

Month of Self-Sovereignty

Master of Mind – 3

15.10.2017

1. Self-Respect I am Mahavir and Maharathi soul merged in the elevated thoughts .

- "Treasure or special energy of this dying alive life is – Thought. Basis of dying alive is pure thought. I am a soul not body, this thought itself has made you from worth a penny to worth pearls. I am child of Baba same as last Kalpa, heir to God's inheritance, this thought made you Master Almighty Authority. So, this itself is your treasure, energy, your thought.

“– **Bapdada**

2. Yoga-Practice

- a. I am Mahavir Maharathi soul, the one who speaks elevated words and who creates thoughts of accomplishment through intellect... I am deity of devotees... Devotee souls remain eager to hear my few words of blessing... My thoughts and words are not ordinary .. but divine and blissful. ... I am benefiting all souls with my elevated thoughts and sweet words.... I am connecting everyone with Baba.
- b. My each thought is fulfilled with success.... Almighty authority's rays of all powers are entering in me and getting absorbed in me... which is making my thought powerful and true.
- c. **Sakaash** – At least twice in a day, stabilize yourself in the form of Master Sun of knowledge and give vibrations of happiness, peace and power to the whole world.

3. Inculcation – **Determination**

- "Firstly have the determined thought in your mind that from now on we have to attain success though determination. We will see, don't know , not this. It will happen. Not the word "will see". The way you make plans for service each year, in the same way each year make the plan for your stage of ascent.. of completion ..of elevated thoughts and actions and along with plans bring each of your plans into practical". – **God Shiva says**

4. Churning –

- How much was I free from waste and negative thoughts towards self and other people?

- How much time do I have elevated and good thoughts. Find a percentage of this and make a plan of increasing the percentage of elevated and powerful thoughts.

5. To-Self-Sovereigns

Dear Self-Sovereigns! Thoughts are the subtle and powerful basis of elevating this life or bringing it down. Baba's elevated directions for children is don't make speed of your thoughts very fast. Powerful thoughts are automatically less in number and quantity of waste thoughts is really large but attainment zero. Having a very fast speed of your thoughts is like wasting energy of your fortune. So, let's make our thoughts elevated with treasure of knowledge and create a supremely elevated fortune for ourselves.