something, your stage will fluctuate. Sit up above and look down below and then see how your drishti is. When you sit down here, your drishti is totally different. Let your heart be clean and then others will experience your vibrations. OK, someone may become unconscious but to be distressed about that is not an aspect of my honour.

Q: What is the sign that we really know Dadi, that we have recognised Dadi?

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Dadi Janki - 16 August 2013 Evening – GRC, Oxford
Q & A: Honesty, bhavna and trust



You will never wilt or get confused. To get confused means you've disconnected from the light. The power of vibrations provide a link. To remain in good vibrations and serve others is not just service, it is our duty, in the family many are a bit dry and brittle; they keep to themselves. Others are happy to be with the family and eat together. There's a lot of love and relationship in the family. If you're not drawing this, you haven't recognised. If you don't have the bhavna to transform yourself, you haven't recognised. I have three things with me: honesty, bhavna and trust. If you don't catch my bhavna, you don't understand and so then you cannot trust. These three are deeply connected and each brings so much benefit.

Q: Why are these three – honesty, bhavna and trust - lacking?

You lack recognition and don't see the value of God, of the drama and of the gathering. We thank someone who removes a thorn from our foot. By serving someone well, with a lot of love, you remove the thorn and receive blessings. This is bhavna. With honesty, bhavna and trust our life is one of pleasure. We receive love and blessings. We receive the power of Baba's love, the study and the blessings from everyone. It is blessings that enable us to move forward.

I have to be a renunciate, a tapaswi and a server – not that I keep any fruit inside for myself. I have to have honest, complete tapasya. Through that the soul receives power and then the service performed from such a stage brings blessings. People feel things are good, their hearts are touched; they feel 'this is useful'. It is Dadi's fortune to be present here; I'm receiving blessings from you. Avyakt BapDada used to give personal blessings to the double foreigners. I once asked Baba for a blessing. Giving me drishti, Baba said: I should give you a blessing? You have been born

through blessings and you have been sustained with blessings, so what blessing can the Father give you?

Some souls cannot experience trust. But I'm not going to let go of my honest heart, my bhavna or my trust. One day all three will work on them. Honesty, love and trust is our bhavna. With these three qualities we experience our life moving forward smoothly. I often feel time is coming to a close; we are coming together up above and going home. As we continue to go up above, our vibrations continue to reach down below. They say at dusk the angels roam around. Let our behaviour be like that of an angel.

Q: Some souls they feel they have to be responsible here. They can't understand how Karankaravanhar works. What is required of us for Karankaravanhar Baba to work through us? Can there be blessings without renunciation? Or do blessings inspire renunciation?

If Baba does everything, then we don't have to do anything. I need a clean intellect to recognise how Baba works and who He is. Then I witness the whole story unfolding. God's versions are truth. I see what Baba has created here in the UK since He sent me to London to make a mini Madhuban. We have to remain in instrument consciousness and never be disheartened: no 'I can't do this' or 'I've done this and nobody values me'. I have to have an attitude free from desires. God's versions have touched my heart very deeply. Baba said; Child, there is benefit in simply being present. He also said: The Lord is always present with you. These are truthful and become practical.

Q: We have to take responsibility of the practical things, though, don't we? If not, how will the work move forward?

God's versions are truth; I've seen the proof. The One who is inspiring us is making us do it. Life is about staying light and taking might. We stay light, draw God's might then everything will be right. That's our responsibility; then we never get a headache. If there's a headache, there's some trust is lacking or carelessness. We have to value the gathering. We listen to many things but do we actually practice what we hear?

Q: Many have a lot of sevabhav (the intention to serve), while performing action. However we can just think that action is action but not an act of service. How do we increase our feelings of service?

We talk about a donation, about sharing gyan. Until I do this, especially with my service companions, my day won't be complete. When we share, the bhavna for service increases. Service, wherever we are, whatever we do with our sense organs, keeps us healthy. Due to health issues, some cannot do what they used to, but whatever they do helps them. To do service with bhavna brings incognito strength. It's a gift from Baba.

Go into the depth of every word Baba says, then the value of it increases. Children, spin the discus. Children, remain soul conscious. Children, give gyan to those who are worthy. Children, always remain aware of your final moments. This is practical remembrance. Wherever there is a need, be present. Let our thoughts be filled with meaning, and let there be no extra thoughts. Extra thoughts finish our value.

Q: Is that what 'over thinking' means?

Think less, then things will come right automatically. The words that come out after having thought a lot

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DADI JANKI - 8 AUGUST 2013 - GRC, OXFORD

WHAT IS OUR EFFORT? IN TEN EASY POINTS

Dadi was asked what efforts she has made. I haven't made any effort. Here are ten points on what is our effort:

1. Four things: Om shanti, Baba, drama and Baba's children.

Everyone is very good. Baba has taught me this. Everyone is very good. There is no one who is not good. Baba has selected special souls and created a rosary out of them. There's a saying that God's heart got broken into pieces that were scattered all over the world. God has now brought us together and made us one. Where does effort come into it?

2. As is my attitude so is my vision.

Our attitude and drishti are extremely subtle these days, and that leads to our awareness.

3. Manmanabhav and madhyajibhav

Since we belonged to Baba we received the mantras manmanabhav and madhyajibhav; engage your mind with Me and remember the one in the middle. Within that lies the direction to spin the discus of self realisation first of all. There are four arms and one holds the discus of self realisation. When we are able to remember Baba, we spin the discus, we remember the cycle and enlightenment then comes. The knowledge of the cycle of self realisation gives strength and then we're able to live like a lotus flower. We blow the conch shell and the words we speak people don't forget. The blowing of the conch shell is very beautiful. The essence of the whole knowledge is manmanabhav and madhyajibhav. This is the effort I've made. Have I done anything else?

4. Karankaravanhar Baba - the consciousness of being an instrument

I take care not to get too involved in things. Baba is Karankaravanhar and works through others. He does things but also inspires others to action.

Brahma Baba says he doesn't do anything and Shiv Baba does everything. Shiv Baba gives us His introduction every day in the murli and says 'I inspire through this one.' So, then, what do we do? Wherever I look, wherever I go, I see Baba. There is only Baba. The One who's inspiring me, makes everything happen. Do we say it's drama, or did the instrument do it or did Baba do it? Feelings of being an instrument, to have elevated intentions and motives and unbreakable faith – these are what make things happen and inspire things to happen. The slightest ego of the consciousness of 'I' and things won't be successful. There will be conflict inside. Someone who spends time in internal conflict won't be able to have economy, to stabilise in the name of One, to concentrate or bring people together in unity.

5. See mother and Father

We see our mother (Brahma Baba) and Father (Shiv Baba). Then there is happiness

6. All relationships with Baba

Shiv Baba is my Teacher, Friend, Satguru and my Son. He loves me and I love Him too.

7. I am Baba's child and Baba is my Child

How do I make Baba my Child? When I am Baba's child, then Baba loves me a lot and when He is my Child I love Him a lot. Within that we are also able to understand ourselves. But it has to be very firm that I am His child. So what's the effort I have made? When I'm His child, I'm not aware of being in a female costume. Where there is any slight consciousness of the body, we become too sensitive and we become

unsure about things. Whose child am I? This is very subtle and brings a lot of power. The power brings an inheritance. It says in the Gita that God told Arjuna this knowledge will bring instant fruit, immediate power, immediate happiness.

8. The value of study

I also make effort as a student. If I'm not able to sleep at night, I study good things in depth.

9. A powerful thought is pure, peaceful, elevated and determined

Someone said 'Tell me something so that I never have waste thoughts again.' How would you reply? Do we know about powerful and weak? What is the difference? Powerful thoughts make others peaceful as well. How many children are there who are worthy? God has a lot of love for the obedient child. Then there is no waste. As part of that, no one should have waste thoughts because of me. It doesn't matter what anyone says; if they don't accept what I say, it doesn't matter. A powerful thought will do the work. Waste thoughts will bring me down, so have no waste. Ordinary thoughts don't have quality. Sometimes we think they're very good but they are not of quality. Thoughts should be very pure, very peaceful, elevated and determined. This is the only effort to be made. I've seen wonderful games of God through thoughts. There's nothing else to understand.

10. Having faith in the intellect and remaining carefree

We know that destiny is fixed so have the unshakeable and immovable stage; Baba is wonderful, drama is wonderful. Baba's children are doing what they are doing with good feelings, and I continue to have only good feelings for them. I asked Dadi Gulzar whether I have fulfilled Baba's hopes. It's what Baba wants – that we look at each other with a lot of love. 'Baba, I want to keep looking at You!'

Om Shanti.

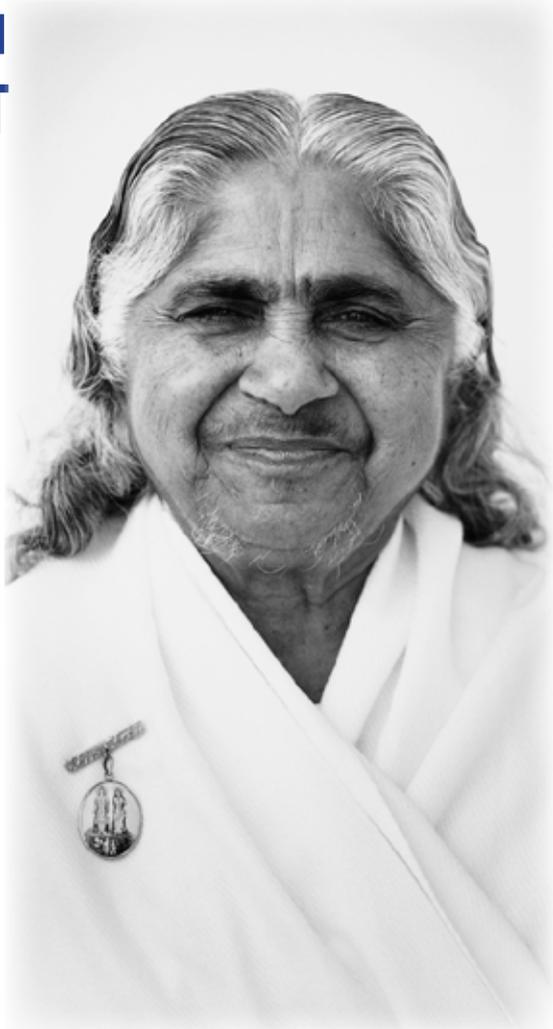
DADI JANKI - 8 AUGUST 2013 – GCH - LONDON EVERYONE IS GOOD AND TODAY IS THE BEST

Dadi has been underlining that each one is Baba's child. They are safe under Baba's wings; they are not outside, under Maya's influence. So, whoever they are, do not see weaknesses. Maintain the highest vision for all. Dadi is going to remain in the body until the day comes, when we all, like Dadi, maintain this awareness with each other.

I used to say thanks to Baba but Baba would say: There is no need to say thanks; it is your fortune. I am seeing everything as Baba's wonder. I shouldn't have to say 'but' for anything, as this is easy Raj Yoga and we are experiencing self sovereignty. Whatever happened was yesterday and tomorrow we will see what happens. Today is the best. Yesterday Dadi was asked whether she had had situations come in front of her. She said she has never paid attention to them, even if they did come.

Dadi reminded everyone that those who study well and are attentive in school pass with flying colours. However, those who do not, cry about the results, as the teacher at that time remains detached. I am very happy because my Teacher is very happy with me. My Father is happy, because I am obedient to Him and the Teacher is pleased, because I am a good student, and the Satguru says 'Fly and come with Me'. In such remembrance sins have been absolved and we become the conqueror of sinful actions. I am a child of the alokik and parlokik Father. See the faces of our Mama and Baba. Our faces, character and personality should reflect our parents. Always think that there is no other day like today and that 'I am a guest in this world'. Considering this, we are free as we see that nothing belongs to me.

Om Shanti



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Dadi Janki - 16 August 2013 Evening – GRC, Oxford

Q & A: Honesty, bhavna and trust

are not sweet. Let there be the experience of Godly love in our interactions - that is service. In our exchange with each other, let there not be any dryness but let it be sweet and spiritual. Baba loves children like this. At amrit vela I'm not sitting alone but with Baba. Many souls get served at that time. Whatever happens, consider it to be beneficial – make that natural for you. Someone may have said something, but if I rush into thinking that I don't like it, that's dangerous. Impatient thoughts mean we get upset, then that becomes our nature. To have spirituality then isn't easy – we become dry. I feel mercy for souls who don't experience spirituality in their nature. What kind of life do they have?

Understand the importance of service. 8,000 people benefited from Peace in the Park. There will be expense but have the thought we have to do this and that a lot of people will benefit. Then it will 'rain' cooperation. Let your words be filled with honesty and love; the voice with bhavna does its work.

What is service? Just to look at each other and be happy. It's important to have the bhavna to learn and draw good things from each other. Those interested in learning will enjoy accepting teachings. Corrections are not bad;

they're actually very good. A correction will be useful to you at a time of need. Medicine isn't bad thing – you get it, when you need it, and it may help someone else. We have to work with patience peace and love.

Q: The voice of bhavna reaches others and creates the service. Is this the wonder of service Baba speaks about - or is it the basis of future service?

You all experienced the feeling of bhavna. When there's honesty and love in bhavna, it's easy to catch vibrations. So many have emerged as the fruit of bhavna. Bhavna is created through pure feelings. They reach others. If there isn't honesty or love in my bhavna, they will catch that subtly, even if they're not aware of it. Have the bhavna that people should be filled with whatever it is they are lacking. Have feelings of 1) friendship 2) bringing benefit and 3) appreciation that everything is wonderful and, no matter what someone is like, they've done or are about to do service. You are then giving blessings. It's ego to think: This one hasn't done anything, or won't do anything. Pay attention that ego doesn't penetrate your thoughts. This is the sign of a royal effort maker. Remain simple and become a sample.

Om Shanti.

DADI JANKI - 13 AUGUST 2013 – GRC, EUROPEAN TEACHERS RETREAT

INTROVERSION IN YOUR HEART

Baba explained beautifully about introversion today. When I give you drishti it's a beautiful feeling. What do you feel? What feeling do you get at amrit vela? I have the feeling that Baba makes me sit down next to Him. Baba is in front of me, giving me drishti, making me sit next to Him. He's a Detached Observer and making me a detached observer. Please keep your intellect so clean that Baba, on giving you drishti, can make you sit next to him, that you do not remain down here. There's the feeling that it's now time to go home with Baba. Baba said: when you remember the Purifier Father, you become pure. How did that make you feel? Do you remember what you liked in the murli?

Baba has taught us the practice of introversion in order to stabilise our stage. Compare introversion and extroversion. We start as human beings. The human being studies a little and becomes a Brahmin and as the Brahmin endeavors for purity it becomes an angel. One who is introverted is always happy. It is my heart's desire that you give and receive happiness. No matter what skill someone has, they use it with the bhavna that others should receive happiness through it. Do not forget the word 'introversion'. Kiss introversion! Make it sit in your heart. You can only experience Baba when you experience introversion.

After amrit vela a beautiful scene emerged in me. This isn't trance but beautiful visions are emerging now and I'm receiving subtle insights. With such experiences, a soul feels that any weaknesses can immediately transform. Souls sometimes appear before Dadi at amrit vela. Baba once said: Don't ask why, just serve them. We have to understand through signals.

Don't labour over anything; it will happen. Everything has already happened, hasn't it? Experience

that happiness and intoxication. It's when we don't stay introverted and we're busy in service that we feel we have a lot of work to do. But, actually, how can a yogi not receive a lot of cooperation? Dadi liked it when people would ask: 'Can I help you?' Practically we offer help. There's hope, help and happiness. Harmony too. It's wonderful. I always say the experience I should receive all of you should receive. We don't have to ask for help. That is being weak, as if to say: 'Love me a little'. People are not helping me up the stairs, in fact they are giving me love. There are always souls ready to help. The whole of Baba's task has happened through love. He has taught us truth and how to be honest. Don't try and prove you are honest - or that anyone else is not - but be so true and honest that others recognise that; and through that experience honest love. When I am content, all will be content with me.

Time is moving on; it won't stop for anyone. Baba has said the moments of repentance at the end will not be pleasant. Be careful. Let there not be this time of sorrow, because you wasted time, you lost the chance to be raja yogis, karma yogis, easy yogis. If our time has been used in a worthwhile way all our lives at the end there's be great happiness. I may not be able to climb stairs but if you play my favourite song, I'll get up and dance! Don't think of yourself as being ill. Wherever your mind is, your body follows. Where is your mind? We have never asked for wealth yet it has come. Each one has been inspired to use their body, mind, wealth and relationships to create their fortune. Let wealth not stay in my hands but be put in the yagya for yagya service. Let everything I have to be used in a worthwhile way, to bring about satyug.

The old is being finished and the new being built. We are sitting in the old home, the old body, but our work is

to build the new home. We are performing actions that inspire others to do the same. It's not just me building the home but all of us together. Now I understand why Baba made me instrument for world service. We have to make the whole world co-operate in the task of creating satyug. Baba needs hundreds of thousands. The stable ones that he wants are few; we have to increase that number. Let's see what's in Dadi's drama but I'll be present, even in a subtle form. When Baba makes me sit next to Him, my subtle present is always felt. I will never receive an absent mark. Some may be present but if they're upset in their minds, they will be absent. Those who remain in the present get a lot of marks. Take care that you do not waste time sitting in the past or the future. Stay in the present. You are sitting in a gathering of angels! Don't put a burden on your head or you won't be able to look after yourself. When you get heavy, how can you make yourself move? Everything has already happened. It's fixed. You all know what you have to do. Just sit peacefully and watch what happens.

Remain light. Some like to feel fixed in one place – they feel that gives them security. Some worry who will look after things after people die - or even before they die. If I remain happy now, my death will be a good one. When your life has been lived well, your death becomes easy.

If you look for experience down here you won't get it but when you look up above, then you'll experience it. I do not stay in London or in Madhuban. I stay beyond, above. I live in the subtle region. We all have to learn this. There's safety and security when we remain beyond.

We have all relationships with One Baba. When we connect with the One, all bodily relationships move aside and I'm alone with the One.

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DADI JANKI - 30 JULY 2013 - SHANTIVAN

THREE WORDS: BHAVNA, VISHWAAS AND NISCHAY

Remain detached even whilst living in the family. Become such an example. Then you will be able to remain detached in your final moments. Remain free from worry and concern. Become a YOGI, a karma yogi, raja yogi, a master and easy yogi. Then it will be easy to be cooperative and inspire others to be cooperative. There is no hard work in service. All one needs to do is to give and receive cooperation. Stay in remembrance of Baba and within the family have an exchange of the things that Baba tells us. This creates such a good feeling that you can just keep smiling. Speak little like Gulzar Dadi, and speak such words that others never forget them. The stamp of drishti, love and truth then becomes imprinted very powerfully on the soul.

There are three words that need to be in your life, bhavna (deep feelings of love), vishwaas (trust/confidence) and nishchay (certainty/faith). Bhavna does it's work by itself. We are God's children, doing God's service. When bhavna is true then it

gets done. Baba tells us that everything will get done. Many types of service, all over the world have taken place on the basis of bhavna. The atmosphere is created on the basis of bhavna. With trust (vishwaas), you know that it is God's work and it has already been completed. It's not the work of a human being. There are experiences from amrit vela until night with the Father, Teacher and Satguru, which enables the trust to become firm. I might have bhavna, but with vishwaas I am able to see everything clearly with my own eyes.

Those who have an intellect filled with certainty and faith (nishchay buddhi) will have the experience of bhavna and vishwaas. So many tasks have been accomplished with nishchay in the intellect. There is absolute certainty in each one of Baba's elevated versions. There is victory in nishchay. Those who experience this know the happiness and wonder of nishchay. There is the certainty that 'I am a soul'. Who is Baba for me? I am a Brahmin, born from the mouth of

Brahma. Baba has explained why this is called a Spiritual University. There has been little value for women in any religion. Baba did everything and hid himself away. Brahma Baba put the sisters in front.

Just say, 'wonderful Baba', it will happen it's not a big thing. Baba has enabled such grand things to happen about which we could have never even dreamed. Leave behind a memorial of honesty. Become such that everyone feels you are wonderful. Make your remembrance such that you don't remember anyone else. Let the vibrations pull you and let others experience what God's love is. There is no other desire. Look at each other as special Brahma Kumaris and Kumaris, not as ordinary. Each one should check their life from childhood that there has never been hesitation or fluctuation. It's not a big thing. As I am, whatever I am, I am yours Baba. Baba also says, yes child, as you are whatever you are like, you are Mine and I am yours. What are you like? The world will see what you are like. The service of today is this. When an artist creates a wonderful painting and people see it, then the artist's name is glorified. The picture doesn't ask to be glorified; it's the artist who is praised. Who is that One who has made me into a Brahma Kumar or Kumari?

Baba has taught me not just to read and churn the Murlis, but to reflect on it in a way that I create such sanskars that the journey of my life becomes successful. Let there not be remembrance of anyone else that lingers in you. Ask yourself every day: Did I give sorrow to anyone, or did I take sorrow? Just give and receive blessings from all. This is Baba's bhavna for us children. Baba loves such children who never take sorrow, no matter what happens. Even if the body gives lots of tests, don't take sorrow.

Dadi Janki - 13.8.13 – GRC, Oxford – European Teachers Retreat Introversion in your heart

Today Baba said: Make this One your Child. Surrender to Him. We have a different relationship with our Mother, our Father, our Teacher, etc. The Mother gives love, the Father makes us obedient, the Teacher gives us our aim and the qualifications we need to achieve it. The Friend makes us belong to Him. The hand of the Satguru's shrimat stays on my head and I'm safe from the influence of manmat - no preferences or dislikes, that are so dangerous. We have to reveal ourselves: Who am I? When we like or dislike, it's clear we don't have a relationship with Baba. There's a lot of regard when Baba is my Friend and my Satguru. We have to live and die in Your lane. Not that I have to live and in one centre - but in Your lap. Live as if you have died alive - this is what the Satguru teaches us. Baba is also the Swami, the Lord, to whom you give a lot of respect; like the Satguru, the Swami takes you beyond. I also experience Baba as my Son. Child, let others become as good as You! I tell the world: Look at my Son! I used to say: Look at my Father! Make the Father sit in your heart and be intoxicated about revealing Him – let there be nothing else in your heart. Recognise deeply who Baba is, what He does, how He does things. We haven't done anything. We just had one thought and, on the basis of that, everything happened. So, we don't think how will it happen? Do service in such a way that it's not service, it's dancing.

Om Shanti.

Om Shanti

DADI JANKI - 16 AUGUST 2013 – GRC, OXFORD

DO YOU REALLY EXPERIENCE YOUR OWN VALUE?



How do we give thanks to Baba, the One who has transformed us from shells to diamonds? Actually, even shells are valuable although people don't sell them. Baba opens our eyes and says: There is something there - look for it. The more I stay in the awareness of who I am and who I belong to, my own value increases. Without the expense of even shells, we've become emperors. Not kings, emperors – kings of kings.

We are those who spin the discus of self-realisation. Do you just say that word or are you practically the form of it – one who constantly follows shrimat? If you waste your time following your manmat, it means you haven't experienced the value of your own life. Baba has explained very well shrimat today. We have to give attention to each and every word. In manmat is mixed ego. With the hand of shrimat over the head then the head stays cool. The heart happy, the head cool, the nature easy going. And when the heart is honest, the Lord is pleased. This is a very effort to do this. This is the work of someone who has a very elevated heart and stage. They are worthy to sit in a temple.

Baba said today you build temples, make images and worship yourselves. We have to become such images that we don't have any accounts of giving or receiving with anyone. We have to become like diamonds – not an imitation diamond. Baba was a jeweler and there was a lot of integrity in his dealings. Imitation diamonds started to be made and there was concern. We don't want to be showy pictures, imitation diamonds. The Lord is pleased with an honest diamond. This makes us unshakable and immovable inside. The souls who were true diamonds were tested a great deal but they never let go of their truth. Truth eventually emerges, no matter how people may defame you. Even the slightest sin

means you destroy your own value. The secrets of karma are very dear.

'Baba's murli is all about recognising God'

Baba said the murlis would go abroad and they are going all around the world. We need to listen to the murli with such great attention. Baba has taught me a lot in the murli. Baba came in on my checking my chart once and he took me into his room and fed with me with so much love. He then took me to class to explain what a chart was. He asked the question: Have you taken or given sorrow? I mustn't give sorrow but neither must I take it – I must continue to give love from inside, no matter what. Only what Baba gives us is to be shared with others and I should not take anything from outside in. How are we able to share the jewels? When we have dharna. In donating we are then able to make people equal to themselves. Baba said: service means to become equal to the Father.

What is Baba like? There is no one in the whole kalpa like Baba. Baba is the Father of all souls but Brahma Baba, who's completed 84 births, of whom we are the mouth-born progeny, there's no one like him. It's my wish that everyone should feel that they have received sakar Baba's sustenance – all should receive what I received. Pay such attention to the study that, even while you're in the gathering, you can remain elevated, like a diamond. As we clarify virtues and values within ourselves, our dignity increases. Is because we have power that we can inculcate values or is it that on the basis of values we accumulate power? What is study? To study the values and virtues, to have that deep interest, and then you can attain a lot. This is why Dadi

has never said 'I'm tired'. Through having deep interest, you receive the blessing of never feeling tired. I don't want to listen to complaints from people. Baba, do such magic, that they aren't able to speak in this way! What kind of power do you need to stop this wasteful conversation? An injection can fill the soul with power. An injection gives you power and finishes the infection. Keep your arm firm and let Baba apply the injection.

One who walks and moves in a unique way draws everyone's attention. Our lives should be such that everyone recognises our value. Let there be regard for the Father and the Teacher. Those who pay attention to the murli will have a good chart. I say 'om shanti' three times and have benefited a lot from this. I experience myself to be a soul and feel the power of Baba's presence. We have to take great care not to get trapped in body consciousness. What do we want? We have received everything from Baba. Angels have empty hands and bless others with those hands. A showy person can't even hold their hands as a bestower. An angel is always a bestower. Experience a life like a diamond – know the value of this last birth. Become this now. If not now, when? 'Now or never'. Imbibe simple gyan and become as valuable as a diamond. I don't know what happens to people who think too much; their dharna is quite different from what they listen to.

A diamond is naturally flawless and real. In gold alloy can sometimes be mixed. You can't mix anything in a diamond. Where will we put the diamond of our life? Not in artificial silver, but in gold or even platinum. How will you sustain such a valuable life? Do you remember how Baba said: Ask God who is in His heart? The children. And who is in the children's heart? God.

Om Shanti.

BK UK GATHERING WITH DADI JANKI, 10 AUGUST 2013, GCH. LONDON -REPORT



Mid morning, the BK family gathered from throughout the UK at GCH to come and meet Dadi Janki. Jayminiben welcomed Sheiluben, Arjunbhai and Vasubhai, all bringing Madhuban close to the gathering, and flowers were presented to Shieluben and later Dadi Janki by Manjuben of Leicester

Arjunbhai, living and serving in Madhuban for 32 years as an all-rounder, shared how anyone of us whose mind and intellect remain linked to Madhuban is a true Madhuban niwasi. He said that he is experiencing that the part of 'suddenly' has already begun and that to remain 'ever-ready' we must continue to make effort. He reminded everyone of Baba's words - to keep full attention on the study and do the homework for this season of having 'such a shower of yoga power, like a volcano, that any hidden old sanskar is finished, so that no waste or impure thoughts can arise. If we can achieve this, Baba has said we will receive a reward and Arjunbhai shared how he is practising creating pure and powerful thoughts and seeing the magic of these work.

Vasubhai, from the Transport Department for 14 years also shared his good experiences of Madhuban, the Dadis and the yagya. He is enjoying the experience of meeting everyone here and gave many thanks.

Sheiluben then shared and below are the main points:

- Seeing everyone it feels that I know everyone.
- Madhuban is our unlimited home and the home of our beloved BapDa-da. We can all tour Madhuban with our minds – the History Hall, Tower of Peace, Baba's Room and Baba's Hut we can all reach and experience. This is where Baba did his tapasya and it is the Land of Tapasya.

□ In 1974 Baba asked Dadi to make London into a Madhuban and Dadi Janki's presence has made London equal to Madhuban.

□ We are so fortunate that Baba has finished the diversities of the world and created one unlimited family and brought us into one unlimited culture, the Brahmin culture, and we have one unlimited home, Madhuban.

□ The culture of the deities is the Brahmin culture and we all have this elevated aim to follow shrimat.

□ We are standing at the T-junction and we have passed on the path of sorrow and we see two paths ahead - to the Land of peace and the Land of happiness.

□ There are many different types of souls in the world. Golden Aged souls would say that they want to go into the new world and become new themselves - elevated and virtuous. Golden Aged souls say we want to transform ourselves and the world to make it into heaven. Co-operative souls do not want to come back into this world. The happiness of this world to them is like 'the droppings of a crow' and they want liberation. Souls from the Copper Age would not understand this. Souls are still coming down from the soul world as the population rises.

□ Today Baba says: Situations will come and in the midst of all of this we need to make our stage and live with love and detachment.

□ Some souls consider this to be heaven but Baba calls the happiness here a mirage. When a deer searches for water, it sees a tree moving in the wind and mistakes the tree's shadow for a pool of water and so runs towards it but then sees there is only sand. Then he sees another tree and it happens again and again and eventually it

becomes disappointed. Looking for happiness here is like that.

□ How will souls go home? Empty handed - because nothing from here will go with us. We have recognised Baba, the time and karma, thus we will take our good actions with us. Baba says people of the world will shed tears of blood, as they realise all of this will be left behind here. We will go with great happiness, as we can see the future is very bright. Whose hands will be full? Those who have the hands of a bestower. The pictures of the deities are ones who always give and bless. We have made the decision to follow shrimat and we are making our life elevated and carefree.

□ In the Gita God never said to Arjuna to leave everything; but told him to have unlimited distaste and be beyond any attractions. Then life becomes one of a bestower and life becomes full and we can connect with The Bestower.

□ See that every moment and thought is used in a worthwhile way in the mirror of your heart. We are doing business with God Himself, so what quality of business are we doing?

□ On the path of bhakti they offer a holy offering only when they feel they have received help from God. Do you do this too? Baba says we children give things worth straws to Him.

□ He said today that however sick anyone might be, remain in Baba's remembrance and serve.

□ Baba shows us His wonders and Dadi is an amazing wonder. Dadi has given her body to Baba and says it is not hers and look what He does. In Dadi's surrender God has given her such an elevated mind.

□ In the Golden Age the mind will be so powerful that everything will

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DADI JANKI AND DADI GULZAR – 3 AUGUST 2013 - ORC

Dadi Janki: My heart feels like standing up and dancing. I am very fortunate. When the diamond hall was being constructed I told Dadi Prakashmani that something like this should be in Delhi too. Seeing the expansion of services in Delhi, I am very pleased. The heart says - My Baba, Sweet Baba, Lovely Baba, Wah Baba wah.

I say Om Shanti 3 times – Who am I, Who is mine and What am I doing? See the face in the mirror ...

Look into your mirror and into Baba's mirror. Baba is so clever; He shows you what you need to change and also helps to transform that. This is my personal experience. Someone once asked me – what do you do in yoga? I said, I clean my mirror! What will Baba see when He looks at me?

(A sister's Samarpan ceremony was held in which she took the oath)

Like the sister took the pledge – I will move as Baba makes me move, I will eat whatever He feeds me and will sit wherever He seats me ... To do this in practical life and setting an example in front of others is like taking up an impossible task. I am always willing to accept whatever is fixed in the drama. My health was not well yet your love melted the soul and I arrived here.

Dadi Gulzar: Who is in everyone's heart? My Baba, Sweet Baba, Lovely Baba. Does Baba ever move out of your heart? Never consider yourself to be alone. You will never get such a companion who is always with you in your heart. Where will Baba go if He were to leave your heart? My heart is dear to Baba. No one else is loved by

Baba as much as me, I am the most lovely one, the dearest one to Baba, so He has no other place to go to.

‘Always consider yourself to be combined with Baba and never alone’

When you are alone, you become sad. Always experience Baba to be seated in your heart. Maya is clever but we are more clever than it. We now recognise all its forms. We are the fortunate ones who always remain happy. The face should always be cheerful in happiness no matter what happens. Don't ever let go of your happiness. If you remember Baba, He too will help.

Om Shanti

BK UK gathering with Dadi Janki, 10 August 2013, GCH. London -REPORT

happen through thought energy. In Kaluga they are trying to do this but the power of thought can only increase with yoga with the Supreme Soul. Baba is making our thoughts so elevated and taking us into the lighthouse and might house stage.

❑ This spiritual income is from Baba's wealth, not ours. So how do we create and accumulate profit? By putting a full stop to waste and loss. When there are cycles of profit and loss, there is no accumulation of profit. Baba has taught us the method to accumulate and that is to develop all relationships with Him and apply a point and then there will be multimillion fold earning at every step. Become a point, remember the point Father and apply a full stop. This will then create further zeros and there will be profit. Those who use body, mind and wealth in a worthwhile way will go home with their hands full.

❑ If we forget our Companion is it difficult to become a detached observer but with the Companion it is automatic and there is benefit.

❑ Baba makes us so elevated and He says He will place His children on his head. If in Kaluga the birth of a prince is celebrated with a lot of happiness. What will it like being born into the Golden Age? How much happiness will we have! Even greater than this, Baba says, is this time of the Confluence. Why are we greater than

those of the Golden Age? Because we are the crown over the Father's head!

❑ Spiritual intoxication is the sign of faith. Baba says when we churn the ocean of each point of knowledge and go into the depths, to this extent there will be intoxication.

❑ Mama would speak the murli and there is much praise of Mama's murli. Baba's murli was like waves upon waves of the ocean and one needs a lot of strength to swim in the waves. Mama's murli was like a lullaby to a child, soft food that children could digest. After listening to Mama's murli people would experience much power.

❑ Baba's revised courses have all knowledge in it. Baba asked everyone in 1969 whether anyone remembers all the Murlis and then He said all these Murlis would be revised and many children would listen to them.

Dadi Janki arrived on stage and shared drishti with everyone before sharing more jewels (Dadi's class will be written up separately).

Brahma Bhojan followed this and everyone left happy and full and ready to return to their respective places ready to shower Baba's love and inspirations.

Om Shanti.

DADI JANKI - 9 AUGUST 2013 EVENING – GRC, OXFORD – EUROPEAN TEACHERS RETREAT



1. United through love

Baba would always say: UK is OK. So, what will we call Europe? (Jay-antiben suggested: Europe is united). We used to be afraid of Europeans in Bharat, when there was foreign rule. Actually, I was never afraid of them; in fact, I had a lot of love for them. I can see the fruit of that love here today. Religion, caste, creed, colour, race – we've been free from all of these from the beginning.

2. Incarnations of truth - sitting together, alone with Baba

What effort are we all making? We are happy – happy to see each and every one. Everyone in the world is searching for truth and you have all become the incarnations of truth. Do you feel that in yoga? You may be sitting in the gathering but you are all sitting alone with One Baba. Baba has said to Dadi: You have made Baba your Companion and you play your part as a detached observer. This helps you move forward. I see Baba in front of me, to the side of me, wherever I look.

3. All will experience the home, the land of peace

What are we going to do in satyug? We have to enjoy ourselves now. We're sitting now to finish sorrow and peacelessness in the whole world. Brahma Baba had the feeling that all souls would go home. He was happy that the Brahmins who have made effort to become deities will go into the golden age but also that even those who haven't will at least go home to the land of peace. This is the essence of original gyan. The drama is coming to an end. Everyone will have the feeling of going back home to the land of peace. Let them go home laughing not crying.

4. Remembrance means to be filled with bhavna

We have so much knowledge, so much bhavna inside us. We have to remember Baba and the home. We have to remember: I have to become complete and perfect. Dadi doesn't remember anything. I don't think about what's going to happen tomorrow. What happened is good. What's happening is good. And what is going to happen is even better. There are no worries. Who here sits carefree, no worries or concerns for yourself or anyone else. What do you have to remember anyway? What is remembrance? To be filled with pure feelings. High quality feelings. They do their work, spreading across the whole world.

5. Spreading the sound of the Ocean

Sitting in Worthing you can see where the ocean and the sky meet. We are the children of the Ocean of Knowledge and receiving sakaash from the Sun of Knowledge. Dadi saw a conch shell on display in GRC today. The conch shell is a creation of the ocean. We are that too. The sound of the conch shell is a natural sound and it reaches far. There's no need for mikes or a lecture. Sakar Baba never spoke into a mike; he spoke in such a way that it reached souls. Some people didn't understand Baba's language but the words he spoke made them very happy. They understood him, even if they didn't understand the language. Dadi has also experienced this.

6. Beyond sound – in harmony

It's a great honour to be able to stay beyond sound. Someone asked Dadi: What do you do to people that they can't say anything in front of you? Do you understand their intentions? Dadi feels sorry for you all – you have so many meetings, you talk so much! You just have to stay together in harmony and remain sweet with each other. People say: 'You don't know what this person is like...' Do

you think I've lived alone all my life? I've lived with all kinds. I have to remain in such a way that I harmonise with others. Take a snapshot with your heart of such a gathering as this and your heart won't forget it. Let there be one Baba's kingdom in Europe - no one's manmat, no one's force - everyone's faces smiling, reflecting 'mera Baba'. Do we have to learn not to speak? Instead of saying anything, let's observe each other's parts. Each one of you has a wonderful part. Now see how you feel.

7. It is our right to copy Baba

In the world it's wrong to copy but we have copyright: it's our right to copy Baba. Shiv Baba is enabling it to happen through Brahma Baba and he's doing it in such a way that it's easy for us to belong to Shiv Baba. When people came to meet Baba good teachers would have taught them what to say when Baba asked: Who have you come to meet? Did you meet him before? What have you come to claim? Can you not meet like this? There's the song: Baba I just want to keep watching you. Continue to look at Baba - that means continue to take Baba's drishti. Then you'll develop the habit of seeing how Baba sees. It's not the experience of staying soul conscious. Many make effort for that unsuccessfully because body conscious leads us astray into over thinking. We are Baba's children becoming complete and perfect. What else is there to think about?

8. We spend time at home now

Brahmins stay beyond thoughts in the element of Brahm. Baba has told us that the element of Brahm is, in fact, the home. Baba has said: Just as the stars hang in the sky, in the same way you stars will hang in the element of Brahm – like sparkling stars. We're going beyond the physical sun and moon. The rays of the Sun

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DADI JANKI - 15 AUGUST 2013 EVENING – GRC, OXFORD SITTING IN THE MIDST OF LOVE AND TRUTH



Everybody in their heart wants to go to Paramdham, because we first have to go to that land beyond sound. Baba lives in Paramdham. Brahma Baba has been sitting down in subtle regions but now it's time for him to go back to Paramdham too,

At this special time of the confluence age, Baba has given us this knowledge of the cycle, the tree and the ladder. Through the cycle we were able to know everything and the soul became a spinner of discus of self-realisation. From the tree we learned we were the foundation with the opportunity to do tapasya with Mama and Baba. Sometimes we say 'with Baba' but it's with both Mama and Baba. We are sitting beneath the tree. Then there's the ladder: we'd got right to the bottom rung then we go straight up to the top. Finally, there's the trimurti – although, in fact, that should come first.

Now in Madhuban we have pictures of Brahma Baba in the midst of Shiv Baba, not just Shiv Baba alone. Through these pictures we experience how with light we receive might and everything is might. This is what the three om shantis represent. When I'm sitting quietly I'm pulled to nirwandham, the land beyond sound. I'm going to be very, very peaceful. Let there be truth, love, then those vibrations spread. So, where are we sitting? We are sitting in the midst of love, in the midst of truth.

Today there was a very beautiful scene at Global House. I experienced that I was sitting in Baba's lap one moment. I had my arms around Baba, and he lifted me up... I love the picture of Bhagirath, the Lucky Chariot. We had one in my lokik home – Bhagirath with the Ganges flowing from the forehead. Do you ever have that experience? We are not sitting to become images like that, we are that. That knowledge was given to us through Brahma's mouth. Gyan gave

us awareness, reminded us. Where has that gyan enabled us to sit?

Baba would often explain things in pairs of words. I'm going to do the same today:

1. Awareness (smruti) and unconsciousness (vismruti)

Don't beat your heads too much in your effort. I want you to enjoy the instant fruit. Just have the awareness: I was Baba's. I'm the same one from a kalpa ago and here I am. Baba, I am Yours. The body is sitting to one side; I, the soul, am separate from it... Experience the pull of that. There's an old song: We are going to the subtle region, some string is pulling me. We are going, not I, alone. We are all returning back to that region. It's a beautiful scene. Someone is pulling us with the string of love. These are what we should be holding in our minds.

2. A faithful intellect and being totally carefree

Have a faithful intellect and be totally carefree, then the predestined drama will unfold whilst we remain carefree. That's what you call Raja Yoga - totally without a care, totally free. My brothers and sisters who are my equals, my peers (hamjins), we are all one, actually and we all belong to just One. It's been 40 years of service in the UK. In the early days of gyan, it was when brothers and sisters turned 40 that Maya hit them. We all, young and old, now have to become conquerors of Maya. Baba is our Surgeon as well as our Beloved. Our time is being used in a worthwhile way. Pay attention to every waking hour.

3. The Father (Bap) and the situation (bat)

Where there's the Father, there's no situation - and vice versa. It's not

that the situation doesn't exist but with Baba it becomes small. It's really Baba's wonder. People give donation, so that they can get a better birth. Our donation is insurance for 21 births but how much am I receiving right now. How free am I right now? Dadi has a hanky and a pillbox and that's about it. I never think: how am I going to do this? 'Nothing is a big deal' is the mantra I'd like to give you. You think and talk about things and make them big – you're all experts in that. To make a big thing small, you have to stay peaceful, calm, say it's in the drama: it's really not a big thing. Baba Karavanhar is doing everything.

Are you really interested in knowing what the truth is? You've become Brahmins and it's great. But who has become an angel? We can have a programme for such people. 'No problem, it's already happened' – this is the attitude to have as an instrument in service. Dadi Kumarka was called Mini Mama – because she gave everyone the feeling of the mother. Is GRC a mini Madhuban or 1 ¼ Madhuban? It's a copy of Madhuban. It has the atmosphere. You need sense in order to create an atmosphere.

4. Bhagwan (God) and bhagiya (fortune)

How has Baba done all this? How has He got everything done? Baba says: Stay carefree; I'll take care of everything. So, be carefree. You have the fortune to have been made the instrument. Is this service? No, it's fortune. When you think its service, you start thinking too much about everything. Please don't think! You'll get the intoxication of being kings in satyug but right now experience being a king of kings at the top of the world. We all get together, we work together. Not one single soul should be upset or sorrowful. We should also understand the secret of every-

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DADI JANKI – 29 JULY 2013 – SHANTIVAN I WISH BABA TO REMEMBER ME!

Who would not like God to remember them? If I want God to remember me then I have to make the type of effort that would attract His remembrance. Baba is One and there are many of children. However, He is unlimited. If I remember only Baba then He will definitely remember me and there will be that experience that Baba is remembering me. Whenever I say 'Baba', the sakar, the avyakt and the incorporeal One come in front of me. In sakar Baba was in the avyakt form. Even though Baba is avyakt, no-one can say they have not seen Brahma Baba. Being in the avyakt form he gives us realisations. This happens when I stay in my subtle stage.

My Father is Father, Teacher and Satguru. Baba's love teaches us. Baba's teachings make our intellect clear. The intellect can then be drawn to Baba. When the intellect is clear it is able to catch the knowledge very well. Now ask yourself: Am I free from following the directions of others? Am I free from following my own directions? What is the benefit

of remembering anything or anyone else? I have to remember only Baba the whole day. There is only benefit in remembering Him. We have to really leave thoughts of the past. Even to think about something that is happening now and to go into thoughts of how it is not ok is not good for me. I have to stop thinking that something is not ok. Things have happened, things are happening, things will happen but I don't have to think negatively about them. My task is to do the best I can now and in the future. Baba tells us that whatever happens is beneficial. It is written into the drama. To ask why something happened or what will happen in the future means to have lost awareness of the Creator and the creation.

When we are introverted the mind and intellect are concentrated. When there is concentration there can be the stage of being unshakeable and immovable. We study well and we are preparing for an exam. One would not ask why one has to take an exam; one would only want to pass

with honours. To pass with honours one has to pay attention at every step because we are also in an exam now. In order to pass the exam I am taking now, I have to stop getting disturbed and upset. Baba loves those who do incognito service. He makes such service successful. Whilst doing service I should not let my remembrance become weak. If you get caught up in the nature of others you will not feel good. I have to make my image one that reveals Baba. After all, the One who is preparing my image is God! Baba is the Lover and we are lovers. We have to keep that connection. We have to remember our Beloved. He is SO wonderful! We too are wonderful. We accept Baba from our hearts. We say 'thanks' to Him for having taught us very well. Even after becoming avyakt Baba is still giving us the study and sustenance. He has not left us.

What are dreams? What are thoughts? Service can take place even in our dreams. Some souls don't do service through their words. Bholi Dadi worked in the kitchen. She did a great deal of service and many souls remember her as an inspiration. She played a very unique part. Each one has their own part. I have had a cough since a young age but Mama and Baba made me a nurse. If anyone had a physical ailments Baba used to tell them to work in the kitchen. I learnt a lot from Brahma Baba. He is so wonderful! If you do Baba's service for half an hour or one hour you will feel better. Baba used to say that the sickness is in the body and not in the soul. Do service and you will see how you improve and you become unshakeable. I should have the interest in making my stage unshakeable and immovable. At every step I have to keep the awareness that I am ok.

I have to remain happy and give happiness. Let's now join together at the Confluence Age and make a programme not only for being ok but for remaining always happy. For this, I have to practice remaining incorporeal, egoless and viceless.

Dadi Janki - 15 August 2013 Evening – GRC, Oxford Sitting in the midst of love and truth

thing. In a kingdom everyone is happy. Baba would go around all the different places and departments, seeing that everything was going well. Can you imagine how beautiful that was. I'd like you to have that same experience. Baba, who is the Bestower of Fortune and Blessings says: May you become the same; not one who's always asking for something; a great donor. Do not worry or you won't be able to come into the royal dynasty. The kingdom is all about being carefree. Baba was always that.

Dadi likes to see fresh flowers everywhere. Let nothing be lacking. Baba would love to go to gardens and parks. Do you feel that Baba is walking through this garden (GRC), seeing His flowers? There's a song: Baba loves the flowers and the thorns too. He is clever turning thorns into flowers. First serve yourself: don't be a thorn for either yourself or others. Take the thorns from a rose stem before you give someone a rose. The rose is the king of flowers. Just keep these lovely things of Baba in your awareness. Appreciate the games of God. Then our activity, our game, will be on the same level. You need Baba's power and determination to become a flower from a thorn. If everyone learned this yukti, you'd get mukti (become free).

Om Shanti.

Om Shanti

DADI JANKI – GCH – 14TH AUGUST 2013 EVENING

DO WHAT YOU HAVE TO DO TODAY, WHILST BEING ALERT, ACCURATE, AN ALL-ROUNDER AND EVER-READY

There is knowledge, yoga, inculcation of virtues and service and we should claim full and equal marks in each subject

When you are aware that Baba is your Companion, the 8 powers will be present in front of you. If you want the powers to be present, take all the 12 virtues from the Almighty Authority and make them visible in your practical life, by being accurate, alert, an all-rounder and ever-ready. This brings greatness and you are then able to reveal whose child you are. Service is not complete service until it is visible in our practical life.

Think of the benefit of being alert and accurate and not thinking about someone else's weaknesses. Have the habit of being peaceful and churning knowledge deeply. It will be a useful practice for you at some time; you will be able to stay clean and safe. If someone is dissatisfied with you and you don't care about that person, that too is a mistake. If someone gets upset with you, have good wishes for them. It doesn't matter

what the situation may be, be one who pleases the Lord, not one who pleases the self. Be pleased with the things that Baba is pleased with and that will please everyone. In this too there will be some who are satoguni and they will become pleased very quickly, others who are rajoguni and they will have mixed feelings and those who are tamoguni will not be pleased about anything.

Have regard for the Teacher and keep Him in front of you. Be on time for class. Don't have late nights; then you will be able to get up on time in the morning. Come close to Baba and don't become distant from Him due to some situation. To the extent that there is a connection with Baba, we are able to draw that current from Him. Go deep into the depths of knowledge and that will have an impact on others. They too will then want to go into the depth of knowledge. It makes the intellect very clear.

Honesty makes the heart strong. Baba is the Truth, the knowledge is the truth and we do service with

honesty, because Baba is the one inspiring us to do it. With simplicity, honesty and cleanliness we will go into the Golden Age.

There is a connection between vision and attitude and attitude with awareness. What is in our awareness? We now have to return home. Not that we have to prepare ourselves to go home but we have already made our preparations. Whilst staying at home, we have to go around the whole cycle and we are not going to have a lot of time to stay in the home. If Dadi leaves the body, she is not going to take another birth. Dadi is going to stay up there with angel Brahma Baba and do service there. He has been doing service from there for so many years.

Baba is Karankaravanhar. From the beginning of the yagya He has done everything and enabled us to do everything. Baba's study entered into our heads and then our head didn't work in any other direction. It is not that the head became spoilt. It started to work properly.

Continued from page 12

*Dadi Janki - 9 August 2013 Evening – GRC, Oxford
We are all going home*

of Knowledge pull us back home. I said to Baba once: Baba, the element of Brahm is a very nice home, yet we spend the least amount of time there. That is our home and we have to make effort to be there.

9. I speak to God and God speaks personally to me

I love it in the Gita how Arjuna said: 'God, Your knowledge is deep, entertaining and significant.' Do you speak to Baba in this way? I feel Baba spoke the Gita to me.

10. We will go home with Baba

Stay in the intoxication that it is guaranteed that we're going to Shantidham, the land of peace, our home - not at the back with the procession but with Baba, as His bride.

Have concern for your final moments. We should be everything now. Make good effort. It becomes a habit to think in a certain way. Do good things in a good way and Baba is there helping you. Have an honest heart and you will be unshakeable and immovable. Stay in solitude and go into the depths of One. Be introverted and use the power of concentration. It is not necessary to think in an ordinary, useless way. This then finishes questions. There may be things fluctuating in the external world around you but Maya would be defeated by your strong stage in such a way that she would not be able to come near you. Whatever you have to do, do it today.

Om Shanti.

Om Shanti.

Dadi Janki – 21 August 2013 – Shantivan

The task is to change Bharat into heaven

This is the godly family; this family doesn't exist anywhere else. Baba selects his children in an amazing way from all over the world. Whilst listening every day and every night, we see what transformation we need to make within the self. The more attention we keep on the self, the more transformation there will be. When we keep the consciousness of being instruments and those who were with Baba in the previous cycle, there will be accuracy and we can be all-rounder's. Baba says: Keep courage and I will give a thousand fold help. All my life I have used courage. The Father is always pleased with an honest heart. Never get distressed. Baba is sitting and saying 'You are My children and heirs. You have all rights to My inheritance'. How do we receive such an automatic inheritance? The one with a faithful intellect is victorious and experiences the inheritance.' The intellect will work, when there's faith in the Father; and faith in the Father allows us to have faith in the self. Who and what is He? Shiv Baba is working through Brahma Baba. Shiv Baba says He doesn't come into birth and death; for half a cycle He sits silently in the Supreme Abode. Now He is sitting personally in front of us. The One who resides in the Supreme Abode now comes here. Through the mouth of Brahma Baba and with the power of His drishti we recognise Father Brahma and ourselves. Today Baba said: This is a dream world. I don't remember hearing this in the Murli before. From the Golden Age until the Iron Age, whatever is past is just a dream. The whole world cycle is completed in this way - it is a dream.

When Om Shanti Bhavan and Sukhdham were built, I stayed in Sukhdham and felt so happy there. Brother Jagdish stayed in Sukhdham cottage. The best medicine is to perceive this world as a dream. I have read the scriptures and it is mentioned there too.... 'Oh Ram, the world itself is a dream'. In a dream everyone becomes introverted. Knowing the difference between introversion and extroversion is very important. One should look at the self from 'Inside Out'. The words 'Feeling Great' are wonderful too. Our thoughts have to become calm and peaceful. The Supreme Father, the Supreme Soul, has filled us with power and allows us to serve. We have so much dignity, when we see who is our Teacher, Satguru and Companion. He has taught me that each and every act of each actor is unique and takes us beyond questions.

Baba gives the imperishable jewels of knowledge that are so wonderful. In today's Murli He said that service would spread abroad. All people from all faiths are included, as they wake up to the recognition of being the child of the Father. In Sakar Baba's days, various souls from many faiths would come to meet Baba and be told they

were the ones from the previous cycle, who had come to meet Bapdada and take peace and happiness. This has happened naturally. After becoming avyakt, Baba said that He is Janijananhar – the Knower of all Secrets. He says: Everything is already done. He is the Intellect of the Wise. I see practically how things are just getting done. Nothing has to be done. I would like to tell all my brothers and sisters what is meant by easy Raja Yoga. Nothing is difficult and everything is easy. What is difficult? If we have not understood properly, it appears difficult. I am Baba's child, I am fortunate. Baba is my Satguru and I am His student...easy!

Dadiji's remembrance day is now close (25th August). Six years have passed. Dadiji did so much service and left her memorial in a practical way. We have such examples in front of us. Dadi exuded cheerfulness, wherever she went. Dadi engaged her whole being in world service with such zeal and enthusiasm. Her heart was clean and clear. In Sakar Baba's days, Dadiji would conduct yoga, give drishti and everyone would become lost and absorbed in this.

This is our last birth, just as it is Brahma Baba's last birth, and he will go on to become Shri Krishna at the beginning of the Golden Age. We are souls going to the Golden Age and we are bringing that golden world. The task of changing Bharat into heaven is a very great task. It is Baba's wonder. In Delhi, Bombay, Amritsar, etc, everyone is aware of the Brahma Kumaris now. It is all Baba's wonder and of us children. In the Teachers' bhattis there have been four topics, which were also used at the European Teachers' bhattis: 1) To remain a Carefree Emperor, 2) To remain Egoless, Viceless and Incorporeal, 3) Service, Tapasya and Sacrifice and 4) To be a True Server.

We need to revise and realise these topics; then it is very easy. The first topic looks at being free from worry. When anyone worries, they will not know what to do. Those who get into competition waste time. When there is even a little waste, I cannot be the best.

When we are powerful, we experience our value. Coming into ordinariness is also waste. See the wonder of the Ocean of Peace. Avyakt BapDada is serving us so much. There is not a pilgrimage place in the whole cycle or in the whole world like Madhuban. Everyone wants to enjoy this peace and everyone likes to go to Pandav Bhavan to experience this. Thank you Baba.



Om Shanti