



## The Secret of Immeasurable

The secret of immeasurable wealth is to need less. The wealthiest human beings ultimately give away vast amounts of the money that they have spent half their lifetime acquiring; This suggests that the motivation behind all their efforts was not the pursuit of wealth but something else. The need to prove something to oneself, for instance? Replace need – whether it be at an emotional or physical level – with an unshakeable faith in one's self and in God. Neither will ever let you down, if you hold fast to this faith.

### **Situation Proofing Yourself (Part 3)**

**Situation-proofing** can be defined as: Keeping your consciousness free from the question marks and the exclamation marks mentioned in yesterday's message, over a long period of time. This is a powerful consciousness with little room for the negative or waste thought patterns. Such a positive consciousness carrying person then has a positive attitude. A positive attitude then influences our perception of problems and makes it positive. This finally leads to positive or correct words and actions which are required to solve the problem in front of us.

**Thus, in short, our thoughts are the foundation of our perception.** Negative perceptions stand on the foundation of thoughts of negativity which are filled with questions and exclamations created sometimes over a complete life time. Positive perceptions stand on the foundation of thoughts of positivity over a long period of time. It's not just about that particular moment of time or creating positive thoughts at the time, when you have a difficult situation in your life. It's a complete life period or a practice of many years or at least a few months. The mind does not become powerful overnight. Its many different situations, achieving victory many times in keeping the mind positive in all those situations. This transforms and keeps the perception positive in circumstances that one is going to be faced with in the future. Thoughts of positivity are like clean water poured in the bucket of the mind which is used to creating thoughts of negativity, which are like unclean water in the bucket. A large volume of clean water or thoughts of positivity is required to be poured into the bucket so that the unclean water is completely replaced by the clear water of positive thoughts. So, **pour positive and beautiful thoughts into your mind every day for a few minutes through spiritual knowledge. And slowly over a period of time the question marks and exclamation marks in situations which confuse you and reduce your positive perception, will be removed. As a result you will become situation-proofed.**

## How strong is your compassion? What is it able to do?

Compassion soothes & empowers the minds & hearts of others, without draining its own strength. Because compassion will let go of what hurts the heart &, instead, hold on to what heals.

That's why compassion is able to empathize & see the inner need behind the expression. It's able to look behind anger & see sadness, & behind coldness, it can see fear.

### Message for the day

**To consider myself to be big means to have a generous heart.**

**Projection:** When I consider myself to be big, I usually want others to give me respect and listen to me. But not always do I find others listening to me, I am then disappointed and try to use more of my authority in a forceful way.

**Solution:** To be big means not to expect to take but to be a giver. I understand that since I am in a better position, I need to give. This attitude will help me get others' good wishes and I continue to achieve success.

*In Spiritual Service,  
Brahma Kumaris*