

## Dadi Janki – 19 September 07 – GCH To spread peace, is to be a true helper

Baba teaches us to make ourselves free from bondage; to make our life worthwhile and successful; not to have anyone dangling behind us and not to have a tail that anyone could hold on to. There should not be anyone behind me except Baba. I keep only Baba in front of me and follow Him, and I also only keep Him behind me as He is my Protector. Baba says to us - *child come* and we come. Put everything else aside and only keep His words filled with blessings in your heart and mind at all time. He says - *remember the things that I tell you – churn these things and you will experience a lot of happiness*. Baba feels mercy on seeing those who have wasteful talk. Sakar Baba was like that. He would never look at anyone who was engaged in wasteful talk. He would only listen to the ones who spoke with an honest heart – he would invite them with love.

Never give sorrow. Those who give sorrow will actually *sell* that sorrow. Outside, sorrow is *on sale*. People feel that these things are very good but they only receive sorrow from that – nothing else. We do not want our heart to be attracted by those things – they are not useful to me. So why should I take sorrow? What am I going to do with it? if I take sorrow - I will give sorrow. Whatever I take inside myself - those coming in front of me will receive only that. Why should I engage myself in such false business?

Today Baba said - *oh poverty stricken children come*. He is saying that we really lost everything that He had given. He gave us such sovereignty and we lost all of that and became impure and poverty stricken. So He says - *come and I will purify you*. He calls us with a lot of love – He says - *just look at Me. If you keep looking at Me then others will see Me through you*. This is a very good method. Whoever we keep in our mind and see with our heart – others will also be able to see. So He says - remember the Father with your heart, with love. There is no need to make efforts to remember someone you love – it is automatic. Baba is so lovely and He makes us detached and lovely. He loves us – but yet He is detached – that is what His love is like. Sakar Baba's love was also like that. He would say – *come, meet Baba, embrace Baba, take love from Baba but then go away on service*. When you were in front of Baba, he would give you so much love but then, when you went away on service – he would not remember you at all. He would say – why should I remember you? Remember the one up above and have your sins absolved. If you remember me – you will create further karmic accounts.

Understand what remembrance is. It is through remembrance that the rust of the soul is removed, that the soul becomes *satopradhan*, the face beings to smile and do not get pulled by any other matters. Avoid waste talk and do not talk about anything else but knowledge – early in the morning. God's versions are - *your fortune is in My hands* and He says - *practice being bodiless, being in silence. Have such accurate yoga that you can take others beyond*. Baba really feels mercy for the children who do not make such efforts with an honest heart because it means they cannot become pure; cannot have a connection with the Purifier; cannot become light and draw that might from Baba. Experience the light of knowledge in your life and continue to draw might from the Almighty Authority. Because of not paying attention to these things – your attention is pulled by useless things – things that you have no connection with. Baba is here – I do not have to worry about any of these things. He says – *all you have to do is to become a worthy obedient child – all the responsibility lies with Baba*. Whether it was personal things or things of the *yagya* – Baba would change a crucifix into a thorn. He would say – *do not think of anything, do not say anything. Why react? Why do you let what is happening outside or with others show on your face?*

Baba says - *spread the power of peace and silence, do not get caught up in situations and become a true helper*. When internally there is that safety, then you won't be affected by anything else. Baba has taught us such cleanliness – He has taught us how to we should be eating, how we should be moving and how to interact with others. He makes us into angel – not only deities. Look after yourself. Those who sleep, they have lost a day – those who cry, they can never remain happy and cheerful. Today Baba said - *let go of your state of sorrow - do not become even slightly unhappy (udass) or you will become maids and servants (dass)*. Those who are constantly cheerful will claim the royal status. Baba is teaching us Raja Yoga to become self sovereign. Write down a 108 things to attain this sovereignty. Throughout the day say sweet Baba, thank you Baba. He has really removed us from this great trap filled with so much rubbish and dirt and is making us into elevated Brahmins. He is speaking the murli even now and says that until destruction takes place, until the gates to our home have opened – He will keep teaching us. At the end, each one will become aware of the future they have created for themselves by making efforts. When destruction comes and others will understand and say '*what the BKs were saying was correct*' but it will be too late to do anything then. We are so lucky that we have come so much in advance. Use your time in a worthwhile way. Ask yourself - what would be my condition if I leave my body today? What I have done since I have come to Baba? Check your chart in this way? Make elevated effort with your heart and change instantly.

A draft copy of the *Patra Pushp*, the monthly newsletter filled with gyan treasures that Dadi Ji used have sent out to all centres came. And this month, Raju Bhai had said that it would go out in my name and so he gave me a copy for checking. In it was written that Dadi Ji was my 'friend'. I immediately felt that this should be changed, for a friend is an equal but, for me, Dadi Ji was someone from whom I have learnt so so much. In my heart Dadi Ji was and will always be my revered elder, worthy of my deepest respects, worthy of worship. If deep within, we do not have such feelings of regard for our seniors then, who will give us regard? Become so good that Baba becomes happy – the world becomes happy and the lokiks become happy.

Om shanti