



### Greater Success in Co-operation

If you think you can do something alone, either because you don't trust others to do it or because you feel you are the most qualified...

- \* you will always be busy doing everything
- \* you will be unhappy with others because they are not doing what you want
- \* you will be dissatisfied

It is more effective to invest your time in training and developing others. There is greater success in cooperation

## **The Role Play Of Thoughts In Relationships (Part 2)**

Husband-wife relationships, sometimes, are like castles of sand, extremely pleasing to the eye, but based on weak foundations and susceptible to destruction when challenged by negative tides of clash of opinions, personalities or lifestyles. In such relationships, **the castles look good from outside because of energies like acceptance, trust, understanding and *letting go* existing on the surface** i.e. these energies are displayed by both partners to each other in the form of words, gestures and actions **but these castles can easily collapse because the foundations of these castles i.e. thoughts and feelings carried by the partners in their minds are filled with expectations, rejection, mistrust, misunderstandings, possessiveness and suspicion** at times along with the positive emotions which are displayed in actions. Also both partners feel they have made their respective positive contributions in the relationship and so the same is expected from the other side, which is not fulfilled at times, further increasing the problems in the relationship. At the same time both partners are oblivious (not aware) of the negative emotional, much more powerful forces that exist inside them, which go against the positive contribution and are silently working on the castle of the relationship from below, ready to bring it down anytime.

Another e.g. - in corporate circles, apart from the external objective of profit making and generation of revenue and jobs, an important internal objective of any good corporate organization is creating a peace, love and happiness filled as well as obstacle free atmosphere in the company, which will be conducive (helpful) to the external objective. **One spiritual principle states that the leader or CEO or Managing Director of the organization is like a seed of the organization, whose every thought reaches out to and influences every person of the organization as well as the organization as a whole. A second spiritual principle states that the internal ruling and controlling power of a leader of an organization is directly proportional to the handling (of the people of the organization) power of the leader.** If in the inner confines (boundaries) of the leader's mind, obstacles of waste and negative thoughts exist i.e. the inner atmosphere of the leader's mind is not full of peace, love and joy, then as per the first spiritual principle, this gets transmitted to the people under the leader and as per the second spiritual principle, such a leader who is lacking in mind ruling power and mind controlling power is automatically lacking in handling power of people under him. Such a leader, due to the application of both these principles, is ineffective in creating a positive environment in the organization.

(To be continued tomorrow ...)

**When things go wrong or not as planned, think 'maybe'!**

Maybe it's not meant to happen now. Maybe there's something better to come. Maybe there's a benefit or something to learn here. Maybe I could have done things differently.

Think 'maybe' and you're not caught up in disappointment or labelling things as good or bad.

Instead you're able to maintain your peace of mind, readjust, improvise and look at alternatives.

### **Message for the day**

**To change means to experience progress.**

**Expression:** Whenever there is a desire to bring about a change, there is also a simultaneous intense feeling to find a change instantly - and fully. Yet this does not always happen. However, true change is that in which there is at least a little change. When there is constant effort put in to be better and to do better, then naturally the best results are visible, even if there is not perfection seen overnight.

**Experience:** When I bring about a change constantly, in whatever little way I can, I am able to experience constant progress. I do not have great expectations, but will be satisfied with the little changes that I make and will have the confidence to go on putting in effort. Even with the little results that I attain I will be able to take encouragement constantly. I am thus able to move on towards perfection.

*In Spiritual Service,  
Brahma Kumaris*