

Ragi Laddoo

Almost all of our tolis made by using Maida which is very bad to health. We insisting our divine family to eat healthy food so why can't we give them some nutrition tolis ?



1cup of ragi powder

1cup of wheat flour



1cup of powdered sugar



1cup of Ghee



Cardamom powder, dry fruits

Dry fry the ragi and wheat powder in a slow flame till the aroma comes (it may take some time). Now switch off the flame, and add all other ingredients to make laddoos. Amount of ghee required is only to bind the powder to make laddoos.



Here we are not heating the ghee, ragi (millet) ,and wheat is very good for health.

Enjoy the Toli... Khaoo aur Khilao !! Om Shanti !!!