



## Spiritual Language

To create the future we desire we need a spiritual language; we must speak from the heart and in the language of the soul – a language of trust, faith and higher values, of inner growth, love and listening.

### **Radiating The Right Energy (Part 3)**

The beautiful aspect of each one of our lives is that we all know what is good and what is bad, what is right and what is wrong but when it comes to implementing that in actual action, we find it difficult. What stops us from living according to what we know is lack of spiritual power, which is hidden inside us. So whenever you are about to perform an action, think twice whether you should perform the action or not. The same applies to your thoughts and words also. Don't perform the action without thinking about the result of the action. After all, everything you do will come back to you one day, whether negative or positive. Also, remember that we not only send out energy to others, but we also receive energy from others. Here we are not talking about physical energy, but the non-physical energy which our mind radiates. The energy that we receive from others is largely dependent on what we have sent to others over many births and it keeps getting accumulated. All the energy, whether positive or negative, which we have radiated to others, does not come back to us at one time. It can take many years, even many births of our birth-rebirth cycle. ***Karma keeps getting accumulated and keeps coming back and there is no end to this invisible process.*** Creating positive or negative karma is in our hands.

The beautiful thing about life though is that we get a chance from God at the end of the world time cycle, to improve our *karma*, based on the understanding that He gives us. And this change in destiny that we experience goes with us in the complete cycle after that. It's not that we cannot improve our destiny during the world cycle. ***But the knowledge to create positive karma is given by God once and this knowledge has immense power that it can destroy all our negative karmas of the past and also help us create positive karma for the future.*** And that time in the world cycle is now, when the Golden Age of complete happiness is being established by God. In the Golden Age everyone enjoys a positive destiny based on the good *karmas* performed now when God is amongst us and is giving us the knowledge of good and bad karma.

## **Real love is like a tiny diamond:**

it is not flashy and it is without a single flaw.

The problem nowadays is that love is interpreted on a gross level. Just as many people are attracted to the size and glitter of a fake diamond, so are they swayed by false, superficial love. There is no value in either. A real diamond is often quite small, but it is flawless. That is where its value lies. Real love is one hundred percent pure. There is nothing artificial mixed into it. It is clean. There are no ulterior motives in real love.

## **Message for the day**

### **To know what I want is to work for it.**

**Thought to Ponder:** When something happens that I don't like or don't want, I tend to wish for it to go away. I may even pray to God that it should be over. At such times, instead of thinking of what I don't want, it is more important to think of what I want. This will give me a clarity of where I want to go and use my resources constructively.

**Point to Practice:** Today I will think of one thing that I really want to bring in my life. I will do something constructively for making it happen. When I work on what should be there, it would automatically help me get rid of the heaviness of what I don't want. Eventually, the situation will change anyways.

*In Spiritual Service,*

*Brahma Kumaris*