

Daily Positive Thoughts: March 06, 2017: Make Time



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Make Time

Make time to create the moments you need for silence. To create a time of silence takes just a second. A second is a drop of time ... a drop of time through which I step to renew myself deep inside. So I stop, for a second, and say to myself, "Now I shall go inside." In the space of a second, I pass beyond all the muddle and find myself in my original state of peace

The Role Play Of Thoughts In Relationships (Part 3)

Parent-child relationships are the foundation of our complete life. The earliest habits that children acquire in their lives are from their parents. Very often parents try and impose positive habits on their children. A very common trend that we see nowadays where parents will scold their child for common negative actions like getting angry, for lying to them, for watching inappropriate stuff on different mediums of technology like television and the internet or for getting involved in relationships with the opposite gender at a young age. Very commonly parents are not satisfied with the change brought about by children by following the rules that they have set for them, causing parent-child relationships to get strained. Why is it that in spite of children knowing that parents are concerned for them, do not pay heed to their instructions and continue with the negative habits? **A more powerful medium than words, which reaches children on a physical level, is the personality radiation of the parents which works on children and reaches them faster than and much before the words do. Parents *dictate* the change but don't *be* the change** i.e. similar habits of lust, anger, ego, greed, etc. exist inside them which keep travelling to the children on a subtle energy level and impacting (influencing) their minds negatively much sooner than positive words in the form of instructions, leaving the words as good as ineffective.

Also considering another common relationship that children have, the one with their school teachers; many investigations confirm that teachers' expectations, whether negative or positive, form one of the most influential factors in the academic performance of their students. If teachers expect good results from their students and have complete faith and confidence that they will succeed, their performance will be much closer to their real capacity than if they are expecting poor results. Very often in schools, the teachers' words regarding the performance of the children are not a direct reflection of their thoughts i.e. words are full of faith and hope in the students' success but thoughts are lacking in optimism with regards to the same. **Negative thoughts of fear of probable failure of the children, in the minds of teachers, in spite of positive words of encouragement, negatively impact impressionable minds of children leading to their poor show in school exams.**

Bless & be blessed.

Even though we may forget to notice, we are all blessed in life.

And we also have blessings to give.

When we have good feelings towards others, encourage & empower them, we bless.

And when we do, the blessings return a thousand-fold.

Message for the day

To be wise is to enjoy the beauty of life.

Expression: Wisdom gives the understanding that life does not function haphazardly. It teaches that everything that happens in this theatre of life has deep meaning and significance. Wisdom also brings the understanding that what is reaped today is a result of what was sown yesterday. So whatever actions are done now are filled with positivity and beauty - for, there is always the desire to reap better fruits.

Experience: When I have the true understanding I find myself satisfied and content with everything that is happening in my life. Yet there is the desire and the urge to go on being creative and using my resources for the benefit of all. I go on planting beautiful seeds of positivity and power. So I continue to enjoy the fruits of the seeds I plant. I never stop with obstacles but move forward with confidence.

*In Spiritual Service,
Brahma Kumaris*