



Brahma Kumaris - Dadi Magazine - April 2014

In this issue

- 2 Obedient, faithful and trustworthy.*
- 3 Q & A with Dadi Janki - 1*
- 4 Be holy, eat toli and fill your joli*
- 5 Learning to Fly and Dive*
- 6 Our eyes have opened to the Time*
- 7 The Gift of a Lift*
- 8 Experience your worship worthy stage*
- 9 Q & A with Dadi Janki - 2*
- 10 Meeting UK, Europe and Middle East*
- 11 The company of God carries us forward*
- 12 Q & A with Dadi Janki - 3*
- 12 Take as much benefit as possible*
- 13 Remembrance, yoga and tapasya*
- 14 We celebrate the true Holi*
- 14 In the company of the truth*
- 15 Being with Baba – sakar, avyakt and incorporeal*
- 16 It is the time to become an avyakt angel*



Dadi Janki - Creating our memorials



We are creating our own memorials according to how much we stay in remembrance of Baba. When we stay in remembrance, we maintain our stage and make others aware. This will ensure that our last moments as worthwhile. My heart feels that this birth should be successful, then my whole 84 births will be successful. Our sanskars for this are being created now through the mind and intellect.

Dadi Nirmalshanta and I studied at the same school, and we were not considered ordinary. This is the Father's inheritance as well as His blessings. If you have attachment to anyone, then Baba is not allowed. Baba's love, happiness and power come when there is One Baba and no one else. Where there is true love, there cannot be attachment. The more we keep in

mind each and every version of Baba, the mind will be peaceful and the intellect will be pulled towards Him. It won't go here and there. Baba says: Pay attention to this. Our Teacher is so clever, He tells us everything in advance.

If you make effort with truthfulness, you will become a Godly server. God doesn't want anything for Himself, but He makes us images for the service of the world. Those who build temples are different from those who build the images. The one who builds the temple will be wealthier, but they need those who make the images.

What is in the heart of we Brahma Kumaris? You can ask yourself.

Om Shanti.

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DADI JANKI – 10 MARCH 2014 – GYAN SAROVAR OBEDIENT, FAITHFUL AND TRUSTWORTHY.



What is the difference between remembrance, yoga and tapasya? My remembrance should be such that nothing else and no one else is remembered except Baba. My remembrance should be such that nothing of the past comes in my mind. When we have attainment in remembrance it helps us a lot in relationships and service. There can then be lightness in relationships and service. There should be a great deal of love between us and this happens when we accept each other completely.

When my remembrance is accurate useful things emerge internally. Remembrance is like being on a pilgrimage. There is no need to turn around and look behind. One has to focus on the destination. Once Baba walked with all the children down to Abu Road and back. At that time we had just arrived in Mount Abu. Baba arranged food for everyone on the way. Everyone's stage of yoga was such that they did not have any trouble on the walk. This is the time to become the highest amongst human beings. The pilgrimage at this time makes one's life valuable. We do service through our body but there is internal remembrance.

Through yoga we receive strength. It is said, 'the power of yoga'. We receive power through having relationships with Baba. This is the basis for moving forward in this life. So check; do I have true relationship with Baba as Mother, Father, Teacher, Satguru, Friend and Beloved? No relationship should be lacking as these relationships with Baba give power to the soul. Relationships with human beings drain the soul of strength. In One we find the power of all relationships.

Check yourself and see; to what extent am I Baba's obedient, faithful and trustworthy child. Baba tested Dadi to see how obedient she was. I came to Madhuban and Baba im-

mediately told me to go to Bikaner. If you obey Baba completely, Baba will give you a great deal of love. There is only benefit in being obedient to Baba. When one obeys orders, one receives blessings.

If someone is faithful to Baba they don't remember anyone else except for Baba.

***'When someone
is faithful to
Baba everyone
trusts them'***

When someone is obedient and trustworthy they take care of every penny. A great deal of service took place through Dadiji, Didi Manmohini and Vishwa Kishore Bhai thanks to their obedience and also their trustworthiness.

The basis for whatever we speak to one another should be love. Dadi once told someone that there were being a little careless. They did not accept it at that time, but now they realize. The basis for Dadi saying this to them was love and care. So learn to accept everything in the right way.

If you want to make Baba belong to you don't give sorrow and don't accept sorrow. Each one of us has to pass in this subject. No matter what happens, don't give sorrow and don't take it. Don't think or speak about why someone said or did something because if you do, it goes in your own account of mistakes.

There is so much expansion in service taking place in foreign lands. This is thanks to the tapasya our ancestors did. They had no trace of carelessness or ordinariness. We should also not waste time in carelessness or ordinariness. Pay a lot of attention

to the words you speak. Never just speak for the sake of it.

Once someone asked Baba how children would be born in the golden age. Baba smiled and said, "You cannot comprehend the power of yoga". This is not even something to think or speak about. This is only something that can be understood. It was through the power of Brahma Baba's yoga that we children took spiritual birth. He didn't just adopt us – he gave us birth. Whoever is adopted forgets the past birth and looks at the one who adopted them with love and gratitude.

Through intense meditation (tapasya) a great deal of strength is received. Service happens automatically when one does tapasya. Tapasya brings one closer to Baba and others automatically get pulled to Baba. It is not the words we speak that do service but rather, when one is a tapaswi, others automatically get pulled closer to God. It is those vibrations that they will never forget. There is service merged in tapasya.

***'Peace, power,
love and
happiness have a
deep connection'***

Power doesn't just come like that. It can't come if I am not peaceful inside. Peace can only come when one has experienced Baba's love. When there are all three together; peace, power and love, the soul automatically feels happy.

Now sit and check how much you are following Baba's every footstep. If you follow his footsteps accurately you will earn multi millions at every step.

Om Shanti

DADI JANKI - 8 MARCH 2014 - MEETING AUSTRALASIA & AFRICA

Q & A WITH DADI JANKI - 1

Q: By staying in yoga, in Baba's remembrance, Baba gives us new energy, but sometimes this is more and sometimes less. How does Dadi take sustenance to keep that energy consistent?

I am going to clarify what yoga is. To the extent I value time and Baba's great versions, I will have yoga. When we sit together, collectively, our yoga is good as we are drawing Baba's truth and Baba's love. Yoga is connection. These physical lights shine because of their connection to electricity. In sakar Baba's days, the electricity often fluctuated, and sometimes Dadi Ratan Mohini would fix the wires. She used to remove the casing and join the wires inside to enable the electricity to flow. I understood from this that when my yoga is breaking or is weak, I just need to peel back the casing of body consciousness. This is the attention I pay to maintain constant yoga. Walking, talking, eating and moving around, or even when observing people speaking inappropriately, I know that it is time for me to go inside to rejoin my connection. A gyan-yukt soul is one who becomes yog-yukt. If I am sharing knowledge through my mouth without yoga, that is not gyan. The one who gives knowledge is the Ocean of Knowledge, the Ocean of Love, the Ocean of Peace, and this automatically emerges from my face, features and walking. Baba says: See one another with a brotherly vision. That is my only job. No matter where people come from they are still my brothers and sisters. If I am upset or someone is upset because of me, it means I am not having yoga. There is no reason to be upset about anything. Stay content instead. To keep everyone else content, too, to keep them content from your heart, is yoga. What does it mean to make others content? It means you check with them that everything is okay with them, that they do not have any problem.

Q: When I have a position of responsibility, and someone doesn't do what I ask them, shouldn't I say something?

No, that is not my responsibility. To speak in that way is not my responsibility. Nowadays this consciousness of "I am responsible" is widespread. It makes my words come out wrongly. If I am truly responsible in the right way, no one would be able to do something wrong in my presence. And if they did, they would instantly want to put it right. Because actually my responsibility is my stage, so if I have this other consciousness of feeling responsible, how will my eyes be when I look at others when they make mistakes? They will not be very nice. Baba is responsible. How is Baba's drishti? In sakar Baba's days, of course Baba was responsible, but even now Baba is still responsible. If I have this deep dharna inside, I will be gyan-yukt, then yog-yukt and then everything I am supposed to do will be according to the right method, yukti-yukt. There should be this feeling that everything is fine. There is no problem. That's what it means to have yoga.

My duty of love to my family is that I don't want anyone to miss out on anything. To be responsible means to fulfill my deeper obligations. One aspect is to know what I am responsible for and the other is to know what is my duty. What is going on in my mind and emerging in my words is shown by the response on your faces. That is how I know what is my responsibility. What does it mean to be responsible with the mind? It means that I have such good intentions, such bhavna, for people to receive what they need to receive, and these deep good feelings for everyone produce a response. And people will come. This is responsibility.

If I see that someone has a wrong impression of someone, I send

vibrations to clear that impression. Yoga means that there are no impressions from the past. I may have heard something or seen something, but that impression should not remain. Many times people say to me, "You don't know the reality, so-and-so hasn't changed." I am saying this sincerely that actually people sometimes just hold onto their impression. To see others with that kind of vision, to hold onto a past impression, means I am not having yoga. We should be seeing each and everyone as my brothers and sisters with their own speciality. They are doing Baba's service. Instead of holding onto old impressions, let me generate such vibrations of love that they reach the person and help them. I shouldn't even have the thought that I am sending vibrations, I just generate them and trust that they will reach them. Who has this experience? Good vibrations put things right.

For example, if someone has a bad impression of me, what should I do? I should change myself so much that the vibrations that are emitted from me become an inspiration for others.

Seeing the double foreigners since the season started has given me an extra subtle happiness, because you take this soul into the more subtle aspects of gyan. It's all a subtle play in that because you all have a sincere and subtle desire to learn, this draws out more subtlety.

Yoga is all a question of emitting vibrations. The atmosphere is created by the quality of words that I use, and this is dictated by the consciousness I have. If I have the consciousness of being a Brahmin, my words will be pure. If I have the consciousness of being a warrior, my words will be confronting. Merchants are those who worry. Shudras speak unclean things, and the last I won't

Continued bottom page 4

DADI JANKI - 14 MARCH 2014 - SHANTIVAN BE HOLY, EAT TOLI AND FILL YOUR JOLI

Why are we so happy? Baba has given us souls such recognition of the Supreme Soul that my mind, body, wealth and relationships have changed. Nothing is mine.

Just as the flour and water of chapatis cannot be separated, our love cannot be separated from the Supreme Father. We love Him because he teaches us easy Raja yoga.

Holi is coming, and we will celebrate by being coloured in God's company in the gathering. We eat pure food prepared by and served by those who are pure in heart. The food we eat affects the mind. Our thoughts too become pure. We should look at ourselves. God has taught us to create thoughts in an elevated manner. As is the attitude, so is the drishti and so is the world. Our mental attitude, our thoughts, should be so pure. Sometimes we have to focus on one thought, that's it.

This love has melted us and turned us into true diamonds. Are we in the business of becoming true diamonds, or making others into true diamonds? How much intoxication would such a jeweler have! Whose child am I? He has taught me to smile. The one who has difficulties cannot smile. There are three kinds of smile when: I consider myself a soul, I am Baba's child and everyone has their own part in the drama. This is a good exercise, isn't it? With your smile, nothing is difficult. I have seen many accommodated in tents outside, but they are smiling. Whose wonder is this? Baba has so much love for His children. He gives the power to remain in peace to all His children. He gives us the power to remain in silence. If not, for some reason or another thoughts arise and we find we are unable to quieten them. He gives us the power to remain quiet and make others quiet. The power to remain quiet only comes with the power of

love for One God. It is only through the power of God's love that we can experience silence.

If there is a little attachment or ego, a person will not be able to say "My Baba" from the heart. There should be no vices to take the soul away from being peaceful. Baba said that anger remains in the memory of others for six months. And, when someone insists, "I am not angry, I am speaking the truth!" or they show it with their eyes, this is ego. This is very subtle knowledge. This is why make your mind and intellect so peaceful and pure. Knowledge is our mirror. The Ocean of Mercy, Ocean of Love, Baba says: If you remember Me truly, I will destroy your sins. He gives us that power. Experience the love and attainments of God and you will be liberated from three things: the sins of the past, the vices and sorrow. If He were not the Ocean of Forgiveness, you would not be sitting here. Don't just say Baba with the lips but with the heart.

Become holy, eat toli, and fill your joli (apron) with jewels of knowledge.

Om Shanti.

Continued from page 3: Dadi Janki - 8 March 2014 - meeting Australasia & Africa Q & A with Dadi Janki

even mention! The atmosphere creates such a vibration that it inspires souls to want to change. Vibrations travel far. Some souls may not be present here but they are pulling the vibrations and are catching them. We need to pay attention to all three things: atmosphere, the air and vibrations. Such souls will never blame anyone for anything. Everyone is good. To see someone's fault and speak about it, is this a warrior's job, a merchant's job or a shudra's job?

Q: How do you maintain your faith?

We have the experience that where there is faith in myself, Baba and Drama there is victory. When you have truth in you, that's when faith sits inside you. It's the Confluence Age, God Himself has come to teach us to become conquerors of sin, practically. Faith definitely brings victory. There is a long list of such ones because the rosary is made on that basis. Baba has said that we create such a rosary that when the bhagads rotate it, remembrance becomes easy for them. Otherwise, there is a lack of faith, doubt or to have a question. Even if I am just questioning something, I will end up in a queue.

I will not be able to apply a full stop, and then I will be weak in my study. I shouldn't have doubts; I just have to say that I have to come into the rosary of victory!

Q. Is Baba swadarshanchakradhari?

Baba gives us knowledge to become spinners of the cycle. Sometimes very good children of Baba's can have a very gross or vicious thought. They should not feel embarrassed by this, but at that moment should spin the cycle very rapidly inside themselves. Baba tells us in the murli that such thoughts may come.

Q: How do I make Baba's sanskars my sanskars?

The love that BapDada has, the study He gives us, is to make us equal. We say: Yes, Baba, we will become it and show it. We have to become like Him with an attitude of unlimited disinterest, no attraction and being beyond. Then I will not have any consciousness that I am doing something, or that I need to do it. Then, we will make the impossible possible!

Om Shanti

DADI JANKI - 6 MARCH 2014 - GYAN SAROVAR LEARNING TO FLY AND DIVE

Baba is the Sun of Knowledge, giving us sakaash from up above and He is the Ocean of Knowledge taking us into the depths. As clouds, we come, fill up, and go and shower rain. The clouds don't say anything they just shower the rain from up above. These days no one can have faith in the unseasonal weather, yet we clouds simply continue to rain. What is the form of a cloud? A plane has such power that it can fly through clouds and fly above them. The clouds cannot hold back a plane. When the intellect is plain it can go into silence and to nirvandham, the soul world.

Baba had said that a true child is one who has unlimited disinterest. So ask yourself: Have I become an unlimited renunciate to such an extent that there is no influence or attraction, that I don't bow to anything or anyone? Have I become one who has unlimited disinterest, without selfish aims, one who is completely humble? Each word of Baba's, in its depth, takes us to unlimited disinterest, where our stage in service is humble and our internal stage is selfless. Once we check ourselves, we change automatically. We must definitely check. This is very subtle. You have to see if instead of disinterest there is some desire or attraction or that you need someone to be a support for you. We have to become like Baba. We should not be dependent, nor make anyone dependent on us, but we should be cooperative. Internally, we should be easy yogis and cooperative in service. Do you check this? The cooperative ones understand that through cooperation Baba makes me His own. And, what I have received from the Father, I have made my own. What is the benefit we have taken from this? We have received treasure and also nourishment by becoming Baba's. We received the food from imbibing virtues and this gives us a

lot of strength in our practical life. As much as we imbibe and bring all this into our practical life, in a subtle way, we will have no need to ask for blessings. Simply by following Baba's instructions He brings a lot of benefit. Baba has taught us to be obedient and do whatever is right, correct, and this brings blessings. We may feel that we might not be capable of doing something, but the secret and subtle support of Baba's presence is with us.

'We should not miss that. We should not miss the support, company, cooperation and love of Baba'

It is with this that we are becoming complete. Our perfection is coming. Who feels that Baba's support company and blessings are making them complete? In each and every murli there is a blessing taking us to completion. These blessings are for making things practical. What we aspire for will be achieved. I have seen that while we should not desire blessings, it is blessings that are getting things done. We simply have to be trustworthy, loyal and obedient. We have to be Manmanabhav. This is the best and easiest method. On the path of bhakti, we liked this mantra in the Gita. Keep your mind tuned to Baba. When we hear the traffic control, our mind goes there and the body stays here. Our mind cannot go anywhere else than to Baba. It cannot go to money, the body or relatives. The body is sitting here, but where is the mind?

When the picture of the Trimurti was made, I asked Baba why Vishnu was standing. Sweet Baba said: your aim has to be standing in front of you. Shankar is sitting and doing tapasya, and his aim is to become this. This is madhyajjibhav. We aim to become Vishnu, with the four arms, day and night. First, we need the light of gyan and yoga to make the discus turn. When we spin the cycle in our intellect, we cannot have any extraneous thought.

I saw the stages of Manmanabhav and madhyajjibhav in all the ancestor souls. They did not think about or look at others. My drishti has to be like a lotus, and then I can sound the conch through which the knowledge emerges. If I give knowledge, but the arrow doesn't strike its target, if the conch is blown but there is no transformation in your life, what's the purpose? The sound of the conch should resonate within you with the sound of the Ocean. It is the sound of happiness. Then people will feel that indeed your life is like a lotus. This is how to become worthy of praise. The praiseworthy ones don't desire praise, but when it comes they are detached, and so they are loving. Not even a drop of tainted water can remain on them.

In our practical life we should experience peace, then power, then love then happiness. These bring bliss. And it should be visible. Become the essence, the embodiment of the five as we sit in the world of the five elements. Thus, we become satoguni, with the pure qualities of a white swan. It knows how to fly and how to swim. So, be like a swan on this pilgrimage of your life. Baba used to say that a swan and stork cannot live together. The thinking of a stork is opposed to that of a swan.

It is amazing that the Supreme Father is speaking knowledge to us, while the world is looking for God. On the basis of recognition and attainment I know how Baba gets it done through others. He is making the world new and is purifying the impure. Baba is teaching us how to

Continued bottom page 6

DADI JANKI - 13 MARCH 2014 - SHANTIVAN OUR EYES HAVE OPENED TO THE TIME

What is there in everyone's heart, mind, intellect, attitude and sankars? When the mind is peaceful, the heart is happy. This happens when the heart is clean. When I used to read the Gita, I used to wonder how to get the divine intellect and divine eye to see God. Now, we have understood through our intellect: Who He is, How He is and What He does. We used to believe that Shankar was Shiva, then came to know that Brahma, Vishnu and Shankar are His children. For worship, they use the jyoti lingam, because there is a lot of power in the supreme flame. It is wonderful to understand at this time what God is doing. We have seen Him through our eyes, so our experience says: Who am I and Who is mine? When I understand this, ego is finished, arrogance disappears. Everyone now desires name, fame, money and position. We don't have any desire. Ask yourself if you have any desire? What do you want?

I don't read newspapers, and I have never had any interest in watching television. According to the time, whatever Baba is teaching has to be taken into the depths. There are many secrets and insights hidden in God's knowledge. Why should I stumble here and there! What do the eyes do? They look here and there, but what do I have to look at? We know the Father, the eyes have opened and we recognize the time. Let there be soul conscious vision and consider that I am a child of God. Then we can receive His love and power. Baba is Trinetri (One with the Third Eye) and Trikaldarshi (Seer of the Three Aspects of Time), and He makes us this and the masters of the three worlds, Trilokinath.

Someone asked me: What do you do? What do we do? Our vibrations reach the world. I remember Who created this play, then hid Himself away. It is time to go Home, and for this we are preparing ourselves.

Manmanabhav is the essence of the entire knowledge. Brahma Baba immediately surrendered everything to Baba: his body, bodily relations and wealth. I should ask myself how I am I benefitting my life on this pilgrimage of remembrance? It is such a huge task, yet Baba is responsible. Baba said: This task will continue, and success will come in front of you because you have an honest heart. When we have an honest heart, God will be satisfied and help us. When we have a faithful intellect, we can be carefree and have the assurance that whatever happens in the Drama is for benefit. Who can acquire this stage? The one who remembers that this is the last birth and this is the last moment. Other than One Father, no one else should be remembered. In order to inspire others to remember, I should remain in that remembrance. There is no question of worrying, only learn to remain quiet. Don't come into sound and worry about anything. Only One God is my Companion. And with a true heart we should engage ourselves in God's service. When you say 'Yes' the Master becomes present in front of you.

Om Shanti.

*Continued from page 5:
Dadi Janki - 6 March 2014 - Gyan Sarovar
Learning to Fly and Dive*

think, speak and act so that we become like Lakshmi and Narayan. We pay attention to our relationship with each other. Baba has said in so many murlis that we have to become a destroyer of obstacles. So, please, when you pay attention there is a lot of benefit. Even slight tension takes away your enthusiasm and zeal. That is not a life. To remain happy as you move around, remain deep inside, so the whole world receives vibrations of peace from you. Deep inner peace spreads power. Do you experience such deep peace within that spreads power beyond? There is love inherent in that and spirituality and truthfulness. Then, whether you are sitting close or far you are with Baba. There is very little time, so do it now. Who has seen tomorrow? This is my mantra.

Forgiving and forgetting is necessary for our continuing ascension. The one who forgives is intelligent and has understanding. Baba forgives so much. He points out: You had past vices, but if you stay in My remembrance three jobs are done at once. When you sit in true remembrance you destroy past karma, and then you won't have negative thoughts. Once you become Baba's ask

for forgiveness with a true heart. Don't hide anything. I once said to Baba, "Don't cheat me. I know you know everything!" And I have seen many examples that Baba does know! If anyone tells Baba the truth, in a second, he would say: It's done now, it's okay. And then He would give you the power not to do it again. He will then carry out pure karma through you. So, He does three jobs simultaneously. With a true heart, we remember Baba from the heart. One with a sensitive heart becomes easily distressed and loses hope. This is to be fragile. One should not have a hard heart either. What is the heart? You have to explain to someone with love. From my heart, I say, it's on the basis of truth that I am moving forward. Baba carried out world service on the basis of truth. When you see something true, it destroys any falsehood. The world is having its falsehood destroyed. In fact, it is already done. We have to be like Vishnu and you will see destruction right in front of you. Many had doubt and left. We have to develop the stage that is required so that we become like angels at that time. They will be flying up above. The poor people should be free from sorrow and brought to their golden age. Some take 84 births and some take 1 birth. We should make this level of effort that we take the full 84 births.

Om shanti.

DADI JANKI - 5 MARCH 2014 - GYAN SAROVAR

THE GIFT OF A LIFT



There are some things that are such that God has given them to us Brahmins in the form of a gift. Once, Baba said: The Father gives the children the gift of a lift. If tall buildings were created without a lift, it would be difficult for us. Our lovely Home - Shantivan, Nirvana, Paramdham, Shantidham - requires a lift. Is it possible that while we are in the physical form we can still go beyond sound? Or, do you stay in silence and then come into sound? When there is internal silence, a thought occurs; when we come into silence, words emerge from the ether. This sound of the ether, this akashvani is given a lot of importance in bhakti. It's not a matter of trying to go into paramdham; you have to go into silence. You may feel you have to try to go into silence because here the words pull you down into the material world. No kind of thought should be arising that pulls you down. This is a secret and is the true unending effort you should be making. The quality of your thought has to match that of Baba. They say that our Supreme Father had the thought to come here. The moment came for Him to enter the body of Brahma. It was the time of Shiv Jayanti, which is still celebrated everywhere. We don't know the exact moment when Baba entered, but we do know the moment He became avyakt. He had finished the class by saying, in that stage, that we have to become incorporeal, viceless and egoless. Now we are making this lesson firm. A good effort in this is to make those who defame us our friends.

In order to remain soul conscious what should we do? What is the feeling of remaining soul conscious? What is the feeling of body consciousness? To remain soul conscious means you are with Baba, and this is a very beautiful feeling. I am a soul, so my mind is quiet and the intellect is clean. I am soul conscious, beyond the body in connection with

the Supreme Soul absorbing light, which is the experience of power being absorbed.

When we were young in gyan, we didn't feel it was an effort, we enjoyed ourselves. Sometimes, while becoming involved in activities, it does require effort to remain soul conscious, but this is easy effort. I have never had a feeling of making effort. On seeing the Supreme Father taking the body of Brahma, we naturally became soul conscious. Naturally, no other thought would arise. When we look at the point in the third eye of Brahma, we look upwards. We don't look around here and there. When we were young, there was a deep feeling of love in the heart to practice being soul conscious and have spiritual exchanges with each other.

When I think about being soul conscious, my attitude becomes very good. In Baba's first centre outside Madhuban, Kamla Nagar, I used to give courses behind one side of a curtain, and Didi and Dadi Manohar would sit and send vibrations, and wait until the visitor had left before emerging. We understood that the atmosphere outside was very impure, and in order for a sister to speak knowledge to someone while being in soul consciousness the vibration had to be very good, so we would prepare the atmosphere for one hour in advance. We gave each other a lot of company in our effort-making. To stay in your self-respect, your honour, and give respect to others is natural. Stay in your stage of self-respect. Never even by mistake think that staying in self-respect is a difficult thing. No matter what arises, Baba has taught us to be seated in the place of the soul, seeing it with the third eye. No matter how big the circumstances, to stay in your position of self-respect is your honour. This is very subtle. People will see the effect but not the subtlety. Baba

has given us so much power to stay in our self-respect. Baba has given us the gift of a lift, and in a second we rise because of our self-respect. According to the time, we descended the ladder; now it is the time to fly up. This should also be in our awareness that it is now the time for our rising. Where do we have to reach? Didi used to say day and night that it is time to go Home. All the ancestor souls remained in self-respect; they didn't fluctuate. They raised themselves to become the few among hundreds of thousands. They achieved their status because they stayed in their self-respect and gave regard to others. It is a wonderful method to use subtle love, which pulls the soul into a state where there isn't the slightest arrogance or arrogance of the body. So, if you don't stay in the consciousness of the body, where do you stay?

Just as Baba was an incorporeal and selfless server, we too should internally have the humility and stage of doing selfless service, without any desire or wanting to show. We should be discreet. It is a mistake to be too visible. The way of speaking, acting or behaving in a showy way will not allow you to have a good life. Internally, I have to decide to live as a child of God and each day learn through the study. Then others will say: Yes, this is a child of God! Look at their face!

Part of staying in self-respect is that our words reflect our stage. This mind of mine is a temple. Within the mind, listen carefully to hear the words worthy of being in the temple of God. No one should occupy my heart - as in Dilwara temple, people may come in to see the image, but then they go. This is the place of the giver. We don't ask for anything. If we receive something, it's like milk, and if we ask for it, it's like water, but if we demand it, it's like blood.

Continued bottom page 8

DADI JANKI – 1 MARCH 2014 – SHANTIVAN EXPERIENCE YOUR WORSHIP WORTHY STAGE



Baba told us to become free from obstacles in our personal efforts and to become free from obstacles in service. For this, we need to pay attention. When we hear the word 'obstacle' or 'problem', we become frightened and it is as if the challenges then don't leave us alone. In the Murli today we heard about laziness and carelessness. When you are lazy or careless you will experience obstacles. When someone is lazy or careless it is obvious that they don't have value for time. Remain aware of the value of this time; this is the confluence age. It comes only once every 5,000 years.

Whilst playing my part I have to make Baba my companion. He should not be forgotten. The experience of having the companionship of the Father cannot be expressed in words. We can only experience it and when we experience it we become the embodiments of experience.

Do you take yourself into the experience of being worship worthy? Take yourself into that experience, even for a second. There are temples everywhere; in Bharat and outside of Bharat. In order to become worship worthy our eating, drinking – everything should be very pure. As is the food, so is the mind. Brahma Baba had a stage that was worship worthy and we have been shown how to achieve that.

Not a corner of this world should be left without being given the message. We have to make sure that no one has reason to complain at the end. Everyone should come to know who is teaching us and what we are becoming by studying this knowledge. This is a university for the world. It is a university that teaches the most useful aspects of life. Through this study we learn why we renounce and we learn how to become the embodiments of tapasya. We learn what the result of that tapasya is. We learn how to do true service of humanity. The one who truly renounces automatically becomes wonderful. The service that has taken place throughout the world has taken place because of renunciation and tapasya. Establishment took place through our practical lives. Most of the early centres had nothing... no chairs or mats to sit on, no phone... No facilities as we have now... One person used to send a glass of milk for Dadi. That was the service he did with love. We would spend just 30 rupees for all the vegetables. But very good service took place at that time. There was yoga, tyag and tapasya. God has given us the power of purity and that purity and God's love is what does true service. In fact, it is on the basis of the power of purity that you are all sitting here. The more purity one has, the more truth they will speak. Their very life will reveal

them even if they don't give knowledge. The more renunciation one has, the more tapasya one can do. People often want to come and sit in Baba's centres for an hour, to enjoy the atmosphere. I have to contribute to that atmosphere through silence... through my stage of peace.

Now ask yourself; According to Baba's teachings now, how should my thoughts be? Are they now of the quality Baba wishes them to be? Consider yourself as a self-sovereign. Spin the cycle. Be trinetri, trikaldarshi and a master of the three worlds. Baba's knowledge, when imbibed, makes one detached. It makes one like a lotus. A lotus is very beautiful. It stays in water that cannot be drunk yet remains above the water, detached and beautiful – unaffected. We need to live our life like a lotus – don't try to show yourself off. This is not our creation – it is God's. There is a huge expansion but it is Baba's creation.

Baba loves the Double Foreigners a lot. He has extra love. Why? Because the DF's co-operate a great deal with Him in inculcating the knowledge. They have faith and true bhavna. There should be true feelings. Elevated good wishes. There should be no selfishness. We need honesty. If anyone were to ask Dadi what she has done, she would reply 'nothing'. Truth, love, happiness and power. These are the qualities God has showered on us in the form of an inheritance. Only those who are truthful can attract Baba's love in unlimited measures. One who is truthful will attract God's love and the love of the seniors.

Now consider yourself to be on a pilgrimage. Let there be no attachment. We are not doing service for name or fame. We do service with true feelings and with zeal and enthusiasm. It is that zeal and enthusiasm that automatically make one move...

Continued from page 7: Dadi Janki - 5 March 2014 - Gyan Sarovar The Gift of a Lift

For remaining in self-respect amrit vela is very important. Don't miss it for any reason. The pandavas are the beloved children of God who have faith that it is fixed, it will definitely happen. Whereas there are some, perhaps through arrogance, who develop doubt. There are some good children of Baba from whom the sound comes that it will happen, and this is like receiving a blessing. This is our experience when Baba says it will happen; it happens like a blessing. For this, we need so much humility and desire less (nirahankari and nishkami). Our stage must be so avyakt. First we have to be viceless, then karmateet and absorb all powers and qualities for coming into the golden age. Through Brahma's own absorption of powers and qualities from Baba, we have all been able to absorb the same.

Om Shanti.

Om Shanti

DADI JANKI – 3 MARCH 2014 – GYAN SAROVAR

Q & A WITH DADI JANKI - 2



Q. Baba gave us homework for two weeks. However, you say 'let's do it today'. Tell us, what should we do today?

You must have all heard today's Murli about being introverted. Just for a second now, experience the difference between being externalized and internalized. If you are extroverted, your waste thoughts will destroy your income. Just one waste thought will take away so much of your power. If you think of yourself as an embodied soul, you won't understand these things so well. So consider yourself as bodiless. Dadi is speaking to you as bodiless souls. The quality of effort to make is to do everything you need to do, not just today, but now. To remain introverted you need a love for solitude. In Madhuban you have the time to spend time in solitude, being introverted. The intellect, when concentrated, can draw power. There should be nothing that destroys your stage. In the state of being introverted you have a good connection with Baba. Time becomes profitable and successful. So make this effort today and then tomorrow there will automatically be a pull for that stage. There will then be no issue or person that pulls you. So concentration means to go to the fullest extent into being with One. We need to first have very good feelings for the self. We can then have good feelings for others. So make effort from now. Some souls become happy on making a little effort. Dadi is never happy by doing a little. Until we are complete we cannot become perfect. Dadi is saying this from the bottom of her heart – I wish all of you to have good feelings. All of this is very easy.

Q. Are you still having realisations? Do you anticipate realisations?

Without realisation there cannot be transformation. We learned the word 'realisation' from Mama.

From Baba's Murli we have many realisations; one or another point strikes us every day. It is as if Baba is speaking to me personally and that stimulates personal checking. I should be able to catch what I need to do before anyone gives me a signal about it. In relationships, through love and truthfulness, there is subtle co-operation. I would sometimes go to Baba for some reason. He never needed to call me; I would catch his signals. So catch Baba's points and you will have realizations; we need to be able to catch Baba's signals for us personally. In this way we become the instruments. Someone became an instrument for us and we become instruments for others. Other than Him, there is nothing that you need to bring into your intellect. If you do bring other things into your intellect it means you don't have value for time or for Baba's touching. The whole Yagya is running on Baba's touching. You forget this. Now, don't forget it...

Q. Some go into hopelessness or depression. Please clarify this.

We have to accept this path. Set yourself on it positively. Don't have expectations. Knowledge goes deep into the intellect. However, you let an issue of sorrow or a difference of opinion affect you. Some keep thoughts, which are not appropriate inside. You don't need to look at others. Keep courage. It doesn't matter where you are from. Keep courage and you will experience Baba's help. Those things which were impossible become possible. Courage and truthfulness, when continually maintained, produce wonders.

Remember, if you see the weaknesses of others they will come into you. This will reduce your zeal and enthusiasm. You will start talking about those things. So keep yourself safe. There is a song that says, you can recognize the beauty of the Creator

through the beauty of the creation. So see that which is good. Maintain the dignity of doing what you know to be right and leaving that which you know is not right. We have to have such a stage that we do service through our face and behaviour.

Q. Do you mean that if you maintain courage, you will never get hopeless or depressed?

If you keep courage and take help from Baba then you will not get hopeless or depressed. Take help from Baba and from the family. Seeing weaknesses will make you weak and you will feel hopeless. You may give many reasons and excuses but there is no truth in them. If you are depressed you cannot think about good things. You good into waste and cannot think about what is good. So turn it around. Think about good things by realizing the value of time and the value of good things. Depression comes when you don't think good thoughts. The punishment of depression comes when you think negatively. Baba tells us to eat halva even if someone leaves the body. We have to send the soul good vibrations and keep their dignity by remaining cheerful.

Keep good company, listen to and speak of good things then you won't get depressed. If you have the illness of depression you won't be able to have yoga – you won't enjoy this life... Don't allow yourself to go into this. Use the methods Baba has given to free yourself from these things.

Q. What is the connection between seeing the weaknesses of others and seeing one's own weaknesses?

To see the negative traits or weaknesses of others reveals your own ego. Dadi just becomes a detached observer and for five or 10 minutes just checks that she is not seeing any negativity. This is an aspect of char-

Continued bottom page 10

DADI JANKI - 6 MARCH 2014 - GYAN SAROVAR MEETING UK, EUROPE AND MIDDLE EAST



There is so much benefit in forgiving and forgetting. What does it mean to forgive? Who are we to forgive? Is there actually a question of forgiving? Are we so senior that it is our place to forgive others? Yet, we are no less than the ancestor souls. Brahma has the intoxication that he is the great great grandfather. Who feels that they are a great great grandmother? When you forgive you are able to let go of the past. Forget twenty years ago, even twenty minutes ago, you have to forgive. Forgiveness is medicine as well as what enables us to experience blessings. Who has made you ever-healthy and ever-wealthy? Don't think about anything that has happened. It shouldn't even remain in your memory. And don't have false hopes for the future. This is a simple thing. Then I can be completely free.

Dadi remains in silence, then speaks. Silence means to create energy with

your own elevated thoughts and then draw energy from Baba. Baba is the Highest on High, so I cannot have even slightly low quality thoughts because then my thoughts will not match with His vibration and I will not be able to draw energy from Him. Baba sees when I am obedient and He is very happy. He is also so innocent.

If you keep someone's negativity in mind, speak about it or write it, what will be the effect? I will not be able to create elevated thoughts and then use those elevated thoughts. There is an expression that says: Let God be in my thinking. I don't have any worries, but I do have this concern. I only have the thought that Baba I belong to you, and all these souls belong to You.

(Sudesh Didi: I feel that we now have to become worthy to fulfill Baba's wishes so that no complaint remains. I have this concern: to become complete.)

**Continued from page 9:
Dadi Janki – 3 March 2014 – Gyan Sarovar
Q & A with Dadi Janki - 2**

ity. To see a mistake or defect in others is a form of sin. My arrogance makes the negative traits of others visible. On the other hand if you keep seeing your own weaknesses then you will start thinking others are better than you and you are getting left behind. This also becomes a hindrance in effort. This is why Baba tells us to consider the self as a soul and to see only Him. We need to go very deep so that we can see and change. For this, truthfulness is essential. Each one of us needs to change. In order to do service, I need to be an example. In a procession torches are essential in front so that others can be shown the way.

With truthfulness and love you have become Baba's children. So take the blessing of being ever healthy, wealthy and happy from Baba. If there is difficulty or pain within then you won't even be able to eat the nourishment of gyan. This knowledge is very elevated; some are not able to digest it. Some have the wish for something to happen and when it doesn't there is subtle disappointment. So nowadays it is essential to keep healthy by thinking pure thoughts.

I need to create the attitude that what we are doing here is worthy and is worth doing. Why would one make an excuse not to do what Baba is saying? We belong to a royal family. People are being touched by us and by the lives we are living.

The basis of our entire life is courage. It earns help from the Father. It binds the Father to us by contract. If my heart is true the Lord is pleased. Go into the depth and see if your heart is true and honest. You don't need to prove this. When the heart is true and you please the Lord, in fact there is no question of courage. I become an instrument and He does everything. The aspect of courage and help from the Father does happen, but then when the heart is true and the Lord is pleased, He does the work. Compared to what we do, He does so much more. And the words emerge from the heart: Thank you, Baba!

All of you arrange my programme, I simply come. So to whom should I give thanks: to Baba or to you? When we receive something extra, that's when such words emerge. This time you have come to Madhuban not just to be destroyers of obstacles and remove bad omens, but to experience miracles with Baba. How do these experiences happen? They also happen for those who belong to the eight. You won't find this atmosphere anywhere else. When we come here, we forget what religion we come from. We forget the consciousness of "I". When this method of speaking, "I am this... I am that..." finishes, we become completely free. Dadi doesn't have this consciousness that I am Indian. She does feel, however, that she is a resident of Bharat, the birthplace of God. Our task is to destroy all irreligiosity and establish one religion. Baba spoke yesterday about being selfless and egoless (nishkami and nirahankari). Inside, internally, we remain egoless and with others we remain selfless. Think about this. What is the effort to remain egoless? This in itself is karma yoga and raja yoga. It is easy yoga. It enables people to experience cooperation. This is the wonder of cooperation.

DADI JANKI – 2 MARCH 2014 – GYAN SAROVAR

THE COMPANY OF GOD CARRIES US FORWARD

You are all very cherished by Baba. I was down in Shantivan but you pulled me here! I was missing you all! Baba has told us that He wants us to have the stage of being obstacle free. There is nothing else to think about.

‘This is the time of the confluence age. We should fulfill all the hopes Baba has in us right now’

Not even after a few days. We are worry free. Baba has sustained us in such a way... He is teaching us and He tells us that He gets things done through us. He is Karankaravanhar. He is getting world service done. We know who is teaching us this knowledge, yoga and lifestyle.

Today’s Murli was so wonderful. To whom was Baba speaking? He has found all of us. Some had gone here, some had one there... yet the World Almighty Authority found us all, in order to establish the new world. Previously none of us knew what we were doing. We were under the influence of maya.

Now, we have chased maya away in such a way that we have been able to create such a beautiful atmosphere. There cannot even be a tiny piece of maya hiding in the sanskaras. This is the powerful pandav army. The pandavs are those who have love for God in their intellect.

There are different words for love in Hindi. Pyar – you are a cherished child, the ones from the previous kalpa. Those who make food, make

it with a lot of pyar. In spirituality, prem is developed. The gopes and gopis had prem for God. It is that type of love. Prem gives so much happiness. Then there is preet buddhi... the love in the intellect through which one becomes successful. There is so much significance in the phrase ‘preet buddhi’. Victory is fixed for one who has a preet buddhi.

Whatever has happened is fine. What is happening is good and whatever will happen is good. Everything is good. Baba gives us many signals. All we have to do is to remain ‘bound’ in two aspects; we have to see what type of thoughts we are creating. Through that we receive His teachings, His cautions and His guidance. We have to maintain the level of thoughts that a maharathi would have. There is great benefit in this.

We have been receiving the sustenance of Shiva for 78 years. This is the extraordinary, alokik and divine birthday. We need a lot of value for this life. Because of the value of this birth, our each and every birth is valuable. Even in the last birth, our sanskaras are not those of ordinary human beings. Baba very easily pulled us into this life without too much effort. Whose great words am I listening to? It is great fortune to read and to speak God’s Murli.

We have received a great deal of happiness. We don’t even need to speak of it... we simply give the vibrations. If someone has even a little sorrow, it can finish through these vibrations. Wherever I go, no one around me should experience sorrow. This is the type of world we are creating. It is Godly love which makes us all ‘one’.

Whatever you do now, Baba will give support and co-operation. The company of God is carrying us forward. When you remain in the company of God, you will not have to labour.

So now make your time profitable. Pay a lot of attention to your karma, especially to your thinking. When you do this, the fruit will be experienced by others. They will gain. You will then receive power and fruit. If we don’t have the exchange of peace and love then how can we enjoy life? Some get into depression about themselves. They become hopeless.

‘Never allow depression to come to you even by mistake’

If you don’t like something then it will be revealed on your face. These things get in the way of you becoming an instrument. When you are influenced by depression your real and royal level of effort will decrease or stop. Even a tiny voice in your mind can affect you a lot. Protect yourself from allowing depressing thoughts to penetrate the mind. Don’t allow your level of effort to decrease because if your level drops then it is difficult to get it back again.

Don’t forget that there are 24 hours in the day. You may sit for meditation and class for one hour but ask yourself what you are doing during the rest of the hours in the day. This body is very, very valuable. From Baba we have learned how to live and we have learned how to die. Destruction is waiting for us. It is time to become free and ready to go. Baba is preparing us and is waiting for us to get ready.

So now the feeling of renunciation and disinterest should be 100 percent. No attachment, no desires, no attraction. This is the stage we need to create for ourselves now.

Om Shanti

DADI JANKI – 8 MAR 2014 – GYAN SAROVAR Q & A WITH DADI JANKI - 3

Q. How important are memories? Should memories play a role in our effort?

What are the things which are very deep inside that help us attain a good stage of remembrance and which are those that cause harm? When negative thoughts of the past come, we say 'past is past'. However, the things of Baba – those good memories – help us. They make us feel wonderful inside. So ask yourself what you remember. If you remember something good about Baba then your remembrance becomes good.

When Dadi reads an email, she sends vibrations immediately, so the soul gets good feelings. One form of memory is those things which create happiness within, whereas others things, when remembered, take away our happiness. Some are only able to smile externally but inside they are not internally happy. Forget whatever is not necessary in a second. If you do this you will be victorious.

We don't take sakash but rather we receive it. My stage should be such that on seeing me, others remember Baba rather than issues. On the basis of feelings of up-liftment, you will keep good things in your memory. The praise of God should be visible through my words and behavior.

Q. How can I feel that Baba is looking and speaking to me personally?

There is little time. Anything can happen suddenly. I want to pass with honour. Each one of us should be very ready for anything that is going to happen. Baba is our teacher and our protector. We should also not just be teachers but also protectors of others. Wherever you are, others should feel safe in the atmosphere because of your presence. Effort full of faith and courage creates a wave. If someone has doubt they wonder if they will be successful. If there is faith, success will sparkle around you. You will be dancing.

Faith is in the intellect. Service is the fourth subject. The practical sign of yoga is dharna. Pay attention to this. There should not be any deficiency in me that prevents me from revealing Baba. I have to remain safe from doing anything negative. Each soul has their own role. The knowledge of drama makes one very sweet.

Q. Why do we forget the knowledge of drama when we need it most? We know we are souls but why is there a difference between knowing and bringing it into practical form?

Baba never saw anyone's weakness. He uplifted them and became a foundation for them. He uplifted the fallen

and gave them support. Baba is doing His work but what do I have to do? Baba would see each one's specialities and give importance to them. In this way souls would become elevated. They would become instruments. Service happens on the basis of the support of faith and honesty. Those who are instruments for service have love for each other. Wherever they are, they support each other with that love. Dadi loves and sees the specialities of everyone. Love is very important. Service is very important because it allows us to use our specialties to and to develop them. Dadi doesn't let anyone go – they may not catch her love but it is there. In the same way, we are all of this family – we have to keep good wishes and pure feelings for everyone

Q. How do we realize our own arrogance?

When there is arrogance people often praise themselves. Some remain slightly depressed. Sometimes they are under the influence of others. They may not have true good feelings about the self. When others praise them, they become happy and then come under their influence. We have to free ourselves from this and give company to other so that also become free. Giving company – that type of service – is very subtle. There is so much benefit in spirituality – truth and love help everyone.

Q. What is the way to recognize Baba as He truly is?

To recognize means one knows what something is. When you see a stone and then a diamond, you would know which a diamond is. I have to see Baba clearly. If you don't have the power of recognition you won't recognize this time. When you recognize then there is attainment. To the extent I recognize each one and their specialities I have spiritual love for them. Baba is the Ocean of Knowledge, the Supreme Power, I have to allow myself to experience that using the methods Baba gives. As much as you recognize Baba you will develop faith and will achieve as much as you wish to.

Om Shanti

DADI JANKI – 9 MAR 2014 – OS BHAVAN TAKE AS MUCH BENEFIT AS POSSIBLE

Baba gave us very beautiful experiences in Om Shanti Bhavan. We cannot forget those experiences. Baba came once in Gyan Sarovar. A great deal of service happens in Gyan Sarovar. Dadi Prakashmani was in Pandav Bhavan and then she left and went to Shantivan. Dadi Chandramani stayed in Gyan Sarovar. Many, many people come to Shantivan. The kitchens are huge! We don't know what Baba's plan is. Diamond Hall has become too small now! Sometimes Diamond Hall is just too small for the gathering and people sit outside and watch on screens. Baba's creation is very beautiful... He wants everyone to be happy and satisfied. Dadiji would check that everyone was ok. She would

check about everyone's rooms, the food. Dadi wanted everyone to be happy.

Baba is the Ocean of Knowledge, Peace and Love, yet the spiritual love between we souls is also wonderful. Go inside and experience it in a second. Baba's Room here in PB is filled with wonderful vibrations. Baba used to be there... Baba once told me to sit beside Him there on the gaddi and I could feel the current coming from Him. Take as much benefit as you can when you come to Madhuban. These experiences will help us at the moment of leaving the body. In 84 births Dadi feels she has a guarantee that she will leave the body in happiness. The effort of the present time will lead to that. If God gives me dal and roti, that is enough. I don't need anything. Everyone has to leave the body as some point. We don't cry; we keep silent, remain in peace. We offer bhog... Sometimes when someone left the body, they came into a trance messenger. Those who hadn't taken full benefit from gyan were not so happy. Dadi saw one cry a great deal... "Baba, I am sorry. Baba, I did not recognize you". Why is Dadi saying telling you this? We have to do such karma that we don't have to repent. The moments of repentance and regret are very bad. I should not have to experience that. So, my brothers and sisters, make your life such that you inspire others. Co-operate with them. Be a yogi and don't let your intellect wander here and there.

Some explode in anger when they come under pressure. This shows a lack of dignity. Stay in your self-respect and leave all types of irritation. Why should you get angry with anyone and why should anyone get angry with you? People are afraid of those who bark. They even keep recordings of dogs in order to frighten off intruders! So keep a good record for yourself. Give regard to everyone. Never stop talking to someone. Don't talk to people in such a way that they become unhappy.

Dadi feels so much gratitude to Baba because He has coloured her with the company of truth. As a teacher He has taught us how to be truthful; how to be really true. We need to go into the depths of exactly what truth is. We can merge in the love of truth. Falsehood brings a feeling of guilt. If someone lies how can they speak knowledge? Baba taught us these things in the beginning. He would ask us to speak knowledge to someone and he would look and listen to what we were saying. In the beginning we often sat in silence. We practiced being in the soul conscious stage.

In Karachi there were 6 Dadis living together in one room. Baba would sometimes make us practice 'kabristhan' the graveyard stage – 10 would lie on one side of a room and 10 on the other. Baba would give drishti. Everyone would remain in yoga. Some people are afraid of graveyards and ghosts. Dadi does not have this fear. Rather, we should be so powerful that we frighten anything negative away. There are some dreams in which it is as if ghosts come. Baba told us we should serve those

in whom ghosts enter. For this we have to keep very powerful good wishes. To have good feelings for everyone is the work of an elevated soul. That can happen when you bring God into your thinking and you make your own thoughts elevated.

How has service developed and expanded in the whole world? It is through love and co-operation... Now be yogi and sahyogi – this is God's blessing for each one of us...

Om Shanti

DADI JANKI – 11 MAR 2014 – SHANTIVAN REMEMBRANCE, YOGA AND TAPASYA

Ask your heart; what type of happiness have I received? In the world people think that others should care whether they are happy or not. Here, God is giving us happiness and is taking care of us.

The essence of knowledge is remembrance. The more we are clear about Gyan, the better our remembrance is. Baba has mercy for us because the soul and Supreme Soul have been separated for thousands of years. Now, we have a very good agent in Brahma Baba and through him we have met Shiv Baba. Shiv Baba took a very experienced chariot. Brahma Baba knew all about the scriptures. He churns the ocean of knowledge very well. We practically learned yaad, yoga and tapasya from Baba.

Baba once asked me if I churn the ocean of knowledge. I told him that I read the Murlis. Since then, I have paid great attention to churning. In the early morning Baba would churn and he would say that he was 'cooking food' that would be served to the children. He told us that the early morning was not the time to ask him questions. As soon as you open your eyes, if you go deep into knowledge, you will become very powerful automatically. It often happens that what knowledge comes in the mind in the early morning is spoken in the day's Murlis. Even if you are doing service in the early morning, keep Baba and His Gyan in your intellect and very good things will emerge from inside. You will find it easy to remember Baba. Don't get caught up in the activity you are doing. You need to let your hands do the work and your heart be with the Beloved.

It is not the time to get caught up in remembering human beings. Consider yourself to be Baba's instrument and let Him get His work done through you. Have the attitude; I am a trustee. We have to now become introverted, bodiless and trustees. Remain light; even when you travel it is not necessary to carry many things. Be simple. Remembrance means to become simple and to be a sample. We have to internally maintain the bodiless stage. What is the difference between the soul conscious stage and the bodiless stage? In the soul conscious stage I

am a child. I become loving and detached... Through the body I then perform activity... If you have any arrogance of your body you will definitely be affected by praise and defamation. You will be falsely intoxicated when someone says you are good and upset in some way when someone says you are not good. Be aware of this. The feelings you have will be visible on your face. One who stays in true remembrance becomes soul conscious and then becomes bodiless. I the soul am sitting in the centre of the forehead. We used to see how Brahma Baba would move into the bodiless stage.

Baba is giving us the inheritance of liberation and liberation in life. We have to be free not only from the influence of the body but also the effect of action.

Past is past. Now remain stable in remembrance. Make yourself powerful using this method. What is maya? It is negative and wasteful thoughts. They are not necessary. Baba would give us many test papers. For example, if someone would surrender something Baba would test if he/she still considered it as his or her own. If you go into the depths of remembrance, nothing will be remembered. Go inside yourself and see if you are really practicing Raja Yoga. Transformation happens through yoga. Through the power of yoga a great deal of service takes place. Through the power of yoga, you are all pulled to come to Madhuban.

This is Baba's Yagya. We have no worries...
Baba is Karankaravanhar.

Om Shanti

DADI JANKI – 12 MAR 2014 – SHANTIVAN WE CELEBRATE THE TRUE HOLI IN THE COMPANY OF THE TRUTH

In the mind, intellect and heart nothing but Baba is present. When there is this experience, the heart says 'thanks' to Baba. When one is Baba's obedient child, the sense organs come under our orders and the mind becomes peaceful. We cannot stay without performing actions. We speak through the mouth, listen through the ears and see through the eyes, yet the mind and intellect become peaceful when one is obedient to Baba. We have to be truthful and loving.

The soul who becomes yogi and pure internally then can be called karma yogis. We have to remain as trustees and become bodiless. We will then be able to easily leave this world and fly home. Baba tells us that we need to leave ego and attachment. We have to conquer the five vices and see our own result. Check whether you are free from ego and attachment because these two vices sit incognito inside. Each one of us has to think, 'What do I need to do now?' We have to follow Father Brahma. There is no difficulty in this. It is the duty of we children to follow him and this is

easy. If we keep four words in our awareness then we have no difficulties. They are 'don't worry, no problem'. God has given us the guarantee that if we remember Him alone, our sins will be absolved. He tells us that it is this simple. He tells us to remember Him with an honest heart. He tells us not to remember the body or other human beings. Then sign of a soul who practices this is that they will not have any wasteful thoughts. They will not come under the influence of the vices. If you have made any mistake then report it to Baba honestly and everything will be forgiven. It is not enough just to think that Baba knows about our mistakes; no, we have to tell Him openly and truthfully. Those things are then forgiveness and forgotten. If you are not open with Baba about your mistakes then you cannot forget them yourself. There is no need to point out the mistakes of others.

God has established the sacrificial fire and has given us the fortune of doing service. When one performs elevated actions their yoga becomes good. A yogi never uses the word 'mine'. The word 'mine' is not uttered from a yogi's lips. Even in relation to problems. If a problem comes, don't use the words 'my problem' in relation to it. The problem then goes away.

For seventy eight years Brahma Baba has been the instrument of Shiv Baba. Shiv Baba is making us full; the treasure stores of love, happiness, truth, humility and patience. Baba is showing us to imbibe every virtue in our lives. First comes purity. With purity there is truthfulness; no name and trace of falsehood. Where there is purity and truthfulness there is also patience. If someone lacks patience then it spoils the atmosphere. When someone lacks patients they come into 'why and what'. Then there is humility and sweetness. Purity comes first. Purity in practical life – in my mind, words and actions. Purity is like a mirror in front of others. Maintain faith in your thoughts. Keep a faithful intellect. One who has a faithful intellect is victorious whilst one who has a doubtful intellect is deceived. Whose wonder is it that our numbers changed from hundreds, to thousands, to hundreds of thousands? One who has a faithful intellect will understand that whatever happens, happens for the best and therefore remains carefree. Remember that this is predestined drama. It is a deep aspect that one who has a faithful remains carefree.

Here, the happiness we receive cannot be measured! Leave the awareness of having done something. Don't think you have done this or that... no, I have not done anything. Baba is doing and getting His work done through me... What is Raja Yoga? It is the yoga to become a king. We are the servers as well as the masters. This is the Confluence Age. Baba colours us with the company of truth and makes us truthful. Thus, we celebrate the true Holi. We have a timetable to sit and collectively make effort during amrit vela, class and evening meditation. There is no labour in this type of effort; love does the work.

Om Shanti

DADI JANKI – 18 MAR 2014 – SHANTIVAN BEING WITH BABA – SAKAR, AVYAKT AND INCORPOREAL

The confluence age is the auspicious, benevolent age. Only now do we have Baba, murli and Madhuban

The relationship between the Father and the children is so wonderful: the third eye opens, we come to know the three aspects of time and become masters of the three worlds. We are here in this world simply as instruments – on service. Go into the depth of what it means to be an instrument. Shiv Baba says: I am an Instrument. And Brahma Baba also says this. Baba teaches us children. We have to use our time, thoughts and money at the confluence to bring benefit - by being an instrument.

Our every thought should be such that, just as the scientists are working on their inventions, our power of silence takes beyond sound and into the stage of retirement. Young and old, all Baba's children are in the stage of retirement. We used to say that someone reaching 60 goes into the stage of retirement. Nowadays human beings live and work beyond 60, 70 years of age; they don't retire. Here Baba is saying: Young and old, everyone is now in the stage of retirement. Everyone has to go back home now. If you really think that we now have to go back home, your remembrance will be very good. We all go back together; we cannot go alone.

Yesterday Baba said that He sees the souls. Brahma Baba may be avyakt (his subtle form) but in the avyakt we can see the sakar (corporeal). When he was in his sakar form, we used to see the avyakt. Now gives the sakar feeling, whilst being avyakt. So many of Baba's children have the feeling of Baba being sakar. Nobody can say now that they have not seen Baba. Everybody has seen Him, known Him, found Him - that is why we are all sitting here.

Somebody asked Dadi: what do you do all day? Throughout the day we do physical service; we meet one another, talk to one another, stay in Baba's remembrance and help others remember Baba. However we speak affects the atmosphere. In this way we create vibrations. There is such a good atmosphere in this hall. Thousands are sitting here and it's all the miracle of Baba, murli and Madhuban. Baba has given us the principles of the murli and the timetable. At amrit vela, we don't read the murli. At 4am we remain in total silence; we have chitchat with Baba and spread vibrations of peace. Last Sunday was World Meditation Day. That is when we all sit in one thought and give that vibration to the world. A lot of attainment comes from following Baba's directions. Those who don't, miss out.

We are all doing a lot of service. But our thoughts should be peaceful. We receive power from Baba. And we have to be unshakeable and immovable in the knowledge of the drama – this makes us carefree. This is the time of the confluence age. God Himself is here with us in order to accomplish His task. Baba is not just powerful; He is All-powerful - the Almighty Authority and He is with us. So we have so much happiness and so much power. We point our fingers upwards and say: Baba is up above. The power of love, purity and peace brings Baba down here in order for Him to take us back with Him.

The hand giving blessings is a common image in bhakti. When you have yoga, you fold your hands. When you meet anyone, you open them, as if to give a blessing, and this makes them very happy. In order to become obedient, internally, we say to Baba: The thread of my life is in Your hand. You are Shiva, the Innocent Lord. To make Baba, the Innocent Lord, belong to us means that we become what Baba wants to make us – and Baba always, always helps us.

Om Shanti.

Dadi Janki Gems

Any ancient memory should be within us in such a beautiful way that it should become an instrument for the rising degree and the flying degree. This is why we should never remember old mistakes. The effect of the old nature and sanskars pulls us down. I have a question that I ask the whole world: Have I made any mistakes where someone has suffered?

What is Brahmin culture? Don't use the word 'culture'. Brahmin is a word that frees you from culture. First of all, everyone has emerged from different cultures, and it has amazed everyone that they have become Brahmins. How do you become a Brahmin? Some brothers and sisters are such that they become a Brahmin without having completed the 7 day course. It is the colour of the company that makes Brahmins. On the other hand, there are some who take the course and don't become Brahmins.

There are three things, I am a soul, I am a child of God and there should be such karma that people are pulled to this life.

Dadi Janki – 24th February 2014 – Shantivan

It is the time to become an avyakt angel

We have to now become diamonds and do the business of making others into diamonds. If you wish to make others into diamonds you need to first become a flawless, valuable diamond yourself. Diamonds are not just put here or there; they are set in necklaces of precious metals. Previously, we used to be able to tell which family someone belonged to by the jewels they wore. In order to become a diamond we have to remain introverted. Baba comes and makes us trikaldarshi and trinetri. He tells us to look at ourselves and spin the discus of self-realization. He tells us to keep all the knowledge He gives us in our intellects.

So what do we need to do now? We have to become the conquerors of sinful actions. It is time to become completely viceless and all virtuous. We have to now become 16 celestial degrees complete. It is time to return home and before we go, we have to become avyakt angels. Even after becoming avyakt, Brahma Baba is giving us the feeling of the sakar form. No one can say that they have not meet sakar Baba. Look who is in front of you – see who is there. Shiv Baba comes and gives the knowledge by which darkness is dispelled through Brahma.

It is the time of the true Shiv Jayanti and this festival is being celebrated everywhere. We were stumbling in the darkness of ignorance before Baba found us... Sweet Baba liberated us from stumbling. He reminded us of whose children we are. He is our mother and our father. When Shiv Baba enters in the body of Brahma, Brahma becomes the mother whilst Shiv Baba is the Father. He is the True Guide and He shows us the right way to follow Shrimat. He has liberated us from following manmat and parmat. Such a Baba is my friend. Only this loving and lovely Baba can be made into a friend. Otherwise one cannot make a teacher or a guru into a friend. He gives us His company. He has liberated us from sorrow by giving us true happiness.

I am a bead in the rosary which the devotees are worshipping. God has made me such a bead. He is the Bestower of Fortune. He hugs us and takes us into His lap. He has come to make each one of us satisfied. It is God's drishti which satisfies everyone. He makes us sit in His eyes. We called out to Him to show the way to the blind.

He came and gave us the third eye and showed us the right path. Previously we were wandering here and there.

Some received love first on coming to Baba. Others received happiness or peace first. In fact, He has given us unlimited treasures. It is up to me to take what I want. Do not now miss out on taking anything from God. We have been given treasures and they increase when we give them. He has given us the treasure of knowledge and the treasure of divine virtues. He has told us to give the donation of power through our minds, the donation of knowledge through our lips and the donation of virtues through our actions.

Baba is giving each one of us a great deal of power. One needs to realize how much power Baba can give and take that power. Use the methods He has given to take that power and fill yourself. Finish all sorrow and fill yourself with happiness. Fill yourself with all the things you are receiving from Baba. We are receiving treasures and nourishment from Him. Take that nourishment and fill yourself with it. You will then not be able to stay without donating to others. That donation may also be incognito. It is said that incognito donation is the greatest charity. Baba is the Bestower and He is making us the same.

The Murli is not just knowledge – it is a treasure that we can use throughout the whole day to sustain ourselves. We have to churn the knowledge God is giving us. We have to remain fully aware of the knowledge Baba is giving. Only then will all types of illness of the mind and body be removed. If you go deep into knowledge and churn it in a subtle way then you will remain happy. Baba has come to give us limitless happiness! The type of happiness Baba gives us is infinite...

There are now just a couple of days left to make effort before Baba comes. Let others become inspired on seeing your effort. Let them see you as unique, that you are a trustee, that your face never changes...

Remember; this is the confluence age and just a short time is left.

Om Shanti

