

Daily Positive Thoughts: March 22, 2017: *Generosity*



Generosity

Do not hide the treasures in your heart in fear that they will be stolen – instead share them and find they multiply.

The Soul World Or Incorporeal World

The Soul World, which is the sixth element, is filled with golden-red, divine light (experienced during meditation). Over there, the conscient (living entities), the souls, have neither bodies of matter nor bodies of light. There exists neither thought, word nor action; just complete stillness, silence and peace. Just as this world occupies a tiny part of this physical universe, so too the souls occupy just a tiny portion of this infinite world. This is the highest region, the original home of souls and the Supreme Soul, God. This is the region which human beings, irrespective of culture or religion, have tried to reach in thoughts, prayers, etc. It is called by various names in various religions - Heaven, *Nirvana*, *Shantidham*, *Paramdham*, *Brahmand*, etc. Before I came to this earth, I was there with all other souls, brothers. The experience of complete and utter peace, purity and silence is there in my sweet home. There the soul is untouched by matter. Souls reside there as star-like points of light. They remain dormant, with their roles in the physical world latent (hidden) within them. The roles emerge when they the souls appear on earth, the world stage. The souls stay in the soul world in well-defined groups. They descend onto this earth in a certain chronological order, according to the quality of *sanskaras*. At the apex of this configuration of souls is the Supreme Soul, whom the other souls call God, Allah, Jehovah, etc. Beneath him the souls are positioned number wise according to their degree of similarity to the Supreme. Depending on the quality and the part the soul has to play, it emerges in the human world, taking the body of a developing baby in a mother's womb. It then continues through the cycle of birth and rebirth according to the role that it has. When the parts are over, souls again return to this world of light, peace, liberation and complete purity. The deep rest the soul has had in the home has such an effect on it that even though it forgets the details about that world, there is always a desire to search for that peace and silence when it becomes lost and confused in the world of matter. In that supreme region only, souls remain in their completely original, natural state, which can be experienced through Rajyoga meditation.

Quality of Actions

Success means to reach such a constant level of positive thoughts that pure actions happen naturally.

Pure actions are like good seeds which, when planted, produce healthy, sweet fruit.

'As you sow. so shall you reap.'

Concern for the quality of my actions today ensures the Success of my tomorrow.

Message for the day

To be a light house is to show others the right path.

Thought to Ponder: A light house is one that is stable even in the worst of storms. When I am able to have this quality of stability, I will be able to show others the right path in all kinds of circumstances. The negativity of the situation may trouble or affect others, but I continue to provide the right direction to all.

Point to Practice: Today I will give hope to someone who is hopeless. I will provide support, direction or encouragement to help this person move forward. I will also ensure that I am moving forward too, learning from all situations.

*In Spiritual Service,
Brahma Kumaris*