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*To all our wonderful  
Dadi Magazine readers,  
we wish you a Healthy, Wealthy  
and Prosperous New Year 2014*



**New Year's message from Dadi Janki, on behalf of the Brahma Kumaris**



At the new year, we pause and notice the passing of time as we move from the old year to the new one. Know that every moment, every hour is important. And understand the value of each soul – not only the famous souls, such as Nelson Mandela, who have lived among us and blessed us with their elevated vision for the world, but also the lesser known souls who have given us their company and encouragement throughout the year.

May the year ahead be one that uplifts each of us allowing us to inspire others. May we begin to glimpse a future of universal peace and brotherhood on the horizon and quicken our pace to get there together as a world family.

Love and good wishes  
BK Janki

## SR.MOHINI - 28 NOVEMBER 2013 - PEACE VILLAGE BEING WORLD SERVERS



*Om Shanti. Om Shanti. Om Shanti.*

Even if there is silence, listening is still happening. In silence, we don't talk, we are listening. Soul in a very natural way is pulled towards silence. Who we should listen first? I have to listen to Baba. I have to listen attentively, carefully, accurately what Baba is seeing. When mind is too much in chat, the intellect and mind are engaged, and our capacity to listen diminishes. More you listen to Baba internally, things are 'settled' inside. Past issues, relationships may seem unsettled. This is the time of settlement through adverse situations/circumstances, body, but first there has to be a very deep feeling of being settled inside. 'I should change, this should change, place should change', all this may be necessary, but deep inside when there is feeling of being settled, then drama will settle everything. Drama is accurate, beneficial; it will come to rescue me. There is faith in drama, that what happens, there is benefit in that. We say 'I don't have doubt', but we are still questioning, because deeply the soul, mind and intellect are not settled.

Externally, settling can't happen 100% yet, but deep within silence, there can be feeling of being settled when soul is not only in silence, but there is so much purity. It is purity, which brings closeness to Baba, because He is ever Pure. If anything else is there, there is no experience of sitting next to Baba. Dadi Janki is able to sit next to Baba. Is it that easy to hold Him, hug Him and feed Him? We may have the desire, but can we do it properly if we were given a chance. Coming close to Bapdada, your every sense organ has to be very pure- not just sense organs, but from the past. Sit with Baba, next to Baba, close to Baba in subtle region. Silence and Purity are connected to each other and they have connection with our relation-

ship with Baba. We may have 3 days of silence. But there has to be natural internal silence, and that comes from purity. Once I asked DJ, HOW much she does churns and talks, she said I don't have anything else inside... That is called being Master Knowledgeful. Dadi Gulzar is embodiment of silence. They are Rup Basant. One serves through face and other through jewels of knowledge.

Overall, my spiritual development, spiritual progress, depends more on silence. Soul is pulled according to the stage, the state of mind. You get a thought because your attention was pulled, eyes are pulled. How do I know my stage is moving forward? You move forward, being pulled by angelic stage and incorporeal stage that comes from silence and purity. One is feeling the pull, and second is invoking Baba. Baba has lot of love for all of us, but not all are able to experience that love. He is Ocean of love, and when we are merged in Baba's love there is deep silence. We should look more within and see what quality of effort is required at this time, what types of pulls are there. Pulls are due to different sanskars.

If you didn't have sanskars, you will not get angry. Will Shiv Baba ever get angry or upset? No, because He doesn't have any sanskars. IF there are any traces of sanskars, this pulls us. The quality we now need to maintain is that our intellect has to be pure and divine. This is a world of information. For example, we know there are ten medicines for headache. Should we give as much time, energy, thoughts, money towards finding out about all of them? Instead of creating fortune, I feel that I have to take care of that. Nothing really goes deep into the intellect so that intellect is pulled.

Pure intellect has the power to discern. It comes from purity, divinity.

Baba comes and gives us the gift of divine intellect. One understands, a good intellect, and then we also have to be sensible and wise. Many say, 'I know, I understand, don't tell me'. But do we act on it? Baba needs worthy children, but not clever children. Baba values the worthy children even if the intellect is not clever. Clever children will play with facts. Serene nature makes efforts very easy. Understand purity at the level of intellect. Every status in the world is based on intellect. Some are intellectuals, clever. But we have to become sensible. God has given us knowledge. Whatever you say, whatever you do has to make Godly sense. Not only sensible, but knowledge has become your wisdom, it is not just up to intellect. Wise people speak less. Intellectual people can talk for hours. Purity and Silence have to be experienced all the time, not only when there is program of silence

Destiny and drama - are both are same? I can't change it, but I can make it. I can create it. One who has destination, aim. Aim is very much connected with destiny. We need a very clear aim. Then determination comes and then destiny is created. Our thought has to be powerful. There has to be clear destination. Then determination becomes active. But we have chosen to cover this in the context of being a world server You are knowledgeable and World Server is one who serves in 4 different ways. Just one idea can serve the whole world. We have to serve in all four capacities:

Awareness - this empowers our soul. Being an image of awareness, just like Dadi Gulzar - we think of Baba looking at her. Being 'Smriti Swaroop' in this way will serve the world.

Attitude - atmosphere is created through attitude.

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# DADI JANKI – 21 NOVEMBER 2013 – SHANTIVAN THE EASY METHOD TO BE OBSTACLE FREE



We received the news that Dadi Gulzar's operation went well. Dadi has made Baba her companion and we are also on this path on the same basis. Many of you sat in meditation during that time; this is what it means to have love and to give regard. On this path three things are important; love, faith and co-operation. In fact, this is what is making this family move.

Baba has told us not to spend our time in an ordinary way. He has told us that five minutes at the Confluence is equal to one year during the rest of the cycle and so not to waste time. Neither should I waste my time nor my thoughts; this is a very valuable period. By remembering Baba one receives the current. When we are in an ordinary stage we are unable to receive the current from the Father. Yes, everyone on this path is moving but some are flying whilst others are struggling along.

The easy way to move quickly and without obstacles on this path is to keep one Baba in one's heart. He is my Baba. When this sound emerges from your heart then everything will seem easy. You will be able to make intense effort but it won't seem hard, rather it will seem easy because everything you are doing is coming from your heart.

My Baba is the World Benefactor and what am I doing? In fact, Baba wants His children to claim a high status and so He is teaching us now, before the kingdom comes onto this earth in a practical way. Along with the Father, we are also carrying out the task of establishing heaven.

At the Confluence we are not alone, God is my companion. Detachment allows us to meet God because only in that state can the soul develop and maintain relationships with God. He is our Mother, Father, Teacher and Satguru. He is also our Friend and

our Beloved. That One who is mine is sitting right in front of me. Relationship with Him gives the soul so much happiness.

***'We are going home. Now it is time to remain in silence'***

We are preparing to go to the land of silence and peace and so we need to experience that peace and silence here... and to go home in that state. The land of peace is my home and the soul experiences all comforts in the land of peace. There is no peacefulness in the land of peace. If I experience extreme peace internally then nothing will bother me.

I have to now only hold onto what is good. Part of the task of establishing the age of truth is to finish corruption. Thus, I have to finish all corruption inside myself. We are becoming elevated and are establishing the one true religion. Without love and faith life is dry. It is not a matter of doing a lot of service; I also need to have intense love for and faith in Baba and His task. I have to become the embodiment of peace, love and happiness. This is what it means to be knowledgeable. This is our diamond like life. If my character and actions are ordinary then others won't experience this to be a diamond like life. In a play, the eyes of the audience fall on the hero. If he acts in an ordinary way others won't feel he is a hero. We are hero actors in this drama. The attention of the director is on the hero actor and the hero actor remains aware that the director is watching him or her. So Baba has told us to be attentive and cautious.

Now is the time to give the return to Baba. I don't have to have to think a

great deal. I simply have to do what Baba is telling me to do. If you go into the depths of what is not necessary for you to know then you will lose a great deal.

As Baba began the task of establishment, science started the task of destruction. There has been so much development of science in the past 70 years. Three things are to take place at the same time; natural calamities, civil war and nuclear war. Baba has spoken of this. So what do I have to do? Baba is keeping us safe by making us belong to Him. There is one Protector who can protect us. My task is to remain clean and thus to remain safe. I simply have to do what Baba says. To come under the influence of others, even to think someone is very good and to be attracted is maya. To let my intellect be pulled is maya. Remember; one who is introverted is always happy. The more I stay in economy and in eknami (in remembrance of One), the more I will attract Baba's love.

Past is past. Now put a full stop. Don't let your past influence your present or your future. It is time to take full benefit from what Baba is teaching it and use it to transform the self and to create your fortune.

***Om Shanti***

## **Dadi Janki's sharings**

An attitude of disinterest allows me to become a tapasavi. Purity brings about positivity and there are no other words or any other expression on my face. Ego is such that it doesn't allow you to move forward. First I need to become egoless then I can become viceless.

## DADI JANKI – 14 DECEMBER 2013 - SHANTIVAN

# TAKE THE BENEFIT OF WHAT BABA IS GIVING US

Baba has given us the inheritance of liberation and liberation-in-life. He has liberated us from the past. We are sitting ready to go to the land of peace and then to the Golden Age because this is the only work we have. The one who is Karankaravanha is making us do everything and at every moment Baba is inspiring us to do service through the mind. Even if we are not speaking through words let the world understand what we are saying. Let them feel that we are speaking the knowledge of the Gita. Let them see that we are very happy and content. We are every wealthy, every healthy and ever happy.

With elevated thoughts we can bring about the transformation of the self and others. Baba has taught us that self-transformation leads to world transformation. Baba looks after world transformation but we have to bring about self-transformation

and then automatically there is world transformation and so we have to look to ourselves and let the world get the feeling of who these souls are who are transforming everyone's lives. Everyone's finger should be pointed towards Baba. In one finger: who am I and whom do I belong to. I should not point a finger at anyone else. I should only point a finger at myself because Baba has given us knowledge, teachings and love. Baba has also taught us how to do everything practically. Shiv Baba has given us a lot of understanding and teachings through Brahma and Father Brahma practically applied those teachings and we have to follow that. Being an instrument has been given as a gift to us. Be co-operative from the heart and be a good administrator who is truthful in ruling the kingdom. We have the fortune of being sustained by Baba and eating pure food. We only eat what Baba feeds us. Never

think that this one will never change. Don't become one with desires for the self or others. One should have a knack to stabilise oneself in self-respect. Whether awake or asleep there should be no fluctuation in our stage and we should know the importance of amrit vela. Amrit vela timings should be followed accurately and third Sunday and traffic control should not be missed. In the blessing today, Baba said have a big heart. Never make your heart delicate.

There are Pandavas and Kauravas. The part of the Yadavas is different. This is the gathering of Pandavas. There is praise of the Pandavas. They are a handful out of multimillions and Kauravas are innumerable.

There is the part of destruction and establishment. Where will the gold and diamonds come from - according to the drama plan and the karma that we perform, we are the ones who will establish the Golden Aged world. The Yadavas are already there. The Pandavas are the ones who will never accept name, fame or money. For Pandavas, God is everything and it is the Kauravas who want a little name, fame and money. Pandavas become powerful and strong and realise that they have everything. We go into liberation-in-life first. We are in the foundation of the Golden Age. There is the deity religion in the genealogical tree as depicted. There are innumerable religions and they come later on. There are many twigs and branches and Baba now speaks to the four main religions. They also have to be given Baba's message. They all have to become present here and they all have to consider themselves to be God's children. May be they are in the form of Christ or Buddha. They have to feel that they are present here. Now we have to emerge such religious souls and they have to come to know that God has given this understanding.

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**Sr.Mohini - 28 November 2013 - Peace Village  
BEING WORLD SERVERS**

Drishti- of original self /home.

Actions - have to be elevated. Today Baba said accurate good actions. Good actions have to be accurate.

Follow shrimat and do every action of service based on shrimat. Service also has to happen through shrimat. When we start with shrimat, it will be a long-term service. If we have to be world server, we have to be sevadhari, on Godly service 24 hours. As sevadhari, you are humble, obedient, instrument. Whole weekend, be in Heavenly Bliss. When we are blissful, we are in Heaven. Sorrow and Happiness are mixed in Iron Age. Heavenly bliss is when we have gone above all the fluctuations happening now. As you move forward, it will be blissful stage.

Sat – Chit – Anand It is truth, total awareness, so you are blissful. Be naturally an embodiment. Experience this through the Self Trust of Purity and Silence. Self Trust and Self Respect comes from Purity, which helps you face all changes.

It's not that we are looking for opportunities, but we have to be prepared. Eveready means you are prepared, you will do it. You are Ganges. Is Ganges given notice? Ganges always flows. The impure ones go, they throw garbage, they even through dead bodies, but if it flows then, no rubbish will stay. Keep your titles, keep your specialties, and be ready for everything. I am prepared; I am ready to do anything for Baba, Baba's yagya. I am ever ready.



*Om Shanti*

*Om Shanti.*

# DADI JANKI – 12 DECEMBER 2013 – OM SHANTI BHAVAN

## LOST IN BABA AND FREE TO FLY



Someone asked Dadi: How do you remember Baba? In what way do you remember Baba? I don't remember Baba; I don't remember anyone else but Baba, so there's no question of having to remember Him. He is my Baba. He is our Mother, our Father, our Teacher, our Companion and our Satguru. We have these five main relationships with Him and there's a beautiful respect in each one. As well as the inheritance, Baba has given me the blessing of each relationship - but let me check: am I using that?

We belong to Baba and Baba belongs to us. We know that we have to free ourselves from the attachment of 'I' and 'mine'. Someone asked Dadi: How do I know when I'm free from ego? Think about this. Are you free from ego? The arrogance of 'I' can be either seeing myself as not being able to do anything or having arrogance about what I can do - and feeling that nobody recognises my real value. The essence of the whole knowledge, of all wisdom, is to maintain a soul-conscious stage and become a conqueror of attachment. When I'm stable in a soul-conscious stage, I will be a conqueror of attachment - to another living being, to my physical body, or anything. I'll be free from all of that.

Whenever we sit in Baba's remembrance, in a soul-conscious stage, that's when Baba pulls us. If I'm sitting in body-consciousness, Baba cannot pull me. An intellect that wanders around and fluctuates cannot belong to Baba. If the intellect gets stuck in any relationship, my sins cannot be burned away, in fact I may even create a new karmic account with those souls. So a lot of effort is required both to clear old accounts and not to create new ones. Dadi sometimes sees souls that are stuck in their karmic accounts and feels a lot of mercy for them; her bhavna is that, by staying with the family and making genuine effort, they will become free from those

accounts. Pay attention to ego and attachment, for they will not allow you to have that final stage of being an embodiment of awareness and a conqueror of attachment.

***'Look at yourself and say honestly: To what extent have I become that embodiment of remembrance?'***

I am a soul. I belong to Baba. Baba belongs to me. And I have firm faith in drama; drama reminds me of whom I belong to. This awareness will automatically help me become a conqueror of attachment.

In Pandav Bhavan the atmosphere is so special. Wherever you sit, whether it's Baba's room, the History Hall or Baba's Hut, we experience being lost in Baba and the feeling that emerges from the heart is that Baba is residing there. If I seat Baba in my heart, Baba will definitely seat me in His heart - so what comes first - do I sit in Baba's heart first or He in mine?

When you hear the word 'I', just remember who you are, who you belong to and where you have to return. You've become those with the third eye, the knowers of the three aspects of time and then the masters of the three worlds. This is easy to experience, isn't it? What is knowledge? What is spiritual wisdom? To become a knower of the three aspects of time. Then, when you sit in yoga, and become lost in Baba and then you understand that you have to become home, and so you become the master of the three worlds. I always

remember Didi Manmohini's words: We have to return home. In her final years she was constantly focused on just this: we now how to return home. We have this in our awareness, no matter what we happen to be doing in this physical world. We reside in that home. We've come just to do service and then we'll return to the supreme abode. I live only with my Baba in that avyakt region. Bring that Resident of the supreme abode down here and make Him your true Companion. He has come to make us equal to Himself. He has come to make us residents of the subtle region and Brahma Baba is giving us sakaash from there to become equal to Him.

We receive both sneh (love) and sakaash (light and might). Experience both of these. Catch the significance of Baba's wisdom; catch the truth behind His words. If I'm not faithful obedient to Baba, I won't be able to catch that love from Baba. Look at everyone's virtues and not their defects. Become complete with all virtues. Become loving to all and make others as loving as Baba. Practise the power of sakaash. Dadi is remembering souls who practised a lot of sakaash towards the end of their lives. Even now, the entire Brahmin family is receiving the sakaash of those powerful souls who have gone on.

When you sit in front of the sun you receive rays of light and might - there's no darkness. Ignorance is that darkness and wisdom is the light. So let us remove any trace of darkness from within my life. Dadi Kumarka was given the name 'Prakashmani', 'jewel of light', because of how she served so beautifully with her face and her behaviour.

Dadi is remembering the song: Having belonged to you Baba, I am experiencing super-sensuous joy. Simply stay in that experience.

***Om Shanti.***

## SR.MOHINI - 28 NOVEMBER 2013 - PEACE VILLAGE EVENING CLASS WITH SISTER MOHINI

Sr. Luciana: I have 3 questions that summarize our sessions today.

1. About actions – Baba mentioned accurate elevated actions. What is an elevated, accurate action? Why these 2 words
2. When you offer bhog, you said that you know the route of thoughts that will lead you there. Can you share more about these?
3. How do you transform awareness, attitude, vision and actions when a challenge comes in your life? Consciousness, subconscious, and unconscious. How can you transform in these 4 areas when something comes?

Om Shanti. I will answer these, but I want to share some thoughts first. If we see from topic of world server then we have these 4 aspects. If we look at the definition of our final stage, an embodiment of awareness – subconscious is connected to awareness, then there is awareness, attitude, vision, action, then action created awareness. From elevated action, what awareness is created? How did you become embodiment of awareness?

Since morning we have been thinking and realized 4 aspects of world server. The seeker (in the Gita) said finally 'I have realized, become totally aware, and my attachments are gone. Awareness needs attention. It is attention that helps us maintain awareness. How do I maintain for not just few hours, but natural awareness. For that attention is required. This really is introversion. Our personalities have become such that we notice more outer than inner. Happiness comes from introversion. If there is attention on my awareness, result is there is no attachment to anything else. May be a certain situation draws attention, but then I am still focused on maintaining awareness so the result will

be different. If I focus all the time on seeing that I am in right awareness and maintaining that, rather than situation, then every aspect, point of knowledge has to become part of awareness. All knowledge will remain in us as awareness. Awareness is total knowledge – its how it's kept in you. Then you are natural and consistent. Attention is required by constantly reminding oneself.

As I am increasing my awareness, consciousness is becoming real. I realized, I am aware, realizations come and the conscience awakens. I am becoming conscious of something, awareness is awakening my conscience. People do things, but it's so weak and so they do not listen to it. Awareness is now awakening conscience. You are becoming conscious of the conscience. It's deeper than the power to discern. When you are in awareness, the awakening of conscience has happened – you become aware and awakening happens.

Deeper than creating is how do I maintain awareness – the challenge is to maintain it 24 hours. It should be natural and practice is important for this, it means creating those thoughts. Baba used to say sit or walk and just say I am soul seeing through eyes, I am soul walking through feet. While doing actions, connect it to the soul. I am soul, I am master, I am using my sense organs. Awareness and action has to be integrated. In action, body consciousness increases. If awareness is increasing it will integrate into actions. Then you are serving the world and serving the self as well. Any service we do, the self should also become elevated. Did this elevate my stage? If I am doing elevated action and my awareness is not elevating, something is missing there.

This is what we have to do all the time. I am doing this action - for whom am I doing? Under whose

directions am I doing? I am doing for Yagya, Baba, this is elevated action. Your awareness will empower souls. Bhavna is being created in others that 'I must also do this'. Because there is so much purity in that it must awaken bhavna and awareness as well. After that, I thought how do we move from action to awareness – attitude and vision in between should also be sustained. Action is that – you have to give drishti, distribute toil, any action that is done. You have to have pure attitude also because you are giving with love – Baba gives love. Start when the soul comes in front create awareness so drishti – vision is this as well. Your drishti will not change because I am creating awareness to hold on to attitude that is also elevated. If I am holding any other attitude towards someone, when I am giving drishti I have to go back to awareness that this attitude should not reflect. When I am giving toil, I create awareness of love that it's coming from yagya and God's love – I give that love. There needs to be cleansing to make your attitude elevated. Remind yourself of that awareness. Attitude is subtle, but if you know drishti has to be pure for everyone, whatever the soul is, you have to keep practicing in between, not just engaged in doing action. 'This one is serviceable, this one is lazy' – no. No soul is like this, because they change. They are not fixed. Pay attention to attitude. If there is even a subtle attitude of favoring someone it is visible in action. The action may be elevated, but it's not accurate.

There is also pure attitude: We used to take to Baba things that we got while traveling. Then Baba would say 'I want to give you this - you are serviceable and it will be useful for you'. Now it is from Baba. These subtle aspects should not be ignored thinking they are not important. We had grapes in garden first time. Someone said 'Oh, look at the grapes'. Immediately, we were told 'Do not look at them as great – bhog has still to be offered to Baba. Your thoughts should not go into that.' While making bhog, are thoughts here and there. It should be' let me

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# DADI JANKI – 19 NOVEMBER 2013 – GYAN SAROVAR

## AM I LIGHT LIKE MY COMPANION?



This course in Raja Yoga is not a short course. It lasts for as long as one lives. This is a course in which one has to apply what one learns in their practical life. There are two habits one needs to leave behind when one does this course. These are over thinking and worry. Don't worry, be happy! How can we stay happy all the time? If you stay happy, you will always have hope. You will never become hopeless. If you keep courage, the Father gives help. Many challenges will come but the Father always helps. If someone receives help from the Supreme Soul they would naturally be happy. In fact, God's help enables us to remain happy. You may think that the characters of others make you unhappy but if you take God's help you won't be affected. You will learn not to see the defects of others.

Some souls have a doubting intellect. If they ask a question and get an answer they tend to doubt whether the answer they received is correct. When they are listening to knowledge they will interrupt with questions. We need to learn to listen carefully and attentively. We will then receive answers to all our questions and we will also learn to put a full stop. If you have a great deal of questions in your mind, you won't even be able to hear what is being said to you. We need to consider ourselves as God's students.

I am originally a resident of Paramdham and I am a child of the Supreme. God wants to be our Mother, Father, Guide, Friend and Companion. If you develop these relationships with Him you will gain the power to be a master of your own self. There is great happiness in being an obedient child of the Father. The Mother becomes pleased with a child who is obedient. When a student is good he or she learns new things every day.

Baba tells us every day to link our minds to Him. So how can I do that? How can I make God the only one that I remember? God wants me to be His friend and He wants to give me a great deal of love. If I want to know how to do something, I simply have to ask Him and He will tell me. He becomes my helper and companion in life. God is light. If I am heavy whilst He is light, then we are not matching companions.

***'This study makes us victorious; it stops us getting confused and from becoming frightened'***

The intellect becomes concentrated and focused, but only when one is introverted. When the intellect is concentrated and focused then one becomes unshakeable and immovable. All mischievousness and wandering of the intellect stops. So first become introverted. The eyes, ears and mouth pull us towards extroversion, so go inside... If you want to do a particular task you would want to be alone to concentrate on it. In the same way here, I also need to be able to stay in solitude and to totally focus my intellect. To concentrate, my intellect needs to be still, then it becomes unshakeable in any situation. It is not my royalty to let me intellect sway and to be pulled into fluctuation.

Dadi feels that she does not want the things outside to go inside, as there can then be an infection. When I have an infection I cannot take the things God is giving. If you listen to

the negative things others are saying you can get infected. You may start to agree and then you are trapped. This is very deep knowledge. If you take the medicine the Doctor is giving in the state of introversion you can be cured of all illnesses. Go inside and you will receive insight.

Try taking just one point of this knowledge and thinking it over in your mind. This is Dadi's practice and it brings her a great deal of happiness. Just for 24 hours think about the difference between body consciousness and soul consciousness. Practice being in the state of soul consciousness. When you are soul conscious there is the feeling that God is my companion. He is my companion, my teacher and my protector; He looks after us.

When you take drishti from Dadi, Dadi has the feeling that each one is beautiful, serviceable child of God. We meet in this awareness and then wherever you are in the world there is the feeling of closeness and of belonging. There is a connection between all of us in this spiritual family; we are companions and this feeling is there all the time, even when you are not in Madhuban.

***Om Shanti.***

### **Dadi Janki's sharings**

To learn I first need to bow and die, those who have a deep interest to learn would never say do I always have to bow? Do I only have to die? This is a sign of body consciousness

**Sr. Mohini - 28 November 2013 - Peace Village**  
**Evening class with Sister Mohini**

offer to Baba what I haven't offered yet' not 'let me make what someone has not eaten'. This is pure attitude and pure attitude also has power. Awareness in Action, attitude in action, vision in action, and elevated action. Work with these separately. Maybe you have awareness but attitude creeps in sometimes. Has the focus shifted? Attention on awareness can shift to something outside. If you are correcting internally and maintaining/sustaining, then you see the outcome of that. Servers – what is really serving is your drishti and attitude in action. Fundamental quality should be kindness, and then look at the principles and guidelines.

Attention should not go away from my own awareness. IF you do from there, then you pay attention to attitude, drishti. Even for drishti. Hold attention to awareness on drishti then action coming from it will become an elevated action. Any type of karma yoga becomes elevated because it has all resource behind it – awareness, attitude, and drishti. Offering baba before eating - if your attention is drawn somewhere else you forget to sit with Baba one moment before eating.

Accuracy in elevated action – when all the 4 are integrated.

Sr. Gayatri: Baba always says that your attitude creates atmosphere. Can you talk about this?

This is main aspect Baba said in murli. IN relationship – when you walk in Dadi's room – vibrations are from awareness. When you go in Baba's room, he is sitting in his angelic form. What pulls souls? Not only Baba picture, but also the atmosphere. How do I change that, between 2 souls also? Sometimes the energy is not right. Atmosphere is of conflict or anger.

I was alone on train one time. There were some men on the train with non-vegetarian food. I said to myself

'they are souls, they are God's children', then I felt good regardless of whatever would happen. Within 15 minutes, they called the conductor to give her a better seat. They took the food outside the train and ate and then came back in. It was because I was creating the atmosphere of purity. My consciousness should bring change. 1st of all, the tension in me relaxed and then their tension relaxed. If things are not working, first tension has to be removed. 1st you are creating right atmosphere with attitude. Remove the tensions, disturbance, lack of focus, etc, and then you speak. First you have to clear the air then your conversation can be fruitful. Dadi says she invokes Baba when she goes for service – this clears the atmosphere. Before words, use attitude. then words create impact.

Why meditation is necessary before murli. Not only for yourself, but also for creating an atmosphere. Practice this more now. Karmic accounts are very strong. Even if you are not holding anything, but its there in atmosphere – tension, rejection, bad feelings. First have attitude of love. Use practices to create atmosphere through BapDada's presence. That is the main practice – that is part of the world service. Every service is part of world service. From creating atmosphere you create service. Start from neutral, pure, not conditional – because you did this to me in past, etc. Creating atmosphere before doing anything is important. Let's remember Baba so that atmosphere can change. Sit in a corner and send vibrations so the intellect of that person is touched. In right atmosphere you can sit and talk. Your drishti should grant vision to others of their elevated stage, their fortune, their future- our drishti should help them uplift. Drishti and words have such a big impact. Many things we never spoke because you lose power through words. My drishti should give vision of heaven- or that soul should have realization. Think 'embodiment of awareness', because it is this that makes you a world server.

What is the route to subtle region? - Being with Baba, you have to be next to Baba and be with Baba. There is lots of understanding and recognition that keeps increasing. It's said, that if I want to experience God as He is, I have to have recognition - think of all virtues and all that He does, all relationships. When you are with Baba – there is nothing in between. Only your sanskars come in between that creates obstruction, nothing else.

There is a space within you. When you connect with that space, you feel subtle – my experience with Baba is close and good, but how to say it? When I really sit and hold it, the way Baba talks to me and puts my intellect into an experience that looks so real – I see its really Baba giving me this. It's more than I and mine. There is an angelic, subtle space in each of us, and I go into that space to sit and experience Baba. If you have capacity to catch as energy is changing into words. You really get touched that today Baba is going to speak about this. This takes total concentration. There is nothing in the chit. All of this is created from the practices of knowledge.

Q If you feel the pull, why does he not pull us?

A In the beginning there is fear – you do not want to leave body. Purity is important because you are not in your control. There is subtle fear so we feel the pull but cannot go beyond this. I am there, but do not remember what songs. Dadi Gulzar does not remember what Baba is saying. You have to be careful. Route is from here, straight up there. How many of you feel that subtle stage beyond this physical?

Let's go there. I do not visualize subtle region, but I travel beyond my sense organs. You are moving from one space inside to another. You should experience from physical to subtle to incorporeal. Be very natural, sit straight and be attentive. Be light and free

*Om Shanti*

# DADI JANKI – 24 NOVEMBER 2013 – OM SHANTI BHAVAN FINISH EMPTINESS BY FILLING YOURSELF WITH JEWELS OF KNOWLEDGE

If you wish to become number one the main thing is the yoga of your intellect. There needs to be a very clear connection with Baba.

Today someone asked Dadi how she could remember who has written what in messages to her. It is because I don't keep anything wasteful inside me. There is Baba and there is drama. I keep these two things with me. If you want to come in the Rosary of Victory then you have to only keep these two things with you. Some souls are very careless and lazy. They don't want to make effort themselves yet they are envious of others. They keep looking only at what others are doing.

Souls do service with different levels of bhavna. Some souls do service from their hearts. Others do it for name, fame and position. The third type does it to pass the time. The first type feel that Baba belongs to me, I to Him, and they also keep the awareness of belonging to the Yagya. Thus, they serve with a great deal of love. The second type lose interest in service if they don't receive acknowledgment. The third type don't do service from their hearts but rather to pass the time. In fact, we can only please the Lord and become part of the Rosary of Victory with an honest heart.

A number one soul will have no attachment to anyone - either within the Brahmin family, or to lokik relatives. They will have conquered attachment. If there is attachment, not only will you not be able to be a part of the Rosary of 108, you will also not be able to come in the Rosary of 16,108. I have to keep great value for the time of the Confluence Age. I need to keep value for my thoughts. Those who are to become number will remain stable and not fluctuate. One is lagao... (attach-

ment) whilst the other is lagan (a deep love). If you have attachment then you cannot have good yoga. I need to have spiritual love for all souls and then I can maintain a good connection with Baba.

***'We know now  
the contrast of  
being empty and  
being full with  
the jewels of  
knowledge'***

We empower ourselves through knowledge. Baba shares different aspects and I need to take that further – go into the depths of it and make it a part of me. Baba speaks about yoga; He tells us to forget everything else and remember one Father. True remembrance is when one remembers only One. That type of remembrance allows us to bring change in the self. To put Baba's knowledge into practice means to increase one's treasures.

Wherever you live in the world, always keep the feeling that because you are with Baba then you are in Madhuban. The task of each one of us is to create a powerful atmosphere wherever we are. For this, we have to go beyond waste thoughts. I have to pay attention to the vibrations I am creating... It's time to stop being influenced by anyone's sanskaras. If you are under an influence then you cannot extract benefit from Baba's remembrance. I have to keep good wishes for everyone, rather than come under their influence. Never think that someone can't change. They will definitely change. Whichever place

you serve, pay attention to creating an atmosphere like Madhuban.

There is a guarantee that each one of us has to leave this body. Whilst alive I need to pay attention to my actions. If I am not giving happiness through my actions then what will my living be like and what will my death be like? The quality of the two; living and dying are closely connected. My death will be determined on how I am living this life. My actions should be such that they bring benefit to others. Baba has told us how to perform actions; we can do as much as we wish. If someone thinks and acts in an ordinary way will it be possible for them to become part of the Rosary of Victory?

It is now time to stop thinking both of your own past and the past of others. It is a total waste to continue with this and yet many souls do it. It is this knowledge, yoga, dharna and service that make the soul stable. I have to claim good marks in all subjects. Knowledge is not just for sharing through words but my eating, walking, speaking etc. should all reflect my wisdom. I have to create a very yogi and peaceful stage within myself. Such a stage can never remain incognito.

*Om Shanti*

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## **Dadi Janki's sharings**

You have come here to become pure complete angels. When nothing is lacking I can become an angel. Just live like a lotus, Baba doesn't want anything else. Purity allows us to be detached

## DADI JANKI - 17 DECEMBER 2013 BABA, SELF AND TIME

The time for making effort is now very short and Dadi's bhavna for all children around the world is that no one should see the defects of others or blame anyone for anything.

Baba has asked us to go into silence every now and then for three minutes. Go into deep silence. Three minutes deep silence helps us to remove all the weaknesses and defects that we have in ourselves.

There is Baba, the self and time. All three are together and we realise this when we sit in deep silence. On one side is the time and on the other side is Baba. Baba asks us to sit in silence and time asks us to remain unshakable and stable. When we recognise the self we are able to understand the value of time.

Who am I? Let there not be the slightest body consciousness at all. The body is sitting here but I, the soul, am sitting with Baba.

Sitting in the History Hall you are experiencing Baba sitting in front of you and Dadi is experiencing that Baba is her backbone.

Look at Baba and looking at Baba's family, the garden of flowers - Baba's beautiful creation. Baba made Dadi instrumental and called all of us to go to foreign countries. After Dadi went to foreign countries Dadi called others to come from India for Foreign Service and from there all of us served the world.

The language of how, when, what, why is wrong language. Instead of "how" say "now". Don't even ask what do I have to do now. Baba is making us do it so do it. Just follow shrimat.

Be ever healthy, wealthy and happy. If the mind is not healthy the body also gets sick. If the mind is happy it doesn't matter about the condition of the body. To be wealthy is not about having money. If someone has surrendered their wealth but doesn't do service but just keeps eating from the yagya they cannot attain a high status. They do service but they keep something hidden and so have not insured their wealth.

Dadi Janki shared that at Bapdada's meeting on 15 December, Dadi Gulzar's health was not good and that also, Dadi Janki was not feeling so well. When Dadi Gulzar went to her room Dadi Janki was asked to stay and sit in meditation. Dadi Janki sat in Baba's remembrance and got strength. Dadi was asked to be prepared to go on the stage and speak some short powerful words.

Shortly after that we heard that Dadi Gulzar was on her way. Baba gave the hand of blessings and long drishti and everyone got a lot of strength. We were sitting as a family.

Baba's original room is now the place where we leave our shoes. That used to be where Baba would meet souls. There was a simple bed and there were some benches for us to sit on and he would sit on his bed. Baba used to talk to brothers and sisters and Baba would share his own experience about making effort.

*Om Shanti.*

## DADI JANKI - 19 DEC 2013 - SHANTIVAN NOTHING IS MINE

While speaking Dadi remains silent and quiet internally. If while listening you remain silent and quiet, you will receive power. Practise remaining silent. When you remain peaceful internally all your physical organs are under your control and follow orders. The intellect can then remain busy in creating powerful thoughts and you'll become detached from the body and loving to the Father.

In the state of body consciousness we used to say that the body, mind and wealth was ours but now we are rid of these things. Nothing is mine. Mine is Baba.

Human beings choose whether to become devils or deities. We are becoming deities. By being a renunciate our attitude becomes free. We are the image of tapasaya and we are servers. If we become the image of tapasya without having a spiritual attitude it is of no use. We are not hatha yogis - we have to do everything practically, not only speak about it.

Whether young or old, we should be renunciates and the image of tapasya and have a feeling of sacrificing.

Look at yourself to see if you are a renunciate and a fortunate soul. If you have become an instrument for service you will have the fortune of being detached from the body, beyond body consciousness and loved by Baba.

We have received the knowledge of who God is and who we are a. The knowledge of the drama has made us able to have a faithful intellect and knowing that this drama is predestined our stage is unshakeable and immovable.

One who has faith does not worry. Situations will come and there will be test papers but by making effort and with the power of concentration and a faithful intellect we can cross all situations and circumstances and pass the test papers.

Your final thought will lead you to your destination. We have to practise for the final moments now. Baba has given us the gift of teaching us Raja Yoga and He is the Bestower of Salvation for all.

It is now the time to benefit the self. Utilise time in a worthwhile way and perform karma but also be a yogi. Have the sanskars of a king. While being in the sakar form Brahma Baba had the stage of being avyakt and now we have to follow that.

In the slogan today avyakt power was explained. Baba is the Father, the Teacher and the Satguru. In the world they are separate but here even now He is the Father and becomes the Teacher and also the Satguru. By following the shrimat of the Satguru the Father will be pleased and then what can dharamraj do?

*Om Shanti*

## **DADI JANKI - 19 DEC 2013 - SHANTIVAN WE RECEIVE POWER FROM BABA'S TEACHINGS**

There are some things we need to remember and some things we need to forget. That which we hear in the murli and in class should be remembered. We should now stop thinking of others and remember that which is useful to us.

The ones who are cooking should pay great attention to their yoga stage. In fact whatever we are doing we have to pay attention to our yoga stage. For this we need to have interest in increasing our relationship with Baba.

I now have to be ever ready. For this I have to be accurate and alert. If there is a little laziness then you become careless and carelessness makes one tired. Never miss any opportunity you are given for service. To do service is to distribute ones fortune. If you keep saying 'yes' then you increase your own fortune and you become worthy of receiving God's love. I simply have to say yes to service and to doing what Baba says. I have to stop now following the dictates of my own mind and do what Baba is telling me to do.

The atmosphere is created through our mental attitude. Now let there be no desires; have a merciful attitude and keep on forgiving others. Have the attitude that all are your brothers and sisters. I am the one of the previous cycle and all others are of the previous cycle.

We should now have an avyakt stage, avyakt bliss and avyakt power. We need to pay great attention to what Baba says in the murli. If I am not bringing what Baba says into my practical life and I am not speaking knowledge to others then what am I doing? We listen from our hearts, we bring it into our practical lives and we endeavor to become the embodiment of it. Baba is still giving us knowledge. He wants us to become kings of kings.

Baba has a lot of love for us. He loves the children who make effort to change. Some souls never feel they have to change. However, this is the time for change. I have to make myself such that I am in Baba's heart and he is in my heart. Open your heart and check this for yourself.

Do I have only Baba in my heart as Hanuman did? He was able to fly all the time. Knowledge and yoga, both should be equally powerful. A maharathi is a great soul. A mahavir is a great warrior. A maharathi realises that others will see what he does and will do the same. They realise that others will receive the vibrations they create through their thoughts. A maharathi will always keep his feet above the ground.

*Om Shanti*

## **DADI JANKI - 21 DEC 2013 - SHANTIVAN THOSE WHO SMILE ARE VERY VALUABLE**

In order to remain peaceful we need to practice three things; remaining aware of drama, being in the stage of being the embodiment of peace and churning knowledge. It is time to stay in the stage of introversion. One's face shows whether one is extroverted or introverted. When you are introverted you will remain peaceful and happy. When you become extroverted you will fluctuate. It is this simple, so check yourself.

By being introverted and staying in Baba's remembrance you will remain happy constantly. It then won't matter where you live or whom you stay with, you will be happy. You will then constantly give happiness to others. In fact, this is what life is for; to remain happy and to give happiness.

We can realise ourselves when we become extroverted and when we are introverted. There is a huge difference between the two. In introversion one experiences supersensuous joy. The mind becomes cool and the sense organs are in control and are peaceful. If there is any influence of the vices one cannot experience supersensuous joy.

For us there is only Baba, murli and Madhuban. There is also this wonderful divine family in which everyone has their own part. Seeing these four we experience supersensuous joy. Baba is teaching us the art of remaining as detached observers and of seeing everyone's part. The happiness we receive now whilst sitting in the midst of this divine family cannot be received at any other time.

The scenes of the drama are changing all the time and we need to remain happy on seeing every scene. We should never think that another person couldn't change. If you think like this you will affect your own fortune because you may not want to work with them. Everyone has their own part and their own specialties. Let my forgiveness and mercy work like teachings for others. If you say that someone will never change then it means you are also not changing. To think negatively of others is my own sinful action so let me see my own self. Look at BapDada's and learn from them. Baba is so loving and detached.

There should not be any soul in the world that does not receive Baba's message. Don't see what others are or are

*Continued on next page*

**Dadi Janki - 21 Dec 2013 - Shantivan**  
**Those who smile are very valuable**

not doing. See what you can do towards this task. Baba has given us so many personal tasks and tasks for world service to do. Check and see what you are doing...

Baba is still with us... We are all sitting in Baba's homes. He is seeing us. Let us now have a special gathering of those who smile! Where shall we hold this gathering? Those who smile and make others smile are very valuable in this world...

*Om Shanti*

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**DADI JANKI - 22 DEC 2013 - SHANTIVAN**  
**ACCUMULATE THE POWER OF SILENCE**

Baba's surrendered children surrender their body, mind and wealth in Baba's service and have the awareness of nothing being theirs. Check yourself to see to what extent you use your body, mind and wealth in Baba's service. You are sitting in the body but where is your mind? Am I using everything, including my wealth, in a beneficial way?

The mind should accumulate the power of silence and do incognito service. It is not just a matter of listening through the ears; we have to check our minds accurately. There is a deep connection between the mind and the intellect. Ask yourself whether your mind and intellect wander anywhere. If your mind wanders can you be said to be having yoga? If you are not having yoga, how will you receive power from Baba?

We do service through mind, words and actions. Sometimes the mind is used in creating waste and negative thoughts. In fact the mind should always be free. The mind does service when it is very peaceful and the intellect is not influenced by nature or sanskars. Many have fixed their parts and have the thought that they will never change. Externally you may say that you want to change but internally you think that you will never change. This attitude shows that that one does not want to change.

Now check yourself honestly and change your nature and sanskars accordingly. Don't think that you are always right. Don't declare in your mind that you will never change. We have to do what Baba says. Our natures and sanskars should match one another so much that wherever we are staying everyone should be content with us and we should also be content. Time is passing by very fast so check your own record.

Use your mind to do service now. Spread the vibrations of the power of peace and let your words be words of knowledgeable and your actions donate virtues to others. Mind, words and deeds should do service simultaneously. I have to make my mind of a quality, which is worthy of doing service.

Baba is my Master. He is always content with everyone. His remembrance brings power and therefore we have the power of His remembrance. We also have to check our words and actions. Baba wants us to do a lot of service. We do service for the whole world through our mind, words and deeds. When one's mind is not caught up in the body or in the wealth, one can serve through it. We keep what Baba says in our hearts and we sit with Baba. We are not alone. One who is Baba's beloved child, who is very close to Baba, will become detached from everyone and this will enable them to experience the flying stage easily. There should be no attachment to any human being. I am a soul; an instrument and I sit where Baba sits me.

Have constant remembrance of the Father and have the awareness that your part is being recorded for all time. If you perform a sinful action it is recorded and that recording cannot be changed. Baba has come to take us back with Him. In order to go back with Baba and not be part of the procession we have firstly to be obedient to the Father and then obedient to the Husband. So let there be remembrance of the One Father and that remembrance should be pure, elevated and unadulterated. The children who have this type of remembrance are very much loved by Baba. They remain introverted with the power of concentration. Thus they can be unshakeable and immovable... and in Baba's heart. We have to sit on the throne of being unshakeable and immovable. This is the first throne. The second is the throne of sitting in Baba's heart and the third throne is the physical throne that we get in the Golden Age. If you sit on the heart throne now then automatically your future throne will be fixed. Now we should not think about "I and mine". We should not go into these aspects at all. If we see rubbish we will not become worthy of claiming a high status.

*Om Shanti*

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**DADI JANKI - 16 DEC 2013 - SHANTIVAN**  
**USE TRUE KNOWLEDGE TO MAKE YOURSELF TRUE**

It is time for us to go up above. When I think 'who am I' my fingers point inwards. When I think 'who is mine, my intellect goes up above. So what do I have to do now? When one remains introverted one knows what one has to do. The intellect stops thinking about others and one realises what one needs to do now. It is not the time to look at others, it is the time to see myself... What am I doing now?

It is the time to pay attention to the self; there are many people who want to learn from us. God is teaching us and the teachings are simple. I just have to develop my understanding and realisation. I have to realise what is reality. Then I will understand what is true, what is false, what is sin, what is charity. When there is realisation there is automatic transformation.

So what transformation do I need to bring in myself? I need to become completely viceless. Let me now finish all traces of vice in myself. This is what realisation means. We all know the five main vices but there are also other more subtle vices such as jealousy, carelessness, laziness, dislike/hatred.

God has given us the inheritance of purity, peace, love, happiness and power. So see whether you have these within you and to what extent you have finished the vices. No-one is my enemy. I have to love not only myself but everyone else also. If I have purity, I can have peace. If I have peace I can have love. Where there is love there is happiness. So check whether you have all these qualities in your life.

Be aware that 'as is the food so is the mind'. The company I keep is very important because company influences us a great deal. I have been given truth in order for me to bring that truth into my life and to make myself true. Remain aware of this. The service that has happened throughout the world and that continues to take place is happening on the basis of truth.

The more simple we remain, the easier our lives become. If you want to live a simple life you have to keep your hands empty. Don't burden yourself with many material possessions that you will have to carry around. One whose pockets are empty now will become a master of the world in the future. Wherever you go now, you will get a place to sit and food to eat. Dadi once went to a new place for service. She had a few clothes in a bag and she slept on the terrace with the clothes as her pillow.

What we have to do now is to remain in the intoxication of meeting God. This has to be my priority. We have to make ourselves content through that personal meeting with God. If you do this you will then simply give others what God has given you. Knowledge is a very good nourishment; it gives strength. Knowledge is also such a treasure that brings happiness. The more one gives, the more it increases. So now keep yourself happy and content using the methods Baba has given. Never allow yourself to be upset because you will lose your happiness. Happiness is nourishment and it is also a treasure. Knowledge is the treasure we have been given to revise and churn. Revising keeps us busy so we don't have time to think of other things. One who churns gets a great deal of benefit.

Now is not the time to waste one's time, money or energy. Now is the time to fill the self with purity, love, peace, happiness and power. The soul who does this work on the self is loved by God. It is the time to become so worthy. Nowadays people are very corrupt. Look at the world; there is corruption, hatred and violence everywhere. Whilst staying in this world we have become non-violent and viceless by following the principles. The timetable and principles given by God hold a great deal of strength. They are for our upliftment and so we have to follow them.

*Om Shanti*

## DADI JANKI – 28 NOV 2013 – SHANTIVAN EXPERIENCE RELATIONSHIP WITH BABA

Baba is our mother, father, teacher, friend, beloved and surgeon. He can be remembered in any relationship. When someone is loved a great deal it takes no effort to remember them. Rather, it is automatic. When we sit in front of Baba, when we develop all relationships with Him, then there is the feeling of love. Love becomes an experience rather than just a word. When the soul keeps placing itself in front of and beside Baba then it receives a current and starts to sparkle. We have to go into the depths of Baba's love. When we take love we become light. When a soul experiences extreme love then it becomes 'loveleen' or lost in love. On the path of bhakti we didn't understand the term 'loveleen' but Baba lets us have this experience. The experience of being loveleen brings infinite happiness. Each one has rights over Baba – it is just a matter of using those rights.

It is a fortune to have the right to sit in this gathering. We should have spiritual chit chat with each other. What else is there value in speaking? We are Baba's children and so how should our thoughts be? Our thoughts should be both pure and peaceful. They should be elevated... extremely pure. Our thoughts should also be determined. Internally I should revise 'who am I' again and again.

It is time to become worthy. Check; have I become a worthy child of Baba? Do you keep the aim of becoming a bead of the Rosary of Victory? Ask yourself; which rosary am I aiming for?

If you wish to come in the Rosary of 108 then:-

- 1) Remember One Baba
- 2) Put a full stop to everything of the past – even that which happened one minute ago
- 3) Fill the self with all powers and virtues
- 4) Leave the habit of worrying

It is remembered that those who have faith are victorious.

When I consider myself as a soul Baba can fill me with light and might. I then become a light and might house for others. Baba is sitting... waiting for me! It is not a matter of asking how to remember Him. It is not a matter of how but of now!

Baba's remembrance is so sweet that it can't make us anything but sweet.

Baba has given us the gift of such a divine intellect that, if used, makes it impossible to even say that we dislike

*Continued on next page*

## **Dadi Janki – 28 Nov 2013 – Shantivan Experience relationship with Baba**

what another person is speaking. Let me keep the 'urn' of my intellect totally pure and clean. To take sorrow and give sorrow is not our work. The task of Baba's children is to give and take happiness. There should not be any heaviness in my words; I cannot even say how many difficulties I am experiencing. We are eating Brahma Bhojan and our words should be sweet as a result.

*Om Shanti*

## **DADI JANKI – 29 NOV 2013 – SHANTIVAN BABA IS PULLING US BEYOND THIS PHYSICAL WORLD WITH THE STRING OF LOVE**

I am seeing all of you and Baba is also seeing all of you. We have the knowledge of the drama. Drama is the mother and Shiv Baba is the Father – dra-ma. Drama is very sweet and Shiv Baba is also very sweet. When we know about the drama we cannot ask 'why' or 'how'. We simply have to remain peaceful.

30th is Baba's day. Baba will be present with us in a subtle way. We can take a great deal of benefit by remaining in silence and going beyond. Keep looking at Baba. Baba became avyakt in 1969 yet through the chariot of Dadi Gulzar he has given the same sustenance and the same feeling as he did in sakar form. Baba has gone to the subtle world and he is pulling us to that place now. We are moving towards the supreme abode. Baba comes from up there and is taking us back there. This is the final moment; at any moment destruction can take place. Before destruction my stage should be such that I am able to show others, in their dreams or through visions, who the One behind me is; who their Supreme Parent is. It is not just a matter of giving the message through words to everyone. We have to help them realize who God is

Many have come here and become Brahmins but many are still stumbling, searching in some way or another for God or for liberation. We have to now become angels from Brahmins. The task of an angel is a subtle and unique task. We are renunciates. Do I maintain the attitude of renunciation? How much tapasya am I doing? Ask yourself these questions. I have to check my own self.

Now is the moment in the cycle for tapasya. If you do tapasya you will automatically be doing service at every step. If you become yog yukt and yukti yukt you will do service automatically. Baba has taught us how to explain. It was by listening to that explanation that we who were blind were given vision. Now it our duty to explain in such a way that we give others vision.

Check your thoughts. Are my thoughts elevated? Are my thoughts determined? Elevated thoughts do wonders

and they become successful. We have to now keep our thoughts pure, elevated and determined. Don't waste your time in waste thoughts. Create quality thoughts. Make this your spiritual practice with determination.

The hall is full (Diamond Hall). We are seeing in practical the creation of the Creator. Someone keeps pulling us with the string of love. If you don't make effort to remember Baba then you will never experience the power of the Almighty Authority and it is the time for that now. At no other point in the cycle can we have the experiences that we can have now. So now stop being influenced by others and think for yourself what you have to do. Stop being attracted and think for yourself what to do. Everyone is Baba's child. My task should be to see everyone's part as a detached observer.

We have learned who our Supreme Parent is through our intellects and got to know Him through the heart. It is time to become very loving to Baba. For this one needs to be knowledgeable and wise. The face of one who is a true yogi reveals their stage. Baba used to handle everything with a lot of economy. We have learned this from Him. Economy and eknami. We do the work down here with economy while we remember the One up above.

Keep faith. Everything is predestined and victory is assured. This life is very valuable. How would our lives be without service? We are very fortunate; we have come to know about everything. The ancestors have gone but we are here and we have the happiness of seeing this whole creation. How beautiful is the Creator! Now remain happy; we all need to maintain the nourishment of happiness and distribute the treasure of happiness. Churn well and you will receive power. Donate happiness and the other treasures you have received and you will get even more happiness.

Now, let us experience the power of concentration in silence. The power of concentration is extremely important now (Dadi then conducted meditation in silence before a song was played).

*Om Shanti*

## **DADI JANKI – 22 NOV 2013 – SHANTIVAN BABA IS SWEET AND BELOVED**

**Q. When we feel Baba is our beloved, the intellect never wanders. What is the sweetest relationship with Baba?**

We have surrendered to the flame. Each relationship with Baba is very sweet. In relationship with Baba there is a lot of entertainment. I remember Baba in the relationship of a teacher especially. In fact, we need to experience each relationship with Baba so that the feeling of the sweetness of each relationship is experienced in a pure way in our lives. I need to pay attention to this when I sit in meditation

early in the morning and then the feeling lasts throughout the day. This is one of the methods Baba uses to make us equal to Him. I am a lover, He is my beloved. Baba sits Himself on my eyelids. I have taken so much benefit from remembering Baba in the form of a friend. There is natural remembrance of a friend. In order to develop any type of relationship there needs to be interest. I need to forge my relationships with Baba and develop them. I firstly need to be an observer and consider the different relationships with Baba and then develop and maintain those relationships.

In this Brahmin life I need to keep a stock of co-operation with me. Ours is not the task of one or two people, it is a task we all need to co-operate in. The giving and receiving of co-operation makes it easy to achieve a task.

Baba has taught us how we have to live and how we have to die. Whilst living, I have to be like a moth who has surrendered to the flame. At the point of leaving the body, I can then fly away easily. We saw this with Brahma Baba. Shiv Baba has told us to keep looking at Him whilst following Brahma Baba.

I am a child of the Supreme Soul but I also have to consider the aspect of my karma. We are now performing actions from which we will reap the fruit for 21 births. So how should my karma be now? Through remembrance my past negative actions will be absolved. Baba is telling us not to create any more karmic accounts now. If you do then you will have to settle them. This is the point in the cycle when the soul needs to be free... We have to now perform elevated actions in the name of God and in His remembrance. It is not enough to simply speak; we have to allow everything to happen through the power of yoga. Baba is telling us not to remember human beings; not even to think of their name and form. It is time for this now. I have to move into the stage of being merged in Baba's love. This is the most elevated final birth of this cycle. Yes, we become happy on seeing each other but we don't have to consciously remember others. I have to appreciate each one's part – not criticize them. I have to become so sweet, so beloved, so honest... Baba Himself is so sweet and beloved isn't He? On seeing us, others should feel that we are sweet and beloved.

Beware because maya is not going to leave you alone; it will come in many forms that you may not even recognize. Until we have recognized maya clearly it is difficult even to have total recognition of Baba. Name, fame, position are an illusion... many souls remain busy in this work. We have to be like Baba actually; we have to become avyakt. Such were our ancestors. Many have taken rebirth but Baba will never tell us where. I have to remain aware of how I personally have to live and how I have to die. Why get involved in stories of others? My task now is to see the self, see Shiv Baba, follow Brahma Baba and pay attention to performing the highest charitable karma whilst remaining in the stage of 'zero' – Baba is doing everything...

*Om Shanti*

## DADI JANKI – 27 NOV 2013 – SHANTIVAN AM I TAKING CARE OF MY DIVINE INTELLECT

The more you stay introverted, the less you will feel it is necessary to come into words. I have to check who and what I am remembering. I have to now remember one Baba and none other. This is the way to make yourself peaceful and pure. In relationships within the Brahmin family we are all brothers and sisters. Yes, previously in many lives we had all types of relationships. When we sit peacefully, we receive Baba's power and our intoxication rises. There is no need to think. Whilst thinking the intellect wanders here and there, so please don't think. I have to know what it is necessary for me to think.

Even if you are not well, don't think about your illness. Don't keep the consciousness of being ill. This is a mistake. Neither should one talk about karmic accounts of the body. I should not say that this is a karmic account of the body. We know the situation; matter and these bodies are old. My task is to keep thinking and doing that which makes me beloved to Baba. Internally I have to think who am I and who is mine, and then just keep smiling.

Baba has given us a timetable for morning until night. He has told us what to think also. He tells us not to even have ordinary thoughts, let alone wasteful thoughts. If you have ordinary thoughts then you cannot make yourself elevated. I have to check myself constantly. If one churns knowledge constantly one experiences a great deal of happiness. Then when you speak, your words will touch others. In order to store the milk of a lioness, a golden vessel is required.

In order to 'see' Baba one needs a divine intellect and the divine eye. Check yourself; am I maintaining my divine intellect and divine eye. Baba has spoken of these in Murlis. In order to understand and know everything we need a very pure intellect.

We don't just have to remember Baba, it is also important to remember the inheritance we receive from Him. What is that inheritance? It is the inheritance of liberation and liberation in life. Have you claimed this inheritance? Let anything happen but I should not waste my thoughts in thinking, 'Why did this one say this?' 'Why didn't he or she say that?' Dadi has seen how this happens. Don't let yourself worry. My face should not change at any time. I have to keep my own self respect. Internally I have to keep my stage stable. This is our self respect. One who stays in self respect never gets distressed. We have to pride of having found everything. Having found Baba I have found everything; the earth, the sky, everything belongs to me... Fortunate are those who know how to remain happy and to distribute happiness! Do you know how to remain happy? If not, then how can you increase your fortune by giving happiness to others?

*Om Shanti*

# Dadi Janki - 17th December 2013 - Om shanti Bhawan

## Baba is present, there's no need to think

Baba is behind me and the cycle is in front of me. Never have the consciousness of being from a certain place; I am a resident of Madhuban and my original home is Paramdham. First we will go to the land of liberation and then to the Golden Age. There is no need to think about anything. There is time, the self and Baba. Time says, do this, Baba says, I get everything done, so what is there to think about? When you practice Manmanabhav (remember Me with your mind), then you automatically remember the one in the middle (Madyajibhav), the aim. The One who is enabling me to become these is Baba. Ask yourself; what am I becoming? We have to come into the Golden-aged kingdom, not later on. Baba has explained things so well that they have fitted into place in the intellect. This is the time of the confluence age, each soul has their own part. It is a thing of great happiness that God has brought me to the awareness of what my part is and what I have to do. There is no need to ask 'how, why, what, when'. These are not words of a gyani soul. A gyani (knowledgeful) soul is loved by God and one who is an unshakeable yogi soul becomes visibly like me. So Baba Himself says two things, "Child, imbibe the knowledge that you listen to and bring it into your life. I love such a child".

The heart gives thanks to Baba. 'My Baba, sweet Baba, beloved Baba, thanks Baba'. Why is there this gratitude in the heart? He is sweet because he tells us such sweet things and teaches us how to smile. We don't need to do anything else. There are the sense organs and the mind. Let the mind become calm and quiet first of all. Check that the sense organs are not caught up in any desire or attachment. There is no need to remember what has gone by. We belong to One and we are united. We have become the garland around Baba. It is said that the most elevated act is to live in unity and create unity. One is to recognize Baba and the other is to recognize Madhuban. Let your living spaces become so powerful that it is as if Baba is sitting in front of you.

We have received avyakt sustenance for 44 years and sakar sustenance for 33 years. It is Baba's job to sustain, I don't need to worry. Baba is present. This is a very good method, 'Baba is my companion and I am a detached observer'. There is no question of 'thinking'. Service is happening and will continue to happen. Baba has taught us to have faith in the intellect and remain free from worry because everything is destined.

It is God's mercy and power that makes the impossible become possible and therefore there is no need to think. Everyone has this experience right? There is no need to ask what will happen. It will happen for the best. Baba is present. It will happen, it's not a big thing. Never forget this. Never remember superfluous things. One is wasteful things such as thinking about others and the second is superfluous things, in which I am not involved. To think unnecessarily is very unwise, it is not my place to speak about such matters. It then becomes a habit. By saying 'om shanti' three times, you can remove this habit.

There is a saying, "One suggests, the other accepts. There is no need to ask how in this aspect. We need to learn how to be quiet, how to be in silence. We need to avoid having any kind of extra thinking. To churn the ocean of knowledge means to go into the depth of knowledge. These aspects are worthy of deep reflection. Instead of repeating other things, look at one beautiful aspect of knowledge after another... this is good, this is good... The murli is the magic mantra that heals us. No need to think. It has already happened and will happen again. We are instruments and we remain accurate. Pay attention never to give excuses.



**Om Shanti**