

Daily Positive Thoughts: April 28, 2017: Giving is receiving



Artist: Emile Munier (1840-1895)

Giving is receiving

We live in a time of 'take, take, take'. Something for nothing; buy one get one free. The truth of the matter is that simply by giving I will receive all that I need. Giving is receiving.

Today let me find a way to 'give' unconditionally and with love.
Give a smile; give a word of appreciation; give a thought of good wishes; give your co-operation for a task.

Make today a day of giving and tomorrow you will receive the fruits.

Creating A World Of Forgiveness (Part 1)

God wants us to create a world of forgiveness, a world where each one is uncritical and does not keep a negative eye on others' mistakes and weaknesses, a world where there is complete peace and harmony between everyone, inspite of their different natures or *sanskaras*.

Based on spiritual knowledge and understanding, we are sharing with you few **different virtues that are different colours of forgiveness and matching actions associated with them**, which you could experience.

Generosity - Be Forgetful Of Others' Mistakes

Openness - Accommodate Others

Thankfulness - Give Blessings And Take Blessings

Warmth - Be Uncritical

Tolerance - Keep An Easy Eye On Others' Weaknesses

Acceptance - Absorb Others' Virtues

Giving - Fill Others With Virtues

In order to experience these virtues, which means bringing these different colours of forgiveness into practice, we need the powers of **peace**, **love** and **truth**. These three powers together make up the healing balm of forgiveness, which heal our anger-filled emotions which in turn heal our peaceless words and actions.

(To be continued tomorrow ...)

Value time

Time is such a treasure yet so easy to waste. Why not make it difficult to waste time.

Think: every second is as valuable as a diamond.

Value time and you'll easily make smart choices about how and where to spend your time.

Message for the day

To understand the importance of time to use it well.

Thought to Ponder: Each second is like a seed which gives rise to a tree. If that moment is used well, there is benefit for a long time. But, if that moment is lost, there is loss. So, the benefit or loss is in multifold. Once we understand this, we are able to fully use the treasure of time for our own benefit and that of others.

Point to Practice: Today I will keep a check on my daily routine to ensure I don't waste any time, but rather use it well. Not to waste time means I enjoy each and every moment, whatever is the task that I am involved in. such use of each moment of time helps me reap a lot of benefit not only for the present but for the future too.

*In Spiritual Service,
Brahma Kumaris*