

MERABABA 2013-14

01 –Which service is necessary at the present moment? 24-10-13

Now, BapDada wants you to become fast in both your own stage and in the stage of service. BapDada wants every child to remain constantly unshakeable and immovable and continues to move ahead. According to the atmosphere of the world, the *majority* of children need power of the mind to transform the atmosphere through powerful *Sakaash*. Make the power of your mind even more *powerful* and with this power of your mind, it is essential to pay greater *attention* to transforming the influence that is there at the present time. According to the present time, instead of using the power to listen and explain to others, there is a need to transform the attitudes of others with your own attitude. BapDada saw that the power to transform the attitudes of others still has to be used more. Now, there is a need to *change* the *vibration* and the atmosphere with the power of the mind. This will not happen by listening and speaking knowledge, but the good wishes of your mind can transform the attitudes, vision and actions of people. Today, there is a need for bringing about transformation with the power of your mind and for transforming the attitudes of minds. Like now, there is corruption and talk about corruption everywhere; this atmosphere has to be transformed with the power of your mind and create zeal and enthusiasm in everyone's mind to have remembrance of God.

02 – What to do when you are worried? 24-10-13

OK. OK. Always OK. What is there to worry about? If any worry comes, give it to the Father.

03 – Method to give up weakness and take extra help from Baba.

31-12-2013

At this time, BapDada can see on each one's face the sparkle of love and of a meeting. Today, did all of you renounce something and imbibe something? BapDada is seeing the happy faces of the *majority* of the children at this time, so what song is He singing? Wah children! Wah! On this day, each and every child has to renounce something and also imbibe a new virtue. Think about it: What do you have to renounce and what do you have to take? BapDada wants to see the sparkle of carefree emperors on the faces of all the children. You do pay *attention* to this, but,

on this special day, you have to renounce something from your heart and also imbibe something. Can you do it? Raise your hands if you can do it. Not that you can do it, but that you will do it. Will you do it? Baba is seeing waves of enthusiasm on everyone's forehead. So, this enthusiasm that you have now should remain all the time. Pay special attention to this. Let there be some special enthusiasm in your heart and constantly check this enthusiasm: Did the enthusiasm remain as enthusiasm or did it change? At all times, BapDada wants the children's faces to have the enthusiasm of imbibing one or another virtue. If you imbibe a virtue, the defect will automatically then finish, will it not? BapDada is pleased about all of you children. The weakness that you do not want but still comes can you renounce that thought, now, today, with a determined thought? Can you renounce it? Those who can renounce it, raise your hands! Achcha, you are raising your hands. You have maintained courage and you also have the Father's help. All of you have something in your heart that you want to renounce, but it still remains there in a thought form. Can you give that to the Father with determination today? Can you give it? Raise your hands! You can give it, but do not then take it back. For that, BapDada will give special help at amrit vela because BapDada can see from each child that you definitely want to renounce something, but... There are many things in this "but". However, whatever weaknesses each one has, if there aren't any, then congratulations! If there is any trace of weakness even in your dreams, then give it with determination to the Father today. You know how to give it, do you not? Have the thought, if you have this determined thought today – then, because of having this determined thought today, each one of you will receive *extra* help. At amrit vela in the morning, and after amrit vela, *check* your thought and have the determined thought in your heart and you will receive *extra* help from BapDada.

04 – Method for not taking back things given to the Father.

31-12-13

Celebrate today as the day of determination. It has to happen, we have to do it. Not that we will do it at some point, but that we have to do it. BapDada is your Helper in this. Do not become slack in your enthusiasm. Revise it every day. Give your weakness to the Father. Do not take back what you have already given. BapDada is seeing that the *majority* of the children want to... However, give your weakness to the Father. You cannot take back what you have given away. BapDada is pleased that the *majority* of children want to, but, together with wanting to, they pay very little *attention* to the power that is needed. "It will happen" ... this creates an obstacle in-between. Let there be determination in your thought. So, today, the old year is going and the New Year is to come. So, each of you has one or another determined thought

in your heart that you will renounce something. Think about this in your heart. However, *check* it daily after amrit vela: Is the thought that I have had determined? *Check* because carelessness also comes in thoughts. So, today, imbibe something elevated in your heart and revise it every day at amrit vela. Do not take back what you have given because, as you make further progress, in the times that are to come, as you see those times, you will have to have daily determination in your every thought. Look at the *result*: To what extent has the thought you had been fulfilled? If the *percentage* reduces – if at first there is a lot of enthusiasm and it then becomes a little slack – do not allow it to become slack. Have the determined thought that you definitely have to demonstrate this by doing it. You are *master* almighty authorities, not ordinary. So, tomorrow, bring one or another determined thought in front of you and revise it daily at amrit vela and *check* it. Take help from BapDada.

05 – Never allow your happiness to be lost. 31-12-13

All of you are happy in your hearts, are you not? Just as your heart is happy now, it is happy now, is it not? So, remember this time. Just as your heart is happy now, so continue to remember this happy time. BapDada will take a *photo* of all the children. That *photo* will not be ordinary. So, be constantly happy – will you remain constantly happy? Are you sure? How much are you sure? Do not allow your happiness to go. Remain happy and share that happiness. You are Brahma Kumars and Brahma Kumaris. What is your *title*? So, remember: I am a Brahma Kumar or a Brahma Kumari. I am not ordinary. You know Father Brahma. Although you have not seen Father Brahma, you do know him, do you not? “My Baba”. The more you have this consciousness of “mine” for the Father, “my Baba, my Baba”, accordingly, your remembrance will become easy because whatever is ‘mine’ is never forgotten. So, make the Father ‘mine’ and then don’t forget what is ‘mine’. This is what BapDada wants: Wake up in the morning and look at your face – the face of your mind, not that face. Look at the face of your mind: Is it as the Father likes?

06 – Always remember, “I am a Wah, Wah child”. 31-12-13

Seeing all the children, BapDada is pleased. ‘Wah children! Wah’! All of you are ‘wah wah’ (wonderful)! are you not? Are you ‘wah wah’? Raise both your hands! So, will you remain like this all the time or just now? Constantly ‘wah wah’! You find the Father to be constantly ‘Wah Wah’! and that is why you remember Him. So, the Father is ‘Wah, Wah’! and so the children are also ‘wah wah’! Wake up in the morning and remember what type of child you are. I am a ‘wah wah’ child. Achcha. You will remain constantly ‘wah wah’, will you not? Pay *attention* to this. Raise your

hand for this. As soon as you wake up, remember these words 'wah, wah!'. The Father should see you as 'wah, wah'! Achcha. BapDada is giving special drishti to all the children who have come. For what? For you to remain 'wah, wah'. Will you remain like this? Will you? Raise your hands! You will remain like this. So, do not forget the words "Wah wah". Do not forget that you have raised your hands in this gathering. Who am I? Wah! Wah! It is *easy*, is it not? I am 'wah wah'! and so what will happen? You will be happy. No matter what happens - it came and it went and so why are you holding onto it? Nothing ever remains all the time; it goes away. Why do you hold onto it? So, from tomorrow, look at your face every day at amrit vela. Look at your face within, not the external one. *Check*: Is it 'wah wah'? Why? If BapDada is 'Wah wah', what will the children be? Wah, wah! Simply remember the word "Wah wah". If you ever have an *off mood*, then remember the words 'wah, wah'.

07 – Father and you, that's all. 31-12-13

At amrit vela, BapDada tours around and gives drishti to the whole family. How long does BapDada need to tour around? He has love for you children. So, every day after amrit vela, just see, BapDada will tour around and He will see everyone. So what will He see? Wah, wah! Do not forget these words 'wah, wah'! Wah, wah! Achcha. Wherever all the children may be, BapDada calls all of them the 'wah, wah' children and sees them when He tours around. So, wake up at amrit vela and always remember: Who am I? Wah, wah child. Whatever situation happens, merge that in 'wah, wah'! Do not keep that situation. Just the Father and you, that is all.

08 – Brahma Father's Special teaching. 18-01-14

Now, you are taking sustenance from avyakt Brahma and this is why you call yourselves Brahmins. To play your *part* with sakar Brahma is also a sign of fortune. However, even now, both Bap and Dada are together serving the children. You are so fortunate! BapDada sings the song "Wah children! Wah!" on seeing the fortune of the children. However, now, both together, both Bap and Dada, are serving the children. Father Brahma has a special *part* of sustenance. *Follow* both Bap and Dada because everyone especially remembers Father Brahma with their hearts. Along with that, on this special day today, from amrit vela onwards, the teachings of both Bap and Dada continued to come into the awareness, in the mind of everyone. Father Brahma's special teaching is: Become an embodiment of the awareness of BapDada. It isn't the Father alone, nor is it Father Brahma alone – remember both of them. It is the sustenance from both of them that is making you move ahead the most. So, in terms of today being a special day, remembrance of Father Brahma is in the hearts of everyone and you are *following* the *father* because Father Brahma was the same as you in the

corporeal form. Father Brahma always says: *Follow* both Bap and Dada. Brahma Baba stayed in the corporeal form and played his *part* in the corporeal form with the children and in service outside. In the same way, you have to *follow* Brahma Baba. BapDada has seen that the children are moving along *following* both. Every day at amrit vela, BapDada gives special love and remembrance from His heart to those long-lost and now-found children who *follow* the *father*. He gives them the blessing, “Wah children! Wah!”

09 – Our Father came and we did not come to know. 31-01-14

At this time, BapDada wants you to give this experience of “My Baba” to other souls and enable them to claim a right to the inheritance. Today, sorrow, peacelessness and temporary happiness are spread throughout the world. You must definitely give those souls at least a little experience of happiness and peace because you can give this experience only at this time. This time has the blessing of enabling souls to meet God. Out of the whole cycle, it is only at this time that souls have the meeting, introduction, relationship and inheritance of the Supreme Soul. Now, all the children who have claimed a right should always feel mercy for those souls that none of the souls of this land or of the foreign lands remain deprived. Your special task is not to leave out any *area* in any way so that they could complain that they did not receive the introduction. You are doing *service* everywhere, but no *area* nearby should be left out. Let there be no complaints that “Our Baba came and we didn’t even know”. This is the responsibility of you children who have become instruments. As much as possible, definitely give the message. *Note* down which *area* is still remaining, so that there will be no complaints that they didn’t even know. It is your duty to make them aware – whether they accept it or not is up to them.

10 – Not even a small area should be left out. 31-01-14

Even though it may be a small *area*, if it is close to your *area*, then *note* it down. Even those from the smaller *areas* can complain to you, “You knew our Father had come; He is our Father because He is the Father of everyone. So, why did you not tell us?” Therefore, *check* if the message has reached everywhere in your own *areas*. Then your responsibility is finished. Do not think that that is a small *area*, for the people from that *area* are also (Baba’s) children, are they not? Send anyone so that they at least become aware that the Father of all of you has come. Cover your whole *area* through any *programme*. If it is a small *area*, then send someone junior, but let them not remain deprived because the time will come suddenly. It will not come after you are informed. You must definitely see to your duty of giving the message everywhere. For instance, if there is no service in your *area*, then inform those of your surrounding

area and make them instruments. Let no soul be left out; they should receive the message, rest is their fortune. So, each one of you has to *check* your own *area*. Even if it is a small street or ordinary people, they are also the children: they should at least know that the Father has come. You can do this in whatever way you want, but let there be no complaints left that they didn't even know. This is your duty because any circumstances can suddenly come at any time. Fulfil your duty! No matter whomever you send, let there be no complaints remaining that they didn't even know. They would be close to some *area*, would they not? Because any conflict can suddenly begin. Fulfil your duty and *check* that no one is left out in your surrounding *areas*. If it is someone else's *area*, then consult them. Do not do it without consulting them. Consult them and then fulfil this because anything can happen suddenly. This is why, today, BapDada is giving a signal to all the children, whether of this land or abroad to check your own *areas*. Consult the seniors and then get them to do something, but let no one be left out.

11 – Don't become tired in making efforts. 31-01-14

All of you are the Father's long-lost and now-found children who belong to the Father. BapDada is also pleased to see you long-lost and now-found children. Wah children! Wah! Do not become tired in your efforts. If any small or big situation comes up, then take help. If you do not want to take anyone's help, then *check* it with the power of your yoga and find some or other solution to it.

12 – Prepare yourself to face anything suddenly. 31-01-14

BapDada is signalling you to be *ever ready* in both service and yourself. There should be an atmosphere of contentment at every place. Because it is to happen, if there is discontent, be that small or big, with anyone's co-operation, it is necessary to make yourself *powerful* for that. Today, BapDada is giving this signal for you to be ready for "suddenly". Do not say then that you didn't know. It has to happen and it will happen suddenly. When it fades away from your mind, that is the time it will happen. This is why BapDada is giving you a signal to *check* yourself. Become equal to the Father in what the Father wants: all of you are clever in knowing this. The Father wants you to have such a stage in your thoughts, words, deeds, relationships and connections that you are able to face anything when it happens suddenly. *Internal power*. Let the soul always have that *attention* and always be an intense effort-maker. Self-transformation and being co-operative in bringing about transformation everywhere: continue to *check* both of these things.

13 – If there is any obstacle or upheaval, share it. 31-01-14

If someone thinks otherwise, but may be a little embarrassed to raise your hands, if there is an obstacle or some upheaval, then tell your Dadis or those in whom you have *faith*, such as the senior Dadi or the Dadis – tell them. Do not keep it inside you. Take one or another cure for it, because if anything is to happen, it will happen suddenly. At that time, you will not be able to make any effort. Now *check*, if anything were to happen suddenly, if there were an upheaval whether you have enough power to be able to save yourself, to create that impact on the atmosphere and to also become helpers of others. *Check* this. Did all of you understand? Understand! You are all very sensible. BapDada likes it. He is not saying it just like that. You are sensible, but you sometimes take a little *time* when the time comes.

14 – Don't hide any mistake within yourself. 31-01-14

To all the children everywhere, those who are far away and those who are near, many, many congratulations for paying *attention* to yourself. Do not be deceived. Pay *attention!* You are doing it and have to continue to do it. If you want any help, you can take it from those who are instruments. Not that someone says whom to take help from – you know who the instruments are. The Dadis are there, are they not? There are the Dadas and Dadis. Do not hold onto any mistakes. If you have made a mistake, then repent for it in your heart and with BapDada, and finish it. Do not accumulate it. If BapDada were to see each one's account, what should it be like? *OK. Very good.*

15 – The specialty of God's love. 14-02-14

In fact, you children are worthy of God's love at the confluence age, but according to the world today, today is a special day of love, and so BapDada is bringing in front of Him all the children from everywhere who are worthy of love and giving each and every child unlimited love, love from the heart, love to fly constantly with zeal and enthusiasm. You are in front of Baba in the corporeal form, but in front of BapDada are all the children from everywhere, who are worthy of love and who are giving love and receiving love. In fact, due to celebrating it today, every child is said to be worthy of love on this day. However, every child is in fact worthy of God's love at every moment of the confluence age. Souls who are worthy of this love are deeply loved by the Father and are the beloved children of the Father. God's love is received only in this one birth of the confluence age. This love finishes the sorrow and suffering of many births and constantly feeds you the nourishment of happiness. Every child is a

soul who has a right to God's love. Today, BapDada is receiving love from each child's heart, and, is also giving love from His heart. All of you souls have also become embodiments of love and are showing this through your form. God's love is merged in each child's eyes and on the forehead.

16 – BapDada's Wish: Every child should become like the Father.

14-02-14

At amrit vela, BapDada especially gives each of you children everywhere love, remembrance and powers as blessings. This is the fortune of the children who are worthy of God. Now, BapDada has one more thought. Should Baba tell you that? Should He? Then you will have to do that. Those who are going to do that, raise your hands! You have very good courage. BapDada is pleased, and the children who have courage definitely receive the Father's help. Now show this wonder: Each child has to become free from obstacles and equal to the Father. All of you have this aim, but some obstacle comes in-between and makes you a little slack in your aim. Now, Baba wants each of you children to keep the aim for yourself: To become free from obstacles in your thoughts, words, relationships and connections, to be constantly equal to the Father, to give zeal and enthusiasm to others and to be co-operative with them and make them also free from obstacles. Each one of you has to make your service place free from obstacles and take blessings from everyone. At each service place, whether at home or at the centre, let each one of you have this determined thought and show that you are free from obstacles and that you will do the service of making your companions free from obstacles. At the very least, each centre has to be co-operative with its companions and be successful in the service of making them free from obstacles. BapDada now wants to see the centres, the self, wherever you are staying, free from obstacles and finish all waste even in your thoughts - you have to become like this and also make others the same. Is this possible?

17 – Make your companions and the atmosphere around you

obstacle-free. 14-02-14

From today, you will make yourself free from obstacles and wherever you are living, you will make that place and your companions free from obstacles. Are you making this determined thought from now? Can you also make your companions like this? Raise your hands for this! You are raising your hands after thinking about it. Since you call yourselves "world transformers", then, before you can transform the world,

you will definitely have to make the place where you are staying free from obstacles, will you not? Have the aim that, just as you have made yourselves free from obstacles and you have success in your thoughts, in the same way, you will make your companions and the atmosphere there the same as you, for only then will your kingdom come, will it not? So, now, today, BapDada is giving you this work: You have become this and BapDada is pleased. However, you also have to make your companions free from obstacles because you have to establish your own kingdom, do you not? Everyone will be in the kingdom, will they not? So, have this thought and, as much as possible, also take help from your companions.

18 – Small work given by BapDada. 14-02-14

Today is the day of love, and so everything becomes easy because of love. Just as all of you have maintained courage, so, the Father will help and your companions too will help, so it will become visible in a *practical* way. Transformation has to take place. Whatever small or big things there are, you have to transform them by yourselves. You should not have to be told. You are sensible and so you know what you have to do as well as what you must not do. Whatever you don't have to do, do not do that that is all!

Now, in order for you to become world transformers, BapDada wants each one of you to become free from obstacles and make your companions the same, because you are world transformers, and so how can it be difficult to transform one or two companions? Each of you has to pay attention so that you definitely make your atmosphere and your companions free from obstacles. You are those who are going to make the world like this, BapDada is only giving you a small task. If you have this thought, then raise your hand, those who have had this thought! (Everyone raised their hands.) You have raised your hands and pleased Baba. Congratulations! Congratulations! Congratulations! Now, when Baba comes next time, He will hear the good news, will He not? He will hear it, will He not? Raise your hands for this. Make your close companions free from obstacles. You are being given a small task. Baba is not asking you to make everyone obstacle-free.

19 – When does BapDada enjoy? 14-02-14

BapDada is enjoying Himself. When the children have courage, BapDada is very happy and when the children have courage, the Father definitely helps. He is definitely your Companion.

20 – What preparations are needed for going to our kingdom? 27-02-14

Today, on Shiv Ratri, each one of you has to look at the *chart* of your heart: In order to go into our kingdom, how much perfection have I brought about in myself? This is because we have to go to the perfect kingdom where there is no name or trace of sorrow. So, do you see in your heart the sanskars of being constantly free from obstacles from now? Even before the obstacle comes, do I experience the stage of being free from obstacles? Now, BapDada is seeing in the children the speciality of being destroyers of obstacles and also wants to see it. Some children have the firm sanskar of being a constant obstacle-free companion of the Father. You have *attention*, but the meaning of *attention* is “*no tension*”. You pay good attention to this aspect because it is only now when you instrument children become experienced in the stage that is free from obstacles that the *vibrations* of your being free from obstacles will reach the effort-making children.

21 – Fix your time for staying obstacle-free 27-02-14

Today, on this day of the incarnation, the Father now wants every child, according to his or her own efforts, to make a *note* for the self, whatever time you *fix* according to your own self: Did I remain free from obstacles for the duration of that time? This is because as you progress further, it will be necessary to pay *attention* to being free from obstacles. This is why BapDada now wants all you children from everywhere in the world to *fix* a time for yourself according to your own courage: I, the soul, can remain free from obstacles for this amount of time. By paying *attention*, you should see that for yourself.

22 – The Influence of atmosphere should not become an obstacle in bringing good thoughts in the mind. 27-02-14

BapDada wants to see the *result* of one month. Just one month, Baba is not asking for more. And for those who want to remain free from obstacles in their thoughts for one month, not to even any waste thoughts, they should *stop* as soon as you tell them to *stop*. Now, there is a need to pay *attention* to your thoughts. So, *check*: Did I remain free from obstacles in every thought? Not even to have any waste thoughts. Am I paying this much *attention* to my thought power? Thoughts are your own power, are they not? So, now, think of a *plan* to remain free from obstacles. *Check* yourself for one month: Did what I think, happen practically or not? This is because Maya is also listening to this. No matter how much Maya there is of the atmosphere, the influence of the atmosphere should not be an obstacle to the pure thoughts in your mind: let there be success in this. *Check* yourself for 15 days: not to even have any waste thoughts. Do I always have the Father merged in my heart? Now, for some time, pay *attention* to this effort over your thoughts. Words and deeds are gross things, but even

your thoughts should not be wasteful - it is necessary to *check* each and every thought. Although there are words and actions, when the power of your thoughts becomes *powerful*, there will be a difference in your words and deeds. Today, BapDada is drawing your *attention* to the thoughts in your mind. The instrument maharathis now have to pay *attention* to the power of the mind. Words and deeds will *automatically* be put right. So, today, BapDada is signaling the thoughts of your mind because unnecessary *waste thoughts* also take up your *time*. You have to save that time. Is it possible? If it is possible, raise your hands! Achcha. You have a lot of zeal and enthusiasm and so, well done for that! Now, put that zeal and enthusiasm into your deeds. You will *pass* in this too, because, you will keep the Father with you, will you not? Then, by having the Father's company, all waste will *automatically* finish.

23 – BapDada wants the gift of finishing waste thoughts. 27-02-14

Today, BapDada, is drawing your *attention* to *waste thoughts* because a lot of *time* is *wasted* in this. You have to use your *time* for intense effort. So, today, BapDada is drawing your *attention* to waste because children say: We don't have any bad thoughts, do we? We do have these little waste thoughts, but these can deceive you at any time. Therefore, now reduce the waste. So, thoughts, words, and deeds (relationships and connections): *check* yourself in all of these - How much is *waste* and how much is *best*? This is because on this Shiv Ratri, you will give a gift to the Father, will you not? Will you give it? Raise your hands! So, BapDada wants the gift that you finish all waste. Pay *attention!* You do pay *attention* to overcome anything bad, but you now also have to pay *attention* to waste because a lot of time is *wasted* in anything wasteful. So, on this day, in relation to Shiv Jayanti, BapDada is giving you the *homework* of paying *attention* to the waste. You like it, do you not? Do you like it? Then raise your hands! If you like it, then all of you will *pass*. If you like something, then whatever you like, you would do it with your heart. So, congratulations, congratulations, congratulations. You don't find this to be hard work, do you? By paying *attention*, your effort reduces. Try it and see. You will all *pass*. When Baba asks for the *result* after one month, the *majority* of you will have *passed*. This is possible, is it not? Is it? Then, raise your hands! All of you are raising your hands. So, BapDada says: Wah children! Wah! With the aim, you will easily and naturally develop the qualifications.

24 – What is to be done if any adverse situation comes? 15-03-14

BapDada wants to see every child in the form of an intense effort-maker. When any situation comes, it is the duty of the situation to come and the duty of you children is to claim blessings from the Father's heart. Every day at amrit vela, accept blessings for yourself from the Father. Throughout the day, experience BapDada with you as

your Protector. So, what is the meaning of the Father's company? Whatever the Father and the murli that you listen to at amrit vela says, there are blessings also merged in it, as well as love and remembrances. So, claim blessings every day, continue to fly and make others fly.

25 –The method to turn any failure in to success. 15-03-14

To celebrate Holi means to make the past and the present constantly an embodiment of success. You are embodiments of success. Success is your blessing since birth. With this awareness, remember the day again and again. BapDada's blessing is: Success is with every child because BapDada is with you, so, success is constantly with each one of you children. You simply have to put it into the *practical* form. You are embodiments of success. Your form is of success itself. So, on this day, keep this blessing in your awareness that success is our birthright. This awareness will change even matters of failure into success. So, on this day, remember: I am an embodiment of success. Constantly keep this blessing from BapDada that you received today in your awareness: Success is my birthright. whatever you have done, today, let that be the past and for the future, remember: Success is my birthright. Every day at amrit vela keep this blessing in your awareness and *check* yourself the whole day and become an embodiment of success. So, every day at amrit vela, keep this blessing in your awareness: Success in my birthright. If anything happens in a *practical* way, then remember this blessing of success and put it into the *practical* form.

26 – It is Baba's heart-felt Love that is making children move forward.

30-03-14

To the extent that the children have love for BapDada, BapDada has even more love in His heart for each child. This love from the heart is making all the children move along according to their capacity. BapDada is seeing that each child has lots and lots of love in his or her heart for the Father and for both BapDada. BapDada also has love in His heart for each child. The Father's love and remembrance is merged in each one's heart. This alokik love is enabling each one to move along. No matter where or how many children there are, the love in BapDada's heart is making the children move along. Each child is moving along, numberwise, with BapDada's love and the love of the family. In the whole cycle, it is only now, at the confluence age, that you can experience this alokik love. Seeing the love in the heart of each child, BapDada is also giving blessings from His heart to the children: Children, constantly continue to receive love from the heart of the Beloved and continue to move forward. This love

from BapDada's heart and the love from the heart of the family are making each soul move along and it will continue to make everyone move along.

27 – Never become tired and never get frightened. 30-03-14

Now, BapDada is giving each of you children blessings to move along as a mahavir. Never become tired or afraid. The Father loves each child very much. It is this love that is making you move forward and it will continue to make you move forward.

28 – Never come under the influence of any type of atmosphere.

30-03-14

You have love in your hearts, and you are moving ahead of all with the sustenance of love. Are all of you moving forward with the sustenance of love? Or, if there is an obstacle in between, you do not stop, do you? BapDada has seen that many of you children have the thought of moving forward and that no matter how many small or big obstructions may come, the *majority* of children, on the basis of the Father's love and *knowledge*, are moving ahead very well and will continue to do so. Seeing you children, BapDada is very pleased about one thing. What is that one thing? No matter how many situations come, the *majority* of you become fearless and move forward. Seeing the aim and qualifications of the children, BapDada is pleased. This is why, upon seeing any type of atmosphere, many of you are not influenced by it, and with the Father's love and co-operation, are moving forward and will continue to move forward. When seeing one another, look at their specialities; do not look at other things. You definitely have to move forward. Tell everyone that your aim is: "We definitely have to move forward." Those who have this aim, raise your hands! Even while hearing of one another's weaknesses, do not hear them. Make yourself move forward and also continue to make your companions move forward.

29 – What co-operation you need to give to each other for making efforts? 30-03-14

BapDada is seeing such children who are making good effort. However, while constantly bringing about a wave of intense effort in yourself, also bring about waves of intense efforts in others. Put zeal and enthusiasm into them. Be co-operative. Do not come under the influence of those who do not make effort, but instead put zeal and enthusiasm into them too. Every now and again, some souls experience tiredness in their efforts. BapDada sees this. However, those who remain intense in their efforts

also enable others to move forward in their efforts. Let the atmosphere of the timetable be such that everyone continues to move forward with zeal and enthusiasm in their efforts and they continue to enable others to move forward too, because you are companions of one another, are you not? So, continue to move forward on the basis of your good wishes for everyone. Continue to relate the zeal and enthusiasm of your experience and be co-operative with one another.

30 – Don't come under the influence of any atmosphere. 30-03-14

No matter what the atmosphere becomes like, transform the atmosphere with your own atmosphere. Do not be influenced by the atmosphere. Move forward and continue to enable others to move forward. You are companions of one another, are you not? Constantly to give your company means to make them move forward. So, continue to move forward. Now, what aim does each of you children have? An intense effort-maker, not a slack effortmaker. Do not think: "I will be fine, I will be fine." You have to be fine, because you have love for the Father, do you not? You have love for the Father, but what is it that the Father has love for? Intense effort making children.

31 – Become brave and make others brave. 30-03-14

You are clever in raising your hands. BapDada is pleased that at least you have kept this courage. When the children maintain courage, God helps. You will definitely receive help. Simply have the desire: I definitely have to become this. I have to do this. Not to be slack in making effort, but to make effort. BapDada is pleased. Even now, it has been seen that when some situations come while making effort, some children then become weak. However, be courageous and make others courageous. At the very least, those who come *regularly* have the aim of making intense effort. It isn't that they do not have the aim, they do have the aim, but, when situations arise in between, they do think a little about making effort, but then become a little slack in doing it.

32 – Become an intense effort- maker with courage; by losing courage, you lose everything. 30-03-14

So, every day at amrit vela, *check*: Is the speed of my efforts intense, or am I just moving along, thinking, "I will reach there, it will happen?" You do not have such

thoughts, do you? Become an intense effort-maker. You are an effort-maker, but *check* whether you are an intense effort-maker. Whom does BapDada love? Intense effort-makers. So, what does each of you children have to become? You have to become an intense effort-maker, do you not? Raise your hands! Is it that you have to become that, or are you moving along having become that already? Never leave this aim: I have to remain an intense effort-maker and also give my company to others. Do you have this aim? Those who have this aim in your hearts, raise your hands! Achcha. All of you are raising your hands. OK, if it is a little slack, then make it intense because, day by day, Maya also continues to do her work. However, who are all of you children? What is your *title*? Conquerors of Maya. Those of you who are going to become conquerors of Maya, raise your hands! All of you are raised your hands. BapDada is pleased that at least you children have courage. The children have courage and so the Father definitely helps.