

Daily Positive Thoughts: April 16, 2017: Create rather than wait



### **Create rather than wait**

**'Create rather than wait' – at least not for too long! Seeing options, choose what to do now rather than wait for the ideal time, person or circumstance to arrive before acting decisively. Though patience is important, it's important not to become passive.**

### The Art Of Living (Part 3)

Our mind, body, wealth and relationships are four out of five aspects of each one of our lives and all of us intend to make them successful. It is natural to desire that our mind be content and peaceful, our body be healthy and we earn wealth without facing any obstacles and also our relationships our beautiful. But all of these desires will only get fulfilled if along with taking care of all of them, we include God at every step of our lives. You might ask what has God got to do with my physical wealth or my job? But remember it is your healthy and pleasant mind which influences your physical body positively and makes you healthy and a powerful mind cannot be experienced constantly without a loveful relationship with God. In the same way, without God's help, we may be able to run our jobs for some time but the journey may be stressful and the money earned may not give to us a lot of happiness. Also, what use is a beautiful relationship if God is not there to share the happiness of that relationship with? A lovely parent or a child for e.g. is a result of our good actions of past lives. So shouldn't I include God in this happiness? God is like a parent Himself who deserves to be told each and every little thing that I experience in a worldly relationship. By doing this, relationships will be positive and peaceful continuously.

Sometimes, we start to think that God is just a concept and not a reality. But remember **God is a beautiful living energy with a heart and all that we have to do is love Him with a pure heart and He will fill our life with happiness and make all the different aspects of our lives, which we have discussed, full of success and our lives will become an inspiration for others.**

# H O P E

One of the ways through which you can give others hope, is to **H**ave **O**nly **P**ositive **E**xpectations of them.

When you see beyond their shortcomings, and only see their strengths and potential, your vision of hope allows them to discover and use their strengths and potential.

## Message for the day

**It is on the basis of actions that praise is received.**

**Thought to Ponder:** The one who only talks but is not able to put his talk into practice does not become worthy of praise. On the other hand, the one who is able to bring his good thoughts and words into action becomes worthy of praise. Such a person's actions become inspirational for others and encourage them to follow him.

**Point to Practice:** When I am able to act according to my thoughts and words, I am able to take inspiration to do more. For every positive action that I do, I experience support and good wishes from others which encourage me constantly. My account of positivity is always full and it takes me further to a cycle of positivity making it a habit. So I find that I don't have to work hard for performing positive actions.

*In Spiritual Service,  
Brahma Kumaris*