Greetings of Hope and Happiness!

It's the third UN Global Road Safety Week from 4th to 10th May 2015 on the theme 'Children and Road Safety'. Brahma Kumaris support the UN Initiative #SaveKidsLives and we invite you to join us in three simple steps:

Step 1: Read the Declaration Step 2: Sign up with your name and country Step 3: Submit

Sign it here! (http://goo.gl/forms/k0ulvQbhb8)



Safety through Spiritual Life-Skills

A Road Safety Initiative of the Brahma Kumaris synchronized with the UN Decade of Action for Road Safety

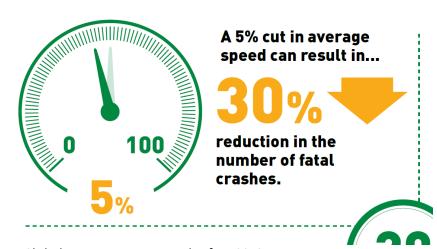


The higher the speed, the shorter the time a driver has to stop and avoid a crash. The higher the speed, the more severe the impact is when a crash occurs.

Speed cameras or radar can catch drivers who are exceeding speed limits. A recent analysis of experience in several countries found that instruments that automatically catch drivers reduced road traffic deaths and serious injuries by 14%, whereas enforcement by police officers achieved a 6%

reduction.

Speed: the facts



Source: Global status report on road safety 2013 www.who.int/violence injury prevention/road safety status

Spiritual Skill to practice today... **PLAN AHEAD**: Allow yourself adequate travel time. It's said -**Proper Planning Prevents Poor** Performance (the 5 P's). If unforeseen events cause delay, accept it and communicate it to concerned people. It is certainly better than risking Life! Planning ahead also keeps you safe from hurry sickness!



Positive

Affirmations for today; read these thoughts slowly and *feel* the difference.

Gifting Peace ... along life's journey

I am a traveler ... I am relaxed ... I enjoy my journey by picking up the most precious gifts that life offers me along the way I pick up the good qualities I see in people around me... No one is a stranger... I appreciate the enthusiasmin every person despite challenges they may be facing in life... I let go of small defects I see... I have a gift for each of them ... the gift of inner peace ... the gift of good wishes ... the gift of strength. Click here to listen and experience these affirmations through an audio track.

Video for today:

Johnny Johnny, Yes Papa.... Once upon a time in a faraway land, where sign posts were respected, discipline was practiced and crashes were very rare. Big Papa and Little Johnny helped each other with a travel checklist. Let's watch and learn some basics for a safe travel. Watch this video here.

As a part of the awareness drive, you may also actively participate in the following ways:

- ✓ Join the Action, take the *road safety pledge* <u>here</u>.....
- ✓ Forward this email to friends and contacts......
- ✓ Join us on <u>FaceBook</u>.....

If you have any feedback, feel free to write to us at bkroadsafety01@gmail.com

In Solidarity,
BK Divyaprabha,
National Co-ordinator,
Transport & Travel Wing, RERF,
Brahma Kumaris.
+91-22-28704370
www.bkroadsafety.org