

Daily Positive Thoughts: July 01, 2017: New Perspective



## New Perspective

It is easy to create new things, change places or do something different. To keep that sense of newness that creates enthusiasm is more difficult. The secret of newness in life is not to do new things constantly, but to see everything you do with new eyes, new insights and a new perspective.

## **8 Steps On The Road To Success (Part 1)**

We all live a life which is filled with different actions which we perform from the morning to the night. Every action either in the personal, professional, social or financial sphere is filled with the energy of an intention or a pure desire that I have to achieve what I aspire or aim for. But things go wrong when the ambition starts becoming an obsession and it starts affecting our relationships, health and mind sometimes individually and sometimes all together. With some people, the desire to succeed is so immense and so obsessive that it tends to influence their thoughts excessively. They lose interest in performing any action which takes them away from this aim.

They say success for some comes at a price – a broken soul, a stressful mind, an unhealthy body and harmed relationships. For some, life is like a continuous challenge to be overcome. **Challenges are good; they bring out the inner powers and help in tapping the hidden potential inside you. But at the same time, a life which eats, sleeps and breathes challenges and goals is the wrong road to success.** A main cause of professional burn out at a young age is an obsession to achieve and dream big. This is even causing a lot of people to become severely depressive, unenthusiastic and disinterested after a certain period of time in their careers and family lives. Many people are taking to meditation and relaxation techniques because they lost the balance at some time in their lives. They left the right road to success with the destination of success remaining away from them instead of coming towards them.

**In the next two days' messages, we shall explain 8 different steps one needs to take on an emotional level so that success is achieved. At the same time it is a success without any of the side effects** in the form of love lost in relationships and physical and mental illnesses.

## STOP!

An inner power needed to make accurate decisions is the power to tolerate. Tolerance is not about having to put up with or endure. It's about respect for difference. It is about being able to appreciate diversity, the beauty in that diversity and difference. We need confidence to allow others to do what they are doing. Rigidity is a sign of lack of self-confidence and self-respect. It is better to have peace with someone than to have 100 percent perfection and tension. The quality of interaction comes from our ability to stop (that is not to be affected or influenced by what the other is doing). When I learn to stop, then I become more perceptive of the situation and am able to do make the right decision.

## Message for the day

**The power of stability enables to cross over all obstacles.**

**Expression:** The one who is stable is not influenced by one's own old habits and tendencies to react, but is able to think and act properly under all circumstances. The power of stability brings forth the best decisions in the most difficult times, brings solutions and helps in lessening the impact of the obstacle itself.

**Experience:** When I am stable on the seat of a master, I am able to be free from the influence of my own old habits, those that are of weakness. Instead I am able to transform old habits into new ones, making them into those of power. Learning to be stable in the most difficult situations, enables me to cross over all obstacles very easily.

*In Spiritual Service,  
Brahma Kumaris*