



## Be Content

Wherever I am is wherever I am meant to be, whatever I am doing is whatever I am meant to be doing and whatever everyone else is doing is exactly what they are meant to be doing – this is contentment. If you do want to change where you are, or what you are doing, the first thing is to be content with wherever you are and whatever you are doing right now! Paradoxically that's what attracts opportunities and invitations to be somewhere else! Why? Because you are a living magnet and contentment is one of your most attractive qualities. And the law of attraction says that according to your dominant thoughts so you will attract the people and circumstances into your life. Being content right now attracts the best possible future.

## Analyzing Success And Failure (Part 1)

You feel positive and joyful when you realize that you are successful. However, when failure comes to you, you feel defeated. The definition of success and failure varies from one person to another and according to the stage of life that you are in. **It is important to have success and failure well defined for yourself, because, based on your definition, you feel greater or lesser inner wellbeing, happiness and wholeness.** There are also different levels of success and of failure. For example, for some the greatest success is to be happy and radiant, whatever happens inside or outside. If one manages to keep happy in the face of failure, for them it is a success. Because to be happy means that I am connected with my essential worth or inner self, my being is awake and alive. Failure does not reduce my vitality, my contentment levels. The greater or fewer external achievements do not reduce the quality of the inner being or of being happy. **The important thing is that you believe your own definition of success and failure.** Some ideas can be shared that can act as guidelines, but, in the end, each person has to create their own guidelines, definitions and factors leading to success and failure. Basing ourselves on these guidelines and beliefs, we evaluate our successes and failures. **You can reflect on what true success and failure mean for you and, according to those meanings, centre your attention on the values and efforts that lead you to achieve your objectives.**

(To be continued tomorrow ...)

## **Generosity brings success.**

I have a lot of treasures-treasures of virtues, powers, knowledge etc., which I usually don't put into use. When they are out of use for a long time, they get wasted away and are not available to me at the right time. The more generously I use the treasures that I have with me for the benefit of others and myself too, the more these treasures are available for me at the right time. Also, for being generous with my treasures I find myself moving easily towards success with the blessings that I get in return.

### **Message for the day**

**The one who is the master is the one who creates positive thoughts under all circumstances.**

**Expression:** The one who is the master of himself is always able to create the right kind of thoughts according to the circumstance. Never is there the dependency on situations or people for the right kind of responses. Since there is mastery over thoughts, there is also mastery over all words spoken and everything done.

**Experience:** When I am able to be a master of myself, I am able to constantly create positive thoughts. I am in touch with the inner resources and I am able to make use of these resources in a timely way. I never get confused or pressurized with outside situations, but am able to be in control in all situations.

*In Spiritual Service,  
Brahma Kumaris*