

Brahmin Maryadas

1. Pilgrimage of Remembrance at Amrit Vela

The foundation for Brahmin life is love full remembrance of Baba in the early hours. Brahmins should rise before 4.am and sit together in meditation from 4.00am to 4.45am each day.

2. Daily Morning Class

Baba says "Sweet Children, you should never miss Murli class". By studying the murli the soul gets food for the intellect and soul for personal efforts. Baba's Murli contains the solution to all problems and the answers to all Questions.

3. Observing Purity

Baba says, "Sweet Children, the power of celibacy purifies your intellect and helps you become accurately connected in yoga with me." Apart from celibacy there should be purity in our thoughts, our speech, our vision towards others, the state of mind and in all relations and contacts in order to be a true yogi.

4. Pure Diet

To help in purifying the mind all food should be pure vegetarian or dairy products only. Prepare and eat your food in a soul consciousness and yogi stage. Never take stale or heavily spiced food or impure substances like meat and meat products, garlic, onions, eggs, tobacco, alcohol or drugs not medicinally prescribed.

5. Good Company

Company will colour the soul. To enable easy transformation keep the company of your True Father and Friend, and as much as possible, the company of knowledgeable and yogi souls.

6. Inculcation Of Divinity

The true religion and decoration of Brahmin life is the inculcation of the divine virtues and spiritual powers in our life.

7. Doing Godly Service

Co-operating with Baba in the service of the world is the most elevated of actions and helps to develop many talents in the soul as well as strengthen the relationship with Baba.

8. Keeping a Chart

Keeping a chart of our own progress creates Power and Enthusiasm in efforts and frees us from making mistakes

9. Giving Happiness

As Baba is the Remover of Sorrow and Giver of Happiness, so the children should also uplift others and never cause Sorrow through Thoughts, Words and Actions.

10. Observing The Principles

If you find any difficulties in following the principles rather than feeling guilty or burdened, write a letter to Baba and the instrumental Senior Sister and you will feel light and guidance to progress.

11. Creating a Peaceful Atmosphere

The Center of an oasis of Peace of the Soul. Any Soul causing a disturbance due to the vices can be forbidden from attending classes.

12. Spiritual Conversation

The aim of Baba's children is to make spiritual progress. Worldly businesses should not be discussed in the Center, nor should money be borrowed or lent in the Divine Family.

13. Staying At the Center

No one is allowed to stay at the center without the permission of the zone-in-charge of Madhuban.

14. Printing Literature

No one is allowed to stay at the center without the permission of the zone-in-charge of Madhuban.

15. Visiting Centers

It is the Brahmin system to get permission from the Teacher in charge if you are visiting another center so that a letter of introduction can be taken.

16. Going To Madhuban

To take maximum benefit from the Madhuban visit students must have observed all principles for at least 12 months and have permission of the zone-in-charge.

Om Shanti