

The Avatar's Journey **Siddhi Swaroop Formulas - Set 5**

For February 2 and 3, 2016

I become introverted and in solitude experiment with and experience the below formula. Solitude doesn't mean I move away from people and things, it means to be stable in any one powerful stage while living and working in the world. Solitude means I stabilize my mind and intellect in one powerful thought.

Formula

(Manmanabhav – a focused mind concentrated on ONE) + (Madyajibhav – embodiment of the perfect/heavenly form) + (Mansaseva -- service with the mind) = Surrender

Practice

Manmanabhav: Just as the "drama" is moving second by second, my mind is progressing. It does not get stuck anywhere. In my mind, I only think of BapDada's virtues, task, and relationships.

Madyajibhav: I engage the ornaments of lotus, mace, conch shell, and discus, and remain stable in the mantra of madhyajibhav.

Mansaseva: I adopt this body in one second and detach from it the next second. I sit in the seed stage at the root of the tree with the Seed and pour the water of all powers to all the souls of the tree

Attainment

Surrender: If you have surrendered your mind, you cannot use it without shrimat. It is easy to use your wealth according to shrimat; it is also easy to use the body; but the stage where the mind does not create even one thought without shrimat is called the perfect stage. If the mind totally surrenders, then you can instantly direct your body, mind, wealth, relationships, and time towards that ONE. This is the sign of a complete moth. Those who are totally surrendered will think about nothing except BapDada's virtues, task, and relationships within their mind. Such a mind can fulfill the subtle desires in the mind of others with imperishable attainments.

Avyakt BapDada

For February 4 and 5, 2016

I become introverted and in solitude experiment with and experience the below formula. Solitude doesn't mean I move away from people and things, it means to be stable in any one powerful stage while living and working in the world. Solitude means I stabilize my mind and intellect in one powerful thought.

Formula

(Creation – pure thoughts) + (Sustenance -- imperishable sanskars) + (Destruction - old sanskars, old nature, weak thoughts) = Benefactor

Practice

Creation: With my mind and intellect, I create only pure thoughts filled with benefit.

Sustenance: I sustain my eternal and original sanskaras of love for Baba and the world.

Destruction: I take great care to put a powerful full stop to my old nature, weak thoughts, and sanskaras. This paves the way to finish the wasteful thoughts of innumerable souls.

Attainment

Benefactor: You are now world benefactors. This is why it is the task of you Shaktis to lighten the burden of sinful actions of the whole world and to finish the wasteful thoughts of innumerable souls. So, at present, this task of destruction of vices, and together with that the task of creation of pure thoughts: both these tasks have to be carried out with full force. When you have a very fast machine, you can change the form, color, virtue and task etc. of an object in one second. As soon as the object is put into the machine, it's form changes. In the same way, this machinery of establishment and destruction has to work very fast. And with the sustenance of your imperishable sanskara give the message in one second. This message of one second is powerful. This message becomes merged in those souls in the form of an imperishable sanskara.

Avyakt BapDada

For February 6 and 7, 2016

I become introverted and in solitude experiment with and experience the below formula. Solitude doesn't mean I move away from people and things, it means to be stable in any one powerful stage while living and working in the world. Solitude means I stabilize my mind and intellect in one powerful thought.

Formula

(Yaad – to remember Baba without any selfish motive) + (Pyar – a love that reconnects a forgotten relationship) + (Namaste – a combination of humility and greatness) = Spirituality

Practice

Yaad: Sweet Baba, I remember you for the pure joy of Your presence in my life. I don't ask for anything because I know that all I need will come to me.

Pyar: My Baba, beloved Baba, You are mine and I am yours. This sweet love reconnects a forgotten relationship.

Namaste: I experience BapDada saying Namaste to me and, I in turn say Namaste back to Baba. I marvel at Baba's humility and greatness.

Attainment

Spirituality: Every day, all the children call themselves spiritual children and give the return to the spiritual Father either through their lips or their mind in the form of love, remembrance, and namaste. The meaning of this is that every day the spiritual Father calls you His spiritual children and reminds you of the real meaning of spiritual power because the specialty of this Brahmin life is spirituality. You transform yourself and others with the power of this spirituality.

Avyakt BapDada