

## **Experiences of Blessings and Sustenance from Dadi Prakashmani**

Dadi Prakashmani transformed herself by intense tapasya from studying and teaching the knowledge of the Gita as imparted by God Shiva. Dadi virtually reached her angelic stage on 25th August 2007 and took a divine immaculate birth on 7th February 2008 to a very pious religious elderly childless couple who had resigned themselves to living a pure and dedicated devotional life (Baba meeting Dadis). The couple considered their son as a gift from God.

Even before her passing, Dadi exhibited the ayvakt karmateet stage by accumulating the power of silence and spoke mainly with her eyes and face. Dadi Prakashmani had transformed herself to Dadi Sakaashmani by doing service, giving blessing and sustenance mainly through sakaash as she made Baba her constant companion. Dadi, while sitting in the courtyard of Pandav Bhawan met and greeted thousands of students mainly through eye contact, not a single word.

After 47 years of living a life of material comfort and a virtual slave of the senses, Bro Khem began to have dreams of golden-aged kingdoms and hearing celestial music coming from a small well-kept hut surrounded by well manicured plants growing from green and golden pots. A daily horoscope predicted a spiritual mastery was about to occur in a twist of my destiny. I gave it no thought.

Born on a Divali night with a full glow of lighted deyas, I looked forward to Divali as my spiritual birthday. It was in October 1993 that I was accidentally introduced to Raja Yoga meditation and ended up at Leadership dialogue in February 1994 at the BKWSU headquarters at Mt Abu, Rajasthan, India. That visit was simply curiosity. After a week of connecting flights and a six-hour trip on "Baba's" bus, I arrived exhausted, tired and nauseated at Pandav Bhavan. I wondered what I was doing here.

### Blessings and Sakaash:

The next morning after Murli Class and breakfast, Sister Hemlata and Brother Harry took me to meet with Dadi Prakashmani who after 3 minutes of deep silence with full eye contact said to me quote “yesterday **you came as a “guest”, this morning you are a “host” in this institution**”. The next year I went to meet with ShivBaba for the first time and during the ring ceremony, Dadi held my hand and gave me dristi whispering softly “**pakha, pakha, pakha**”, while a current of light and a cold chill caused the raised hairs on my hand. That was the one occasion I had that experience although I met Dadi on every occasion I visited thereafter. It was about ten years later when I understood that Dadi Prakashmani had given me blessings and a spiritual lift and that Dadi had the gift of vision to see your perfect form and stage according to your capacity and effort at the end of the confluence age.

### An Experience:

In 1996, Dadi Prakashmani visited Trinidad and I had the opportunity to be her driver at times. I had a new car and got it serviced when I given this assignment to transport her for service duties for 12 to 15 hours per day. As Dadi entered the car accompanied by Sister Mohini from the USA and Sister Hemlata, I noticed the emergency lights on all four doors blinking hazardously and the power windows would not roll down for Dadi to wave to enthusiastic students who had gathered to get a glimpse of her. As we drove off the emergency door lights became calm but the windows remained non-functional. This condition continued until her departure two days later as there was no opportunity to get it serviced. After her departure from the airport, the emergency lights and power windows were fully operational to my amazement. When I related the situation to Sister Hemlata, she quietly said that Dadi Prakashmani gave you an experience of the vibrations of purity of the soul and its effects on the electrical side of matter and nature. She told me that Dadi had settled any karmas with me for the service provided by giving such an experience. This is the first time I am sharing this experience after 26 years of being a student.

## The Dristi of Sakaash

The next morning, Sister Mohini (USA) was entering the classroom to read murli as Dadi Prakashmani was resting after Amrit Vela as time difference was 9.5 hours from Mt Abu. Sister Mohini lowered her gaze on me for a few seconds and I felt something like a tiny current followed with a cool chill flowing through my body. My knees started to buckle as if I will topple over. Again, I did not understand this phenomenon until I read the discussion notes from a caucus of senior Dadis chaired by Dadi Prakashmani in the year 1999 on the topic of “sakaash”. I knew the word “drishti”, but the word sakaash was now being used with more frequency. Dadi explained that sakaash was the attitude of good wishes and pure feelings that emanated from one’s vision and attitude on meeting others or experiencing different situations. The Hindi words she used was “shubh bhavna and shubh kamna”. For the next few years, I collected all murli excerpts and made notes on sakaash to fully understand and experience same. Years later, I compiled all the notes into a paper that I continuously update until today. I don’t believe this article has an ending as Baba continue to give deeper insights on sakaash. **I have this feeling that sakaash would be the final intense effort and final form of service at the end.** This paper is entitled “Sakaash is God’s Unlimited Power filled with Blessings and Attainments” and is listed as 4.17 on [Sites.google.com/site/rajyogikhem/](https://sites.google.com/site/rajyogikhem/) and reprinted in World Renewal at least three times, the latest being July 2019..

**Grind your own Ingredients:** Soon after taking meditation course, I asked Sister Hemlata what is Shivratri. She advised that I get up every morning at Amrit Vela and God Shiva will teach me all I want to know. I did this for about three weeks and took notes on what came to my mind. She saw me soon after and asked what I found out about Shivratri. I read out the notes and she said it was good and then gave me a few pointers and asked I refresh notes and come back. This went on for about five times until she said with time you will keep it refreshed with new murli points. She suggested I do same with all the festivals during the year. That same year there was the project where each month one value was to be studied and practiced. For the topic of “Tolerance” I asked her to explain the depth of same. She invited to come on Saturday morning and when I arrived, she had 25 murlis on tolerance for me to read in the

meditation room. I did and wrote up an article and she had me do this for the other 11 topics. The articles on festivals and values can be found on same website listed above. Her method of teaching was to teach one how to study, imbibe and inculcate by “grinding your own ingredients”. Years later it occurred to me that I was getting “Avyakt Sustenance” from the source itself as most of the articles were homework given in murlis or “touching and catching” signals at Amrit Vela.

During the last 20 mins of Amrit Vela, many topics would come to my mind as though someone was dictating the topics for me. I would make some mental notes and review them while driving to work. As soon as got to work I would create a document and write down what came in my mind at Amrit Vela. Sometimes I had as many as 10 to 15 articles researching at the same time. Some articles such as sakaash or attitude took years to complete as I would not publish an article unless I fully understood or experienced it.

### Avyakt Sustenance:

Looking back after 26 years as a student of Raja Yoga Meditation, I am convinced that avyakt sustenance, subtle as it maybe, comprises a major path of spiritual growth for there is no way I could achieve such physical as well as spiritual attainments. For the majority of the years, I seldom missed murli classes or Amrit Vela and studied spiritual knowledge at least 5 hours a day. This is not to say that I did not encounter many obstacles and difficulties on this path, but I had no other place to go or had any previous beliefs or other Gods to whom I prayed. I concluded that ShivBaba will complete establishment of the golden age with or without me, so it going to be with me as his helper and instrument. **Dadi Prakashmani used to always say “Ek Shiv Baba, Dusra na koi- there is only One Shiva, there is no other”.**

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