

## **Dadi Janki - 13th July 2019 – Conference Hall**

### **Transform your intellect with the power of concentration...**

Om Shanti, Om Shanti, Om Shanti... Baba very cleverly says, "Connect your mind to me". This is what yoga is. It is easy raja yoga. What is yoga? I belong to Baba and Baba belongs to me. Baba is mine! I am His! He says, "Yes, my child you are mine". We say also that we belong to Him. Wherever Baba's children are then Baba is present. Baba says, "Come close to Me". This is actually what brings true happiness. We should never allow ourselves to become separated from Baba. If you don't remember Baba then your mind will never be happy and it will never stop wandering. This is why Baba tells us to connect the mind to Him.

With the power of concentration I have to transform my intellect. Don't talk much; rather concentrate on remembrance. Concentrate your intellect. With the power of concentration the mind becomes peaceful. The power of concentration is wonderful. It makes one into a yogi. Wah Baba wah... introversion, concentration and cheerfulness. These are very important.

We have five fingers; some are small – others bigger. We are all different; Baba has a variety of children – young, old, brothers and sisters... All are good... Let there be no 'why' or 'what' left inside you...

Om Shanti