



## Wisdom

Where wisdom is called for, force is of little use.

## Humility

If you don't love a task 100 percent, somewhere underneath all the hard work will be a cry for praise. Humility sees only what is good for the task itself.

### **Playing My Part As A Hero Actor (cont.)**

In yesterday's message we had discussed how we possess the potential in our hands to write the scripts of our lives and not let it be written by luck, as many a times we say. In this context, there are some of us who hold the belief that the course taken by each one of our lives is not written by luck but is decided by God, so it is egoistic on our part if we believe that we can write our own scripts, interfering with the plan that God has in his mind for us. So in times of challenges in our lives, although its not wrong to pray to God at those times, we commonly use words like 'if God would like it, I shall overcome this obstacle or I will be successful in this particular task or my health will get okay or I will pass this exam etc.' In times of happiness, although it's not wrong to thank God at those times, we completely submit ourselves to God's will, thinking that it is he and he alone responsible for what good that is happening in my life. In the case of the sorrow we forget that although God can help us to some extent, whether we will surpass the sorrow or not is very largely dependent on our past actions which are influencing the present situation. In the case of the happiness, we forget that though God's blessings do help and work, our past actions are a very important dominant factor which is creating situations of positivity in our present lives.

**Respecting, thanking and remembering God is obviously very very good and the right karma but submitting ourselves blindly to God's will is an inactive response which prevents each of us from using our free will to make any choice at any moment and shape our future.** While there is a master plan which is being played out on the stage of the world, a part of the plan is that we each have free will and an opportunity to decide our actions and responses. We need to realize that each one of us possesses an intellect, which absorbs the capacity to discriminate right from wrong, good from bad from God and decides how to act on the world stage. **In this regard, there are two aspects. The first aspect is - God writes my life script completely for me without me playing any role in the same. The other aspect is - I perform actions and create my responses, based on God's knowledge of good and bad karmas which he has given me, so as to shape my destiny and write my life script accordingly. There is a fine difference between these two aspects, the second aspect being the correct one.** This knowledge given to me by God is stored in my intellect; I am the master of it and can decide how to use it to play my part.

## Soul Sustenance

### Realizing Our Natural Nature of Peace

If we look at nature, we will notice that everything in nature – plants, flowers, etc. do everything they do peacefully – they grow, flourish, decompose and die in peace. We get an obvious impression from them that peace is their natural nature. Even the five elements – earth, wind, water, fire and sky are mostly peaceful by nature. It's only when we try and exercise control over them and interfere with their balance that they lose their peace. **Most of us, irrespective of our age, even in these stressful and hurry filled times, act peacefully and express our peaceful nature in relationships by means of peaceful thoughts, words and actions, unless something is wrong in the relationship.** We instinctively like peaceful relationships. If something is wrong in a relationship and it lacks peace even to a small extent, we do not feel good or comfortable about it. All this proves to us that **we, like nature, are essentially peaceful by nature.** That is our basic personality.

Most of us have, at some time in our lives and even more frequently in the case of many of us, experienced and expressed our peaceful nature. It's so natural, we are not even consciously aware of it. What we are more aware of is when we are distanced from the natural i.e. we are unnatural - worried, scared, irritated etc. But these unnatural phases always pass and we finally return to our peaceful self. There are some people who are permanently grumpy and tight with someone or the other, because of something or the other. On some days we also feel as if we are continuously living on the edge and continuously succumbing to frustration and anger. But even then, **away from everyone's eyes; everyone, the compulsive angerholics (one who cannot live without anger) and you also, will, at some stage, look inwards, relax and have an inner personal spiritual retreat in which they will find relief by experiencing their true nature of peace.**

## Message for the day

**True progress is to bring perfection to the role we play.**

**Projection:** Usually when we think of progress we think of changing the role we play. The idea of progress is to change the place or the position that we are in. We rarely associate progress with the present position that we are in.

**Solution:** We need to recognise the fact that we can bring perfection to whatever role we are playing. When we continue to work at improving ourselves wherever we are, we will not only experience progress but also will be able to move forward in the position we are in.