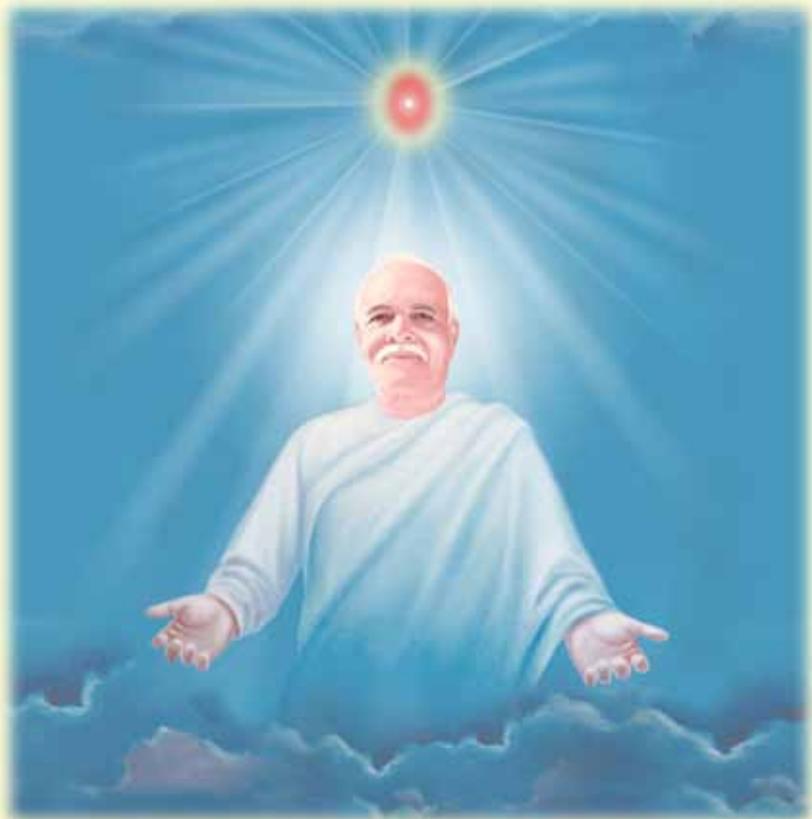




Brahma Kumaris - Dadi Magazine - February 2014

In this issue

- 2 *The soul experiences such comfort in finding the right path*
- 3 *Use the reality of knowledge*
- 5 *What am I doing in my Brahmin life?*
- 6 *Baba, Baba, Baba – that's all there is*
- 7 *The Fortune of being with Brahma Baba*
- 8 *Living Beyond as an Angel*
- 9 *Build my Stage and Play my Part Well*
- 10 *DADI JANKI's words of wisdom*
- 11 *We Create through Thought*
- 12 *Asochta, abhogta, akarta*
- 13 *Soul Consciousness is the First Lesson*
- 14 *Where am I?*
- 15 *Only Baba is Remembered when Nothing Else is Remembered*
- 16 *Stay alert, be accurate and an all-rounder.*



Dadi Janki 20th January 2014 - on arrival at GCH, London



Drama is accurate... On one side there is Baba and on the other side is Drama. Drama is the Mother and Baba is the Father and we are the children. Drama is accurate. Baba says...you have to stay accurate. Should I listen to Drama or Baba. Baba says obey shrimat and Drama says that 'I am fixed already but you have to create it'. Never say 'let us see what happens in the drama' but you have to do what you have to do and that is fixed. God is the director of the drama and then there is the audience and the actors. We make Him our companion and become the observer and watch what is our part. He reminds us of our part. Don't see anyone.

Today Baba said something wonderful in the Murli; people say that God is omnipresent and Baba says that Maya is omnipresent, but Baba is present in front of you. This is a wonderful statement. Today's amrit vela, on the plane, according to the time I did in Bharat before I slept and then after sleeping at London time 3.15 my eyes opened and I had another amrit vela! So I did both Bharat amrit vela and London amrit vela on the flight.

Sakar and Avyakt Bapdada emphasize amrit vela and that when someone misses amrit vela they miss their fortune. When we are accurate we have Baba's love and everyone's blessing. When there is illness there is medicine and there is also the good wishes and blessings that come through the power of silence. Do such karma that there are no waste thoughts and no feelings of regret and dislike. Dadi

feels that we are now going beyond the influence of our nature and sanskars. These are the signs of becoming the conquerors of sin and coming close to the karmateet stage. We needn't be influenced by anyone's nature. Madhuban has come here. Where is Madhuban? 40 years ago, when I said to Baba, what do I do in London? Baba said...make a model of Madhuban. Is this a model of Madhuban or is it that by being here you are able to see what Madhuban is? You take a good feeling from Madhuban but is there anything less here? My job is to have good feelings and intentions and your job is to have a good experience. I am very careful. When souls leave the body here, when they take rebirth they remember and then give the introduction to their parents and bring benefit. What is the soul and who is God. Be the ones who uplift others and give support.

Do such karma that Dharamraj gives you a kiss and says 'good child'. We receive the introduction to the soul and become light and then we receive God's introduction and we receive might. Let your actions be such that God is pleased seeing them. Don't see anyone else's mistakes nor make them yourself. Be careful and attentive. In every murli Baba says be aware of your status. Be clean and honest. People say what are you doing in meditation?..... I am cleaning the mirror and then I can see myself. Baba opens the third eye and says see the self, Me and then the world. Maintain an attitude and vision to give happiness to others...

Om Shanti.

Welcome to the online Dadi Magazine. We also have a Tablet, iPhone or Android mobile phone edition.

For more information or to subscribe to either magazine e-mail us at: dadimagazine@gmail.com

DADI JANKI - 22 JANUARY 2014 - GCH, LONDON

THE SOUL EXPERIENCES SUCH COMFORT IN FINDING THE RIGHT PATH

See how everyone gathers so easily. Madhuban is Madhuban but this here is the university. God taught there and the university is here. This is the only building with the name of World Spiritual University written on it.

There is charity through instant donation. If I am not able to do something then give a donation of that and then whatever obstruction there is will be removed. Today is the day of Mama and tomorrow the day of The Satguru. Mama made such effort she became the first one and we would call out Mama, Baba. London, Madhuban is the same. In Madhuban Dadi says she is not able to be ready early but here she is amazed that everything is happening according to the discipline. It is a wonder. Don't look at me, but look at Baba and see what Baba is making me. Open your eyes and see who He is and what He is inspiring us all to do. When the inner eye opens the physical eyes work very well.... so do the ears. The mouth will speak very little but what emerges will be very useful. Those who are introverted are always happy. Introverted means turning inwards; those who are extrovert are interested in the things outside.

What I am sharing is from deep within and I am not trying to prove anything. Am I introverted or am I extroverted. Understand the contrast and bring about transformation within the self then you will see Baba's miracles. Baba is the Jewel Merchant, who works with the jewels of knowledge. He is also the Businessman and very clever in making a deal. We make a bargain with him and He then totally transforms us. When we become like the alchemist's stone then Baba can do so much through us. It is with the power of truth that we become real gold.

When Dadi left Madhuban to come here, Gulzar Dadi gave her a gift of a special badge. Are you getting the feeling of this? Baba's desire is that

all of us have the same feeling and experience. What does it mean to follow? Everything that we are seeing is the wonder of honesty and truth. Introversion is a matter of personal dharna. We work with the result of honesty. The feeling inside is that everyone becomes trustworthy and we trust and have faith in each other.

***'Baba is The
Magician and
anything can
happen at any time'***

When we don't have trust in others that they can change it means that the self is not changing either. Trust that anything is possible. This is God's Home and the door of The Bestower. Where are we all sitting? Everything is here and Baba is making us into the Bestowers of Fortune also. There is The Bestower, The Bestower of Fortune and The Bestower of Blessings.

Dadi is still looking to clarify the differences between good wishes, blessings and boons. The blessing of good wishes is that yes, it will happen. Dadi is seeing as a detached observer that no one else is able to share as many stories of Brahma Baba as Dadi has. This is the certificate that Dadi has been given. The blessing this morning matched this. We don't have to do anything, just remain introverted, be honest and trust. Who is making the impossible, possible? I am always happy experiencing this happiness and at the same time I cannot stay without sharing happiness with everyone.

This is the university and Dadi wants to meet everyone. Dadi arrived through the main entrance and went straight to Baba's Room. Normally Dadi refers to The Creator but now

she just wants to see the creation. When Dadi went back to India in 1978 there were a few followers going to Madhuban but now Baba can be revealed, as there are so many. Dadi Savitri's family showed that it is possible for the family to live in the home, belong to and reveal the Father. Baba has all the programs sorted and we don't have to do anything. Dadi is being a very accurate student and does not miss out in any way. If you want to watch God's games remain alert and don't become lazy even for the slightest moment. Be alert, accurate and an all-rounder.

What does God's child say? 'Because I am God's child I am saved from everything'. When we use our intellect then Maya will come but as God's child we are saved and protected. If I wasn't able to show everything that Baba is wanting when I am studying with him then what faith would I be showing to everyone. It is said that a student who studies well reveals his teacher. If the students study well whatever the teacher is teaching then others will see the results and want to study too and then they will find the right path to get to Paramdham.

People speak of going to Heaven... this is much later...but before that we have found the right path to go to Shantidham, the Land of Peace, and the soul experiences such comfort in this. Perform actions through which you accumulate charity. This is a business and we must be aware of the profit and loss. Hold someone's hand and show them the way. Don't hold any thoughts of doubt whether you will make it on time. The topic of Follow the Father is very good. Don't get afraid or nervous in any way nor come into any negative feeling.

Baba said today in the blessing that he only listened to the essence of everything and does what He has to do.

Om Shanti.

DADI JANKI - 22 JANUARY 2014 - GLOBAL RETREAT CENTRE, UK USE THE REALITY OF KNOWLEDGE



Dadi had a new feeling this morning. Shiv Baba is The Seed and Brahma Baba is the gardener. It is the wonder of the gardener. The Supreme Soul is such a powerful seed. The world is a jungle of thorns and here Baba is creating the garden of flowers of us children. Brahma Baba's creation is a beautiful garden of roses. Seeing this beautiful garden I see a huge contrast between a jungle of thorns and this garden of flowers. Do you have this feeling that it is The Gardener who creates such a beautiful garden?

Nowadays we have interest in taking photographs of certain scenes and showing them with great pride and Baba wishes to do the same...taking pictures of us and show them to others.

Thorns can be sharp and prick and be quite painful. The nature of rose stems is such that the rose flower is above the thorny stem. In this way the flower is protected by the thorns. When I see others do I see the thorny aspects or do I see the beautiful flower they are. It is such an attitude and drishti that give great happiness.

Today's blessing is wonderful. Brahma Baba's speciality was that whilst doing everything he never showed that he was busy. Baba oversaw everything and especially after Mama left the body. In the days when Mama was there she would sit next to Baba when he spoke the murli and when He gave love and remembrance at the end, He would point to Mama as the Mother. Only after Mama left the body would He say Baba is the Mother too. Mama's speciality was such that she would not accept any role for herself.... she would always say that Brahma Baba was the Mother and Shiv Baba the Father.

It is about the whole practise of bodilessness and soul consciousness. What is the difference between these two? We are Brahmins at the moment and this is a fresh newly

emerged garden and so beautiful... in the golden age it won't seem so beautiful. Dadi is experiencing such a beautiful fragrance and enjoying the garden here.

I used to have interest in gardens from a very young age. In our garden we would pick the rose flowers and then we would then extract the essence and use this in a variety of ways, such as rose water and medicine. We would also coat the petals in sugar, dry them in the sun and keep them in a jar. So look at yourself and see how are you being used. Do you become like the mixture of rose petals with syrup, or water or the essence.... which way of being do you become whilst doing service?

When there is body consciousness we behave like thorns and prick others very quickly. Nowadays the rose stems are very long and it is easy to get pricked by them. When there is the slightest bit of body consciousness remaining within then there is still thorniness and these aspects prick the self and others. So with subtle understanding remove the thorns. It is God's task to love everyone; we just have to remove the thorns within that can cause sorrow. When I say so-and-so gave me sorrow it is because I have experienced the prickly side of them. A soul conscious stage teaches us to go beyond the consciousness of the body and it is this experience that pulls the soul.

I have these experiences and accumulate them inside me throughout the day. Dada Vishwa Ratan was accurate in every aspect and would always come to class on time and be the first one. Baba would draw the cycle but He gave instructions to Dada to draw the Tree. I saw this with my own eyes - Baba would speak the murli and then Dada Vishwa Ratan would start drawing the Tree. He created this with yogis at the roots and Dadi thought to go

inside the self and really create the stage of Tapasya to be in these roots. Baba would teach us and say remember Shiv Baba and also remember you have to become like Lakshmi and Narayan. If your effort is not sufficient then you will end up in the clan of Rama and Sita. He would draw our attention to the fact that when we do tapasya here then we receive a kingdom for half the cycle. We see Shiv Baba at the bottom of the Tree and Brahma Baba at the top and the bottom. He is the one sitting in tapasya as he comes right at the beginning. Brahma Baba knew all aspects of life.... to be rich or poor, a jeweller and a pauper. He would speak about The Tree a lot in those days. In the History Hall are the big pictures of the Tree and the Cycle. There is not so much need for the Trimurti. It is enough to understand about Brahma Baba, Shiv Baba and that Satyug is being established. The Iron Age is coming to an end, and at the confluence we are preparing to go Home. Baba explains the atmosphere of the Home where there is no talking and moving and pure silence. When we become bodiless we remember The Home. With the slightest bit of ego there is slight maya too. Become bodiless. In this experience the soul is in the body yet separate. When someone looks at you they then only see light and not the body.

Sometimes people ask me my experience as to how did I understand when Shiv Baba was in Brahma Baba. I remember the moment when I understood and was able to see with the third eye. In the Gita it mentions that in order to see we need the divine eye. In order to 'see' the Father we need this divine eye and in order to 'understand' the Father we need the divine intellect. This is what makes the path clear to become like the father.

As we heard in yesterday's murli, Shiv Baba does not eat but takes

Continued on page 10

*Dadi Janki 22nd January 2014 - Global Retreat Centre, UK
Use the reality of knowledge*

the fragrance. We used to question why we offer bhog to Baba because He doesn't eat. When we first started offering bhog, Brahma Baba and the trance messenger would sit and we would ask Baba, whom are we feeding? He would say, that Shiv Baba is the one who takes the fragrance and only then can I take food. Brahma Baba would say that he would only accept food cooked in God's remembrance. To have the real feeling of love and to use the knowledge is not bhakti.

Dadi wants to know who uses the reality of the knowledge? Baba knows but I would like to know too. I always used to sit in the first seat, front row. I used to go to Baba's room to say good morning and he would say 'Go, I will come and will bring Baba with me'. Baba would check that I was looking after the people I brought to the Murli too.

If there is the slightest bit of body consciousness then what will happen will be inaccurate in one way or another. In soul consciousness all is accurate. Soul consciousness in action and in connection with others is the practise. Baba says 'Remember Me alone' so any residue of past actions and sins disappear and are removed. When we have deep love for God we become cleansed and the line of the intellect becomes clear. If there is any mistake we will instantly realise and put it right. Nothing should happen under the influence of my old nature, as this is something that causes a lot of damage. When we are affected by the self or others in this way we cannot remain in soul consciousness nor experience the current from Baba and experience bodilessness.

May you be bodiless. My body is here and I am beyond. The concern is to leave the body in this awareness, without thoughts of responsibility. I don't have any responsibility because everything is

good. When we consider ourselves responsible then we see others mistakes and not our own...we start questioning. This will not allow us to experience bodilessness. Baba is the One who inspires everything to happen and we are instruments. When we have this awareness then the final thoughts lead us to the destination. The only responsibility that we really have is this. Shiv Baba is the One who has come in the body of Brahma Baba and is the One who brings salvation to everyone. I have to help in the same task. This class encompasses the whole of knowledge.

Murli is something that we love so much. We cannot hold onto the four pages of the murli but it can all be absorbed inside the self. After class Baba would go to his room and we couldn't ask him anything, he would say Baba is still here and after He goes he would answer our questions. Baba used to say that after the murli, take time to revise it. Some of us would even go and secretly look at Baba's face!

I have been given a certificate from the whole world and what is that ... for relating so many stories about Brahma Baba...no one else does this...there is nothing else inside me. Baba sees His garden and He becomes very happy. We would say Baba, you spoke a very good murli today and He would say 'It will be a murli like this after a kalpa'. Baba would say that He has to make the children's intellects from gross to subtle. Baba is the One who is the Lord of Divinity. He transforms iron into gold. It is the company of The Alchemist that makes this happen. It is the company that colours. Bad company isn't negative company but is not the company that takes us beyond in a second. Make a note inside yourself to see what aspect you have taken and will put into your life.

Be A Spiritual Lighthouse

Remember Shiv Baba the Supreme Father, the Supreme Soul and spin the discus of self-realisation. Remember the mace, the symbol of power and be detached like the lotus and blow the conch shell – that is, share knowledge with others. The conch shell has a natural sound.

We keep Vishnu in front of us and the image of Shankar shows us how to practise the stage of being bodiless in the picture, Shankar is shown with no clothes on and this represents the stage of being bodiless.

Firstly, Who am I? Then, who is mine? And thirdly, what do I have to do with my life? Baba reminds us that in this world there is violence, peaclessness and sorrow and that we have to use truth and non-violence to finish this. We are subtle, we are souls. Baba has given us so much peace and there is so much power in peace that it finishes sorrow.

The effort is to let go of ego and body consciousness and to become soul conscious and recognize Baba properly. Become introverted and make the attitude within so elevated that we don't see differences of creed, language, culture etc. Imbibe truth, love and absolute faith and trust. Recognize everyone as my family of souls. I am alone. I belong to Baba but everyone else belongs to Baba. This is the wonder of Baba.

Be a spiritual lighthouse. The soul is a being of light and there is also lightness within the self. Lightness means to be weightless and also a shimmering light. When we become light we are able to receive might from the Almighty Authority Father and that vibration then goes from the soul in the forehead into the atmosphere. When the mind is peaceful the intellect is pure. When the intellect is pure it is elevated, very positive and has determined thoughts. If the mind

Om Shanti

Continued on page 10

DADI JANKI - 8 JANUARY 2014 - SHANTIVAN

WHAT AM I DOING IN MY BRAHMIN LIFE?



What is the difference between “prem” and “sneh”? Here we have “sneh”, spiritual love, the love of Baba that is making us complete. However, first there is the “prem” of the gopis, who experience super-sensuous joy. My spiritual love was provoking me to go to Ahmedabad to visit Brother Nirwair. Everyone’s part is fixed in the Drama, but being Baba’s children, our Godly love brings us very close to each other. The closer we come to Baba the more we become images of virtues. We also have to pick up virtues from others. If there are any traces of vices left within us they will automatically be removed by looking at the virtues in others. It has become very evident to me that the biggest mistake is to look at the weaknesses and faults of others, and then to speak of it or explain it emphasizes that very big mistake. You have many books to refer to, but now you have to do service through your mental attitude. The four subjects knowledge, yoga, dharna and service are numberwise, of which dharna is the practical proof. Knowledge leads us to forge our intellect with the one Father, and yoga leads us to forging all relationships with the one Father. We are studying to become deities from human beings, and as brahmins it is now that we are becoming angels.

In Karachi, there were some young kumaris who stayed with Mama, and others went to their lokick families and were made to marry, but they were not happy. When their husbands left their bodies, I had the pull to go and visit them. At that time, a brahmin priest had been called to invoke the soul, so they became confused. Should they meet me or invoke the soul into the priest. I said to them: Do your work because to feed the brahmin priest and to donate something will make him satisfied. Those brahmins are doing what they have to do, but my pull was to meet them. On the path of

bhakti, according to the system and tradition, they go through a brahmin priest for all matters. Marriage, death or when a child is named, it is done through a brahmin priest. I once went to Nairobi where there was a very beautiful Krishna temple. The brahmin priest there met me and said. “Your life is very good. Tell your God to give me a good life. Let everything happen peacefully according to the time. They look at our brahmin life and can see a lot in a minute, in a second.” So, we have to look at our life and see what am I doing in my brahmin life. When we pay attention to our yoga timetable we are paying attention to ourselves and to our family. A doctor will do his work, whereas we are Baba’s children doing our work in Godly love.

In the early days, we didn’t offer bhog when a soul left their body. So, where did this system begin? There was a brother in Lucknow, called Govindh who was very good and had attracted Mama and Baba. There, one brother very quickly understood the knowledge, and in the fastest time had the desire to become complete. However, later he left his body, and his wife was very unhappy. Baba made the trance messenger sit and invoke that soul because that brother who had left the mortal coil had the feeling: Baba, I didn’t follow your directions. I didn’t obey you. And, we could practically see that example in front of us. Carelessness and laziness will not allow us to take benefit of the time, and then there will be repentance and only repentance. Sensible are those who know the value of brahmin life. It is while in the brahmin life that we experience the angelic life. In brahmin life, at every step, there is practically a multi-millionfold income in following Father Brahma’s every step. Who feels this? By following Baba’s shrimat at every step who experiences multi-millionfold fortune at every step, raise your

hand? Really? Because we have taken birth in Baba’s lap, so no matter who he or she is, Baba has high hopes for his children.

Let Baba be there in my eyes, no one else, and then there will be fortune upon fortune. God is in our eyes. Sometimes we feel that it is our eyes that have to do the duty of removing sorrow and giving happiness. When anyone comes to meet me I remove my specs. Baba was 93, but never wore specs. Baba has told me to wear specs to read, so I am wearing them. I am only wearing them because he told me to. Even now I don’t wear them to move around, even though doctors advise me to, because it’s not natural. It is not a big thing in terms of becoming deities. Sometimes we have the feeling that this life is so beautiful, by looking at one another we become so happy. Will we be so happy in the Golden Age? According to the time, the Iron Age is passing by and we will have such wonderful happiness in the Golden Age. There is so much praise of this Confluence Age. On the path of bhakti, I went to the kumbhamela at Allahabad, and since coming into gyan have once or twice done service there. Baba has shown us how to do service. The sages, saints and holy men recognized me from earlier and saw what I had become. We say that this is according to the Drama plan. Baba has made us belong to Him, and has made us from what to what.

I am so happy to come to the class and see all of you. We anyway have meditation from 7-8 in the evening, but by coming together in class there is so much happiness. Baba says that whatever we get from him we have to distribute. In the evening, we learn to become a detached observer. No need to go into waste thoughts. We should have recognition of Baba and ourselves. He has given us knowl-

Continued bottom page 10

DADI JANKI – 21 JANUARY 2014 – GCH, LONDON

BABA, BABA, BABA – THAT’S ALL THERE IS



1. Grind your own ingredients - and feel the intoxication that comes from that. It's such a good method. Accept and really understand what Baba is saying and experience it in your lives in a practical way – this will bring you so much strength. The Sakar murli gives us the real, original knowledge; through it we are introduced to Baba in all relationships and receive the inheritance to be constantly happy. The Avyakt murli is also very good and gives us the experience of Baba's love. Make a point of keeping each point you hear in your heart.
2. Ancestor and worship-worthy. Today at amrit vela, sitting in front of Baba, Dadi was just thinking of two words: ancestors and worthy-of-worship. I was exploring what it was to be and feel that. Ancestors are sincere, mature, pure, and humble. It is simply not possible that they wouldn't accept what someone said - in fact, actually, they wouldn't even need to be told. Dadi knows souls whom no one has complained about and who complain about no one. They come to give Dadi an envelope and smile but never to complain. This is ancestor quality. Those who are worthy of worship are supremely pure. Many times Dadi tells people, when they come to take toli: Please don't touch my feet. But they still do. I have placed Baba on my head. He has taken us in His lap; He has set us on His eyes and then on His head. We don't need special time to remember this. Don't say: I'm too busy. You actually have a lot of time.
3. Unique and separate. Each one is good; each one's part is unique. Baba is now saying in every murli: It's very easy: just remember Me. Dadi sees that there are no bodily attachments in lokik relationships and there's no attachment to the body - wanting to be fashionable or wear make up. Yet... you are still not free from body consciousness. Dadi was seeing this when giving toli yesterday (when I give toli I do so much other work at the same time!) In the early days, when anyone said that Dadi and her sister were alike, I would feel ashamed. Do you feel you are the son or daughter of your lokik parents? No, you are just Baba's child – there's no other family. This morning Dadi was thinking of the souls who have seen Brahma Baba - even for just a short while. I was so happy that Baba was looking at me again and again on 18th, asking: Who has seen Brahma Baba? A very few fortunate ones could say they had physically. Others have come later; they are in their next birth. Let there be that faith that 'I'm back with Baba again.'
4. What are you thinking? Dadi would say to me: Even when your body is taken to the funeral pyre, you'll be listening to the murli. If you are concerned about how the body is and how you will pass away, what thoughts are you having? Instead think about: What am I like? What was my Baba like? Yes, it's very good to live like a lotus but you also have to spin the discus of self-realisation and remember Baba's words. In 1969, When Dadi saw Baba on the pyre, the feeling was: Baba has not gone. And that same feeling remains with me today.
5. Are you catching? Dadi feels that there are very few who are really able to catch my bhavna for them - and take benefit from it. Baba said: Have a clean intellect and a clear line of communication. Then your catching power and touching power will be accurate.
6. Habit vs. nature. If you are even five minutes late, you will develop that habit. To respond instantly is also a habit. There's a difference between habit and nature. We have to have a nature of purity, truth, patience, sweetness and humility, like the ancestors. Having patience, I listen to someone patiently. If I respond instantly, the response won't be accurate. Gulzar Dadi never responds instantly and I learn from her. There is also the habit of rejecting, of not respecting. Some reject toli, saying: I don't eat that. Sakar Baba taught us how to eat toli. Even now we give toli to 20,000 people after class. Whatever Baba did, we continue to do that. That is not a habit but a discipline, a system. To mix a habit with discipline and reject something is a mistake. We have to have a big heart, an honest heart. We have to keep giving. No one wants anything else except toli and love...
7. The difference between the inheritance and a blessing. A worthy, obedient child would receive the inheritance. There would be nothing else but the Father and the inheritance. Remember Baba – now, can you see your inheritance? A child who is obedient, honest and faithful will receive a blessing. Then there is the gift of godly love. Baba, Baba, Baba – that's all there is and all we have to do. Baba has opened his arms to embrace me and so how much should I love Him?
8. Be simple and a sample. Your room should be a memorial; it should feel like it's Baba's room – tidy, clean and everything in its place – the room of Baba's child. With introversion, have love for solitude and it will bring you a lot of pleasure. Use your time in a beneficial way and just see all that you attain from that.

Om shanti.

DADI JANKI - 9 JANUARY 2014 - SHANTIVAN

THE FORTUNE OF BEING WITH BRAHMA BABA



When I say “om shanti’ what emerges is “My Baba”. Nothing else emerges. Once we become Baba’s, Baba becomes ours.

When we were in Brij Koti, it was like remaining in a bhatti. During the day, several times while eating or drinking or doing different things, we would feel Baba’s remembrance. I saw Baba taking a bath and it was as if he was bathing Shiv Baba. Queen Mother was there and she used to bathe Baba in a copper bucket. It was a wonderful scene. It was during the beggary part. We had a small kitchen there, and secretly I used to make a special roti for Baba and give it to him to eat, and he used to like that very much. I remember receiving a very large apple, and I fed Baba over 3 days from that one apple. In our lokick home, we had a very large hall, with a picture of Bhagirath, that I would see as I was going to my room. Later, I would see Baba standing in front of the picture of Lakshmi and Narayan. It is my great fortune that I will stay with Baba for 84 births. Even Shiv Baba says: I will not leave Brahma Baba for a single day.

I first saw Baba around the age of 10 or 11, and even then I liked him more than my own father because I had the feeling of truth and belonging from Baba. I was studying with Nirmala Shanti Dadi and Baba gave love to both of us. I thought: Baba is so good. There was a special temple of Saraswati and Nandigan which we would visit in the evening by horse carriage and Baba would go by car. He would take Dadi Brijendra, dressed so finely, that people would go to see her. Baba felt that a daughter-in-law of his should appear tip-top. Baba was wonderful. He took care of his daughter-in-law in such an amazing way. I felt she was very fortunate. Why I am telling you this story is that Brahma Baba had reality and royalty right up

until his last birth. He is that same one. When Baba said I am Shiva, the original, blissful one, Baba had that intoxication. We were happy to meet Baba and also experience the intoxication of Who that is. I still sit in front of Baba in Baba’s room and at amrit vela and it is a wonderful experience. I have listened to the mahavakya (great versions) directly from his mouth.

Today, I will tell you a secret. Don’t mind. There was one thing Baba didn’t like. I told him once, “So-and-so would like to meet you,” and Baba put his handkerchief over his nose. I wondered why he was doing that. He said, “This person is caught up in other peoples’ name and form, and so they are smelly.” This struck me so powerfully that I decided neither would I get caught up in someone’s name or form, nor would anyone get caught up in mine. I didn’t even get caught up in Mama’s name and form. Why am I telling you these deep things? There are very few who don’t get caught up in the name and form of others. If you do, others will get caught up in yours. This is an onus that you have to be very careful of. You shouldn’t praise people or get caught up in people. You have to do service in such a way that you don’t get caught up in praise. I feel this is a true matter, and it is my duty to convey it to you. No one will ever remember me. In the whole world Baba has given me service, but no one will remember me in that way. Whatever Baba has taught, let people remember that. It is what I say, and what others will say. I used to feel when Jayanti Bhen gave lectures that no one should get caught up in her because of her English and forget Who is speaking. So, I would sit beside her in large gatherings. This is a subtle thing. I should not be happy when people are praising me, and I should not praise myself. Baba says: We have to develop divine virtues, which will come later on, but now

Godly virtues will not be imbibed if anyone gets caught up in anyone’s name, form, place and time.

In Delhi, I used to have discussions with Didi. We wouldn’t explain Shiva in the way that we do now, but there had to be an experience from Baba. When you say anything to anyone they should experience light, then the knowledge will go in automatically that I am a soul, I am a child of Baba. When we give a little knowledge, we go into silence and they will be pulled into silence. Dadi Chandramani was a real renunciate and tapaswi, and for one to four hours we would just sit in silence. She had a lot of love and that was her language.

We used to be in a natural bhatti in a lot of contact with Baba. If he wasn’t there, Mama would convey what he said word by word. Once he asked me to write what Baba had said, and I filled pages. Our brahmin life is so elevated that we have been born through the mouth of Baba and have been eating Brahma bhojan.

Baba taught us to be detached observers day and night. Even in my dreams I become a detached observer, a soul. Nirwair Bhai is undergoing challenges of his health, but with the loving attitude of the whole family, he is recovering. He receives so much love and regard. If someone is serviceable, I ask them to go and see him, and there is mutual happiness even if it’s just a moment’s drishti. Our attitude of being a soul is so subtle and then there’s the experience of Baba being my Companion for a second or a minute. If you don’t have this feeling, the soul feels alone. Sweet Baba gave me this name of Janak, instilling this teaching of being a trustee and being bodiless. I cannot say that anyone or anything is mine. I am free from ‘me’ and ‘mine’. I would not say, ‘I did this work.’ Yes, I have done

Continued bottom page 10

DADI JANKI - 15 JANUARY 2014 - OM SHANTI BHAVAN

LIVING BEYOND AS AN ANGEL



Wonderful Baba, wonderful Drama, wonderful Baba's children! Dadi is going to share 8 points.

Let me check my heart, has it opened? Is there now anything in the mind and intellect other than Baba? And, in the morning, do I awaken with a smile on my face? Dadi wants to say to each one of Baba's children that there are three ways to smile: One is the smile of soul consciousness; two is the smile when taking Baba's power and the third is the smile when watching every scene of the Drama and considering it to be wonderful. Baba has given us such deep knowledge that I can never ask: How? What? Why?

To celebrate both meetings on the 18th, celebrate being in the subtle regions in these remaining two days. While Baba was in the chariot, Baba practised the bodiless stage, egoless stage and viceless stage. This is the last version he shared, and we saw this in his practical life. When Brahma became avyakt he gave this inheritance, so never forget this mantra. Today, make a promise that you will never forget this elevated version: May you be incorporeal and bodiless, and you will gain the strength to be viceless. Then, when coming into action and interaction, you can remain egoless, which is such an elevated stage.

Eat toli, listen to sweet words (boli), become holy and fill your apron (joli) with jewels of knowledge. Do all four while swinging in the swing of happiness and in the swing of knowledge. Baba has been photographed on a swing, and that actual swing (now in Gyan Vigyan) has become a memorial. When I am on the swing I don't remember what is happening in the rest of the world. I remember who I am and Who belongs to me, and I just remain in that intoxication.

Last night Dadi had a powerful experience of being bodiless, of being

in the unlimited, where she didn't know where she was. Where are we actually? Are we sitting in the supreme abode, or are we on our journey there, or are we sitting in the land of happiness, or are we sitting in the confluence age with our Father? You won't experience this kind of joy in the supreme abode, and you won't even have this happiness of being with the Father in the golden age. This is why Dadi doesn't want to see any of you unhappy, or in an off mood, where your face changes. Renounce that today. Sometimes some of you start to wonder: What is my part? Where should I stay? You enter a state of confusion. So, today, have mercy on yourself and renounce all of that. Be compassionate with yourself. Don't ever be confused. Don't be scared about anything. Don't think too much about anything. You know what you have to do. Two days remain before Baba comes, so we need to know what we have to do. There is no question of thinking about it any more, just do it. Be asochta, abhogta, akarta; that is, be free from thoughts and the influence of other experiences, and stay beyond the consciousness of coming into action. Even God says my part in the Drama is predestined. It was fixed that ShivBaba had to enter the chariot of Brahma in his stage of retirement, and Dadi has seen that phenomenon. Brahma Baba would sit under a tree in Calcutta in God's remembrance for hours with such a yearning to find God. He would sing devotional songs with an earnest desire to have an experience of God. Suddenly, it was as though he was surrounded by light. We could see Baba totally surrounded by light upon light. As Baba said in today's blessing: I don't have to do magic in the world, but I have to become a sparkling star. So remember the Sun of Knowledge and the moon of knowledge, and we are the stars of knowledge. Where do we reside? We live up above, beyond the sky

and stars, with Baba. My mother the moon of knowledge is here to practically make me complete in every possible way, so I have to constantly live with the Sun and moon of knowledge. As their children, we are the stars of knowledge. Emerge this feeling and share this experience with one another. See the star in the forehead as you look at each other.

Also during the afternoon, Dadi was filled with the thought: Where am I sitting? Take yourself beyond the day and night of this world and go beyond to your Home where there is no need to put on any light. Experience that home of light, experience that peace. As is your intellect so will be your vision. There are times when I express extra love to Baba because Baba has given me a good intellect, so I give thanks. I constantly remember who has given me this good intellect. The mind, intellect and sanskars exist in the soul, so I engage the mind with manmanabhav, the intellect with madhyajibhav, I consider myself a soul, remember the Father and remember my aim to become as complete as Vishnu. The first chapter of the Gita also relates about being a soul, forgetting the body and all bodily relations, and the last aim is to become the embodiment of remembrance.

Let there be such a pure attitude and let there be such a powerful atmosphere that the 900,000 souls are created and can be visible so that even if destruction does come, it doesn't matter. We have no fear. We are all dancing. 900,000 angels are dancing and our feet are not touching the ground because we have the fortune of earning multimillions at every step.

Dadi would like there to be a special accountant who could count all the bhavna and good wishes she has for all of you, and for you to accumulate them in your life.

Om Shanti.

DADI JANKI - 21 JANUARY 2013 - GRC

BUILD MY STAGE AND PLAY MY PART WELL



When we say “Om shanti” with the awareness of ‘Who am I?’ there is peace, and with the awareness of “Who do I belong to?” there is power, and then when we say it for the third time, I know what I have to do.

You are all sitting here physically but you are really sitting above and beyond. You are sitting peacefully and drawing power into yourself. Generally, when people get together they cannot stay without talking, but here we sit peacefully, and happiness is inherent in that. What more can I say? In fact, with the absorption of power, there is the wish: What can I do with these powerful feelings inside? I wish to share what I receive from the Bestower. That One speaks in my ears, through His instrument, Brahma, and He is saying: Recognize the value of the time we are in right now. We are in this final crucial period of the cycle.

When there is a play, few people perform but the audience is huge. The Director, producer and actors are different and they know their parts. They don't look at how others are performing, but they have to be very clear about how they themselves are performing. They are also very aware of their life at home outside of their part on the stage, and know when their part has finished. Are you understanding this? So, who are we? Do I just keep watching other people, or am I playing my own part? I have to play my part, I have to let others play their part and I have to ensure my consciousness is high. Just as a stage is a higher platform, so too I must be on my high stage while playing my part. For instance, I have to ensure that the four legs of my chair are stable. When this stage of awareness is strong and stable, I am free from thinking what I have to do and how I have to do it.

So, this awareness is very important that I have to be stable and I have to perform with inner stability upon a stable, high platform.

‘Actors themselves don't build their own platform, as we have to do’

This stage has to be prepared first. So, what do you want to do? Do you want to build your stage? Perform your part? Or, watch others play their parts? Actually, I am one of the main actors in this play, and the Director is watching me. Am I playing my part well? I become an observer of myself. In fact, I feel I haven't done anything. All I have learnt to do is to say “om shanti” three times.

It has taken time to come down the ladder of consciousness, but we can go up very quickly through raising our consciousness quickly. Sr Denise is an example of one who brought about amazing change within herself in one week. We can do this by raising our consciousness of who I am and who I belong to. When we cook in a certain awareness, the impact of this on others is very great. When my Companion is with me, I have a lot of power, of strength. When He is my Friend, I am in constant company with Him, so I receive total power from Him. The understanding of God makes us unique and detached while living in the world. We are able to share the purity, peace, love, happiness and power we have received from God with others. Power comes last. Purity brings peace and these enable our love to glue together the pieces of our broken hearts. This

brings unity. Look, we are sitting here in the United Kingdom! And, where there is unity there is sovereignty. Be free from looking at how others are. First comes the heart, then the head and then the hand. My heart must be happy, for which I thank God, and my head must be cool, never allowing the head to be heated, and then whatever my hands do will be right.

God first gives a boon and then blessings. He first says: Okay, may things happen for you like this, and then when things work out for me, He gives me blessings. Never say: What can I do? How can I do it? He is the One who inspires me to do everything. I must just have the awareness of being an instrument then He can work through me and make things happen. In all the years you have known me, have I ever said: What shall I do? How can I do it? It's guaranteed to happen. I only have to do four things: Remain alert, remain accurate, be an all-rounder and be ever ready. This is easy isn't it?

First, be alert. If I am not alert, I am confused and I question what is happening around me. When there is external drowsiness, when you are feeling dopey, it is as if you are choking inside because there is a lack of clarity in life. Be accurate with your time and do whatever service needs to be done. Here, everyone is sitting: those who cook, those who serve and those who eat. It all happens with love and cooperation.

I can speak with trust because of three things: courage, truth and faith in the self. If I don't have faith in myself, then courage and truth won't work for me either. When there's courage there's a lot of help from God, which requires no desire for praise or recognition.

Om Shanti.

Continued from page 7

Dadi Janki - 9 January 2014 - Shantivan
The Fortune of being with Brahma Baba

one thing: I have taken the support of One and have had faith in One. One power, one support and a faithful intellect to be victorious. Whatever had to happen has happened. A thought arises that something should take place, and then it just does. Baba got it done, and He got it done through another. What did I do? This is my feeling and faith that this is so.

Om Shanti.

Continued from page 4

Be A Spiritual Lighthouse

is not quiet the intellect is not pure.

Mahatma Gandhi said hear no evil, see no evil and speak no evil. Shiv Baba and Brahma Baba have taught us not to think unnecessary, wasteful thoughts.

Be light. No matter how big a task is don't let ego enter. Don't feel that I have to do this task but instead become tension free. Keep "a" in front so that there is attention. Attention means to be accurate, alert, ever ready and an all rounder. Not dozing in class and not listening, but to pay attention. No matter what the service is even if it is sweeping the floor or giving a Talk, be carefree. Be present, speak softly, speak the truth and speak sweetly and speak less – not too much.

If I am eating from Baba's house then what service am I doing or have I done? I go to a temple and there you receive a small amount of Prasad. You eat a little and leave the rest for your family members and share it with others. This knowledge teaches us to share with others. This knowledge is a holy offering. If you share knowledge for half an hour and conduct yoga for half an hour you will have a lot of intoxication and feel that Baba has taught you how to speak. The whole world is calling out to Him and we know Him and I feel that everyone should recognize Him.

Become worthy and obedient and give the proof of this. See Father, follow Father. This study makes the mind peaceful and our senses under our control so that it is not that we want to eat this or that and desire food. These hands too need to be under my control to do the actions I wish to do. Baba is doing three things for me at the present time. He is always present in service. We should do one thing. He says: Remember Me alone. Just remember the One. He says: Manmanabhav, direct your mind to Me. Anything of the past or past lives that is within the sanskars of the soul can then finish and dissolve. If the smallest mistake happens Baba will forgive you because Baba knows that you wish to finish it. He knows what you should do and not do and has given us this wonderful atmosphere here. If you make a mistake tell Him immediately and He will forgive you and tell you not to make that mistake again.

Om shanti

DADI JANKI'S WORDS OF WISDOM

There are three Om Shanti's... The first is a reminder of Who I am.... the second is with the finger pointing upwards...who is mine? The third is what must I do... With the first one we become peaceful and then we are able to take power from up above. We have a photo of Brahma Baba, the Founder, and he is the one who is able to bring newness in our lives. For 77 years we are talking about newness. My age is 98 and I have learnt so much in the past 77 years.

Between the ages of 4 to 21 I was searching for God. Generally people do something to show the world or see the world and do the same and I have never done either. What is the world doing...? I should do something better than others. In my life I never did things simply to show the world. Even though I was a daughter of a jeweler I never wore jeweler. I made sure that time and money were not wasted and this is why I am strong. I know that whatever has happened has been because of help from God and there are three expressions I use: With courage God will help me; The lord is pleased with an honest heart and When my intentions are clean then my desires will be fulfilled.

18th January is a day of great importance and 'I never say it is a day when Brahma Baba left the body but the day that he has left the memorial in our hearts and each one can see 'what must I do'. We saw through his face, behavior and activity God's light and receive through his life the might to be able to do the same. I have been outside India for 40 years and it is the anniversary of that this year and it has been 45 years since Brahma Baba took his subtle form.

Om Shanti

Continued from page 5

Dadi Janki - 8 January 2014 - Shantivan
What am I doing in my Brahmin life?

edge to be imbibed to become satoguni - not rajoguni. The more our intellect is satoguni, the more the knowledge is automatically imbibed. The more it is imbibed in the intellect, the more our yoga is connected with the Father. When children don't remember the Father constantly it is because somewhere we have become subservient, somewhere dependent and somewhere we are not taking the benefit of Baba's love and therefore the intellect is unable to absorb the power of yoga. The golden age is coming on this earth and the religions will come at their own time. I once asked Baba, we have made so much effort, couldn't we stay longer in the supreme abode? Why should we come so quickly to the Golden Age? Wouldn't it be good to stay in the Land of Peace for some time? What do you think?

Om Shanti.

DADI JANKI - 12 JAN. 2014 - SHANTIVAN

WE CREATE THROUGH THOUGHT

Today Baba has given us the mirror to see, recognize and understand: Who am I? The moment we say, "My Baba," we become stuck in the remembrance of One. He mentioned that Dadi Nir-mala Shanta had come to London, but actually Baba came with Dadi. Only one thing can be said: There is only the one Father. In the whole world and in the whole cycle we will not get such a father, and our father will become Narayan. I was once watching Baba and Mama and realizing that our mother and father will become Laxmi and Narayan in the future. Now, he is my Baba! In the golden age, we won't have this intoxication. Narayan will never say that he is ours. Now it is the time where Baba tells us I am your father and you are my children. Who has this intoxication?

In this twenty first century we are claiming the kingdom for 21 births. We are receiving the fruit of all our births at this time. We are making effort to attain everything for all 84 births. Baba has cautioned us and pulled our ears. If someone is defective, their legs will not stay here. Baba says: Be careful. Watch out for the cleverness of the intellect. Be cautious and clever in whatever Baba says and follow that. Look at yourself. What does God want from me? God doesn't want anything. So, I ask myself: God has given us so much, what are we giving to Him? We don't possess anything ourselves. God has given us everything, and when that is distributed, it increases. We don't have any other work to do. We only have to distribute what God gives us. It is very clear that we have to give power through the mind. Even if I create one wasteful thought, all my power will be drained. Brothers and sisters, everything depends upon our thought. It is how we create. We benefit according to how we create our thoughts. We earn an income through our thoughts. If there is even a little waste thought about someone, we incur a loss, hide ourselves and eventually cry, and should that person come in front of us,

we will be unable to say anything to them. The song, "Baba has made me belong to Him, and taught me how to smile," makes us think just how Baba has taught me to smile. When I think about who I am, I will smile, and when I think about Who I belong to, I will have a different smile. Baba has given such great fortune. By looking at the creation, I see the Creator. And by looking at the Creator, the knowledge of the creation spins in the intellect. One perception is that we are all gods and goddesses, the mouth born progeny of Brahma. The entire knowledge sits on top of this one finger. We just have to spin the discus of self-realization and all our sins are absolved. Such a sweet Baba He is. He teaches us so many things very well, and explains how to act. We don't have to question how to act. We just have to understand exactly what the Father is saying. We have to be stable and seated in our self-respect. In order to enable Baba to sit in our heart, He gives us practical experiences. We should never use the words, "however..." "but..." etc., for then our smile will not be real, not natural.

Today's murli is not just for repeating, understanding in the intellect or for explaining, it is for looking at ourselves. Other than Baba, there are no other words, and there is no one else who can make us into what we want to become. We couldn't know that lakhs of Baba's children would be created like this. Sakar Baba enabled us to understand, but we are practically experiencing it through our eyes. I feel that all the children gathered here today are from the previous cycle. Baba used to ask a new visitor: Have we met previously? This small dose of knowledge has worked like medicine throughout our life. On the path of bhakti we used to say, "O God, wherever I look I see only You." However, now the time has come where we do see only Baba everywhere. Whether young or old, of any position, we say the same. The wealthy are merely a handful, and will waste their time in merely thinking. We eat only

two chapattis and eat comfortably in Baba's remembrance. Even eat as much as you like, but stay in God's remembrance and check how much service you have done beforehand. Have you related the true story of Narayan? On the path of bhakti, on the day of the full moon we used to fast, and would only eat once we saw the moon. We are listening to the true story of Narayan to become complete. First we have to destroy all the vices in order to attain the karmateet stage and become complete, avyakt and angels. We have to become conquerors of vices, karmateet, complete, avyakt and an angel. Raise your hand if you are honestly following this. If we maintain this aim, Baba will give us the power to achieve it. We only used to use Lux soap (laksh = aim). Now there are many brands. If anyone tells you something, let it flow in one ear and out the other. I have to remain quiet. Otherwise it will come into my intellect. Why speak about others when sitting in God's home? Today I sat in the sunshine, and there was so much light that I could read the murli without specs. There is so much difference between natural and artificial light. Today is Sunday and we remember that when the Sun of Knowledge comes, the darkness of ignorance is dispelled.

God has given me the third eye to see the three aspects of time and to become the master of the three worlds. Baba says: I have given the key of the land of liberation. Until then, I have to sit in the subtle world and know that I am to become an angel. There is so much praise of the brahmins and the ancestors. We become worship-worthy through our qualities of sympathy and being merciful. We do all the work being peaceful. There should be no showing off. There should be no trace of name or fame. We wear white clothes and our pockets are empty but we are the ones who become prosperous in the future. It is wonderful! Today Baba said that before there was only one faith, and in the future if I don't have full and firm faith in Baba, my eyes will not be able to look at the scenes of destruction. Since Baba came we have seen the wonders of science, yet now we know what is the wonder of silence.

Om Shanti.

DADI JANKI - 14 JANUARY 2014 - SHANTIVAN ASOCHTA, ABHOGTA, AKARTA



Baba is wonderful, Drama is wonderful and Baba says, "My children are wonderful" However, we should not consider that I am doing anything, but Baba and time are making me act. Actually, the time is such that our bhavna is making us act.

There are three associated words: asochta (free of thinking), abhogta (free of emotion) and akarta (free of doing). Who is beyond action, emotion and free from thinking? This implies that when we have to think there is some suffering in that. I should know what it is I have to think about. Baba, You inspire me to do everything. This is not coming from human beings. If I consider myself as the mouth born progeny of the Brahmin clan, I can do anything. I am both child and student. I have to become the sample Baba wants me to become, A businessman will constantly mull over his business in his intellect to the extent that he will be unable to sit in silence. He will think of his business, even in his dreams, because this is his business. Similarly, earning an income should constantly be in our thoughts and words. There is a lot of income in this study. There is no income for us outside this study. The more we study, the more we earn an income. It isn't that we allot a separate time for earning this income; I have to see at each moment how I am earning my income through my study. It doesn't take much effort to make others equal to us. It requires only bhavna, and that bhavna reaches them. So, what should our bhavna be? If we have good feelings, others will have good feelings. Our feelings emerge practically from what I think. The connotation of this word 'bhogta' is not good. Rather, it is by becoming abhogta that we change our feelings. The one who is akarta does everything and hides themselves, feeling simply that whatever has to be done has to be done. Look at your face in the mirror of your heart. Keep your

mirror very clean. Someone once asked me, "How do you do meditation?" The word 'meditation' came later, but at first we just used to talk about being peaceful, which requires cleaning the inner self. Even when sitting here, one's attention can be diverted. Looking here and there is a waste of time. Don't look at sights. Are all these sights just to be looked at? Why are we given eyes? Just to look at others? I say 'om shanti' three times to pull us into seeing ourselves and seeing Baba and then our third eye opens and we become trinetri. Thus, Baba is making us masters of the world.

'Today, Baba said: I am teaching you to die in happiness'

In the golden age, we shed the old body very easily as we have to receive a new one. We can only shed our body in happiness when we are free from thinking and free from doing, considering that I have not done anything. Let both hands be empty. The ancestors have put up their hand in blessings and spoken their murli. In satyug, there will be a crown studded with jewels, but now we wear a crown of light. You look at yourselves like this, but also look at others in front of you with the drishti that gives you and them the experience of the crown of light. There is no need for fame, but we do need to experience this. In the golden age, we may have a crown studded with jewels, but it will not be worn all the time. Now, all the time, even while sleeping, we should be wearing our crown of light.

Make it your present effort to wear this crown of light. Our bhavna lies in the heart, in the honest and

true heart, and the crown is on the head. If there are any thoughts that are ordinary or wasteful, we will not be able to wear this crown on our head. There is such a good method to obtain this: Create pure, elevated and determined thoughts, and then many tasks, without any thought, will be fulfilled. It will happen, it has to happen and it is already done. Wonderful Baba will make you do it, so it's not a big thing.

Who is Baba? Throughout the whole cycle, we will never meet such a Baba. Throughout the whole world there is no such Baba. We will not encounter Baba again in the whole cycle, and if ShivBaba cannot be found, Brahma Baba cannot be found. This is explained in each and every murli. You have to keep your intellect clean and pure in everything. The milk of the lioness can only be stored in a golden vessel. There should be no alloy mixed in the gold of my intellect.

No matter what happens, don't miss amrit vela. Baba makes me sit beside him at amrit vela. I remember a beautiful scene in Pandav Bhawan once when Baba called me to sit beside him. This was a great gift because I received such a current of energy. Baba says that we should die in happiness. So, if anyone is ill or bed-ridden or having an operation, we have to emanate the vibrations that everything will be okay. The illness may have come, but it will go away. We have no doubt in anyone or anything. We are the bestowers with a pure mental attitude. Baba should say: This child is very clever, very understanding. And will say thanks by putting a garland of victory around our neck. So, with our divine intellect and divine vision, if we want to experience happiness day and night, whom should we ask? "My Baba", "Sweet Baba," "Beloved Baba", "Thank you, Baba."

Om Shanti.

DADI JANKI - 20 JANUARY 2014 - WELCOME AND EVENING CLASS GCH LONDON SISTER JAYANTI AND A FULL CLASS AT GCH, LONDON, WELCOMED DADI.

Sister Jayanti noted 'this time Baba has given us a very special blessing and fortune, that Dadi and Hansaben have both arrived here. This is a lottery. With the news that Dadi was coming, everyone had the deep feeling of love for Baba and drama. Multimillion thanks to Hansaben too and welcome from the heart. Dadi and Hansaben were welcomed with flowers. Hansaben shared how it felt that they had travelled on Baba's magic carpet and the power of Dadi's

powerful and practical thought. She also shared her hopes of how everyone will attain and transform something, then, it will be a worthwhile trip! Two poems were read, one by Sister Suman and spoken by Sister Rekha to the 'extra' and 'ordinary' Hansaben and a second one by Sister Jasu for Dadi Janki expressing how with the language of the heart and eyes Dadi has fulfilled Baba's vision and created Madhuban here in London too.

somewhere to put their foot of security; in position and role, but you can live beyond the earth and the sky, the earth is here but we live up above the skies, with Baba where He gives the current of light to the world. He keeps pulling our attention to do service through the mind. Baba in a second becomes present in front of the children so why should I become upset and absent from Baba. When you are upset, slap yourself and get yourself straight. This is the time to transform the self with love and truth. See the value of time! Ask yourself how did I recognise Baba, what was the moment of recognition? In one minute I recognised Baba and the search of looking for God finished.

DADI'S CLASS SOUL CONSCIOUSNESS IS THE FIRST LESSON

I haven't come to meet you but 'My Baba' has. My Baba, Sweet Baba, Lovely Baba, Thanks Baba. I came to London at the age of 58 and now look at me, whose wonder is this? In 1991, I said to Baba "I couldn't go on living in this body" and Baba said, "matter would co-operate". Baba told Dadi to go to London and look now, everything is a wonder. Who is your creator? The Creator has made me an instrument.

self it affects our health. What is the true feeling of rest, understand it and sit in soul consciousness, it creates energy. Baba gives us power. He is the Almighty Authority, understand how to take and use this power to realise and transform. We need purity and honesty in our thoughts. Baba's teachings have brought us this far, experience what the power of the Almighty Authority is and use it in your life. I have not done anything it is the Almighty Authority who is doing! God's power is such that I give an order to matter and then matter gives me cooperation.

This is the life of dying alive. I died from there and took a birth here. Baba made me do service in many places, I would never say that this is my centre, or this is my role. I never thought that I made others instruments or explained to this one and that one. Nothing belongs to me! Baba is the one who makes us good and to become this, is our job.

There are three types of smiling, a soul conscious smile, Baba in your smile and the smile of seeing the family. Churn and think about the knowledge deeply so that you smile. Don't keep anything else in your mind; forget the past as whatever happened has happened. Whatever mistakes we have made, Baba gives us teachings, follow these teachings in a practical way. I see the wonder of Baba's teachings and my eyes fill with tears. We have to become honest and realise how not to make a mistake twice. What is a mistake and why do we make mistakes, because we don't put the first lesson into practice! Soul consciousness is the first lesson; you understand and talk about it, but practice it. If there is this practice then there is no disappointment in the self or others. When there is disappointment in the

Do Amrit Vela accurately. Everyone can be part of the eight. Let purity shine through. The power of realisation is a gift from God and yet you don't use it! Body consciousness is very subtle. God is truth. Baba gives us an intellect, and Baba frees us from desires and attachment in the mind. Look at your record, chart and register. The chart is about remembrance, what is remembrance? When there is nothing else in the mind. Be present, this is God's present, God's gift. Let your thoughts remain pure and peaceful and these will work.

Remain happy and see the wonder of God's games. First there is purity, when there are no waste thoughts the truth will work on you. Patience, purity, truth, humility and sweetness, Baba is decorating us with these according to Drama. With these five things you will glorify Baba. In your thoughts throw out comparison and disheartenment and see that everyone's part is good. I have the good feeling that everyone will become this. Recognise yourself and take power from Baba.

If there is any role consciousness what will happen? People need

The evening was completed with a slide show with Dadi's attributes and qualities recognised by the class followed by cake cutting, sharing and blessings. Everyone brought roses to share with Dadi too.

DADI JANKI - 15 JANUARY 2014 - GYAN SAROVAR WHERE AM I?

What is a bhakti? We light the fire of yoga to melt the self in order to become pure, like gold. Gold cannot become pure unless it is melted. We should melt ourselves in the same way. Today, Baba told us to become as real, natural and valuable as pure gold, not shining artificially. Baba is talking about character a lot these days. First we have to become truthful, and then we will be full of good character. In satyug, there will be a new type of gold, and we have to become like that: new and truthful without any trace of anything untrue in us. In today's world, there is always doubt. We wonder whether there is mixture, whether something is real and whether it is true. Truth leads to victory. What is truth? It is success. I just have to say yes to something truthful. Someone asked me how I have managed to live until this age. I told her that Brahma Baba used to read about Satya Narayan all his life. He heard about truth, became true, did truthful action and became Narayan. A man becomes Narayan and a woman becomes Laxmi, and for that Baba is in front and he also puts us in front. He says: You are the Shiv Shakti Pandav army. Only when you get power do you become an army. If there is no power that is not called an army. There is so much power in the Shiv Shakti army, and I am in this army, so who am I?

Something wonderful has been happening since yesterday evening: the feeling and awareness has been coming of where am I today? I was wondering if everyone thinks in this way. Am I beyond the earth and sky, beyond this world? The sun, moon and stars are the lights of this stage. We too are the sun, moon and stars giving knowledge to this world. We are giving light and might to the world. Shiv Baba, Brahma Baba and we are tiny points of light. It's a wonder, isn't it? I am that subtle, point, the dot. Having awareness of

oneself in this way, our intoxication will remain for the whole day. Baba was saying that we will attain the karmateet stage by experiencing this. He is teaching us how to leave the body happily. Yesterday, I felt: Yes, I am leaving the body happily.

God doesn't deliver punishment. He doesn't enter into how we think. We receive it automatically. Baba has made Himself free. He doesn't give punishment. We give it to ourselves, so we have to pay full attention to our karma. Nowadays, from 9.30-10.00 pm, I sit in meditation with everyone in the house. My actions should inspire others to do the same. Let me do that which I want others to do.

Through drishti, action, attitude, words and feelings, we have to keep serving. Whatever is inside should be revealed and given to everyone so that souls get some happiness and peace in life.

Where am I? Brahma Baba is serving in an angelic way, and I too have to serve in an angelic way. We have to be detached from the pull of the physical. I have to remember Baba and become an angel. You will have great fortune if you think in this way. Become like Baba, the Bestower, and invoke Baba to say: Sweet Child. Don't come into ordariness in this month of blessings.

Baba has taught us how to smile. We smile when we say sweet Baba, we smile when we say sweet Drama and we smile as an angel.

Our attitude is formed by our awareness, and in my awareness is I, the soul, my Baba, the Confluence Age, the godly family and world service. Someone is pulling me with the strings of love to my Home. He is pulling my heart and taking me to the subtle world. "Prem" (love) is when the child has forgotten every-



thing else and is remembering only One. "Sneh" (love) makes us feel full and helps in making us perfect. We pull Baba's love to us and become equal to Baba. First of all, we should become karmateet, conquering my sinful actions so that I have no sinful actions at all with no sinful thoughts at all. We can become this when we have the aim of becoming karmateet, clear from karmic accounts. By becoming karmateet, we become karmateet. First I become karmateet and then complete, perfect. No weakness should remain in these days of January. As we saw in Brahma Baba, first we become an effort maker conquering sinful actions and conquering attachment, then we become conquerors of the body, becoming angelic and so karmateet.

When our ego finishes, our body consciousness finishes and we go beyond the body. Automatically our actions become elevated. I become a trustee, where nothing is mine. If someone cries, I give them my chocolate, and make them promise never to cry again. Be economical so there is no wastage. Stay in solitude, ekant, with love for One and also enjoy being in the gathering. Thus we become constant, unshakeable and stable. This is our Rajyog, which is making us into kings. So, our effort should not be to renounce actions but to perform elevated actions because then we can claim a high status, go home and reach the world of happiness.

Om shanti.

DADI JANKI - 11 JANUARY 2014 - SHANTIVAN

ONLY BABA IS REMEMBERED WHEN NOTHING ELSE IS REMEMBERED

When we sit in remembrance, we have to open our heart and see what is in our heart. Whatever Baba has explained will be absorbed in the heart, and we become the embodiment of that. The more we bring this into our practical life, the more we see that it is fixed in the Drama. Knowledge about the Creator and the creation is revealed. The essence of all knowledge is to discover the Creator and the creation. Thus, we say how beautiful the Creator is. There is one Creator and his creation. There is no murli where Baba has not explained: You have to remember Me, forget everyone, the body and all bodily relations, and remember Me alone. Everything has to be forgotten because we have to destroy all our karmic bondages - from past births as well as this one. We are to have no bondages with anyone. We are to be liberated from bondage when we are liberated from the body and body consciousness. By being detached from body consciousness we experience limitless happiness.

When someone is not detached from the body and bodily beings, they simply don't stay in remembrance of the Father. It is Baba's direction to forget the body and bodily relations. When I come into the bondage of my body there is sorrow. I have to feel as though I am not in this body. This is a wonder. If the soul is not in the body, the body is of no use at all. Baba said today that it is a wonder how the soul enters the womb and leaves the body. How is our life when there is darkness, and how it is when it is transferred! So, what is knowledge? Knowledge informs us that this body is not mine. I may be in the body, but this body is not mine. We say "Om shanti", but we have to realize the meaning of om shanti.

In a single day, 30-70,000 thoughts are created in the mind. We have to understand this and keep them under our control. It has been

asked: What is the benefit of meditation? There are many types of yoga and devotion, yet they do not make the mind peaceful. On the path of bhakti, they fast but do not control the mind. We have been taught how to make the mind peaceful because we have to make the world peaceful. Let the body be cool and the mind peaceful. We have to sit in the experience of coolness. Dadi was watching a cat peacefully jumping to where it wanted to go. It can leap wherever it wants. Maya is a cat. We should not be affected by her. Just like when a child gets up again and again, it should be made to sit still.

'Every day, I want to say something new that is not a repetition of what I have said before'

Today I will tell you that I don't remember you. I don't remember anyone. Every second we should have Baba's remembrance. When only one Baba is remembered nothing else is remembered. Not even the words we speak to one another should be remembered. The words of the song, "Have patience, O mind, have patience," are very beautiful. These songs inspire us to have Baba's remembrance in such a way that we don't remember anything else.

Whatever Baba has made us do in Madhuban; we do the same in other places. Whatever is God's plan is my plan. God is making us move and we are moving. Those people are shouting and screaming, but we are with the Comforter of Hearts

and moving forward with Him. If they perform any wrong action, they will be punished for it later on. If we do anything wrong we receive punishment straight away as we are unable to sit in Baba's home. If we make even a little mistake, we will be unable to go into the dining hall or kitchen. Those in the kitchen have such smiling, shining faces. Seeing this creation of Baba's what can we say! Apart from knowledge there is nothing else to say. Practically, I feel that if anyone talks of anything else they will be unable to stay in Baba's remembrance. We have to be attentive to how our part is played. Baba is strict about the disciplines.

Our intellect should be well connected with Baba. If we make a mistake, we should instantly seek forgiveness from Baba, and Baba will forgive us. I have seen this with my own eyes. Many have made many mistakes, which Baba has seen and forgiven because Baba is the Ocean of Forgiveness. He says: One step of courage from you children and I will take a thousand. We have to be courageous and honest and the Father will be pleased with us. Let there be no wasteful or negative thoughts, as they will not allow you to take help from the Father. If such thoughts run deep, you will not be able to have remembrance of the Father. This applies whether one is young or old or ill. No one should consider themselves ill.

In order to experience Godly love, I have to think what I have to do. Then, Godly sakash makes me move. Nirwair Bhai must be having this experience. All senior brothers pay attention to themselves. Circumstances come to everyone, but one response is to worry and another is to foster thoughts for a good cause. We have to create beautiful thoughts in our mind, and that gives great happiness.

Om Shanti.

Dadi Janki - 21 January 2014 - Global Retreat Centre

Stay alert, be accurate and an all-rounder.

Why do we say Om Shanti 3 times? The first time is with the awareness of who am I? I am a peaceful soul. The second is with the awareness of who is mine? This brings me power for I belong to God. The third is to ask what is my task? So there is peace and power.

Generally, when people get together they cannot stay without talking. However here we sit in such peace, and in our peace there is the experience of happiness. As a result of peace there is a feeling...what can I do with this peace? Very beautiful feelings get created inside, as we understand that He is the Bestower. So what can we do when we receive from Him? God speaks through the instrument Brahma and He speaks and says- recognise the value of the time now. We are at this final crucial period of time.

I never really saw many movies or plays as a child, however in the movies of the world, very few people act and many people go to see. The actors just get on with their role; they don't look at how others are acting. They always remain aware of their life behind the scenes. So, who are we? Should I keep looking at others or should I play my own part? I have to play my part and also allow others to play theirs. I need to keep my consciousness very elevated just as the stage that we act on is usually high. As I sit on this chair, I need to make sure that all 4 legs are OK. When this stage of awareness is strong, then I become free from thinking of what I need to do...I just do. I need to remain stable and perform actions from that platform of stability. Actors don't build a stage! The stage is built for them. So what do you want to do? Would you like to build your stage, play your part or watch others? When you realize 'I am one of the main actors of the play', then you see the Director is watching you. Then you ask yourself...what have I done? I haven't done anything; I just say om shanti 3 times with the different awareness.

Our consciousness has descended, just as one comes down the ladder. So when this image of the ladder is used to explain this whole aspect of how our consciousness has come down, everyone understands that we had a higher consciousness and it has now changed. This life of spirituality is a very simple life.

Even though Dadi has lived in the UK for so many years she has never been shopping! 'Wherever I go, it is just for service'. And in all this time I have paid attention to:

Who am I, who is mine? Also, Dadi keeps the value of cooking food with love.

So this whole game of drama is wonderful, Baba is wonderful and everything that happens is wonderful. God is referred to the Father by those of all religions. He is my Father, Mother, Teacher, Friend and Satguru. When that companion is with me I have a lot of strength. I stay in constant company with Him. Knowledge about Him enables us to become completely unique whilst living in the world. When there is that connection with God then 5 powers stay with you- purity, peace, love, happiness and power. Purity comes first and when the pieces of my heart become whole then there is peace. Power comes last. Those who live in the Retreat Centre are doing just this- they join together the pieces of the heart and are making them one. No matter what anyone is like, you bring them together and make them all whole.

I belong to One and I have to bring everyone together in unity. We are sitting in the United Kingdom. So there is a kingdom when there is unity! When there is unity there is sovereignty. Never look at others and think this one is like this, and that one is like that.

First comes the heart, the head, and then the hand. My heart gives thanks to God, my head remains cool and never gets angry with others. Then whatever work we do with our hands will be good. People ask me What do you get your strength from? God doesn't give things for free! He gives boons and says may things work out and then seeing ones effort He gives blessings as well. He is inspiring me to get it all done and I just maintain the consciousness of being an instrument.

I just have to do 3 things- stay alert, be accurate and be an all-rounder. When I am not alert I get confused inside and I question what happens around me. When there is external drowsiness it means there is choking inside which means there is confusion and lack of clarity.

Always maintain trust in others and faith in the self. Then courage and truth will work. Have no desire for praise and recognition.



Om Shanti