

Pesarattu

This is my version of veggie-pesarattu:) Otherwise pesarattu is made with green grams only.

Ingredients

How many servings?

1 cup Green gram soaked overnight

1/2 cup Rice flour

1/4 cup Chopped capsicum

1/4 cup Chopped carrot

1/4 cup Chopped bell peppers

1 tbsp Grated ginger

1 tbsp Chopped green chilly

Salt

1 tsp Garam masala

Oil to cook

Steps

How long to cook?

- 1 Grind smooth paste of soaked green grams.
- 2 Add rice flour to it & add water to make a dropping consistency batter.
- 3 Add chopped vegetables to this batter.
- 4 Add salt & garam masala to batter. Mix it properly & check again if it is of dropping
- 5 Set a non-stick flat pan on gas stove. With stove on high flame, pour batter with a ladle & spread it to a thin layer using base of ladle.

- 6 Sprinkle some olive oil (or ghee or any other that you use for cooking) & put stove on simmer
- 7 Once it firms up, scrape it using wooden ladle & cook from other side.
- 8 Serve hot with coconut chutney or tomato