

## **Revise and realize and become real and royal**

Baba spoke today of how souls are very loyal to the Father – they remember Him in times of difficulty. In *bhakti* Baba fulfilled our desires but when we became His children He gave us so much, giving more to the poor than the wealthy. He wants nothing else but for us to remember Him. We remember him when we are unhappy because we have the memory of the happiness and peace He brought us in the past.

Guests come to Peace of Mind to find peace. Let them experience that peace wherever they go, so that the souls are filled and take that peace away with them. We cannot say that we ourselves need happiness, love and peace – Baba has given us so much of all three.

To have the three powers of tolerance, patience and contentment is to have royalty and reality. We realize that the only thing of value to us is reality. Revise the knowledge that Baba has given us, so that no situation of sorrow is repeated – in the mind or in the mouth. When we revise, we have beautiful realizations and these situations are not repeated. That reality is the result of practising the three powers and it helps me with service and with my service companions. They positively shower me with co-operation. There has to be realization so that we can understand one another and the self.

There is a connection between realization, reality and royalty. We have to revise deeply – not just superficially. Staying *manmanabhav*, my mind thinks only of the sweet things Baba says and I'm free from worry. This is *manobal* – power of the mind. Have the concern to create such a stage for yourself. When thinking about the self, spin the cycle. If you observe others' defects, your virtues are lost. Many have a ready made list – this one is like this and that one is like that – and day and night they think and worry about this. This will take your stage backwards, not forwards. So take care of yourself.

Baba is coming and we should each show Him a bright face, so that we feel – and others do too – that we are real in our lives. This will only happen when I go deep into silence.

Yesterday's blessing was about how Brahma Baba did not renounce activity, yet became karmateet. It was as if he was doing nothing. Whilst instructing us, he was totally detached. He would say, "Baba spoke just as in the last cycle." To be the conqueror of attachment is to stay in remembrance. No matter how many years you have been in gyan, you can show Baba the result today. If there's more labour and less fruit, that's due to waste. You have to experience the fruit now as well as in the future, so that others, when they see us say, "Yes, they have attained everything. God is teaching these people."

Om shanti.